

Services, Inc	11 . 1 . 7/0/00	T -1 7/4/00	W. J 1 7/5/00	TI 1 7.11.100	C : 1 - 7/7/00
DDEAKEACT	Monday 7/3/23	Tuesday 7/4/23	Wednesday 7/5/23	Thursday 7/6/23	Friday 7/7/23
BREAKFAST BIRTH - 5 MONTHS: 4-6 Fluid	FORMULA / DDEAGT 11712	FORMULA / RREACT 1171 /	EOD444 4 / PDE457 477 17	FORMULA / RDFACT 1171 /	FORMULA / PDF : ST 11711
ounces breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 0-4 tablespoons					
infant cereal, meat, fish, poultry, whole egg, cooked dry beans or					
cooked dry peas; or 2 ounces of	WHOLE WHEAT CEREAL	OATMEAL CEREAL	RICE CEREAL	MIXED CEREAL	BARLEY CEREAL
cheese; or 0-4 ounces (volume)	WHOLE WHEAT CEREAL	OATMEAL CEREAL	RICE CEREAL	MIXED CEREAL	BARLET CEREAL
cottage cheese; or 0-4 ounces or 1/2 cup yogurt; or a combination of the					
above; and					
6 - 11 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of	RILIEREDDTES	RASPBERRIES	BANANA	APRICOT	PEACHES
both	DECEMBED	ionol pendees	DATE OF THE PROPERTY OF THE PR	A. 1.250 !	CAGILO
AM SNACK					
BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 6-8 Fluid ounces	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
breastmilk/formula 6 - 11 MONTHS: 0-4 tablespoons					
infant cereal, meat, fish, poultry,					
whole egg, cooked dry beans or cooked dry peas; or 2 ounces of					
cheese; or 0-4 ounces (volume)	OATMEAL CEREAL	MIXED CEREAL	MULTI GRAIN CEREAL	WHOLE WHEAT CEREAL	RICE CEREAL
cottage cheese; or 0-4 ounces or 1/2 cup yogurt; or a combination of the					
6 - 11 MONTHS: 0-2 tablespoons					
vegetable or fruit or a combination of	BANANA	AVOCADO	APPLESAUCE	PEARS	BLUEBERRY BANANA
LUNCH		1	<u> </u>	1	<u> </u>
BIRTH - 5 MONTHS: 4-6 Fluid	F00.001 4 / 005.45= ::=:::	F00444 4 / 00F4	F00444 4 4 0054 ==	F00444 4 / 0054	F00.44 4 4 805 :
ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
breastmilk/formula 6 - 11 MONTHS: 0-8 Fluid ounces	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
 6 - 11 MONTHS: 0-4 tablespoons infant cereal, meat, fish, poultry, 					
whole egg, cooked dry beans or					
cooked dry peas; or 2 ounces of	RICE CEREAL	BARLEY CEREAL	MIXED CEREAL	OATMEAL CEREAL	MULTI GRAIN CEREAL
cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces or 1/2					
cup yogurt; or a combination of the					
6 - 11 MONTHS: 0-2 tablespoons					
vegetable or fruit or a combination of	SPINACH	BUTTERNUT SQUASH	SWEET POTATO	CARROTS	MASHED POTATO
PM SNACK			I		
BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 6-8 Fluid ounces	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
breastmilk/formula 6 - 11 MONTHS: 0-4 tablespoons		,			
infant cereal, meat, fish, poultry,					
whole egg, cooked dry beans or cooked dry peas; or 2 ounces of					
cheese; or 0-4 ounces (volume)	BARLEY CEREAL	WHOLE WHEAT CEREAL	OATMEAL CEREAL	BARLEY CEREAL	WHOLE WHEAT CEREAL
cottage cheese; or 0-4 ounces or 1/2					
cup yogurt; or a combination of the					
6 - 11 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of	CORN (MASHED)	HONEYDEW MELON (MASHED)	PEACHES	TOMATO BISQUE	BANANA
both					
DINNER BIRTH - 5 MONTHS: 4-6 Fluid					1
ounces breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 0-4 tablespoons					
infant cereal, meat, fish, poultry, whole egg, cooked dry beans or					
cooked dry peas; or 2 ounces of	MULTI GDATNI CEDE AL	DTCE CEDEAL	RADI EV CEDEAL /THE ANIT TURVEY	MULTI CDATNI CEDE AL	OATMEAL CEREAL
cheese; or 0-4 ounces (volume)	MULTI GRAIN CEREAL	RICE CEREAL	BARLEY CEREAL/INFANT TURKEY	MULTI GRAIN CEREAL	OA I MEAL CEREAL
cottage cheese; or 0-4 ounces or 1/2 cup yogurt; or a combination of the					
above; and 6 - 11 MONTHS: 0-2 tablespoons					
6 - 11 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of	SWEET POTATO	PEAS & CARROTS	SPINACH	CALIFORNIA BLEND VEGGIES	CARROTS
both					
EVENING SNACK BIRTH - 5 MONTHS: 4-6 Fluid					
ounces breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 0-4 tablespoons					
infant cereal, meat, fish, poultry, whole egg, cooked dry beans or					
	MIXED CEREAL	MULTI GRAIN CEREAL	WHOLE WHEAT CEREAL	RICE CEREAL	MIXED CEREAL
cheese; or 0-4 ounces (volume)					
cottage cheese; or 0-4 ounces or 1/2 cup yoqurt; or a combination of the					
6 - 11 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of	KTAIT (MACHED)	10,000,00	DE ACUEC (CHOOT! TE	DEAC	ADDI EC ALICE
	IKIWI (MASHED)	HUMMUS	PEACHES/SMOOTHIE	PEAS	APPLESAUCE



	Monday 7/10/23	Tuesday 7/11/23	Wednesday 7/12/23	Thursday 7/13/23	Friday 7/14/23
BREAKFAST	,	,	,	•	,
BIRTH - 5 MONTHS: 4-6 Fluid	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 6-8 Fluid ounces	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 0-4 tablespoons					
infant cereal, meat, fish, poultry,					
whole egg, cooked dry beans or cooked dry peas; or 2 ounces of					
cheese; or 0-4 ounces (volume)	WHOLE WHEAT CEREAL	OATMEAL CEREAL	MULTI GRAIN CEREAL	BARLEY CEREAL	MULTI GRAIN CEREAL
cottage cheese; or 0-4 ounces or 1/2					
cup yogurt; or a combination of the					
