

	Monday	Tuesday 6/1/21	Wednesday 6/2/21	Thursday 6/3/21	Friday 6/4/21
BREAKFAST Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk		WHOLE GRAIN CEREAL BANANA * MILK	WHOLE GRAIN WAFFLES DICED STRAWBERRIES * MILK	ENRICHED CREAM OF WHEAT FRESH BLUEBERRIES * MILK	AVOCADO WHEAT TOAST PINEAPPLE CHUNKS * MILK
<input type="checkbox"/>	<input type="checkbox"/>	Whole Grain	Whole Grain	Whole Grain	Whole Grain
LUNCH Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk		CHICKEN NUGGETS WHOLE WHEAT ROLL FRUIT COCKTAIL STEAMED CORN * MILK	HAM AND CHEESE MULTI GRAIN SUB ROLL HALVED CHERRY TOMATOES GREEN APPLE SLICES * MILK	BBQ CHICKEN PIZZA WHOLE WHEAT FLAT BREAD PINEAPPLE TIDBITS POTATO SALAD * MILK	TURKEY BURGER MULTI GRAIN BUN HONEY DEW MELON GRILLED TOMATOES * MILK
<input type="checkbox"/>	<input type="checkbox"/>	Whole Grain	Whole Grain	Whole Grain	Whole Grain
PM SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk		MOZZARELLA CHEESE STICK TOMATO AND CUCUMBER SALAD WATER	WHOLE WHEAT CRACKER HARD BOILED EGG WATER	PEANUT/SOY BUTTER CELERY STICKS WATER	WHOLE GRAIN CHIPS 100% FRUIT PUNCH JUICE
<input type="checkbox"/>	<input type="checkbox"/>	Whole Grain	Whole Grain	Whole Grain	Whole Grain
TWO COMPONENTS	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
DINNER Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk		OVEN FRIED FISH WHOLE WHEAT BREAD COLE SLAW SWEET PEAS * MILK	STEAK TACOS WHOLE CORN TORTILLA WATERMELON SUMMER SQUASH * MILK	BAKED PORK CHOPS WHOLE WHEAT ROLL HALVED RED GRAPES STEAMED BROCCOLI * MILK	GRILLED CHICKEN SALAD WHOLE GRAIN BREAD STICK DICED PEACHES SLICED CUCUMBER & TOMATO * MILK
<input type="checkbox"/>	<input type="checkbox"/>	Whole Grain	Whole Grain	Whole Grain	Whole Grain
	* One year olds are served Whole Milk. Two years old and older are served 1% or Fat Free Milk. Milk substitutes must have a medical statement.				

