




	Monday 1/1/2024	Tuesday 1/2/2024	Wednesday 1/3/2024	Thursday 1/4/2024	Friday 1/5/2024
<b>BREAKFAST</b> Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	WHOLE WHEAT WAFFLE STICKS PLUMS *MILK	WHOLE GRAIN MAPLE OATMEAL PEACHES *MILK	MULTI GRAIN TOAST CINNAMON APPLESAUCE *MILK	SAUSAGE LINK BLUEBERRIES *MILK	MULTI GRAIN CHEERIOS RASPBERRIES *MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
<b>LUNCH</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	GROUND TURKEY CREAMY WILD RICE PINEAPPLE TIDBITS CREAMY COLESLAW *MILK	CHICKEN NUGGETS WHOLE WHEAT ROLL BLUEBERRIES GREEN BEANS *MILK	HOMEMADE MAC AND CHEESE ENRICHED NOODLES FRUIT COCKTAIL SUMMER SQUASH * MILK	<b>NATIONAL SPAGHETTI DAY</b> BEEF MEATBALLS WHOLE GRAIN SPAGHETTI ORANGE SLICES BROCCOLI *MILK	STEAK FINGERS WHOLE WHEAT ROLL COLLARD GREENS SWEET POTATO FRIES *MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
<b>PM SNACK</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk <b>TWO COMPONENTS</b>	WHOLE GRAIN PITA CHIPS WATERMELON STRIPS WATER	FRUIT & VEGGIE CUPS ENRICHED PRETZEL STICKS CARROT STICKS APPLE STICKS WATER	ENRICHED GRAHAM CRACKERS RASPBERRIES WATER	FRUIT PIZZA LOWFAT YOGURT WHOLE GRAIN BAGEL BANANA/STRAWBERRIES WATER	ENRICHED ANIMAL CRACKERS SUGAR SNAP PEAS WATER
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
<b>DINNER</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	HOMEMADE MAC & CHEESE WHOLE WHEAT NOODLES GROOVY GRAPES SWEET PEAS *MILK	BAKED FISH STICKS ENRICHED HUSH PUPPIES HONEYDEW MELON STEAMED ZUCHINNI * MILK	CHEESEY-CHEESEBURGER WHOLE WHEAT BUN BAKED BEANS PARMESAN FRIES * MILK	HOT TURKEY & SWISS SUB WHOLE WHEAT SUB ROLL KIWI MIXED VEGETABLES *MILK	SOUTHWEST CHICKEN QUESADILLA ENRICHED TORTILLA AVOCADO SLICES CHUNKY SALSA * MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
<i>* One year olds are served White Whole Milk. Two years old and older are served white 1% or Fat Free Milk. Milk substitutes must have a medical statement.</i>					



	Monday 1/8/2024	Tuesday 1/9/2024	Wednesday 1/10/2024	Thursday 1/11/2024	Friday 1/12/2024
<b>BREAKFAST</b> Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	<b>WHOLE WHEAT FRENCH TOAST</b> <b>HONEYDEW MELON</b> *MILK	<b>NATIONAL APRICOT DAY</b> <b>WHOLE WHEAT PANCAKES</b> <b>SAUSAGE LINKS</b> <b>WARMED APRICOTS</b> *MILK	<b>ENRICHED GRITS</b> <b>GRILLED PEACHES</b> *MILK	<b>NATIONAL MILK DAY</b> <b>WHOLE GRAIN ENGLISH MUFFIN</b> <b>HASHBROWNS</b> *MILK	<b>ENRICHED BISCUITS W/GRAVY</b> <b>SAUSAGE PATTY</b> <b>ORANGE SLICES</b> *MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
<b>LUNCH</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	<b>BEEF STICKS</b> <b>WHOLE WHEAT ROLL</b> <b>MANDARIN ORANGES</b> <b>POTATO SALAD</b> *MILK	<b>TERIYAKI SHRIMP</b> <b>ENRICHED FRIED RICE</b> <b>BLUEBERRIES</b> <b>STIR FRY VEGETABLES</b> *MILK	<b>BBQ PINTO BEANS</b> <b>WHOLE WHEAT HAWAIIAN BREAD</b> <b>PINEAPPLE SLICES</b> <b>ROASTED CARROTS</b> * MILK	<b>XTRA CHEESE RAVIOLI</b> <b>WHOLE WHEAT RAVIOLI</b> <b>KIWI SLICES</b> <b>CREAMED SPINACH</b> *MILK	<b>NATIONAL CURRIED CHICKEN DAY</b> <b>CURRY CHICKEN SALAD SANDWICH</b> <b>WHOLE WHEAT BREAD</b> <b>FRUIT COCKTAIL</b> <b>BROCCOLI SLAW</b> *MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
