

Services, Inc	Monday 4/1/24	Tuesday 4/2/24	Wednesday 4/3/24	Thursday 4/4/24	Friday 4/5/24
BREAKFAST	/Monady +/ 1/ 2+	Tuesday 4/ 2/ 24	Wednesday 47 57 24	111di 3day 4/ 4/ 24	111day 4/3/24
BIRTH - 5 MONTHS: 4-6 Fluid	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 6-8 Fluid ounces	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 0-4 tablespoons	PORMULA / BREAST MILK	PORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
infant cereal, meat, fish, poultry,					
whole egg, cooked dry beans or					
cooked dry peas; or 2 ounces of cheese; or 0-4 ounces (volume)	WHOLE WHEAT CEREAL	MIXED CEREAL	MULTI GRAIN CEREAL	RICE CEREAL	OATMEAL CEREAL
ottage cheese; or 0-4 ounces or 1/2					
up yogurt; or a combination of the above; and					
6 - 11 MONTHS: 0-2 tablespoons					
getable or fruit or a combination of both	STRAWBERRIES	100% ORANGE JUICE	HASHBROWNS	RASPBERRIES	ORANGES
AM SNACK			1	l .	1
BIRTH - 5 MONTHS: 4-6 Fluid	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 6-8 Fluid ounces	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
breastmilk/formula 6 - 11 MONTHS: 0-4 tablespoons	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
infant cereal, meat, fish, poultry,					
whole egg, cooked dry beans or cooked dry peas; or 2 ounces of					
cheese; or 0-4 ounces (volume)	RICE CEREAL	OATMEAL CEREAL/YOGURT	MIXED CEREAL/EGG	BARLEY CEREAL	MULTI GRAIN CEREAL
ottage cheese; or 0-4 ounces or 1/2 cup yogurt; or a combination of the					
6 - 11 MONTHS: 0-2 tablespoons					
getable or fruit or a combination of	PEACHES	PRUNES	PEARS	APRICOTS	PLUM
LUNCH					
BIRTH - 5 MONTHS: 4-6 Fluid	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces					
breastmilk/formula 6 - 11 MONTHS: 0-4 tablespoons	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
infant cereal, meat, fish, poultry,					
whole egg, cooked dry beans or cooked dry peas; or 2 ounces of					
cheese; or 0-4 ounces (volume)	BARLEY CEREAL	MULTI GRAIN CEREAL	WHOLE WHEAT CEREAL	MIXED CEREAL/INFANT CHICKEN	RICE CEREAL/PINTO BEANS
ottage cheese; or 0-4 ounces or 1/2					
cup yogurt; or a combination of the above: and 6 - 11 MONTHS: 0-2 tablespoons					
getable or fruit or a combination of	PEAS	TOMATO SOUP	MIXED VEGETABLES	BROCCOLI	ZESTY CORN
PM SNACK					
BIRTH - 5 MONTHS: 4-6 Fluid	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces					
breastmilk/formula 6 - 11 MONTHS: U-4 tablespoons	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
infant cereal, meat, fish, poultry,					
whole egg, cooked dry beans or cooked dry peas; or 2 ounces of			OATMEAL CEREAL/GRAHAM		
cheese; or 0-4 ounces (volume)	MIXED CEREAL	RICE CEREAL	CRACKERS	WHOLE WHEAT CEREAL	MIXED CEREAL
ottage cheese; or 0-4 ounces or 1/2					
cup yogurt; or a combination of the					
getable or fruit or a combination of	BANANA & BLUEBERRY	PLUM	KIWI	TEETHING BISCUIT	LENTIL SOUP
both					
DINNER BIRTH - 5 MONTHS: 4-6 Fluid					
ounces breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 0-4 tablespoons			TORMOLA 7 DREADT MILE		
infant cereal meet fish noulter			TORMODA / BREAST MEEK		
infant cereal, meat, fish, poultry, whole egg, cooked dry beans or			TONNOLA / DREADT MEEK		
whole egg, cooked dry beans or cooked dry peas; or 2 ounces of	MULTI GRAIN CEREAL	BARLEY CEREAL	RICE CEREAL/FISH	OATMEAL CEREAL	WHOLE WHEAT CEREAL
whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0-4 ounces (volume) ottage cheese; or 0-4 ounces or 1/2	MULTI GRAIN CEREAL				WHOLE WHEAT CEREAL
whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0-4 ounces (volume) ottage cheese; or 0-4 ounces or 1/2 up yogurt; or a combination of the	MULTI GRAIN CEREAL				WHOLE WHEAT CEREAL
whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0-4 ounces (volume) of the cheese: or 0-4 ounces or 1/2 cup yogurt; or a combination of the above; and 6 - 11 MONTHS: 0-2 tablespoons		BARLEY CEREAL	RICE CEREAL/FISH	OATMEAL CEREAL	
whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0.4 ounces (volume) that cheese; or 0.4 ounces or 1/2 up yogurt; or a combination of the above; and 6 - 11 MONTHS: 0.2 tablespoons getable or fruit or a combination of					WHOLE WHEAT CEREAL SWEET PEAS
whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0-4 ounces (volume) trage cheese; or 0-4 ounces or 1/2 ounces		BARLEY CEREAL	RICE CEREAL/FISH	OATMEAL CEREAL	
whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0-4 ounces (volume) trage cheese; or 0-4 ounces or 1/2 up yegurt: or a combination of the obove; and 6-11 MONTHS: 0-2 tablespoons getable or fruit or a combination of both EVENING SNACK BIRITI - 5 MONTHS: 4-6 Fluid		BARLEY CEREAL	RICE CEREAL/FISH	OATMEAL CEREAL	
whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0-4 ounces (volume) trage cheese; or 0-4 ounces or 1/2 up yogurt: or a combination of the obove; and 6 - 11 MONTHS: 0-2 tablespoons gettable or fruit or a combination of bath EVENTIME SNACK BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmill/formula 6 - 11 MONTHS: 6-8 Fluid ounces	ZUCCHINI FORMULA / BREAST MILK	BARLEY CEREAL CARROTS FORMULA / BREAST MILK	RICE CEREAL/FISH SPINACH FORMULA / BREAST MILK	OATMEAL CEREAL GREEN BEANS FORMULA / BREAST MILK	SWEET PEAS FORMULA / BREAST MILK
whole egg. cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0-4 ounces (volume) trage cheese; or 0-4 ounces or 1/2 ounces ounces or 1/2 ounces ounces or 1/2 ounces	ZUCCHINI	BARLEY CEREAL CARROTS	RICE CEREAL/FISH SPINACH	OATMEAL CEREAL GREEN BEANS	SWEET PEAS
whole egg. cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0-4 ounces (volume) ottage cheese; or 0-4 ounces or 1/2 cup yogurt; or a combination of the dowe; and 6-11 MONTHS: 0-2 tablespoons gestable or fruit or a combination of both EVENING SNACK BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6-11 MONTHS: 0-8 Fluid ounces breastmilk/formula 6-11 MONTHS: 0-4 tablespoons infant cereal, meat, fish, poultry,	ZUCCHINI FORMULA / BREAST MILK	BARLEY CEREAL CARROTS FORMULA / BREAST MILK	RICE CEREAL/FISH SPINACH FORMULA / BREAST MILK	OATMEAL CEREAL GREEN BEANS FORMULA / BREAST MILK	SWEET PEAS FORMULA / BREAST MILK
whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0-4 ounces (volume) that ge cheese; or 0-4 ounces or 1/2 ounces ounces or 1/2 ounces ounces or 1/2 ounces breath 5 ounces breath 5 ounces breath 1/2 formula 6 - 11 MONTHS: 6-8 Fluid ounces breath 1/2 formula 6 - 11 MONTHS: 0-4 tablespoons infant cereal, meat, fish, poultry, whole egg, cooked dry beans or	ZUCCHINI FORMULA / BREAST MILK FORMULA / BREAST MILK	BARLEY CEREAL CARROTS FORMULA / BREAST MILK	RICE CEREAL/FISH SPINACH FORMULA / BREAST MILK FORMULA / BREAST MILK	OATMEAL CEREAL GREEN BEANS FORMULA / BREAST MILK FORMULA / BREAST MILK	SWEET PEAS FORMULA / BREAST MILK FORMULA / BREAST MILK
whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0-4 ounces (volume) trage cheese; or 0-4 ounces or 1/2 ounces ounces or 1/2 ounces ounces or 1/2 ounces breaths 0-4 to 1/4 ounces breathilk/formula ounces breathilk/formula of 1/4 ounces breathilk/formula of 1/4 ounces breathilk/formula of 1/4 ounces breathilk/formula of 1/4 ounces ounces ounces of 1/4 ounces (volume)	ZUCCHINI FORMULA / BREAST MILK	BARLEY CEREAL CARROTS FORMULA / BREAST MILK FORMULA / BREAST MILK	RICE CEREAL/FISH SPINACH FORMULA / BREAST MILK	OATMEAL CEREAL GREEN BEANS FORMULA / BREAST MILK	SWEET PEAS FORMULA / BREAST MILK
whole egg. cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0-4 ounces (volume) attage cheese; or 0-4 ounces or 1/2 cup yagurt, or a combination of the chows; and 6-11 MONTHS-0-2 tablespoors agetable or fruit or a combination of both EVENING SNACK BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula ounces breastmilk/formula 6-11 MONTHS: 6-8 Fluid ounces breastmilk/formula 6-11 MONTHS: 0-4 tablespoors infant cereal, meat, fish, poultry, whole egg. cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0-4 ounces or 1/2 ounces	ZUCCHINI FORMULA / BREAST MILK FORMULA / BREAST MILK	BARLEY CEREAL CARROTS FORMULA / BREAST MILK FORMULA / BREAST MILK	RICE CEREAL/FISH SPINACH FORMULA / BREAST MILK FORMULA / BREAST MILK	OATMEAL CEREAL GREEN BEANS FORMULA / BREAST MILK FORMULA / BREAST MILK	SWEET PEAS FORMULA / BREAST MILK FORMULA / BREAST MILK
