

	Monday 4/1/2019	Tuesday 4/2/2019	Wednesday 4/3/2019	Thursday 4/4/2019	Friday 4/5/2019
BREAKFAST Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	RAISIN TOAST FRUIT COCKTAIL * MILK <input type="checkbox"/> Whole Grain	FRESH STRAWBERRIES LOWFAT YOGURT * MILK <input type="checkbox"/> Whole Grain	MINI BAGEL W/ CREAM CHEESE ORANGE SLICES * MILK <input type="checkbox"/> Whole Grain	ENRICHED CREAM OF WHEAT WARMED PEACHES * MILK <input type="checkbox"/> Whole Grain	WHOLE WHEAT CINNAMON TOAST BANANA * MILK <input type="checkbox"/> Whole Grain
LUNCH Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	CHICKEN QUESADILLA WHOLE WHEAT TORTILLA BLACK BEANS APPLE SLICES * MILK <input type="checkbox"/> Whole Grain	BEEF MEATLOAF ENRICHED ITALIAN BREAD LIMA BEANS FRUIT SALAD *MILK <input type="checkbox"/> Whole Grain	BEEF HOTDOGS WHOLE WHEAT BUN BAKED BEANS COLESLAW * MILK <input type="checkbox"/> Whole Grain	CHICKEN STRIPS WHOLE WHEAT WAFFLES HASHBROWNS STRAWBERRIES * MILK <input type="checkbox"/> Whole Grain	TURKEY AND CHEESE ON WHOLE WHEAT BREAD TOMATO SOUP PEARS * MILK <input type="checkbox"/> Whole Grain
PM SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk TWO COMPONENTS	WHOLE GRAIN PRETZELS FRESH TANGERINES WATER <input type="checkbox"/> Whole Grain	MULTIGRAIN CHEERIOS *MILK <input type="checkbox"/> Whole Grain	WHOLE GRAIN CHEESE ITS PEAR HALVES WATER <input type="checkbox"/> Whole Grain	WHOLE WHEAT CRACKERS CHEDDAR CHEESE CUBES WATER <input type="checkbox"/> Whole Grain	ENRICHED ANIMAL CRACKERS *MILK <input type="checkbox"/> Whole Grain
	* One year olds are served Whole Milk. Two years old and older are served 1% or Fat Free Milk. Milk substitutes must have a medical statement.				

	Monday 4/8/2019	Tuesday 4/9/2019	Wednesday 4/10/2019	Thursday 4/11/2019	Friday 4/12/2019
BREAKFAST Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	CORN CHEX CEREAL 100% ORANGE JUICE * MILK <input type="checkbox"/> Whole Grain	WHOLE GRAIN ENGLISH MUFFIN PEACHES * MILK <input type="checkbox"/> Whole Grain	ENRICHED CREAM OF WHEAT PEAR HALVES * MILK <input type="checkbox"/> Whole Grain	WHOLE WHEAT TOAST APPLESAUCE * MILK <input type="checkbox"/> Whole Grain	TURKEY SAUSAGE HASHBROWN * MILK <input type="checkbox"/> Whole Grain
LUNCH Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	BARBEQUE CHICKEN WHOLE WHEAT ROLL BAKED SWEET POTATO GREEN BEANS * MILK <input type="checkbox"/> Whole Grain	HOMEMADE WHOLE WHEAT CHEESE PIZZA CUCUMBER SLICES W/ RANCH FRUIT COCKTAIL * MILK <input type="checkbox"/> Whole Grain	SLICED TURKEY WITH GRAVY WHOLE WHEAT ROLL YELLOW SQUASH PEARS * MILK <input type="checkbox"/> Whole Grain	BEEF & CHEESE LASAGNA WHOLE WHEAT NOODLES STEAMED CARROTS PINEAPPLE CHUNKS * MILK <input type="checkbox"/> Whole Grain	BBQ PULLED PORK WHOLE WHEAT BUN COLESLAW PEACHES * MILK <input type="checkbox"/> Whole Grain
PM SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk TWO COMPONENTS	LOWFAT YOGURT APPLE SLICES WATER <input type="checkbox"/> Whole Grain	WHOLE GRAIN BELVITA BITES CHEDDAR CHEESE CUBES WATER <input type="checkbox"/> Whole Grain	WHOLE GRAIN PITA CHIPS HUMMUS WATER <input type="checkbox"/> Whole Grain	WHOLE GRAIN SUNCHIPS FRESH PEARS WATER <input type="checkbox"/> Whole Grain	ENRICHED GRAHAM CRACKER *MILK <input type="checkbox"/> Whole Grain
	* One year olds are served Whole Milk. Two years old and older are served 1% or Fat Free Milk. Milk substitutes must have a medical statement.				

