

OCTOBER 2022



UPDATES

**RSVP
AT THE
LINK BELOW!**

Georgia Nutritional Services Inc. has locked in the **IN PERSON** Annual Training Date for **Day Care Centers.**

THERE WILL **NOT** BE A MAKE-UP TRAINING!!

BEGIN TO MAKE ARRANGEMENTS FOR SATURDAY,

November 5, 2022

10 AM – 4 PM

[Click Here to Register](#)

UPLOADING YOUR CLAIM?



Please ensure when uploading claims, centers are required to upload all required documents for claim requirements. Claims should be sent in their entirety to avoid a delay in reimbursement.

RESOURCES

CACFP Creditable Snack Suggestions

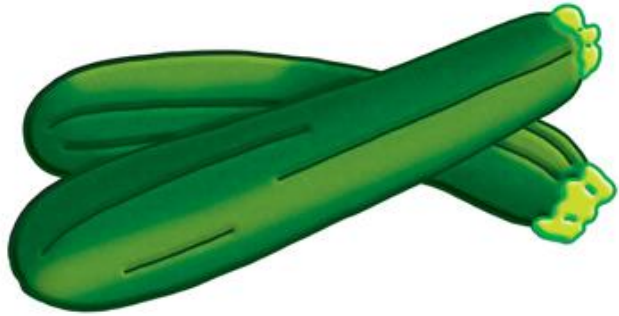
These Zucchini Bites, made from zucchini, cheese, eggs and oats are delicious hot or cold. A perfect lunchbox item or snack for toddlers.



[Click Here for Full Recipe!](#)



Harvest of the Month™



Zucchini

Picky Eater Approved! Baked Zucchini Fries

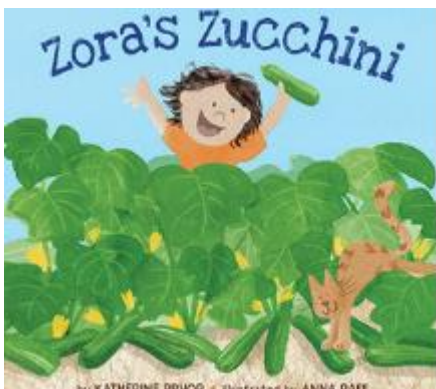


INGREDIENTS

- 3 medium zucchini sliced into 3" x 1/2" sticks
- 1 large egg white
- 1/3 cup seasoned bread crumbs
- 2 tbsp Parmesan Cheese
- cooking spray
- 1/4 tsp garlic powder
- salt
- fresh pepper

BOOKS

Check out this great book featuring our Harvest of the Month!



Zora's Zucchini
By Katherine Pryor

[Get Your Copy Today!](#)