<b>PM SNACK</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk <b>TWO COMPONENTS</b>	<b>FRUIT &amp; VEGGIE CUPS</b> <b>ENRICHED PRETZELS</b> <b>CUCUMBER STICKS</b> <b>PINEAPPLE STICKS</b> <b>WATER</b> 	<b>HUMMUS WRAP</b> <b>WHOLE WHEAT TORTILLA</b> <b>SWEET PEPPER STRIPS</b> <b>WATER</b>	<b>WHOLE GRAIN TRAIL MIX</b> <b>WHEAT CHEX, RAISINS</b>  <b>WATER</b>	<b>ENRICHED OYSTER CRACKERS</b> <b>SPLIT PEA SOUP</b>  <b>WATER</b>	<b>PIZZA KEBAB</b> <b>MOZZARELLA CHEESE</b> <b>WHOLE WHEAT PITA BREAD</b>  <b>WATER</b>
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
<b>DINNER</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	<b>LETTUCE WRAP TACO</b> <b>GROUND CHICKEN</b> <b>ENRICHED BROWN RICE</b> <b>PLUMS</b> <b>LETTUCE WRAP</b> *MILK	<b>EXTRA CHEESE PIZZA</b> <b>WHOLE WHEAT PIZZA CRUST</b> <b>WATERMELON CHUNKS</b> <b>ROASTED BEETS</b> * MILK	<b>BLACK BEAN BURGER</b> <b>WHOLE WHEAT BURGER BUN</b> <b>SAUTEED GREEN BEANS</b> <b>FRENCH FRIES</b> * MILK	<b>BAKED FISH FILET</b> <b>ENRICHED BREADSTICKS</b> <b>MANGO CHUNKS</b> <b>ROASTED KALE</b> *MILK	<b>GROUND TURKEY</b> <b>ENRICHED RICE PILAF</b> <b>GREEN &amp; RED BELL PEPPERS</b> <b>LIMA BEANS</b> * MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
<i>* One year olds are served White Whole Milk. Two years old and older are served white 1% or Fat Free Milk. Milk substitutes must have a medical statement.</i>					



	Monday 1/15/2024	Tuesday 1/16/2024	Wednesday 1/17/2024	Thursday 1/18/2024	Friday 1/19/2024
<b>BREAKFAST</b> Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	<b>NATIONAL BAGEL DAY</b> WHOLE WHEAT BAGEL WARMED BLUEBERRY COMPOTE *MILK	BREAKFAST ON A STICK WHOLE WHEAT PANCAKES STRAWBERRIES *MILK	ENRICHED ENGLISH MUFFIN DICED PLUMS *MILK	GO BANANAS OATMEAL ENRICHED OATMEAL BANANAS *MILK	ENRICHED GRITS BAKED PEACHES *MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
<b>LUNCH</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	GREEN LENTILS WHOLE GRAIN TACO SHELLS GROOVY GRAPES BABY CARROTS *MILK	CHICK-FILE-A SANDWICH SPINOFF WHOLE GRAIN BUN TOSSED SALAD FRENCH FRIES *MILK	ROASTED HAM SLIDERS ENRICHED HAWAIIAN ROLL PINEAPPLE CHUNKS GREEN BEANS * MILK	ENRICHED FRENCH BREAD SAVORY TUNA FISH MANDARIN ORANGES SWEET PEAS *MILK	HEALTHY CHICKEN N WAFFLES BAKED CHICKEN WHOLE GRAIN WAFFLES CINNAMON APPLESAUCE GRILLED VEGETABLES *MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
<b>PM SNACK</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk <b>TWO COMPONENTS</b>	ROASTED SWEET POTATO STICKS WATERMELON SLICES WATER	<u>ROASTED ZESTY CHICKPEA RECIPE</u> CRISPY ROASTED CHICKPEAS 100% APPLE JUICE WATER	GRILLED CHICKEN & SPINACH WHOLE WHEAT TORTILLA WRAP WATER	ENRICHED RITZ CRACKERS APRICOTS WATER	<b>NATIONAL POPCORN DAY</b> SMART POPCORN GREEN APPLE SLICES WATER
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
<b>DINNER</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	CHICKEN ALFREDO WHOLE GRAIN PASTA HONEYDEW MELON OVEN ROASTED BRUSSEL SPROUTS *MILK	BEEF STIX ENRICHED CORN BREAD APRICOTS ROASTED CAULIFLOWER * MILK	EXTRA CHEESE PIZZA WHOLE WHEAT PIZZA CRUST PEACHES ROASTED BEETS * MILK	ORANGE CHICKEN LO-MEIN ENRICHED NOODLES KIWI SLICES GARLIC BROCCOLI *MILK	MINSTRONE SOUP RED BEANS ENRICHED BREADSTICKS STRAWBERRIES TOSSED SALAD * MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
<i>* One year olds are served White Whole Milk. Two years old and older are served white 1% or Fat Free Milk. Milk substitutes must have a medical statement.</i>					



