



	Monday	Tuesday	Wednesday 9/1/21	Thursday 9/2/21	Friday 9/3/21
AM SNACK					
Meat/Meat Alternate			WHOLE WHEAT BAGEL	MULTIGRAIN CHEX	ENRICHED SAUSAGE BISCUIT
Whole Grain/Grain Alternate			FRUIT COCKTAIL	SLICED PLUMS	HASHBROWN
Vegetable or Fruit					
Fluid Milk					
TWO COMPONENTS	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
LUNCH					
Meat/Meat Alternate			SLICED HONEY HAM	CHICKEN FILET SANDWICH	ROAST BEEF & SWISS SUB
Whole Grain/Grain Alternate			WHOLE WHEAT CLUB CRACKERS	WHOLE WHEAT BUN	WHOLE WHEAT SUB ROLL
Vegetable or Fruit			RED APPLE SLICES	WATERMELON	TROPICAL FRUIT SALAD
Vegetable			CUCUMBER SLICES	BROCCOLI FLORETS	CELERY STICKS
Fluid Milk			* MILK	* MILK	* MILK
TWO COMPONENTS	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
PM SNACK					
Meat/Meat Alternate			CHEDDAR CHEESE CUBES	ENRICHED GRAHAM CRACKERS	WHOLE GRAIN RICE CRISPS
Whole Grain/Grain Alternate			HONEYDEW MELON	BANANA	100% APPLE JUICE
Vegetable or Fruit			WATER	WATER	
Fluid Milk					
TWO COMPONENTS	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
	* One year olds are served Whole Milk. Two years old and older are served 1% or Fat Free Milk. Milk substitutes must have a medical statement.				



	Monday 9/6/21	Tuesday 9/7/21	Wednesday 9/8/21	Thursday 9/9/21	Friday 9/10/21
AM SNACK					
Meat/Meat Alternate	WHOLE WHEAT BAGEL	MULTI GRAIN CEREAL	ENRICHED APPLE CINNAMON MUFFIN	LOWFAT YOGURT	ENRICHED CHICKEN BISCUIT
Whole Grain/Grain Alternate	SLICED STRAWBERRIES	100% ORANGE JUICE	BANANA	FRESH BLUEBERRIES	PEAR SLICES
Vegetable or Fruit					
Fluid Milk					
TWO COMPONENTS	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
LUNCH					
Meat/Meat Alternate	BEEF FRANKS	CHICKEN QUESADILLA	THREE CHEESE PIZZA	BEEF MEATBALL SUBS	TURKEY AND CHEESE
Whole Grain/Grain Alternate	WHOLE WHEAT BUN	WHOLE WHEAT TORTILLA	WHOLE WHEAT CRUST	MULTIGRAIN BUN	WHOLE WHEAT BREAD
Vegetable or Fruit	DELI BAKED BEANS	SLICED KIWI	HONEYDEW MELON	SLICED PEACHES	FRESH APPLE
Vegetable	COLESLAW	REFRIED BEANS	CARROT STICKS	TATOR TOTS	SWEET PEAS
Fluid Milk	*MILK	*MILK	* MILK	* MILK	*MILK
TWO COMPONENTS	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
PM SNACK					
Meat/Meat Alternate	ENRICHED HARD PRETZELS	LOWFAT YOGURT	WHOLE WHEAT BREAD STICK	ENRICHED ANIMAL CRACKERS	WHOLE GRAIN SUNCHIPS
Whole Grain/Grain Alternate	APPLESAUCE	BANANA	MARINARA SAUCE	CRUSHED PINEAPPLE	100% FRUIT PUNCH
Vegetable or Fruit	WATER	WATER	WATER	WATER	
Fluid Milk					
TWO COMPONENTS	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
<p><i>* One year olds are served Whole Milk. Two years old and older are served 1% or Fat Free Milk. Milk substitutes must have a medical statement.</i></p>					



