

	Monday 4/1/2019	Tuesday 4/2/2019	Wednesday 4/3/2019	Thursday 4/4/2019	Friday 4/5/2019
BREAKFAST Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	RAISIN TOAST FRUIT COCKTAIL * MILK <input type="checkbox"/> Whole Grain	FRESH STRAWBERRIES LOWFAT YOGURT * MILK <input type="checkbox"/> Whole Grain	MINI BAGEL W/ CREAM CHEESE ORANGE SLICES * MILK <input type="checkbox"/> Whole Grain	ENRICHED CREAM OF WHEAT WARMED PEACHES * MILK <input type="checkbox"/> Whole Grain	WHOLE WHEAT CINNAMON TOAST BANANA * MILK <input type="checkbox"/> Whole Grain
LUNCH Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	CHICKEN QUESADILLA WHOLE WHEAT TORTILLA BLACK BEANS APPLE SLICES * MILK <input type="checkbox"/> Whole Grain	BEEF MEATLOAF ENRICHED ITALIAN BREAD LIMA BEANS FRUIT SALAD *MILK <input type="checkbox"/> Whole Grain	BEEF HOTDOGS WHOLE WHEAT BUN BAKED BEANS COLESLAW * MILK <input type="checkbox"/> Whole Grain	CHICKEN STRIPS WHOLE WHEAT WAFFLES HASHBROWNS STRAWBERRIES * MILK <input type="checkbox"/> Whole Grain	TURKEY AND CHEESE ON WHOLE WHEAT BREAD TOMATO SOUP PEARS * MILK <input type="checkbox"/> Whole Grain
SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	WHOLE GRAIN PRETZELS FRESH TANGERINES WATER <input type="checkbox"/> Whole Grain	MULTIGRAIN CHEERIOS *MILK <input type="checkbox"/> Whole Grain	WHOLE GRAIN CHEESE ITS PEAR HALVES WATER <input type="checkbox"/> Whole Grain	WHOLE WHEAT CRACKERS CHEDDAR CHEESE CUBES WATER <input type="checkbox"/> Whole Grain	ENRICHED ANIMAL CRACKERS *MILK <input type="checkbox"/> Whole Grain
TWO COMPONENTS	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
DINNER Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	BEEF SAUSAGE W/ RED BEANS AND BROWN RICE PEAR HALVES CORN MUFFIN * MILK <input type="checkbox"/> Whole Grain	TURKEY & CHEESE ON MULTIGRAIN BREAD TOSSED SALAD W/ RANCH APRICOT HALVES *MILK <input type="checkbox"/> Whole Grain	BEEF SPAGHETTI W/ WHOLE GRAIN NOODLES GREEN BEANS APPLESAUCE * MILK <input type="checkbox"/> Whole Grain	TUNA SALAD WHOLE WHEAT PITA POCKET CUCUMBER AND TOMATO SALAD PINEAPPLES RINGS * MILK <input type="checkbox"/> Whole Grain	SALSIBURY STEAK W/ GRAVY WHOLE WHEAT ROLL STEAMED CABBAGE STEAMED CARROTS * MILK <input type="checkbox"/> Whole Grain
EVENING SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	ENRICHED ANIMAL CRACKERS *MILK <input type="checkbox"/> Whole Grain	WHEAT CRACKERS VIENNA SAUSAGE WATER <input type="checkbox"/> Whole Grain	LOWFAT YOGURT MIXED BERRIES WATER <input type="checkbox"/> Whole Grain	WHOLE GRAIN PRETZELS APRICOT HALVES WATER <input type="checkbox"/> Whole Grain	WHOLE GRAIN TORTILLA CHIPS WATERMELON CHUNKS WATER <input type="checkbox"/> Whole Grain
TWO COMPONENTS	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
	* One year olds are served Whole Milk. Two years old and older are served 1% or Fat Free Milk. Milk substitutes must have a medical statement.				

