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	whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0-4 ounces (volume)					
cau youn, or a companying of the second	whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces or 1/2					
vegetable or fruit or a combination of BLUEBERRIES	whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces or 1/2 cup yogurt; or a combination of the					
both	whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces or 1/2 <u>cup vogurt; or a combination of the</u> 6 - 11 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of					BLUEBERRIES



	Monday 3/4/24	Tuesday 3/5/24	Wednesday 3/6/24	Thursday 3/7/24	Friday 3/8/24
BREAKFAST				_	
BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 0-4 tablespoons					
infant cereal, meat, fish, poultry, whole egg, cooked dry beans or					
cooked dry peas; or 2 ounces of					HTYER CEREAL
cheese; or 0-4 ounces (volume)	WHOLE WHEAT CEREAL	OATMEAL CEREAL	MULTI GRAIN CEREAL	BARLEY CEREAL	MIXED CEREAL
cottage cheese; or 0-4 ounces or 1/2 cup yogurt; or a combination of the					
above; and					
6 - 11 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of	STD AW/REDDIES	PLUMS	BLUEBERRIES	BANANA	AVOCADO
both	STRAWBERRIES	FLOMS	BLUEBERRIES	DAINAINA	AVOCADO
AM SNACK					
BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 6-8 Fluid ounces	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
breastmilk/formula 6 - 11 MONTHS: 0-4 tablespoons		Ponnour / Dichor Made			Ponnobri / Brichor mabi
infant cereal, meat, fish, poultry,					
whole egg, cooked dry beans or cooked dry peas; or 2 ounces of					
cheese; or 0-4 ounces (volume)	OATMEAL CEREAL	MULTI GRAIN CEREAL	OATMEAL CEREAL	WHOLE WHEAT CEREAL	MULTI GRAIN CEREAL
cottage cheese; or 0-4 ounces or 1/2					
cup yogurt; or a combination of the					
6 - 11 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of	RASPBERRIES	CARROTS	PRUNES	PEACHES	FRUIT COCKTAIL
both	L				
BIRTH - 5 MONTHS: 4-6 Fluid					
ounces breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 6-8 Fluid ounces	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
breastmilk/formula 6 - 11 MONTHS: 0-4 tablespoons					
infant cereal, meat, fish, poultry, whole egg, cooked dry beans or					
cooked dry peas; or 2 ounces of	RICE CEREAL	BARLEY CEREAL	RICE CEREAL	RICE CEREAL	RICE CEREAL/INFANT BEEF
cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces or 1/2					
cup yogurt; or a combination of the					
6 - 11 MONTHS: 0-2 tablespoons					
vegetable or fruit or a combination of	PEAS	MIXED VEGETABLES	PEAS	CARROTS	FRENCH FRIES
PM SNACK					
BIRTH - 5 MONTHS: 4-6 Fluid	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces					
breastmilk/formula 6 - 11 MONTHS: 0-4 tablespoons	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
infant cereal, meat, fish, poultry,					
whole egg, cooked dry beans or cooked dry peas; or 2 ounces of					
cheese; or 0-4 ounces (volume)	BARLEY CEREAL	MIXED CEREAL	BARLEY CEREAL	OATMEAL CEREAL	BARLEY CEREAL
cottage cheese; or 0-4 ounces or 1/2 cup yogurt; or a combination of the					
6 - 11 MONTHS: 0-2 tablespoons					
6 - 11 MON IHS: 0-2 tablespoons vegetable or fruit or a combination of	TOMATO BISQUE	WATERMELON	CANTALOUPE	STRAWBERRIES	BLUEBERRIES
both					
DINNER BIRTH - 5 MONTHS: 4-6 Fluid					
ounces breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 6-8 Fluid ounces	FORMULA / BREAST MILK		FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
breastmilk/formula 6 - 11 MONTHS: 0-4 tablespoons		FORMULA / BREAST MILK	TORMOLA / DREADT MILK		
infant canaal mant fick multi-		FORMULA / BREAST MILK			
infant cereal, meat, fish, poultry, whole egg, cooked dry beans or		FORMULA / BREAST MILK			
whole egg, cooked dry beans or cooked dry peas; or 2 ounces of	MIXED CEREAL	RICE CEREAL/INFANT HAM	WHOLE WHEAT CEREAL/INFANT		WHOLE WHEAT CEREAL
whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0-4 ounces (volume)					WHOLE WHEAT CEREAL
whole egg, cooked dry beans or cooked dry peas; or 2 ounces of			WHOLE WHEAT CEREAL/INFANT		WHOLE WHEAT CEREAL
whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces or 1/2 cup yogurt; or a combination of the <u>nhowe red</u> 6 - 11 MONTHS: 0-2 tablespoons	MIXED CEREAL		WHOLE WHEAT CEREAL/INFANT	MIXED CEREAL/INFANT CHICKEN	
whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces or 1/2 cup yogurt; or a combination of the <u>chowe: and</u> 6 - 111 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of	MIXED CEREAL		WHOLE WHEAT CEREAL/INFANT		WHOLE WHEAT CEREAL SPLIT PEA SOUP
whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces or 1/2 cup yogurt; or a combination of the <u>nhowe red</u> 6 - 11 MONTHS: 0-2 tablespoons	MIXED CEREAL	RICE CEREAL/INFANT HAM	WHOLE WHEAT CEREAL/INFANT FISH	MIXED CEREAL/INFANT CHICKEN	
whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces or J/2 cup yogurt; or a combination of the <u>beaus</u> and 6 - 11 MONTHS: 0-2 Pablespons vegetable of rivul or a combination of bath EVENING SNACK BIRTH - 5 MONTHS: 4-6 Fluid	MIXED CEREAL BROCCOLI	RICE CEREAL/INFANT HAM	WHOLE WHEAT CEREAL/INFANT FISH	MIXED CEREAL/INFANT CHICKEN	SPLIT PEA SOUP
whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces or 1/2 cup yogurt; or a combination of the 0 - 11 MONTHS -0-2 rablespoors vegetable or fruit or a combination of both EVENING SNACK	MIXED CEREAL BROCCOLI FORMULA / BREAST MILK	RICE CEREAL/INFANT HAM ZUCCHINI FORMULA / BREAST MILK	WHOLE WHEAT CEREAL/INFANT FISH CREAMED CORN FORMULA / BREAST MILK	MIXED CEREAL/INFANT CHICKEN SWEET POTATO FORMULA / BREAST MILK	SPLIT PEA SOUP FORMULA / BREAST MILK
whole egg, cooked dry bears or cooked dry peas; or 2 ounces of cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces or 1/2 cup yagurt; or a combination of the 6 - 11 MONTHS'-0-2 tablespoors vegetable or fruit or a combination of both EVENING SNACK BIRTH - 5 MONTHS' 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS': 0-8 Fluid ounces	MIXED CEREAL BROCCOLI	RICE CEREAL/INFANT HAM ZUCCHINI	WHOLE WHEAT CEREAL/INFANT FISH CREAMED CORN	MIXED CEREAL/INFANT CHICKEN SWEET POTATO	SPLIT PEA SOUP
whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces or 1/2 cup yogur; tor a combination of the <u>observe</u> of the september defined of the september eggetable or fruit or a combination of both EVENING SNACK BIRTH - 5 MONTHS: 4-6 Fluid ounces breatmilk/formula	MIXED CEREAL BROCCOLI FORMULA / BREAST MILK	RICE CEREAL/INFANT HAM ZUCCHINI FORMULA / BREAST MILK	WHOLE WHEAT CEREAL/INFANT FISH CREAMED CORN FORMULA / BREAST MILK	MIXED CEREAL/INFANT CHICKEN SWEET POTATO FORMULA / BREAST MILK	SPLIT PEA SOUP FORMULA / BREAST MILK
whole egg, cooked dry beans or cooked dry beas: or 2 ounces of cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces or 1/2 cup yogurt; or a combination of the both EVENING SNACK BIRTH - 5 MONTHS: 4-6 Fluid ounces breasthilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces bothstille/6 mula 6 - 11 MONTHS: 6-8 Fluid ounces bothstille/6 mula 0 - 11 MONTHS: 6-8 Fluid ounces 0 - 11 MONTHS: 6-8 Fluid ounce	MIXED CEREAL BROCCOLI FORMULA / BREAST MILK	RICE CEREAL/INFANT HAM ZUCCHINI FORMULA / BREAST MILK	WHOLE WHEAT CEREAL/INFANT FISH CREAMED CORN FORMULA / BREAST MILK	MIXED CEREAL/INFANT CHICKEN SWEET POTATO FORMULA / BREAST MILK	SPLIT PEA SOUP FORMULA / BREAST MILK
whole egg, cooked dry beans or cooked dry beas: or 2 ounces of cheese; or 0-4 ounces (olume) cottage cheese; or 0-4 ounces or 1/2 cup yogur; to a combination of the <u>abuar: and</u> 6 - 11 MONTH5: 6-2 tablespoors vegetable or fruit or a combination of both EVENING SNACK BIRTH - 5 MONTH5: 6-4 Fluid ounces breastmilk/formula 6 - 11 MONTH5: 6-4 Fluid ounces breastmilk/formula 0 - 11 MONTH5: 6-6 Fluid ounces breastmilk/formula 0 - 11 MONTH5: 6-9 Fluid ounces infant cereal, meat, fish, polity, whole egg, cooked dry beans or cooked dry peed; or 2 ounces of	MIXED CEREAL BROCCOLI FORMULA / BREAST MILK	RICE CEREAL/INFANT HAM ZUCCHINI FORMULA / BREAST MILK	WHOLE WHEAT CEREAL/INFANT FISH CREAMED CORN FORMULA / BREAST MILK	MIXED CEREAL/INFANT CHICKEN SWEET POTATO FORMULA / BREAST MILK	SPLIT PEA SOUP FORMULA / BREAST MILK
whole egg, cooked dry bears or cooked dry peas: or 2 ounces of cheese: or 0-4 ounces (volume) cottage cheese: or 0-4 ounces or 1/2 cup yegurt: on a combination of both EVENIS - 0-2 tablespoors vegetable or fruit or a combination of both EVENIS - 0-2 tablespoors defined the second second second both - 11 MONTHS - 0-4 tablespoors infant cereal, meat, fish, poultry, whole egg, cooked dry bears of cheeses; or 0-4 ounces or 1/2 cottage cheese; or 0-4 ounces or 1/2	MIXED CEREAL BROCCOLI FORMULA / BREAST MILK FORMULA / BREAST MILK	RICE CEREAL/INFANT HAM ZUCCHINI FORMULA / BREAST MILK FORMULA / BREAST MILK	WHOLE WHEAT CEREAL/INFANT FISH CREAMED CORN FORMULA / BREAST MILK FORMULA / BREAST MILK	MIXED CEREAL/INFANT CHICKEN SWEET POTATO FORMULA / BREAST MILK FORMULA / BREAST MILK	SPLIT PEA SOUP FORMULA / BREAST MILK FORMULA / BREAST MILK
whole egg, cooked dry beans or cooked dry beas: or 2 ounces of cheese; or 0-4 ounces (olume) cottage cheese; or 0-4 ounces or 1/2 cup yogur; to a combination of the <u>abuar and</u> 6 - 11 MONTHS -0-2 tablespoors vegetable or fruit or a combination of bath EVENING SNACK BIRTH - 5 MONTHS -4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS -0-4 Fluid ounces <u>breastmilk/formula</u> 0 - 11 MONTHS -0-4 Fluid ounces <u>breastmilk/formula</u> 0 - 11 MONTHS -0-4 Fluid ounces cooked dry beans or conked dry beans or conked or beas; or 0-4 ounces or L/2 cup yogur; or a combination of the	MIXED CEREAL BROCCOLI FORMULA / BREAST MILK FORMULA / BREAST MILK	RICE CEREAL/INFANT HAM ZUCCHINI FORMULA / BREAST MILK FORMULA / BREAST MILK	WHOLE WHEAT CEREAL/INFANT FISH CREAMED CORN FORMULA / BREAST MILK FORMULA / BREAST MILK	MIXED CEREAL/INFANT CHICKEN SWEET POTATO FORMULA / BREAST MILK FORMULA / BREAST MILK	SPLIT PEA SOUP FORMULA / BREAST MILK FORMULA / BREAST MILK
whole egg, cooked dry beans or cooked dry peas: or 2 ounces of cheese; or 0-4 ounces (volume) cottage cheese: or 0-4 ounces or 1/2 cup yogur; to a combination of the <u>abnue: and</u> 6 - 11 MONTHS: 0-2 tablespoors vegetable or fruit or a combination of both EVENING SNACK BIRTH - 5 MONTHS: 4-6 Fluid ounces breatmik/formula 0 - 11 MONTHS: 0-4 Tablespoors cooked dry peas; or 2 ounces of cheese; or 0-4 ounces of cottage cheese: othage cheese: othage cheese: othage cottage cheese: othage cheese: othage cheese: othage cottage cheese: othage cheese: othage cottage cheese: othage cheese: othage cheese: othage cheese: othage cheese: othage cheese: othage cheese: ot	MIXED CEREAL BROCCOLI FORMULA / BREAST MILK FORMULA / BREAST MILK MULTI GRAIN CEREAL	RICE CEREAL/INFANT HAM ZUCCHINI FORMULA / BREAST MILK FORMULA / BREAST MILK WHOLE WHEAT CEREAL	WHOLE WHEAT CEREAL/INFANT FISH CREAMED CORN FORMULA / BREAST MILK FORMULA / BREAST MILK MIXED CEREAL	MIXED CEREAL/INFANT CHICKEN SWEET POTATO FORMULA / BREAST MILK FORMULA / BREAST MILK MULTIGRAIN CEREAL	SPLIT PEA SOUP FORMULA / BREAST MILK FORMULA / BREAST MILK OATMEAL CEREAL
whole egg, cooked dry bears or cooked dry bears or 2 ounces of cheese; or 0-4 ounces (olume) cottage cheese; or 0-4 ounces or 1/2 cup yogut; or a combination of the <u>abuar</u> and both EVENING SNACK BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 0-8 Fluid ounces <u>breastmilk/formula</u> 6 - 11 MONTHS: 0-8 Fluid ounces <u>breastmilk/formula</u> 6 - 11 MONTHS: 0-9 Fluid ounces <u>breastmilk/formula</u> 0-11 MONTHS: 0-9 Fluid ounces of cheese; or 0-0-4 ounces of <i>L</i> cup yogur; or a combination of the	MIXED CEREAL BROCCOLI FORMULA / BREAST MILK FORMULA / BREAST MILK MULTI GRAIN CEREAL	RICE CEREAL/INFANT HAM ZUCCHINI FORMULA / BREAST MILK FORMULA / BREAST MILK	WHOLE WHEAT CEREAL/INFANT FISH CREAMED CORN FORMULA / BREAST MILK FORMULA / BREAST MILK	MIXED CEREAL/INFANT CHICKEN SWEET POTATO FORMULA / BREAST MILK FORMULA / BREAST MILK	SPLIT PEA SOUP FORMULA / BREAST MILK FORMULA / BREAST MILK



