



				Thursday 7/1/21	Friday 7/2/21
<b>BREAKFAST</b> Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk				WHOLE GRAIN CEREAL SLICED BANANA * MILK	WHOLE GRAIN BAGEL TROPICAL FRUIT SALAD * MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
<b>LUNCH</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk				TURKEY AND CHEESE WHOLE WHEAT BREAD WATERMELON TATER TOTS * MILK	CHICKEN SALAD ENRICHED CROISSANT RED GRAPE HALVES SWEET PEAS * MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
<b>PM SNACK</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk				MULTI GRAIN CRACKERS APPLESAUCE WATER	LOW FAT YOGURT FRESH BLUEBERRIES WATER
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
<b>TWO COMPONENTS</b>	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
<b>DINNER</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk				FISH STICKS ENRICHED CORN MUFFIN SUMMER SQUASH GREEN BEANS * MILK	BEEF SPAGHETTI WHOLE WHEAT NOODLES PINEAPPLE CHUNKS TOSSED SALAD * MILK
	<input checked="" type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
* One year olds are served Whole Milk. Two years old and older are served 1% or Fat Free Milk. Milk substitutes must have a medical statement.					

# Harvest of the month: Peaches July 2021

	Monday 7/5/21	Tuesday 7/6/21	Wednesday 7/7/21	Thursday 7/8/21	Friday 7/9/21
<b>BREAKFAST</b> Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	SCRAMBLED EGGS HASHBROWN  * MILK	MULTI GRAIN CHEERIOS SLICED BANANA  * MILK	WHOLE WHEAT PANCAKES WARMED PEACHES  * MILK	ENRICHED BLUEBERRY MUFFIN SLICED PEARS  * MILK	ENRICHED SAUSAGE BISCUIT MANDARIN ORANGES  * MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
<b>LUNCH</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	SLICED HAM AND CHEESE WHOLE WHEAT BREAD FRUIT COCKTAIL BABY CARROTS *MILK	GRILLED CHICKEN WRAP WHOLE WHEAT TORTILLA PINEAPPLE BROCCOLI FLORETS W/ RANCH *MILK	STEAK TACO CORN TORTILLA WATERMELON CELERY STICKS * MILK	THREE CHEESE PIZZA WHOLE WHEAT CRUST HONEY DEW MELON SPINACH & TOMATO SALADSALAD * MILK	ROASTED TURKEY WHOLE WHEAT ROLL SLICED STRAWBERRIES PEAS & CARROTS * MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
<b>PM SNACK</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	ENRICHED ANIMAL CRACKERS SLICED KIWI  WATER	WHOLE GRAIN RICE CAKES TROPICAL FRUIT SALAD  WATER	LOW FAT YOGURT ENRICHED GRAHAM CRACKERS  WATER	WHOLE GRAIN TORTILLA CHIPS VEGGIE SALSA  WATER	CHEDDAR CHEESE CUBES SLICED CUCUMBERS  WATER
<b>TWO COMPONENTS</b>	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
<b>DINNER</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	BEEF HAMBURGER WHOLE WHEAT BUN CANTALOUPE COLESLAW * MILK	TURKEY MEATBALLS WITH GRAVY MULTI GRAIN BREAD STICK MASHED POTATOES LIMA BEANS * MILK	BBQ PULLED PORK WHOLE WHEAT BUN APPLESAUCE BAKED BEANS *MILK	ROTISSERIE CHICKEN BROWN RICE MIXED VEGETABLES FRUIT COCKTAIL *MILK	FISH FILET WHOLE WHEAT BUN MANDARIN ORANGES CORN ON THE COB *MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
	* One year olds are served Whole Milk. Two years old and older are served 1% or Fat Free Milk. Milk substitutes must have a medical statement.				

