

Services, Inc					
DDE 4KE 4 CT	Monday 10/2/23	Tuesday 10/3/23	Wednesday 10/4/23	Thursday 10/5/23	Friday 10/6/23
BREAKFAST BIRTH - 5 MONTHS: 4-6 Fluid					
ounces breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 0-4 tablespoons					
infant cereal, meat, fish, poultry, whole egg, cooked dry beans or					
cooked dry peas; or 2 ounces of	MULTIGRAIN CEREAL	RICE CEREAL	WHOLE WHEAT CEREAL	OATMEAL CEREAL	BARLEY CEREAL
cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces or 1/2	mod i zoraza v ocaca z	ingo seneris	WHOSE WHEAT SEREAD	ON THIERD SCIENCE	Dringer Scheng
cup yogurt; or a combination of the					
above; and 6 - 11 MONTHS: 0-2 tablespoons					
vegetable or fruit or a combination of	PEACHES	BANANA	STRAWBERRIES	ORANGE	APRICOT
AM SNACK					
BIRTH - 5 MONTHS: 4-6 Fluid		I	I		
ounces breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 0-4 tablespoons	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
infant cereal, meat, fish, poultry,					
whole egg, cooked dry beans or					
cooked dry peas; or 2 ounces of cheese; or 0-4 ounces (volume)	BARLEY CEREAL	WHOLE WHEAT CEREAL	MIXED CEREAL	MULTIGRAIN CEREAL	OATMEAL CEREAL
cottage cheese; or 0-4 ounces or 1/2					
cup yogurt; or a combination of the					
6 - 11 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of	RILIEREDDTES	PINEAPPLE	PEARS	CARROT	PEACHES
both	DECEMENTED		· Critical	ornard I	. Crioi ICO
LUNCH		I	I		T.
BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 6-8 Fluid ounces	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
breastmilk/formula 6 - 11 MONTH5: 0-4 tablespoons					
infant cereal, meat, fish, poultry, whole egg, cooked dry beans or					
cooked dry peas; or 2 ounces of	WHOLE WHEAT CEREAL	BARLEY CEREAL	RICE CEREAL	MIXED CEREAL	MULTIGRAIN CEREAL
cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces or 1/2	Wilde Wilekt Schene	Dringer General	NACE SCHOOL	marco ochera	MODI ZONAZIY OCNEAU
cup yogurt; or a combination of the					
6 - 11 MONTHS: 0-2 tablespoons					
vegetable or fruit or a combination of	TOMATO SOUP	PEAS	CORN	SWEET POTATO	CINNAMON PUMPKIN
PM SNACK					
BIRTH - 5 MONTHS: 4-6 Fluid	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 6-8 Fluid ounces	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
breastmilk/formula 6 - 11 MONTHS: 0-4 tablespoons	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MICK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
infant cereal, meat, fish, poultry,					
whole egg, cooked dry beans or cooked dry peas; or 2 ounces of					
cheese; or 0-4 ounces (volume)	MULTIGRAIN CEREAL	RICE CEREAL	WHOLE WHEAT CEREAL	RICE CEREAL	MIXED CEREAL
cottage cheese; or 0-4 ounces or 1/2 cup yogurt; or a combination of the					
6 - 11 MONTHS: 0-2 tablespoons					
vegetable or fruit or a combination of	CHICKPEAS	PEACHES	BROCCOLI SOUP	PUMPKIN APPLESAUCE	STRAWBERRIES
both DINNER					
BIRTH - 5 MONTHS: 4-6 Fluid	FORMULA / DDEACT WITH	FORMULA / RREACT WITH	FORMULA / RDFACT WITH	EOD#111 4 / DDE467 1171	FORMULA / DDF / CT 11711/
ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 0-4 tablespoons infant cereal, meat, fish, poultry,					
whole egg, cooked dry beans or					
cooked dry peas; or 2 ounces of	OATMEAL CEREAL	MIXED CEREAL	BARLEY CEREAL	WHOLE WHEAT CEREAL	RICE CEREAL
cottage cheese; or 0-4 ounces or 1/2					
cup yogurt; or a combination of the					
above; and 6 - 11 MONTHS: 0-2 tablespoons					
vegetable or fruit or a combination of both	SAUTEED SPINACH	GREEN BEANS	SWEET PEAS	STEAMED ZUCCHINI	STIR FRY VEGETABLES
EVENING SNACK					
BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 6-8 Fluid ounces	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
breastmilk/formula 6 - 11 MUN 1 H5: U-4 tablespoons	orr / onerroll maps			our / Dichot Mack	
infant cereal, meat, fish, poultry,					
whole egg, cooked dry beans or cooked dry peas; or 2 ounces of	MITYER CEREAL	MULTICO ATAL CERS :	CATHEAL CEDEAL	DADIEV CEDEAL	WILLIAM SERVICE
cheese; or 0-4 ounces (volume)	MIXED CEREAL	MULTIGRAIN CEREAL	OATMEAL CEREAL	BARLEY CEREAL	WHOLE WHEAT CEREAL
cottage cheese; or 0-4 ounces or 1/2 cup yogurt; or a combination of the					
6 - 11 MONTHS: 0-2 tablespoons					
	DASPREDDTES	BLUEBERRY APPLE	GREEN APPLE (MASHED)	APRICOT	PLUMS
vegetable or fruit or a combination of both	KASI DERRIES				



Services, Inc		T 10/10/20)	TI 10/10/10/	B : 1 (0.110.100
DDEAUEACT	Monday 10/9/23	Tuesday 10/10/23	Wednesday 10/11/23	Thursday 10/12/23	Friday 10/13/23
BREAKFAST BIRTH - 5 MONTHS: 4-6 Fluid	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces					
breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 0-4 tablespoons infant cereal, meat, fish, poultry,					
whole egg, cooked dry beans or					
cooked dry peas; or 2 ounces of cheese; or 0-4 ounces (volume)	RICE CEREAL	OATMEAL CEREAL	MULTIGRAIN CEREAL	HARD BOILED EGG	BARLEY CEREAL
cottage cheese; or 0-4 ounces or 1/2					
cup yogurt; or a combination of the above; and					
6 - 11 MONTHS: 0-2 tablespoons					
vegetable or fruit or a combination of both	PEACHES	BANANA	FRUIT COCKTAIL	ORANGE	SPINACH
AM SNACK					
BIRTH - 5 MONTHS: 4-6 Fluid	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
breastmilk/formula 6 - II MONTHS: U-4 tablespoons	TOTALION TOTALION MEDIC	TORMOUNT PREMOT MEDIC	TOTALION / DICHO! MEDIC	TOTALISM T DICTOT MEDIC	TOTAL TOTAL TALLET
infant cereal, meat, fish, poultry, whole egg, cooked dry beans or					
cooked dry peas; or 2 ounces of	WHOLE WHEAT TEETHING	WHOLE WHEAT CEREAL	WHOLE WHEAT MINI BAGEL	OATMEAL CEREAL	WHOLE WHEAT PITA
cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces or 1/2	CRACKERS	WHOLE WHICH I GENERAL	WHOLE WHEN MINE DAGEL	ON THERE GENERAL	WHOSE WHEN FILM
cup yogurt; or a combination of the					
6 - 11 MONTHS: 0-2 tablespoons					
vegetable or fruit or a combination of both	HONEYDEW MELON	STRAWBERRIES	APPLESAUCE	PINEAPPLE	CARROTS
LUNCH		ı	ı	1	ı
BIRTH - 5 MONTHS: 4-6 Fluid	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces		FORMULA / BREAST MILK		FORMULA / BREAST MILK	
breastmilk/formula 6 - 11 MONTHS: U-4 tablespoons	FORMULA / BREAST MILK	FURMULA / BREAST MILK	FORMULA / BREAST MILK	FURMULA / DKEAST MILK	FORMULA / BREAST MILK
infant cereal, meat, fish, poultry,					
whole egg, cooked dry beans or cooked dry peas; or 2 ounces of	l				
cheese; or 0-4 ounces (volume)	BARLEY CEREAL	RICE CEREAL	MIXED CEREAL	MULTIGRAIN CEREAL	WHOLE WHEAT CEREAL
cottage cheese; or 0-4 ounces or 1/2 cup yogurt; or a combination of the					
6 - 11 MONTHS: 0-2 tablespoons					
vegetable or fruit or a combination of	GREEN BEANS	BROCCOLI	SWEET ACORN SQUASH	SPINACH	SWEET POTATO
PM SNACK		I .	l .	1	I .