	Monday 3/11/24	Tuesday 3/12/24	Wednesday 3/13/24	Thursday 3/14/24	Friday 3/15/24
BREAKFAST					
BIRTH - 5 MONTHS: 4-6 Fluid	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 6-8 Eluid ounces					
breastmilk/formula 6 - 11 MONTHS: 0-4 tablespoons	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
infant cereal, meat, fish, poultry,					
whole egg, cooked dry beans or					
cooked dry peas; or 2 ounces of cheese; or 0-4 ounces (volume)	OATMEAL CEREAL	WHOLE WHEAT CEREAL	WHOLE WHEAT CEREAL	MULTI GRAIN CEREAL	RICE CEREAL
cottage cheese; or 0-4 ounces or 1/2					
cup yogurt; or a combination of the					
6 - 11 MONTHS: 0-2 tablespoons					
2	BLUEBERRY	PLUMS	RASPBERRIES	HASH BROWN	PEACHES
AM SNACK					
DIDTU E MONTUS 4 4 Eluid					
ounces breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 6-8 Fluid ounces	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
breastmilk/formula 6 - 11 MONTHS: U-4 tablespoons					
infant cereal, meat, fish, poultry, whole egg, cooked dry beans or					
cooked dry peas; or 2 ounces of					
cheese; or 0-4 ounces (volume)	MULTI GRAIN CEREAL	BARLEY CEREAL	OATMEAL CEREAL	MIXED CEREAL	MULTI GRAIN CEREAL
cottage cheese; or 0-4 ounces or 1/2					
cup yogurt; or a combination of the					
6 - 11 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of	PEADS	CINNAMON APPLESAUCE	PINEAAPLE	APRICOTS	BANANA
both		SELECTION AN LEGAULE			
LUNCH					
BIRTH - 5 MONTHS: 4-6 Fluid	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces			FORMULA / BREAST MILK		
breastmilk/formula 6 - 11 MONTHS: 0-4 tablespoons	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
infant cereal, meat, fish, poultry,					
whole egg, cooked dry beans or					
cooked dry peas; or 2 ounces of cheese; or 0-4 ounces (volume)	MIXED CEREAL	RICE CEREAL	MULTI GRAIN CEREAL	BARLEY CEREAL/INFANT BEEF	MIXED CEREAL
cottage cheese; or 0-4 ounces or 1/2					
cup yogurt; or a combination of the					
6 - 11 MONTHS: 0-2 tablespoons					
vegetable or fruit or a combination of	TATER TOTS	GREEN BEANS	ROASTED BEETS	SPINACH	ROASTED ZUCCHINI
PM SNACK					
BIRTH - 5 MONTHS: 4-6 Fluid	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces	TORMOLA / DREADT MILK	TORMOLA / DREADT MILK	TORMOLA / DREAST MILK	TORMOLA / DREADT MILK	TORMOLA / DREAST MILL
breastmilk/formula 6 - 11 MONTHS: 0-4 tablespoons	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 0-4 tablespoons infant cereal, meat, fish, poultry,					
whole egg, cooked dry beans or					
cooked dry peas; or 2 ounces of	WHOLE WHEAT CEREAL	MIXED CEREAL	RICE CEREAL/TEETHING BISCUIT	OATMEAL CEREAL	BARLEY CEREAL/W SALTINE
cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces or 1/2					CRACKERS
cup yogurt; or a combination of the					
6 - 11 MONTHS: 0-2 tablespoons					
vegetable or fruit or a combination of	PEAS	CHICKEN NOODLE SOUP	CANTALOUPE	GREN APPLES (CUT APPR.)	VEGETABLE SOUP
both					
DINNER BIRTH - 5 MONTHS: 4-6 Fluid					
ounces breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 6-8 Fluid ounces	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
breastmilk/formula 6 - 11 MUN 1 H5: U-4 tablespoons	, oranger / prendi mich	FURMULA / DREADT MILLN			
	SUMULA / DECAUL MILL	FORMULA / BREAST MILK	ronnour / Dichor mask	FORMULA / BREAST MILK	
infant cereal, meat, fish, poultry,		FORMULA / BREAST MILL		FORMULA / BREAST MILL	
whole egg, cooked dry beans or					
whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0-4 ounces (volume)		MULTI GRAIN CEREAL/INFANT CHICKEN	BARLEY CEREAL/CHEDDAR CHEESE		OATMEAL CEREAL
whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces or 1/2		MULTI GRAIN CEREAL/INFANT			OATMEAL CEREAL
whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces or 1/2 cup yogurt; or a combination of the chourt; or a		MULTI GRAIN CEREAL/INFANT			OATMEAL CEREAL
whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces or 1/2 cup yogurt; or a combination of the <u>channe and</u> 6 - 11 MONTHS: 0-2 toblespoons	RICE CEREAL	MULTI GRAIN CEREAL/INFANT CHICKEN	BARLEY CEREAL/CHEDDAR CHEESE	WHOLE WHEAT CEREAL	
whole egg, cooked dry bears or cooked dry peas, or 2 ounces of cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces or 1/2 cup yagurt; or a combination of the the second second second second 6 - 11 MONTHS: 0-2 tablespoors	RICE CEREAL	MULTI GRAIN CEREAL/INFANT			OATMEAL CEREAL CARROTS
whole egg, cooked dry beans or cooked dry peas, or 2 ounces of cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces or 1/2 cup yough: or a combination of the ch-11 MONTHS-0-2 tablespoon vegetable or fruit or a combination of both EVENTING SNACK	RICE CEREAL	MULTI GRAIN CEREAL/INFANT CHICKEN	BARLEY CEREAL/CHEDDAR CHEESE	WHOLE WHEAT CEREAL	
whole egg, cooked dry beans or cooked dry pess; or 2 sunces of cheese; or 0-4 ounces (onlume) cottage cheese; or 0-4 ounces or 1/2 cup yogurt: or a combination of beans and 6 - 11 MONTHS: 0-2 tablespoons regetable or fruit or a combination of both EVENING SNACK BIRTH - 5 MONTHS: 4-6 Fluid	RICE CEREAL SWEET CORN	MULTI GRAIN CEREAL/INFANT CHICKEN	BARLEY CEREAL/CHEDDAR CHEESE	WHOLE WHEAT CEREAL	
whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces or 1/2 cup yogurt; or a combination of the 6 - 11 MONTHS: 0-2 tablespoons kegetable or fruit or a combination of both EVENTING SNACK BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula	RICE CEREAL SWEET CORN FORMULA / BREAST MILK	MULTI GRAIN CEREAL/INFANT CHICKEN BAKED BEANS FORMULA / BREAST MILK	BARLEY CEREAL/CHEDDAR CHEESE ROASTED KALE FORMULA / BREAST MILK	WHOLE WHEAT CEREAL SWEET PEAS FORMULA / BREAST MILK	CARROTS FORMULA / BREAST MILK
