

	Monday	Tuesday	Wednesday	Thursday 2/1/24	Friday 2/2/24
BREAKFAST					
BIRTH - 5 MONTHS: 4-6 Fluid ounces				FORMULA / BREAST MILK	FORMULA / BREAST MILK
breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces					
breastmilk/formula				FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 0-4 tablespoons					
infant cereal, meat, fish, poultry,					
whole egg, cooked dry beans or cooked					
dry peas; or 2 ounces of cheese; or 0-				WHOLE WHEAT CEREAL	BARLEY CEREAL
4 ounces (volume) cottage cheese; or 0					
4 ounces or 1/2 cup yogurt; or a					
combination of the above; and					
6 - 11 MONTHS: 0-2 tablespoons					
vegetable or fruit or a combination of				FRUIT SALAD	CHEESY TATOR TOTS
both					
AM SNACK					
BIRTH - 5 MONTHS: 4-6 Fluid ounces				FORMULA / BREAST MILK	FORMULA / BREAST MILK
breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces					
breastmilk/formula				FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 0-4 tablespoons					
infant cereal, meat, fish, poultry,					
whole egg, cooked dry beans or cooked					
dry peas; or 2 ounces of cheese; or 0-				RICE CEREAL	MIXED CEREAL
4 ounces (volume) cottage cheese; or 0					
4 ounces or 1/2 cup yogurt; or a					
combination of the above; and 6 - 11 MONTHS: U-2 tablespoons	<u> </u>			-	
vegetable or fruit or a combination of				BANANA	CINNAMON APPLESAUCE
both					
LUNCH					
BIRTH - 5 MONTHS: 4-6 Fluid ounces				FORMULA / BREAST MILK	FORMULA / BREAST MILK
breastmilk/formula				I ORMODA / BREAGI MILK	OUWORY AREAST WITH
6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula				FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 0-4 tablespoons					
infant cereal, meat, fish, poultry,					
whole egg, cooked dry beans or cooked					
dry peas; or 2 ounces of cheese; or 0-				BARLEY CEREAL	MULTIGRAIN CEREAL
4 ounces (volume) cottage cheese; or 0					
4 ounces or 1/2 cup yogurt; or a					
combination of the above; and					
6 - 11 MONTHS: 0-2 tablespoons					
vegetable or fruit or a combination of				MIXED VEGETABLE	BROCCOLI
PM SNACK					
BIRTH - 5 MONTHS: 4-6 Fluid ounces		I	I	1	
breastmilk/formula				FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 6-8 Fluid ounces				FORMULA / BREAST MILK	FORMULA / BREAST MILK
breastmilk/formula				FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 0-4 tablespoons					
infant cereal, meat, fish, poultry,					
whole egg, cooked dry beans or cooked	1				
dry peas; or 2 ounces of cheese; or 0-				MIVED CEDE AL	MILIOLE MILIEAT CEDEAL
THE CHIEF OF THE CONTROL CONTROL ON (1)				MIXED CEREAL	WHOLE WHEAT CEREAL
4 ounces (volume) cottage cheese; or 0				MIXED CEREAL	WHOLE WHEAT CEREAL
4 ounces or 1/2 cup yogurt; or a				MIXED CEREAL	WHOLE WHEAT CEREAL
4 ounces or 1/2 cup yogurt; or a combination of the above; and				MIXED CEREAL	WHOLE WHEAT CEREAL
4 ounces or 1/2 cup yogurt; or a				MIXED CEREAL PLUMS	WHOLE WHEAT CEREAL  PRUNES
4 ounces or 1/2 cup yogurt; or a combination of the above; and 6 - 11 MONTHS: 0-2 tablespoons					
4 ounces or 1/2 cup yogurt; or a combination of the above; and 6 - 11 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of both  DINNER					
4 ounces or 1/2 cup yogurt; or a combination of the above; and 6 - 11 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of both  DINNER  BIRTH - 5 MONTHS: 4-6 Fluid ounces				PLUMS	PRUNES
