

	Monday	Tuesday	Wednesday	Thursday 08/01/19	Friday 08/02/19
BREAKFAST Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk				MULTIGRAIN CHEERIOS KIWI SLICES *MILK	WHOLE WHEAT FRENCH TOAST BANANA SLICES *MILK
<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
LUNCH Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk				CHEESE & BEEF RAVIOLI WHOLE WHEAT BREAD GREEN BEANS PEAR HALVES *MILK	TURKEY & CHEESE SLIDER WHOLE GRAIN ROLL CUCUMBER SLICES WATERMELON *MILK
<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
PM SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk				ENRICHED RICE CAKE CANTELOUPE SLICES WATER	WHOLE GRAIN BREADSTICKS 100% APPLE JUICE
<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
TWO COMPONENTS	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
DINNER Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk				BAKED FISH FILLET ENRICHED CORN MUFFIN BAKED POTATO SWEET PEAS *MILK	CHICKEN SALAD ON WHOLE WHEAT PITA CELERY/CARROTS STICKS W/ DIP APPLE SLICES *MILK
<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
EVENING SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk				WHOLE GRAIN CHEESE CRACKERS SLICED HAM WATER	WHOLE WHEAT MINI BAGEL PINEAPPLE RINGS WATER
<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
TWO COMPONENTS	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
	* One year olds are served Whole Milk. Two years old and older are served 1% or Fat Free Milk. Milk substitutes must have a medical statement.				



MELONS: WATERMELON, CANTELOUPE AND HONEYDEW AUG 2019

	Monday 08/05/19	Tuesday 08/06/19	Wednesday 08/07/19	Thursday 08/08/19	Friday 08/09/19
BREAKFAST Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	MULTIGRAIN CHEERIOS APRICOT HALVES *MILK <input type="checkbox"/> Whole Grain	WHOLE WHEAT TOAST SAUSAGE PATTY PEACHES *MILK <input type="checkbox"/> Whole Grain	WHOLE GRAIN ENGLISH MUFFIN TROPICAL FRUIT *MILK <input type="checkbox"/> Whole Grain	WHOLE GRAIN TOTAL KIWI SLICES *MILK <input type="checkbox"/> Whole Grain	WHOLE WHEAT BAGEL PINEAPPLE SLICES *MILK <input type="checkbox"/> Whole Grain
LUNCH Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	CHICKEN SALAD ON WHOLE WHEAT BUN BROCCOLI FLORETS/ W/ DIP PINEAPPLE RINGS *MILK <input type="checkbox"/> Whole Grain	SLICED TURKEY WHOLE WHEAT BREAD CUCUMBER SLICES MANGO SLICES *MILK <input type="checkbox"/> Whole Grain	BAKED FISH FILLET ENRICHED CORN MUFFIN MASH POTATOES GREEN BEANS *MILK <input type="checkbox"/> Whole Grain	CHICKEN QUESADILLA WHOLE WHEAT TORTILLA SEASONED CORN REFRIED BEANS *MILK <input type="checkbox"/> Whole Grain	CHEF SALAD W/ RANCH (TURKEY, CHEESE, BOILED EGG) WHOLE WHEAT BREADSTICKS ORANGE WEDGES *MILK <input type="checkbox"/> Whole Grain
PM SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk TWO COMPONENTS	MULTIGRAIN CHEERIOS APPLE SLICES WATER <input type="checkbox"/> Whole Grain	ENRICHED GRAHAM CRACKER *MILK <input type="checkbox"/> Whole Grain	LOWFAT YOGURT FRESH BLUEBERRIES WATER <input type="checkbox"/> Whole Grain	WHOLE WHEAT CRACKERS ORANGE SLICES WATER <input type="checkbox"/> Whole Grain	MULTIGRAIN SUN CHIPS 100% FRUIT PUNCH <input type="checkbox"/> Whole Grain
DINNER Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk TWO COMPONENTS	HOMEMADE MAC & CHEESE W/ WHOLE WHEAT NOODLES PEAS & CARROTS CANTELOUPE CHUNKS *MILK <input type="checkbox"/> Whole Grain	BEEF SPAGHETTI W/ WHOLE WHEAT NOODLES SWEET PEAS PEACHES *MILK <input type="checkbox"/> Whole Grain	TUNA & APPLE SALAD WHOLE GRAIN CRACKERS HONEYDEW MELONS SHREDDED CARROTS *MILK <input type="checkbox"/> Whole Grain	CHEESE & PEPPERONI PIZZA WHOLE WHEAT FLATBREAD BROCCOLI W/ DIP WATERMELON CHUNKS *MILK <input type="checkbox"/> Whole Grain	GROUND BEEF SLOPEY JOE WHOLE WHEAT BUN APPLE COLESLAW BAKED BEANS *MILK <input type="checkbox"/> Whole Grain
EVENING SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk TWO COMPONENTS	ENRICHED ANIMAL CRACKERS PEAR HALVES WATER <input type="checkbox"/> Whole Grain	CHEDDAR CHEESE CUBES HARD PRETZELS WATER <input type="checkbox"/> Whole Grain	WHOLE WHEAT MUFFINS APPLESAUCE WATER <input type="checkbox"/> Whole Grain	<u>BANANA WALDORF</u> WITH LOW FAT YOGURT WATER <input type="checkbox"/> Whole Grain	WHOLE WHEAT SALTINES PEANUT/SOY BUTTER WATER <input type="checkbox"/> Whole Grain
* One year olds are served Whole Milk. Two years old and older are served 1% or Fat Free Milk. Milk substitutes must have a medical statement.					