# Harvest of the month: Peaches



July 2021

	Monday 7/12/21	Tuesday 7/13/21	Wednesday 7/14/21	Thursday 7/15/21	Friday 7/16/21
<b>BREAKFAST</b> Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	WHOLE WHEAT BAGEL SLICED PEACHES  * MILK <input type="checkbox"/> Whole Grain	WHOLE GRAIN CEREAL 100% ORANGE JUICE  * MILK <input type="checkbox"/> Whole Grain	MULTI GRAIN CHEESE TOAST TATOR TOTS  * MILK <input type="checkbox"/> Whole Grain	WHOLE WHEAT ENGLISH MUFFIN WATERMELON CHUNKS  *MILK <input type="checkbox"/> Whole Grain	ENRICHED BANANA BREAD FRESH STRAWBERRIES  * MILK <input type="checkbox"/> Whole Grain
<b>LUNCH</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	TURKEY AND CHEESE SLIDER WHOLE GRAIN BUN CANTALOUPE CUCUMBER SLICES * MILK <input type="checkbox"/> Whole Grain	BEEF SLOPPY JOE ENRICHED TEXAS TOAST STEAMED CORN TOSSED SALAD *MILK <input type="checkbox"/> Whole Grain	GRILLED CHICKEN TENDERS WHOLE WHEAT ROLL FRESH PEAR SWEET POTATO FRIES * MILK <input type="checkbox"/> Whole Grain	EGG SALAD SANDWICH WHOLE WHEAT SLICED BREAD GREEN APPLE SLICES CARROT STICKS * MILK <input type="checkbox"/> Whole Grain	POPCORN SHRIMP ENRICHED HUSHPUPIES CANTALOUPE GREEN BEANS * MILK <input type="checkbox"/> Whole Grain
<b>PM SNACK</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	WHOLE GRAIN CRACKERS BROCCOLI FLORETS RANCH DIP WATER <input type="checkbox"/> Whole Grain	ENRICHED MUFFIN PINEAPPLE CHUNKS  WATER <input type="checkbox"/> Whole Grain	ENRICHED ANIMAL CRACKERS BANANA  WATER <input type="checkbox"/> Whole Grain	LOW FAT YOGURT FRESH PEACHES  WATER <input type="checkbox"/> Whole Grain	WHOLE GRAIN CHIPS 100% FRUIT JUICE  <input type="checkbox"/> Whole Grain
<b>TWO COMPONENTS</b>	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
<b>DINNER</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	BBQ PULLED PORK ENRICHED BREAD APRICOTS BAKED BEANS * MILK <input type="checkbox"/> Whole Grain	ROASTED TURKEY WHOLE WHEAT ROLL MASHED POTATOES LIMA BEANS * MILK <input type="checkbox"/> Whole Grain	FISH STICKS WHOLE WHEAT MAC AND CHEESE FRUIT COCKTAIL PEAS & CARROTS * MILK <input type="checkbox"/> Whole Grain	EXTRA CHEESE MINI PIZZA WHOLE WHEAT PITA BREAD STRAWBERRY HALVES ZUCHINNI STRIPS WITH DIP * MILK <input type="checkbox"/> Whole Grain	BEEF MEATLOAF ENRICHED CORNBREAD APRICOT SLICES MIXED VEGETABLES * MILK <input type="checkbox"/> Whole Grain
	* One year olds are served Whole Milk. Two years old and older are served 1% or Fat Free Milk. Milk substitutes must have a medical statement.				

# Harvest of the month: Peaches



July 2021

	Monday 7/19/21	Tuesday 7/20/21	Wednesday 7/21/21	Thursday 7/22/21	Friday 7/23/21
<b>BREAKFAST</b> Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	WHOLE WHEAT WAFFLES APPLESAUCE  * MILK	WHOLE WHEAT CEREAL SLICED ORANGES  * MILK	ENRICHED CHICKEN BISCUIT BANANA SLICES  * MILK	ENRICHED BAGEL PEAR HALVES  *MILK	SCRAMBLED EGGS RED POTATO WEDGES  * MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
<b>LUNCH</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	BBQ CHICKEN PIZZA WHOLE WHEAT FLATBREAD MANDARIN ORANGES GREEN BEANS * MILK	HOT HAM AND CHEESE ON WHOLE WHEAT BREAD SLICED RED GRAPES TOSSED SALAD *MILK	CHICKEN QUESADILLA WHOLE WHEAT TORTILLA CORN ON THE COB REFRIED BEANS * MILK	ROAST BEEF & SWISS WHOLE WHEAT SUB ROLL CANTALOUPE CHUNCKS FRENCH FRIES * MILK	TUNA SALAD WHOLE WHEAT PITA FRESH APPLE SHREDDED CARROTS * MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
<b>PM SNACK</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	ENRICHED GRAHAM CRACKERS BANANA  WATER	WHOLE GRAIN SUNDRIED TOMATO CRACKERS SLICED CUCUMBER WATER	LOW FAT YOGURT FRESH PEACHES  WATER	WHOLE GRAIN ENGLISH MUFFIN PINEAPPLE  WATER	BEEF HOT DOG WHOLE WHEAT BUN  WATER
<b>TWO COMPONENTS</b>	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
<b>DINNER</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	BAKED PORK CHOP WHOLE WHEAT ROLL FRUIT COCKTAIL SUMMER SQUASH * MILK	CHICKEN STRIPS WHOLE GRAIN WAFFLES CITRUS SALAD OVEN FRIES * MILK	TURKEY BURGER WHOLE WHEAT BUN APRICOT HALVES GREEN BEANS * MILK	FISH FILET WHOLE WHEAT BREAD MANDARIN ORANGES COLESLAW * MILK	STEAK FINGERS WHOLE WHEAT BREAD MASHED POTATOES SWEET PEAS * MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
* One year olds are served Whole Milk. Two years old and older are served 1% or Fat Free Milk. Milk substitutes must have a medical statement.					