whole egg, cooked dry beans or cooked dry peas, or 2 ounces of cheese; or 0-4 ounces (oulume) cottage cheese; or 0-4 ounces or 1/2 cup yogurt; or a combination of the <u>dear of the dear of the dear</u> 6 - 11 MONTHS: 0-2 data gestable or fruit or a combination of both EVENING SNACK BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces	RICE CEREAL SWEET CORN FORMULA / BREAST MILK	MULTI GRAIN CEREAL/INFANT CHICKEN BAKED BEANS	BARLEY CEREAL/CHEDDAR CHEESE ROASTED KALE	WHOLE WHEAT CEREAL SWEET PEAS	CARROTS
whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces or 1/2 cup yogurt; or a combination of the 6 - 11 MONTH5: 0-2 tholespoons wegetable or fruit or a combination of both EVENTING SNACK BIRTH - 5 MONTH5: 4-6 Fluid ounces breastmilk/formula	RICE CEREAL SWEET CORN FORMULA / BREAST MILK	MULTI GRAIN CEREAL/INFANT CHICKEN BAKED BEANS FORMULA / BREAST MILK	BARLEY CEREAL/CHEDDAR CHEESE ROASTED KALE FORMULA / BREAST MILK	WHOLE WHEAT CEREAL SWEET PEAS FORMULA / BREAST MILK	CARROTS FORMULA / BREAST MILK
whole egg, cooked dry bears or cooked dry pess, or 2 ounces of cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces or 1/2 cup yough: or a combination of the <u>channe and</u> <u>both</u> EVENTNG SNACK BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmik/formula <u>o - 11 MONTHS: 6-8 Fluid ounces breastmik/formula</u> <u>o - 11 MONTHS: 6-8 Fluid ounces breastmik/formula</u> <u>o - 11 MONTHS: 6-8 Fluid ounces breastmik/formula</u> <u>o - 11 MONTHS: 6-8 Fluid ounces</u> infant cereal, meat, fish, poultry, whole egg, cooked dry bears or	RICE CEREAL SWEET CORN FORMULA / BREAST MILK FORMULA / BREAST MILK	MULTI GRAIN CEREAL/INFANT CHICKEN BAKED BEANS FORMULA / BREAST MILK FORMULA / BREAST MILK	BARLEY CEREAL/CHEDDAR CHEESE ROASTED KALE FORMULA / BREAST MILK FORMULA / BREAST MILK	WHOLE WHEAT CEREAL SWEET PEAS FORMULA / BREAST MILK	CARROTS FORMULA / BREAST MILK
whole egg, cooked dry bears or cooked dry bears or 2 ounces of cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces or 1/2 cup yogut; or a combination of the the combination of the chemic control of the both EVENITIA'S -0-2 trablespoons both EVENITIA'S -0-4 for ounces breastmille/formula 6 - 11 MONTHS: 6-4 Fluid ounces breastmille/formula 6 - 11 MONTHS: 6-4 Fluid ounces infant cereal, teah, politry, whole egg, cooked dry bears or cooked dry bears or 2 ounces of	RICE GEREAL SWEET CORN FORMULA / BREAST MILK FORMULA / BREAST MILK BABI EV GEDEAL/TEETHING RISCUIT	MULTI GRAIN CEREAL/INFANT CHICKEN BAKED BEANS FORMULA / BREAST MILK FORMULA / BREAST MILK OATMEAL CEREAL/GRAHAM	BARLEY CEREAL/CHEDDAR CHEESE ROASTED KALE FORMULA / BREAST MILK FORMULA / BREAST MILK MIXED CEREAL/ENRICHED	WHOLE WHEAT CEREAL SWEET PEAS FORMULA / BREAST MILK	CARROTS FORMULA / BREAST MILK
whole egg, cocked dry bears or cocked dry pess; or 2 ounces of cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces or 1/2 cup yogurt; or a combination of the chemic of the combination of bears combined on the combination of bears combined on the combination of bears combined on the combination of bears combined on the combination of combined combined on combined combined on combined combined on combined combined on combined on the combined on the combined cheese; or 0-4 ounces (volume)	RICE GEREAL SWEET CORN FORMULA / BREAST MILK FORMULA / BREAST MILK BABI EV GEDEAL/TEETHING RISCUIT	MULTI GRAIN CEREAL/INFANT CHICKEN BAKED BEANS FORMULA / BREAST MILK FORMULA / BREAST MILK	BARLEY CEREAL/CHEDDAR CHEESE ROASTED KALE FORMULA / BREAST MILK FORMULA / BREAST MILK	WHOLE WHEAT CEREAL SWEET PEAS FORMULA / BREAST MILK FORMULA / BREAST MILK	CARROTS FORMULA / BREAST MILK FORMULA / BREAST MILK
whole egg, cocked dry bears or cocked dry pess; or 2 ounces of cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces or 1/2 cup yogurt; or a combination of the chemic of the combination of bears combined on the combination of bears combined on the combination of bears combined on the combination of bears combined on the combination of combined combined on combined combined on combined combined on combined combined on combined on the combined on the combined cheese; or 0-4 ounces (volume)	RICE GEREAL SWEET CORN FORMULA / BREAST MILK FORMULA / BREAST MILK BABI EV GEDEAL/TEETHING RISCUIT	MULTI GRAIN CEREAL/INFANT CHICKEN BAKED BEANS FORMULA / BREAST MILK FORMULA / BREAST MILK OATMEAL CEREAL/GRAHAM	BARLEY CEREAL/CHEDDAR CHEESE ROASTED KALE FORMULA / BREAST MILK FORMULA / BREAST MILK MIXED CEREAL/ENRICHED	WHOLE WHEAT CEREAL SWEET PEAS FORMULA / BREAST MILK FORMULA / BREAST MILK	CARROTS FORMULA / BREAST MILK FORMULA / BREAST MILK
whole egg, cooked dry beans or cooked dry pess, or 2 ounces of cheese: or 0-4 ounces (volume) cottage cheese: or 0-4 ounces or 1/2 cup yagurt; or a combination of the 6 - 11 MONTHS: 0-2 tablespoors regetable or fruit or a combination of both EVENING SNACK BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 0-4 folloagoors infort cereal, meat, fish, poultry, hole egg, conced dry bears or cooked dry pess; or 2-9 ounces of cottage cheese; or 0-4 ounces or 1/2	RICE GEREAL SWEET CORN FORMULA / BREAST MILK FORMULA / BREAST MILK BABI EV GEDEAL/TEETHING RISCUIT	MULTI GRAIN CEREAL/INFANT CHICKEN BAKED BEANS FORMULA / BREAST MILK FORMULA / BREAST MILK OATMEAL CEREAL/GRAHAM	BARLEY CEREAL/CHEDDAR CHEESE ROASTED KALE FORMULA / BREAST MILK FORMULA / BREAST MILK MIXED CEREAL/ENRICHED	WHOLE WHEAT CEREAL SWEET PEAS FORMULA / BREAST MILK FORMULA / BREAST MILK	CARROTS FORMULA / BREAST MILK FORMULA / BREAST MILK



both

	Monday 3/18/2024	Tuesday 3/19/24	Wednesday 3/20/24	Thursday 3/21/24	Friday 3/22/24
BREAKFAST BIRTH - 5 MONTHS: 4-6 Fluid					
ounces breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 6-8 Fluid ounces	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
breastmilk/formula 6 - 11 MONTHS: 0-4 tablespoons					
infant cereal, meat, fish, poultry,					
whole egg, cooked dry beans or cooked dry peas; or 2 ounces of					
cheese; or 0-4 ounces (volume)	OATMEAL CEREAL	WHOLE WHEAT CEREAL	MIXED CEREAL	MULTI GRAIN CEREAL	BARLEY CEREAL
cottage cheese; or 0-4 ounces or 1/2					
