



“Each day of our lives, we make deposits in the memory banks of our children.” – Charles R. Swindoll

## UPDATES

**Want to know how Children can have Access to FREE Nutritious Meals and Snacks When School is not in Session?**

Find a Summer Food Service program Site in your community by contacting GNSI @ 470-419-4674 or [summerfood@gansi.org](mailto:summerfood@gansi.org) for more information!

**KIDS**  
**EAT**  
**FREE!**  
*Grab and Go*



**Summer Food Rocks!**

## RESOURCES

### **CACFP Creditable Snack Suggestions**

These cheesy bagels with tomatoes are the easiest “cooked” breakfast you’ll ever make, requiring no more work than toast.



[Click Here for Full Recipe!](#)

## SUPPORT

Did you know you can support Georgia Nutritional Services for free through Amazon? select Georgia Nutritional Services as your charity organization today and shop through [smile.amazon.com](https://smile.amazon.com). We are extremely grateful for your support!





# Harvest of the Month™



## Tomatoes

Whip up a great snack with this fun recipe.



### Non Spicy Kid Friendly Salsa

#### BOOKS

Check out these great books featuring our Harvest of the Month!