	Monday 1/22/2024	Tuesday 1/23/2024	Wednesday 1/24/2024	Thursday 1/25/2024	Friday 1/26/2024
<b>BREAKFAST</b> Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	ENRICHED SAUSAGE BISCUIT FRUIT COCKTAIL *MILK	ENRICHED CREAM OF WHEAT PEARS *MILK	WHOLE GRAIN FRENCH TOAST TATER TOTS *MILK	WHOLE GRAIN CEREAL KIWI *MILK	ENRICHED GRITS GRILLED PEACHES *MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
<b>LUNCH</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	ASIAN CHICKEN & BROCCOLI ENRICHED BROWN RICE ORANGE SMILES BABY CARROTS *MILK	BLACK BEAN & VEGGIE QUESADILLA BLACK BEANS WHOLE WHEAT TORTILLA APPLESAUCE ROASTED BEETS *MILK	<b>NATIONAL PEANUT BUTTER DAY</b> PEANUT BUTTER/WOW/SOY BUTTER WHOLE WHEAT BREAD APRICOT HALVES CELERY STICKS * MILK	SAVORY TUNA & CHEESE SUB WHOLE WHEAT SUB ROLL MANGO SLICES GREEN BEANS *MILK	<u>HAM PASTA SALAD RECIPE</u> HAM PASTA SALAD ENRICHED ROTINI PASTA APPLE SLICES SWEET PEAS *MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
<b>PM SNACK</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	WHOLE WHEAT RITZ CRACKERS ENGLISH CUCUMBER ROUNDS WATER	ENRICHED GRAHAM CRACKERS BANANA SLICES WATER	WHOLE WHEAT ENGLISH MUFFIN RASPBERRIES WATER	FRUIT & VEGGIE CUPS ENRICHED PRETZELS PINEAPPLE STICKS WATER	YOGURT WHOLE GRAIN RICE CRISPS WATER
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
<b>DINNER</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	HOMEMADE MAC AND CHEESE WHOLE WHEAT NOODLES BAKED APPLES SWEET PEAS *MILK	CHICKEN NUGGETS WHOLE WHEAT ROLL CANTALOUPE OVEN BAKED KALE * MILK	EXTRA CHEESE QUESADILLA WHOLE WHEAT TORTILLA ORANGE SLICES TOMATO SOUP * MILK	BAKED FISH FILLET WHOLE WHEAT HAMBURGER BREAD APPLE RAISIN SALAD CORN ON THE COB *MILK	CHICKEN BURRITO BOWL ENRICHED BROWN RICE REFRIED BEANS HOMEMADE PICO DE GALLO * MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
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	Monday 1/29/2024	Tuesday 1/30/2024	Wednesday 1/31/2024		
<b>BREAKFAST</b> Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	WHOLE WHEAT BAGEL BLUEBERRIES *MILK	ENRICHED SAUSAGE BISCUIT HASHBROWNS *MILK	PEACHY OATMEAL BAKE RECIPE ENRICHED OATS PEACHES *MILK		
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
<b>LUNCH</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	CHICKEN & RICE CASSEROLE ENRICHED BROWN RICE PEAR HALVES STEAMED ZUCCHINI *MILK	NATIONAL CROISSANT DAY HAM & CHEESE ENRICHED CROISSANT STRAWBERRIES TOSSED SALAD *MILK	BEEF STEW WHOLE WHEAT BREADSTICKS ORANGE SMILES CREAMED CORN *MILK		
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
<b>PM SNACK</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk TWO COMPONENTS	WHOLE WHEAT BREAD EGG SALAD WATER	FISH SWIMMING IN SOUP ENRICHED GOLDFISH TOMATO SOUP WATER	TURKEY ROLLUPS ENRICHED CHEESE CRACKER		
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
<b>DINNER</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	TURKEY CHILI ENRICHED CORNBREAD PEACHES PEAS & CARROTS *MILK	BEEF MEATBALLS SUB ENRICHED HOTDOG BREAD CUCUMBER & AVOCADO SALAD GREEN BEANS *MILK	ROTISSERIE CHICKEN WHOLE WHEAT ROLL GROOVY GRAPES CREAMED SPINACH *MILK		
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
* One year olds are served White Whole Milk. Two years old and older are served white 1% or Fat Free Milk. Milk substitutes must have a medical statement.					