	Monday 08/12/19	Tuesday 08/13/19	Wednesday 08/14/19	Thursday 08/15/19	Friday 08/16/19
BREAKFAST Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	WHOLE LIFE CEREAL APPLESAUCE *MILK <input type="checkbox"/> Whole Grain	WHOLE WHEAT TOAST SAUSAGE PATTY PEACHES *MILK <input type="checkbox"/> Whole Grain	WHOLE GRAIN ENGLISH MUFFIN TROPICAL FRUIT *MILK <input type="checkbox"/> Whole Grain	WHOLE GRAIN OATMEAL KIWI SLICES *MILK <input type="checkbox"/> Whole Grain	LOWFAT YOGURT BANANA SLICES *MILK <input type="checkbox"/> Whole Grain
LUNCH Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	CHICKEN SALAD ON WHOLE WHEAT BUN BROCCOLI FLORETS/ W/ DIP PINEAPPLE RINGS *MILK <input type="checkbox"/> Whole Grain	SLICED TURKEY WHOLE WHEAT BREAD CUCUMBER SLICES APPLE WEDGES *MILK <input type="checkbox"/> Whole Grain	BAKED FISH FILLET ENRICHED CORN MUFFIN MASH POTATOES GREEN BEANS *MILK <input type="checkbox"/> Whole Grain	MEATLOAF ENRICHED RISCUIT BROCCOLI FLORETS KIWI SLICES *MILK <input type="checkbox"/> Whole Grain	CHEESE & BEEF RAVIOLI WHOLE WHEAT BREAD WATERMELON SLICES GREEN BEANS *MILK <input type="checkbox"/> Whole Grain
PM SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk TWO COMPONENTS	ENRICHED GRAHAM CRACKERS *MILK <input type="checkbox"/> Whole Grain	WHOLE GRAIN TORTILLA SALSA/CHEESE DIP WATER <input type="checkbox"/> Whole Grain	WHOLE GRAIN LIFE CEREAL BANANA SLICES WATER <input type="checkbox"/> Whole Grain	CELERY STICKS & RAISINS PEANUT/ SOY BUTTER WATER <input type="checkbox"/> Whole Grain	ENRICHED PRETZELS HONEYDEW MELON WATER <input type="checkbox"/> Whole Grain
DINNER Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	HAM & CHEESE ON WHOLE WHEAT PITA BREAD CELERY STICKS W/ DIP MANDARIAN ORANGES *MILK <input type="checkbox"/> Whole Grain	CHICKEN NUGGETS MAC & CHEESE (WW NOODLES) WATERMELON OVEN FRIES *MILK <input type="checkbox"/> Whole Grain	TUNA & APPLE SALAD WHOLE GRAIN CRACKERS PINEAPPLE CHUNKS SHREDDED CARROTS *MILK <input type="checkbox"/> Whole Grain	TURKEY & CHEESE SLIDER WHOLE GRAIN ROLL PEAR STICKS W/ DIP REFRIED BEANS *MILK <input type="checkbox"/> Whole Grain	BBQ PULLED PORK MULTIGRAIN BUN BAKED BEANS OVEN FRIES *MILK <input type="checkbox"/> Whole Grain
EVENING SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk TWO COMPONENTS	WHOLE GRAIN CHIPS STRING CHEESE WATER <input type="checkbox"/> Whole Grain	ENRICHED RICE CAKE CHEDDAR CHEESE CUBES WATER <input type="checkbox"/> Whole Grain	WHOLE WHEAT PRETZELS FRESH BLUEBERRIES WATER <input type="checkbox"/> Whole Grain	WHOLE GRAIN CRACKERS FRESH TANGERINES WATER <input type="checkbox"/> Whole Grain	ENRICHED ANIMAL CRACKERS *MILK <input type="checkbox"/> Whole Grain
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MELONS: WATERMELON, CANTELOUPE AND HONEYDEW AUG 2019

