

				Thursday 7/1/21	Friday 7/2/21
<b>BREAKFAST</b> Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk				WHOLE GRAIN CEREAL SLICED BANANA * MILK	WHOLE GRAIN BAGEL TROPICAL FRUIT SALAD * MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
<b>LUNCH</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk				TURKEY AND CHEESE WHOLE WHEAT BREAD WATERMELON TATER TOTS * MILK	CHICKEN SALAD ENRICHED CROISSANT RED GRAPE HALVES SWEET PEAS * MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
<b>PM SNACK</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk				MULTI GRAIN CRACKERS APPLESAUCE WATER	LOW FAT YOGURT FRESH BLUEBERRIES WATER
<b>TWO COMPONENTS</b>	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
<b>DINNER</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk				FISH STICKS ENRICHED CORN MUFFIN SUMMER SQUASH GREEN BEANS * MILK	BEEF SPAGHETTI WHOLE WHEAT NOODLES PINEAPPLE CHUNKS TOSSED SALAD * MILK
	<input checked="" type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
<b>EVENING SNACK</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk				COTTAGE CHEESE CRUSHED PINEAPPLE  WATER	WHOLE GRAIN SUNCHIPS FRUIT COCKTAIL  WATER
<b>TWO COMPONENTS</b>	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
	* One year olds are served Whole Milk. Two years old and older are served 1% or Fat Free Milk. Milk substitutes must have a medical statement.				

# Harvest of the month: Peaches July 2021

	Monday 7/5/21	Tuesday 7/6/21	Wednesday 7/7/21	Thursday 7/8/21	Friday 7/9/21
<b>BREAKFAST</b> Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	SCRAMBLED EGGS HASHBROWN  * MILK <input type="checkbox"/> Whole Grain	MULTI GRAIN CHEERIOS SLICED BANANA  * MILK <input type="checkbox"/> Whole Grain	WHOLE WHEAT PANCAKES WARMED PEACHES  * MILK <input type="checkbox"/> Whole Grain	ENRICHED BLUEBERRY MUFFIN SLICED PEARS  * MILK <input type="checkbox"/> Whole Grain	ENRICHED SAUSAGE BISCUIT MANDARIN ORANGES  * MILK <input type="checkbox"/> Whole Grain
<b>LUNCH</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	SLICED HAM AND CHEESE WHOLE WHEAT BREAD FRUIT COCKTAIL BABY CARROTS *MILK <input type="checkbox"/> Whole Grain	GRILLED CHICKEN WRAP WHOLE WHEAT TORTILLA PINEAPPLE BROCCOLI FLORETS W/ RANCH *MILK <input type="checkbox"/> Whole Grain	STEAK TACO CORN TORTILLA WATERMELON CELERY STICKS * MILK <input type="checkbox"/> Whole Grain	THREE CHEESE PIZZA WHOLE WHEAT CRUST HONEY DEW MELON SPINACH & TOMATO SALADSALAD * MILK <input type="checkbox"/> Whole Grain	ROASTED TURKEY WHOLE WHEAT ROLL SLICED STRAWBERRIES PEAS & CARROTS * MILK <input type="checkbox"/> Whole Grain
<b>PM SNACK</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk TWO COMPONENTS	ENRICHED ANIMAL CRACKERS SLICED KIWI  WATER <input type="checkbox"/> Whole Grain	WHOLE GRAIN RICE CAKES TROPICAL FRUIT SALAD  WATER <input type="checkbox"/> Whole Grain	LOW FAT YOGURT ENRICHED GRAHAM CRACKERS  WATER <input type="checkbox"/> Whole Grain	WHOLE GRAIN TORTILLA CHIPS VEGGIE SALSA  WATER <input type="checkbox"/> Whole Grain	CHEDDAR CHEESE CUBES SLICED CUCUMBERS  WATER <input type="checkbox"/> Whole Grain
<b>DINNER</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	BEEF HAMBURGER WHOLE WHEAT BUN CANTALOUPE COLESLAW * MILK <input type="checkbox"/> Whole Grain	TURKEY MEATBALLS WITH GRAVY MULTI GRAIN BREAD STICK MASHED POTATOES LIMA BEANS * MILK <input type="checkbox"/> Whole Grain	BBQ PULLED PORK WHOLE WHEAT BUN APPLESAUCE BAKED BEANS *MILK <input type="checkbox"/> Whole Grain	ROTISSERIE CHICKEN BROWN RICE MIXED VEGETABLES FRUIT COCKTAIL *MILK <input type="checkbox"/> Whole Grain	FISH FILET WHOLE WHEAT BUN MANDARIN ORANGES CORN ON THE COB *MILK <input type="checkbox"/> Whole Grain
<b>EVENING SNACK</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk TWO COMPONENTS	ENRICHED HARD PRETZELS RAISINS  WATER <input type="checkbox"/> Whole Grain	LOWFAT YOGURT HOMEMADE GRANOLA  WATER <input type="checkbox"/> Whole Grain	RED BELL PEPPER HUMMUS ENRICHED PITA CHIPS  WATER <input type="checkbox"/> Whole Grain	ENRICHED GRAHAM CRACKERS PINEAPPLE RINGS  WATER <input type="checkbox"/> Whole Grain	MULTI GRAIN CHEERIOS SLICED BANANA  WATER <input type="checkbox"/> Whole Grain
	* One year olds are served Whole Milk. Two years old and older are served 1% or Fat Free Milk. Milk substitutes must have a medical statement.				