BIRTH - 5 MONTHS: 4-6 Fluid	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
breastmilk/formula 6 - 11 MUNTHS: U-4 tablespoons		, simon , shendi mask			
infant cereal, meat, fish, poultry,					
whole egg, cooked dry beans or cooked dry peas; or 2 ounces of					
cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces or 1/2	IMULITERATNI CEREAL	RADI EV CEDEAL	CATMEAL CEREAL	DTCF CEDEAL	MULTIGRATNI CEDEAL
	MULTIGRAIN CEREAL	BARLEY CEREAL	OATMEAL CEREAL	RICE CEREAL	MULTIGRAIN CEREAL
cup yogurt; or a combination of the	MULTIGRAIN CEREAL	BARLEY CEREAL	OATMEAL CEREAL	RICE CEREAL	MULTIGRAIN CEREAL
cup yogurt; or a combination of the		BARLEY CEREAL			MULTIGRAIN CEREAL
6 - 11 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of		BARLEY CEREAL ROASTED BEETS	OATMEAL CEREAL PEACHES	PEARS	MULTIGRAIN CEREAL VEGETABLE SOUP
6 - 11 MONTHS: 0-2 tablespoons					
6 - 11 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of both DINNER BIRTH - 5 MONTHS: 4-6 Fluid					
6 - 11 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of bath DINNER BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces	APPLE PEAR FORMULA / BREAST MILK	ROASTED BEETS FORMULA / BREAST MILK	PEACHES FORMULA / BREAST MILK	PEARS FORMULA / BREAST MILK	VEGETABLE SOUP FORMULA / BREAST MILK
6 - 11 MONTHS: 0-2 toblespoons vegetable or fruit or a combination of both DINNER BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 0-4 Fluid sunces	APPLE PEAR	ROASTED BEETS	PEACHES	PEARS	VEGETABLE SOUP
6 - 11 MONTHS: 0-2 toblespoors vegetable or fruit or a combination of both DINNER BIRTH - 5 MONTHS: 4-6 Fluid ounces breast milk formula 6 - 11 MONTHS: 0-8 Fluid ounces breastmilk formula infort created, meant fruits for milk infort created, meant fish, poultry,	APPLE PEAR FORMULA / BREAST MILK	ROASTED BEETS FORMULA / BREAST MILK	PEACHES FORMULA / BREAST MILK	PEARS FORMULA / BREAST MILK	VEGETABLE SOUP FORMULA / BREAST MILK
6 - 11 MONTHS: 0-2 toblespoons vegetable or fruit or a combination of both DINNER BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 0-4 Fluid sunces	APPLE PEAR FORMULA / BREAST MILK FORMULA / BREAST MILK	ROASTED BEETS FORMULA / BREAST MILK FORMULA / BREAST MILK	PEACHES FORMULA / BREAST MILK FORMULA / BREAST MILK	PEARS FORMULA / BREAST MILK FORMULA / BREAST MILK	VEGETABLE SOUP FORMULA / BREAST MILK FORMULA / BREAST MILK
6 - 11 MONTHS: 0-2 toblespoons vegetable or fruit or a combination of both DINNER BIRTH - 5 MONTHS: 4-6 Fluid ocures breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 0-1 Toblespoons or cooked dry beans or cooked dry beans or cooked dry beans or cooked dry beas: or 2 ounces of cheese; or 0-4 ounces (volume)	APPLE PEAR FORMULA / BREAST MILK	ROASTED BEETS FORMULA / BREAST MILK	PEACHES FORMULA / BREAST MILK	PEARS FORMULA / BREAST MILK	VEGETABLE SOUP FORMULA / BREAST MILK
6 - 11 MONTHS: 0-2 toblespoons vegetable or fruit or a combination of both DINNER BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 0-4 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 0-4 Fluid ounces infant cereal, meat, fish, poultry, whole egg, cooked dry bears or cooked dry peas; or 2 ounces of	APPLE PEAR FORMULA / BREAST MILK FORMULA / BREAST MILK	ROASTED BEETS FORMULA / BREAST MILK FORMULA / BREAST MILK	PEACHES FORMULA / BREAST MILK FORMULA / BREAST MILK	PEARS FORMULA / BREAST MILK FORMULA / BREAST MILK	VEGETABLE SOUP FORMULA / BREAST MILK FORMULA / BREAST MILK
6 - 11 MONTHS: 0-2 toblespoons vegetable or fruit or a combination of both DINNER BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 0-4 Toblespoons infant cereal, meat, fish, poultry, whole egg, cooked dry bears or cooked dry peas; or 2 ounces of cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces or 1/2 cup yogut; or a combination of a combination of 6 - 11 MONTHS: 0-2 toblespoons	APPLE PEAR FORMULA / BREAST MILK FORMULA / BREAST MILK OATMEAL CEREAL	ROASTED BEETS FORMULA / BREAST MILK FORMULA / BREAST MILK	PEACHES FORMULA / BREAST MILK FORMULA / BREAST MILK	PEARS FORMULA / BREAST MILK FORMULA / BREAST MILK	VEGETABLE SOUP FORMULA / BREAST MILK FORMULA / BREAST MILK
6 - 11 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of bath DINNER BIRTH - 5 MONTHS: 4-6 Fluid ounces becestimilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces becestimilk/formula 6 - 11 MONTHS: 0-8 Fluid ounces infant cereal, meat, fish, poultry, whole egg, cooked dry bears or cooked dry peas; or 2 ounces of cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces (volume) 6 - 11 MONTHS: 0-2 tablespoons 6 - 11 MONTHS: 0-2 tablespoons	APPLE PEAR FORMULA / BREAST MILK FORMULA / BREAST MILK OATMEAL CEREAL	ROASTED BEETS FORMULA / BREAST MILK FORMULA / BREAST MILK	PEACHES FORMULA / BREAST MILK FORMULA / BREAST MILK	PEARS FORMULA / BREAST MILK FORMULA / BREAST MILK	VEGETABLE SOUP FORMULA / BREAST MILK FORMULA / BREAST MILK
6 - 11 MONTHS: 0-2 toblespoons vegetable or fruit or a combination of both DINNER BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 0-4 Toblespoons infant cereal, meat, fish, poultry, whole egg, cooked dry bears or cooked dry peas; or 2 ounces of cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces or 1/2 cup yogurt, or a combination of the 6 - 11 MONTHS: 0-2 toblespoons vegetable or fruit or a combination of both EVENITION SNACK	APPLE PEAR FORMULA / BREAST MILK FORMULA / BREAST MILK OATMEAL CEREAL	ROASTED BEETS FORMULA / BREAST MILK FORMULA / BREAST MILK MIXED CEREAL	PEACHES FORMULA / BREAST MILK FORMULA / BREAST MILK RICE CEREAL	PEARS FORMULA / BREAST MILK FORMULA / BREAST MILK WHOLE WHEAT CEREAL	VEGETABLE SOUP FORMULA / BREAST MILK FORMULA / BREAST MILK OATMEAL CEREAL
