

Services, Inc					
	Monday 1/1/2024	Tuesday 1/2/2024	Wednesday 1/3/2024	Thursday 1/4/2024	Friday 1/5/2024
BREAKFAST					11 11, 111, 111
BIRTH - 5 MONTHS: 4-6 Fluid	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 0-4 tablespoons					
infant cereal, meat, fish, poultry,					
whole egg, cooked dry beans or					
cooked dry peas; or 2 ounces of cheese; or 0-4 ounces (volume)	WHOLE WHEAT CEREAL	BARLEY CEREAL	MULTIGRAIN CEREAL	RICE CEREAL	MIXED CEREAL
cottage cheese; or 0-4 ounces or 1/2					
cup yogurt; or a combination of the					
above; and					
6 - 11 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of	PLUMS	PEACHES	APPLESAUCE	BLUEBERRIES	RASPBERRIES
both	. some	- CAGNES	AT DECADOL	DEGELACEG	IN DEMILES
AM SNACK					
BIRTH - 5 MONTHS: 4-6 Fluid	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces					
breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 0-4 tablespoons					
infant cereal, meat, fish, poultry,					
whole egg, cooked dry beans or					
cooked dry peas; or 2 ounces of cheese; or 0-4 ounces (volume)	RICE CEREAL	MIXED CEREAL	WHOLE WHEAT CEREAL	WHOLE WHEAT CEREAL	BARLEY CEREAL
cottage cheese; or 0-4 ounces or 1/2	1				
cup yogurt; or a combination of the					
above; and 6 - 11 MONTHS: 0-2 tablespoons		1	1		
vegetable or fruit or a combination of	PEAR	STRAWBERRY/BANANA	APRICOT	APPLESAUCE	PEACHES
hath	T CAN	O THAT WELLT OF THE PARTY OF TH	7.1.1.2.001	AT 500000	- Existing
LUNCH					
BIRTH - 5 MONTHS: 4-6 Fluid	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces					
breastmilk/formula 6 - 11 MONTHS: 0-4 tablespoons	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
infant cereal, meat, fish, poultry, whole egg, cooked dry beans or					
cooked dry peas; or 2 ounces of					
cheese; or 0-4 ounces (volume)	BARLEY CEREAL	MULTIGRAIN CEREAL	RICE CEREAL	OATMEAL CEREAL	WHOLE WHEAT CEREAL
cottage cheese; or 0-4 ounces or 1/2					
cup yogurt; or a combination of the					
6 - 11 MONTHS: 0-2 tablespoons					
vegetable or fruit or a combination of	CARROTS	GREEN BEANS	SUMMER SQUASH	BROCCOLI	SWEET POTATO
PM SNACK					
BIRTH - 5 MONTHS: 4-6 Fluid	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
ounces breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 6-8 Fluid ounces	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
breastmilk/formula 6 - 11 MONTHS: U-4 tablespoons					
infant cereal, meat, fish, poultry,					
whole egg, cooked dry beans or cooked dry peas; or 2 ounces of					
cheese; or 0-4 ounces (volume)	MIXED CEREAL	WHOLE WHEAT CEREAL	OATMEAL CEREAL	MULTI GRAIN CEREAL	RICE CEREAL
cottage cheese; or 0-4 ounces or 1/2					
cup yogurt; or a combination of the					
6 - 11 MONTHS: 0-2 tablespoons					
vegetable or fruit or a combination of	WATERMELON	APPLESAUCE	RASPBERRIES	BANANA	PEAS
hoth DTNINED		1	1	1	l .
DINNER BIRTH - 5 MONTHS: 4-6 Fluid		T	T	T	
ounces breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 6-8 Fluid ounces	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
breastmilk/formula 6 - 11 MONTHS: 0-4 tablespoons					
infant cereal, meat, fish, poultry,					
whole egg, cooked dry beans or	1				
cooked dry peas; or 2 ounces of	MULTI GRAIN CEREAL	OATMEAL CEREAL	BARLEY CEREAL	MIXED CEREAL	MULTI GRAIN CEREAL
cheese; or 0-4 ounces (volume)	- COLORD		- Ser venera		
cottage cheese; or 0-4 ounces or 1/2 cup yogurt; or a combination of the					
	1				
above; and 6 - 11 MONTHS: 0-2 tablespoons					
vegetable or fruit or a combination of	SWEET PEAS	ZUCHINNI	BAKED BEANS	MIXED VEGETABLES	AVOCADO
EVENING SNACK				•	
BIRTH - 5 MONTHS: 4-6 Fluid	FORMULA / RDEAST MILE	FORMULA / RDEACT MILE	FORMULA / BREAST MILK	FORMULA / RDEAST MILE	FORMULA / BREAST MILK
ounces breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	OUMULA / BREAST MILK	FORMULA / BREAST MILK	I ONNOTA / BECASI WITE
6 - 11 MONTHS: 6-8 Fluid ounces	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
breastmilk/formula 6 - 11 MONTHS: 0-4 tablespoons		1	1		
infant cereal, meat, fish, poultry,					
whole egg, cooked dry beans or	1				
cooked dry peas; or 2 ounces of	OATMEAL CEREAL	RICE CEREAL	MIXED CEREAL	BARLEY CEREAL	OATMEAL CEREAL
cheese; or 0-4 ounces (volume)					
cottage cheese; or 0-4 ounces or 1/2 cup yogurt; or a combination of the	1				
6 - 11 MONTHS: 0-2 tablespoons					
vegetable or fruit or a combination of both	STRAWBERRY/BANANA	TEETHING BISCUIT	PEACHES	PEARS	PINEAPPLE/BLUEBERRY



Services, Inc	Manday 1/9/2024	Tuesday 1/0/2024	Wadnesday 1/10/2024	Thursday 1/11/2024	Enidou 1/12/2024
BREAKFAST	Monday 1/8/2024	Tuesday 1/9/2024	Wednesday 1/10/2024	Thursday 1/11/2024	Friday 1/12/2024
BIRTH - 5 MONTHS: 4-6 Fluid ounces	FORMULA / BREAST MILK				
breastmilk/formula 6 - 11 MONTH5: 6-8 Fluid ounces					