	Monday 4/8/2019	Tuesday 4/9/2019	Wednesday 4/10/2019	Thursday 4/11/2019	Friday 4/12/2019
BREAKFAST Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	CORN CHEX CEREAL 100% ORANGE JUICE * MILK	WHOLE GRAIN ENGLISH MUFFIN PEACHES * MILK	ENRICHED CREAM OF WHEAT PEAR HALVES * MILK	WHOLE WHEAT TOAST APPLESAUCE * MILK	TURKEY SAUSAGE HASHBROWN * MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
LUNCH Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	BARBEQUE CHICKEN WHOLE WHEAT ROLL BAKED SWEET POTATO GREEN BEANS * MILK	HOMEMADE WHOLE WHEAT CHEESE PIZZA CUCUMBER SLICES W/ RANCH FRUIT COCKTAIL * MILK	SLICED TURKEY WITH GRAVY WHOLE WHEAT ROLL YELLOW SQUASH PEARS * MILK	BEEF & CHEESE LASAGNA WHOLE WHEAT NOODLES STEAMED CARROTS PINEAPPLE CHUNKS * MILK	BBQ PULLED PORK WHOLE WHEAT BUN COLESLAW PEACHES * MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	LOWFAT YOGURT APPLE SLICES WATER	WHOLE GRAIN BELVITA BITES CHEDDAR CHEESE CUBES WATER	WHOLE GRAIN PITA CHIPS HUMMUS WATER	WHOLE GRAIN SUNCHIPS FRESH PEARS WATER	ENRICHED GRAHAM CRACKER *MILK
TWO COMPONENTS	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
DINNER Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	BEEF & CHEESE NACHOS WHOLE GRAIN CHIPS MANGO CHUNKS PINTO BEANS * MILK	TURKEY BURGER ON WHEAT BUN TOSSED SALAD FRENCH FRIES * MILK	HAM & CHEESE ON WHEAT WRAP MANDARIN ORANGES SPINACH SALAD WITH RASBERRY VINAIGRETTE * MILK	BAKED FISH FILLET SLICED WHOLE WHEAT BREAD STEAMED BROCCOLI W/ CHEESE MASH POTATOES * MILK	WHOLE WHEAT SPAGHETTI W/ BEEF MEATSAUCE FRUIT SALAD GREEN BEANS * MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
EVENING SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	ENRICHED ANIMAL CRACKERS *MILK	WHOLE WHEAT PITA CHIPS ASPARAGUS DIP 100% BERRY JUICE	WHOLE GRAIN CHEESE ITZ TOMATO SOUP WATER	WHOLE GRAIN RICE CAKE BANANA WATER	SLICED TURKEY WHOLE WHEAT WRA WATER
TWO COMPONENTS	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
	* One year olds are served Whole Milk. Two years old and older are served 1% or Fat Free Milk. Milk substitutes must have a medical statement.				

	Monday 4/15/2019	Tuesday 4/16/2019	Wednesday 4/17/2019	Thursday 4/18/2019	Friday 4/19/19
BREAKFAST Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	WHOLE GRAIN WAFFLE APPLESAUCE * MILK <input type="checkbox"/> Whole Grain	WHOLE CORN LIFE CEREAL 100% ORANGE JUICE * MILK <input type="checkbox"/> Whole Grain	ENRICHED GRITS BANANA SLICES * MILK <input type="checkbox"/> Whole Grain	WHOLE GRAIN ENGLISH MUFFIN APRICOT HALVES * MILK <input type="checkbox"/> Whole Grain	COTTAGE CHEESE PEAR HALVES * MILK <input type="checkbox"/> Whole Grain
LUNCH Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	BAKED FISH ENRICHED CORN MUFFIN GREEN BEANS CREAMED SPINACH * MILK <input type="checkbox"/> Whole Grain	NACHOS W/ PULLED CHICKEN & CORN TORTILLA ZESTY CORN COLESLAW *MILK <input type="checkbox"/> Whole Grain	BEEF LIL SMOKIES WHOLE GRAIN ROLL STEAMED BROCCOLI & CHEESE ORANGE SLICES * MILK <input type="checkbox"/> Whole Grain	BAKED CHICKEN & ENRICHED BROWN RICE GINGERED CARROTS FRUIT COCKTAIL * MILK <input type="checkbox"/> Whole Grain	EGG SALAD WHOLE WHEAT BREAD CELERY STICKS PEAR HALVES * MILK <input type="checkbox"/> Whole Grain
SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	WHOLE GRAIN RICE CAKE LOWFAT YOGURT WATER <input type="checkbox"/> Whole Grain	WHOLE GRAIN BELVITA BITES CHEDDAR CHEESE CUBES WATER <input type="checkbox"/> Whole Grain	WHOLE GRAIN PITA CHIPS HUMMUS WATER <input type="checkbox"/> Whole Grain	HAM & TURKEY CUBES WHOLE GRAIN CRACKERS WATER <input type="checkbox"/> Whole Grain	ENRICHED GRAHAM CRACKER *MILK <input type="checkbox"/> Whole Grain
TWO COMPONENTS	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
DINNER Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	STEAK FINGERS WHOLE GRAIN ROLL MIXED VEGETABLES FRENCH FRIES * MILK <input type="checkbox"/> Whole Grain	TUNA SALAD WHOLE WHEAT CRACKERS PINEAPPLE CHUNKS CARROT STICKS *MILK <input type="checkbox"/> Whole Grain	SALSIBURY STEAK W/ GRAVY ENRICHED BROWN RICE DICED PEACHES CABBAGE * MILK <input type="checkbox"/> Whole Grain	SLICED HAM & CHEESE WHOLE WHEAT WRAP FRESH APPLE SLICES TATOR TOTS * MILK <input type="checkbox"/> Whole Grain	BEEF & CHEESE RAVIOLI W/ WHOLE GRAIN PASTA BAKED POTATO WEDGES COLESLAW * MILK <input type="checkbox"/> Whole Grain
EVENING SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	ENRICHED ANIMAL CRACKERS *MILK <input type="checkbox"/> Whole Grain	LOWFAT YOGURT STRAWBERRY AND BANANA SLICES WATER <input type="checkbox"/> Whole Grain	WHOLE WHEAT GOLDFISH TOMATO SOUP WATER <input type="checkbox"/> Whole Grain	HARD BOILED EGG MULTIGRAIN CRACKERS WATER <input type="checkbox"/> Whole Grain	WHOLE WHEAT PIZZA PITA (MOZZARELLA, PEPPERONI) WATER <input type="checkbox"/> Whole Grain
TWO COMPONENTS	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
	* One year olds are served Whole Milk. Two years old and older are served 1% or Fat Free Milk. Milk substitutes must have a medical statement.				

	Monday 4/22/2019	Tuesday 4/23/2019	Wednesday 4/24/2019	Thursday 4/25/2019	Friday 4/26/2019
BREAKFAST Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	ENRICHED OATMEAL CINNAMON APPLESAUCE * MILK <input type="checkbox"/> Whole Grain	ENRICHED SAUSAGE BISCUIT PINEAPPLES *MILK <input type="checkbox"/> Whole Grain	WHOLE WHEAT PANCAKES PEAR HALVES * MILK <input type="checkbox"/> Whole Grain	TURKEY SAUSAGE TATOR TOTS * MILK <input type="checkbox"/> Whole Grain	WHOLE GRAIN KIX CEREAL 100% ORANGE JUICE * MILK <input type="checkbox"/> Whole Grain
LUNCH Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	TURKEY SLICES IN GRAVY WHOLE GRAIN ROLLS GREEN BEANS MASH POTATOES * MILK <input type="checkbox"/> Whole Grain	BEEF SAUSAGE W/ RED BEANS AND BROWN RICE PEAR HALVES CORN MUFFIN * MILK <input type="checkbox"/> Whole Grain	GRILLED CHEESE ON WHOLE WHEAT BREAD <u>MUSHROOM BARLEY SOUP</u> FRENCH FRIES * MILK <input type="checkbox"/> Whole Grain	CHICKEN SOFT TACO WHEAT TORTILLA MANGO SLICES REFRIED BEANS * MILK <input type="checkbox"/> Whole Grain	HAM AND CHEESE ON WHOLE WHEAT WRAP TATOR TOTS FRESH PEARS * MILK <input type="checkbox"/> Whole Grain
SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk TWO COMPONENTS	WHOLE GRAIN BELVITA BITES *MILK <input type="checkbox"/> Whole Grain	PEAR HALVES COTTAGE CHEESE WATER <input type="checkbox"/> Whole Grain	WHOLE GRAIN SUN CHIPS BANANA WATER <input type="checkbox"/> Whole Grain	WHOLE GRAIN RICE CAKES STRING CHEESE WATER <input type="checkbox"/> Whole Grain	ENRICHED GRAHAM CRACKER LOWFAT YOGURT WATER <input type="checkbox"/> Whole Grain
