

	Monday	Tuesday	Wednesday 5/1/2019	Thursday 5/2/2019	Friday 5/3/2019
BREAKFAST Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk			MINI BAGEL W/ CREAM CHEESE ORANGE SLICES * MILK	ENRICHED CREAM OF WHEAT WARMED PEACHES * MILK	WHOLE WHEAT PANCAKE MANGO SLICES * MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
LUNCH Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk			BAKED SPAGHETTI WHOLE WHEAT GARLIC TOAST GREEN BEANS TOSSED SALAD * MILK	SHRIMP W/ FRIED BROWN RICE STEAMED CARROTS APPLE SLICES * MILK	HAM AND CHEESE WHOLE WHEAT PITA WRAP OVEN FRIES PEARS * MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
PM SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk			WHOLE GRAIN CHEESE ITS PEAR HALVES WATER	WHOLE WHEAT CRACKERS CHEDDAR CHEESE CUBES WATER	ENRICHED ANIMAL CRACKERS *MILK
TWO COMPONENTS	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
DINNER Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk			CHICKEN ENCHALADA WHOLE WHEAT TORTILLA CORN BLUEBERRIES * MILK	BEEF HOTDOG WHOLE WHEAT BUN BAKED BEANS COLESLAW *MILK	SALSIBURY STEAK W/ GRAVY WHOLE WHEAT ROLL STEAMED CABBAGE STEAMED CARROTS * MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
* One year olds are served Whole Milk. Two years old and older are served 1% or Fat Free Milk. Milk substitutes must have a medical statement.					

	Monday 5/6/2019	Tuesday 5/7/2019	Wednesday 5/8/2019	Thursday 5/9/2019	Friday 5/10/2019
BREAKFAST Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	WHOLE WHEAT PANCAKES APRICOT HALVES * MILK <input type="checkbox"/> Whole Grain	LOWFAT YOGURT PEACHES * MILK <input type="checkbox"/> Whole Grain	ENRICHED CREAM OF WHEAT FRESH BLUEBERRIES * MILK <input type="checkbox"/> Whole Grain	WHOLE WHEAT CINNAMON TOAST APPLESAUCE *MILK <input type="checkbox"/> Whole Grain	TURKEY SAUSAGE HASHBROWN * MILK <input type="checkbox"/> Whole Grain
LUNCH Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	BARBEQUE CHICKEN WHOLE WHEAT ROLL BAKED SWEET POTATO GREEN BEANS * MILK <input type="checkbox"/> Whole Grain	HOMEMADE WHOLE WHEAT CHEESE PIZZA CUCUMBER SLICES W/ RANCH FRUIT COCKTAIL * MILK <input type="checkbox"/> Whole Grain	SLICED TURKEY WITH GRAVY WHOLE WHEAT ROLL YELLOW SQUASH PEARS * MILK <input type="checkbox"/> Whole Grain	BEEF & CHEESE LASAGNA WHOLE WHEAT NOODLES STEAMED CARROTS PINEAPPLE CHUNKS * MILK <input type="checkbox"/> Whole Grain	HAM AND CHEESE WHOLE WHEAT BUN COLESLAW PEACHES * MILK <input type="checkbox"/> Whole Grain
PM SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk TWO COMPONENTS	LOWFAT YOGURT ORANGE WEDGES WATER <input type="checkbox"/> Whole Grain	WHOLE GRAIN GOLDFISH 100% BERRY BERRY JUICE <input type="checkbox"/> Whole Grain	WHOLE GRAIN PITA CHIPS HUMMUS WATER <input type="checkbox"/> Whole Grain	WHOLE GRAIN PRETZEL KIWI WATER <input type="checkbox"/> Whole Grain	ENRICHED GRAHAM CRACKERS *MILK <input type="checkbox"/> Whole Grain
DINNER Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	BEEF & CHEESE NACHOS WHOLE GRAIN CHIPS MANGO CHUNKS PINTO BEANS * MILK <input type="checkbox"/> Whole Grain	TURKEY BURGER ON WHEAT BUN BAKED BEANS FRENCH FRIES * MILK <input type="checkbox"/> Whole Grain	HAM & CHEESE ON WHEAT WRAP MANDARIN ORANGES SPINACH SALAD WITH BLUEBERRIES * MILK <input type="checkbox"/> Whole Grain	BAKED FISH FILLET SLICED WHOLE WHEAT BREAD STEAMED BROCCOLI W/ CHEESE MASH POTATOES * MILK <input type="checkbox"/> Whole Grain	STUFFED BELL PEPPER W/ WHOLE GROUND BEEF & RICE BAKED SWEET POTATO NAVY BEANS * MILK <input type="checkbox"/> Whole Grain
	* One year olds are served Whole Milk. Two years old and older are served 1% or Fat Free Milk. Milk substitutes must have a medical statement.				