breastmilk/formula	FORMULA / BREAST MILK				
6 - 11 MONTHS: 0-4 tablespoons infant cereal, meat, fish, poultry, whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces or 1/2 cup yogurt a common or 1/2 cup yogurt a combination of the above; and	RICE CEREAL	MULTIGRAIN CEREAL	WHOLE WHEAT CEREAL	BARLEY CEREAL	MULTIGRAIN CEREAL
6 - 11 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of both	HONEYDEW MELON	APRICOTS	PEACHES	HASHBROWNS (MASJED)	BLUEBERRIES
AM SNACK			'	·	•
BIRTH - 5 MONTHS: 4-6 Fluid ounces	FORMULA / BREAST MILK				
breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula	FORMULA / BREAST MILK				
6 - 11 MONTHS: 0-4 tablespoons infant cereal, meat, fish, poultry, whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces or 1/2 cup yogurt, or a combination of the above; and	WHOLE WHEAT CEREAL	OATMEAL CEREAL	RICE CEREAL	MIXED CEREAL	BARLEY CEREAL
6 - 11 MONTH5: 0-2 tablespoons vegetable or fruit or a combination of both	BANANAS	APPLESAUCE	PINEAPPLE (MASHED)	STRAWBERRY/BANANA	PEARS
LUNCH					
BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula	FORMULA / BREAST MILK				
6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula	FORMULA / BREAST MILK				
6 - 11 MONTHS: 0-4 tablespoons infant cereal, meat, fish, poultry, whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces or 1/2 cup yogurt; or a combination of the above; and	BARLEY CEREAL	RICE CEREAL	BARLEY CEREAL	OATMEAL CEREAL	WHOLE WHEAT CEREAL
6 - 11 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of both	PEAS & CARROTS	MIXED VEGETABLES	CARROTS	CREAMED SPINACH	BROCCOLI
PM SNACK					
BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula	FORMULA / BREAST MILK				
6 - 11 MONTHS: 6-8 Fluid ounces	FORMULA / BREAST MILK				
breastmilk/formula 6 - 11 MONTHS: 0-4 toblespoons infant cereal, meat, fish, poultry, whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces or 1/2 cup yagurt; or a combination of the above; and	MIXED CEREAL	MIXED CEREAL	MIXED CEREAL	MULTI GRAIN CEREAL	MIXED CEREAL
6 - 11 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of both	PINEAPPLE/PEAR	SPINACH	APPLESAUCE	SPLIT PEA SOUP	GREEN BEANS
DINNER					
BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula	FORMULA / BREAST MILK				
6 - 11 MONTHS: 6-8 Fluid ounces	FORMULA / BREAST MILK				
breastmilk/formula 6 - 11 MONTHS: 0.4 tablespoons infant cereal, meat, fish, poultry, whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0.4 ounces (volume) cottage cheese; or 0.4 ounces or 1/2 cup yagurt; or a combination of the above; and		BARLEY CEREAL	MULTIGRAIN CEREAL	WHOLE WHEAT CEREAL	RICE CEREAL
6 - 11 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of	CORN	BEETS (MASHED)	GREEN BEANS	KALE PUREED	LIMA BEANS
EVENING SNACK					
BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula	FORMULA / BREAST MILK				
6 - 11 MONTHS: 6-8 Fluid ounces	FORMULA / BREAST MILK				
breastmilk/formula 6 - 11 MONTHS: 0.4 tablespoons infant cereal, meat, fish, poultry, whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0.4 ounces (volume) cottage cheese; or 0.4 ounces or 1/2 cup yogurt; or a		WHOLE WHEAT CEREAL	OATMEAL CEREAL	RICE CEREAL	OATMEAL CEREAL
combination of the above; and 6 - 11 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of both	CARROTS	CANTALOUPE	APRICOTS	TEETHING BISCUIT	APPLESAUCE
Dolli			•		



Services, Inc					
	Monday 1/15/2024	Tuesday 1/16/2024	Wednesday 1/17/2024	Thursday 1/18/2024	Friday 1/19/2024
BREAKFAST		T			Г
BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 0-4 tablespoons					
infant cereal, meat, fish, poultry, whole egg, cooked dry beans or cooked					
lry peas; or 2 ounces of cheese; or 0-4	MUTLIGRAIN CEREAL	WHOLE WHEAT CEREAL	RICE CEREAL	OATMEAL CEREAL	MIXED CEREAL
unces (volume) cottage cheese; or 0-4					
ounces or 1/2 cup yogurt; or a combination of the above; and					
6 - 11 MONTHS: 0-2 tablespoons					
regetable or fruit or a combination of	BLUEBERRIES	STRAWBERRY/BANANA	PLUMS	RASPBERRIES	PEACHES
both					
AM SNACK SIRTH - 5 MONTHS: 4-6 Fluid ounces					
breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 0-4 tablespoons					
infant cereal, meat, fish, poultry,					
hole egg, cooked dry beans or cooked ry peas; or 2 ounces of cheese; or 0-4	RADI EV CEDEAL	MIXED CEREAL	WHOLE WHEAT CEREAL	RICE CEREAL	OATMEAL CEREAL
unces (volume) cottage cheese; or 0-4	DANGE / GENERAL	MERCO GERERO	WHOSE WHEAT SEREAS	NZOC OCNERO	OATMEND SCHEAD
ounces or 1/2 cup yogurt; or a					
combination of the above; and 6 - 11 MONTHS: 0-2 tablespoons					
egetable or fruit or a combination of	APPLESAUCE	PEARS	MANGO	BLUEBERRIES	ROASTED POTATO WEDGES
both					
LUNCH IRTH - 5 MONTHS: 4-6 Fluid ounces					
breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 0-4 tablespoons					
infant cereal, meat, fish, poultry, hole egg, cooked dry beans or cooked					
y peas; or 2 ounces of cheese; or 0-4	MIXED CEREAL	OATMEAL CEREAL	BARLEY CEREAL	WHOLE WHEAT CEREAL	RICE CEREAL
unces (volume) cottage cheese; or 0-4					
ounces or 1/2 cup yogurt; or a combination of the above; and					
6 - 11 MONTHS: 0-2 tablespoons	4.00.074	COCCUSION FORCE	005511 05 4110	ALVE 17 DE 14	117VEF VEGET 101 E4
vegetable or fruit or a combination of both	CARROTS	FRENCH FRIES	GREEN BEANS	SWEAT PEAS	MIXED VEGETABLES
PM SNACK		T			
IRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 0-4 tablespoons					
infant cereal, meat, fish, poultry, whole egg, cooked dry beans or cooked					
ry peas; or 2 ounces of cheese; or 0-4	RICE CEREAL	BARLEY CEREAL	MIXED CEREAL	MULTIGRAIN CEREAL	BARLEY CEREAL
unces (volume) cottage cheese; or 0-4					
ounces or 1/2 cup yogurt; or a combination of the above; and					
6 - 11 MONTHS: 0-2 tablespoons					
egetable or fruit or a combination of both	WATERMELON	ROASTED ZESTY CHICKPEAS	SPINACH	APRICOTS	APPLES
DINNER					-
IRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 6-8 Fluid ounces	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 0-4 tablespoons					
infant cereal, meat, fish, poultry,					
whole egg, cooked dry beans or cooked	WILLIAM C.	מדמר מרחב וו	MULTICO ATAL CERS	D 4 D 1 EV CEDE 41	MILL TTCD 4Th CCCC
ry peas; or 2 ounces of cheese; or 0-4 unces (volume) cottage cheese; or 0-4		RICE CEREAL	MULTIGRAIN CEREAL	BARLEY CEREAL	MULTIGRAIN CEREAL
ounces or 1/2 cup yogurt; or a					
combination of the above; and					
6 - 11 MONTHS: 0-2 tablespoons egetable or fruit or a combination of	SWEET POTATO	CAULIFLOWER	ROASTED BEETS	BROCCOLI	CARROTS
both					
		FORMULA / BREAST MILK	FORMULA / PREACT HTLE	FORMULA / BREAST MILK	FORMULA / PREACT HTTP
EVENING SNACK IRTH - 5 MONTHS: 4-6 Fluid ounces	EODMINA / DDEACT HTIP		FORMULA / BREAST MILK	FURMULA / BREAST MILK	FORMULA / BREAST MILK
IRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula	FORMULA / BREAST MILK				
IRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces	FORMULA / BREAST MILK FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
IRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 0-4 tablespoons			FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
IRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 0-4 tablespoons infant cereal, meat, fish, poultry,			FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
IRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 0-4 toblespoons infant cereal, meat, fish, poultry, hole egg, cooked dry beans or cooked y peas; or 2 ounces of cheese; or 0-4	FORMULA / BREAST MILK		FORMULA / BREAST MILK RICE CEREAL	FORMULA / BREAST MILK MIXED CEREAL	FORMULA / BREAST MILK WHOLE WHEAT CEREAL
IRTH - 5 MONTHS: 4-6 Fluid ounces breast milk/formula 6 - 11 MONTHS: 6-8 Fluid ounces breast milk/formula 6 - 11 MONTHS: 0-4 tablespoons infant cereal, meat, fish, poultry, hole egg, cooked dry beans or cooked y peas; or 2 ounces of cheese; or 0-4 unces (volume) cottage cheese; or 0-4	FORMULA / BREAST MILK	FORMULA / BREAST MILK			
IRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 0-4 tablespoons infant cereal, meat, fish, poultry, hole egg, cooked dry beans or cooked yp peas; or 2 ounces of cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces or 1/2 cup yogurt; or a combination of the above; and	FORMULA / BREAST MILK	FORMULA / BREAST MILK			
21RTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-4 toblespoons infant cereal, meat, fish, poultry, whole egg, cooked dry beans or cooked fry peas; or 2 ounces of cheese; or 0-4 unces (volume) cottage cheese; or 0-4 ounces or 12-2 outypour; to ounces or 12-2 outypour; to	FORMULA / BREAST MILK OATMEAL CEREAL	FORMULA / BREAST MILK			



	Monday 1/22/2024	Tuesday 1/23/2024	Wednesday 1/24/2024	Thursday 1/25/2024	Friday 1/26/2024
BREAKFAST			,		
BIRTH - 5 MONTHS: 4-6 Fluid	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces			FORMULA / RDEACT MILK		
breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 0-4 tablespoons infant cereal, meat, fish, poultry,					
whole egg, cooked dry beans or					
cooked dry peas; or 2 ounces of	MULTIGRAIN CEREAL	RICE CEREAL	WHOLE WHEAT CEREAL	MULTIGRAIN CEREAL	OATMEAL CEREAL
cheese; or 0-4 ounces (volume)	MODITORALIA CEREAL	NICE CEREAL	WHOLE WHEAT GENERAL	MODITORALIN CERCAD	OATMEAD CEREAD
cottage cheese; or 0-4 ounces or 1/2 cup yogurt; or a combination of the					
above; and					
6 - 11 MONTHS: 0-2 tablespoons					
regetable or fruit or a combination of both	MIXED FRUIT	PEARS	TATER TOTS	KIWI	PEACHES
AM SNACK			ll .	I.	
