



	Monday 5/1/23	Tuesday 5/2/23	Wednesday 5/3/23	Thursday 5/4/23	Friday 5/5/23
<b>BREAKFAST</b> Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	EGG & SPINACH OMELETTE SLICED APPLES *MILK	ENRICHED BLUEBERRY MUFFIN PEAR HALVES *MILK	ENRICHED SAUSAGE BISCUIT PINEAPPLE TIDBITS *MILK	NATIONAL ORANGE JUICE DAY ENRICHED CREAM OF WHEAT 100% ORANGE JUICE *MILK	MULTI GRAIN CHEESE TOAST FRESH BLUEBERRIES *MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
<b>LUNCH</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	SAVORY TUNA & CHEESE SUB WHOLE WHEAT SUB ROLL PLUMS CELERY STICKS *MILK	CHICKEN SALAD WHOLE WHEAT PASTA KIWI SLICES TOMATO SOUP *MILK	EXTRA CHEESE QUESADILLA WHOLE GRAIN TORTILLA STRAWBERRIES BELL PEPPER STRIPS * MILK	BBQ MEATBALLS WHOLE GRAIN NOODLES WATERMELON TOSSED SALAD *MILK	TOTALLY CHIPOTLE DAY CHICKEN BURRITO BOWL ENRICHED BROWN RICE HOMEMADE PICO DE GALLO BLACK BEANS *MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
<b>PM SNACK</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	ENRICHED ANIMAL CRACKERS MANDARIN ORANGES WATER	BANANA SUSHI ROLL PEANUT/SOY/WOW/NUT BUTTER WHOLE GRAIN TORTILLA BANANA WATER	LOW FAT YOGURT PARFAIT RASPBERRIES WATER	WHOLE WHEAT TOAST AVOCADOS & FRESH TOMATOES WATER	ENRICHED GRAHAM CRACKERS FRUIT SALAD WATER
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
<b>DINNER</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	ROASTED TURKEY PINWHEELS WHOLE WHEAT TORTILLA SWEET PEAS SHREDDED CARROTS *MILK	FISH FILET SANDWICH WHOLE WHEAT BUN APRICOT HALVES BAKED ASPARAGUS * MILK	ROTISSERIE TURKEY WHOLE WHEAT HAWAIIAN ROLL CANTALOUPE CHUNKS CREAMED SPINACH * MILK	BEEF HAMBURGER WHOLE WHEAT BUN BAKED BEANS TRI COLOR COLESLAW *MILK	PHILLY CHEESE STEAK WHOLE WHEAT SUB ROLL GRAPES (CUT APPROPRIATELY) BAKED SWEET POTATO FRIES * MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
* One year olds are served Unflavored Whole Milk. Two years old and older are served unflavored 1% or Fat Free Milk. Milk substitutes must have a medical statement.					



	Monday 5/8/23	Tuesday 5/9/23	Wednesday 5/10/23	Thursday 5/11/23	Friday 5/12/23
<b>BREAKFAST</b> Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	WHOLE WHEAT PANCAKES GREEN APPLES *MILK	ENRICHED GRITS ORANGE SLICES *MILK	WHOLE GRAIN CEREAL SLICED BANANAS *MILK	WHOLE WHEAT WAFFLE STICKS CINNAMON APPLESAUCE *MILK	WHOLE WHEAT TOAST ROASTED POTATO WEDGES STRAWBERRIES *MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
<b>LUNCH</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	BEEF STICKS WHOLE WHEAT ROLL MANDARIN ORANGES POTATO SALAD *MILK	GROUND TURKEY WHOLE GRAIN ROLL STRAWBERRIES BAKED ZUCCHINI *MILK	HOMEMADE MAC & CHEESE WHOLE GRAIN MACARONI APRICOT HALVES SAUTEED GREEN BEANS * MILK	BAKED CHICKEN TENDERS ENRICHED HAWAIIAN ROLL BLUEBERRIES OVEN ROASTED CAULIFLOWER *MILK	SALSBURY STEAK BROWN RICE W/ GRAVY GROOVY GRAPES ROMAINE LETTUCE SALAD *MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