above; and 6 - 11 MONTHS: 0-2 tablespoons					
vegetable or fruit or a combination of	BLUEBERRY	PEACHES	TATOR TOTS	APRICOT	PLUM
both					
AM SNACK BIRTH - 5 MONTHS: 4-6 Fluid		I		I	I
ounces breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 6-8 Fluid ounces	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
breastmilk/formula 6 - 11 MONTHS: U-4 tablespoons					
infant cereal, meat, fish, poultry, whole egg, cooked dry beans or					
cooked dry peas; or 2 ounces of	CATMEN CEREN	DIGE CEDE 41	WILLION E WILLIEUT CEDEUN	CATHEAL CENEAL	HEVER CERE II
cheese; or 0-4 ounces (volume)	OATMEAL CEREAL	RICE CEREAL	WHOLE WHEAT CEREAL	OATMEAL CEREAL	MIXED CEREAL
cottage cheese; or 0-4 ounces or 1/2 cup yogurt; or a combination of the					
above; and					
6 - 11 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of	APPLESAUCE	RASPBERRIES	SPINACH	STRAWBERRIES	BANANA
both	A PECACOC	INTO DETALES	5.2,0.6.1	o nom bendees	
LUNCH					
BIRTH - 5 MONTHS: 4-6 Fluid	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 6-8 Fluid ounces	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
breastmilk/formula 6 - 11 MONTHS: 0-4 tablespoons	PORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
infant cereal, meat, fish, poultry,					
whole egg, cooked dry beans or					
cooked dry peas; or 2 ounces of cheese; or 0-4 ounces (volume)	RICE CEREAL	MULTI GRAIN CEREAL	MIXED CEREAL	WHOLE WHEAT CEREAL	BARLEY CEREAL
cottage cheese; or 0-4 ounces or 1/2					
cup yogurt; or a combination of the					
6 - 11 MONTHS: 0-2 tablespoons					
vegetable or fruit or a combination of both	CARROTS	PEAS	MIXED VEGETABLES	SWEET POTATO	BROCCOLI
PM SNACK			•		'
BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 6-8 Fluid ounces	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
breastmilk/formula 6 - 11 MONTHS: 0-4 tablespoons	TORMODA / DREAGT MILES	TORMOLA / DREAGT MALK	TORMOUN / DREAGT MILE	TORMOLA / DREAST MILE	TORMOUN / DREAD! MILER
infant cereal, meat, fish, poultry,					
whole egg, cooked dry beans or cooked dry peas; or 2 ounces of					
cheese; or 0-4 ounces (volume)	BARLEY CEREAL	WHOLE WHEAT CEREAL	OATMEAL CEREAL	MIXED CEREAL	RICE CEREAL
cottage cheese; or 0-4 ounces or 1/2					
cup yogurt; or a combination of the					
6 - 11 MONTHS: 0-2 tablespoons	wasta	CDTh La di L	DT 15 1001 5 05 10	KIWI	PEAR
vegetable or fruit or a combination of both	AVOCADO	SPINACH	PINEAPPLE PEAR		
DINNER				KIWI	T CAR
DTIVINEK				KIWI	T CAR
BIRTH - 5 MONTHS: 4-6 Fluid	FORMULA / BREAST MILK	FORMULA / BREAST MILK			
	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces	FORMULA / BREAST MILK FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK			
BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula			FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmil/Vformula 6 - 11 MONTHS: 6-8 Fluid ounces breastmil/Vformula 6 - 11 MONTHS: U-4 Tablespoons infant cread, meat, fish, poultry, whole egg, cooked dry beans or			FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmil/Formula - 6 - 11 MONTHS: 6-8 Fluid ounces breastmil/Formula - 6 - 11 MONTHS: 6-8 Fluid ounces breastmil/Formula - 1 - 11 MONTHS: 0-4 Toblespoons infant cereal, meat, fish, poultry, whole egg, cooked dry beans or cooked dry peas; or 2 ounces of			FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmil/Vformula 6 - 11 MONTHS: 6-8 Fluid ounces breastmil/Vformula 6 - 11 MONTHS: U-4 Tablespoons infant cread, meat, fish, poultry, whole egg, cooked dry beans or	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK
BIRTH - 5 MONTHS: 4-6 Fluid ownces breastmilk/formula 6-11 MONTHS: 6-8 Fluid ounces breastmilk/formula 6-11 MONTHS: 6-8 Fluid ounces breastmilk/formula 6-11 MONTHS: 0-4 Tablespoons infant cereal, meat, fish, poultry, whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese, or 0-4 ounces (volume)	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK
BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilif/formula 6-11 MONTHS: 6-8 Fluid ounces breastmilif/formula 6-11 MONTHS: 6-8 Fluid ounces breastmilif/formula 6-11 MONTHS: 0-4 Tablespoons infant cereal, meat, fish, poutry, whole egg, cooked dry bears or cooked dry peas; or 2 ounces of cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces or 1/2 cuty yagurt; or a combination of the cheese on 0-4 ounces or 1/2 cuty yagurt; or a combination of the cheese on 0-4 ounces or 1/2 cuty yagurt; or a combination of the cheese on 0-4 ounces or 1/2 cuty yagurt; or a combination of the cheese of 0-11 MONTHS: 0-2 tablespoons	FORMULA / BREAST MILK MULTI GRAIN CEREAL	FORMULA / BREAST MILK MIXED CEREAL	FORMULA / BREAST MILK FORMULA / BREAST MILK BARLEY CEREAL	FORMULA / BREAST MILK FORMULA / BREAST MILK RICE CEREAL	FORMULA / BREAST MILK FORMULA / BREAST MILK OATMEAL CEREAL
BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6-11 MONTHS: 6-8 Fluid ounces breastmilk/formula breastmilk/formula 1-11 MONTHS: 0-4 Tolkespoons infant cered, meat, fish, poultry, whole egg, cooked dry beans or cooked dry beans of theses; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces or 1/2 cup yourt; or a combination of the 6-11 MONTHS: 0-2 biblespoons ovegetable or fruit or a combination of	FORMULA / BREAST MILK MULTI GRAIN CEREAL	FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK
BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilif/formula 6-11 MONTHS: 6-8 Fluid ounces breastmilif/formula 6-11 MONTHS: 6-8 Fluid ounces breastmilif/formula 6-11 MONTHS: 0-4 Tablespoons infant cereal, meat, fish, poutry, whole egg, cooked dry bears or cooked dry peas; or 2 ounces of cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces or 1/2 cuty yagurt; or a combination of the cheese on 0-4 ounces or 1/2 cuty yagurt; or a combination of the cheese on 0-4 ounces or 1/2 cuty yagurt; or a combination of the cheese on 0-4 ounces or 1/2 cuty yagurt; or a combination of the cheese of 0-11 MONTHS: 0-2 tablespoons	FORMULA / BREAST MILK MULTI GRAIN CEREAL	FORMULA / BREAST MILK MIXED CEREAL	FORMULA / BREAST MILK FORMULA / BREAST MILK BARLEY CEREAL	FORMULA / BREAST MILK FORMULA / BREAST MILK RICE CEREAL	FORMULA / BREAST MILK FORMULA / BREAST MILK OATMEAL CEREAL
BIRTH - 5 MONTHS: 4-6 Fluid ounces broastmilk/formula 6-11 MONTHS: 6-8 Fluid ounces broastmilk/formula broastmilk/formula broastmilk/formula broastmilk/formula broastmilk/formula broastmilk/formula concled dry pears or 2 ounces of cooked dry pears or 2 ounces of cooked dry pears or 2 ounces or 1/2 cup yogurt: or a combination of the 6-11 MONTHS: 0-2 toblespoons vegetable or firtu or a combination of both both SIRTH - 5 MONTHS: 4-6 Fluid	FORMULA / BREAST MILK MULTI GRAIN CEREAL	FORMULA / BREAST MILK MIXED CEREAL	FORMULA / BREAST MILK FORMULA / BREAST MILK BARLEY CEREAL	FORMULA / BREAST MILK FORMULA / BREAST MILK RICE CEREAL	FORMULA / BREAST MILK FORMULA / BREAST MILK OATMEAL CEREAL
BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6-11 MONTHS: 6-8 Fluid ounces breastmilk/formula breastmilk/formula 5-11 MONTHS: 0-4 Tablespoons infant cereal, med. 1745; 0-4 Tablespoons ounced dry pears or cooked dry pears or cooked dry pears or cooked dry pears or 2 ounces of cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces or 1/2 cup yegurt: or a combination of the 6-11 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of both EVENIDA SNACK	FORMULA / BREAST MILK MULTI GRAIN CEREAL POTATO WEDGES FORMULA / BREAST MILK	FORMULA / BREAST MILK MIXED CEREAL GREEN BEANS FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK BARLEY CEREAL SWEET POTATO FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK RICE CEREAL PEAS & CARROTS FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK OATMEAL CEREAL SPINACH FORMULA / BREAST MILK
BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6-11 MONTHS: 6-8 Fluid ounces breastmilk/formula breastmilk/formula 0-11 MONTHS: 0-8 Fluid ounces breastmilk/formula 0-11 MONTHS: U-4 Tablespoons infant cered, meat, fish, poultry, whole egg, cooked dry beans or described on the cooked dry beans of	FORMULA / BREAST MILK MULTI GRAIN CEREAL POTATO WEDGES	FORMULA / BREAST MILK MIXED CEREAL GREEN BEANS	FORMULA / BREAST MILK FORMULA / BREAST MILK BARLEY CEREAL SWEET POTATO	FORMULA / BREAST MILK FORMULA / BREAST MILK RICE CEREAL PEAS & CARROTS	FORMULA / BREAST MILK FORMULA / BREAST MILK OATMEAL CEREAL SPINACH
BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmill/formula 6-11 MONTHS: 6-8 Fluid ounces breastmill/formula breas	FORMULA / BREAST MILK MULTI GRAIN CEREAL POTATO WEDGES FORMULA / BREAST MILK	FORMULA / BREAST MILK MIXED CEREAL GREEN BEANS FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK BARLEY CEREAL SWEET POTATO FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK RICE CEREAL PEAS & CARROTS FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK OATMEAL CEREAL SPINACH FORMULA / BREAST MILK
BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6-11 MONTHS: 6-8 Fluid ounces breastmilk/formula breastmilk/formula 1-11 MONTHS: 6-8 Fluid ounces breastmilk/formula 1-11 MONTHS: U-4 fluisespoons infant cereal, meet [14, poultry, whole egg, cooked dry beans or 1/2 cup yogurt; or a combination of the 6-11 MONTHS: 0-2 biblespoons cooked fluid ounces breastmilk/formula ounces breastmilk/formula breastmilk/formula breastmilk/formula fluid ounces breastmilk/formula infant cereal, meet, fish, poultry, whole egg, cooked dry beans or	FORMULA / BREAST MILK MULTI GRAIN CEREAL POTATO WEDGES FORMULA / BREAST MILK	FORMULA / BREAST MILK MIXED CEREAL GREEN BEANS FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK BARLEY CEREAL SWEET POTATO FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK RICE CEREAL PEAS & CARROTS FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK OATMEAL CEREAL SPINACH FORMULA / BREAST MILK
BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula breastmilk/formula breastmilk/formula breastmilk/formula breastmilk/formula breastmilk/formula breastmilk/formula breastmilk/formula breastmilk/formula cooked dry beans or decision of the dry breastmilk/formula breastmila breastmil	FORMULA / BREAST MILK MULTI GRAIN CEREAL POTATO WEDGES FORMULA / BREAST MILK	FORMULA / BREAST MILK MIXED CEREAL GREEN BEANS FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK BARLEY CEREAL SWEET POTATO FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK RICE CEREAL PEAS & CARROTS FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK OATMEAL CEREAL SPINACH FORMULA / BREAST MILK
BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6-11 MONTHS: 6-8 Fluid ounces breastmilk/formula breastmilk/formula 1-11 MONTHS: 6-8 Fluid ounces breastmilk/formula 1-11 MONTHS: U-4 fluisespoons infant cereal, meet [14, poultry, whole egg, cooked dry beans or 1/2 cup yogurt; or a combination of the 6-11 MONTHS: 0-2 biblespoons cooked fluid ounces breastmilk/formula ounces breastmilk/formula breastmilk/formula breastmilk/formula fluid ounces breastmilk/formula infant cereal, meet, fish, poultry, whole egg, cooked dry beans or	FORMULA / BREAST MILK MULTI GRAIN CEREAL POTATO WEDGES FORMULA / BREAST MILK FORMULA / BREAST MILK	FORMULA / BREAST MILK MIXED CEREAL GREEN BEANS FORMULA / BREAST MILK FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK BARLEY CEREAL SWEET POTATO FORMULA / BREAST MILK FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK RICE CEREAL PEAS & CARROTS FORMULA / BREAST MILK FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK OATMEAL CEREAL SPINACH FORMULA / BREAST MILK FORMULA / BREAST MILK
BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula breastmilk/formula breastmilk/formula breastmilk/formula surfaces and surfaces an	FORMULA / BREAST MILK MULTI GRAIN CEREAL POTATO WEDGES FORMULA / BREAST MILK FORMULA / BREAST MILK	FORMULA / BREAST MILK MIXED CEREAL GREEN BEANS FORMULA / BREAST MILK FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK BARLEY CEREAL SWEET POTATO FORMULA / BREAST MILK FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK RICE CEREAL PEAS & CARROTS FORMULA / BREAST MILK FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK OATMEAL CEREAL SPINACH FORMULA / BREAST MILK FORMULA / BREAST MILK
BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula breastmilk/Tormula breastmilk/Tormula breastmilk/Tormula breastmilk/Tormula breastmilk/Tormula breastmilk/Tormula breastmilk/Tormula breastmilk/Tormula colonia breastmilk/Tormula colo	FORMULA / BREAST MILK MULTI GRAIN CEREAL POTATO WEDGES FORMULA / BREAST MILK FORMULA / BREAST MILK MIXED CEREAL	FORMULA / BREAST MILK MIXED CEREAL GREEN BEANS FORMULA / BREAST MILK FORMULA / BREAST MILK BARLEY CEREAL	FORMULA / BREAST MILK FORMULA / BREAST MILK BARLEY CEREAL SWEET POTATO FORMULA / BREAST MILK FORMULA / BREAST MILK RICE CEREAL	FORMULA / BREAST MILK FORMULA / BREAST MILK RICE CEREAL PEAS & CARROTS FORMULA / BREAST MILK FORMULA / BREAST MILK MULTI GRAIN CEREAL	FORMULA / BREAST MILK FORMULA / BREAST MILK OATMEAL CEREAL SPINACH FORMULA / BREAST MILK FORMULA / BREAST MILK WHOLE WHEAT CEREAL
BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 0-4 Tablespoons infant cered, meat, fish, poultry, whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces or 1/2 cup yogurt; or a combination of the 6 - 11 MONTHS: 0-2 Tablespoons yegetable or fruit or a combination of both EVENING SNACK BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 0-4 Tablespoons infant cered, meat, fish, poultry, whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces or 1/2 cup yogurt; or a combination of the	FORMULA / BREAST MILK MULTI GRAIN CEREAL POTATO WEDGES FORMULA / BREAST MILK FORMULA / BREAST MILK MIXED CEREAL	FORMULA / BREAST MILK MIXED CEREAL GREEN BEANS FORMULA / BREAST MILK FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK BARLEY CEREAL SWEET POTATO FORMULA / BREAST MILK FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK RICE CEREAL PEAS & CARROTS FORMULA / BREAST MILK FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK OATMEAL CEREAL SPINACH FORMULA / BREAST MILK FORMULA / BREAST MILK



Services, Inc					
DDE 4KE 4 CT	Monday 7/17/23	Tuesday 7/18/23	Wednesday 7/19/23	Thursday 7/20/23	Friday 7/21/23
BREAKFAST BIRTH - 5 MONTHS: 4-6 Fluid					
ounces breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 0-4 tablespoons	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
 6 - 11 MONTHS: 0-4 tablespoons infant cereal, meat, fish, poultry, 					
whole egg, cooked dry beans or					
cooked dry peas; or 2 ounces of	WHOLE WHEAT CEREAL	OATMEAL CEREAL	RICE CEREAL	BARLEY CEREAL	MIXED CEREAL
cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces or 1/2					
cup yogurt; or a combination of the					
6 - 11 MONTHS: 0-2 tablespoons			 		
vegetable or fruit or a combination of both	CANTALOUPE	APPLESAUCE	BLUEBERRIES	RASPBERRIES	PINEAPPLES