	Monday 5/13/2019	Tuesday 5/14/2019	Wednesday 5/15/2019	Thursday 5/16/2019	Friday 5/17/19
BREAKFAST Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	SCRAMBLED EGGS W/ CHEESE HASHBROWNS *MILK <input type="checkbox"/> Whole Grain	WHOLE GRAIN KIX CEREAL 100% ORANGE JUICE * MILK <input type="checkbox"/> Whole Grain	ENRICHED GRITS BANANA SLICES * MILK <input type="checkbox"/> Whole Grain	WHOLE GRAIN ENGLISH MUFFIN APRICOT HALVES *MILK <input type="checkbox"/> Whole Grain	ENRICHED CREAM OF WHEAT STRAWBERRIES * MILK <input type="checkbox"/> Whole Grain
LUNCH Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	CHICKEN FAJITAS WHOLE WHEAT WRAP CUCUMBER ONION SALAD ZESTY CORN * MILK <input type="checkbox"/> Whole Grain	BAKED TALAPIA BROWN RICE W/ GRAVY GREEN BEANS MIXED FRUIT *MILK <input type="checkbox"/> Whole Grain	BEEF HOTDOG WHOLE WHEAT BUN SPINACH SALAD OVEN FRIES * MILK <input type="checkbox"/> Whole Grain	HAM & BEANS ENRICHED CORN MUFFIN MASH POTATOES *MILK <input type="checkbox"/> Whole Grain	TURKEY AND CHEESE WHOLE WHEAT BREAD CELERY STICKS PEAR HALVES * MILK <input type="checkbox"/> Whole Grain
SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	WHOLE GRAIN RICE CAKE LOWFAT YOGURT WATER <input type="checkbox"/> Whole Grain	WHOLE GRAIN BELVITA BITES CHEDDAR CHEESE CUBES WATER <input type="checkbox"/> Whole Grain	WHOLE GRAIN PITA CHIPS HUMMUS WATER <input type="checkbox"/> Whole Grain	ASPARGUS DIP WHOLE GRAIN CRACKERS 100% BERRY BERRY JUICE <input type="checkbox"/> Whole Grain	ENRICHED GRAHAM CRACKER *MILK <input type="checkbox"/> Whole Grain
TWO COMPONENTS	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
DINNER Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	STEAK FINGERS WHOLE GRAIN ROLL MIXED VEGETABLES FRENCH FRIES * MILK <input type="checkbox"/> Whole Grain	TUNA SALAD WHOLE WHEAT CRACKERS PINEAPPLE CHUNKS CARROT STICKS *MILK <input type="checkbox"/> Whole Grain	BBQ CHICKEN ENRICHED BROWN RICE DICED PEACHES GREEN PEAS * MILK <input type="checkbox"/> Whole Grain	TURKEY SAUSAGE WHOLE WHEAT BUN OVEN FRIES BAKED BEANS * MILK <input type="checkbox"/> Whole Grain	BEEF RIGATONI WHOLE GRAIN ROLL STEAMED SPINACH CARROT & MANDARIN SALAD * MILK <input type="checkbox"/> Whole Grain
	* One year olds are served Whole Milk. Two years old and older are served 1% or Fat Free Milk. Milk substitutes must have a medical statement.				