whole egg. cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0-4 ounces (volume) ottage cheese; or 0-4 ounces or 1/2 cup youth: or a combination of the above: and 6 - 11 MONTH-5: 0-2 tablespoons egetable or fruit or a combination of both EVENTING SNACK BIRTH - 5 MONTH-5: 4-6 Fluid ounces breastmilly/formula 6 - 11 MONTH-5: 0-4 tablespoons infant careal, meat, fish, poultry, whole egg, cooked dry beans or cooked dry peas; or 2 ounces of	ZUCCHINI FORMULA / BREAST MILK FORMULA / BREAST MILK OATMEAL CEREAL	BARLEY CEREAL CARROTS FORMULA / BREAST MILK FORMULA / BREAST MILK	RICE CEREAL/FISH SPINACH FORMULA / BREAST MILK FORMULA / BREAST MILK	OATMEAL CEREAL GREEN BEANS FORMULA / BREAST MILK FORMULA / BREAST MILK	SWEET PEAS FORMULA / BREAST MILK FORMULA / BREAST MILK



Services, Inc					
	Monday 4/8/24	Tuesday 4/9/24	Wednesday 4/10/24	Thursday 4/11/24	Friday 4/12/24
BREAKFAST BIRTH - 5 MONTHS: 4-6 Fluid		T	I	I	T
ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MON 1 H5: 6-8 Fluid ounces	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 0-4 tablespoons					
infant cereal, meat, fish, poultry, whole egg, cooked dry beans or					
cooked dry peas; or 2 ounces of	WILLIAM E WILLIAM AFRE AL	2 101 57 4505 11		DEAG AGDS 41	11775
cheese; or 0-4 ounces (volume)	WHOLE WHEAT CEREAL	BARLEY CEREAL	MULTI GRAIN CEREAL	RICE CEREAL	MIXED CEREAL
cottage cheese; or 0-4 ounces or 1/2					
cup yogurt; or a combination of the above; and					
6 - 11 MONTHS: 0-2 tablespoons					
vegetable or fruit or a combination of both	PLUMS	PEACHES	CINNAMON APPLESAUCE	BLUEBERRIES	ORANGES
AM SNACK		II.		I.	
BIRTH - 5 MONTHS: 4-6 Fluid	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces					
breastmilk/formula 6 - 11 MONTHS: U-4 tablespoons	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
infant cereal, meat, fish, poultry,					
whole egg, cooked dry beans or					
cooked dry peas; or 2 ounces of	RICE CEREAL	MIXED CEREAL	RICE CEREAL	WHOLE WHEAT CEREAL	BARLEY CEREAL
cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces or 1/2					
cup yogurt; or a combination of the					
6 - 11 MONTHS: 0-2 tablespoons					
vegetable or fruit or a combination of	AVOCADO	PRUNES	STRAWBERRY BANANA	PEARS	WATERMELON
both					
BIRTH - 5 MONTHS: 4-6 Fluid					1
ounces breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 6-8 Fluid ounces	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
breastmilk/formula 6 - 11 MONTHS: U-4 tablespoons					
infant cereal, meat, fish, poultry,					
whole egg, cooked dry beans or cooked dry peas; or 2 ounces of		WHOLE WHEAT CEREAL/FISH			
cheese; or 0-4 ounces (volume)	BARLEY CEREAL	STICKS	OATMEAL CEREAL	MIXED CEREAL	MULTI GRAIN CEREAL
cottage cheese; or 0-4 ounces or 1/2					
cup yogurt; or a combination of the					
6 - 11 MONTHS: 0-2 tablespoons					
vegetable or fruit or a combination of	PEAS & CARROTS	SWEET POTATO FRIES	SQUASH	CARROT	SPLIT PEA SOUP
PM SNACK					
BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 6-8 Fluid ounces	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
breastmilk/formula 6 - 11 MONTHS: 0-4 tablespoons	TOTALISM / BACAST MESA	, ottorer, present made	TOTAL PROPERTY MADE	Totaliour / Bichot Mask	TOTALIST TOTALIST MEDICAL MEDI
infant cereal, meat, fish, poultry,					
whole egg, cooked dry beans or					
cooked dry peas; or 2 ounces of cheese; or 0-4 ounces (volume)	MIXED CEREAL	RICE CEREAL	WHOLE WHEAT CEREAL	BARLEY CEREAL	WHOLE WHEAT CEREAL
cottage cheese; or 0-4 ounces or 1/2					
cup yogurt; or a combination of the					
6 - 11 MONTHS: 0-2 tablespoons					
vegetable or fruit or a combination of both	BROCCOLI	MANGO	BLUEBERRIES	RASPBERRIES	AVOCADO
DINNER		ı	1		ı