<b>PM SNACK</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	ENRICHED GOLDFISH DICED PLUMS WATER	GRILLED CHEESE WHOLE WHEAT BREAD TOMATO BISQUE WATER	TURKEY LETTUCE WRAPS ROLLED TURKEY SLICES W/ GREEN LEAF LETTUCE SHREDDED CARROTS WATER	BUILD YOUR OWN PARFAIT ENRICHED OATS LOW FAT GREEK YOGURT MIXED BERRIES WATER	ZOE'S ROASTED SWEET POTATO STICKS PLAIN HUMMUS ROASTED SWEET POTATO STICKS WATER
<b>TWO COMPONENTS</b>	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
<b>DINNER</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	BAKED FISH FILLET ENRICHED HUSH PUPPIES PINEAPPLE RINGS ROASTED ZUCCHINI *MILK	STEAK TENDERS WHOLE WHEAT ROLL FRENCH FRIES CREAMED SPINACH * MILK	<b>NATIONAL SHRIMP DAY</b> POPCORN SHRIMP ENRICHED FRIED RICE HONEYDEW MELON STIR FRY VEGETABLES * MILK	BEEF SPAGHETTI WHOLE WHEAT SPAGHETTI CANTALOUPE KALE SALAD *MILK	BEAN & CHEESE NACHOS WHOLE GRAIN CHIPS SWEET CORN TOSSED SALAD * MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
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	Monday 5/15/23	Tuesday 5/16/23	Wednesday 5/17/23	Thursday 5/18/23	Friday 5/19/23
<b>BREAKFAST</b> Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	ENRICHED MINI PANCAKES APRICOT SLICES *MILK	WHOLE GRAIN KIX CEREAL STRAWBERRIES *MILK	BREAKFAST BURRITO WHOLE WHEAT TORTILLA SCRAMBLED EGGS, DICED HAM HASHBROWNS *MILK	WHOLE WHEAT WAFFLE BLUEBERRY COMPOTE KIWI *MILK	ENRICHED CREAM OF WHEAT WARM PEACHES *MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
<b>LUNCH</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	MINI TURKEY SLIDERS WHOLE WHEAT BUN FRUIT SALAD CELERY STICKS *MILK	BAKED FISH STICKS MULTI GRAIN ROLL SLICED PEACHES SWEET PEAS *MILK	CHICKEN & WAFFLES WHOLE WHEAT WAFFLES OVEN BAKED CHICKEN CINNAMON APPLESAUCE GREEN BEANS * MILK	BLACK BEAN BURGER WHOLE WHEAT BUN DICED PEARS ROASTED CORN *MILK	<b>NATIONAL PIZZA PARTY DAY</b> EXTRA CHEESE PIZZA WHOLE WHEAT CRUST WATERMELON SPINACH & TOMATO SALAD *MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
<b>PM SNACK</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	MINI EGG SALAD SANDWICH WHOLE WHEAT BREAD WATER	SWIMMING FISH WHOLE GRAIN GOLDFISH TOMATO BISQUE WATER	WHOLE GRAIN RITZ CRACKERS CHEDDAR CHEESE CUBES WATER	WHOLE GRAIN RICE CAKES MANGOES WATER	ENRICHED SALTINE CRACKERS CURRIED TUNA SALAD WATER
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
<b>DINNER</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	SMOTHERED PORK CHOPS BROWN RICE W/ GRAVY PINEAPPLE SLICES ROASTED BROCCOLI *MILK	TACO TUESDAY SHREDDED CHICKEN LETTUCE TACO ENRICHED SPANISH RICE ORANGE WEDGES ZESTY CORN * MILK	BEEF MEATBALL SUB WHOLE WHEAT SUB ROLL CANTALOUPE MASHED POTATOES *MILK	CHICKEN TENDERS MULTI GRAIN ROLL RASPBERRIES PEAS & CARROTS * MILK	SLICED HONEY BAKED HAM MULTI GRAIN ROLL ORANGE SLICES STEAMED ZUCCHINI * MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
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	Monday 5/22/23	Tuesday 5/23/23	Wednesday 5/24/23	Thursday 5/25/23	Friday 5/26/23
