



	Monday	Tuesday	Wednesday 9/1/21	Thursday 9/2/21	Friday 9/3/21
LUNCH					
Meat/Meat Alternate			SLICED HONEY HAM	CHICKEN FILET SANDWICH	ROAST BEEF & SWISS SUB
Whole Grain/Grain Alternate			WHOLE WHEAT CLUB CRACKERS	WHOLE WHEAT BUN	WHOLE WHEAT SUB ROLL
Vegetable or Fruit			RED APPLE SLICES	WATERMELON	TROPICAL FRUIT SALAD
Vegetable			CUCUMBER SLICES	BROCCOLI FLORETS	CELERY STICKS
Fluid Milk			* MILK	* MILK	* MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
DINNER					
Meat/Meat Alternate			GROUND BEEF & BROWN RICE	BAKED FISH FILET	GRILLED CHICKEN STRIPS
Whole Grain/Grain Alternate			LETTUCE WRAP TACO	ENRICHED HUSH PUPPY	WHOLE WHEAT BREAD STICK
Vegetable or Fruit			MANGO CHUNCKS	STRAWBERRY HALVES	SPINACH & TOMATO SALAD
Vegetable			ZESTY CORN	PEAS & CARROTS	TANGERINES
Fluid Milk			* MILK	* MILK	* MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
EVENING SNACK					
Meat/Meat Alternate			LOWFAT GREEK YOGURT	RED PEPPER HUMMUS	PEANUT/SOY/WOW BUTTER
Whole Grain/Grain Alternate			ENRICHED ANIMAL CRACKERS	WHOLE GRAIN PITA CHIPS	GREEN APPLE SLICES
Vegetable or Fruit					
Fluid Milk					
TWO COMPONENTS					
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
<p>* One year olds are served Whole Milk. Two years old and older are served 1% or Fat Free Milk. Milk substitutes must have a medical statement.</p>					



	Monday 9/6/21	Tuesday 9/7/21	Wednesday 9/8/21	Thursday 9/9/21	Friday 9/10/21
LUNCH					
Meat/Meat Alternate	BEEF FRANKS	CHICKEN QUESADILLA	THREE CHEESE PIZZA	BEEF MEATBALL SUBS	TURKEY AND CHEESE
Whole Grain/Grain Alternate	WHOLE WHEAT BUN	WHOLE WHEAT TORTILLA	WHOLE WHEAT CRUST	MULTIGRAIN BUN	WHOLE WHEAT BREAD
Vegetable or Fruit	DELI BAKED BEANS	SLICED KIWI	HONEYDEW MELON	SLICED PEACHES	FRESH APPLE
Vegetable	COLESLAW	REFRIED BEANS	CARROT STICKS	TATOR TOTS	SWEET PEAS
Fluid Milk	*MILK	*MILK	* MILK	* MILK	*MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
DINNER					
Meat/Meat Alternate	ROASTED TURKEY	STEAK FINGERS	BBQ PORK SANDWICH	CHICKEN SALAD	FISH STICKS
Whole Grain/Grain Alternate	BROWN RICE WITH GRAVY	MULTIGRAIN ROLL	WHOLE WHEAT BUN	WHOLE WHEAT CRACKERS	WHOLE WHEAT BREAD
Vegetable or Fruit	PINEAPPLE CHUNKS	ORANGE SLICES	FRUIT COCKTAIL	GRAPE HALVES	WATERMELON
Vegetable	GREEN BEANS	MIXED VEGETABLES	MINI CORN ON COB	BROCCOLI FLORETS	POTATO SALAD
Fluid Milk	*MILK	* MILK	* MILK	*MILK	*MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
EVENING SNACK					
Meat/Meat Alternate	ENRICHED RITZ CRACKERS	WHOLE GRAIN TRAIL MIX	ENRICHED CHEESE CRACKERS	PEANUT/SOY BUTTER AND JELLY	MOZZARELLA STRING CHEESE
Whole Grain/Grain Alternate	SLICED CHEDDAR CHEESE	WHEAT CHEX, RAISINS	SLICED PEARS	WHOLE WHEAT BREAD	CHERRY TOMATO HALVES
Vegetable or Fruit	WATER	WATER	WATER	WATER	WATER
Fluid Milk					
TWO COMPONENTS	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
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	Monday 9/13/21	Tuesday 9/14/21	Wednesday 9/15/21	Thursday 9/16/21	Friday 9/17/21
LUNCH					
Meat/Meat Alternate	HAM AND CHEESE	FISH TACOS	CHICKEN FILET SANDWICH	BAKED TURKEY SPAGHETTI	GRILLED PEPPERONI & CHEESE
Whole Grain/Grain Alternate	ENRICHED CROISSANT	WHOLE CORN TORILLA	WHOLE WHEAT BUN	WHOLE WHEAT ROLL	WHOLE WHEAT BREAD
Vegetable or Fruit	SLICED PEARS	APPLE SLICES	STRAWBERRY HALVES	ORANGE SLICES	CANTALOUPE CHUNKS
Vegetable	TATER TOTS	COLESLAW	CARROT STICKS	GREEN BEANS	CUCUMBER & TOMATO SALAD
Fluid Milk	* MILK	* MILK	* MILK	* MILK	* MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
DINNER					
Meat/Meat Alternate	SLICED GRILLED CHICKEN	BEEF PATTY WITH GRAVY	ROASTED TURKEY SLIDERS	BBQ PULLED PORK	BEEF AND CHEESE NACHOS
Whole Grain/Grain Alternate	WHOLE WHEAT BREAD STICK	WHOLE WHEAT ROLL	ENRICHED HAWAIIAN ROLL	ENRICHED TEXAS TOAST	ENRICHED TORTILLA CHIPS