cup yogurt; or a combination of the					
6 - 11 MONTHS: 0-2 tablespoons					
egetable or fruit or a combination of both	RASPBERRIES	PEACHES	FRUIT SALAD	BANANA	ORANGES
AM SNACK		I.		1	
BIRTH - 5 MONTHS: 4-6 Fluid	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces	FORMULA / BREAST MILK	FORMOLA / BREAST MILK	FORMOLA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
breastmilk/formula 6 - 11 MONTHS: 0-4 tablespoons					
infant cereal, meat, fish, poultry, whole egg, cooked dry beans or					
cooked dry peas; or 2 ounces of					
cheese; or 0-4 ounces (volume)	WHOLE WHEAT CEREAL	MIXED CEREAL	OATMEAL CEREAL	WHOLE WHEAT CEREAL	RICE CEREAL
cottage cheese; or 0-4 ounces or 1/2					
cup yogurt; or a combination of the					
6 - 11 MONTHS: 0-2 tablespoons			1071417	10074074	
egetable or fruit or a combination of both	SIKAWBERRY BANANA	CINNAMON APPLESAUCE	KIWI	APRICOTS	BLUEBERRIES
LUNCH					
BIRTH - 5 MONTHS: 4-6 Fluid		FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
ounces breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMOLA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
breastmilk/formula 6 - 11 MONTHS: U-4 tablespoons					
infant cereal, meat, fish, poultry, whole egg, cooked dry beans or					
cooked dry peas; or 2 ounces of		MULTI GRAIN CEREAL/MULTI			
cheese; or 0-4 ounces (volume)	RICE CEREAL/INFANT CHICKEN	GRAIN ROLL OR INFANT BEEF	WHOLE WHEAT CEREAL	BARLEY CEREAL	WHOLE WHEAT CEREAL
cottage cheese; or 0-4 ounces or 1/2					
cup yogurt; or a combination of the					
6 - 11 MONTHS: 0-2 tablespoons					
vegetable or fruit or a combination of both	BROCCOLI	CORN	CARROTS	ROASTED CAULIFLOWER (MASHED)	TOMATO BISQUE SOUP
PM SNACK					1
BIRTH - 5 MONTHS: 4-6 Fluid	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 6-8 Fluid ounces					
a montria a-o riula ounces					
	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
breastmilk/formula 6 - 11 MONTHS: 0-4 tablespoons	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
breastmilk/formula 6 - 11 MON 1H5: 0-4 Tablespons infant cereal, meat, fish, poultry, whole egg, cooked dry beans or cooked dry peas; or 2 ounces of		FORMULA / BREAST MILK	FORMULA / BREAST MILK BARLEY CEREAL	OATMEAL CEREAL	FORMULA / BREAST MILK
breastmilk/formula 6 - 11 MONTHS: 0-4 Tablespoons infant cereal, meat, fish, poultry, whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0-4 ounces (volume)	FORMULA / BREAST MILK BARLEY CEREAL/GOLDFISH				
breastmill/formula 0 - 11 MUNT H5: 0-4 Tablespoons infant cereal, meat, fish, poultry, whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces or 1/2					
breastmil/F/armula 6 - 111 MONTHS: U-4 Tablespoons infant cereal, meat, fish, poultry, whole egg, cooked dry beans or cooked dry pess; or 2 sunces of cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces or 1/2 cup yogut; or a combination of the advection of the super-and					
breastmille/formula 6 - L1 MCNITHS'UST ADDESpoons infant cereal, meat, fish, poultry, whole egg, cooked dry beans or cooked dry peas, or 2 ounces of cheese; or 0-4 ounces of Vol- barge cheese; or 0-4 ounces or 1/2 cup yogurt; or a combination of the <u>chower</u> and 6 - 11 MCNITHS' 0-2 tablespoons	BARLEY CEREAL/GOLDFISH			OATMEAL CEREAL	
benestmille/formula 6 - 1 MCNTHS' 0-4 Tablespoord infont cereal, meat, fish, poultry, whole egg, cooked dry bears or cooked dry bears or 2 ounces of cheese; or 0-4 ounces (volume) ottage cheese; or 0-4 ounces or 1/2 cup yagurt; or a combination of the definition of the state 6 - 11 MONTHS' 0-2 tablespoors getable or fruit or a combination of both	BARLEY CEREAL/GOLDFISH	RICE CEREAL	BARLEY CEREAL		MIXED CEREAL
berestmilk/formula 6 - LI MCINTHS: U-4 Tablespoons infant cereal, meat, fish, poultry, whole egg, cooked dry bears or cooked dry peas; or 2 ounces of cheses; or 0-4 ounces (volume) ottage cheses; or 0-4 ounces or 1/2 cup yogurt: or a combination of the <u>chase-ord</u> 6 - 11 MOINTHS: 0-2 tablespoons getable or fruit or a combination of both DINNER	BARLEY CEREAL/GOLDFISH	RICE CEREAL	BARLEY CEREAL	OATMEAL CEREAL	MIXED CEREAL
breastmilk/formula breastmilk/formula s 11 MK/NTHS10-4 Tablespoors infant cereal, meat, fish, poultry, whole egg, coaked dry bears coaked dry peas; or 2 ounces of chease; or 0-4 ounces (volume) tablespoors coaked ary or 0-4 ounces or 1/2 cup yagurt; or a combination of the source are are are are are are are are are ar	BARLEY CEREAL/GOLDFISH	RICE CEREAL	BARLEY CEREAL	OATMEAL CEREAL	MIXED CEREAL
berestmilk/formula 6 - LI MCINTHS: U-4 Tablespoons infant cereal, meat, fish, poultry, whole egg, cooked dry bears or cooked dry peas; or 2 ounces of cheses; or 0-4 ounces (volume) ottage cheses; or 0-4 ounces or 1/2 cup yogurt: or a combination of the <u>chase-ord</u> 6 - 11 MOINTHS: 0-2 tablespoons getable or fruit or a combination of both DINNER	BARLEY CEREAL/GOLDFISH APPLESAUCE FORMULA / BREAST MILK	RICE CEREAL PEARS FORMULA / BREAST MILK	BARLEY CEREAL WATERMELON SLICES FORMULA / BREAST MILK	OATMEAL CEREAL FRUIT SALAD FORMULA / BREAST MILK	MIXED CEREAL HUMMUS FORMULA / BREAST MILK
benestmilk/formula 6 - LI MCNITHS: U-F Tablespoons infant cereal, meat, fish, poultry, whole egg, cooked dry beans or cooked dry pass, or 2 ounces of cheses; or 0-4 ounces or LO conversion of the <u>chower and</u> 6 - LI MCNITHS: 6-2 tablespoons egetable or fruit or a combination of bath DINNER BIRTH - 5 MCNITHS: 4-6 Fluid ounces breastmilk/formula 6 - LI MCNITHS: 6-8 Fluid ounces	BARLEY CEREAL/GOLDFISH APPLESAUCE	RICE CEREAL PEARS	BARLEY CEREAL WATERMELON SLICES	OATMEAL CEREAL FRUIT SALAD	MIXED CEREAL HUMMUS
bereatmille/formula 6 - 11 MCNTHS: 0-4 Tablespoors infant cercal, meat, fish, poultry, whole egg, coaked dry bears or coaked dry peas; or 2 ounces of cheese; or 0-4 ounces (volume) ottage cheese; or 0-4 ounces or 1/2 cup yagurt; or a combination of the <u>above</u> and 6 - 11 MONTHS: 0-2 Tablespoors egatable of rout or a combination DINNER BIRTH - 5 MONTHS: 4-6 Fluid aunces breastmilk/formula 0 - 11 MONTHS: 0-4 Tablespoors	BARLEY CEREAL/GOLDFISH APPLESAUCE FORMULA / BREAST MILK	RICE CEREAL PEARS FORMULA / BREAST MILK	BARLEY CEREAL WATERMELON SLICES FORMULA / BREAST MILK	OATMEAL CEREAL FRUIT SALAD FORMULA / BREAST MILK	MIXED CEREAL HUMMUS FORMULA / BREAST MILK