# Harvest of the month: Peaches



July 2021

	Monday 7/12/21	Tuesday 7/13/21	Wednesday 7/14/21	Thursday 7/15/21	Friday 7/16/21
<b>BREAKFAST</b> Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	WHOLE WHEAT BAGEL SLICED PEACHES  * MILK <input type="checkbox"/> Whole Grain	WHOLE GRAIN CEREAL 100% ORANGE JUICE  * MILK <input type="checkbox"/> Whole Grain	MULTI GRAIN CHEESE TOAST TATOR TOTS  * MILK <input type="checkbox"/> Whole Grain	WHOLE WHEAT ENGLISH MUFFIN WATERMELON CHUNKS  *MILK <input type="checkbox"/> Whole Grain	ENRICHED BANANA BREAD FRESH STRAWBERRIES  * MILK <input type="checkbox"/> Whole Grain
<b>LUNCH</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	TURKEY AND CHEESE SLIDER WHOLE GRAIN BUN CANTALOUPE CUCUMBER SLICES * MILK <input type="checkbox"/> Whole Grain	BEEF SLOPPY JOE ENRICHED TEXAS TOAST STEAMED CORN TOSSED SALAD *MILK <input type="checkbox"/> Whole Grain	GRILLED CHICKEN TENDERS WHOLE WHEAT ROLL FRESH PEAR SWEET POTATO FRIES * MILK <input type="checkbox"/> Whole Grain	EGG SALAD SANDWICH WHOLE WHEAT SLICED BREAD GREEN APPLE SLICES CARROT STICKS * MILK <input type="checkbox"/> Whole Grain	POPCORN SHRIMP ENRICHED HUSHPUPIES CANTALOUPE GREEN BEANS * MILK <input type="checkbox"/> Whole Grain
<b>PM SNACK</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	WHOLE GRAIN CRACKERS BROCCOLI FLORETS RANCH DIP WATER <input type="checkbox"/> Whole Grain	ENRICHED MUFFIN PINEAPPLE CHUNKS WATER <input type="checkbox"/> Whole Grain	ENRICHED ANIMAL CRACKERS BANANA WATER <input type="checkbox"/> Whole Grain	LOW FAT YOGURT FRESH PEACHES WATER <input type="checkbox"/> Whole Grain	WHOLE GRAIN CHIPS 100% FRUIT JUICE <input type="checkbox"/> Whole Grain
<b>TWO COMPONENTS</b>	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
<b>DINNER</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	BBQ PULLED PORK ENRICHED BREAD APRICOTS BAKED BEANS * MILK <input type="checkbox"/> Whole Grain	ROASTED TURKEY WHOLE WHEAT ROLL MASHED POTATOES LIMA BEANS * MILK <input type="checkbox"/> Whole Grain	FISH STICKS WHOLE WHEAT MAC AND CHEESE FRUIT COCKTAIL PEAS & CARROTS * MILK <input type="checkbox"/> Whole Grain	EXTRA CHEESE MINI PIZZA WHOLE WHEAT PITA BREAD STRAWBERRY HALVES ZUCHINNI STRIPS WITH DIP * MILK <input type="checkbox"/> Whole Grain	BEEF MEATLOAF ENRICHED CORNBREAD APRICOT SLICES MIXED VEGETABLES * MILK <input type="checkbox"/> Whole Grain
<b>EVENING SNACK</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	WHOLE GRAIN RICE CAKE APPLESAUCE WATER <input type="checkbox"/> Whole Grain	STRING CHEESE HALVED CHERRY TOMATOES WATER <input type="checkbox"/> Whole Grain	PEANUT/ SOY BUTTER WHOLE WHEAT RITZ CRACKERS WATER <input type="checkbox"/> Whole Grain	ENRICHED GRAHAM CRACKERS BLUEBERRIES WATER <input type="checkbox"/> Whole Grain	CHEESE QUESADILLA ENRICHED FLOUR TORTILLA GUACAMOLE WATER <input type="checkbox"/> Whole Grain
<b>TWO COMPONENTS</b>	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
	* One year olds are served Whole Milk. Two years old and older are served 1% or Fat Free Milk. Milk substitutes must have a medical statement.				

