

counces on 1/2 cut yangerty or a combination of the above; and 6 - 11 MONTHS: 0-2 tablespoors vegetable for fruit or a combination of the above; and 6 - 11 MONTHS: 4-6 Fluid sunces breastmilk formula		Monday	Tuesday	Wednesday	Thursday	Friday 3/1/2024
BERTHIS PROMINES & Fluid center FORMULA / BREAST MILK OATMEAL CEREAL APRICOTS BERTHIS MONTHS 6-6 Fluid center Berthid center of combinetine of the down or down of the center	BREAKFAST					
6-11 MONTHS OF Blue dounces breatmill (Formula) 6-11 MONTHS OF Abeliagonar (Formula) 6-11 MONTHS OF Blue dounces or Locked dry peace or Locked dry Locke						FORMULA / BREAST MILK
breasterild/formula 6 - 11 MONTH-S - 04 rehiptsports frient coreal, mest, fish, puttry, whole age, coulded of please or cocked of please or of chases or 0-4 continuation of the above, and 6 - 11 MONTH-S - 04 rehiptsports APRICOTS OATMEAL CEREAL OAT						-
6 - 11 MONTHS: 0-4 tablespoors (froit certa) read, fail, poultry, whole gg, cocked by bear or conket of or exert of cheese or 0-4 exerts or 1/2 cap yagent or a combination of the abuse; and						FORMULA / BREAST MILK
rifact cere, mat. [4h, politry, whole egg, cooked dry bears or cooked dry pess, or 2 dances of cheese, or 0-4 ourses or 1/2 cup yegart or e combination of the down, and combination of the down and c						
eag. colored dry beans or cooked dry peases or 2 auroses of cheese; or 0-4 unces or 0 to 1 to	· ·					
pass or 2 owness of cheeses on 0-4 unuses (volume) courses (volume) course						
combination of the above and 6 - 11 MONTHS: 0-2 tablespoors vegetable or fruit or a combination of the above and 1 MONTHS: 0-8 tablespoors LUNCH SIRTH - 5 MONTHS: 6-6 Fluid ounces breastmilk formula 6 - 11 MONTHS: 6-6 Fluid ounces breastmilk formula 6 - 11 MONTHS: 6-6 Fluid ounces breastmilk formula 7 MONTHS: 6-6 Fluid ounces breastmilk formula 8 FORMULA / BREAST MILK 9 MULTI GRAIN GEREAL/RED 9 gas, cooked dry bears or cooked dry 9 pass, or 2 cunces of cheese: or 0-4 0 unuses (volume) caltroge cheese: or 0-4 0 unuses or 1/2 cut yoguri: or 0-4 0 unuses or 1/2 cu						OATMEAL CEREAL
combination of the above, and 6 - 11 MONTHS: 0-2 trablespoons wegetable or fruit or a combination of both LUNCH 32 STH - 5 MONTHS: 4-6 Find cances breast milk formula 6 - 11 MONTHS: 5-6 Find cances breast milk formula 6 - 11 MONTHS: 5-6 Find cances breast milk formula 6 - 11 MONTHS: 5-6 Find cances breast milk formula 6 - 11 MONTHS: 5-6 Find cances breast milk formula 6 - 11 MONTHS: 5-6 Find cances breast milk formula 6 - 11 MONTHS: 5-6 Find cances breast milk formula 6 - 11 MONTHS: 0-4 tablespoons fruit carcal, meat, fish, poultry, whole egg, cooked dry beans or cooked dry pees; or 2 cances of cheese, or 0-4 concess or 1/2 cap yegurt: or a combination of the down and 6 - 11 MONTHS: 0-2 tablespoons combination of the down and 6 - 11 MONTHS: 0-2 tablespoons from the down and 6 - 11 MONTHS: 0-2 tablespoons breastmilly formula FORMULA / BREAST MILK FORMULA / BREAST MILK FORMULA / BREAST MILK MIXED CEREAL MIXED CEREAL MIXED CEREAL MIXED CEREAL MIXED CEREAL MIXED CEREAL	ounces (volume) cottage cheese; or 0-4					
6 - 11 MONTHS: 0-2 tablespoons wegetable or fruit or a combination of both LUNCH SIRTH - 5 MONTHS: 4-6 Fluid sumes LUNCH SIRTH - 6 MONTHS: 4-6 Fluid sumes LUNCH SIRTH - 6 MONTHS: 4-6 Fluid sumes LUNCH FORMULA / BREAST MILK FORMULA / BREAST MILK FORMULA / BREAST MILK FORMULA / BREAST MILK MULTI GRAIN CEREAL/RED BEANS MULTI GRAIN CEREAL/RED BEANS MULTI GRAIN CEREAL/RED BEANS Caucass or 1/2 cut yogut- or a combination of the above, and 6 - 11 MONTHS: 4-6 Fluid cunces breastmilly formula FORMULA / BREAST MILK MILTI GRAIN CEREAL/RED BEANS Caucass or 1/2 cut yogut- or a combination of the above, and 6 - 11 MONTHS: 4-6 Fluid cunces breastmilly formula FORMULA / BREAST MILK FORMULA / BREAST MILK MIXED CEREAL	ounces or 1/2 cup yogurt; or a					
