



Happy
Holidays
December 2023



GANSI Holiday Closure:

- December 25th, 2023
- January 1st, 2024



- Building Youth Career
- Nanas House Child Development Center

All November claims are due on or before **December 5th, 2023.**

There will be one claim submission in December due to the holidays. All completed claims in by the 5th, will be processed for 1st submission.



Front Line staff Civil Rights is due **November 30, 2023.**

2024 DECAL Licenses are DUE.

Before going into the New Year, to meet all Bright From The Start Eligibility Requirements, please ensure DECAL licenses are sent in by **December 29, 2023.**

From our GANSI family to yours,
Happy Holidays and best wishes
for a safe and prosperous 2024!





Harvest of the Month™



Lettuce

@kid.food.explorers

FUN WAYS TO TALK ABOUT LETTUCE



SEE

Green
Round



TASTE

Mild
Bitter



HEAR

Quiet
Crunch



TOUCH

Crisp
Cool



SMELL

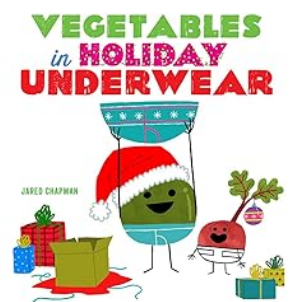
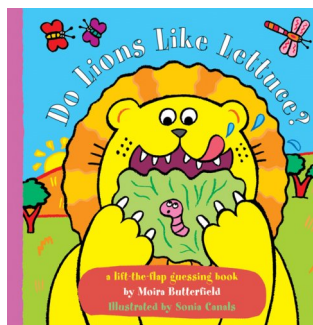
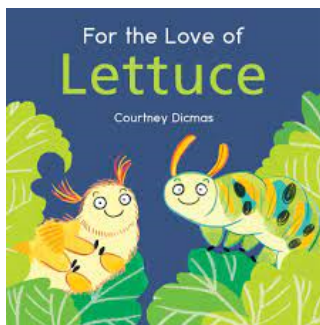
Fresh
Strong



READING CORNER



Check out these great books featuring our Harvest of the Month!



Find
something
good in
every day.



December



Learn It Fabulous Food Party

It's time to take all of the knowledge that the children have been learning from their nutrition lessons and put it together for a fabulous food party. Ask parents and children to work together to provide a healthy snack to contribute to the party. The children can help you prepare a grocery list for the items you will provide. Before the party begins, ask the children, as able, to help you set up food and eating utensils. Make this a special event with a table cloth and special decor.

Eat It Stuffed Sweet Potatoes

- 4 large sweet potatoes
- 2 tbsp olive oil
- 1 small onion, finely chopped
- 1 (15 oz.) can black beans, drained & rinsed
- 1/4 cup water
- 1 (3.5 oz) can chipotle chili in adobo sauce, chopped & seeded
- 2 tsp adobe sauce
- 1/4 cup plain Greek yogurt



Bake whole sweet potatoes at 425° F for about 1 hour until tender. While potatoes are baking, sauté onion in olive oil and add beans, water, chipotle chili and adobo sauce. Cook for about 5 minutes until water is evaporated. Once the sweet potatoes are cool enough to handle, cut them in half lengthwise. Gently push the ends towards each other, creating a space for the filling. Add the black bean filling and top with Greek yogurt.



Read It

Goose by Molly Bang

The Serious Goose by Jimmy Kimmel

Duck & Goose, A Gift for Goose by Tad Hills



Create It Glorious Goose

Make the letter G by cutting a round paper plate into the shape of the letter. Help the children attach an orange triangle for the beak, then add googly eyes and colorful feathers to make your goose glorious!



Play It Egg Race

Separate the group into two teams. Choose a starting line and a finish line. You will need a spoon and plastic egg filled with some weight for each group. When you say go, the first person in line will carry the egg in the spoon to the finish line and back to the starting line. The next person in line will then carry the egg. How fast can the groups go?

Fun Fact



A group of geese is called a gaggle when they are on the ground and a skein when in flight. They can be called a flock at any time.



Laugh About It

Why did the goose get in trouble?

The police suspected fowl play!



Name _____

Counting Geese

Work on writing numbers by tracing the number next to each group of geese.