6 - 11 MONTHS: 0-2 toblespoons vegetable or fruit or a combination of both DINNER BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 0-8 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 0-8 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 0-8 Fluid ounces or leastmile of the second of the spoons infant cereal, meat, fish, poultry, whole egg, coxled dry bears or cooked dry pears or 2 ounces of cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces or 1/2 cup yogurt; or a combination of the second of t	APPLE PEAR FORMULA / BREAST MILK FORMULA / BREAST MILK OATMEAL CEREAL	ROASTED BEETS FORMULA / BREAST MILK FORMULA / BREAST MILK MIXED CEREAL	PEACHES FORMULA / BREAST MILK FORMULA / BREAST MILK RICE CEREAL	PEARS FORMULA / BREAST MILK FORMULA / BREAST MILK WHOLE WHEAT CEREAL	VEGETABLE SOUP FORMULA / BREAST MILK FORMULA / BREAST MILK OATMEAL CEREAL
6 - 11 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of both DINNER BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula ounces breastmilk/formula 6 - 11 MONTHS: 0-8 Fluid ounces breastmilk/formula on MONTHS: 0-4 Tobespoons infant cereal, meat, fish, poultry, whole egg, coxlead dry beans or cooked dry pears; or 2 ounces of cheese: or 0-4 ounces (volume) cottage cheese; or 0-4 ounces of 1/2 cup yagart; or a combination of the combination	APPLE PEAR FORMULA / BREAST MILK FORMULA / BREAST MILK OATMEAL CEREAL CORN FORMULA / BREAST MILK	ROASTED BEETS FORMULA / BREAST MILK FORMULA / BREAST MILK MIXED CEREAL CARROT FORMULA / BREAST MILK	PEACHES FORMULA / BREAST MILK FORMULA / BREAST MILK RICE CEREAL COLLARD GREEN	PEARS FORMULA / BREAST MILK FORMULA / BREAST MILK WHOLE WHEAT CEREAL MIXED VEGETABLES FORMULA / BREAST MILK	VEGETABLE SOUP FORMULA / BREAST MILK FORMULA / BREAST MILK OATMEAL CEREAL GREEN BEANS FORMULA / BREAST MILK
6 - 11 MONTHS: 0-2 toblespoors vegetable or fruit or a combination of both DINNER BIRTH - 5 MONTHS: 4-6 Fluid owness breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid owness breastmilk/formula 6 - 11 MONTHS: 0-4 Toblespoors infant cereal, meat, fish, poultry, whole egg, cooked dry bears or cooked dry peas; or 2 owness of theses; or 0-4 owness or 1/2 cup yogurt, or a combination of the company of th	APPLE PEAR FORMULA / BREAST MILK FORMULA / BREAST MILK OATMEAL CEREAL CORN	ROASTED BEETS FORMULA / BREAST MILK FORMULA / BREAST MILK MIXED CEREAL CARROT	PEACHES FORMULA / BREAST MILK FORMULA / BREAST MILK RICE CEREAL COLLARD GREEN	PEARS FORMULA / BREAST MILK FORMULA / BREAST MILK WHOLE WHEAT CEREAL MIXED VEGETABLES	VEGETABLE SOUP FORMULA / BREAST MILK FORMULA / BREAST MILK OATMEAL CEREAL GREEN BEANS
6 - 11 MONTHS: 0-2 toblespoors vegetable or fruit or a combination of both DINNER BIRTH - 5 MONTHS: 4-6 Fluid ounces breast milk/formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula 0 - 11 MONTHS: 0-4 Toblespoors infant cereal, meet, fish, poultry, whole egg. cooked dry bears or cooked dry peas; or 2 ounces of cheese: or 0-4 ounces or 1/2 cup yagut; or a combination of the cup yagut; or a combination of the CUP yagut; or a combination of the both EVENTING SNACK BIRTH - 5 MONTHS: 6-8 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula 0 - 11 MONTHS: 0-9 Toblespoors infant cereal processing for the combination of both TOBLES OF	APPLE PEAR FORMULA / BREAST MILK FORMULA / BREAST MILK OATMEAL CEREAL CORN FORMULA / BREAST MILK	ROASTED BEETS FORMULA / BREAST MILK FORMULA / BREAST MILK MIXED CEREAL CARROT FORMULA / BREAST MILK	PEACHES FORMULA / BREAST MILK FORMULA / BREAST MILK RICE CEREAL COLLARD GREEN	PEARS FORMULA / BREAST MILK FORMULA / BREAST MILK WHOLE WHEAT CEREAL MIXED VEGETABLES FORMULA / BREAST MILK	VEGETABLE SOUP FORMULA / BREAST MILK FORMULA / BREAST MILK OATMEAL CEREAL GREEN BEANS FORMULA / BREAST MILK
6 - 11 MONTHS: 0-2 tablespoors vegetable or fruit or a combination of both DINNER BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmilk-formula 6 - 11 MONTHS: 6-1 Fluid ounces breastmilk-formula 7 - 1 MONTHS: 6-1 Fluid ounces breastmilk-formula 6 - 11 MONTHS: 0-1 Toblespoors of cheese: or 0-4 ounces of 1/2 cup vegert; or a combination of the compact of the combination of the both EVENTIME SNACK BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 0-4 Toblespoors	APPLE PEAR FORMULA / BREAST MILK FORMULA / BREAST MILK OATMEAL CEREAL CORN FORMULA / BREAST MILK FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK MIXED CEREAL CARROT FORMULA / BREAST MILK FORMULA / BREAST MILK	PEACHES FORMULA / BREAST MILK FORMULA / BREAST MILK RICE CEREAL COLLARD GREEN FORMULA / BREAST MILK FORMULA / BREAST MILK	PEARS FORMULA / BREAST MILK FORMULA / BREAST MILK WHOLE WHEAT CEREAL MIXED VEGETABLES FORMULA / BREAST MILK FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK OATMEAL CEREAL GREEN BEANS FORMULA / BREAST MILK FORMULA / BREAST MILK
6 - 11 MONTHS: 0-2 toblespoors vegetable or fruit or a combination of both DINNER BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 0-1 Toblespoors infant cereal, meat, fish, poultry, whole agg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces or 1/2 cup yogurt, or a combination of the 6 - 11 MONTHS: 0-2 toblespoors vegetable or fruit or a combination of both EVENING SNACK BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 0-4 Output 6 - 1 I MONTHS: 6-8 Fluid ounces breastmilk/formula 6 - 1 I MONTHS: 6-8 output ounces breastmilk/formula 6 - 1 I MONTHS: 6-9 output ounces breastmilk/formula 6 - 1 I MONTHS: 6-9 output output 0 - 1 I MONTHS: 6-9 output 0	APPLE PEAR FORMULA / BREAST MILK FORMULA / BREAST MILK OATMEAL CEREAL CORN FORMULA / BREAST MILK	ROASTED BEETS FORMULA / BREAST MILK FORMULA / BREAST MILK MIXED CEREAL CARROT FORMULA / BREAST MILK	PEACHES FORMULA / BREAST MILK FORMULA / BREAST MILK RICE CEREAL COLLARD GREEN	PEARS FORMULA / BREAST MILK FORMULA / BREAST MILK WHOLE WHEAT CEREAL MIXED VEGETABLES FORMULA / BREAST MILK	VEGETABLE SOUP FORMULA / BREAST MILK FORMULA / BREAST MILK OATMEAL CEREAL GREEN BEANS FORMULA / BREAST MILK