AM SNACK				I	I
BIRTH - 5 MONTHS: 4-6 Fluid	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces					
breastmilk/formula 6 - 11 MONTHS: U-4 tablespoons	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
infant cereal, meat, fish, poultry,					
whole egg, cooked dry beans or					
cooked dry peas; or 2 ounces of cheese; or 0-4 ounces (volume)	RICE CEREAL	BARLEY CEREAL	MIXED CEREAL	MULTI GRAIN CEREAL	WHOLE WHEAT CEREAL
cottage cheese; or 0-4 ounces or 1/2					
cup yogurt; or a combination of the					
6 - 11 MONTHS: 0-2 tablespoons	RANANA	AVOCADO	TATOR TOTS	MIXED BERRIES	MANGO
vegetable or fruit or a combination of both	POLYDINA	ATOCADO	INTOK TOTO	MINCU DERRIES	mai 400
LUNCH					
BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 6-8 Fluid ounces	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
breastmilk/formula 6 - 11 MONTHS: U-4 tablespoons		1	+		
infant cereal, meat, fish, poultry,					
whole egg, cooked dry beans or cooked dry peas; or 2 ounces of	CATHEAL CEDEAL	WILLIAM SERVER	ח און דע מדווד או	חדמה מהחה וו	MULTI COATA CEDEAL
cheese; or 0-4 ounces (volume)	OATMEAL CEREAL	WHOLE WHEAT CEREAL	BARLEY CEREAL	RICE CEREAL	MULTI GRAIN CEREAL
cottage cheese; or 0-4 ounces or 1/2 cup yogurt; or a combination of the					
6 - 11 MONTHS: 0-2 tablespoons					
vegetable or fruit or a combination of	TOMATO BISQUE	PEAS	BROCCOLI	SWEET POTATO	CARROTS
PM SNACK					
BIRTH - 5 MONTHS: 4-6 Fluid	FORMULA / BREAST MILK	CODMINA (DDC 4 CT MT) K	FORMULA / BREAST MILK	500 W. II. 4 4 005 4 67 W. IV	500 W.H. 4. / 005 4 6T WTH
ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
breastmilk/formula b - 11 MON I H5: 0-4 tablespoons	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
infant cereal, meat, fish, poultry,					
whole egg, cooked dry beans or					
cooked dry peas; or 2 ounces of cheese; or 0-4 ounces (volume)	BARLEY CEREAL	RICE CEREAL	MIXED CEREAL	WHOLE WHEAT CEREAL	BARLEY CEREAL
cottage cheese; or 0-4 ounces or 1/2					
cup yogurt; or a combination of the					
6 - 11 MONTHS: 0-2 tablespoons	2004017	05.40.6	HEVER DEDDEES	less are	CTD 414/DEDD1/
vegetable or fruit or a combination of both	DROCCOLI	PEARS	MIXED BERRIES	KIWI	STRAWBERRY
DINNER					
BIRTH - 5 MONTHS: 4-6 Fluid	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 6-8 Fluid ounces	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
breastmilk/formula 6 - 11 MONTHS: 0-4 tablespoons		, sheriot mask			
infant cereal, meat, fish, poultry,					
whole egg, cooked dry beans or cooked dry peas; or 2 ounces of					
cheese; or 0-4 ounces (volume)	MULTI GRAIN CEREAL	MIXED CEREAL	MULTI GRAIN CEREAL	OATMEAL CEREAL	RICE CEREAL
cottage cheese; or 0-4 ounces or 1/2					
cup yogurt; or a combination of the					
6 - 11 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of	CARROTS	STIR FRY VEGGIES	CORN	BLACK BEANS	HASHBROWNS
both		<u> </u>			
EVENING SNACK BIRTH - 5 MONTHS: 4-6 Fluid					
ounces breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
breastmilk/formula 6 - 11 MUNTHS: U-4 tablespoons					
infant cereal, meat, fish, poultry, whole egg, cooked dry beans or					
cooked dry peas; or 2 ounces of	MIXED CEREAL	MULTI GRAIN CEREAL	WHOLE WHEAT CEREAL	MIXED CEREAL	OATMEAL CEREAL
cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces or 1/2					
cup yogurt; or a combination of the					
ale account and	-	+			
6 - 11 MONTHS: 0-2 tablespoons					
6 - 11 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of both	MIXED FRUIT	STRAWBERRIES	WATERMELON	BLUEBERRIES	PEACHES



	Monday	Tuesday	Wednesday	Thursday	Friday
BREAKFAST					
BIRTH - 5 MONTHS: 4-6 Fluid	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces					
breastmilk/formula 6 - 11 MONTHS: 0-4 tablespoons	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
infant cereal, meat, fish, poultry,					
whole egg, cooked dry beans or					
cooked dry peas; or 2 ounces of	MULTI GRAIN CEREAL	WHOLE WHEAT CEREAL	RICE CEREAL	MIXED CEREAL	OATMEAL CEREAL
cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces or 1/2					
cup yogurt; or a combination of the					
6 - 11 MONTHS: 0-2 tablespoons	-				
vegetable or fruit or a combination of	RASPBERRIES	PEACHES	APPLESAUCE	STRAWBERRIES	BANANA
both					
AM SNACK BIRTH - 5 MONTHS: 4-6 Fluid		T	I	T	
ounces breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 6-8 Fluid ounces	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
breastmilk/formula 6 - 11 MONTHS: U-4 tablespoons					
infant cereal, meat, fish, poultry,					
whole egg, cooked dry beans or cooked dry peas; or 2 ounces of					
cheese; or 0-4 ounces (volume)	WHOLE WHEAT CEREAL	MIXED CEREAL	MULTI GRAIN CEREAL	OATMEAL CEREAL	MIXED CEREAL
cottage cheese; or 0-4 ounces or 1/2	1				
cup yogurt; or a combination of the	1				
6 - 11 MONTHS: 0-2 tablespoons					
vegetable or fruit or a combination of	HUMMUS	BANANA	AVOCADO	HASHBROWNS	CUCUMBER
LUNCH			1	ı	II.