BIRTH - 5 MONTHS: 4-6 Fluid	FORMULA / DDEACT MILK	FORMULA / DREACT MILK	FORMULA / DDF45T MTIK	FORMULA / BREAST MILK	FORMULA / RREACT MILK
ounces breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 0-4 tablespoons					
infant cereal, meat, fish, poultry,					
whole egg, cooked dry beans or					
cooked dry peas; or 2 ounces of cheese; or 0-4 ounces (volume)	OATMEAL CEREAL	WHOLE WHEAT CEREAL	BARLEY CEREAL	MIXED CEREAL	BARLEY CEREAL
cottage cheese; or 0-4 ounces or 1/2					
cup yogurt; or a combination of the					
above; and					
6 - 11 MONTHS: 0-2 tablespoons regetable or fruit or a combination of	STRAWBERRY/BANANA	CARROTS	BLUEBERRIES	TEETHING BISCUIT	PRUNES
both					
LUNCH					
BIRTH - 5 MONTHS: 4-6 Fluid	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
ounces breastmilk/formula	1 2 2 2 1 MICH 2 1 MICH	, outpott / preud mith	CONTOCA / DACAGE MILES	CONTOCK / DECUGI MILK	, SIMOUR / DREAST MILK
6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
breastmilk/formula 6 - 11 MONTHS: U-4 tablespoons					
infant cereal, meat, fish, poultry, whole egg, cooked dry beans or					
cooked dry peas; or 2 ounces of	l				
cheese; or 0-4 ounces (volume)	WHOLE WHEAT CEREAL	BARLEY CEREAL	MIXED CEREAL	RICE CEREAL	WHOLE WHEAT CEREAL
cottage cheese; or 0-4 ounces or 1/2					
cup yogurt; or a combination of the					
6 - 11 MONTHS: 0-2 tablespoons					
vegetable or fruit or a combination of	CARROTS	ROASTED BEETS/PRUNES	APRICOTS	GREEN BEENS	SWEET PEAS
vegetable or fruit or a combination of both	CARROTS	ROASTED BEETS/PRUNES	APRICOTS	GREEN BEENS	SWEET PEAS
vegetable or fruit or a combination of both PM SNACK BIRTH - 5 MONTHS: 4-6 Fluid					
vegetable or fruit or a combination of both PM SNACK BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
vegetable or fruit or a combination of both PM SNACK BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces					
vegetable or fruit or a combination of both PM SNACK BIRTH - 5 MONITHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONITHS: 6-8 Fluid ounces breastmilk/formula - 11 MONITHS: 0-4 Tablespoons	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
vegetable or fruit or a combination of both PM SNACK BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula - 11 MONTHS: 0-4 Fluid ounces incomplete ounces breastmilk/formula - 11 MONTHS: 0-4 Tablespoors infant cereal, meat, fish, poultry,	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
vegetable or fruit or a combination of both PM SNACK BIRTH - 5 MONTHS: 4-6 Fluid ounces breast millk/formula 6 - 11 MONTHS: 6-8 Fluid ounces breast millk/formula 0 - 11 MONTHS: 6-8 Fluid ounces or 11 MONTHS: 6-10 Hosteponors infant cereal, meat, fish, poultry, whole egg, cooked dry beans or cooked dry peas; or 2 ounces of	FORMULA / BREAST MILK FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK
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regetable or fruit or a combination of both PM SNACK BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula 0 - 11 MONTHS: 0-8 Fluid ounces breastmilk/formula 0 - 11 MONTHS: 0-9 Toblespoons infant creen of meat, fish, poultry, whole egg, cooked dry bears or cooked dry peas; or 2 ounces of cheese; or 0-4 ounces or 1/2 cuty pogurt; or a combination of 1/2 cuty pogurt; or a combination of the chance and 1/2 cuty pogurt; or a combination of the combinatio	FORMULA / BREAST MILK FORMULA / BREAST MILK MIXED CEREAL CUCUMBER STICKS FORMULA / BREAST MILK FORMULA / BREAST MILK RICE CEREAL SWEET PEAS FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK OATMEAL CEREAL BANANA FORMULA / BREAST MILK FORMULA / BREAST MILK MIXED CEREAL SWEET POTATO FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK MULTIGRAIN CEREAL PRUNES FORMULA / BREAST MILK FORMULA / BREAST MILK OATMEAL CEREAL TOMATO SOUP	FORMULA / BREAST MILK FORMULA / BREAST MILK WHOLE WHEAT CEREAL PINEAPPLE/BLUEBERRY FORMULA / BREAST MILK BARLEY CEREAL CORN (MASHED) FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK RICE CEREAL BLUEBERRY APPLE FORMULA / BREAST MILK FORMULA / BREAST MILK MULTIGRAIN CEREAL REFRIED BEANS FORMULA / BREAST MILK