<b>BREAKFAST</b> Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	ENRICHED OATMEAL MUFFIN WARMED PEACHES *MILK	MULTI GRAIN TOAST PEAR HALVES *MILK	WHOLE WHEAT BAGEL RASPBERRIES *MILK	ENRICHED SAUSAGE BISCUIT BLUEBERRIES *MILK	<b>BUILD A BEAR PANCAKE</b> WHOLE WHEAT PANCAKES BANANAS *MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
<b>LUNCH</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	BEEF HAMBURGER WHOLE WHEAT BUN TATOR TOTS STEAMED CORN *MILK	CHICKEN ALFREDO WHOLE WHEAT PASTA ORANGE SLICES STEAMED BROCCOLI *MILK	<b>NATIONAL ASPARAGUS DAY</b> BAKED PORK CHOPS WHOLE GRAIN PASTA SALAD BAKED CINNAMON APPLES BAKED ASPARAGUS * MILK	TURKEY MEATBALL SUB WHOLE GRAIN SUB ROLL MANDARIN ORANGES TOSSED SALAD *MILK	FISH STICKS MULTI GRAIN ROLL WATERMELON BAKED FRENCH FRIES *MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
<b>PM SNACK</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	FRUIT KABOB W/DIP LOW FAT YOGURT MIXED FRUIT (STRAWBERRY, GRAPES, BANANA) WATER	WHOLE CORN TORTILLA CHIPS CHUNKY VEGGIE SALSA  WATER	WHOLE GRAIN TOAST SOY BUTTER/ALT  WATER	ENRICHED PRETZELS GUACAMOLE DIP  WATER	ENRICHED ANIMAL CRACKERS KIWI SLICES  WATER
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
<b>TWO COMPONENTS</b>	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
<b>DINNER</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	SLICED TURKEY PANINI WHOLE WHEAT PITA RED APPLES SPINACH SALAD *MILK	BBQ PULLED PORK WHOLE WHEAT BUN PINEAPPLE RINGS COLESLAW * MILK	FISH FILET WHOLE WHEAT BUN HONEYDEW MELON POTATO SALAD * MILK	TERIYAKI PORK ENRICHED RICE PILAF BLUEBERRIES BROCCOLI *MILK	ROTISERRIE CHICKEN WHOLE WHEAT ROLL BAKED SWEET POTATO SWEET PEAS * MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
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	Monday 5/29/23	Tuesday 5/30/23	Wednesday 5/31/23		
<b>BREAKFAST</b> Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	MULTI GRAIN CHEERIOS RASBERRIES *MILK	WHOLE WHEAT WAFFLES WARMED BLUEBERRY COMPOTE *MILK	ENRICHED SAUSAGE BISCUIT DICED PEACHES *MILK		
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
<b>LUNCH</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	HONEY HAM & CHEESE WHOLE WHEAT ROLL FRUIT COCKTAIL ROASTED BRUSSEL SPROUTS *MILK	BEEF SPAGHETTI WHOLE WHEAT GARLIC TOAST STEAMED CORN TOSSED SALAD *MILK	SAVORY CHICKEN SALAD ENRICHED CROISSANT GROOVY GRAPES ROASTED CAULIFLOWER * MILK		
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
<b>PM SNACK</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	BOILED EGG HALVES TATOR TOTS  WATER	ENRICHED GRAHAM CRACKERS 100% BERRY BERRY JUICE	ANTS ON A LOG CELERY STICKS PEANUT/WOW/SOY BUTTER RAISINS WATER		
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
<b>DINNER</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	BEEF SLOPPY JOE WHOLE WHEAT BUN FRENCH FRIES BAKED BEANS *MILK	BAKED FISH FILLET ENRICHED HUSH PUPPIES RASPBERRIES GARLIC GREEN BEANS * MILK	BLACK BEAN & VEGGIE QUESADILLA BLACK BEANS WHOLE GRAIN TORTILLA FRUIT COCKTAIL ROASTED CORN * MILK		
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
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