	Monday 9/13/21	Tuesday 9/14/21	Wednesday 9/15/21	Thursday 9/16/21	Friday 9/17/21
AM SNACK					
Meat/Meat Alternate	MULTI GRAIN TOAST	MULTI GRAIN CEREAL	ENRICHED ENGLISH MUFFIN	SCRAMBLED EGGS	ENRICHED SAUSAGE BISCUIT
Whole Grain/Grain Alternate	DICED PEACHES	SLICED BANANA	FRESH BLUEBERRIES	HASHBROWN	SLICED APPLES
Vegetable or Fruit					
Fluid Milk					
TWO COMPONENTS	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
LUNCH					
Meat/Meat Alternate	HAM AND CHEESE	FISH TACOS	CHICKEN FILET SANDWICH	BAKED TURKEY SPAGHETTI	GRILLED PEPPERONI & CHEESE
Whole Grain/Grain Alternate	ENRICHED CROISSANT	WHOLE CORN TORTILLA	WHOLE WHEAT BUN	WHOLE WHEAT ROLL	WHOLE WHEAT BREAD
Vegetable or Fruit	SLICED PEARS	APPLE SLICES	STRAWBERRY HALVES	ORANGE SLICES	CANTALOUPE CHUNKS
Vegetable	TATER TOTS	COLESLAW	CARROT STICKS	GREEN BEANS	CUCUMBER & TOMATO SALAD
Fluid Milk	* MILK	* MILK	* MILK	* MILK	* MILK
TWO COMPONENTS	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
PM SNACK					
Meat/Meat Alternate	ENRICHED ANIMAL CRACKERS	LOWFAT YOGURT	WHOLE GRAIN CRACKERS	ENRICHED GRAHAM CRACKERS	WHOLE GRAIN SUN CHIPS
Whole Grain/Grain Alternate	PINEAPPLE RINGS	ENRICHED GRAHAM CRACKERS	HONEYDEW MELON	RAISINS	100% APPLE JUICE
Vegetable or Fruit	WATER	WATER	WATER	WATER	
Fluid Milk					
TWO COMPONENTS	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
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	Monday 9/20/21	Tuesday 9/21/21	Wednesday 9/22/21	Thursday 9/23/21	Friday 9/24/21
AM SNACK	MULTI GRAIN CEREAL 100% ORANGE JUICE	WHOLE WHEAT TOAST FRUIT COCKTAIL	ENRICHED CINNAMON BAGEL PLUMS	MULTI GRAIN RICE CAKES SLICED PEACHES	ENRICHED SAUSAGE BISCUIT HASHBROWN
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
LUNCH					
Meat/Meat Alternate	SLICED TURKEY SUB	HOMEMADE CHILI MAC	BEEF SAUSAGE & BELL PEPPERS	GROUND BEEF SLOPPEY JOE	CHICKEN NUGGETS
Whole Grain/Grain Alternate	WHOLE WHEAT ROLL	WHOLE WHEAT NOODLES	WHOLE WHEAT BUN	WHOLE WHEAT BUN	WHOLE WHEAT BREAD STICK
Vegetable or Fruit	CARROT STICKS	APPLE SLICES	SLICED PEARS	APRICOT HALVES	FRUIT COCKTAIL
Vegetable	FRESH BLUEBERRIES	TOSSED SALAD	BAKED BEANS	SWEET PEAS	MIXED VEGETABLES
Fluid Milk	* MILK	* MILK	* MILK	* MILK	* MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
PM SNACK					
Meat/Meat Alternate	ENRICHED CHEESE CRACKERS	WHOLE WHEAT MUFFIN	PEANUT/SOY BUTTER AND JELLY	ENRICHED ANIMAL CRACKERS	LOWFAT YOGURT
Whole Grain/Grain Alternate	SLICED CUCUMBER	BANANA	WHOLE WHEAT BREAD	GREEN APPLE SLICES	ORANGE WEDGES
Vegetable or Fruit	WATER	WATER	WATER	WATER	WATER
Fluid Milk					
TWO COMPONENTS	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain



	Monday 9/27/21	Tuesday 9/28/21	Wednesday 9/29/21	Thursday 9/30/21	Friday
AM SNACK					
Meat/Meat Alternate	WHOLE WHEAT PANCAKES	WHOLE GRAIN ENGLISH MUFFIN	MULTI GRAIN CERRIOS		
Whole Grain/Grain Alternate	BAKED APPLES	STRAWBERRY HALVES	100% ORANGE JUICE		
Vegetable or Fruit					
Fluid Milk					
TWO COMPONENTS	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
LUNCH					
Meat/Meat Alternate	BEEF MEATBALL SUBS	EXTRA CHEESE MINI PIZZA	ROASTED TURKEY		
Whole Grain/Grain Alternate	MULTIGRAIN BUN	WHOLE WHEAT ENGLISH MUFFIN	WHOLE WHEAT ROLLS		
Vegetable or Fruit	SLICED PEACHES	WATERMELON CHUNKS	APPLESAUCE		
Vegetable	TOSSSED SALAD	SWEET PEAS	BLACKEYE PEAS		
Fluid Milk	* MILK	*MILK	* MILK		
TWO COMPONENTS	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
PM SNACK					
Meat/Meat Alternate	LOW FAT YOGURT	WHOLE GRAIN SUNCHIPS	ENRICHED SALTINE CRACKERS		
Whole Grain/Grain Alternate	SLICED PEARS	TANGERINE	COLBY JACK SLICES		
Vegetable or Fruit	WATER	WATER	WATER		
Fluid Milk					
TWO COMPONENTS	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
<p><i>* One year olds are served Whole Milk. Two years old and older are served 1% or Fat Free Milk. Milk substitutes must have a medical statement.</i></p>					