



	Monday	Tuesday	Wednesday 9/1/21	Thursday 9/2/21	Friday 9/3/21
BREAKFAST Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk			WHOLE WHEAT BAGEL FRUIT COCKTAIL * MILK	MULTIGRAIN CHEX SLICED PLUMS * MILK	ENRICHED SAUSAGE BISCUIT HASHBROWN * MILK
<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
LUNCH Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk			SLICED HONEY HAM WHOLE WHEAT CLUB CRACKERS RED APPLE SLICES CUCUMBER SLICES * MILK	CHICKEN FILET SANDWICH WHOLE WHEAT BUN WATERMELON BROCCOLI FLORETS * MILK	ROAST BEEF & SWISS SUB WHOLE WHEAT SUB ROLL TROPICAL FRUIT SALAD CELERY STICKS * MILK
<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
PM SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk			CHEDDAR CHEESE CUBES HONEYDEW MELON WATER	ENRICHED GRAHAM CRACKERS BANANA WATER	WHOLE GRAIN RICE CRISPS 100% APPLE JUICE
TWO COMPONENTS <input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
DINNER Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk			GROUND BEEF & BROWN RICE LETTUCE WRAP TACO MANGO CHUNKS ZESTY CORN * MILK	BAKED FISH FILET ENRICHED HUSH PUPPY STRAWBERRY HALVES PEAS & CARROTS * MILK	GRILLED CHICKEN STRIPS WHOLE WHEAT BREAD STICK SPINACH & TOMATO SALAD TANGERINES * MILK
<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
* One year olds are served Whole Milk. Two years old and older are served 1% or Fat Free Milk. Milk substitutes must have a medical statement.					



	Monday 9/6/21	Tuesday 9/7/21	Wednesday 9/8/21	Thursday 9/9/21	Friday 9/10/21
BREAKFAST Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	WHOLE WHEAT BAGEL SLICED STRAWBERRIES *MILK	MULTI GRAIN CEREAL 100% ORANGE JUICE * MILK	ENRICHED APPLE CINNAMON MUFFIN BANANA * MILK	LOWFAT YOGURT FRESH BLUEBERRIES * MILK	ENRICHED CHICKEN BISCUIT PEAR SLICES * MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
LUNCH Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	BEEF FRANKS WHOLE WHEAT BUN DELI BAKED BEANS COLESLAW *MILK	CHICKEN QUESADILLA WHOLE WHEAT TORTILLA SLICED KIWI REFRIED BEANS *MILK	THREE CHEESE PIZZA WHOLE WHEAT CRUST HONEYDEW MELON CARROT STICKS * MILK	BEEF MEATBALL SUBS MULTIGRAIN BUN SLICED PEACHES TATOR TOTS * MILK	TURKEY AND CHEESE WHOLE WHEAT BREAD FRESH APPLE SWEET PEAS *MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
PM SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	ENRICHED HARD PRETZELS APPLESAUCE WATER	LOWFAT YOGURT BANANA WATER	WHOLE WHEAT BREAD STICK MARINARA SAUCE WATER	ENRICHED ANIMAL CRACKERS CRUSHED PINEAPPLE WATER	WHOLE GRAIN SUNCHIPS 100% FRUIT PUNCH
TWO COMPONENTS	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
DINNER Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	ROASTED TURKEY BROWN RICE WITH GRAVY PINEAPPLE CHUNKS GREEN BEANS *MILK	STEAK FINGERS MULTIGRAIN ROLL ORANGE SLICES MIXED VEGETABLES * MILK	BBQ PORK SANDWICH WHOLE WHEAT BUN FRUIT COCKTAIL MINI CORN ON COB * MILK	CHICKEN SALAD WHOLE WHEAT CRACKERS GRAPE HALVES BROCCOLI FLORETS *MILK	FISH STICKS WHOLE WHEAT BREAD WATERMELON POTATO SALAD *MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
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	Monday 9/13/21	Tuesday 9/14/21	Wednesday 9/15/21	Thursday 9/16/21	Friday 9/17/21
BREAKFAST Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	MULTI GRAIN TOAST DICED PEACHES * MILK	MULTI GRAIN CEREAL SLICED BANANA * MILK	ENRICHED ENGLISH MUFFIN FRESH BLUEBERRIES *MILK	SCRAMBLED EGGS HASHBROWN * MILK	ENRICHED SAUSAGE BISCUIT SLICED APPLES * MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
LUNCH Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	HAM AND CHEESE ENRICHED CROISSANT SLICED PEARS TATER TOTS * MILK	FISH TACOS WHOLE CORN TORILLA APPLE SLICES COLESLAW * MILK	CHICKEN FILET SANDWICH WHOLE WHEAT BUN STRAWBERRY HALVES CARROT STICKS * MILK	BAKED TURKEY SPAGHETTI WHOLE WHEAT ROLL ORANGE SLICES GREEN BEANS * MILK	GRILLED PEPPERONI & CHEESE WHOLE WHEAT BREAD CANTALOUPE CHUNKS CUCUMBER & TOMATO SALAD * MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
PM SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk TWO COMPONENTS	ENRICHED ANIMAL CRACKERS PINEAPPLE RINGS WATER	LOWFAT YOGURT ENRICHED GRAHAM CRACKERS WATER	WHOLE GRAIN CRACKERS HONEYDEW MELON WATER	ENRICHED GRAHAM CRACKERS RAISINS WATER	WHOLE GRAIN SUN CHIPS 100% APPLE JUICE
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
DINNER Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	SLICED GRILLED CHICKEN WHOLE WHEAT BREAD STICK SPINACH TOSSED SALAD APPLE WEDGES * MILK	BEEF PATTY WITH GRAVY WHOLE WHEAT ROLL FRUIT COCKTAIL MASHED POTATOES * MILK	ROASTED TURKEY SLIDERS ENRICHED HAWAIIAN ROLL PINEAPPLE CHUNKS GREEN BEANS * MILK	BBQ PULLED PORK ENRICHED TEXAS TOAST APRICOT SLICES OVEN BAKED FRIES * MILK	BEEF AND CHEESE NACHOS ENRICHED TORTILLA CHIPS FRUIT COCKTAIL STEAMED CORN * MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
	* One year olds are served Whole Milk. Two years old and older are served 1% or Fat Free Milk. Milk substitutes must have a medical statement.				