BIRTH - 5 MONTHS: 4-6 Fluid	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
ounces breastmilk/formula		I OUMORY / DECAST WITH		ONHOLA / DREAD! MILK	I OUMOPA \ DECUS! WITE
6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 0-4 tablespoons	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
infant cereal, meat, fish, poultry, whole egg, cooked dry beans or					
cooked dry peas; or 2 ounces of	MULTI GRAIN CEREAL	OATMEAL CEREAL	MIXED CEREAL	MULTI GRAIN CEREAL	RICE CEREAL
cheese; or 0-4 ounces (volume)	- Contract School	The second		ORNER GENERAL	veneru
cottage cheese; or 0-4 ounces or 1/2 cup yogurt; or a combination of the					
6 - 11 MONTHS: 0-2 tablespoons					
vegetable or fruit or a combination of	SWEET POTATO	PEAS	MASHED POTATO	BAKED BEANS	BROCCOLI
both					
EVENING SNACK					
BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 6-8 Fluid ounces	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
breastmilk/formula 6 - II MONTHS: U-4 tablespoons					
infant cereal, meat, fish, poultry,					
whole egg, cooked dry beans or cooked dry peas; or 2 ounces of					
cheese; or 0-4 ounces (volume)	OATMEAL CEREAL/EGG	MULTI GRAIN CEREAL	BARLEY CEREAL	MIXED CEREAL	MULTI GRAIN CEREAL
cottage cheese; or 0-4 ounces or 1/2					
cup yogurt; or a combination of the					
6 - 11 MONTHS: 0-2 tablespoons					
vegetable or fruit or a combination of both	PEARS	MIXED FRUIT	CARROT	STRAWBERRY BANANA	APRICOT
50111			•		



	Monday 4/15/24	Tuesday 4/16/24	Wednesday 4/17/24	Thursday 4/18/24	Friday 4/19/24
BREAKFAST BIRTH - 5 MONTHS: 4-6 Fluid					
ounces breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 6-8 Fluid ounces	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
breastmilk/formula 6 - 11 MONTHS: 0-4 tablespoons					
infant cereal, meat, fish, poultry, whole egg, cooked dry beans or					
analesed also makes on 2 accesses of	WHOLE WHEAT	MULTI GRAIN CEREAL	OATMEAL CEREAL	MIXED CEREAL	RICE CEREAL
cheese; or U-4 ounces (volume)	WHOLE WHEAT	MODIT BRAZIA CEREAL	OATMEAD GENERAL	MINES CEREAL	NICE CENERS
cottage cheese; or 0-4 ounces or 1/2 cup yogurt; or a combination of the					
6 - 11 MONTHS: 0-2 tablespoons					
vegetable or fruit or a combination of	BLUEBERRIES	HASHBROWNS	BANANA	PINEAPPLE	MANGO
AM SNACK					
DIDTU - 5 MONTUS: 4.6 Fluid					
ounces breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula 6 - 11 MONTHS: U-4 tablespoons	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 0-4 tablespoons infant cereal, meat, fish, poultry,					
whole egg, cooked dry beans or					
cooked dry peas; or 2 ounces of	OATMEAL CEREAL	RICE CEREAL	WHOLE WHEAT CEREAL	BARLEY CEREAL	MULTI GRAIN CEREAL
cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces or 1/2					
cup yogurt; or a combination of the					
6 - 11 MONTHS: 0-2 tablespoons					
vegetable or fruit or a combination of	PLUMS	RASPBERRIES	PEACHES	WATERMELON	BLUEBERRY BANANA
both LUNCH		1	L	L	<u> </u>
RTDTH - 5 MONTHS: 4-6 Fluid	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
breastmilk/formula 6 - 11 MON 1H5: U-4 tablespoons	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: U-4 tablespoons infant cereal, meat, fish, poultry,					
whole egg, cooked dry beans or					
cooked dry peas; or 2 ounces of cheese; or 0-4 ounces (volume)	MIXED CEREAL	OATMEAL CEREAL	MULTI GRAIN CEREAL	RICE CEREAL	WHOLE WHEAT CEREAL
cottage cheese; or 0-4 ounces or 1/2					
cup yogurt; or a combination of the					
6 - 11 MONTHS: 0-2 tablespoons					
vegetable or fruit or a combination of both	CORN	MUSHROOMS	BROCCOLI	LIMA BEANS	TATER TOTS
PM SNACK		"			
BIRTH - 5 MONTHS: 4-6 Fluid	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
breastmilk/formula 6 - 11 MONTHS: U-4 tablespoons	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
infant cereal, meat, fish, poultry,					
whole egg, cooked dry beans or cooked dry peas; or 2 ounces of					
cheese; or 0-4 ounces (volume)	RICE CEREAL	WHOLE WHEAT CEREAL	MIXED CEREAL	OATMEAL CEREAL	BARLEY CEREAL