BIRTH - 5 MONTHS: 4-6 Fluid	FORMULA / DDEAST MALK	FORMULA / BREAST MILK	FORMULA / DDEAST MILK	FORMULA / DDFACT HTLK	FORMULA / DDE 4 CT MTIK
ounces breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
breastmilk/formula 6 - 11 MONTHS: 0-4 tablespoons					
infant cereal, meat, fish, poultry, whole egg, cooked dry beans or					
cooked dry peas; or 2 ounces of	BARLEY CEREAL	RICE CEREAL	CATHEAL CENEAL	MULTI GRAIN CEREAL	WHOLE WHEAT CEREAL
cheese; or 0-4 ounces (volume)	BARLEY CEREAL	RICE CEREAL	OATMEAL CEREAL	MULTI GRAIN CEREAL	WHOLE WHEAT CEREAL
cottage cheese; or 0-4 ounces or 1/2					
cup yogurt; or a combination of the					
6 - 11 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of	CALILITEL OWED (MACHED)	YELLOW SQUASH	CARROTS	GREEN BEANS	GRILLED VEGETABLES
both	CAUCIFLOWER (MASHED)	FELLOW SQUASH	CARROTS	BREEN BEAINS	GRILLED VEGETABLES
PM SNACK					
BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 6-8 Fluid ounces	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
breastmilk/formula 6 - 11 MONTHS: U-4 tablespoons	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	PORMULA / BREAST MILK	FORMULA / BREAST MILK
infant cereal, meat, fish, poultry,					
whole egg, cooked dry beans or					
cooked dry peas; or 2 ounces of cheese; or 0-4 ounces (volume)	MIXED CEREAL	OATMEAL CEREAL	BARLEY CEREAL	WHOLE WHEAT CEREAL	BARLEY CEREAL
cottage cheese; or 0-4 ounces or 1/2					
cup yogurt; or a combination of the					
6 - 11 MONTHS: 0-2 tablespoons					
vegetable or fruit or a combination of					
	SWEET POTATO	HONEY DEW MELON	VEGETABLE SOUP	APRICOT	PEAS
both	SWEET POTATO	HONEY DEW MELON	VEGETABLE SOUP	APRICOT	PEAS
both DINNER					
DINNER BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula	SWEET POTATO FORMULA / BREAST MILK	HONEY DEW MELON FORMULA / BREAST MILK	VEGETABLE SOUP FORMULA / BREAST MILK	APRICOT FORMULA / BREAST MILK	PEAS FORMULA / BREAST MILK
both DINNER BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces					
both DINNER BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmill/formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmill/formula 6 - 11 MONTHS: 0-4 Tablespoons	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
both DINNER BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmill/formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmill/formula 6 - 11 MONTHS: 0-4 Tablespoons infant cered, meat, rish, poultry,	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
both DINNER BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmill/formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmill/formula 6 - 11 MONTHS: 0-4 Tablespoons	FORMULA / BREAST MILK FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK
both DINNER BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 0-4 Toblespons infant cereal, meat, fish, poultry, whole egg, cooked dry beans or	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
both DINNER BIRTH - 9 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 0-4 floblespoons infant cereal, meat, fish, poultry, whole egg, coxled dry beans or cooked dry peas; or 2 cunces or cooked dry peas; or 2 cunces of cheese: or 0-4 ounces (volume) cottage cheese: or 0-4 ounces or 1/2	FORMULA / BREAST MILK FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK
both DINNER BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6-11 MONTHS: 6-8 Fluid ounces breastmilk/formula 6-11 MONTHS: 6-4 Fluid ounces breastmilk/formula 6-11 MONTHS: 0-4 Toblespoons infant cereal, meat, fish, poultry, whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces	FORMULA / BREAST MILK FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK
both DINNER BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 0-4 Tobiespoons infant cereal, meat, fish, poultry, whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces or 1/2 cup yagurt; or a combination of the	FORMULA / BREAST MILK FORMULA / BREAST MILK RICE CEREAL	FORMULA / BREAST MILK FORMULA / BREAST MILK MULTI GRAIN CEREAL	FORMULA / BREAST MILK FORMULA / BREAST MILK WHOLE WHEAT CEREAL	FORMULA / BREAST MILK FORMULA / BREAST MILK RICE CEREAL	FORMULA / BREAST MILK FORMULA / BREAST MILK MULTI GRAIN CEREAL
Doth DINNER BIRTH - 9 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 0-4 floilespoons infant cereal, meat, fish, poutry, whole egg, coxeded dry bears or cooked dry peas: or 2 ounces of cheese: or 0-4 ounces (volume) cottage cheese; or 0-4 ounces or 1/2 cup yagert; or a combination of the bears of the contract of the	FORMULA / BREAST MILK FORMULA / BREAST MILK RICE CEREAL	FORMULA / BREAST MILK FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK
both DINNER BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 0-4 Tobiespons infant cereal, meat, fish, poultry, whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces or 1/2 cup yagurt; or a combination of the	FORMULA / BREAST MILK FORMULA / BREAST MILK RICE CEREAL	FORMULA / BREAST MILK FORMULA / BREAST MILK MULTI GRAIN CEREAL	FORMULA / BREAST MILK FORMULA / BREAST MILK WHOLE WHEAT CEREAL	FORMULA / BREAST MILK FORMULA / BREAST MILK RICE CEREAL	FORMULA / BREAST MILK FORMULA / BREAST MILK MULTI GRAIN CEREAL
both DINNER BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6-11 MONTHS: 6-8 Fluid ounces breastmilk/formula 6-11 MONTHS: 6-1 Fluid ounces breastmilk/formula 6-11 MONTHS: 0-4 Tobiespoons infant cered, meat, fish, poultry, whole egg, coxeded dry beans or cooked dry peas; or 2 ounces of cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces or 1/2 cup yagurt, or a combination of the cheese of the combination of the	FORMULA / BREAST MILK FORMULA / BREAST MILK RICE CEREAL	FORMULA / BREAST MILK FORMULA / BREAST MILK MULTI GRAIN CEREAL	FORMULA / BREAST MILK FORMULA / BREAST MILK WHOLE WHEAT CEREAL	FORMULA / BREAST MILK FORMULA / BREAST MILK RICE CEREAL	FORMULA / BREAST MILK FORMULA / BREAST MILK MULTI GRAIN CEREAL