	Monday 9/20/21	Tuesday 9/21/21	Wednesday 9/22/21	Thursday 9/23/21	Friday 9/24/21
BREAKFAST Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	MULTI GRAIN CEREAL 100% ORANGE JUICE * MILK	WHOLE WHEAT TOAST FRUIT COCKTAIL * MILK	ENRICHED CINNAMON BAGEL PLUMS * MILK	MULTI GRAIN RICE CAKES SLICED PEACHES *MILK	ENRICHED SAUSAGE BISCUIT HASHBROWN *MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
LUNCH Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	SLICED TURKEY SUB WHOLE WHEAT ROLL CARROT STICKS FRESH BLUEBERRIES * MILK	HOMEMADE CHILI MAC WHOLE WHEAT NOODLES APPLE SLICES TOSSED SALAD * MILK	BEEF SAUSAGE & BELL PEPPERS WHOLE WHEAT BUN SLICED PEARS BAKED BEANS * MILK	GROUND BEEF SLOPEY JOE WHOLE WHEAT BUN APRICOT HALVES SWEET PEAS * MILK	CHICKEN NUGGETS WHOLE WHEAT BREAD STICK FRUIT COCKTAIL MIXED VEGETABLES * MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
PM SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	ENRICHED CHEESE CRACKERS SLICED CUCUMBER WATER	WHOLE WHEAT MUFFIN BANANA WATER	PEANUT/SOY BUTTER AND JELLY WHOLE WHEAT BREAD WATER	ENRICHED ANIMAL CRACKERS GREEN APPLE SLICES WATER	LOWFAT YOGURT ORANGE WEDGES WATER
TWO COMPONENTS	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
DINNER Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	BEEF SPAGHETTI WHOLE WHEAT NOODLES ORANGE SLICES STEAMED CORN * MILK	ROTISSERIE CHICKEN WHOLE WHEAT ROLL CANTALOUPE CHUNKS POTATO SALAD *MILK	TURKEY BURGER WHOLE WHEAT BUN WATERMELON ZESTY CORN * MILK	FISH STICKS WHOLE WHEAT MAC & CHEESE GRAPE HALVES GREEN BEANS * MILK	BBQ PORK SANDWICH MULTI GRAIN BUN HONEYDEW MELON COLESLAW *MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
	* One year olds are served Whole Milk. Two years old and older are served 1% or Fat Free Milk. Milk substitutes must have a medical statement.				



	Monday 9/27/21	Tuesday 9/28/21	Wednesday 9/29/21	Thursday 9/30/21	Friday
BREAKFAST Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	WHOLE WHEAT PANCAKES BAKED APPLES * MILK	WHOLE GRAIN ENGLISH MUFFIN STRAWBERRY HALVES * MILK	MULTI GRAIN CERRIOS 100% ORANGE JUICE *MILK	WHOLE WHEAT BAGEL FRUIT COCKTAIL * MILK	
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
LUNCH Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	BEEF MEATBALL SUBS MULTIGRAIN BUN SLICED PEACHES TOSSED SALAD * MILK	EXTRA CHEESE MINI PIZZA WHOLE WHEAT ENGLISH MUFFIN WATERMELON CHUNKS SWEET PEAS *MILK	ROASTED TURKEY WHOLE WHEAT ROLLS APPLESAUCE BLACKEYE PEAS * MILK	SLICED HONEY HAM WHOLE WHEAT CLUB CRACKERS _RED APPLE SLICES CUCUMBER SLICES * MILK	
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
PM SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk TWO COMPONENTS	LOW FAT YOGURT SLICED PEARS WATER	WHOLE GRAIN SUNCHIPS TANGERINE WATER	ENRICHED SALTINE CRACKERS COLBY JACK SLICES WATER	CHEDDAR CHEESE CUBES HONEYDEW MELON WATER	
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
DINNER Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	GRILLED CHICKEN WHOLE WHEAT BREAD GREEN BEANS FRUIT COCKTAIL *MILK	SLICED HAM WRAP WHOLE WHEAT TORTILLA PINEAPPLE CHUNKS CARROT STICKS * MILK	ROAST BEEF SLIDER WHOLE WHEAT SLIDER BUN TATOR TOTS STEAMED CORN * MILK	GROUND BEEF & BROWN RICE LETTUCE WRAP TACO MANGO CHUNKS ZESTY CORN * MILK	
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
	* One year olds are served Whole Milk. Two years old and older are served 1% or Fat Free Milk. Milk substitutes must have a medical statement.				