*** One whole grain must be served at one of the approved meals. Check Whole Grain Meal.**

	Monday 6/7/21	Tuesday 6/8/21	Wednesday 6/9/21	Thursday 6/10/21	Friday 6/11/21
BREAKFAST Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	WHOLE WHEAT MINI BAGEL SLICED BANANA *MILK	ENRICHED BLUEBERRY MUFFIN PEAR HALVES *MILK	MULTI GRAIN TOAST SLICED TOMATOES * MILK	ENRICHED SAUSAGE BISCUIT TATOR TOTS * MILK	WHOLE WHEAT PANCAKE DICED PEACHES * MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
LUNCH Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	HAM & CHEESE SUB WHOLE WHEAT SUB ROLL CELERY STICKS DICED PEACHES *MILK	GRILLED CHICKEN TENDERS WHOLE WHEAT PASTA SALAD WITH BROCCOLI & TOMATOES ORANGE WEDGES *MILK	BEEF SPAGHETTI WHOLE WHEAT GARLIC TOAST STEAMED CORN TOSSED SALAD * MILK	POPCORN SHRIMP ENRICHED FRIED RICE STIR FRY VEGGIES HONEYDEW MELON * MILK	EXTRA CHEESE PIZZA WHOLE WHEAT CRUST RED APPLE WEDGES SLICED CUCUMBER * MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
PM SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	ENRICHED ANIMAL CRACKERS LOWFAT YOGURT WATER	ENRICHED PRETZELS CARROT STICKS WATER	WHOLE GRAIN CHEESE ITS SLICED STRAWBERRIES WATER	CHEDDAR CHEESE CUBES WHOLE GRAIN CHEX MIX WATER	ENRICHED GRAHAM CRACKERS FRESH BLUEBERRIES WATER
TWO COMPONENTS	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
DINNER Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	ROASTED TURKEY SLICES ENRICHED CORN MUFFIN BAKED CINNAMON APPLES GREEN BEANS *MILK	FISH FILET SANDWICH WHOLE WHEAT BUN APRICOT HALVES SWEET PEAS *MILK	ROTISSERIE CHICKEN WHOLE WHEAT ROLL MIXED VEGETABLES SUMMER SQUASH * MILK	BEEF HOTDOG WHOLE WHEAT BUN BAKED BEANS TRI COLOR COLESLAW *MILK	PHILLY CHEESE STEAK WHOLE WHEAT SUB ROLL FRUIT COCKTAIL BAKED FRENCH FRIES *MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
* One year olds are served Whole Milk. Two years old and older are served 1% or Fat Free Milk. Milk substitutes must have a medical statement.					

* One whole grain must be served at one of the approved meals. Check Whole Grain Meal.

	Monday 6/14/21	Tuesday 6/15/21	Wednesday 6/16/21	Thursday 6/17/21	Friday 6/18/21
BREAKFAST Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	MULTI GRAIN CHEERIOS 100% ORANGE JUICE *MILK	WHOLE WHEAT WAFFLES CINNAMON APPLESAUCE * MILK	ENRICHED SAUSAGE BISCUIT DICED PEACHES * MILK	WHEAT ENGLSIH MUFFIN CANADIAN BACON DICED PEARS * MILK	ENRICHED OATMEAL RASPBERRIES *MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
LUNCH Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	BEEF HAMBURGER WHOLE WHEAT BUN DICED PEARS BAKED BEANS * MILK	MACARONI & CHEESE WHOLE WHEAT NOODLES CANTALOUPE CHUNKS GREEN BEANS *MILK	CHICKEN TENDERS MULTI GRAIN ROLL WATERMELON BAKED FRENCH FRIES * MILK	TURKEY MEATBALL SUB WHOLE GRAIN SUB ROLL SLICED PEACHES TOSSED SALAD * MILK	BAKED PORK CHOPS WHOLE GRAIN PASTA SALAD STEAMED ZUCCHINI APPLESAUCE * MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk TWO COMPONENTS	ENRICHED CHEESE TOAST HALVED CHERRY TOMATOES WATER	GRILLED CHICKEN & SPINACH WHOLE WHEAT TORTILLA WRAP WATER	WHOLE CORN TORTILLA CHIPS CHUNKY VEGGIE SALSA WATER	CHEDDER CHEESE CUBES SLICED CUCUMBERW/RANCH WATER	ANTS ON A LOG CELERY STICKS PEANUT BUTTER & RAISINS WATER
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
DINNER Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	SLICED TURKEY PANINI WHOLE WHEAT PITA GRAPE HALVES STEAMED CORN * MILK	BBQ PULLED PORK WHOLE WHEAT BUN PINEAPPLE RINGS COLESLAW * MILK	<u>TERIYAKI PORK</u> ENRICHED RICE PILAF SLICED PEACHES SUMMER SQUASH *MILK	CHICKEN ALFREDO WHOLE GRAIN PASTA FRUIT COCKTAIL STEAMED BROCCOLI *MILK	FISH FILET WHOLE WHEAT BUN HONEY DEW MELON POTATO SALAD *MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
	* One year olds are served Whole Milk. Two years old and older are served 1% or Fat Free Milk. Milk substitutes must have a medical statement.				