# Harvest of the month: Peaches



July 2021

	Monday 7/19/21	Tuesday 7/20/21	Wednesday 7/21/21	Thursday 7/22/21	Friday 7/23/21
<b>BREAKFAST</b> Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	WHOLE WHEAT WAFFLES APPLESAUCE  * MILK <input type="checkbox"/> Whole Grain	WHOLE WHEAT CEREAL SLICED ORANGES  * MILK <input type="checkbox"/> Whole Grain	ENRICHED CHICKEN BISCUIT BANANA SLICES  * MILK <input type="checkbox"/> Whole Grain	ENRICHED BAGEL PEAR HALVES  *MILK <input type="checkbox"/> Whole Grain	SCRAMBLED EGGS RED POTATO WEDGES  * MILK <input type="checkbox"/> Whole Grain
<b>LUNCH</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	BBQ CHICKEN PIZZA WHOLE WHEAT FLATBREAD MANDARIN ORANGES GREEN BEANS * MILK <input type="checkbox"/> Whole Grain	HOT HAM AND CHEESE ON WHOLE WHEAT BREAD SLICED RED GRAPES TOSSED SALAD *MILK <input type="checkbox"/> Whole Grain	CHICKEN QUESADILLA WHOLE WHEAT TORTILLA CORN ON THE COB REFRIED BEANS * MILK <input type="checkbox"/> Whole Grain	ROAST BEEF & SWISS WHOLE WHEAT SUB ROLL CANTALOUPE CHUNCKS FRENCH FRIES * MILK <input type="checkbox"/> Whole Grain	TUNA SALAD WHOLE WHEAT PITA FRESH APPLE SHREDDED CARROTS * MILK <input type="checkbox"/> Whole Grain
<b>PM SNACK</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk TWO COMPONENTS	ENRICHED GRAHAM CRACKERS BANANA  WATER <input type="checkbox"/> Whole Grain	WHOLE GRAIN SUNDRIED TOMATO CRACKERS SLICED CUCUMBER WATER <input type="checkbox"/> Whole Grain	LOW FAT YOGURT FRESH PEACHES  WATER <input type="checkbox"/> Whole Grain	WHOLE GRAIN ENGLISH MUFFIN PINEAPPLE  WATER <input type="checkbox"/> Whole Grain	BEEF HOT DOG WHOLE WHEAT BUN  WATER <input type="checkbox"/> Whole Grain
<b>DINNER</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	BAKED PORK CHOP WHOLE WHEAT ROLL FRUIT COCKTAIL SUMMER SQUASH * MILK <input type="checkbox"/> Whole Grain	CHICKEN STRIPS WHOLE GRAIN WAFFLES CITRUS SALAD OVEN FRIES * MILK <input type="checkbox"/> Whole Grain	TURKEY BURGER WHOLE WHEAT BUN APRICOT HALVES GREEN BEANS * MILK <input type="checkbox"/> Whole Grain	FISH FILET WHOLE WHEAT BREAD MANDARIN ORANGES COLESLAW * MILK <input type="checkbox"/> Whole Grain	STEAK FINGERS WHOLE WHEAT BREAD MASHED POTATOES SWEET PEAS * MILK <input type="checkbox"/> Whole Grain
<b>EVENING SNACK</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk TWO COMPONENTS	SLICED TURKEY WRAP ENRICHED FLOUR TORTILLA  WATER <input type="checkbox"/> Whole Grain	WHOLE GRAIN CHIPS VEGGIE SALSA  WATER <input type="checkbox"/> Whole Grain	MULTI GRAIN CHEERIOS BANANA  WATER <input type="checkbox"/> Whole Grain	HOT HAM & CHEESE SLIDER WHOLE WHEAT BUN  WATER <input type="checkbox"/> Whole Grain	VIENNA SAUSAGE ENRICHED CLUB CRACKERS  WATER <input type="checkbox"/> Whole Grain
	* One year olds are served Whole Milk. Two years old and older are served 1% or Fat Free Milk. Milk substitutes must have a medical statement.				