6 - 11 MONTHS: 0-2 toblespoors vegetable or fruit or a combination of both DINNER BIRTH - 5 MONTHS: 4-6 Fluid ounces breast milk/formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 0-1 Toblespoors infant cereal, meat, fish, poutry, whole egg, cooked dry bears or cooked dry peas: or 2 ounces of /2 cup yegut; or a combination of the control of the combination of the control of the combination of the breastmilk/formula 6 - 11 MONTHS: 0-2 toblespoors vegetable or fruit or a combination of both EVENING SNACK BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 5 - MONTHS: 0-8 Fluid ounces breastmilk/formula 7 - MONTHS: 0-8 Fluid ounces breastmilk/formula 7 - MONTHS: 0-8 Fluid ounces breastmilk/formula 7 - MONTHS: 0-9 Fluid ounces breastmilk/formula 9 - MONTHS: 0-9 Fluid ounces breastmilk/formula	APPLE PEAR FORMULA / BREAST MILK FORMULA / BREAST MILK OATMEAL CEREAL CORN FORMULA / BREAST MILK FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK MIXED CEREAL CARROT FORMULA / BREAST MILK FORMULA / BREAST MILK	PEACHES FORMULA / BREAST MILK FORMULA / BREAST MILK RICE CEREAL COLLARD GREEN FORMULA / BREAST MILK FORMULA / BREAST MILK	PEARS FORMULA / BREAST MILK FORMULA / BREAST MILK WHOLE WHEAT CEREAL MIXED VEGETABLES FORMULA / BREAST MILK FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK OATMEAL CEREAL GREEN BEANS FORMULA / BREAST MILK FORMULA / BREAST MILK
6 - 11 MONTHS: 0-2 toblespoors vegetable or fruit or a combination of both DINNER BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 0-4 Toblespoors infant cereal, meat, fish, poultry, whole egg, cooked dry bears or cooked dry peas; or 2 ounces of cheese: or 0-4 ounces (volume) cottage cheese: or 0-4 ounces or 1/2 cup vagart; or a combination of the both EVENTIME SNACK BIRTH - 5 MONTHS: 0-4 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 0-4 Fluid ounces breastmilk/formula 5 - 11 MONTHS: 0-4 Fluid ounces breastmilk/formula 5 - 11 MONTHS: 0-4 Fluid ounces breastmilk/formula concess breastmilk/formula 5 - 11 MONTHS: 0-4 Fluid ounces breastmilk/formula concess or 0-4 ounces (volume) cottage cheese: or 0-4 ounces (volume) cottage cheese: or 0-4 ounces or 1/2 cheese: or 0-4 ounces or 1/2 cottage cheese: or 0-4 ounces or 1/2 cheese: or 0-4 ounces or 1/2 cottage cheese: or 0-4 ounces or 1/2	APPLE PEAR FORMULA / BREAST MILK FORMULA / BREAST MILK OATMEAL CEREAL CORN FORMULA / BREAST MILK FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK MIXED CEREAL CARROT FORMULA / BREAST MILK FORMULA / BREAST MILK	PEACHES FORMULA / BREAST MILK FORMULA / BREAST MILK RICE CEREAL COLLARD GREEN FORMULA / BREAST MILK FORMULA / BREAST MILK	PEARS FORMULA / BREAST MILK FORMULA / BREAST MILK WHOLE WHEAT CEREAL MIXED VEGETABLES FORMULA / BREAST MILK FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK OATMEAL CEREAL GREEN BEANS FORMULA / BREAST MILK FORMULA / BREAST MILK
6 - 11 MONTHS: 0-2 tablespoors vegetable or fruit or a combination of both DINNER BIRTH - 5 MONTHS: 4-6 Fluid ounces breast milk/formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 0-1 tablespoors infant cereal, meat, fish, poutry, whole egg, cooked dry bears or cooked dry peas: or 2 ounces of /2 cup yogut; or a combination of the control of the control of the control 6 - 11 MONTHS: 0-2 tablespoors vegetable or fruit or a combination of both EVENING SNACK BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 0-8 Thuid ounces breastmilk/formula 1 - 1 Thuid ounces 0 - 1 Thuid oun	APPLE PEAR FORMULA / BREAST MILK FORMULA / BREAST MILK OATMEAL CEREAL CORN FORMULA / BREAST MILK FORMULA / BREAST MILK MIXED CEREAL	FORMULA / BREAST MILK FORMULA / BREAST MILK MIXED CEREAL CARROT FORMULA / BREAST MILK FORMULA / BREAST MILK	PEACHES FORMULA / BREAST MILK FORMULA / BREAST MILK RICE CEREAL COLLARD GREEN FORMULA / BREAST MILK FORMULA / BREAST MILK	PEARS FORMULA / BREAST MILK FORMULA / BREAST MILK WHOLE WHEAT CEREAL MIXED VEGETABLES FORMULA / BREAST MILK FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK OATMEAL CEREAL GREEN BEANS FORMULA / BREAST MILK FORMULA / BREAST MILK



Services, Inc	Monday 10/16/23	Tuesday 10/17/23	Wednesday 10/18/23	Thursday 10/19/23	Friday 10/20/23
BREAKFAST	Monday 10/10/23	Tuesday 10/1//23	Wednesday 10/10/25	111ul 3uuy 10/19/23	111day 10/20/23
BIRTH - 5 MONTHS: 4-6 Fluid	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces					
breastmilk/formula 6 - 11 MONTHS: U-4 tablespoons	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
infant cereal, meat, fish, poultry,					
whole egg, cooked dry beans or					
cooked dry peas; or 2 ounces of	WHOLE WHEAT CEREAL	RICE CEREAL	OATMEAL CEREAL	BARLEY CEREAL	MIXED CEREAL
cheese; or 0-4 ounces (volume)	WHOSE WHEAT SERENS	NEGE GENERAL	on mens seneral	DANGE / GENERAL	Marco ocicro
cottage cheese; or 0-4 ounces or 1/2 cup yogurt; or a combination of the					
6 - 11 MONTHS: 0-2 tablespoons					
vegetable or fruit or a combination of	BANANAS	kiwi	BLUEBERRIES	APPLESAUCE	ORANGES
both					
AM SNACK				T	1
BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 6-8 Fluid ounces	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
breastmilk/formula 6 - 11 MONTHS: U-4 tablespoons	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	PORMULA / BREAST MILK	FORMULA / BREAST MILK
infant cereal, meat, fish, poultry,					
whole egg, cooked dry beans or					
cooked dry peas; or 2 ounces of cheese; or 0-4 ounces (volume)	BARLEY CEREAL	MULTIGRAIN CEREAL	RICE CEREAL	WHOLE WHEAT CEREAL	RICE CEREAL
cottage cheese; or 0-4 ounces or 1/2					
cup yogurt; or a combination of the					
6 - 11 MONTHS: 0-2 tablespoons					
vegetable or fruit or a combination of	FRUIT SALAD	PRUNES	HONEYDEW MELON (MASHED)	WATERMELON	PEACHES
both		1	1		
LUNCH BIRTH - 5 MONTHS: 4-6 Fluid		1	T.	T.	
ounces breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 6-8 Fluid ounces	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
breastmilk/formula b - 11 MON 1 HS: U-4 tablespoons					
infant cereal, meat, fish, poultry,					
whole egg, cooked dry beans or cooked dry peas; or 2 ounces of					
cheese; or 0-4 ounces (volume)	RICE CEREAL	OATMEAL CEREAL	WHOLE WHEAT CEREAL	OATMEAL CEREAL	MULTIGRAIN CEREAL
cottage cheese; or 0-4 ounces or 1/2					
cup yogurt; or a combination of the					
6 - 11 MONTHS: 0-2 tablespoons				ROASTED BRUSSELL SPROUTS	
vegetable or fruit or a combination of	CABBAGE	BROCCOLI	BAKED BEANS	(MASHED)	BLACK BEANS
PM SNACK		I .	I.		