4 ounces or 1/2 cup yogurt; or a combination of the above; and 6 - 11 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of both  DINNER  BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula					
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4 ounces or 1/2 cup yogurt; or a combination of the above; and 6 - 11 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of both  DINNER  BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 0-4 tablespoons				PLUMS FORMULA / BREAST MILK	PRUNES FORMULA / BREAST MILK
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4 ounces or 1/2 cup yogurt; or a combination of the above; and 6 - 11 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of both  DINNER  BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 0-4 tablespoons infant cereal, meat, fish, poultry, whole egg, cooked dry beans or cooked				PLUMS  FORMULA / BREAST MILK  FORMULA / BREAST MILK	PRUNES  FORMULA / BREAST MILK  FORMULA / BREAST MILK
4 ounces or 1/2 cup yogurt; or a combination of the above; and 6 - 11 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of both  DINNER  BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 0-4 tablespoons infant cereal, meat, fish, poultry, whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0-				PLUMS FORMULA / BREAST MILK	PRUNES FORMULA / BREAST MILK
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4 ounces or 1/2 cup yogurt; or a combination of the above; and 6 - 11 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of both  DINNER  BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 0-4 tablespoons infant cereal, meat, fish, poultry, whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces or 1/2 cup yogurt; or a combination of the above; and 6 - 11 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of both  EVENING SNACK  BIRTH - 5 MONTHS: 4-6 Fluid ounces				PLUMS  FORMULA / BREAST MILK  FORMULA / BREAST MILK  MULTI GRAIN CEREAL	PRUNES  FORMULA / BREAST MILK  FORMULA / BREAST MILK  OATMEAL CEREAL
4 ounces or 1/2 cup yogurt; or a combination of the above; and 6 - 11 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of both  DINNER  BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 0-4 tablespoons infant cereal, meat, fish, poultry, whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces or 1/2 cup yogurt; or a combination of the above; and 6 - 11 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of both  EVENING SNACK  BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula				PLUMS  FORMULA / BREAST MILK  FORMULA / BREAST MILK  MULTI GRAIN CEREAL  PEAS  FORMULA / BREAST MILK	PRUNES  FORMULA / BREAST MILK  FORMULA / BREAST MILK  OATMEAL CEREAL  CARROTS  FORMULA / BREAST MILK
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Services, inc	Monday 2/5/24	Tuesday 2/6/24	Wednesday 2/7/24	Thursday 2/8/24	Friday 2/9/24
BREAKFAST	Monday 27 07 2 1	1400447 17 07 11	W Sallosaay 277721	771d13ddy 273721	11100/ 2/2/21
BIRTH - 5 MONTHS: 4-6 Fluid ounces	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
breastmilk/formula 6 - 11 MON 1 HS: 6-8 Fluid ounces breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
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whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0-		MULTIGRAIN CEREAL	WHOLE WHEAT CEREAL	BARLEY CEREAL	MULTIGRAIN CEREAL