both DINNER BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmilk formula 5 - 1 MONTHS: 0-4 Trablespoons infant cereal, meat, fish, poultry, whole egg, cooked dry beans or cooked dry peas: or 2 ounces of cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces of volume) cottage cheese; or 0-4 ounces of 10-4 ounces of 10-4 ounces or 10-4 ounces of 10-4 ounces	FORMULA / BREAST MILK FORMULA / BREAST MILK RICE CEREAL CORN FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK MULTI GRAIN CEREAL PEAS & CARROTS FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK WHOLE WHEAT CEREAL STIR FRY VEGETABLES FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK RICE CEREAL BROCCOLI FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK MULTI GRAIN CEREAL BAKED FRENCH FRIES FORMULA / BREAST MILK
both DINNER BIRTH - 9 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 0-4 Tobiespoons infant cereal, meat, fish, poultry, whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces or 1/2 cup yagurt, or a combination of the cheese of the combination of both 6 - 11 MONTHS: 0-2 Tobiespoons both EVENING SNACK BIRTH - 9 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces	FORMULA / BREAST MILK FORMULA / BREAST MILK RICE CEREAL CORN	FORMULA / BREAST MILK FORMULA / BREAST MILK MULTI GRAIN CEREAL PEAS & CARROTS	FORMULA / BREAST MILK FORMULA / BREAST MILK WHOLE WHEAT CEREAL STIR FRY VEGETABLES	FORMULA / BREAST MILK FORMULA / BREAST MILK RICE CEREAL BROCCOLI	FORMULA / BREAST MILK FORMULA / BREAST MILK MULTI GRAIN CEREAL BAKED FRENCH FRIES
both DINNER BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6-11 MONTHS: 6-8 Fluid ounces breastmilk/formula 6-11 MONTHS: 6-8 Fluid ounces breastmilk/formula 6-11 MONTHS: 0-4 floiespoons infant cereal, meat, fish, poultry, whale egg, coxeded dry beans or cooked dry peas: or 2 ounces of cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces or 1/2 cup yogurt; or a combination of the company of t	FORMULA / BREAST MILK FORMULA / BREAST MILK RICE CEREAL CORN FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK MULTI GRAIN CEREAL PEAS & CARROTS FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK WHOLE WHEAT CEREAL STIR FRY VEGETABLES FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK RICE CEREAL BROCCOLI FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK MULTI GRAIN CEREAL BAKED FRENCH FRIES FORMULA / BREAST MILK
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both DINNER BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6-11 MONTHS: 6-8 Fluid ounces breastmilk/formula 6-11 MONTHS: 0-4 Tolespoons infant cereal, meat, fish, poultry, whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0-4 ounces (volume) 2/2 cup yogurt; or a combination of the cheese; or 0-4 ounces or 1/2 cup yogurt; or a combination of the cheese or 0-4 ounces to 1/2 cup yogurt; or a combination of the cheese of 1/2 cup yogurt; or a combination of the section of 1/2 cup yogurt; or a combination of the cheese of 1/2 cup yogurt; or a combination of the cheese of 1/2 cup yogurt; or a combination of the cheese of 1/2 cup yogurt; or a combination of the cheese of 1/2 cup yogurt; or a combination of 1/2 cup yogurt; or 2 cup younces of 1/2 cup younces of 1/2 cup younces of 1/2 cup yogurt; or 2 cup yogurt; or 3 cup	FORMULA / BREAST MILK FORMULA / BREAST MILK RICE CEREAL CORN FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK MULTI GRAIN CEREAL PEAS & CARROTS FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK WHOLE WHEAT CEREAL STIR FRY VEGETABLES FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK RICE CEREAL BROCCOLI FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK MULTI GRAIN CEREAL BAKED FRENCH FRIES FORMULA / BREAST MILK
Doth DINNER BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmili/Formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmili/Formula 6 - 11 MONTHS: 0-4 Tobiespoons infant cereal, meat, fish, poultry, whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese: or 0-4 ounces (volume) cottage cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces or 1/2 cup yagent; or a combination of the	FORMULA / BREAST MILK FORMULA / BREAST MILK RICE CEREAL CORN FORMULA / BREAST MILK FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK MULTI GRAIN CEREAL PEAS & CARROTS FORMULA / BREAST MILK FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK WHOLE WHEAT CEREAL STIR FRY VEGETABLES FORMULA / BREAST MILK FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK RICE CEREAL BROCCOLI FORMULA / BREAST MILK FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK MULTI GRAIN CEREAL BAKED FRENCH FRIES FORMULA / BREAST MILK FORMULA / BREAST MILK
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both DINNER BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6-11 MONTHS: 6-8 Fluid ounces breastmilk/formula 6-11 MONTHS: 6-8 Fluid ounces breastmilk/formula 6-11 MONTHS: 6-4 Tolespoons infant cereal, meat, fish, poultry, whole egg, cooked dry bears or cooked dry peas; or 2 ounces of cheese; or 0-4 ounces (volume) 7-2 cup yogurt, or a combination of the both formula 6-11 MONTHS: 0-2 Tolespoons vegetable or fruit or a combination of both EVENING SNACK BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6-11 MONTHS: 0-8 Fluid ounces breastmilk/formula 6-11 MONTHS: 0-4 Fluid ounces breastmilk/formula 6-11 MONTHS: 0-4 Fluid ounces of the seed of the fluid ounces of the seed outcome of the seed outcome of the seed of the fluid ounces of the seed outcome outcome of the seed outcome outcome outcome outcome of the seed outcome outc	FORMULA / BREAST MILK FORMULA / BREAST MILK RICE CEREAL CORN FORMULA / BREAST MILK FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK MULTI GRAIN CEREAL PEAS & CARROTS FORMULA / BREAST MILK FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK WHOLE WHEAT CEREAL STIR FRY VEGETABLES FORMULA / BREAST MILK FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK RICE CEREAL BROCCOLI FORMULA / BREAST MILK FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK MULTI GRAIN CEREAL BAKED FRENCH FRIES FORMULA / BREAST MILK FORMULA / BREAST MILK