BIRTH - 5 MONTHS: 4-6 Fluid	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	PORMULA / BREAST MILK	FORMULA / BREAST MILK
breastmilk/formula 6 - 11 MONTHS: 0-4 tablespoons	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTH5: 0-4 tablespoons infant cereal, meat, fish, poultry,					
whole egg, cooked dry beans or					
cooked dry peas; or 2 ounces of	MULTIGRAIN CEREAL	MIXED CEREAL	BARLEY CEREAL	RICE CEREAL	OATMEAL CEREAL
cheese; or 0-4 ounces (volume)	mod i zoidizi i ochera	Marco Schene	DANGE OCHERO	Nasc Schenb	on mena senera
cottage cheese; or 0-4 ounces or 1/2 cup yogurt; or a combination of the					
ahous: and					
6 - 11 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of	HM MINESTRONE SOUP	RASPBERRIES	PEACHES	PUMPKIN HUMMUS	BANANA
both					
DINNER					
BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 6-8 Fluid ounces	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
breastmilk/formula 6 - 11 MONTH5: 0-4 tablespoons	ONMULA / BREAST MILK	OUMORY / BECASI WITE	OUMORA / BECASI WITE	ONHULA / DREAD! MILK	ONMULA / BREAD! MILK
infant cereal, meat, fish, poultry,					
whole egg, cooked dry beans or					
cooked dry peas; or 2 ounces of cheese; or 0-4 ounces (volume)	MIXED CEREAL/INFANT CHICKEN	WHOLE WHEAT CEREAL	MULTIGRAIN CEREAL	MIXED CEREAL	BARLEY CEREAL
cottage cheese; or 0-4 ounces (volume)					
cup yogurt; or a combination of the					
6 - 11 MONTHS: 0-2 tablespoons					
	MIXED VEGETABLE	SWEET ACORN SQUASH	GREEN BEANS	BLACK EYES PEAS	BUTTERNUT SQUASH
vegetable or fruit or a combination of	İ	1	1		
both			I		
EVENING SNACK					FORMULA / BREAST MILK
EVENING SNACK BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	
both EVENING SNACK BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces	FORMULA / BREAST MILK FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
both EVENIING SNACK BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula b - 11 MONTHS: 0-4 Trablespoons					FORMULA / BREAST MILK
both EVENING SNACK BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula control with the strength ounces breastmilk/formula control with the strength ounces infant cereal, meat, fish, poultry,					FORMULA / BREAST MILK
both EVENING SNACK BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmill/formula 6 - II MONTHS: 6-8 Fluid ounces breastmill/formula b - II MONTHS: 0-5 Tobicspoons infant cereal, meat, fish, poultry, whole egg, cooked dry beans or	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	
both EVENING SNACK BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula breastmilk/formula c 11 MONTHS: 0-10 Trainisappoons infant cereal, meat, fish, poultry,					FORMULA / BREAST MILK WHOLE WHEAT CEREAL
both EVENING SNACK BIRTH - 5 MONTHS: 4-6 Fluid oncues breastmilk/formula 6 - 11 MONTHS: 8-8 Fluid ounces breastmilk/formula 5 - 11 MONTHS: 0-4 Tiblespoors infant cereal, meat, fish, poultry, whole egg, cooked dry beans or cooked dry peas; or 2 owness of cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces or 1/2 cottage cheese; or 0-4 ounces or 1/2	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	
both EVENING SNACK BIRTH - 5 MONTHS: 4-0 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula 6 - 11 MONTHS: U-# TIDDIESPORS infant creed, meat, fish, poultry, whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0-4 ounces (volume)	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	
both EVENING SNACK BIRTH - 5 MONTHS: 4-6 Fluid oncues breastmilk/formula 6 - 11 MONTHS: 8-8 Fluid ounces breastmilk/formula 5 - 11 MONTHS: 0-4 Tiblespoors infant cereal, meat, fish, poultry, whole egg, cooked dry beans or cooked dry peas; or 2 owness of cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces or 1/2 cottage cheese; or 0-4 ounces or 1/2	FORMULA / BREAST MILK OATMEAL CEREAL	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	



Services, Inc.					
	Monday 10/23/23	Tuesday 10/24/23	Wednesday 10/25/23	Thursday 10/26/23	Friday 10/27/23
BREAKFAST	,		,		, , , , , , , , , , , , , , , , , , , ,
BIRTH - 5 MONTHS: 4-6 Fluid	FORMULA / DDF45T MTLK	FORMULA / DOFACT MAIN	FORMULA / RREACT MILK	FORMULA / RDEACT HTLK	FORMULA / RREACT MILK
ounces breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 6-8 Fluid ounces	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
breastmilk/formula 6 - 11 MONTHS: U-4 tablespoons					
infant cereal, meat, fish, poultry,					
whole egg, cooked dry beans or cooked dry peas; or 2 ounces of					
cheese; or 0-4 ounces (volume)	WHOLE WHEAT CEREAL	OATMEAL CEREAL	RICE CEREAL	MIXED CEREAL	MULTIGRAIN CEREAL
cottage cheese; or 0-4 ounces or 1/2					
cup yogurt; or a combination of the					
6 - 11 MONTHS: 0-2 tablespoons					
vegetable or fruit or a combination of	CINNAMON APPLESAUCE	ORANGE SMILES	FRUIT COCKTAIL	APRICOTS	BLUEBERRIES
both			L		
AM SNACK		I		I	I
BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 6-8 Fluid ounces	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
breastmilk/formula 6 - 11 MONTHS: U-4 tablespoons	TORMODA / DREAST MILER	TORMODA / DREAST MILER	TORMOLA / DREAGT MEEK	TORMODA / DREAGT MILER	TORMOUR / DREAST MILK
infant cereal, meat, fish, poultry,					
whole egg, cooked dry beans or					
cooked dry peas; or 2 ounces of	RICE CEREAL	MULTIGRAIN CEREAL	BARLEY CEREAL	WHOLE WHEAT CEREAL	OATMEAL CEREAL
cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces or 1/2					
cup yogurt; or a combination of the					
6 - 11 MONTHS: 0-2 tablespoons			1		
vegetable or fruit or a combination of	BLUEBERRIES	PEACHES	AVOCADO	RASPBERRIES	PRUNES
both					
LUNCH					
BIRTH - 5 MONTHS: 4-6 Fluid	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces					
breastmilk/formula b - 11 MUNIHS: U-4 Tablespoons	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
 6 - 11 MON IHS: U-4 tablespoons infant cereal, meat, fish, poultry, 					
whole egg, cooked dry beans or					
cooked dry peas; or 2 ounces of	OATMEAL CEREAL	MIXED CEREAL	WHOLE WHEAT CEREAL	RICE CEREAL	BARLEY CEREAL
cheese; or 0-4 ounces (volume)	OATMEAL CEREAL	MIXED CEREAL	WHOLE WHEAT CEREAL	RICE CEREAL	BARLET CEREAL
cottage cheese; or 0-4 ounces or 1/2					
cup yogurt; or a combination of the					
6 - 11 MONTHS: 0-2 tablespoons					
	CALITEEN DOCCCOLT	DEAC	CODA	COFFEN DE ANIC	TATED TOTAL
vegetable or fruit or a combination of	SAUTEED BROCCOLI	PEAS	CORN	GREEN BEANS	TATER TOTS
vegetable or fruit or a combination of both PM SNACK	SAUTEED BROCCOLI	PEAS	CORN	GREEN BEANS	TATER TOTS
PM SNACK BIRTH - 5 MONTHS: 4-6 Fluid			I		
PM SNACK BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
PM SNACK BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces			I		