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PM SNACK BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula of the service of	FORMULA / BREAST MILK FORMULA / BREAST MILK MIXED CEREAL CUCUMBER STICKS FORMULA / BREAST MILK FORMULA / BREAST MILK RICE CEREAL SWEET PEAS FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK OATMEAL CEREAL BANANA FORMULA / BREAST MILK FORMULA / BREAST MILK MIXED CEREAL SWEET POTATO FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK MULTIGRAIN CEREAL PRUNES FORMULA / BREAST MILK FORMULA / BREAST MILK OATMEAL CEREAL TOMATO SOUP	FORMULA / BREAST MILK FORMULA / BREAST MILK WHOLE WHEAT CEREAL PINEAPPLE/BLUEBERRY FORMULA / BREAST MILK BARLEY CEREAL CORN (MASHED) FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK RICE CEREAL BLUEBERRY APPLE FORMULA / BREAST MILK FORMULA / BREAST MILK MULTIGRAIN CEREAL REFRIED BEANS FORMULA / BREAST MILK
regetable or fruit or a combination of both PM SNACK BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 0-8 Fluid ounces of the season of the	FORMULA / BREAST MILK FORMULA / BREAST MILK MIXED CEREAL CUCUMBER STICKS FORMULA / BREAST MILK FORMULA / BREAST MILK RICE CEREAL SWEET PEAS FORMULA / BREAST MILK FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK OATMEAL CEREAL BANANA FORMULA / BREAST MILK FORMULA / BREAST MILK MIXED CEREAL SWEET POTATO FORMULA / BREAST MILK FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK MULTIGRAIN CEREAL PRUNES FORMULA / BREAST MILK FORMULA / BREAST MILK TOMATO SOUP FORMULA / BREAST MILK FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK WHOLE WHEAT CEREAL PINEAPPLE/BLUEBERRY FORMULA / BREAST MILK FORMULA / BREAST MILK CORN (MASHED) FORMULA / BREAST MILK FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK RICE CEREAL BLUEBERRY APPLE FORMULA / BREAST MILK FORMULA / BREAST MILK MULTIGRAIN CEREAL REFRIED BEANS FORMULA / BREAST MILK FORMULA / BREAST MILK
PM SNACK PM SNACK BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - II MONTHS: 0-8 Fluid ounces breastmilk/formula 6 - II MONTHS: 0-8 Fluid ounces breastmilk/formula 6 - II MONTHS: 0-9 Fluid ounces breastmilk/formula 6 - II MONTHS: 0-9 Fluid ounces breastmilk/formula 6 - II MONTHS: 0-1 Tobalespoons ounces of cheese: or 0-4 ounces (volume) cottage cheese: or 0-4 ounces of cheese: or 0-4 ounces or 0-4 ounces or 0-1 ounc	FORMULA / BREAST MILK FORMULA / BREAST MILK MIXED CEREAL CUCUMBER STICKS FORMULA / BREAST MILK FORMULA / BREAST MILK RICE CEREAL SWEET PEAS FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK OATMEAL CEREAL BANANA FORMULA / BREAST MILK FORMULA / BREAST MILK MIXED CEREAL SWEET POTATO FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK MULTIGRAIN CEREAL PRUNES FORMULA / BREAST MILK FORMULA / BREAST MILK OATMEAL CEREAL TOMATO SOUP	FORMULA / BREAST MILK FORMULA / BREAST MILK WHOLE WHEAT CEREAL PINEAPPLE/BLUEBERRY FORMULA / BREAST MILK FORMULA / BREAST MILK CORN (MASHED) FORMULA / BREAST MILK FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK RICE CEREAL BLUEBERRY APPLE FORMULA / BREAST MILK FORMULA / BREAST MILK MULTIGRAIN CEREAL REFRIED BEANS FORMULA / BREAST MILK
PM SNACK PM SNACK BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula 5 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 0-8 Tluid ounces breastmilk/formula 6 - 11 MONTHS: 0-1 Tubiespoons cottage cheese: or 0-4 ounces or 1/2 cup yagurt; or a combination of the cheese: or 0-4 ounces or 1/2 cup yagurt; or a combination of the cheese: or 0-1 ounces or 1/2 cup yagurt; or a combination of the cheese: or 0-1 ounces or 1/2 BIRTH - 5 MONTHS: 0-2 Tubiespoons regetable or fruit or a combination of both DINNER BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 0-8 Tibid ounces breastmilk/formula 6 - 11 MONTHS: 0-9 tubiespoons cocked dry bears or cocked dry bears or 0-4 ounces or 1/2 cocked dry peas; or 2 ounces of cheese; or 0-4 ounces or 1/2 6 - 11 MONTHS: 0-2 tubiespoons regetable or fruit or a combination of the obove; and 6 - 11 MONTHS: 0-2 tubiespoons regetable or fruit or a combination of the obove; and 6 - 11 MONTHS: 0-2 tubiespoons regetable or fruit or a combination of the obove; and 6 - 11 MONTHS: 0-2 tubiespoons regetable or fruit or a combination of the obove; and 6 - 11 MONTHS: 0-2 tubiespoons regetable or fruit or a combination of the obove; and 6 - 11 MONTHS: 0-2 tubiespoons regetable or fruit or a combination of the obove; and 1 ounces breastmilk/formula 6 - 11 MONTHS: 0-2 tubiespoons regetable or fruit or a combination of the obove; and 1 ounces breastmilk/formula 6 - 11 MONTHS: 0-2 tubiespoons regetable or fruit or a combination of the obove; and 1 ounces breastmilk/formula 6 - 11 MONTHS: 0-2 tubiespoons regetable