4 ounces (volume) cottage cheese; or 0		MODI ZONNZIN GENEND	Whose when serens	DANGE, GENERAL	MOST 2017/12/1 GENEZIS
4 ounces or 1/2 cup yogurt; or a					
combination of the above; and					
6 - 11 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of	HONEYDEW MELON	CINNAMON APPLESAUCE	RASPBERRIES	PEACHES	BANANAS
both					
AM SNACK BIRTH - 5 MONTHS: 4-6 Fluid ounces				<u> </u>	
breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
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4 ounces (volume) cottage cheese; or 0			,		
4 ounces or 1/2 cup yogurt; or a					
combination of the above; and 6 - 11 MONTHS: 0-2 tablespoons					
vegetable or fruit or a combination of	BANANAS	PINEAPPLE PEAR	BLUEBERRY BANANA	STRAWBERRIES	PEARS
both LUNCH		<u> </u>	<u> </u>	<u> </u>	1
BIRTH - 5 MONTHS: 4-6 Fluid ounces	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces	-				
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6 - 11 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of	STEAMEN CORNER	ROASTED CAULIFLOWER	BROCCOLI	CARROTS	ZUCCHINI (MASHED)
both	STEAMED CORNED	(MASHED)	BROCCOLI	CARROTS	ZOCCHINI (MASHED)
PM SNACK BIRTH - 5 MONTHS: 4-6 Fluid ounces					
breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 0-4 tablespoons					
infant cereal, meat, fish, poultry,					
whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0-		MIXED CEREAL	MIXED CEREAL	MULTI GRAIN CEREAL	MIXED CEREAL
4 ounces (volume) cottage cheese; or 0	+				
4 ounces or 1/2 cup yogurt; or a combination of the above; and					
6 - 11 MONTHS: 0-2 tablespoons					
vegetable or fruit or a combination of both	PLUMS	STRAWBERRIES	FRUIT SALAD	TEETHING BISCUIT/PRUNES	BLUEBERRIES
DINNER		<u> </u>		•	- 1
BIRTH - 5 MONTHS: 4-6 Fluid ounces	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
breastmilk/formula 6 - 11 MONTHS: 0-4 tablespoons	I ORMOLA / DREAD! MILK	ONMULA / DECASI MILE	I ORMULA / DREADI MILK	I ONMULA / DECAST MILK	I ONMULA / DREADI MILK
infant cereal, meat, fish, poultry,					
whole egg, cooked dry beans or cooked		0.401.514.5505	AA II 77 68 474 478 7 1	WILE THE	DT-47 470 7 11
dry peas; or 2 ounces of cheese; or 0-4 ounces (volume) cottage cheese; or 0		BARLEY CEREAL	MULTIGRAIN CEREAL	WHOLE WHEAT CEREAL	RICE CEREAL
4 ounces or 1/2 cup yogurt; or a					
combination of the above; and 6 - 11 MONTHS: 0-2 tablespoons					
vegetable or fruit or a combination of	SAUTEED COLLARD GREENS	SPINACH	SQUASH	GREEN BEANS	SWEET PEAS
both  EVENITNIC CNIACK					
<b>EVENING SNACK</b> BIRTH - 5 MONTHS: 4-6 Fluid ounces	FORMULA / SDEAGE WELL	FORMULA / SPECE VETV		FORMULA / SSE (CT 11711)	FORMULA / 555 - 55 - 15 - 15 - 15 - 15 - 15 - 1
breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 0-4 tablespoons					
infant cereal, meat, fish, poultry, whole egg, cooked dry beans or cooked					
dry peas; or 2 ounces of cheese; or 0-		WHOLE WHEAT CEREAL	OATMEAL CEREAL	RICE CEREAL	OATMEAL CEREAL
4 ounces (volume) cottage cheese; or 0					
4 ounces or 1/2 cup yogurt; or a combination of the above; and					
6 - 11 MONTHS: 0-2 tablespoons					
vegetable or fruit or a combination of	APPLESAUCE	CANTALOUPE	APRICOTS	CRUSHED PINEAAPLE	APPLESAUCE
both	1	i	[		



CCI VICCS, II IC	Monday 2/12/24	Tuesday 2/13/24	Wednesday 2/14/24	Thursday 2/15/24	Friday 2/16/24