bereartmilk/formula 6 - 11 MCNTHS: U-F Tablespoons infant cereal, meat, fish, poultry, whole egg, cooked dry beans or cooked dry peas; or 2 ounces of chesse; or 0-4 ounces or 1/2 course of the combination of the <u>above: and</u> 6 - 11 MCNTHS: 6-2 Tablespoons egetable or fruit or a combination of both DINNER BIRTH - 5 MCNTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MCNTHS: 6-8 Fluid ounces	BARLEY CEREAL/GOLDFISH APPLESAUCE FORMULA / BREAST MILK	RICE CEREAL PEARS FORMULA / BREAST MILK	BARLEY CEREAL WATERMELON SLICES FORMULA / BREAST MILK	OATMEAL CEREAL FRUIT SALAD FORMULA / BREAST MILK	MIXED CEREAL HUMMUS FORMULA / BREAST MILK
berestmille/formula 6 - 11 MCNTHS'U-4 Tablespoors infant cereal, meat, fish, poultry, whole egg, coaked dry bears or coaked dry peas, or 2 ounces of cheese; or 0-4 ounces (volume) ottage cheese; or 0-4 ounces or 1/2 cup yogurt; or a combination of the measure of the tablespoors egetable or ruit or a combination of both DINNER BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmille/formula 6 - 11 MCNTHS: 0-6 Fluid ounces breastmille/formula 6 - 11 MCNTHS: 0-4 Fluid ounces breastmille/formula 6 - 11 MCNTHS: 0-4 rablespoors infant cereal, meat, fish, poultry, whole egg, coaked dry bears or coaked dry peas; or 2 ounces of	BARLEY CEREAL/GOLDFISH APPLESAUCE FORMULA / BREAST MILK FORMULA / BREAST MILK	RICE CEREAL PEARS FORMULA / BREAST MILK FORMULA / BREAST MILK	BARLEY CEREAL WATERMELON SLICES FORMULA / BREAST MILK FORMULA / BREAST MILK	OATMEAL CEREAL FRUIT SALAD FORMULA / BREAST MILK FORMULA / BREAST MILK	MIXED CEREAL HUMMUS FORMULA / BREAST MILK FORMULA / BREAST MILK
breastmille/formula 6 - LI MCNITHS: U-4 Tablespoord infort cereal, meat, fish, poultry, whole egg, cooked dry bears or cooked dry peas; or 2 ounces of theses; or 0-4 ounces (volume) otrage cheese; or 0-4 ounces or totage cheese; or 0-4 ounces or barbar ond barbar ond barbar ond barbar ond barbar ond barbar DINNER BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula 5 - 11 MONTHS: 0-4 Tablespoors barbar ond barbar ond bar	BARLEY CEREAL/GOLDFISH APPLESAUCE FORMULA / BREAST MILK	RICE CEREAL PEARS FORMULA / BREAST MILK	BARLEY CEREAL WATERMELON SLICES FORMULA / BREAST MILK	OATMEAL CEREAL FRUIT SALAD FORMULA / BREAST MILK	MIXED CEREAL HUMMUS FORMULA / BREAST MILK
becettmille/formula 6-1 MCNTHS1'0-4 Tablespoors infant cereal, meat, fish, poultry, whole egg, coaked dry bears of coaked dry peas; or 2 ounces of cheese: or 0-4 ounces (volume) ottage cheese: or 0-4 ounces or 1/2 cup yogurt: or a combination of the <u>above and</u> 6-11 MONTHS: 6-2 Fluid ounces <u>both</u> BIRTH -5 MONTHS: 4-6 Fluid ounces breastmille/formula 6-11 MONTHS: 6-8 Fluid ounces <u>breastmille/formula</u> 6-11 MONTHS: 6-9 Fluid ounces <u>breastmille/formula</u> 6-11 MONTHS: 6-9 Fluid ounces <u>breastmille/formula</u> 6-1 MONTHS: 0-4 Tablespoors infant cereal, meat, fish, poultry, whole egg. coaked dry bears or coaked dry peas; or 2-0 unces of cheese: or 0-4 ounces or 1/2	BARLEY CEREAL/GOLDFISH APPLESAUCE FORMULA / BREAST MILK FORMULA / BREAST MILK	RICE CEREAL PEARS FORMULA / BREAST MILK FORMULA / BREAST MILK	BARLEY CEREAL WATERMELON SLICES FORMULA / BREAST MILK FORMULA / BREAST MILK	OATMEAL CEREAL FRUIT SALAD FORMULA / BREAST MILK FORMULA / BREAST MILK	MIXED CEREAL HUMMUS FORMULA / BREAST MILK FORMULA / BREAST MILK
benestmille/formula 6 - LI MCNTHSI'0-4 Tablespoors infant cereal, meat, fish, poultry, whole egg, coaked dry bears or coaked dry peas; or 2 ounces of cheese; or 0-4 ounces (volume) outrage cheese; or 0-4 ounces or 12 cup sogurt; or a combination of the <u>outrage</u> cheese; the tablespoors gestable on fruit or a combination DINNER BIRTH - 5 MONTHS: 4-4 6 Fluid <u>ounces breastmille/formula</u> 6 - 11 MONTHS: 0-4 Tablespoors infant cereal, meat, fish, poultry, whole egg, coaked dry bears or coaked dry peas; or 2 ounces of cheese; or 0-4 ounces (volume) 0-1 MONTHS: 0-4 access (volume) 0-1 MONTHS: 0-4 access (volume) coaked dry peas; or 2 ounces of cheese; or 0-4 ounces or 0-4 ounces or 10-4 ounces or 0-4 ounces or 0-4 ounces or 10-4 ounces or 0-4 ounces or 0-4 ounces or 0-4 ounces or 10-4 ounces or 0-4 ounces or 0-4 ounces or 10-4 ounces or 0-4 ounces or 0-4 ounces or 0-4 ounces or 0-4 ounces or 10-4 ounces or 0-4 ounces or 0-4 ounces or 0-4 ounces or 10-4 ounces or 0-4 ounces or 0-4 ounces or 0-4 ounces or 10-4 ounces or 0-4 ounces or 0-4 ounces or 0-4 ounces or 10-4 ounces or 0-4 ounces or 0-4 ounces or 0-4 ounces or 0-4 ounces or 10-4 ounces or 0-4 ounces or 0-4 ounces or 0-4 ounces or 0-4 ounces or 10-4 ounces or 0-4 ounces or 0-4 ounces or 0-4 ounces or 0-4 ounces or 10-4 ounces or 0-4 ounces or 0-4 ounces or 0-4 ounces or 0-4 ounces or 10-4 ounces or 0-4 ounces or 0-4 ounces or 0-4 ounces or 10-4 ounces or 0-4 ounces or 0-4 ounces or 0-4 ounces or 10-4 ounces or 0-4 ounces or 0-4 ounces or 0-4 ounces or 10-4 ounces or 0-4 ounces or 0	BARLEY CEREAL/GOLDFISH APPLESAUCE FORMULA / BREAST MILK FORMULA / BREAST MILK	RICE CEREAL PEARS FORMULA / BREAST MILK FORMULA / BREAST MILK	BARLEY CEREAL WATERMELON SLICES FORMULA / BREAST MILK FORMULA / BREAST MILK	OATMEAL CEREAL FRUIT SALAD FORMULA / BREAST MILK FORMULA / BREAST MILK	MIXED CEREAL HUMMUS FORMULA / BREAST MILK FORMULA / BREAST MILK