or fruit or a combination of the obove; and 1 ounces breastmilk/formula 6 - 11 MONTHS: 0-2 tubiespoons regetable or fruit or a combination of the obove; and 1 ounces breastmilk/formula 6 - 10 ounces or 0-0 ounces (volume)	FORMULA / BREAST MILK FORMULA / BREAST MILK MIXED CEREAL CUCUMBER STICKS FORMULA / BREAST MILK FORMULA / BREAST MILK RICE CEREAL SWEET PEAS FORMULA / BREAST MILK FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK OATMEAL CEREAL BANANA FORMULA / BREAST MILK FORMULA / BREAST MILK MIXED CEREAL SWEET POTATO FORMULA / BREAST MILK FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK MULTIGRAIN CEREAL PRUNES FORMULA / BREAST MILK FORMULA / BREAST MILK TOMATO SOUP FORMULA / BREAST MILK FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK WHOLE WHEAT CEREAL PINEAPPLE/BLUEBERRY FORMULA / BREAST MILK FORMULA / BREAST MILK CORN (MASHED) FORMULA / BREAST MILK FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK RICE CEREAL BLUEBERRY APPLE FORMULA / BREAST MILK FORMULA / BREAST MILK MULTIGRAIN CEREAL REFRIED BEANS FORMULA / BREAST MILK FORMULA / BREAST MILK
PM SNACK BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 5 - 11 MONTHS: 0-8 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 0-8 Fluid ounces breastmilk/formula 5 - 11 MONTHS: 0-8 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 0-9 Toblespoons cooked dry bears or cooked dry bears or cooked dry bears or 2 ounces or 1/2 cup yagurt: or a combination of the cooked of the co	FORMULA / BREAST MILK FORMULA / BREAST MILK MIXED CEREAL CUCUMBER STICKS FORMULA / BREAST MILK FORMULA / BREAST MILK RICE CEREAL SWEET PEAS FORMULA / BREAST MILK FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK OATMEAL CEREAL BANANA FORMULA / BREAST MILK FORMULA / BREAST MILK MIXED CEREAL SWEET POTATO FORMULA / BREAST MILK FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK MULTIGRAIN CEREAL PRUNES FORMULA / BREAST MILK FORMULA / BREAST MILK TOMATO SOUP FORMULA / BREAST MILK FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK WHOLE WHEAT CEREAL PINEAPPLE/BLUEBERRY FORMULA / BREAST MILK FORMULA / BREAST MILK CORN (MASHED) FORMULA / BREAST MILK FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK RICE CEREAL BLUEBERRY APPLE FORMULA / BREAST MILK FORMULA / BREAST MILK MULTIGRAIN CEREAL REFRIED BEANS FORMULA / BREAST MILK FORMULA / BREAST MILK
PM SNACK PM SNACK BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - II MONTHS: 0-8 Fluid ounces breastmilk/formula 6 - II MONTHS: 0-8 Fluid ounces breastmilk/formula 6 - II MONTHS: 0-9 Fluid ounces breastmilk/formula 6 - II MONTHS: 0-9 Fluid ounces breastmilk/formula 6 - II MONTHS: 0-1 Tobalespoons ounces of cheese: or 0-4 ounces (volume) cottage cheese: or 0-4 ounces of cheese: or 0-4 ounces or 0-4 ounces or 0-1 ounc	FORMULA / BREAST MILK FORMULA / BREAST MILK MIXED CEREAL CUCUMBER STICKS FORMULA / BREAST MILK FORMULA / BREAST MILK RICE CEREAL SWEET PEAS FORMULA / BREAST MILK FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK OATMEAL CEREAL BANANA FORMULA / BREAST MILK FORMULA / BREAST MILK MIXED CEREAL SWEET POTATO FORMULA / BREAST MILK FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK MULTIGRAIN CEREAL PRUNES FORMULA / BREAST MILK FORMULA / BREAST MILK TOMATO SOUP FORMULA / BREAST MILK FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK WHOLE WHEAT CEREAL PINEAPPLE/BLUEBERRY FORMULA / BREAST MILK FORMULA / BREAST MILK CORN (MASHED) FORMULA / BREAST MILK FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK RICE CEREAL BLUEBERRY APPLE FORMULA / BREAST MILK FORMULA / BREAST MILK MULTIGRAIN CEREAL REFRIED BEANS FORMULA / BREAST MILK FORMULA / BREAST MILK



Services, Inc				
	Monday 1/29/2024	Tuesday 1/30/2024	Wednesday 1/31/2024	
BREAKFAST				
BIRTH - 5 MONTHS: 4-6 Fluid ounces	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	
6 - 11 MONTHS: 6-8 Fluid ounces				
breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	
6 - 11 MONTHS: 0-4 tablespoons				
infant cereal, meat, fish, poultry,				
whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0-	DTCE CEREAL	WHOLE WHEAT CEREAL	OATMEAL CEREAL	
4 ounces (volume) cottage cheese; or 0		WHOLE WHEAT GENERAL	ON IMENE GENERAL	
4 ounces or 1/2 cup yogurt; or a				
combination of the above; and				
6 - 11 MONTHS: 0-2 tablespoons				
vegetable or fruit or a combination of both	BLUEBERRIES	HASHBROWN MASHED	PEACHES	
AM SNACK		Į.		