# Harvest of the month: Peaches



July 2021

	Monday 7/26/21	Tuesday 7/27/21	Wednesday 7/28/21	Thursday 7/29/21	Friday 7/30/21
<b>BREAKFAST</b> Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	WHOLE WHEAT CINNAMON TOAST BANANA * MILK <input type="checkbox"/> Whole Grain	MULTIGRAIN CHEERIOS 100% BERRY JUICE * MILK <input type="checkbox"/> Whole Grain	WHOLE WHEAT MINI BAGEL DICED PEARS * MILK <input type="checkbox"/> Whole Grain	EGG & CHEESE OMELET HASHBROWN * MILK <input type="checkbox"/> Whole Grain	ENRICHED BISCUIT TANGERINE * MILK <input type="checkbox"/> Whole Grain
<b>LUNCH</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	GRILLED CHICKEN STRIPS WHOLE WHEAT PASTA SALAD HALVED CHERRY TOMATOES MANDARIN ORANGES * MILK <input type="checkbox"/> Whole Grain	SLICED TURKEY WRAP WHOLE WHEAT FLAT BREAD APPLESAUCE CUCUMBER SLICES * MILK <input type="checkbox"/> Whole Grain	THREE CHEESE PIZZA WHOLE WHEAT CRUST WATERMELON STEAMED ZUCHINNI * MILK <input type="checkbox"/> Whole Grain	BEEF & CHEESE NACHOS ENRICHED TORTILLA CHIPS TROPICAL FRUIT SALAD STEAMED CORN * MILK <input type="checkbox"/> Whole Grain	TURKEY BURGER WHOLE WHEAT BUN HONEY DEW MELON BAKED BEANS * MILK <input type="checkbox"/> Whole Grain
<b>PM SNACK</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk TWO COMPONENTS	CHEDDER CHEESE CUBES WHOLE WHEAT CHEX MIX WATER <input type="checkbox"/> Whole Grain	LOW FAT YOGURT DICED PEACHES WATER <input type="checkbox"/> Whole Grain	WHOLE GRAIN CHEESE ITZ SLICED STRAWBERRIES WATER <input type="checkbox"/> Whole Grain	ENRICHED PRETZELS CARROT STICKS WATER <input type="checkbox"/> Whole Grain	MULTI GRAIN RICE CAKE FRESH BLUEBERRIES WATER <input type="checkbox"/> Whole Grain
<b>DINNER</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	BEEF SAUSAGE RED BEANS & RICE FRUIT COCKTAIL * MILK <input type="checkbox"/> Whole Grain	BAKED CHICKEN WHOLE WEAT ROLL PINEAPPLE CHUNKS CALIFORNIA BLEND VEGGIES * MILK <input type="checkbox"/> Whole Grain	EGG AND SPINACH OMELET WHOLE GRAIN WAFFLE SLICED PEACHES HASHBROWN * MILK <input type="checkbox"/> Whole Grain	FISH STICKS WHOLE WHEAT PASTA SALAD PINEAPPLE TIDBITS SWEET PEAS * MILK <input type="checkbox"/> Whole Grain	WHOLE WHEAT MAC & CHEESE APRICOT HALVES BLACKEYED PEAS * MILK <input type="checkbox"/> Whole Grain
<b>EVENING SNACK</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk TWO COMPONENTS	MULTI GRAIN CHIPS 100% APPLE JUICE <input type="checkbox"/> Whole Grain	ENRICHED ANIMAL CRACKERS TANGERINES WATER <input type="checkbox"/> Whole Grain	HAM & TURKEY CUBES WHOLE WHEAT SESAME STICKS WATER <input type="checkbox"/> Whole Grain	WHOLE GRAIN SUNCHIPS APPLESAUCE WATER <input type="checkbox"/> Whole Grain	TUNA SALAD WHOLE GRAIN CRACKERS WATER <input type="checkbox"/> Whole Grain
	* One year olds are served Whole Milk. Two years old and older are served 1% or Fat Free Milk. Milk substitutes must have a medical statement.				