PM SNACK BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 0-4 Tablespoons	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
PM SNACK BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
both PM SNACK BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6-11 MONTHS: 6-8 Fluid ounces breastmilk/formula 6-11 MONTHS: 6-4 Fluid ounces infant cereal, meat, fish, poultry, whole egg, cooked dry bears or cooked dry peas; or 2 ounces of	FORMULA / BREAST MILK FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK
both PM SNACK BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 0-4 Toblespoons infort cereal, meat, fish, poultry, whole egg, cooked dry bears or cooked dry peas; or 2 ounces of cheese; or 0-4 ounces (volume)	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
both PM SNACK BIRTH - 9 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 0-4 floblespoons infant cereal, meat, fish, poutry, whale egg, coxled dry bears or cooked dry peas; or 2 ounces of cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces or 1/2 cottage cheese; or 0-4 ounces or 1/2	FORMULA / BREAST MILK FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK
both PM SNACK BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 0-4 floblespoons infant cereal, meat, fish, poutry, whale egg, coxeded dry bears or cooked dry peas; or 2 ounces of cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces or 1/2 cup yagurt; or a combination of the	FORMULA / BREAST MILK FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK
both PM SNACK BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 0-4 fluid spoons infant cereal, meat, fish, poultry, whole egg, cooked dry beans or cooked dry beans or cooked dry beans or cooked dry beans: or cooked dry ounces of 1/2 cut ye gought: or a combination of the chains and 6 - 11 MONTHS: 0-2 tablespoons	FORMULA / BREAST MILK FORMULA / BREAST MILK BARLEY CEREAL	FORMULA / BREAST MILK FORMULA / BREAST MILK WHOLE WHEAT CEREAL	FORMULA / BREAST MILK FORMULA / BREAST MILK MIXED CEREAL	FORMULA / BREAST MILK FORMULA / BREAST MILK MULTIGRAIN CEREAL	FORMULA / BREAST MILK FORMULA / BREAST MILK RICE CEREAL
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path PM SNACK BIRTH - 9 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 0-4 fablespoors infant cereal, meat, fish, poutry, whole egg, coxled dry beans or cooked dry pears or 2 cunces of cheese: or 0-4 ounces (volume) cottage cheese: or 0-4 ounces or 1/2 cup yagurt; or a combination of the 0-11 MONTHS: 0-2 fablespoors path of the control of the control of the control bath DINNER BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 0-4 fablespoors infant cereal, meat, fish, poutry, whole egg, cooked dry beans or cooked dry pears or 2 ounces of cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces or 1/2 cup yagurt; or a combination of the control of the cont	FORMULA / BREAST MILK FORMULA / BREAST MILK BARLEY CEREAL HONEY DEW MELON FORMULA / BREAST MILK FORMULA / BREAST MILK MIXED CEREAL BLACK EYED PEAS FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK WHOLE WHEAT CEREAL CARROT FORMULA / BREAST MILK FORMULA / BREAST MILK RICE CEREAL FRENCH FRIES	FORMULA / BREAST MILK FORMULA / BREAST MILK MIXED CEREAL APPLESAUCE FORMULA / BREAST MILK FORMULA / BREAST MILK OATMEAL CEREAL BLACK BEANS FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK MULTIGRAIN CEREAL BANANA FORMULA / BREAST MILK FORMULA / BREAST MILK BARLEY CEREAL MIXED VEGETABLES FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK RICE CEREAL TOMATO SOUP FORMULA / BREAST MILK FORMULA / BREAST MILK WHOLE WHEAT CEREAL CARROTS FORMULA / BREAST MILK
both PM SNACK BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmili/ Formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmili/ Formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmili/ Formula 6 - 11 MONTHS: 0-4 Toblespoors infant cereal, meat, fish, poultry, whole egg, cooked dry beans or vegetable or fruit or a combination of the both DINNER BIRTH - 5 MONTHS: 0-2 toblespoors vegetable or fruit or a combination of both DINNER 6 - 11 MONTHS: 0-4 Fluid ounces breastmili/ Formula 6 - 11 MONTHS: 0-4 Toblespoors cooked dry beans or beans dry dry dry dry dry dry cooked dry beans or cooked dry beans or c	FORMULA / BREAST MILK FORMULA / BREAST MILK BARLEY CEREAL HONEY DEW MELON FORMULA / BREAST MILK FORMULA / BREAST MILK MIXED CEREAL BLACK EYED PEAS FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK WHOLE WHEAT CEREAL CARROT FORMULA / BREAST MILK FORMULA / BREAST MILK RICE CEREAL FRENCH FRIES	FORMULA / BREAST MILK FORMULA / BREAST MILK MIXED CEREAL APPLESAUCE FORMULA / BREAST MILK FORMULA / BREAST MILK OATMEAL CEREAL BLACK BEANS FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK MULTIGRAIN CEREAL BANANA FORMULA / BREAST MILK FORMULA / BREAST MILK BARLEY CEREAL MIXED VEGETABLES FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK RICE CEREAL TOMATO SOUP FORMULA / BREAST MILK FORMULA / BREAST MILK WHOLE WHEAT CEREAL CARROTS FORMULA / BREAST MILK
path PM SNACK BIRTH - 9 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 0-4 fablespoors infant cereal, meat, fish, poutry, whole egg, coxled dry beans or cooked dry pears or 2 cunces of cheese: or 0-4 ounces (volume) cottage cheese: or 0-4 ounces or 1/2 cup yagurt; or a combination of the 0-11 MONTHS: 0-2 fablespoors path of the control of the control of the control bath DINNER BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 0-4 fablespoors infant cereal, meat, fish, poutry, whole egg, cooked dry beans or cooked dry pears or 2 ounces of cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces or 1/2 cup yagurt; or a combination of the control of the cont	FORMULA / BREAST MILK FORMULA / BREAST MILK BARLEY CEREAL HONEY DEW MELON FORMULA / BREAST MILK FORMULA / BREAST MILK MIXED CEREAL BLACK EYED PEAS FORMULA / BREAST MILK FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK WHOLE WHEAT CEREAL CARROT FORMULA / BREAST MILK FORMULA / BREAST MILK RICE CEREAL FRENCH FRIES FORMULA / BREAST MILK FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK MIXED CEREAL APPLESAUCE FORMULA / BREAST MILK FORMULA / BREAST MILK OATMEAL CEREAL BLACK BEANS FORMULA / BREAST MILK FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK MULTIGRAIN CEREAL BANANA FORMULA / BREAST MILK FORMULA / BREAST MILK BARLEY CEREAL MIXED VEGETABLES FORMULA / BREAST MILK FORMULA / BREAST MILK FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK RICE CEREAL TOMATO SOUP FORMULA / BREAST MILK FORMULA / BREAST MILK WHOLE WHEAT CEREAL CARROTS FORMULA / BREAST MILK FORMULA / BREAST MILK