cottage cheese; or 0-4 ounces or 1/2					
cup yogurt; or a combination of the					
6 - 11 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of	CTNNAMON APPLESAUCE	APRICOTS	VEGETABLE SOUP	KIWI	HUMMUS/GARBANZO BEANS
both					
DINNER			1	ı	
BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 6-8 Fluid ounces	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
breastmilk/formula 6 - 11 MON 1 H5: U-4 tablespoons					
infant cereal, meat, fish, poultry,					
whole egg, cooked dry beans or cooked dry peas; or 2 ounces of	DADIEV CEDEAL	MITVED CEDEAL	DICE CEDEAL	WHOLE WHEAT CEREAL	MITVED CEDEAL
cheese; or 0-4 ounces (volume)	BARLEY CEREAL	MIXED CEREAL	RICE CEREAL	WHOLE WHEAT CEREAL	MIXED CEREAL
cottage cheese; or 0-4 ounces or 1/2 cup yogurt; or a combination of the					
6 - 11 MONTHS: 0-2 tablespoons					
6 - 11 MONTHS: U-2 tablespoons vegetable or fruit or a combination of	CARROTS	ROASTED ZUCCHINI	ROASTED CORN	STIR FRY VEGETABLES	ROASTED CABBAGE
both		1			
EVENING SNACK					
BIRTH - 5 MONTHS: 4-6 Fluid		FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula	FORMULA / BREAST MILK		L	FORMULA (DDF 4 67 MT) K	FORMULA / BREAST MILK
BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	
BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 0-4 tablespoons		FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	
BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 0-4 Tablespoons infant cereal, meat, fish, poultry,		FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	
BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 0-4 Thablespoons infant cereal, meat, fish, poultry, whole egg, cooked dry beans or cooked dry peas; or 2 ounces of	FORMULA / BREAST MILK				
BRTH - 5 MONTHS: 4-6 Fluid ounces breastmillk/formula 6-11 MONTHS: 6-8 Fluid ounces breastmillk/formula 1-11 MONTHS: 0-4 tablespoons infant cereal, meat, fish, poultry, whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0-4 ounces (volume)		FORMULA / BREAST MILK RICE CEREAL	BARLEY CEREAL	MIXED CEREAL	OATMEAL CEREAL
BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 0-4 Thablespoons infant cereal, meat, fish, poultry, whole egg, cooked dry beans or cooked dry peas; or 2 ounces of	FORMULA / BREAST MILK				
BRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmilk formula 6 - 11 MONTHS: 0-4 Toblespoors infant cereal, meat, fish, poultry, whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces or 1/2	FORMULA / BREAST MILK				



	Monday 4/22/24	Tuesday 4/23/24	Wednesday 4/24/24	Thursday 4/25/24	Friday 4/26/24
BREAKFAST	, ., ==, = .				
BIRTH - 5 MONTHS: 4-6 Fluid		T.	I	T.	I
ounces breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 6-8 Fluid ounces	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
breastmilk/formula 6 - 11 MONTHS: 0-4 tablespoons	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
infant cereal, meat, fish, poultry,					
whole egg, cooked dry beans or					
cooked dry peas; or 2 ounces of					
cheese; or 0-4 ounces (volume)	OATMEAL CEREAL	MIXED CEREAL	BARLEY CEREAL	WHOLE WHEAT CEREAL	BARLEY CEREAL
cottage cheese; or 0-4 ounces or 1/2					
cup yogurt; or a combination of the					
6 - 11 MONTHS: 0-2 tablespoons					
vegetable or fruit or a combination of	MANDARIN ORANGES	MIXED BERRIES	KIWI	APRICOTS	PLUMS
both				111111111111111111111111111111111111111	
AM SNACK					
BIRTH - 5 MONTHS: 4-6 Fluid	FORMULA / BREAST MILK	FORMULA / PREACT MALK	FORMULA / BREAST MILK	FORMULA / DDFACT HTLK	FORMULA / DREACT MILK
ounces breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 6-8 Fluid ounces	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
breastmilk/formula 6 - II MONTHS: U-4 tablespoons					
infant cereal, meat, fish, poultry,					
whole egg, cooked dry beans or					
cooked dry peas; or 2 ounces of	WILLION E WILLIE AT CEDE AL	MULTI COATA CEDEAL	WILLOUE WILLEAT CEDEAN	DTGE GEDE 41	CATHEAL CEDEAL
cheese; or 0-4 ounces (volume)	WHOLE WHEAT CEREAL	MULTI GRAIN CEREAL	WHOLE WHEAT CEREAK	RICE CEREAL	OATMEAL CEREAL