becastmille/formula 6 - 11 MCNTHS' U-4 Tablespoord infont cereal, meat, fish, poultry, whole egg, cooked dry bears or cooked dry peas; or 2 ounces of cheese; or 0-4 ounces (volume) ottage cheese; or 0-4 ounces or 1/2 cup yagurt; or a combination of the <u>bears</u> 6 - 11 MONTHS: 0-2 tablespoors <u>bears</u> BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 0-4 Fluid ounces <u>breastmilk/formula</u> 6 - 11 MONTHS: 0-4 Fluid conket dry peas; or 2 ounces of cheese; or 0-4 ounces (volume) 7 ounces of cheeses; or 0-4 ounces of cheeses; or 0-4 ounces of the cheese: or 0-4 ounces o	BARLEY CEREAL/GOLDFISH APPLESAUCE FORMULA / BREAST MILK FORMULA / BREAST MILK MIXED CEREAL/INFANT CHICKEN	RICE CEREAL PEARS FORMULA / BREAST MILK FORMULA / BREAST MILK	BARLEY CEREAL WATERMELON SLICES FORMULA / BREAST MILK FORMULA / BREAST MILK	OATMEAL CEREAL FRUIT SALAD FORMULA / BREAST MILK FORMULA / BREAST MILK	MIXED CEREAL HUMMUS FORMULA / BREAST MILK FORMULA / BREAST MILK
becastmille/formula 6 - 11 MCNTHS' U-4 Tablespoord infont cereal, meat, fish, poultry, whole egg, cooked dry bears or cooked dry peas; or 2 ounces of cheese; or 0-4 ounces (volume) outga cheese; or 0-4 ounces or 1/2 cup yogurt: or a combination of the bears 6 - 11 MONTHS': 0-2 tablespoors egetable or fruit or a combination of bath DINNER BITH - 5 MONTHS: 4-6 Fluid ounces breastmill/formula 6 - 11 MONTHS: 6-8 Fluid ounces 1 months' formula 6 - 11 MONTHS': 6-8 Fluid ounces 1 months' formula 0 - 1 mAONTHS': 6-8 Fluid ounces 1 months' formula 0 - 1 mAONTHS': 6-8 Fluid ounces 1 months' formula 0 - 1 mAONTHS': 6-8 Fluid ounces 1 montestmill/formula 0 - 1 mAONTHS': 6-8 Fluid ounces 1 months' formula 0 - 1 mAONTHS': 6-8 Fluid ounces of 1/2 conked dry pease; or 0-4 ounces (volume) othge cheese; or 0-4 ounces (volume) othge of ruit or a combination of the 1 months': 6-2 tablespoors getable or fruit or a combination of bath	BARLEY CEREAL/GOLDFISH APPLESAUCE FORMULA / BREAST MILK FORMULA / BREAST MILK MIXED CEREAL/INFANT CHICKEN	RICE CEREAL PEARS FORMULA / BREAST MILK FORMULA / BREAST MILK BARLEY CEREAL	BARLEY CEREAL WATERMELON SLICES FORMULA / BREAST MILK FORMULA / BREAST MILK RICE CEREAL	OATMEAL CEREAL FRUIT SALAD FORMULA / BREAST MILK FORMULA / BREAST MILK MIXED CEREAL	MIXED CEREAL HUMMUS FORMULA / BREAST MILK FORMULA / BREAST MILK MULTI GRAIN CEREAL
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breastmille/formula 6 - LI MXINTIS U-4 Tablespoors infant cereal, meat, fish, poultry, whole egg, coaked dry bears or cooked dry peas; or 2 ounces of chesse; or 0-4 ounces (volume) ottage chesse; or 0-4 ounces or 12 cup yagut; or a combination of the <u>obseth</u> DINNER BIRTH - 5 MONTHS: 4-4 Fluid <u>cources breastmille/formula</u> 6 - 11 MONTHS: 0-4 Tablespoors infant cereal, meat, fish, poultry, whole egg, coaked dry bears or coaked dry peas; or 2 ounces of chesse; or 0-4 ounces (volume) 0 - 1 MANTHS: 0-4 Tablespoors infant cereal, meat, fish, poultry, whole egg, coaked dry bears or coaked dry peas; or 2 ounces of chesse; or 0-4 ounces (volume) 0 - 11 MANTHS: 0-4 Tablespoors infant cereal, meat, fish, poultry, whole egg, coaked dry bears or coaked dry peas; or 2 ounces of chesse; or 0-4 ounces (volume) 0 - 11 MANTHS: 0-4 Tablespoors infant cereal, meat, fish, poultry, whole egg, coaked dry bears or coaked dry bears or coaked dry bears or 2 ounces of chesse; or 0-4 ounces (volume) 2 cup yagut; or a combination of the <u>both</u> EVENING SANCKE BIRTH - 5 MONTHS: 4-6 Fluid <u>ounces breastmilk/formula</u> 6 - 11 MANTHS: 6-4 Fluid ounces	BARLEY CEREAL/GOLDFISH APPLESAUCE FORMULA / BREAST MILK FORMULA / BREAST MILK MIXED CEREAL/INFANT CHICKEN ROASTED BEETS FORMULA / BREAST MILK	RICE CEREAL PEARS FORMULA / BREAST MILK FORMULA / BREAST MILK BARLEY CEREAL ROASTED CABBAGE FORMULA / BREAST MILK	BARLEY CEREAL WATERMELON SLICES FORMULA / BREAST MILK FORMULA / BREAST MILK RICE CEREAL MIXED VEGETABLES FORMULA / BREAST MILK	OATMEAL CEREAL FRUIT SALAD FORMULA / BREAST MILK FORMULA / BREAST MILK MIXED CEREAL GREEN BEANS FORMULA / BREAST MILK	MIXED CEREAL HUMMUS FORMULA / BREAST MILK FORMULA / BREAST MILK MULTI GRAIN CEREAL PEAS FORMULA / BREAST MILK
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breastmilk/formula 6 - 11 MCNTHS'U-4 Tablespoors infort cereal, meat, fish, poultry, whole egg, cooked dry bears or cooked dry peas; or 2 ounces of chesse; or 0-4 ounces (volume) ottage chesse; or 0-4 ounces or Lougy ogurt; or a combination of the means 6 - 11 MCNTHS' 0-2 tablespoors getable or fruit or a combination of bath DINNER BIRTH - 5 MCNTHS' 4-4 Fluid ounces breastmilk/formula 6 - 11 MCNTHS' 0-4 Tablespoors breastmilk/formula 5 - 11 MCNTHS' 0-4 Tablespoors conked dry peas; or 2 ounces of chesse; or 0-4 ounces of 1/2 conked dry peas; or 2 ounces of chesse; or 0-4 ounces of 6 - 11 MCNTHS' 0-2 Tablespoors getable or fruit or a combination of bath EVENING SNACK BIRTH - 5 MCNTHS' 4-6 Fluid ounces breastmilk/formula	BARLEY CEREAL/GOLDFISH APPLESAUCE FORMULA / BREAST MILK FORMULA / BREAST MILK MIXED CEREAL/INFANT CHICKEN ROASTED BEETS FORMULA / BREAST MILK	RICE CEREAL PEARS FORMULA / BREAST MILK FORMULA / BREAST MILK BARLEY CEREAL ROASTED CABBAGE FORMULA / BREAST MILK	BARLEY CEREAL WATERMELON SLICES FORMULA / BREAST MILK FORMULA / BREAST MILK RICE CEREAL MIXED VEGETABLES FORMULA / BREAST MILK	OATMEAL CEREAL FRUIT SALAD FORMULA / BREAST MILK FORMULA / BREAST MILK MIXED CEREAL GREEN BEANS FORMULA / BREAST MILK	MIXED CEREAL HUMMUS FORMULA / BREAST MILK FORMULA / BREAST MILK MULTI GRAIN CEREAL PEAS FORMULA / BREAST MILK