Vegetable or Fruit	SPINACH TOSSED SALAD	FRUIT COCKTAIL	PINEAPPLE CHUNKS	APRICOT SLICES	FRUIT COCKTAIL
Vegetable	APPLE WEDGES	MASHED POTATOES	GREEN BEANS	OVEN BAKED FRIES	STEAMED CORN
Fluid Milk	* MILK	* MILK	* MILK	* MILK	* MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
EVENING SNACK					
Meat/Meat Alternate	BEEF HOTDOG	ENRICHED PITA POCKET	CHEDDER CHEESE CUBES	MOZZARELLA STICKS	ENRICHED MUFFIN
Whole Grain/Grain Alternate	WHOLE WHEAT BUN	HUMMUS/SHREDDED CARROTS	CUCUMBER SLICES	MARINARA SAUCE	BANANA
Vegetable or Fruit	WATER	WATER	WATER	WATER	WATER
Fluid Milk					
TWO COMPONENTS	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
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	Monday 9/20/21	Tuesday 9/21/21	Wednesday 9/22/21	Thursday 9/23/21	Friday 9/24/21
LUNCH					
Meat/Meat Alternate	SLICED TURKEY SUB	HOMEMADE CHILI MAC	BEEF SAUSAGE & BELL PEPPERS	GROUND BEEF SLOPPEY JOE	CHICKEN NUGGETS
Whole Grain/Grain Alternate	WHOLE WHEAT ROLL	WHOLE WHEAT NOODLES	WHOLE WHEAT BUN	WHOLE WHEAT BUN	WHOLE WHEAT BREAD STICK
Vegetable or Fruit	CARROT STICKS	APPLE SLICES	SLICED PEARS	APRICOT HALVES	FRUIT COCKTAIL
Vegetable	FRESH BLUEBERRIES	TOSSED SALAD	BAKED BEANS	SWEET PEAS	MIXED VEGETABLES
Fluid Milk	* MILK	* MILK	* MILK	* MILK	* MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
DINNER					
Meat/Meat Alternate	BEEF SPAGHETTI	ROTISSERIE CHICKEN	TURKEY BURGER	FISH STICKS	BBQ PORK SANDWICH
Whole Grain/Grain Alternate	WHOLE WHEAT NOODLES	WHOLE WHEAT ROLL	WHOLE WHEAT BUN	WHOLE WHEAT MAC & CHEESE	MULTI GRAIN BUN
Vegetable or Fruit	ORANGE SLICES	CANTALOUPE CHUNKS	WATERMELON	GRAPE HALVES	HONEYDEW MELON
Vegetable	STEAMED CORN	POTATO SALAD	ZESTY CORN	GREEN BEANS	COLESLAW
Fluid Milk	* MILK	*MILK	* MILK	* MILK	*MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
EVENING SNACK					
Meat/Meat Alternate	ENRICHED RITZ CRACKERS	WHOLE GRAIN TRAIL MIX	ENRICHED CHEESE CRACKERS	PEANUT/SOY BUTTER AND JELLY	MOZZARELLA STRING CHEESE
Whole Grain/Grain Alternate	SLICED CHEDDAR CHEESE	WHEAT CHEX, RAISINS	SLICED PEARS	WHOLE WHEAT BREAD	CHERRY TOMATO HALVES
Vegetable or Fruit	WATER	WATER	WATER	WATER	WATER
Fluid Milk					
TWO COMPONENTS	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
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	Monday 9/27/21	Tuesday 9/28/21	Wednesday 9/29/21	Thursday 9/30/21	Friday
LUNCH					
Meat/Meat Alternate	BEEF MEATBALL SUBS	EXTRA CHEESE MINI PIZZA	ROASTED TURKEY	SLICED HONEY HAM	
Whole Grain/Grain Alternate	MULTIGRAIN BUN	WHOLE WHEAT ENGLISH MUFFIN	WHOLE WHEAT ROLLS	WHOLE WHEAT CLUB CRACKERS	
Vegetable or Fruit	SLICED PEACHES	WATERMELON CHUNKS	APPLESAUCE	RED APPLE SLICES	
Vegetable	TOSSED SALAD	SWEET PEAS	BLACKEYE PEAS	CUCUMBER SLICES	
Fluid Milk	* MILK	*MILK	* MILK	* MILK	
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
DINNER					
Meat/Meat Alternate	GRILLED CHICKEN	SLICED HAM WRAP	ROAST BEEF SLIDER	GROUND BEEF & BROWN RICE	
Whole Grain/Grain Alternate	WHOLE WHEAT BREAD	WHOLE WHEAT TORTILLA	WHOLE WHEAT SLIDER BUN	LETTUCE WRAP TACO	
Vegetable or Fruit	GREEN BEANS	PINEAPPLE CHUNKS	TATOR TOTS	MANGO CHUNKS	
Vegetable	FRUIT COCKTAIL	CARROT STICKS	STEAMED CORN	ZESTY CORN	
Fluid Milk	*MILK	* MILK	* MILK	* MILK	
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
EVENING SNACK					
Meat/Meat Alternate	WHOLE GRAIN RICE CAKES	TURKEY HOTDOG	ENRICHED TORTILLA CHIPS	LOWFAT GREEK YOGURT	
Whole Grain/Grain Alternate	BANANA SLICES	WHOLE WHEAT BUN	HOMEMADE SALSA	ENRICHED ANIMAL CRACKERS	
Vegetable or Fruit	WATER	WATER	WATER	WATER	
Fluid Milk					
TWO COMPONENTS	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
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