cottage cheese; or 0-4 ounces or 1/2	1				
cup yogurt; or a combination of the	1				
6 - 11 MONTHS: 0-2 tablespoons	1	1		1	
vegetable or fruit or a combination of	WATERMELON	PEARS	HONEYDEW MELON (MASHED)	APRICOTS	BANANA
both	<u> </u>				
LUNCH					
BIRTH - 5 MONTHS: 4-6 Fluid	EODMIII A / PDEACT HTIL	EODMIN A / PDEACT HTIP	EODMINA / PDEACT HTV	EODMII A / PDEACT HTIV	EODMIN A / BDEACT HTIP
ounces breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 6-8 Fluid ounces	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
breastmilk/formula 6 - 11 MONTHS: U-4 tablespoons					
infant cereal, meat, fish, poultry,					
whole egg, cooked dry beans or					
cooked dry peas; or 2 ounces of	RICE CEREAL	BARLEY CEREAL	OATMEAL CEREAL	MIXED CEREAL	MULTI GRAIN CEREAL
cheese; or U-4 ounces (volume)	The series	שותברי טבותביום	OATMERS SCIENS	marked delicate	MODITE OFFICE OCICERD
cottage cheese; or 0-4 ounces or 1/2					
cup yogurt; or a combination of the					
6 - 11 MONTHS: 0-2 tablespoons					
vegetable or fruit or a combination of	GREEN BEANS	CORN	SWEET PEAS	CARROTS	PEAS & CARROTS
both					
PM SNACK					
BIRTH - 5 MONTHS: 4-6 Fluid	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces					
	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
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infant cereal, meat, fish, poultry,					
and a factor and the first of the first					
whole egg, cooked dry beans or					
cooked dry peas; or 2 ounces of	BARLEY CEREAL	WHOLE WHEAT CEREAL	RICE CEREAL	MULTI GRAIN CEREAL	MIXED CEREAL
cooked dry peas; or 2 ounces of cheese; or 0-4 ounces (volume)	BARLEY CEREAL	WHOLE WHEAT CEREAL	RICE CEREAL	MULTI GRAIN CEREAL	MIXED CEREAL
cooked dry peas; or 2 ounces of cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces or 1/2	BARLEY CEREAL	WHOLE WHEAT CEREAL	RICE CEREAL	MULTI GRAIN CEREAL	MIXED CEREAL
cooked dry peas; or 2 ounces of cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces or 1/2 cup yogurt; or a combination of the	BARLEY CEREAL	WHOLE WHEAT CEREAL	RICE CEREAL	MULTI GRAIN CEREAL	MIXED CEREAL
cooked dry peas; or 2 ounces of cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces or 1/2 cup yogurt; or a combination of the ohouse and 6 - 11 MONTHS: 0-2 tablespoons					
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cooked dry peas; or 2 ounces of cheese; or 0.4 ounces (volume) cottage cheese; or 0.4 ounces or 1/2 cup yagurt; or a combination of the shouse and 6 - 11 MONTHS: 0.2 tablespoons vegetable or fruit or a combination of both					
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cooked dry peas; or 2 ounces of cheese; or 0.4 ounces (volume) cottage cheese; or 0.4 ounces or 1/2 cup yagent; or a combination of the 3-11 MONTHS: 0.2 Toblespoons vegetable or fruit or a combination of both DINNER BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilkformula ounces breastmilkformula ounces breastmilkformula	APPLESAUCE	CANTALOUPE	BLUEBERRIES	MANGOES	APPLE SLICES
cooked dry peas; or 2 ounces of cheese; or 0.4 ounces (volume) cottage cheese; or 0.4 ounces or 1/2 cup yegurt; or a combination of the 6-11 MONTHS: 0.2 Toblespoons vegetable or fruit or a combination of both DINNER BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6-11 MONTHS: 6-8 Fluid ounces breastmilk/formula 10-11 MONTHS: 0-4 Toblespoons	APPLESAUCE FORMULA / BREAST MILK	CANTALOUPE FORMULA / BREAST MILK	BLUEBERRIES FORMULA / BREAST MILK	MANGOES FORMULA / BREAST MILK	APPLE SLICES FORMULA / BREAST MILK
cooked dry peas: or 2 ounces of cheese; or 0.4 ounces (volume) cottage cheese; or 0.4 ounces or 1/2 cup yagurt; or a combination of the 5-11 MONTHS: 0.2 toblespoons vegetable or fruit or a combination of bath DINNER BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6-11 MONTHS: 6-8 Fluid ounces breastmilk/formula or 17 MONTHS: 0.4 Tablespoons infant cereal, meat, fish, poultry.	APPLESAUCE FORMULA / BREAST MILK	CANTALOUPE FORMULA / BREAST MILK	BLUEBERRIES FORMULA / BREAST MILK	MANGOES FORMULA / BREAST MILK	APPLE SLICES FORMULA / BREAST MILK