BIRTH - 5 MONTHS: 4-6 Fluid ounces	FORMULA (DDE LET MILK	500.00 A / DDF 46T 44T K	FORMULA (DDF46T MT) K	
breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	
6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	
6 - 11 MONTHS: 0-4 tablespoons				
infant cereal, meat, fish, poultry,				
whole egg, cooked dry beans or cooked				
dry peas; or 2 ounces of cheese; or 0- 4 ounces (volume) cottage cheese; or 0		MIXED CEREAL	WHOLE WHEAT CEREAL	
4 ounces (volume) cottage cheese; or of 4 ounces or 1/2 cup yogurt; or a				
combination of the above; and				
6 - 11 MONTHS: 0-2 tablespoons				
vegetable or fruit or a combination of	PEARS	BANANA	FRUIT SALAD	
both			1	
LUNCH BIRTH - 5 MONTH5: 4-6 Fluid ounces			I	
hreastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	
breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	
6 - 11 MONTHS: 0-4 tablespoons				
infant cereal, meat, fish, poultry,				
whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0-	MULTIGRAIN CEREAL	RICE CEREAL	BARLEY CEREAL	
4 ounces (volume) cottage cheese; or 0		NICE CENERAL	DARLEY GEREAL	
4 ounces or 1/2 cup yogurt; or a				
combination of the above; and				
6 - 11 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of	STEAMED ZUCCHINI	SWEET POTATO	CORN	
both	STEAMED ZOOGIETE	SWEETTOTATO	CONIA	
PM SNACK				
BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	
6 - 11 MONTHS: 6-8 Fluid ounces	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	
breastmilk/formula	TOTALIST TOTALIST MEDICAL TOTALIST TOTA	TOTALISM TOTALISM	TOTAL PROPERTY MADE	
 6 - 11 MONTHS: 0-4 tablespoons infant cereal, meat, fish, poultry, 				
whole egg, cooked dry beans or cooked				
dry peas; or 2 ounces of cheese; or 0-		BARLEY CEREAL	RICE CEREAL	
4 ounces (volume) cottage cheese; or 0	i			
4 ounces or 1/2 cup yogurt; or a combination of the above; and	1	l .		
6 - 11 MONTHS: 0-2 tablespoons				
vegetable or fruit or a combination of	CINNAMON APPLESAUCE	TOMATO SOUP	TEETHING BISCUIT	
both	CINNAMON APPLESAUCE	TOMATO SOUP	TEETHING BISCUIT	
vegetable or fruit or a combination of both DINNER BIRTH - 5 MONTHS: 4-6 Fluid ounces				
both DINNER BIRTH - 5 MONTHS: 4-6 Fluid ounces	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	
both DINNER	FORMULA / BREAST MILK			
both DINNER BIRTH - 5 MONTHS: 4-6 Fluid ounces 6 - 11 MONTHS: 6-8 Fluid ounces hearts: 6-8 Fluid ounces hearts: 6-11 MONTHS: 0-4 tablespoons	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	
both DINNER BIRTH - 5 MONTHS: 4-6 Fluid ounces 6 - 11 MONTHS: 6-8 Fluid ounces hepastmills: 6-4 tablespoons infant cereal, meat, rish, poultry,	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	
both DINNER BIRH - 5 MONTHS: 4-5 Fluid ounces becasterilly formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmilly formula 6 - 11 MONTHS: 0-4 toblespoons infant cereal, meat, fish, poultry, whole egg, cooked dry beans or cooked	FORMULA / BREAST MILK FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	
both DINNER BIRTH - 5 MONTHS: 4-6 Fluid ounces 6 - 11 MONTHS: 6-8 Fluid ounces heastmills/formula 6 - 11 MONTHS: 6-8 fluid ounces heastmills/formula 6 - 11 MONTHS: 6-8 fluid ounces infant cereal, meat, fish, poultry, whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0 4 ounces (volume) cottage cheese; or 0 4 ounces (volume) cottage cheese; or 0	FORMULA / BREAST MILK FORMULA / BREAST MILK OATMEAL CEREAL	FORMULA / BREAST MILK FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK	
both DINNER BIRTH-5 MONTHES 4-5 Fluid ounces	FORMULA / BREAST MILK FORMULA / BREAST MILK OATMEAL CEREAL	FORMULA / BREAST MILK FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK	
both DINNER BIRTH - 5 MONTHS: 4-6 Fluid ounces 6 - 11 MONTHS: 4-8 Fluid ounces heactarill/framula 6 - 11 MONTHS: 0-8 Fluid ounces heactarill/framula 6 - 11 MONTHS: 0-4 toblespons infant cereal, meat, fish, poultry, whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces for 1/2 cup yogurt; or a combination of the above; and	FORMULA / BREAST MILK FORMULA / BREAST MILK OATMEAL CEREAL	FORMULA / BREAST MILK FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK	