wegetable or fivil or a combination of both LUNCH BIRTH - 5 MONTHS: 4-5 Fluid cunces	combination of the above; and					
both LUNCH SIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 5-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 5-0 4 both spoons front careal, meat, fish, poultry, whole segs, cooked dry beans or cooked dry pess, or 2 ounces of classes, or 0-4 unces on 1/2 cup yegurt; or a combination of the above; and 6 - 11 MONTHS: 5-0 4 both spoons FORMULA / BREAST MILK MIXED CEREAL	6 - 11 MONTHS: 0-2 tablespoons					
LUNCH SIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 0-4 shlespoors from the above and 6 - 11 MONTHS: 0-4 trablespoors for the above and 6 - 11 MONTHS: 0-4 trablespoors 6 - 11 MONTHS: 0-4 trablespoors 7 Eventual / BREAST MILK MULTI GRAIN CEREAL/RED BEANS CARROT CARROT CARROT FORMULA / BREAST MILK CARROT BEANS FORMULA / BREAST MILK FORMULA / BREAST MILK CARROT BEANS FORMULA / BREAST MILK FORMULA /	vegetable or fruit or a combination of					APRICOTS
FORMULA / BREAST MILK 6 - II MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - II MONTHS: 0-8 Fluid ounces breastmilk/formula 6 - II MONTHS: 0-4 toblespons finant cereal, meat, fish, poultry, whole egg, croked dry beans or conked dry ounces of vice, or 0-4 ounces or 1/2 cut yogurt; or a combination of the above; and 6 - II MONTHS: 0-2 toblespons can be concedulated by the combination of both PM SNACK SIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - II MONTHS: 0-8 Toblespons from cereal, meat, fish, poultry, whole egg, croked dry beans or conked dry PM SNACK SIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - II MONTHS: 0-8 Toblespons from cereal, meat, fish, poultry, whole egg, coded dry beans or cooked dry page, or 2 ounces of the cereal, meat, fish, poultry, whole egg, coded dry beans or cooked dry page, or 2 ounces of cheese; or 0-4 ounces of 1/2 cut yogurt; or a combination of the above; and						
breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 0-4 trablespoons front creent, lend, fish, pouthry, whole egg, cooked dry beans or cooked dry pass: or 2 ounces of cheese: or 0-4 ounces or 1/2 cup yogurt, or a combination of the above; and 6 - 11 MONTHS: 0-2 trablespoons FORMULA / BREAST MILK FORMULA / BRE						
breastmilk/formula 6 - II MONTHS: 0-8 Fluid ounces breastmilk/formula 6 - II MONTHS: 0-9 toblespoons infant cereal, meat, fish, poultry, whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; on 0-4 unces (volume) cottage cheese; on 0-4 unces of volume) cottage cheese; on 0-4 unces of volume) cottage cheese; on 0-4 unces on 12 cup yogurt; or a combination of the above; and 6 - II MONTHS: 0-2 toblespoons both PM SNACK SIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - II MONTHS: 6-8 Fluid ounces breastmilk/formula 6 - II MONTHS: 0-4 toblespoons float cereal, meat, fish, poultry, whole egg, cooked dry beans on cooked dry egg, cooked dry beans on cooked dry egg, cooked dry beans on cooked dry peas; or 2 ounces of cheese; on 0-4 unces of volume) cottage cheese; on 0-4 unces on 1/2 cup yogurt; or a combination of the above, and						FORMULA / BREAST MILK
breastmilk/formula 6 - 11 MONTHS: 0-4 toblespoons front cereal, mean, fish, poultry, whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0-4 ounces or 1/2 cup yogurt; or a combination of the above; and 6 - 11 MONTHS: 0-2 toblespoons Vegetable or fruit or a combination of both PM SNACK SIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 0-4 toblespoons front cereal, mean; fish, poultry, whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0-4 ounces on 1/2 cup yogurt; or a combination of the above; and MIXED CEREAL MIXED CEREAL MIXED CEREAL MIXED CEREAL Ocupies or 4 ounces or 0-4 ounces or 1/2 cup yogurt; or a combination of the above; and						