BREAKFAST	Monady 2/12/24	Tuesday 2/13/24	Wednesday 2/14/24	Mursday 2/13/24	1 May 2/10/24
BIRTH - 5 MONTHS: 4-6 Fluid ounces				<u></u>	
breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 0-4 tablespoons					
infant cereal, meat, fish, poultry,					
whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0-		WHOLE WHEAT CEREAL	RICE CEREAL	OATMEAL CEREAL	MIXED CEREAL
4 ounces (volume) cottage cheese; or 0		WHOLE WHEAT CEREAL	RICE CEREAL	OATMEAL CEREAL	MIXED CEREAL
4 ounces or 1/2 cup yogurt; or a					
combination of the above; and					
6 - 11 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of	  RASPBERRIES	PEACHES	STRAWBERRY BANANA	APRICOTS	FRUIT COCKTAIL
both	10.00.00.00.00.00.00.00.00.00.00.00.00.0	, everyes		/·····	
AM SNACK					
BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 6-8 Fluid ounces	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
breastmilk/formula	TORMODA / BREACT MEDIC	TORMODA / BREAGT MILER	TORMODA / DREADT MILER	TORMODA / DREAD! WIEK	TORMODA / DREAGT MEDI
6 - 11 MONTHS: 0-4 tablespoons infant cereal, meat, fish, poultry,					
whole egg, cooked dry beans or cooked					
dry peas; or 2 ounces of cheese; or 0-		MIXED CEREAL	WHOLE WHEAT CEREAL	RICE CEREAL	OATMEAL CEREAL
4 ounces (volume) cottage cheese; or 0 4 ounces or 1/2 cup yogurt; or a					
combination of the above; and					
6 - 11 MONTHS: 0-2 tablespoons					
vegetable or fruit or a combination of	PEARS	PINEAPPLE	PEACHES	HASHBROWNS	BLUEBERRIES
both LUNCH		1	1	<u>l</u>	<u> </u>
BIRTH - 5 MONTHS: 4-6 Fluid ounces	FORMULA / PREACT MILK	EODMII A / PDEACT MILK	FORMULA / PREACT MILK	FORMULA / BDEACT MILK	FORMULA / PREACT MILK
breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MON 1 H5: 6-8 Fluid ounces breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 0-4 tablespoons					
infant cereal, meat, fish, poultry,					
whole egg, cooked dry beans or cooked		CATALAL CEDEAL	DADLEY CEDEAL	WILLIAM SERVER	DICE CEDE AL
dry peas; or 2 ounces of cheese; or 0-4 ounces (volume) cottage cheese; or 0		OATMEAL CEREAL	BARLEY CEREAL	WHOLE WHEAT CEREAL	RICE CEREAL
4 ounces or 1/2 cup yogurt; or a					
combination of the above; and					
6 - 11 MONTHS: 0-2 tablespoons	DEAG & CADDOTS	FRENCH FRIES	TOMATO PISOUE SOUR	CARROTS	MIXED VEGETABLES
vegetable or fruit or a combination of both	PEAS & CARROTS	FRENCH FRIES	TOMATO BISQUE SOUP	CARROTS	MIXED VEGETABLES
PM SNACK					
BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 6-8 Fluid ounces	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
breastmilk/formula 6 - 11 MONTHS: 0-4 tablespoons	TORMODA / BREACT MEDIC	TORMODA / BREAGT MILER	TORMODA / DREADT MILER	TORMODA / DREAD! WIEK	TORMODA / DREAGT MEDIC
infant cereal, meat, fish, poultry,					
whole egg, cooked dry beans or cooked					
dry peas; or 2 ounces of cheese; or 0-		BARLEY CEREAL	MIXED CEREAL	MULTIGRAIN CEREAL	BARLEY CEREAL
4 ounces (volume) cottage cheese; or 0					
4 ounces or 1/2 cup yogurt; or a combination of the above; and					
6 - 11 MONTHS: 0-2 tablespoons					
vegetable or fruit or a combination of	CANTALOUPE (MASHED)	TEETHING BISCUIT	APPLESAUCE	BANANA	SLIT PEA SOUP
both DINNER		1	<u> </u>	<u>l</u>	<u> </u>
RTRTH - 5 MONTHS: 4-6 Fluid ounces	FORMULA / PDEACT ATLY	FORMULA / DDEACT ATLY	FORMULA / PREACT ATLY	FORMULA / PREACT MTIV	FORMULA / PDEACT ATLY
breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MON I HS: 6-8 Fluid ounces breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 0-4 tablespoons					
infant cereal, meat, fish, poultry,					
whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0-		RICE CEREAL	AND TICD ATM CEDE AL	BARLEY CEREAL	AALII TTCD ATNI CEDE AI
4 ounces (volume) cottage cheese; or 0		NIOL OLNEAL	MULTIGRAIN CEREAL	DANIE / GENERAL	MULTIGRAIN CEREAL
4 ounces or 1/2 cup yogurt; or a					
combination of the above; and					
6 - 11 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of	I TMA REANS	ZUCCHINI	TATER TOTS	CABBAGE	ZUCCHINI
both					
EVENING SNACK					
BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 6-8 Fluid ounces	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
breastmilk/formula	TORMOLA / BREAST MILK	TORMOLA / BREAST MILK	TORMOLA / BREAST MILK	TORMOLA / BREAST MILK	TORMOLA / BREAST MILK
6 - 11 MONTHS: 0-4 tablespoons infant cereal, meat, fish, poultry,					
whole egg, cooked dry beans or cooked					
dry peas; or 2 ounces of cheese; or 0-	OATMEAL CEREAL	MULTIGRAIN CEREAL	RICE CEREAL	MIXED CEREAL	WHOLE WHEAT CEREAL
4 ounces (volume) cottage cheese; or 0					
4 ounces or 1/2 cup yogurt; or a combination of the above; and					
6 - 11 MONTHS: 0-2 tablespoons					
vegetable or fruit or a combination of	PINEAPPLE	PEARS	CINNAMON APPLESAUCE	PLUMS	BANANA
both		i	1		1



Services, inc	Manday 2/10/24	Tuesday 2/20/24	M/a dia a aday 2 /21 /2 /	Thursday 2/22/24	Fuidou 2/22/24
BREAKFAST	Monday 2/19/24	Tuesday 2/20/24	Wednesday 2/21/24	Thursday 2/22/24	Friday 2/23/24
BIRTH - 5 MONTHS: 4-6 Fluid ounces	FORMULA / RDEACT MILK	ECDANII A / PDEACT MILK	FORMULA / RDFACT MTLK	ECDANII A / PDEACT ANTI-V	FORMULA / PREACT MILK
breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 0-4 tablespoons					
infant cereal, meat, fish, poultry, whole egg, cooked dry beans or cooked					
dry peas; or 2 ounces of cheese; or 0-		RICE CEREAL	WHOLE WHEAT CEREAL	MULTIGRAIN CEREAL	OATMEAL CEREAL
4 ounces (volume) cottage cheese; or 0					
4 ounces or 1/2 cup yogurt; or a combination of the above; and					
6 - 11 MONTHS: 0-2 tablespoons					
vegetable or fruit or a combination of both	TATER TOTS	BANANA	STRAWBERRIES	PLUMS	FRUIT SALAD
AM SNACK		•		•	
BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 6-8 Fluid ounces	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
breastmilk/formula 6 - 11 MONTHS: 0-4 tablespoons	TORMODA / DREAGT MEDIC	TORMODA / BREAGT MEDIC	TORMODA / DREAD! MEDI	TORMODA / DREADT MEDI	TORMODA / DREAGT MEDIC
infant cereal, meat, fish, poultry,					
whole egg, cooked dry beans or cooked		NAME OF THE OFFICE OFFICE OF THE OFFICE OFFI	0.401.514.4505.41	MENTS 4555 41	0.401.51/.4505.41
dry peas; or 2 ounces of cheese; or 0-4 ounces (volume) cottage cheese; or 0		WHOLE WHEAT CEREAL	BARLEY CEREAL	MIXED CEREAL	BARLEY CEREAL
4 ounces or 1/2 cup yogurt; or a					
combination of the above; and 6 - 11 MONTHS: 0-2 tablespoons					
vegetable or fruit or a combination of	CANTALOUPE	CARROTS	APRICOTS	CINNAMON APPLESAUCE	PEACHES
both					
BIRTH - 5 MONTHS: 4-6 Fluid ounces	EODMII 4 / 205467 447111	EODALII A / DDE CT (1711)	EODMILA / SDEAGT METH	EODALII A / DDE (CT ATT)	EODALII A / DDE (CT ) 1711
breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 0-4 tablespoons					
infant cereal, meat, fish, poultry, whole egg, cooked dry beans or cooked					