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breastmilk/formula breastmilk/formula br 11 MKNTHS/ 0-4 Tablespoors infant cereal, meat, fith, poultry, whole egg, cooked dry beaus cooked dry peas; or 2 ounces of chesse; or 0-4 ounces (volume) cottage chesse; or 0-4 ounces of cottage chesse; or 0-4 ounces of br 11 MKNTHS/ 0-2 Tablespoors infant cereal, meat, fith, poultry, whole egg, cooked dry beaus br 11 MKNTHS/ 0-4 formula br 11 MKNTHS/ 0-4 formula br 11 MKNTHS/ 0-4 noness pro- cooked dry peas; or 2 ounces of chesse; or 0-4 ounces (volume) cottage chesse; or 0-4 ounces or 1/2 cup yogut; or a combination of the br 11 MKNTHS/ 0-4 noness pro- cooked dry peas; or 2 ounces or cooked dry peas; or 2 ounces or both EVENIX6 SNACK BIRTH - 5 MKNTHS/ 4-6 Fluid ounces breastmilk/formula 6 - 11 MKNTHS/ 0-4 fluid busess breastmilk/formula cooked area milk/formula cooked area milk/formula cooked dry peas; or 2 ounces or cooked dry peas; or	BARLEY CEREAL/GOLDFISH APPLESAUCE FORMULA / BREAST MILK FORMULA / BREAST MILK MIXED CEREAL/INFANT CHICKEN ROASTED BEETS FORMULA / BREAST MILK FORMULA / BREAST MILK MULTI GRAIN CEREAL/WHOLE WHEAT TEETHING BUSCIUT	RICE CEREAL PEARS FORMULA / BREAST MILK FORMULA / BREAST MILK BARLEY CEREAL ROASTED CABBAGE FORMULA / BREAST MILK FORMULA / BREAST MILK OATMEAL CEREAL	BARLEY CEREAL WATERMELON SLICES FORMULA / BREAST MILK FORMULA / BREAST MILK RICE CEREAL MIXED VEGETABLES FORMULA / BREAST MILK FORMULA / BREAST MILK MULTI GRAIN CEREAL	OATMEAL CEREAL FRUIT SALAD FORMULA / BREAST MILK FORMULA / BREAST MILK MIXED CEREAL GREEN BEANS FORMULA / BREAST MILK FORMULA / BREAST MILK RICE CEREAL	MIXED CEREAL HUMMUS FORMULA / BREAST MILK FORMULA / BREAST MILK MULTI GRAIN CEREAL PEAS FORMULA / BREAST MILK FORMULA / BREAST MILK OATMEAL CEREAL
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both

Services, Inc	Manday 2/25/24	Tuesday 2/26/24	Wednesday 2/27/24	Thunsday 2/29/24	Enidor 2/20/24
BREAKFAST	Monday 3/25/24	Tuesday 3/26/24	Wednesday 3/27/24	Thursday 3/28/24	Friday 3/29/24
BIRTH - 5 MONTHS: 4-6 Fluid	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces					
6 - 11 MONTHS: 0-4 tablespoons	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
infant cereal, meat, fish, poultry,					
whole egg, cooked dry beans or					
cooked dry peas; or 2 ounces of	OATMEAL CEREAL	MULTI GRAIN CEREAL	WHOLE WHEAT CEREAL	MIXED CEREAL	RICE CEREAL
cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces or 1/2					
cup yogurt; or a combination of the					
6 - 11 MONTHS: 0-2 tablespoons					
regetable or fruit or a combination of	BLUEBERRIES	RASPBERRIES	DICED POTATOES	BANANA	ORANGES
AM SNACK					
BIRTH - 5 MONTHS: 4-6 Fluid	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
ounces breastmilk/formula	FORMULA / DREAST MILK	FORMULA / BREAST MILK			FORMULA / BREAST MILK
6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 0-4 tablespoons	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 0-4 tablespoons infant cereal, meat, fish, poultry,					
whole egg, cooked dry beans or					
cooked dry peas; or 2 ounces of	WHOLE WHEAT CEREAL	OATMEAL CEREAL/EGG	MIXED CEREAL	MULTI GRAIN CEREAL	BARLEY CEREAL
cheese; or 0-4 ounces (volume)					
cottage cheese; or 0-4 ounces or 1/2 cup yogurt; or a combination of the					
abova: and					
6 - 11 MONTHS: 0-2 tablespoons regetable or fruit or a combination of	PEARS	CINNAMON APPLESAUCE	PEACHES	PRUNES	PEARS
both					
LUNCH BIRTH - 5 MONTHS: 4-6 Fluid				1	
ounces breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 6-8 Fluid ounces	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
breastmilk/formula 6 - 11 MON 1 HS: U-4 tablespoons					
infant cereal, meat, fish, poultry,					
whole egg, cooked dry beans or cooked dry peas; or 2 ounces of					
cheese; or 0-4 ounces (volume)	MIXED CEREAL/INFANT FISH	RICE CEREAL	MULTI GRAIN CEREAL	RICE CEREAL	OATMEAL CEREAL
cottage cheese; or 0-4 ounces or 1/2					
cup yogurt; or a combination of the					
6 - 11 MONTHS: 0-2 tablespoons					
vegetable or fruit or a combination of	TATER TOTS	CREAMY SPINACH	CABBAGE	GREEN BEANS	MIXED VEGETABLES
PM SNACK					
BIRTH - 5 MONTHS: 4-6 Fluid	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces					
breastmilk/formula 6 - 11 MONTHS: 0-4 tablespoons	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 0-4 tablespoons infant cereal, meat, fish, poultry,					
whole egg, cooked dry beans or					
cooked dry peas; or 2 ounces of	MULTI GRAIN CEREAL	WHOLE WHEAT CEREAL	OATMEAL CEREAL	BARLEY CEREAL	MIXED CEREAL
cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces or 1/2					
cup yogurt; or a combination of the					
6 - 11 MONTHS: 0-2 tablespoons	l				
regetable or fruit or a combination of	PEACHES	AVOCADO (MASHED)	TOMATO SOUP	BLUEBERRY BANANA	PRUNES
both					
DINNER BIRTH - 5 MONTHS: 4-6 Fluid		1		1	
BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 6-8 Fluid ounces	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
breastmilk/formula 6 - 11 MON 1 H5: U-4 tablespoons					
infant cereal, meat, fish, poultry,					
whole egg, cooked dry beans or cooked dry peas; or 2 ounces of					
cooked dry peas; or 2 ounces of cheese; or 0-4 ounces (volume)	BARLEY CEREAL/INFANT CHICKEN	MIXED CEREAL/INFANT FISH	RICE CEREAL/INFANT BEEF	WHOLE WHEAT CEREAL	MULTI GRAIN CEREAL
cottage cheese; or 0-4 ounces or 1/2					
cup yogurt; or a combination of the					
6 - 11 MONTHS: 0-2 tablespoons					
egetable or fruit or a combination of both	PEAS & CARROTS	PEAS	SWEET POTATO	WATERMELON	CARROTS
EVENING SNACK					1
BIRTH - 5 MONTHS: 4-6 Fluid	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces					
6 - 11 MONTHS: 0-0 Hald cances breastmilk/formula 6 - 11 MONTHS: 0-4 tablespoons	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
infant cereal, meat, fish, poultry, whole egg, cooked dry beans or		1	1		WHOLE WHEAT CEREAL
whole egg, cooked dry beans or cooked dry peas; or 2 ounces of	RICE CEREAL/TEETHING BISCUTT	BARLEY CEREAL	BARLEY CEREAL	OATMEAL CEREAL	
whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0-4 ounces (volume)	RICE CEREAL/TEETHING BISCUIT	BARLEY CEREAL	BARLEY CEREAL	OATMEAL CEREAL	WHOLE WHEAT CEREAL
whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces or 1/2	RICE CEREAL/TEETHING BISCUIT	BARLEY CEREAL	BARLEY CEREAL	OATMEAL CEREAL	WHOLE WHEAT CEREAL
whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces or 1/2 cup yogurt; or a combination of the	RICE CEREAL/TEETHING BISCUIT	BARLEY CEREAL	BARLEY CEREAL	OATMEAL CEREAL	WHOLE WHEAT CEREAL
whole egg, cooked dry beans or cooked dry peas; or 2 ounces of		BARLEY CEREAL HONEYDEW MELON	BARLEY CEREAL	OATMEAL CEREAL	PINEAPPLE