

# Harvest of the month: February 2024



				Thursday 2/1/24	Friday 2/2/24
<b>BREAKFAST</b> Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk				WHOLE GRAIN FRENCH TOAST FRUIT SALAD *MILK	ENRICHED GRITS CHEESY TATOR TOTS *MILK
	<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/> Whole Grain
<b>LUNCH</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk				SWEDISH BEEF MEATBALLS WHOLE WHEAT SUB ROLL BAKED APPLES MIXED VEGETABLES *MILK	SLICED TURKEY SUB ENRICHED FRENCH BREAD PINEAPPLE RINGS BROCCOLI *MILK
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
<b>PM SNACK</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk				ENRICHED PRETZELS PLUMS  WATER	BOILED EGG HALVES FRESH TOMATOES  WATER
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
<b>TWO COMPONENTS</b>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
* One year olds are served Unflavored Whole Milk. Two years old and older are served unflavored 1% or Fat Free Milk. Milk substitutes must have a medical statement.					


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	Monday 2/5/24	Tuesday 2/6/24	Wednesday 2/7/24	Thursday 2/8/24	Friday 2/9/24
<b>BREAKFAST</b> Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	ENRICHED EGG BISCUIT SAUSAGE W/ GRAVY HONEYDEW MELON *MILK	WHOLE GRAIN FRENCH TOAST CINNAMON APPLESAUCE *MILK	WHOLE WHEAT PANCAKES RASPBERRIES *MILK	ENRICHED CROISSANT WARM PEACHES *MILK	ENRICHED CINNAMON PANCAKES BANANAS *MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
<b>LUNCH</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	CHICKEN NUGGETS WHOLE WHEAT ROLL SWEET POTATO FRIES STEAMED CORN *MILK	BLACK BEAN BURGER WHOLE WHEAT BUN APRICOTS ROASTED CAULIFLOWER *MILK	NATIONAL FETTUCCINE ALFREDO DAY BAKED CHICKEN ENRICHED FETTUCCINE GREEN APPLE SLICES BROCCOLI * MILK	BEEF STIR FRY WHOLE GRAIN NOODLES RASPBERRIES BABY CARROTS *MILK	VEGAN BREAKFAST TACOS SCRAMBLED TOFU W/SALSA WHOLE WHEAT TORTILLA CUTIE ORANGES ZUCCHINI STRIPS *MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
<b>PM SNACK</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	WHOLE GRAIN CHIPS PLUMS WATER	CHEESE QUESADILLA WHOLE WHEAT QUESADILLA STRAWBERRIES WATER	WHOLE GRAIN RICE CAKES TROPICAL FRUIT SALAD WATER	ENRICHED ANIMAL CRACKERS CELERY STICKS WATER	HUMMUS & CUCUMBER SANDWICH HUMMUS WHOLE WHEAT BREAD CUCUMBERS WATER
<b>TWO COMPONENTS</b>	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
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	Monday 2/12/24	Tuesday 2/13/24	♥ Wednesday 2/14/24 ♥	Thursday 2/15/24	Friday 2/16/24
<b>BREAKFAST</b> Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	OATMEAL MONDAY ENRICHED OATMEAL RASPBERRIES *MILK	ENRICHED SAUSAGE BISCUIT PEACHES *MILK	WHOLE WHEAT PANCAKES BANANAS & STRAWBERRIES *MILK 	ENRICHED GRITS APRICOT HALVES *MILK	MULTI GRAIN WAFFLE FRUIT COCKTAIL *MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
<b>LUNCH</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	FISH FILLET MULTI GRAIN BUN TANGERINE PEAS & CARROTS *MILK	TURKEY BURGER MULTI GRAIN BUN HONEY DEW MELON FRENCH FRIES *MILK	GRILLED EXTRA CHEESE SANDWICH WHOLE WHEAT BREAD SLICED KIWI TOMATO BISQUE SOUP * MILK	HAM & CHEESE SUB ENRICHED HAWAIIAN ROLL PEAR HALVES CARROT STICKS *MILK	HOMEMADE MAC-N-CHEESE WHOLE WHEAT SPIRAL NOODLES STRAWBERRIES ROASTED BRUSSEL SPROUTS *MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
<b>PM SNACK</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	ENRICHED MUFFIN CANTALOUPE SHAPES (CUT INTO FUN SHAPES) WATER	WHOLE GRAIN CHIPS FRESH PICO DE GALLO WATER	<b>FRUIT &amp; NUT BUTTER PITA POCKET</b> ENRICHED PITA POCKETS APPLES/PEANUT/WOW/SOY BUTTER (RECIPE IN LINK) WATER	ENRICHED SALTINE CRACKERS CURRIED TUNA SALAD WATER	ENRICHED OYSTER CRACKERS SPLIT PEA SOUP WATER
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
<b>TWO COMPONENTS</b>	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
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	Monday 2/19/24	Tuesday 2/20/24	Wednesday 2/21/24	Thursday 2/22/24	Friday 2/23/24
<b>BREAKFAST</b> Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	WHOLE WHEAT WAFFLE STICKS TATER TOTS *MILK  <input type="checkbox"/> Whole Grain	MULTI GRAIN CHEERIOS BANANA *MILK  <input type="checkbox"/> Whole Grain	WHOLE WHEAT MINI BAGEL SAUSAGE LINKS STRAWBERRIES *MILK  <input type="checkbox"/> Whole Grain	MULTIGRAIN CHEX SLICED PLUMS *MILK  <input type="checkbox"/> Whole Grain	NATIONAL BANANA BREAD DAY BANANA BREAD RECIPE ENRICHED BANANA BREAD FRUIT SALAD *MILK  <input type="checkbox"/> Whole Grain
	BLACK BEAN & SPINACH WRAP WHOLE GRAIN TORTILLA FRUIT COCKTAIL BAKED CAULIFLOWER *MILK  <input type="checkbox"/> Whole Grain	TUNA & CHEESE SUB WHOLE WHEAT SUB ROLL ORANGE SMILES GRILLED TOMATOES *MILK  <input type="checkbox"/> Whole Grain	GRILLED CHICKEN TENDERS WHOLE WHEAT ROLL RASPBERRIES ROASTED BROCCOLI * MILK  <input type="checkbox"/> Whole Grain	LENTIL BEANS WHOLE GRAIN ROLL PINEAPPLE TOSSED SALAD *MILK  <input type="checkbox"/> Whole Grain	SAVORY CHICKEN SALAD MUTLI GRAIN CRACKERS PEARS PEAS & CARROTS *MILK  <input type="checkbox"/> Whole Grain
<b>LUNCH</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	WHOLE GRAIN CRACKERS VEGETABLE SOUP  WATER  <input type="checkbox"/> Whole Grain	FRUIT PIZZA (WG BAGEL, LF CREAM CHEESE) BLUEBERRIES & APRICOT  WATER  <input type="checkbox"/> Whole Grain	ENRICHED PRETZELS ROASTED HUMMUS DIP  WATER  <input type="checkbox"/> Whole Grain	WHOLE GRAIN CHEEZ-ITS HONEYDEW MELON  WATER  <input type="checkbox"/> Whole Grain	WHOLE WHEAT SANDWICH THINS CHERRY TOMATOES  WATER  <input type="checkbox"/> Whole Grain
<b>PM SNACK</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk TWO COMPONENTS	* One year olds are served Unflavored Whole Milk. Two years old and older are served unflavored 1% or Fat Free Milk. Milk substitutes must have a medical statement.				