path PM SNACK BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmil/Formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmil/Formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmil/Formula 6 - 11 MONTHS: 6-4 Fluid ounces breastmil/Formula 6 - 10 MONTHS: 0-4 Tablespoors occoled dry beans or cooked dry beans or beats of the desired dry beans or cooked dry beans or co	FORMULA / BREAST MILK FORMULA / BREAST MILK BARLEY CEREAL HONEY DEW MELON FORMULA / BREAST MILK FORMULA / BREAST MILK MIXED CEREAL BLACK EYED PEAS FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK WHOLE WHEAT CEREAL CARROT FORMULA / BREAST MILK FORMULA / BREAST MILK RICE CEREAL FRENCH FRIES	FORMULA / BREAST MILK FORMULA / BREAST MILK MIXED CEREAL APPLESAUCE FORMULA / BREAST MILK FORMULA / BREAST MILK OATMEAL CEREAL BLACK BEANS FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK MULTIGRAIN CEREAL BANANA FORMULA / BREAST MILK FORMULA / BREAST MILK BARLEY CEREAL MIXED VEGETABLES FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK RICE CEREAL TOMATO SOUP FORMULA / BREAST MILK FORMULA / BREAST MILK WHOLE WHEAT CEREAL CARROTS FORMULA / BREAST MILK
path PM SNACK BIRTH - 9 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 0-4 fablespoors infant cereal, meat, fish, poutry, whole egg, coxled dry beans or cooked dry pears or 2 cunces of cheese: or 0-4 ounces (volume) cottage cheese: or 0-4 ounces or 1/2 cup yagurt; or a combination of the 0-11 MONTHS: 0-2 fablespoors yegetable or fruit or a combination of both DINNER BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 0-4 fablespoors infant cereal, meat, fish, poutry, whole egg, cooked dry beans or cooked dry pears or 2 ounces of cheese: or 0-4 ounces (volume) cottage cheese: or 0-4 ounces or 1/2 cup yagurt; or a combination of the EVENING SNACK BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 0-4 fablespoors infant cereal, meat, fish, poutry, whole egg, cooked dry beans or cooked dry pears or 2 ounces of cheese; or 0-4 ounces (volume) breastmilk/formula 6 - 11 MONTHS: 0-4 fablespoors infant cereal, meat, fish, poutry, whole egg, cooked dry beans or cooked dry pears or 2 ounces or breastmilk/formula 6 - 11 MONTHS: 0-4 fablespoors infant cereal, meat, fish, poutry, whole egg, cooked dry beans or cooked dry pears or 2 ounces of cheese: or 0-4 ounces (volume) cottage cheese: or 0-4 ounces (volume)	FORMULA / BREAST MILK FORMULA / BREAST MILK BARLEY CEREAL HONEY DEW MELON FORMULA / BREAST MILK FORMULA / BREAST MILK MIXED CEREAL BLACK EYED PEAS FORMULA / BREAST MILK FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK WHOLE WHEAT CEREAL CARROT FORMULA / BREAST MILK FORMULA / BREAST MILK RICE CEREAL FRENCH FRIES FORMULA / BREAST MILK FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK MIXED CEREAL APPLESAUCE FORMULA / BREAST MILK FORMULA / BREAST MILK OATMEAL CEREAL BLACK BEANS FORMULA / BREAST MILK FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK MULTIGRAIN CEREAL BANANA FORMULA / BREAST MILK FORMULA / BREAST MILK BARLEY CEREAL MIXED VEGETABLES FORMULA / BREAST MILK FORMULA / BREAST MILK FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK RICE CEREAL TOMATO SOUP FORMULA / BREAST MILK FORMULA / BREAST MILK WHOLE WHEAT CEREAL CARROTS FORMULA / BREAST MILK FORMULA / BREAST MILK
path PM SNACK BIRTH - 79 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 0-4 foliaspoors infant cereal, meat, fish, poutry, whole egg, coxled dry bears or cooked dry peas; or 2 ounces of cheese; or 0-4 ounces (volume). Cottage cheese; or 0-4 ounces or 1/2 cup yagurt; or a combination of the cheese; or 0-4 ounces or 1/2 cup yagurt; or a combination of the path of the combination of the cheese of the combination of both DINNER BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 0-4 foliaspoors infant cereal, meat, fish, poultry, whole egg, cooked dry bears or cooked dry peas; or 2 ounces of cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces or 1/2 cup yagurt; or a combination of the cheese; or 0-4 ounces or 1/2 cup yagurt; or a combination of the cheese; or 0-4 ounces or 1/2 cup yagurt; or a combination of the 1-11 MONTHS: 0-4 Toliaspoors infant cereal, meat, fish, poultry, whole egg, cooked dry bears or cooked dry peas; or 2 ounces of cheese; or 0-4 ounces (volume) 5 - 11 MONTHS: 0-4 Toliaspoors infant cereal, meat, fish, poultry, whole egg, cooked dry bears or cooked dry peas; or 2 ounces of cheese; or 0-4 ounces or 1/2 cup yagurt; or a combination of the chances or 1/2 cup yagurt; or a combination of the chances or 1/2 cup yagurt; or a combination of the chances or 1/2 cup yagurt; or a combination of the chances or 1/2 cup yagurt; or a combination of the chances or 1/2 cup yagurt; or a combination of the chances or 1/2 cup yagurt; or a combination of the chances or 1/2 cup yagurt; or a combination of the chances or 1/2 cup yagurt; or a combination of the chances or 1/2 cup yagurt; or a combination of the chances or 1/2 cup yagurt; or a combination of the chances or 1/2 cup yagurt; or a combination of the chances or 1/2 cup yagurt; or a combination of the chances or 1/2 cup yagurt; or a combination of the chances or 1/2 cup y	FORMULA / BREAST MILK FORMULA / BREAST MILK BARLEY CEREAL HONEY DEW MELON FORMULA / BREAST MILK FORMULA / BREAST MILK MIXED CEREAL BLACK EYED PEAS FORMULA / BREAST MILK FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK WHOLE WHEAT CEREAL CARROT FORMULA / BREAST MILK FORMULA / BREAST MILK RICE CEREAL FRENCH FRIES FORMULA / BREAST MILK FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK MIXED CEREAL APPLESAUCE FORMULA / BREAST MILK FORMULA / BREAST MILK OATMEAL CEREAL BLACK BEANS FORMULA / BREAST MILK FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK MULTIGRAIN CEREAL BANANA FORMULA / BREAST MILK FORMULA / BREAST MILK BARLEY CEREAL MIXED VEGETABLES FORMULA / BREAST MILK FORMULA / BREAST MILK FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK RICE CEREAL TOMATO SOUP FORMULA / BREAST MILK FORMULA / BREAST MILK WHOLE WHEAT CEREAL CARROTS FORMULA / BREAST MILK FORMULA / BREAST MILK