	Monday 08/19/19	Tuesday 08/20/19	Wednesday 08/21/19	Thursday 08/22/19	Friday 08/23/19
BREAKFAST Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	WHOLE WHEAT WAFFLE WARMED PEACHES *MILK <input type="checkbox"/> Whole Grain	ENRICHED CREAM OF WHEAT FRESHED BLUEBERRIES * MILK <input type="checkbox"/> Whole Grain	WHOLE GRAIN BAGEL TROPICAL FRUIT *MILK <input type="checkbox"/> Whole Grain	WHOLE GRAIN TOTAL KIWI SLICES *MILK <input type="checkbox"/> Whole Grain	WHOLE WHEAT ENGLISH MUFFIN PINEAPPLE SLICES *MILK <input type="checkbox"/> Whole Grain
LUNCH Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	GROUND BEEF SLOPEY JOE WHOLE WHEAT BUN FRUIT COCKTAIL COLESLAW *MILK <input type="checkbox"/> Whole Grain	HOMEMADE MAC & CHEESE WHOLE WHEAT NOODLES HONEYDEW MELON LIMA BEANS *MILK <input type="checkbox"/> Whole Grain	FISH STICKS WHOLE WHEAT ROLL ZESTY CORN PEARS *MILK <input type="checkbox"/> Whole Grain	TURKEY & CHEESE ON WHOLE WHEAT SUB ROLL BROCCOLI FLORETS KIWI SLICES *MILK <input type="checkbox"/> Whole Grain	CHEESE & BEEF RAVIOLI WHOLE WHEAT BREAD WATERMELON SLICES GREEN BEANS *MILK <input type="checkbox"/> Whole Grain
PM SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk TWO COMPONENTS	LOWFAT YOGURT STRAWBERRY HALVES WATER <input type="checkbox"/> Whole Grain	ENRICHED RICE CAKE CANTELOUPE SLICES *MILK <input type="checkbox"/> Whole Grain	EGG SALAD WHOLE GRAIN BREAD WATER <input type="checkbox"/> Whole Grain	ENRICHED GRAHAM CRACKERS *MILK <input type="checkbox"/> Whole Grain	WHOLE GRAIN PB/SOY TOAST 100% FRUIT PUNCH <input type="checkbox"/> Whole Grain
DINNER Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk TWO COMPONENTS	BAKED CHICKEN BROWN RICE & GRAVY STEAMED CABBAGE PINEAPPLE CHUNKS *MILK <input type="checkbox"/> Whole Grain	WHOLE WHEAT CHEESE PIZZA W/ PEPPERONI CELERY STICKS W/ DIP ORANGE SLICES *MILK <input type="checkbox"/> Whole Grain	ROASTED TURKEY WHOLE WHEAT ROLL MASH POTATOES LIMA BEANS *MILK <input type="checkbox"/> Whole Grain	CHICKEN SOFT TACO WHOLE WHEAT TORTILLA TOSSED SALAD REFRIED BEANS *MILK <input type="checkbox"/> Whole Grain	BBQ PULLED PORK MULTIGRAIN BUN BAKED BEANS OVEN FRIES *MILK <input type="checkbox"/> Whole Grain
EVENING SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk TWO COMPONENTS	ENRICHED BANANA BREAD *MILK <input type="checkbox"/> Whole Grain	ENRICHED MUFFIN APPLE SLICES WATER <input type="checkbox"/> Whole Grain	WHOLE WHEAT PRETZELS STRAWBERRY/BANANA SLICES WATER <input type="checkbox"/> Whole Grain	CANTELOUPE SLICES STRING CHEESE WATER <input type="checkbox"/> Whole Grain	MULTIGRAIN CHEERIOS BANANA SLICES WATER <input type="checkbox"/> Whole Grain
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MELONS: WATERMELON, CANTELOUPE AND HONEYDEW AUG 2019