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	Monday 6/21/21	Tuesday 6/22/21	Wednesday 6/23/21	Thursday 6/24/21	Friday 6/25/21
BREAKFAST Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	WHOLE WHEAT PANCAKES APRICOT HALVES * MILK	WHOLE WHEAT MINI BAGEL PEANUT/SOY BUTTER SLICED BANANA * MILK	WHOLE GRAIN CEREAL 100 % MIXED BERRY JUICE * MILK	WHOLE WHEAT WAFFLE STICKS APPLESAUCE *MILK	SCRAMBLED EGGS ROASTED POTATO WEDGES * MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
LUNCH Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	BBQ PULLED PORK WHOLE WHEAT TOAST MANDARIN ORANGES POTATO SALAD * MILK	SMOKED BEEF SAUSAGE KIDNEY BEANS & BROWN RICE CANTALOUPE CHUNKS * MILK	ROASTED TURKEY ROLLUP WHOLE WHEAT TORTILLA TROPICAL FRUIT SALAD CELERY STICKS W/ DIP * MILK	BEEF & CHEESE LASAGNA WHOLE WHEAT BREADSTICK PINEAPPLE RINGS EARLY PEAS * MILK	GRILLED CHEESE WHOLE WHEAT SLICED BREAD CARROT STICKS BLUEBERRY & STRAWBERRY MIX * MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	MOZZARRELLA CHEESE HALVED CHERRY TOMATOES WATER	WHOLE GRAIN RICE CAKE HALVED GRAPES WATER	MEDITERRANEAN HUMMUS ENRICHED PITA BREAD WATER	ENRICHED PRETZELS HONEYDEW MELON WATER	ENRICHED GRAHAM CRACKERS 100% APPLE JUICE
TWO COMPONENTS	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
DINNER Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	BEAN & CHEESE NACHOS WHOLE GRAIN CHIPS MANGO CHUNKS TOSSED SALAD * MILK	CHICKEN SALAD ENRICHED CROISSANT TATOR TOTS WATERMELON * MILK	HOMEMADE MAC AND CHEESE ENRICHED CORN MUFFIN FRUIT COCKTAIL SUMMER SQUASH * MILK	BAKED CHICKEN WHOLE WHEAT ROLL DICED PEARS BROCCOLI W/ CHEESE * MILK	FISH STICKS MULTI GRAIN BREAD SLICED PEACHES GREEN BEANS * MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
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	Monday 6/28/21	Tuesday 6/29/21	Wednesday 6/30/21	Thursday	Friday
BREAKFAST Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	WHOLE GRAIN CEREAL ORANGE SLICES * MILK	LOWFAT YOGURT BANANA * MILK	ENRICHED GRITS GRILLED PEACHES * MILK		
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
LUNCH Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	TERRIYAKI CHICKEN ENRICHED FRIED RICE PEAS & CARROTS PINEAPPLE CHUNKS * MILK	TURKEY SLOPPY JOE WHOLE WHEAT BUN SLICED STARWBERRIES STEAMED CORN *MILK	BEEF HOT DOG WHOLE WHEAT BUN BAKED BEANS FRENCH FRIES * MILK		
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
PM SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	ENRICHED ANIMAL CRACKERS APPLE SLICES WATER	WHOLE GRAIN TRAIL MIX WHOLE WHEAT CHEX, RAISINS WATER	WHOLE GRAIN CRACKERS SLICED PEARS WATER		
TWO COMPONENTS	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
DINNER Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	BEEF SPAGHETTI WHOLE GRAIN NOODLES FRUIT COCKTAIL TOSSES SALAD *MILK	CHICKEN FAJITAS WHOLE WHEAT TORTILLA WATERMELON CHUNKS PINTO BEANS * MILK	TURKEY MEATBALLS WHOLE WHEAT ROLL MASHED POTATOES SUMMER SQUASH * MILK		
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
	* One year olds are served Whole Milk. Two years old and older are served 1% or Fat Free Milk. Milk substitutes must have a medical statement.				

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