PM SNACK BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-4 Fluid spears or cooked dry beans or beat dry beans dry bea	FORMULA / BREAST MILK FORMULA / BREAST MILK BARLEY CEREAL HONEY DEW MELON FORMULA / BREAST MILK FORMULA / BREAST MILK MIXED CEREAL BLACK EYED PEAS FORMULA / BREAST MILK FORMULA / BREAST MILK FORMULA / BREAST MILK MULTIGRAIN CEREAL	FORMULA / BREAST MILK FORMULA / BREAST MILK WHOLE WHEAT CEREAL CARROT FORMULA / BREAST MILK FORMULA / BREAST MILK RICE CEREAL FRENCH FRIES FORMULA / BREAST MILK FORMULA / BREAST MILK FORMULA / BREAST MILK MIXED CEREAL APPLESAUCE FORMULA / BREAST MILK FORMULA / BREAST MILK OATMEAL CEREAL BLACK BEANS FORMULA / BREAST MILK FORMULA / BREAST MILK MULTIGRAIN CEREAL	FORMULA / BREAST MILK FORMULA / BREAST MILK MULTIGRAIN CEREAL BANANA FORMULA / BREAST MILK FORMULA / BREAST MILK BARLEY CEREAL MIXED VEGETABLES FORMULA / BREAST MILK FORMULA / BREAST MILK FORMULA / BREAST MILK RICE CEREAL TOMATO SOUP FORMULA / BREAST MILK FORMULA / BREAST MILK WHOLE WHEAT CEREAL CARROTS FORMULA / BREAST MILK FORMULA / BREAST MILK FORMULA / BREAST MILK MIXED CEREAL		
bath PM SNACK BIRTH - 0 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 0-4 fablespoors infant cereal, meat, fish, poutry, whole egg, cooked dry bears or cooked dry peas: or 2 ounces of cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces or 1/2 cup yagurt; or a combination of the fablespoors of the company of the fablespoors of the company of the fablespoors of the fablespoors of the fablespoors of the fablespoors infant cereal, meat, fish, poutry, whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces or 1/2 cup yagurt; or a combination of the cooked of the fablespoors of t	FORMULA / BREAST MILK FORMULA / BREAST MILK BARLEY CEREAL HONEY DEW MELON FORMULA / BREAST MILK FORMULA / BREAST MILK MIXED CEREAL BLACK EYED PEAS FORMULA / BREAST MILK FORMULA / BREAST MILK FORMULA / BREAST MILK MULTIGRAIN CEREAL	FORMULA / BREAST MILK FORMULA / BREAST MILK WHOLE WHEAT CEREAL CARROT FORMULA / BREAST MILK FORMULA / BREAST MILK RICE CEREAL FRENCH FRIES FORMULA / BREAST MILK FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK MIXED CEREAL APPLESAUCE FORMULA / BREAST MILK FORMULA / BREAST MILK OATMEAL CEREAL BLACK BEANS FORMULA / BREAST MILK FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK MULTIGRAIN CEREAL BANANA FORMULA / BREAST MILK FORMULA / BREAST MILK BARLEY CEREAL MIXED VEGETABLES FORMULA / BREAST MILK FORMULA / BREAST MILK FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK RICE CEREAL TOMATO SOUP FORMULA / BREAST MILK FORMULA / BREAST MILK WHOLE WHEAT CEREAL CARROTS FORMULA / BREAST MILK FORMULA / BREAST MILK



Services, Inc					
	Monday 10/30/23	Tuesday 10/31/23			
BREAKFAST	,	,			
BIRTH - 5 MONTHS: 4-6 Fluid	FORMULA / DDF45T MTIK	FORMULA / PREACT MALK			
ounces breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK			
6 - 11 MONTHS: 6-8 Fluid ounces	FORMULA / BREAST MILK	FORMULA / BREAST MILK			
breastmilk/formula 6 - 11 MONTHS: U-4 tablespoons					
infant cereal, meat, fish, poultry,					
whole egg, cooked dry beans or cooked dry peas; or 2 ounces of					
cheese; or 0-4 ounces (volume)	RICE CEREAL	OATMEAL CEREAL			
cottage cheese; or 0-4 ounces or 1/2					
cup yogurt; or a combination of the					
6 - 11 MONTHS: 0-2 tablespoons					
vegetable or fruit or a combination of	APRICOT	PEACHES			
both					
AM SNACK		_			
BIRTH - 5 MONTHS: 4-6 Fluid	FORMULA / BREAST MILK	FORMULA / BREAST MILK			
ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces					
breastmilk/formula 6 - 11 MONTHS: 0-4 tablespoons	FORMULA / BREAST MILK	FORMULA / BREAST MILK			
infant cereal, meat, fish, poultry,					
whole egg, cooked dry beans or					
cooked dry peas; or 2 ounces of	BARLEY CEREAL	WHOLE WHEAT CEREAL			
cheese; or 0-4 ounces (volume)		- Seneral			
cottage cheese; or 0-4 ounces or 1/2 cup yogurt; or a combination of the					
6 - 11 MONTHS: 0-2 tablespoons	TEETI ITAIC DECCUE	DILUEDEDATE			
vegetable or fruit or a combination of	I LE I HING BISCUIT	BLUEBERRIES			
LUNCH		1	l.	ı	
BIRTH - 5 MONTHS: 4-6 Fluid					
ounces breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK			
6 - 11 MONTHS: 6-8 Fluid ounces	FORMULA / BREAST MILK	FORMULA / BREAST MILK			
breastmilk/formula 6 - 11 MON 1 H5: U-4 tablespoons					
infant cereal, meat, fish, poultry,					
whole egg, cooked dry beans or					
cooked dry peas; or 2 ounces of cheese; or 0-4 ounces (volume)	WHOLE WHEAT CEREAL	BARLEY CEREAL			
cottage cheese; or 0-4 ounces or 1/2					
cup yogurt; or a combination of the					
6 - 11 MONTHS: 0-2 tablespoons					
vegetable or fruit or a combination of	CREAMED SPINACH	TOMATO SOUP			
vegetable or fruit or a combination of both	CREAMED SPINACH	TOMATO SOUP			
PM SNACK	CREAMED SPINACH	TOMATO SOUP			
PM SNACK BIRTH - 5 MONTHS: 4-6 Fluid	CREAMED SPINACH FORMULA / BREAST MILK	TOMATO SOUP FORMULA / BREAST MILK			
PM SNACK	FORMULA / BREAST MILK	FORMULA / BREAST MILK			
both PM SNACK BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces					
both PM SNACK BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 0-4 Tablespoons	FORMULA / BREAST MILK	FORMULA / BREAST MILK			
both PM SNACK BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces	FORMULA / BREAST MILK	FORMULA / BREAST MILK			
both PM SNACK BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-4 Fluid ounces infant cereal, meat, f.ish, poultry, whole egg, cooked dry bears or cooked dry peas; or 2 ounces of	FORMULA / BREAST MILK FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK			
both PM SNACK BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 0-4 Toblespoons infant cereal, meat, fish, poultry, whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0-4 ounces (volume)	FORMULA / BREAST MILK	FORMULA / BREAST MILK			
both PM SNACK BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmill/formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmill/formula 6 - 11 MONTHS: 0-4 Tollespoons infant cereal, meat, fish, poutry, whole egg, coxeded dry beauty whole egg, coxeded dry beauty cottage cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces or 1/2 cottage cheese; or 0-4 ounces or 1/2	FORMULA / BREAST MILK FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK			
both PM SNACK BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-4 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 0-4 flobiespoons infant cereal, meat, fish, poutry, whole egg, coxedd rly bears or cooked dry peas; or 2 ounces of cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces or 1/2 cup yogurt; or a combination of the	FORMULA / BREAST MILK FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK			
ph. SNACK BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 0-4 Tobicspoons infant cereal, meat, fish, poutry, whole egg, cooked dry bears or cooked dry peas: or 2 ounces of cheese; or 0-4 ounces (valume) cottage cheese, or 0-4 ounces or 1/2 cut paggut; or a combination of the chains and 6 - 11 MONTHS: 0-2 toblespoons	FORMULA / BREAST MILK FORMULA / BREAST MILK MULTIGRAIN CEREAL	FORMULA / BREAST MILK FORMULA / BREAST MILK RICE CEREAL			
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