both DINNER BIRTH - 9 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 0-4 Tobiespoons infant cereal, meat, fish, poultry, whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces or 1/2 cup yogurt; or a combination of the cheese; or 0-4 ounces or 1/2 cup yogurt; or a combination of the cheese of	FORMULA / BREAST MILK FORMULA / BREAST MILK RICE CEREAL CORN FORMULA / BREAST MILK FORMULA / BREAST MILK OATMEAL CEREAL	FORMULA / BREAST MILK FORMULA / BREAST MILK MULTI GRAIN CEREAL PEAS & CARROTS FORMULA / BREAST MILK FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK WHOLE WHEAT CEREAL STIR FRY VEGETABLES FORMULA / BREAST MILK FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK RICE CEREAL BROCCOLI FORMULA / BREAST MILK FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK MULTI GRAIN CEREAL BAKED FRENCH FRIES FORMULA / BREAST MILK FORMULA / BREAST MILK



Services, Inc					
	Monday 7/31/23				
BREAKFAST					
BIRTH - 5 MONTHS: 4-6 Fluid	FORMULA / DDEAST MILK				
ounces breastmilk/formula	FORMULA / BREAST MILK				
6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula	FORMULA / BREAST MILK				
breastmilk/formula 6 - 11 MONTH5: 0-4 tablespoons					
infant cereal, meat, fish, poultry, whole egg, cooked dry beans or					
cooked dry peas; or 2 ounces of	WHOLE WHEAT CEREAL				
cheese; or 0-4 ounces (volume)	WHOLE WHEAT CEREAL				
cottage cheese; or 0-4 ounces or 1/2					
cup yogurt; or a combination of the					
6 - 11 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of	DEACHES				
both	T CACILES				
AM SNACK					
BIRTH - 5 MONTHS: 4-6 Fluid	FORMULA / BREAST MILK				
ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces					
breastmilk/formula 6 - 11 MONTHS: 0-4 tablespoons	FORMULA / BREAST MILK				
infant cereal, meat, fish, poultry,					
whole egg, cooked dry beans or					
cooked dry peas; or 2 ounces of	OATMEAL CEREAL				
cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces or 1/2					
cup yogurt; or a combination of the					
6 - 11 MONTHS: 0-2 tablespoons					
vegetable or fruit or a combination of	BLUEBERRIES				
both					
LUNCH				T	
BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula	FORMULA / BREAST MILK				
6 - 11 MONTHS: 6-8 Fluid ounces	FORMULA / BREAST MILK				
breastmilk/formula 6 - 11 MON 1 H5: 0-4 tablespoons	The state of the s				
infant cereal, meat, fish, poultry,					
whole egg, cooked dry beans or					
cooked dry peas; or 2 ounces of cheese; or 0-4 ounces (volume)	MULTI GRAIN CEREAL				
cottage cheese; or 0-4 ounces or 1/2					
cup yogurt; or a combination of the					
6 - 11 MONTHS: 0-2 tablespoons					
vegetable or fruit or a combination of	CARROTS				
PM SNACK		<u> </u>			
BIRTH - 5 MONTHS: 4-6 Fluid	FORMULA / BREAST MILK				
ounces breastmilk/formula	PORMULA / BREAST MILK				
6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula 6 - 11 MONTHS: U-4 tablespoons	FORMULA / BREAST MILK				
 6 - 11 MON 1H5: 0-4 tablespoons infant cereal, meat, fish, poultry, 					
whole egg, cooked dry beans or					
cooked dry peas; or 2 ounces of	MIXED CEREAL				
cheese; or 0-4 ounces (volume)					
cottage cheese; or 0-4 ounces or 1/2 cup yogurt; or a combination of the					
6 - 11 MONTHS: 0-2 tablespoons					
6 - 11 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of	FRUIT SALAD				
both					
DINNER					
BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula	FORMULA / BREAST MILK				
6 - 11 MONTHS: 6-8 Fluid ounces	FORMULA / BREAST MILK				
breastmilk/formula 6 - 11 MONTH5: 0-4 tablespoons	TOTAL PROPERTY MILE				
infant cereal, meat, fish, poultry,					
whole egg, cooked dry beans or					
cooked dry peas; or 2 ounces of cheese; or 0-4 ounces (volume)	RICE CEREAL				
cottage cheese; or 0-4 ounces or 1/2					
cup yogurt; or a combination of the					
6 - 11 MONTHS: 0-2 tablespoons					
vegetable or fruit or a combination of	CORN				
			I.	I	
both		<u>I</u>			
both EVENING SNACK BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula	FORMULA / BREAST MILK				
EVENING SNACK BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces					
both EVENING SNACK BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula 0 - 11 MONTHS: 0-4 Trailespoons	FORMULA / BREAST MILK				
both EVENING SNACK BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula b - 11 MONTHS: 6-4 Fluid ounces infant cereal, meat, fish, poutry,	FORMULA / BREAST MILK				
both EVENING SNACK BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula 0 - 11 MONTHS: 0-4 Trailespoons	FORMULA / BREAST MILK FORMULA / BREAST MILK				
both EVENIING SNACK BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula c - 11 MONTHS: 0-1 Tablespoons infant cereal, meat, fish, poultry, whole egg. cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0-4 ounces (volume)	FORMULA / BREAST MILK FORMULA / BREAST MILK BARLEY CEREAL				
both EVENING SNACK BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces pressent milk formula 6 - 11 MONTHS: 6-8 Fluid ounces pressed on cooked dry bears or cooked dry bears or cooked dry bears or counces of cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces or 1/2 cottage cheese; or 0-4 ounces or 1/2	FORMULA / BREAST MILK FORMULA / BREAST MILK BARLEY CEREAL				
both EVENING SNACK BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 0-4 Toutespoons infant cereal, meaf, fish, poultry, whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces; or 0-10 queue; or 10-9 queu	FORMULA / BREAST MILK FORMULA / BREAST MILK BARLEY CEREAL				
both EVENIING SNACK BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 0-8 Tobicspoons infant cereal, meat, fish, poultry, whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0-4 ounces of (volume) cottage cheese; or 0-4 ounces of volume) cottage cheese; or 0-4 ounces of 1/2 cup yagurt; or a combination of the chemic and 6 - 11 MONTHS: 0-2 tablespoons	FORMULA / BREAST MILK FORMULA / BREAST MILK BARLEY CEREAL				
both EVENING SNACK BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 0-4 Toutespoons infant cered, meaf, fish, poultry, whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces for the contract of the	FORMULA / BREAST MILK FORMULA / BREAST MILK BARLEY CEREAL				