# Harvest of the month: Peaches



July 2021

	Monday 7/26/21	Tuesday 7/27/21	Wednesday 7/28/21	Thursday 7/29/21	Friday 7/30/21
<b>BREAKFAST</b> Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	WHOLE WHEAT CINNAMON TOAST BANANA * MILK <input type="checkbox"/> Whole Grain	MULTIGRAIN CHEERIOS 100% BERRY JUICE * MILK <input type="checkbox"/> Whole Grain	WHOLE WHEAT MINI BAGEL DICED PEARS * MILK <input type="checkbox"/> Whole Grain	EGG & CHEESE OMELET HASHBROWN * MILK <input type="checkbox"/> Whole Grain	ENRICHED BISCUIT TANGERINE * MILK <input type="checkbox"/> Whole Grain
<b>LUNCH</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	GRILLED CHICKEN STRIPS WHOLE WHEAT PASTA SALAD HALVED CHERRY TOMATOES MANDARIN ORANGES * MILK <input type="checkbox"/> Whole Grain	SLICED TURKEY WRAP WHOLE WHEAT FLAT BREAD APPLESAUCE CUCUMBER SLICES * MILK <input type="checkbox"/> Whole Grain	THREE CHEESE PIZZA WHOLE WHEAT CRUST WATERMELON STEAMED ZUCHINNI * MILK <input type="checkbox"/> Whole Grain	BEEF & CHEESE NACHOS ENRICHED TORTILLA CHIPS TROPICAL FRUIT SALAD STEAMED CORN * MILK <input type="checkbox"/> Whole Grain	TURKEY BURGER WHOLE WHEAT BUN HONEY DEW MELON BAKED BEANS * MILK <input type="checkbox"/> Whole Grain
<b>PM SNACK</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk TWO COMPONENTS	CHEDDER CHEESE CUBES WHOLE WHEAT CHEX MIX WATER <input type="checkbox"/> Whole Grain	LOW FAT YOGURT DICED PEACHES WATER <input type="checkbox"/> Whole Grain	WHOLE GRAIN CHEESE ITZ SLICED STRAWBERRIES WATER <input type="checkbox"/> Whole Grain	ENRICHED PRETZELS CARROT STICKS WATER <input type="checkbox"/> Whole Grain	MULTI GRAIN RICE CAKE FRESH BLUEBERRIES WATER <input type="checkbox"/> Whole Grain
<b>DINNER</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	BEEF SAUSAGE RED BEANS & RICE FRUIT COCKTAIL * MILK <input type="checkbox"/> Whole Grain	BAKED CHICKEN WHOLE WEAT ROLL PINEAPPLE CHUNKS CALIFORNIA BLEND VEGGIES * MILK <input type="checkbox"/> Whole Grain	EGG AND SPINACH OMELET WHOLE GRAIN WAFFLE SLICED PEACHES HASHBROWN * MILK <input type="checkbox"/> Whole Grain	FISH STICKS WHOLE WHEAT PASTA SALAD PINEAPPLE TIDBITS SWEET PEAS * MILK <input type="checkbox"/> Whole Grain	WHOLE WHEAT MAC & CHEESE APRICOT HALVES BLACKEYED PEAS * MILK <input type="checkbox"/> Whole Grain
	* One year olds are served Whole Milk. Two years old and older are served 1% or Fat Free Milk. Milk substitutes must have a medical statement.				