	Monday 5/20/2019	Tuesday 5/21/2019	Wednesday 5/22/2019	Thursday 5/23/2019	Friday 5/24/2019
BREAKFAST Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	ENRICHED OATMEAL APPLESAUCE * MILK <input type="checkbox"/> Whole Grain	WHOLE WHEAT CINNAMON TOAST PINEAPPLES CHUNKS *MILK <input type="checkbox"/> Whole Grain	ENRICHED GRITS PEACHES *MILK <input type="checkbox"/> Whole Grain	WHOLE WHEAT KIX CEREAL STRAWBERRIES *MILK <input type="checkbox"/> Whole Grain	WHOLE WHEAT PANCAKES PEAR HALVES * MILK <input type="checkbox"/> Whole Grain
LUNCH Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	CHICKEN SOFT TACO WHEAT TORTILLA MANGO SLICES REFRIED BEANS * MILK <input type="checkbox"/> Whole Grain	BEEF STROGANOFF MULTIGRAIN ROLL STEAMED CAULIFLOWER PEAR HALVES * MILK <input type="checkbox"/> Whole Grain	GRILLED CHEESE ON WHOLE WHEAT BREAD <u>MUSHROOM BARLEY SOUP</u> FRENCH FRIES * MILK <input type="checkbox"/> Whole Grain	ROASTED CHICKEN BREAST ENRICHED RICE PILAF FRENCH GREEN BEANS BAKED APPLES * MILK <input type="checkbox"/> Whole Grain	HAM AND CHEESE WHOLE WHEAT WRAP TATOR TOTS KIWI * MILK <input type="checkbox"/> Whole Grain
SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk TWO COMPONENTS	WHOLE GRAIN BELVITA BREAKFAST BITES APRICOT HALVES <input type="checkbox"/> Whole Grain	COTTAGE CHEESE PEAR HALVES WATER <input type="checkbox"/> Whole Grain	WHOLE GRAIN SUN CHIPS BANANA WATER <input type="checkbox"/> Whole Grain	WHOLE GRAIN RICE CAKES STRING CHEESE WATER <input type="checkbox"/> Whole Grain	ENRICHED GRAHAM CRACKER LOWFAT YOGURT WATER <input type="checkbox"/> Whole Grain
DINNER Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	CHICKEN & BROCCOLI RICE BAKE STEAMED CABBAGE GLAZED CARROTS * MILK <input type="checkbox"/> Whole Grain	BAKED TALIPIA WHOLE WHEAT BREAD SQUASH & ZUCCHINI BAKED APPLES *MILK <input type="checkbox"/> Whole Grain	SLICED TURKEY WITH GRAVY WHOLE WHEAT ROLL ROASTED RUTABAGAS BLUEBERRIES * MILK <input type="checkbox"/> Whole Grain	TURKEY HOTDOG WHOLE WHEAT BUN BAKED BEANS COLE SLAW * MILK <input type="checkbox"/> Whole Grain	SCRAMBLED BURGER ON MULTIGRAIN BUN TOSSED SALAD PEACHES * MILK <input type="checkbox"/> Whole Grain
	* One year olds are served Whole Milk. Two years old and older are served 1% or Fat Free Milk. Milk substitutes must have a medical statement.				

	Monday 5/27/2019	Tuesday 5/28/2019	Wednesday 5/29/19	Thursday 5/30/19	Friday 5/31/19
BREAKFAST Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	ALL BRAN CEREAL ORANGE SLICES * MILK <input type="checkbox"/> Whole Grain	WHOLE GRAIN ENGLISH MUFFIN PEACHES * MILK <input type="checkbox"/> Whole Grain	ENRICHED CREAM OF WHEAT MANGO SLICES *MILK <input type="checkbox"/> Whole Grain	WHOLE WHEAT MINI BAGEL BANANA *MILK <input type="checkbox"/> Whole Grain	BLUEBERRY MUFFIN PEAR HALVES *MILK <input type="checkbox"/> Whole Grain
LUNCH Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	CHEESE PIZZA ON WHOLE ENGLISH MUFFIN BAKED POTATO WEDGES APRICOT HALVES *MILK <input type="checkbox"/> Whole Grain	MEATLOAF WHOLE WHEAT ROLL ROASTED PARSNIPS CORN * MILK <input type="checkbox"/> Whole Grain	BBQ CHICKEN ENRICHED BISCUIT RUTABAGAS FRUIT COCKTAIL *MILK <input type="checkbox"/> Whole Grain	HAM & CHEESE ON WHOLE WHEAT PITA WRAP CARROT STICKS PEARS *MILK <input type="checkbox"/> Whole Grain	GRILLED CHEESE WHOLE WHEAT BREAD SPINACH SALAD ORANGE WEDGES *MILK <input type="checkbox"/> Whole Grain
PM SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	CHEDDAR CHEESE CUBES APPLE SLICES WATER <input type="checkbox"/> Whole Grain	ENRICHED GRAHAM CRACKER STRAWBERRIES WATER <input type="checkbox"/> Whole Grain	COTTAGE CHEESE PEAR HALVES WATER <input type="checkbox"/> Whole Grain	BAKED CINNAMON APPLES ENRICHED ANIMAL CRACKERS WATER <input type="checkbox"/> Whole Grain	ENRICHED PRETZELS APRICOTS WATER <input type="checkbox"/> Whole Grain
TWO COMPONENTS	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
DINNER Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	BEEF HOTDOG WHOLE WHEAT BUN CUCUMBER SLICES W/ RANCH FRUIT COCKTAIL *MILK <input type="checkbox"/> Whole Grain	TURKEY AND CHEESE ON WHOLE WHEAT BREAD GREEN BEANS APRICOT HALVES * MILK <input type="checkbox"/> Whole Grain	STEAK FAJITAS WHOLE WHEAT WRAP TOSSED SALAD BLUEBERRIES *MILK <input type="checkbox"/> Whole Grain	TURKEY TETRAZANI WHOLE WHEAT GARLIC BREAD BAKED CINNAMON APPLES BROCCOLI AND CHEESE *MILK <input type="checkbox"/> Whole Grain	CORNED BEEF ENRICHED CORNBREAD STEAMED CABBAGE YAMS *MILK <input type="checkbox"/> Whole Grain
* One year olds are served Whole Milk. Two years old and older are served 1% or Fat Free Milk. Milk substitutes must have a medical statement.					