dry peas; or 2 ounces of cheese; or 0-	WHOLE WHEAT CEREAL	BARLEY CEREAL	MIXED CEREAL	RICE CEREAL	WHOLE WHEAT CEREAL
4 ounces (volume) cottage cheese; or 0 4 ounces or 1/2 cup yogurt; or a					
combination of the above; and					
6 - 11 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of	RAVED CALILIES OWED	APPLESAUCE	BROCCOLI	GREEN BEENS	PEAS & CARROTS
both	BARED CAULIFLOWER	APPLESAUCE	BROCCOLI	GREEN BEENS	PEAS & CARROTS
PM SNACK BIRTH - 5 MONTHS: 4-6 Fluid ounces		1	T	1	1
breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 0-4 tablespoons					
infant cereal, meat, fish, poultry, whole egg, cooked dry beans or cooked					
dry peas; or 2 ounces of cheese; or 0-		OATMEAL CEREAL	MULTIGRAIN CEREAL	WHOLE WHEAT CEREAL	RICE CEREAL
4 ounces (volume) cottage cheese; or 0					
4 ounces or 1/2 cup yogurt; or a combination of the above; and					
6 - 11 MONTHS: 0-2 tablespoons					
vegetable or fruit or a combination of both	VEGETABLE SOUP	BLUEBERRIES	RASPBERRIES	HONEYDEW MELON	BLUEBERRY APPLE
DINNER		•	•	•	•
BIRTH - 5 MONTHS: 4-6 Fluid ounces	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 6-8 Fluid ounces	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
breastmilk/formula 6 - 11 MONTHS: 0-4 tablespoons	, SUMBER / BREAGI MILER	ORMODA / DREAGI MILK	, ONMODA / DREAD! MILK	ONHOUS / DREAGI MILL	ODMODA / DRUMOT MILK
infant cereal, meat, fish, poultry,					
whole egg, cooked dry beans or cooked		MIVEN SERELL	OATMEN GENERAL	DADLEY CEDE 41	ALLI TTOO ATLA SECT AL
dry peas; or 2 ounces of cheese; or 0-4 ounces (volume) cottage cheese; or 0		MIXED CEREAL	OATMEAL CEREAL	BARLEY CEREAL	MULTIGRAIN CEREAL
4 ounces or 1/2 cup yogurt; or a					
combination of the above; and 6 - 11 MONTHS: 0-2 tablespoons					
vegetable or fruit or a combination of	CABBAGE	FRENCH FRIES	MIXED VEGETABLES	SWEET POTATO	VEGGIE SALSA
both EVENING SNACK				<u> </u>	
BIRTH - 5 MONTHS: 4-6 Fluid ounces	FORMULA / BREAST MILK	FORMULA / PREACT ATTY	FORMULA / PREACT MELY	FORMULA / DDEACT ATTIV	FORMULA / PREACT MTIV
breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces		FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 0-4 tablespoons					
infant cereal, meat, fish, poultry, whole egg, cooked dry beans or cooked					
dry peas; or 2 ounces of cheese; or 0-	BARLEY CEREAL	MULTIGRAIN CEREAL	RICE CEREAL	OATMEAL CEREAL	MIXED CEREAL
4 ounces (volume) cottage cheese; or 0					
4 ounces or 1/2 cup yogurt; or a combination of the above; and					
6 - 11 MONTHS: 0-2 tablespoons	CTD AWDEDDY CHOOT! ITC	DEACUES	WATERMELON (MACUES)	ADDI E DE AD	DTNE ADDI E DE AD
vegetable or fruit or a combination of both	DIKAWBERKY SMOUTHIE	PEACHES	WATERMELON (MASHED)	APPLE PEAR	PINEAPPLE PEAR



	11 2/2//24	T -1 2/27/24	W. J. J. 2/20/24	TI . I 2/20/24
DDEAKEACE	Monday 2/26/24	Tuesday 2/27/24	Wednesday 2/28/24	Thursday 2/29/24
BREAKFAST BIRTH - 5 MONTHS: 4-6 Fluid ounces				T
breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 0-4 tablespoons				
infant cereal, meat, fish, poultry,				
whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0-		WHOLE WHEAT CEREAL	OATMEAL CEREAL	MULTIGRAIN CEREAL
4 ounces (volume) cottage cheese; or 0		Whose where series	ON MEND CENERAL	MOST 25 NATIONAL PROPERTY OF THE PROPERTY OF T
4 ounces or 1/2 cup yogurt; or a				
combination of the above; and 6 - 11 MONTHS: 0-2 tablespoons			_	