6 - 11 MONTHS: 0-4 tablespoons frant cereal, meat, fish, poultry, whole egg, cooked dry beans or cooked dry peas; or 2 ounces of chesse; or 0-4 unces (volume) cottage cheese; or 0-4 unces (volume) cottage cheese; or 0-4 ounces or 1/2 cup yogurt; or a combination of the above; and 6 - 11 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of both PM SNACK BIRTH - 5 MONTHS: 4-5 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 0-8 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 0-8 tablespoons frant cereal, meat, fish, poultry, whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0-4 ounces or 1/2 cup yogurt; or a combination of the above; and						FORMULA / BREAST MILK
Infant cereal, meat, fish, poultry, whole egg, cooked dry beans or cooked dry peas: or 2 ounces of cheese; or 0-4 peas: or 2 ounces of che						
egg, cooked dry beans or cooked dry peas or 2 ounces of cheese; or 0.4 peas; or 2 ounces of cheese; or 0.4 peas; or 2 ounces of the cooke; or 0.4 peas; or 2 ounces of 1/2 cup yogurt; or a combination of the above; and 6 - 11 MONTHS: 0.2 tablespoons vegetable or fruit or a combination of beath both both both both both both both bo						
peas; or 2 ounces of cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces or 1/2 cup yogurt; or a combination of the above; and 6 - 11 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of both PM SNACK SIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 0-4 tablespoons nfant cereal, meat, fish, poultry, whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0-4 ounces or 1/2 cup yogurt; or a combination of the above; and	egg, cooked dry beans or cooked dry					W. I. TT. CD 4Th GEDE 41 /DED
unces (volume) cottage cheese; or 0-4 ounces or 1/2 cup yogurt; or a combination of the above; and 6 - 11 MONTH5: 0-2 tablespoons vegetable or fruit or a combination of both PM SNACK BIRTH - 5 MONTH5: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTH5: 6-8 Fluid ounces breastmilk/formula 6 - 11 MONTH5: 0-4 tablespoons read fruit or a combination of the above; and 6 - 11 MONTH5: 0-4 tablespoons of the combination of the above; and MIXED CEREAL MIXED CEREAL MIXED CEREAL Ounces (volume) cottage cheese; or 0-4 ounces or 1/2 cup yogurt; or a combination of the above; and	peas; or 2 ounces of cheese; or 0-4					
combination of the above; and 6 - 11 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of both PM SNACK BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 0-4 tablespoons nfant cereal, meat, fish, poultry, whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces or 1/2 cup yogurt; or a combination of the above; and	ounces (volume) cottage cheese; or 0-4					BEANS
6 - 11 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of both PM SNACK BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 0-4 tablespoons Infant cereal, meat, fish, poultry, whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces or 1/2 cup yogurt; or a combination of the above; and						
PM SNACK BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 0-4 tablespoons Infant cereal, meat, fish, poultry, whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0-4 ounces or 1/2 cup yogurt; or a combination of the above; and						
both PM SNACK BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 0-4 tablespoons Infant cereal, meat, fish, poultry, whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0-4 punces (volume) cottage cheese; or 0-4 ounces or 1/2 cup yogurt; or a combination of the above; and	· ·					