	Monday 08/26/19	Tuesday 08/27/19	Wednesday 08/28/19	Thursday 08/29/19	Friday 08/30/19
BREAKFAST Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	WHOLE WHEAT FRENCH TOAST MANGO SLICES *MILK <input type="checkbox"/> Whole Grain	MULTIGRAIN CHEERIOS APPLE SLICES *MILK <input type="checkbox"/> Whole Grain	WHOLE GRAIN WAFFLES TROPICAL FRUIT *MILK <input type="checkbox"/> Whole Grain	ENRICHED CREAM OF WHEAT KIWI SLICES *MILK <input type="checkbox"/> Whole Grain	WHOLE WHEAT TOAST PINEAPPLE SLICES *MILK <input type="checkbox"/> Whole Grain
LUNCH Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	<u>HAWAIIAN TURKEY SLIDER</u> WHOLE WHEAT BUN MANGO-PINEAPPLE SALSA BAKED FRENCH FRIES *MILK <input type="checkbox"/> Whole Grain	TUNA & APPLE SALAD WHOLE WHEAT CRACKERS SHREDDED CARROTS PEAR SLICES *MILK <input type="checkbox"/> Whole Grain	WHOLE WHEAT CHEESE PIZZA W/ PEPPERONI TOSSED SALAD ORANGE SLICES *MILK <input type="checkbox"/> Whole Grain	GROUND BEEF SLOPEY JOES MULTIGRAIN BUN BAKED BEANS COLE SLAW *MILK <input type="checkbox"/> Whole Grain	FISH STICKS WHOLE WHEAT ROLLS BLACKEYE PEAS FRUIT COCKTAIL *MILK <input type="checkbox"/> Whole Grain
PM SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk TWO COMPONENTS	ENRICHED ANIMAL CRACKERS *MILK <input type="checkbox"/> Whole Grain	WHOLE GRAIN PRETZELS STRING CHEESE WATER <input type="checkbox"/> Whole Grain	WHOLE GRAIN KIX CEREAL BANANA SLICES WATER <input type="checkbox"/> Whole Grain	WHOLE WHEAT BELVITA APPLESAUCE WATER <input type="checkbox"/> Whole Grain	ENRICHED RICE CAKE 100% BERRY BERRY JUICE <input type="checkbox"/> Whole Grain
DINNER Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	HAM & CHEESE ON WW PITA SPINACH & TOMATO SALAD RASPBERRY VINAIGRETTE STRAWBERRY SLICES *MILK <input type="checkbox"/> Whole Grain	BAKE FISH FILLET ENRICHED CORN MUFFIN MASH POTATOES GREEN BEANS *MILK <input type="checkbox"/> Whole Grain	BEEF SPAGHETTI WHOLE WHEAT NOODLES MIXED VEGGIES PEACHES *MILK <input type="checkbox"/> Whole Grain	CHICKEN NUGGETS MAC & CHEESE W/ WG NOODLES WATERMELON CHUNKS TATOR TOTS *MILK <input type="checkbox"/> Whole Grain	ROASTED TURKEY ENRICHED CORNBREAD ROASTED CAULIFLOWER GLAZED CARROTS *MILK <input type="checkbox"/> Whole Grain
EVENING SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk TWO COMPONENTS	WHOLE WHEAT MUFFIN CANTELOUPE SLICES WATER <input type="checkbox"/> Whole Grain	TURKEY SANDWICH WHOLE WHEAT BREAD WATER <input type="checkbox"/> Whole Grain	ENRICHED HARD PRETZELS HONEYDEW MELON WATER <input type="checkbox"/> Whole Grain	CARROT & CELERY STICKS CHEDDAR CHEESE CUBES WATER <input type="checkbox"/> Whole Grain	ENRICHED GRAHAM CRACKERS * MILK <input type="checkbox"/> Whole Grain

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