vegetable or fruit or a combination of	APRICOTS	PEACHES	RASPBERRIES	BLUEBERRIES
both				
AM SNACK BIRTH - 5 MONTHS: 4-6 Fluid ounces				
breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 0-4 tablespoons				
infant cereal, meat, fish, poultry,				
whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0-		MIXED CEREAL	WHOLE WHEAT CEREAL	WHOLE WHEAT CEREAL
4 ounces (volume) cottage cheese; or 0		MIXED CEREAL	WHOLE WHEAT CEREAL	WHOLE WHEAT CEREAL
4 ounces or 1/2 cup yogurt; or a				
combination of the above; and 6 - 11 MONTHS: 0-2 tablespoons				
vegetable or fruit or a combination of	HASHBROWNS (MASHED)	STRAWBERRIES	CHICKPEAS	PEARS
both	<u> </u>			
<b>LUNCH</b> BIRTH - 5 MONTHS: 4-6 Fluid ounces		T	1	
breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 6-8 Fluid ounces	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
breastmilk/formula 6 - 11 MONTHS: 0-4 tablespoons				
infant cereal, meat, fish, poultry,				
whole egg, cooked dry beans or cooked				
dry peas; or 2 ounces of cheese; or 0-4 ounces (volume) cottage cheese; or 0		RICE CEREAL	BARLEY CEREAL	RICE CEREAL
4 ounces or 1/2 cup yogurt; or a				
combination of the above; and				
6 - 11 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of	PLUMS	SWEET POTATO	BROCCOLI	CORN
both	1.555		<u> </u>	
PM SNACK BIRTH - 5 MONTHS: 4-6 Fluid ounces		T		<u></u>
breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 0-4 tablespoons				
infant cereal, meat, fish, poultry,				
whole egg, cooked dry beans or cooked				
dry nege; on 2 ounces of chaese; on 0-		RADIEV CEDEAL	DTCE CEDEAL	CATMEN CEDEN
dry peas; or 2 ounces of cheese; or 0-4 ounces (volume) cottage cheese; or 0	MIXED CEREAL	BARLEY CEREAL	RICE CEREAL	OATMEAL CEREAL
4 ounces (volume) cottage cheese; or 0 4 ounces or 1/2 cup yogurt; or a	MIXED CEREAL	BARLEY CEREAL	RICE CEREAL	OATMEAL CEREAL
4 ounces (volume) cottage cheese; or 0 4 ounces or 1/2 cup yogurt; or a combination of the above; and	MIXED CEREAL	BARLEY CEREAL	RICE CEREAL	OATMEAL CEREAL
4 ounces (volume) cottage cheese; or 0 4 ounces or 1/2 cup yogurt; or a	MIXED CEREAL	BARLEY CEREAL  KIWI	APPLESAUCE	OATMEAL CEREAL  WATERMELON (MASHED)
4 ounces (volume) cottage cheese; or 0 4 ounces or 1/2 cup yogurt; or a combination of the above; and 6 - 11 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of both	MIXED CEREAL			
4 ounces (volume) cottage cheese; or 0 4 ounces or 1/2 cup yogurt; or a combination of the above; and 6 - 11 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of both  DINNER	MIXED CEREAL TOMATO BISQUE	KIWI	APPLESAUCE	WATERMELON (MASHED)
4 ounces (volume) cottage cheese; or 0 4 ounces or 1/2 cup yogurt; or a combination of the above; and 6 - 11 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of both  DINNER  BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula	MIXED CEREAL TOMATO BISQUE			
4 ounces (volume) cottage cheese; or 0 4 ounces or 1/2 cup yogurt; or a combination of the above; and 6 - 11 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of both  DINNER  BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces	MIXED CEREAL TOMATO BISQUE	KIWI	APPLESAUCE	WATERMELON (MASHED)