both DINNER BIRTH-5 MONTHS: 4-5 Fluid ounces 6-11 MONTHS: 6-8 Fluid ounces heastmill/scomula 6-11 MONTHS: 6-8 Fluid ounces heastmills: (7-4 tablespoons infant cereal, meat, fish, poultry, whole egg, cooked dry beans or cooked dry peas: or 2 ounces of cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces or 1/2 cup yogurt; or a combination of the above; and 6-11 MONTHS: 0-2 tablespoons	FORMULA / BREAST MILK FORMULA / BREAST MILK OATMEAL CEREAL	FORMULA / BREAST MILK FORMULA / BREAST MILK MULTIGRAIN CEREAL	FORMULA / BREAST MILK FORMULA / BREAST MILK MIXED CEREAL	
both DINNER BIRTH - 5 MONTHS: 4-5 Fluid ounces 6 - 11 MONTHS: 6-8 Fluid ounces heastmill/formula 6 - 11 MONTHS: 6-8 Fluid ounces heastmill/formula 6 - 11 MONTHS: 0-8 fluid ounces infant cereal, meat, fish, poultry, whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0-4 4 ounces (volume) cottage cheese; or 0-4 4 ounces or 1/2 cup yogurt: or a combination of the above; and 6 - 11 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of both	FORMULA / BREAST MILK FORMULA / BREAST MILK OATMEAL CEREAL	FORMULA / BREAST MILK FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK	
both DINNER BIRTH - 5 MONTHS: 4-5 Fluid ounces 6 - 11 MONTHS: 6-8 Fluid ounces heastmills/formula 6 - 11 MONTHS: 6-8 Fluid ounces heastmills/formula 6 - 11 MONTHS: 6-9 fluid ounces combination of the above; or 0-4 4 ounces or 1/2 cup yagurt; or a combination of the above; and 6 - 11 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of both EVENITING SNACK	FORMULA / BREAST MILK FORMULA / BREAST MILK OATMEAL CEREAL	FORMULA / BREAST MILK FORMULA / BREAST MILK MULTIGRAIN CEREAL	FORMULA / BREAST MILK FORMULA / BREAST MILK MIXED CEREAL	
both DINNER BIRTH - 5 MONTHS: 4-6 Fluid ounces 6 - 11 MONTHS: 4-8 Fluid ounces hoesetablik/formula 6 - 11 MONTHS: 0-8 Fluid ounces hoesetablik/formula 6 - 11 MONTHS: 0-4 tablespoons infant cereal, meat, fish, poultry, whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0-4 4 ounces (volume) cottage cheese; or 0-4 4 ounces or 1/2 cup yogurt; or a combination of the above; and 6 - 11 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of both EVENITIA S NACK BIRTH - 5 MONTHS: 4-6 Fluid ounces	FORMULA / BREAST MILK FORMULA / BREAST MILK OATMEAL CEREAL PEAS & CARROTS	FORMULA / BREAST MILK FORMULA / BREAST MILK MULTIGRAIN CEREAL	FORMULA / BREAST MILK FORMULA / BREAST MILK MIXED CEREAL	
both DINNER BIRTH - 5 MONTHS: 4-5 Fluid ounces 6 - 11 MONTHS: 4-5 Fluid ounces hoestmill/formula 6 - 11 MONTHS: 6-8 Fluid ounces hoestmill/formula 6 - 11 MONTHS: 6-8 Fluid ounces whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0- 4 ounces (volume) cottage cheese; or 0- 4 ounces or 1/2 cup yogurt: or a combination of the above; and 6 - 11 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of both EVENING SNACK BIRTH - 3 MONTHS: 4-6 Fluid ounces 6 - 11 MONTHS: 6-8 Fluid ounces	FORMULA / BREAST MILK FORMULA / BREAST MILK OATMEAL CEREAL PEAS & CARROTS	FORMULA / BREAST MILK FORMULA / BREAST MILK MULTIGRAIN CEREAL GREEN BEANS	FORMULA / BREAST MILK FORMULA / BREAST MILK MIXED CEREAL SPINACH	
both DINNER BIRTH - 5 MONTHS: 4-6 Fluid ounces 6 - 11 MONTHS: 4-8 Fluid ounces hoesetablik/formula 6 - 11 MONTHS: 0-8 Fluid ounces hoesetablik/formula 6 - 11 MONTHS: 0-4 tablespoons infant cereal, meat, fish, poultry, whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0-4 4 ounces (volume) cottage cheese; or 0-4 4 ounces or 1/2 cup yogurt; or a combination of the above; and 6 - 11 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of both EVENITIA S NACK BIRTH - 5 MONTHS: 4-6 Fluid ounces	FORMULA / BREAST MILK FORMULA / BREAST MILK OATMEAL CEREAL PEAS & CARROTS FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK MULTIGRAIN CEREAL GREEN BEANS FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK MIXED CEREAL SPINACH FORMULA / BREAST MILK	
DINNER BIRTH - 5 MONTHS: 4-6 Fluid ounces 6-11 MONTHS: 0-1 fluid ounces hearstmills formula 6-11 MONTHS: 0-4 fluid ounces hearstmills formula 6-11 MONTHS: 0-4 tablespoons infant cereal, meat, fish, poultry, whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces (volume) cottage cheese; or 0-6 ounces	FORMULA / BREAST MILK FORMULA / BREAST MILK OATMEAL CEREAL PEAS & CARROTS FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK MULTIGRAIN CEREAL GREEN BEANS FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK MIXED CEREAL SPINACH FORMULA / BREAST MILK	
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