cooked dry peas; or 2 ounces of cheese; or 0.4 ounces (volume) cottage cheese; or 0.4 ounces or 1/2 cup yagurt; or a combination of the observation of the observatio	APPLESAUCE FORMULA / BREAST MILK FORMULA / BREAST MILK	CANTALOUPE FORMULA / BREAST MILK FORMULA / BREAST MILK	BLUEBERRIES FORMULA / BREAST MILK FORMULA / BREAST MILK	MANGOES FORMULA / BREAST MILK FORMULA / BREAST MILK	APPLE SLICES FORMULA / BREAST MILK FORMULA / BREAST MILK
cooked dry peas: or 2 ounces of cheese: or 0.4 ounces (volume) cottage cheese: or 0.4 ounces or 1/2 cup yagurt; or a combination of the following control of the following	APPLESAUCE FORMULA / BREAST MILK	CANTALOUPE FORMULA / BREAST MILK	BLUEBERRIES FORMULA / BREAST MILK	MANGOES FORMULA / BREAST MILK	APPLE SLICES FORMULA / BREAST MILK
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cooked dry peas: or 2 ounces of cheese; or 0.4 ounces (volume) cottage cheese; or 0.4 ounces or 1/2 cup yagurt; or a combination of the shows and 6 - 11 MONTHS: 0.2 toblespoons vegetable or fruit or a combination of both DINNER BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula 1 - 11 MONTHS: 0-14 Tablespoons infant cereal, meat, fish, poultry, whole egg, cooked dry beans or cooked dry courses of 1/2 cup yagurt; or a combination of the cheese; or 0.4 ounces or 1/2 cup yagurt; or a combination of the cheese and combination of the cheese and combination of the both	APPLESAUCE FORMULA / BREAST MILK FORMULA / BREAST MILK MIXED CEREAL/INFANT TURKEY	CANTALOUPE FORMULA / BREAST MILK FORMULA / BREAST MILK RICE CEREAL	BLUEBERRIES FORMULA / BREAST MILK FORMULA / BREAST MILK MULTI GRAIN CEREAL	MANGOES FORMULA / BREAST MILK FORMULA / BREAST MILK OATMEAL CEREAL	APPLE SLICES FORMULA / BREAST MILK FORMULA / BREAST MILK WHOLE WHEAT CEREAL
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cooked dry peas; or 2 ounces of cheese; or 0.4 ounces (volume) cottage cheese; or 0.4 ounces or 1/2 cup yagurt; or a combination of the 3 ounces of 1/2 cup yagurt; or a combination of the 3 ounces of 1/2 cup yagurt; or a combination of both DINNER BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula b - 11 MONTHS: 0-4 Tolespoons infant cereal, meat, fish, poutry, whole agg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces or 1/2 cup yagurt; or a combination of the cheese or 0-4 ounces or 1/2 cup yagurt; or a combination of the shall be of the 1/2 cup yagurt; or a combination of the States and 6 - 11 MONTHS: 0-5 Fluid ounces breastmilk/formula ounces ounces breastmilk/formula ounces breastmilk/formula ounces ounces breastmilk/formula ounces breastmilk/formula ounces ounce	APPLESAUCE FORMULA / BREAST MILK FORMULA / BREAST MILK MIXED CEREAL/INFANT TURKEY MIXED VEGETABLES FORMULA / BREAST MILK	CANTALOUPE FORMULA / BREAST MILK FORMULA / BREAST MILK RICE CEREAL SWEET POTATO FORMULA / BREAST MILK	BLUEBERRIES FORMULA / BREAST MILK FORMULA / BREAST MILK MULTI GRAIN CEREAL MINESTONE SOUP	MANGOES FORMULA / BREAST MILK FORMULA / BREAST MILK OATMEAL CEREAL BAKED BEANS FORMULA / BREAST MILK	APPLE SLICES FORMULA / BREAST MILK FORMULA / BREAST MILK WHOLE WHEAT CEREAL BROCCOLI FORMULA / BREAST MILK
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cooked dry peas; or 2 ounces of cheese; or 0.4 ounces (volume) cottage cheese; or 0.4 ounces or 1/2 cup yagurt; or a combination of the 3 ounces of 1/2 cup yagurt; or a combination of the 3 ounces of 1/2 cup yagurt; or a combination of both DINNER BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula 10 - 11 MONTHS: 0-4 Tobiespoons infant cereal, meat, faith, pouttry, whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces or 1/2 cup yagurt; or a combination of the 3 ounces breastmilk/formula 6 - 11 MONTHS: 0-4 Tobiespoons yagetable or first or a combination of both both SIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-4 Fluid ounces breastmilk/formula	APPLESAUCE FORMULA / BREAST MILK FORMULA / BREAST MILK MIXED CEREAL/INFANT TURKEY MIXED VEGETABLES FORMULA / BREAST MILK	CANTALOUPE FORMULA / BREAST MILK FORMULA / BREAST MILK RICE CEREAL SWEET POTATO FORMULA / BREAST MILK	BLUEBERRIES FORMULA / BREAST MILK FORMULA / BREAST MILK MULTI GRAIN CEREAL MINESTONE SOUP	MANGOES FORMULA / BREAST MILK FORMULA / BREAST MILK OATMEAL CEREAL BAKED BEANS FORMULA / BREAST MILK	APPLE SLICES FORMULA / BREAST MILK FORMULA / BREAST MILK WHOLE WHEAT CEREAL BROCCOLI FORMULA / BREAST MILK