4 ounces (volume) cottage cheese; or 0 4 ounces or 1/2 cup yogurt; or a combination of the above; and 6 - 11 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of both  DINNER  BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula	MIXED CEREAL  TOMATO BISQUE  FORMULA / BREAST MILK	KIWI FORMULA / BREAST MILK	APPLESAUCE  FORMULA / BREAST MILK	WATERMELON (MASHED)  FORMULA / BREAST MILK
4 ounces (volume) cottage cheese; or 0 4 ounces or 1/2 cup yogurt; or a combination of the above; and 6 - 11 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of both  DINNER  BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 0-4 tablespoons infant cereal, meat, fish, poultry,	MIXED CEREAL  TOMATO BISQUE  FORMULA / BREAST MILK  FORMULA / BREAST MILK	KIWI FORMULA / BREAST MILK	APPLESAUCE  FORMULA / BREAST MILK	WATERMELON (MASHED)  FORMULA / BREAST MILK
4 ounces (volume) cottage cheese; or 0 4 ounces or 1/2 cup yogurt; or a combination of the above; and 6 - 11 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of both  DINNER  BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 0-4 tablespoons infant cereal, meat, fish, poultry, whole egg, cooked dry beans or cooked	MIXED CEREAL  TOMATO BISQUE  FORMULA / BREAST MILK  FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK	APPLESAUCE  FORMULA / BREAST MILK  FORMULA / BREAST MILK	WATERMELON (MASHED)  FORMULA / BREAST MILK  FORMULA / BREAST MILK
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4 ounces (volume) cottage cheese; or 0 4 ounces or 1/2 cup yogurt; or a combination of the above; and 6 - 11 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of both  DINNER  BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 0-4 tablespoons infant cereal, meat, fish, poultry, whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces or 1/2 cup yogurt; or a combination of the above; and 6 - 11 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of both  EVENING SNACK BIRTH - 5 MONTHS: 4-6 Fluid ounces	MIXED CEREAL  TOMATO BISQUE  FORMULA / BREAST MILK  FORMULA / BREAST MILK  OATMEAL CEREAL  CARROTS	FORMULA / BREAST MILK FORMULA / BREAST MILK  MULTIGRAIN CEREAL  REFRIED BEANS	APPLESAUCE  FORMULA / BREAST MILK  FORMULA / BREAST MILK  MIXED CEREAL  HASHBROWNS	WATERMELON (MASHED)  FORMULA / BREAST MILK  FORMULA / BREAST MILK  BARLEY CEREAL  CALI BLEND VEGETABLES
4 ounces (volume) cottage cheese; or 0 4 ounces or 1/2 cup yogurt; or a combination of the above; and 6 - 11 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of both  DINNER  BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 0-4 tablespoons infant cereal, meat, fish, poultry, whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0- 4 ounces (volume) cottage cheese; or 0- 4 ounces or 1/2 cup yogurt; or a combination of the above; and 6 - 11 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of both  EVENING SNACK  BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 0-4 tablespoons	MIXED CEREAL  TOMATO BISQUE  FORMULA / BREAST MILK  FORMULA / BREAST MILK  OATMEAL CEREAL  CARROTS  FORMULA / BREAST MILK	FORMULA / BREAST MILK  FORMULA / BREAST MILK  MULTIGRAIN CEREAL  REFRIED BEANS  FORMULA / BREAST MILK	APPLESAUCE  FORMULA / BREAST MILK  FORMULA / BREAST MILK  MIXED CEREAL  HASHBROWNS  FORMULA / BREAST MILK	WATERMELON (MASHED)  FORMULA / BREAST MILK  FORMULA / BREAST MILK  BARLEY CEREAL  CALI BLEND VEGETABLES  FORMULA / BREAST MILK
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