PM SNACK BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 0-8 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 0-9 tablespoons Infant cereal, meat, fish, poultry, whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0-4 peas; or 2 ounces of cheese; or 0-4 ounces or 1/2 cup yogurt; or a combination of the above; and	_					CARROT
FORMULA / BREAST MILK 6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 0-8 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 0-4 tablespoons nfant cereal, meat, fish, poultry, whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0-4 ounces or 1/2 cup yogurt; or a combination of the above; and					<u> </u>	<u> </u>
breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 0-4 tablespoons nfant cereal, meat, fish, poultry, whole egg, cooked dry beans or cooked dry peas: or 2 ounces of cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces or 1/2 cup yogurt; or a combination of the above; and						
6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 0-4 tablespoons infant cereal, meat, fish, poultry, whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0-4 bunces (volume) cottage cheese; or 0-4 ounces or 1/2 cup yogurt; or a combination of the above; and						FORMULA / BREAST MILK
breastmilk/formula 6 - 11 MONTHS: 0-4 tablespoons Infant cereal, meat, fish, poultry, whole egg, cooked dry beans or cooked dry peas: or 2 ounces of cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces or 1/2 cup yogurt; or a combination of the above; and						FORMULA / RDEAST MILE
nfant cereal, meat, fish, poultry, whole egg, cooked dry beans or cooked dry peas: or 2 ounces of cheese; or 0-4 bunces (volume) cottage cheese; or 0-4 ounces or 1/2 cup yogurt; or a combination of the above; and						TORMOLA / BREAST MILK
egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0-4 bunces (volume) cottage cheese; or 0-4 ounces or 1/2 cup yogurt; or a combination of the above; and						
peas; or 2 ounces of cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces or 1/2 cup yogurt; or a combination of the above; and						
ounces (volume) cottage cheese; or 0-4 ounces or 1/2 cup yogurt; or a combination of the above; and						WENCE OFFICE
ounces or 1/2 cup yogurt; or a combination of the above; and						MIXED CEREAL
combination of the above; and	_					
n - II MUNI H.5: U-7 Topiespoons	6 - 11 MONTHS: 0-2 tablespoons					
vegetable or fruit or a combination of	·					BANANA
both	-					



	Monday 3/4/24	Tuesday 3/5/24	Wednesday 3/6/24	Thursday 3/7/24	Friday 3/8/24
BREAKFAST					
BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula	FORMULA / BREAST MILK				
6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula	FORMULA / BREAST MILK				
ounces (volume) cottage cheese; or 0-4 ounces or 1/2 cup yogurt; or a combination of the above; and	WHOLE WHEAT CEREAL	OATMEAL CEREAL	MULTI GRAIN CEREAL	BARLEY CEREAL	MIXED CEREAL
6 - 11 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of both	STRAWBERRIES	PLUMS	BLUEBERRIES	BANANA	AVOCADO
LUNCH					
BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula	FORMULA / BREAST MILK				
6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula	FORMULA / BREAST MILK				
6 - 11 MONTHS: 0-4 tablespoons infant cereal, meat, fish, poultry, whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces or 1/2 cup yogurt; or a combination of the above; and	RICE CEREAL	BARLEY CEREAL	RICE CEREAL	RICE CEREAL	RICE CEREAL/INFANT BEEF
6 - 11 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of both	PEAS	MIXED VEGETABLES	PEAS	CARROTS	FRENCH FRIES
PM SNACK					
BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula	FORMULA / BREAST MILK				
6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula	FORMULA / BREAST MILK				
ounces (volume) cottage cheese; or 0-4 ounces or 1/2 cup yogurt; or a combination of the above; and	BARLEY CEREAL	MIXED CEREAL	BARLEY CEREAL	OATMEAL CEREAL	BARLEY CEREAL