DINNER Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	BAKED CHICKEN MULTIGRAIN ROLL FRUIT COCKTAIL <u>BRUSSEL SPROUTS</u> * MILK <input type="checkbox"/> Whole Grain	TALIPIA WHOLE WHEAT BREAD SQUASH & ZUCCHINI BAKED APPLES *MILK <input type="checkbox"/> Whole Grain	SLICED TURKEY WITH GRAVY WHOLE WHEAT ROLL ROASTED RUTABAGAS SWEET PEAS * MILK <input type="checkbox"/> Whole Grain	BEEF & CHEESE LASAGNA WHOLE WHEAT NOODLES STEAMED BABY CARROTS PEAR HALVES * MILK <input type="checkbox"/> Whole Grain	BBQ PULLED PORK MULTIGRAIN BUN COLESLAW PEACHES * MILK <input type="checkbox"/> Whole Grain
EVENING SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk TWO COMPONENTS	MULTIGRAIN CHEERIOS *MILK <input type="checkbox"/> Whole Grain	WHOLE WHEAT CRACKERS VIENNA SAUSAGE WATER <input type="checkbox"/> Whole Grain	WHOLE WHEAT PRETZELS 100% BERRY JUICE WATER <input type="checkbox"/> Whole Grain	CARROT, CELERY STICKS MULTIGRAIN CRACKERS WATER <input type="checkbox"/> Whole Grain	WHOLE GRAIN LIFE CEREAL *MILK <input type="checkbox"/> Whole Grain
* One year olds are served Whole Milk. Two years old and older are served 1% or Fat Free Milk. Milk substitutes must have a medical statement.					

	Monday 4/29/2019	Tuesday 4/30/2019	Wednesday	Thursday	Friday
BREAKFAST Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	ALL BRAN CEREAL ORANGE SLICES * MILK <input type="checkbox"/> Whole Grain	WHOLE GRAIN ENGLISH MUFFIN PEACHES * MILK <input type="checkbox"/> Whole Grain	 <input type="checkbox"/> Whole Grain	 <input type="checkbox"/> Whole Grain	 <input type="checkbox"/> Whole Grain
LUNCH Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	SLOPEY JOES ON MULTIGRAIN BUN BAKED POTATOE WEDGES FRUIT SALAD *MILK <input type="checkbox"/> Whole Grain	BARBEQUE CHICKEN WHOLE WHEAT ROLL ROASTED PARSNIPS CORN * MILK <input type="checkbox"/> Whole Grain	 <input type="checkbox"/> Whole Grain	 <input type="checkbox"/> Whole Grain	 <input type="checkbox"/> Whole Grain
SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	CHEDDAR CHEESE CUBES APPLE SLICES WATER <input type="checkbox"/> Whole Grain	ENRICHED GRAHAM CRACKER *MILK <input type="checkbox"/> Whole Grain	 <input type="checkbox"/> Whole Grain	 <input type="checkbox"/> Whole Grain	 <input type="checkbox"/> Whole Grain
TWO COMPONENTS	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
DINNER Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	HOMEMADE WHOLE WHEAT CHEESE PIZZA CUCUMBER SLICES W/ RANCH FRUIT COCKTAIL *MILK <input type="checkbox"/> Whole Grain	TURKEY AND CHEESE ON WHOLE WHEAT BREAD GREEN BEANS PEARS * MILK <input type="checkbox"/> Whole Grain	 <input type="checkbox"/> Whole Grain	 <input type="checkbox"/> Whole Grain	 <input type="checkbox"/> Whole Grain
EVENING SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	MULTIGRAIN SUNCHIPS 100% BERRY BERRY JUICE <input type="checkbox"/> Whole Grain	LOWFAT YOGURT STRAWBERRY HALVES WATER <input type="checkbox"/> Whole Grain	 <input type="checkbox"/> Whole Grain	 <input type="checkbox"/> Whole Grain	 <input type="checkbox"/> Whole Grain
TWO COMPONENTS	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
	* One year olds are served Whole Milk. Two years old and older are served 1% or Fat Free Milk. Milk substitutes must have a medical statement.				