	Monday 4/15/2019	Tuesday 4/16/2019	Wednesday 4/17/2019	Thursday 4/18/2019	Friday 4/19/19
BREAKFAST Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	WHOLE GRAIN WAFFLE APPLESAUCE * MILK <input type="checkbox"/> Whole Grain	WHOLE CORN LIFE CEREAL 100% ORANGE JUICE * MILK <input type="checkbox"/> Whole Grain	ENRICHED GRITS BANANA SLICES * MILK <input type="checkbox"/> Whole Grain	WHOLE GRAIN ENGLISH MUFFIN APRICOT HALVES * MILK <input type="checkbox"/> Whole Grain	COTTAGE CHEESE PEAR HALVES * MILK <input type="checkbox"/> Whole Grain
LUNCH Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	BAKED FISH ENRICHED CORN MUFFIN GREEN BEANS CREAMED SPINACH * MILK <input type="checkbox"/> Whole Grain	NACHOS W/ PULLED CHICKEN & CORN TORTILLA ZESTY CORN COLESLAW *MILK <input type="checkbox"/> Whole Grain	BEEF LIL SMOKIES WHOLE GRAIN ROLL STEAMED BROCCOLI & CHEESE ORANGE SLICES * MILK <input type="checkbox"/> Whole Grain	BAKED CHICKEN & ENRICHED BROWN RICE GINGERED CARROTS FRUIT COCKTAIL * MILK <input type="checkbox"/> Whole Grain	EGG SALAD WHOLE WHEAT BREAD CELERY STICKS PEAR HALVES * MILK <input type="checkbox"/> Whole Grain
PM SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	WHOLE GRAIN RICE CAKE LOWFAT YOGURT WATER <input type="checkbox"/> Whole Grain	WHOLE GRAIN BELVITA BITES CHEDDAR CHEESE CUBES WATER <input type="checkbox"/> Whole Grain	WHOLE GRAIN PITA CHIPS HUMMUS WATER <input type="checkbox"/> Whole Grain	HAM & TURKEY CUBES WHOLE GRAIN CRACKERS WATER <input type="checkbox"/> Whole Grain	ENRICHED GRAHAM CRACKER *MILK <input type="checkbox"/> Whole Grain
TWO COMPONENTS	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
	* One year olds are served Whole Milk. Two years old and older are served 1% or Fat Free Milk. Milk substitutes must have a medical statement.				

	Monday 4/22/2019	Tuesday 4/23/2019	Wednesday 4/24/2019	Thursday 4/25/2019	Friday 4/26/2019
BREAKFAST Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	ENRICHED OATMEAL CINNAMON APPLESAUCE * MILK <input type="checkbox"/> Whole Grain	ENRICHED SAUSAGE BISCUIT PINEAPPLES *MILK <input type="checkbox"/> Whole Grain	WHOLE WHEAT PANCAKES PEAR HALVES * MILK <input type="checkbox"/> Whole Grain	TURKEY SAUSAGE TATOR TOTS * MILK <input type="checkbox"/> Whole Grain	WHOLE GRAIN KIX CEREAL 100% ORANGE JUICE * MILK <input type="checkbox"/> Whole Grain
LUNCH Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	TURKEY SLICES IN GRAVY WHOLE GRAIN ROLLS GREEN BEANS MASH POTATOES * MILK <input type="checkbox"/> Whole Grain	BEEF SAUSAGE W/ RED BEANS AND BROWN RICE PEAR HALVES CORN MUFFIN * MILK <input type="checkbox"/> Whole Grain	GRILLED CHEESE ON WHOLE WHEAT BREAD <u>MUSHROOM BARLEY SOUP</u> FRENCH FRIES * MILK <input type="checkbox"/> Whole Grain	CHICKEN SOFT TACO WHEAT TORTILLA MANGO SLICES REFRIED BEANS * MILK <input type="checkbox"/> Whole Grain	HAM AND CHEESE ON WHOLE WHEAT WRAP TATOR TOTS FRESH PEARS * MILK <input type="checkbox"/> Whole Grain
PM SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk TWO COMPONENTS	WHOLE GRAIN BELVITA BITES *MILK <input type="checkbox"/> Whole Grain	PEAR HALVES COTTAGE CHEESE WATER <input type="checkbox"/> Whole Grain	WHOLE GRAIN SUN CHIPS BANANA WATER <input type="checkbox"/> Whole Grain	WHOLE GRAIN RICE CAKES STRING CHEESE WATER <input type="checkbox"/> Whole Grain	ENRICHED GRAHAM CRACKER LOWFAT YOGURT WATER <input type="checkbox"/> Whole Grain
	* One year olds are served Whole Milk. Two years old and older are served 1% or Fat Free Milk. Milk substitutes must have a medical statement.				

	Monday 4/29/2019	Tuesday 4/30/2019	Wednesday	Thursday	Friday
BREAKFAST Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	ALL BRAN CEREAL ORANGE SLICES * MILK	WHOLE GRAIN ENGLISH MUFFIN PEACHES * MILK			
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
LUNCH Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	SLOPEY JOES ON MULTIGRAIN BUN BAKED POTATOE WEDGES <u>FRUIT SALAD</u> *MILK	BARBEQUE CHICKEN WHOLE WHEAT ROLL ROASTED PARSNIPS CORN * MILK			
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
PM SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	CHEDDAR CHEESE CUBES APPLE SLICES WATER	ENRICHED GRAHAM CRACKER *MILK			
TWO COMPONENTS	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
	* One year olds are served Whole Milk. Two years old and older are served 1% or Fat Free Milk. Milk substitutes must have a medical statement.				