6 - 11 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of both	TOMATO BISQUE	WATERMELON	CANTALOUPE	STRAWBERRIES	BLUEBERRIES



	Monday 3/11/24	Tuesday 3/12/24	Wednesday 3/13/24	Thursday 3/14/24	Friday 3/15/24
BREAKFAST					
BIRTH - 5 MONTHS: 4-6 Fluid ounces	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces	TOTAL CONTROL MEDIC	, cramestry street master	TOTAL CONTROL OF THE STATE OF T	Totallogity bitches mean	- Chambert / Charlet / Mask
breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 0-4 tablespoons					
infant cereal, meat, fish, poultry, whole					
egg, cooked dry beans or cooked dry					
peas; or 2 ounces of cheese; or 0-4	OATMEAL CEREAL	WHOLE WHEAT CEREAL	WHOLE WHEAT CEREAL	MULTI GRAIN CEREAL	RICE CEREAL
ounces (volume) cottage cheese; or 0-4	OATMEAD CEREAD	WHOLE WHEAT CEREAL	WHOLE WHEAT CEREAL	MOLII GRAIN CEREAL	RICE CEREAL
ounces or 1/2 cup yogurt; or a					
combination of the above; and					
6 - 11 MONTHS: 0-2 tablespoons					
vegetable or fruit or a combination of	BLUEBERRY	PLUMS	RASPBERRIES	HASH BROWN	PEACHES
both					
LUNCH					
BIRTH - 5 MONTHS: 4-6 Fluid ounces	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 0-4 tablespoons					
infant cereal, meat, fish, poultry, whole					
egg, cooked dry beans or cooked dry					
peas; or 2 ounces of cheese; or 0-4	MIXED CEREAL	RICE CEREAL	MULTI GRAIN CEREAL	BARLEY CEREAL/INFANT BEEF	MIXED CEREAL
ounces (volume) cottage cheese; or 0-4	MINED CENERAL	NIOC OCNEAD	MODIT ORALIN CEREAL	DARGET GEREAGTINI AINT DECI	MIXED GENERAL
ounces or 1/2 cup yogurt; or a					
combination of the above; and					
6 - 11 MONTHS: 0-2 tablespoons					
vegetable or fruit or a combination of	TATER TOTS	GREEN BEANS	ROASTED BEETS	SPINACH	ROASTED ZUCCHINI
both					
PM SNACK					
BIRTH - 5 MONTHS: 4-6 Fluid ounces	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
breastmilk/formula	ONNOCA / BREAST MILER	TORMODA / BREAST MILK	TORMODA / BREAST MILK	I CAMOLA / BALAGI MILK	I ORMODA / BREAST MILK
6 - 11 MONTHS: 6-8 Fluid ounces	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
breastmilk/formula 6 - 11 MONTHS: 0-4 tablespoons					
infant cereal, meat, fish, poultry, whole					
egg, cooked dry beans or cooked dry					
	WHOLE WHEAT CEREAL	MIXED CEREAL	RICE CEREAL/TEETHING BISCUIT	OATMEAL CEREAL	BARLEY CEREAL/W SALTINE
ounces (volume) cottage cheese; or 0-4	The second second		22.2.2.2.2.2.2.2.2.2.2.2.2.2.2.2.2.2.2.2		CRACKERS
ounces or 1/2 cup yogurt; or a					
combination of the above; and					
6 - 11 MONTHS: 0-2 tablespoons					
vegetable or fruit or a combination of	PEAS	CHICKEN NOODLE SOUP	CANTALOUPE	GREN APPLES (CUT APPR.)	VEGETABLE SOUP
both				, ,	
both					



	Monday 3/18/2024	Tuesday 3/19/24	Wednesday 3/20/24	Thursday 3/21/24	Friday 3/22/24
BREAKFAST					
BIRTH - 5 MONTHS: 4-6 Fluid ounces	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
breastmilk/formula	TORMODA / DREAST MIZER	TORMODA / DREAGT MIDE	TORMOLA / BREAST MILER	TORMOLA / DREAGT MEEK	TORMODA / BREAGT MILE
6 - 11 MONTHS: 6-8 Fluid ounces	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
breastmilk/formula					
6 - 11 MONTHS: 0-4 tablespoons					
infant cereal, meat, fish, poultry, whole egg, cooked dry beans or cooked dry					
peas; or 2 ounces of cheese; or 0-4	OATMEAL CEREAL	WHOLE WHEAT CEREAL	MIXED CEREAL	MULTI GRAIN CEREAL	BARLEY CEREAL
ounces (volume) cottage cheese; or 0-4	OATMEAD CEREAD	WHOLE WHEAT CEREAL	MIXED CEREAL	MOLII GRAIN CEREAL	BARLEY CEREAL
ounces or 1/2 cup yogurt; or a					
combination of the above; and					
6 - 11 MONTHS: 0-2 tablespoons					
vegetable or fruit or a combination of	RASPBERRIES	PEACHES	FRUIT SALAD	BANANA	ORANGES
both					
LUNCH					
BIRTH - 5 MONTHS: 4-6 Fluid ounces	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 6-8 Fluid ounces	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