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	Monday 2/26/24	Tuesday 2/27/24	Wednesday 2/28/24	Thursday 2/29/24	
<b>BREAKFAST</b> Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	NATIONAL PANCAKE DAY ENRICHED MINI PANCAKES WARMED APRICOTS *MILK	WHOLE GRAIN BAGEL WARMED PEACHES *MILK	ENRICHED OATMEAL RASPBERRIES *MILK	MULTI GRAIN WAFFLE BLUEBERRIES *MILK	
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/>
<b>LUNCH</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	BBQ CHICKEN PIZZA WHOLE WHEAT PIZZA CRUST PLUMS TRI COLOR COLESLAW *MILK	PEANUT/WOW/SOY BUTTER WHOLE WHEAT BREAD RASPBERRIES TOSSED SALAD *MILK	XTRA CHEESE VEGGIE FLATBREAD WHOLE GRAIN FLATBREAD SWEET PEPPERS BROCCOLI * MILK	NATIONAL CHILI DAY CHILI MAC W/GROUND TURKEY WHOLE WHEAT BREADSTICK DICED PEARS CORN ON THE COB *MILK	
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/>
<b>PM SNACK</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	FISH SWIMMING IN SOUP WHOLE WHEAT GOLDFISH TOMATO SOUP  WATER	WHOLE WHEAT CHEX 100% BERRY JUICE  WATER	WHOLE WHEAT RAISIN TOAST APPLESAUCE  WATER	ENRICHED ANIMAL CRACKERS WATERMELON SLICES  WATER	
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/>
<b>TWO COMPONENTS</b>	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/>
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