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cooked dry peas: or 2 ounces of cheese: or 0.4 ounces (volume) cottage cheese: or 0.4 ounces or 1/2 cup yagurt: or a combination of the 6-11 MONTHS: 0.2 tholespoons ounces breastmilk/formula 0.11 MONTHS: 0.4 foliaspoons infant cereal, meaning the second of the control of the	APPLESAUCE FORMULA / BREAST MILK FORMULA / BREAST MILK MIXED CEREAL/INFANT TURKEY MIXED VEGETABLES FORMULA / BREAST MILK FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK RICE CEREAL SWEET POTATO FORMULA / BREAST MILK FORMULA / BREAST MILK	BLUEBERRIES FORMULA / BREAST MILK FORMULA / BREAST MILK MULTI GRAIN CEREAL MINESTONE SOUP FORMULA / BREAST MILK FORMULA / BREAST MILK	MANGOES FORMULA / BREAST MILK FORMULA / BREAST MILK OATMEAL CEREAL BAKED BEANS FORMULA / BREAST MILK FORMULA / BREAST MILK	APPLE SLICES FORMULA / BREAST MILK FORMULA / BREAST MILK WHOLE WHEAT CEREAL BROCCOLI FORMULA / BREAST MILK FORMULA / BREAST MILK
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Services, Inc					
	4/29/2024	4/30/2024			
BREAKFAST					
BIRTH - 5 MONTHS: 4-6 Fluid	FORMULA (DDF 4 CT MT) (FORMULA (DDF 45T MT) K			
ounces breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK			
6 - 11 MONTHS: 6-8 Fluid ounces	FORMULA / BREAST MILK	FORMULA / BREAST MILK			
breastmilk/formula 6 - 11 MONTH5: 0-4 tablespoons					
infant cereal, meat, fish, poultry,					
whole egg, cooked dry beans or					
cooked dry peas; or 2 ounces of	WHOLE WHEAT CEREAL	MIXED CEREAL			
cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces or 1/2					
cup yogurt; or a combination of the					
ahous: and					
6 - 11 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of	APPLES	0.4514514			
both	AFFLES	BANANA			
AM SNACK					
BIRTH - 5 MONTHS: 4-6 Fluid					
ounces breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK			
6 - 11 MONTHS: 6-8 Fluid ounces	FORMULA / BREAST MILK	FORMULA / BREAST MILK			
breastmilk/formula 6 - 11 MONTHS: U-4 tablespoons					
infant cereal, meat, fish, poultry,					
whole egg, cooked dry beans or					
cooked dry peas; or 2 ounces of	RICE CEREAL	OATMEAL CEREAL			
cheese; or 0-4 ounces (volume)					
cottage cheese; or 0-4 ounces or 1/2					
cup yogurt; or a combination of the					
6 - 11 MONTHS: 0-2 tablespoons					
vegetable or fruit or a combination of	PLUMS	APRICOTS			
both		II.	I .	I.	I .
BIRTH - 5 MONTHS: 4-6 Fluid			T		T
ounces breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK			
6 - 11 MONTHS: 6-8 Fluid ounces	FORMULA / BREAST MILK	FORMULA / BREAST MILK			
breastmilk/formula 6 - 11 MONTHS: U-4 tablespoons	FORMULA / BREAST MILK	FORMULA / BREAST MILK			
infant cereal, meat, fish, poultry,					
whole egg, cooked dry beans or					
cooked dry peas; or 2 ounces of	BARLEY CEREAL	MULTI COATNI CEDEAL			
cheese; or 0-4 ounces (volume)	BARLEY CEREAL	MULTI GRAIN CEREAL			
cottage cheese; or 0-4 ounces or 1/2					
cup yogurt; or a combination of the					
6 - 11 MONTHS: 0-2 tablespoons					
vegetable or fruit or a combination of	DEAS	CARROTS			
	i cao	CARROTS			
both	TEAS	CARROTS			
PM SNACK					
PM SNACK BIRTH - 5 MONTHS: 4-6 Fluid	FORMULA / BREAST MILK	FORMULA / BREAST MILK			
PM SNACK	FORMULA / BREAST MILK	FORMULA / BREAST MILK			
BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces					
PM SNACK BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK			
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