breastmilk/formula					
6 - 11 MONTHS: 0-4 tablespoons					
infant cereal, meat, fish, poultry, whole egg, cooked dry beans or cooked dry					
peas; or 2 ounces of cheese; or 0-4	RICE CEREAL/INFANT CHICKEN	MULTI GRAIN CEREAL/MULTI	WHOLE WHEAT CEREAL	BARLEY CEREAL	WHOLE WHEAT CEREAL
ounces (volume) cottage cheese; or 0-4	RICE CEREAL/INFAINT CHICKEN	GRAIN ROLL OR INFANT BEEF	WHOLE WHEAT CEREAL	BARLEY CEREAL	WHOLE WHEAT CEREAL
ounces or 1/2 cup yogurt; or a					
combination of the above; and					
6 - 11 MONTHS: 0-2 tablespoons					
vegetable or fruit or a combination of	BROCCOLI	CORN	CARROTS	ROASTED CAULIFLOWER	TOMATO BISQUE SOUP
both				(MASHED)	,
PM SNACK					
BIRTH - 5 MONTHS: 4-6 Fluid ounces	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
breastmilk/formula	TOTALIST TOTALIST	TOTAL OF THE STATE	, crander, energy mean	Totallogic, progress magnetic	, changer, phaner magn
6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 0-4 tablespoons					
infant cereal, meat, fish, poultry, whole					
egg, cooked dry beans or cooked dry					
	BARLEY CEREAL/GOLDFISH	RICE CEREAL	BARLEY CEREAL	OATMEAL CEREAL	MIXED CEREAL
ounces (volume) cottage cheese; or 0-4					30.00
ounces or 1/2 cup yogurt; or a					
combination of the above; and					
6 - 11 MONTHS: 0-2 tablespoons					
vegetable or fruit or a combination of	APPLESAUCE	PEARS	WATERMELON SLICES	FRUIT SALAD	HUMMUS
both					



	Monday 3/25/24	Tuesday 3/26/24	Wednesday 3/27/24	Thursday 3/28/24	Friday 3/29/24
BREAKFAST					
BIRTH - 5 MONTHS: 4-6 Fluid ounces	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 6-8 Fluid ounces					
breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 0-4 tablespoons					
infant cereal, meat, fish, poultry, whole					
egg, cooked dry beans or cooked dry					
•	OATMEAL CEREAL	MULTI GRAIN CEREAL	WHOLE WHEAT CEREAL	MIXED CEREAL	RICE CEREAL
ounces (volume) cottage cheese; or 0-4					
ounces or 1/2 cup yogurt; or a					
combination of the above; and 6 - 11 MONTHS: 0-2 tablespoons					
vegetable or fruit or a combination of	RI LIEREDDTES	RASPBERRIES	DICED POTATOES	BANANA	ORANGES
both	BLUEBERRIES	RASFBERRIES	DICED FOTATOES	DAINAINA	ORAINGES
LUNCH			•		
BIRTH - 5 MONTHS: 4-6 Fluid ounces					
breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 6-8 Fluid ounces	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
breastmilk/formula	TORMOLA / BREAST MILE	TORMOLA / BREAST MILK	TORMOLA / BREAST MILK	TORMOLA / BREAST MILE	TORMOLA / BREAST MILK
6 - 11 MONTHS: 0-4 tablespoons					
infant cereal, meat, fish, poultry, whole					
egg, cooked dry beans or cooked dry					
peas; or 2 ounces of cheese; or 0-4	MIXED CEREAL/INFANT FISH	RICE CEREAL	MULTI GRAIN CEREAL	RICE CEREAL	OATMEAL CEREAL
ounces (volume) cottage cheese; or 0-4 ounces or 1/2 cup yogurt; or a					
combination of the above; and					
6 - 11 MONTHS: 0-2 tablespoons					
vegetable or fruit or a combination of	TATER TOTS	CREAMY SPINACH	CABBAGE	GREEN BEANS	MIXED VEGETABLES
both					
PM SNACK					
BIRTH - 5 MONTHS: 4-6 Fluid ounces	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
breastmilk/formula	TOTAL PROPERTY MADE	TOTAL PROPERTY OF THE PARTY OF	, C. WOOD / DICHO! MIDE	TOTAL PROPERTY MADE	TOTAL PROPERTY MADE
6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 0-4 tablespoons					
infant cereal, meat, fish, poultry, whole					
egg, cooked dry beans or cooked dry					
peas; or 2 ounces of cheese; or 0-4	MULTI GRAIN CEREAL	WHOLE WHEAT CEREAL	OATMEAL CEREAL	BARLEY CEREAL	MIXED CEREAL
ounces (volume) cottage cheese; or 0-4					
ounces or 1/2 cup yogurt; or a					
combination of the above; and					
6 - 11 MONTHS: 0-2 tablespoons					
vegetable or fruit or a combination of	PEACHES	AVOCADO (MASHED)	TOMATO SOUP	BLUEBERRY BANANA	PRUNES
both					