



	Monday 4/1/24	Tuesday 4/2/24	Wednesday 4/3/24	Thursday 4/4/24	Friday 4/5/24
BREAKFAST	WAFFLE FRUIT PIZZA RECIPE				
Whole Grain/Grain Alternate	WHOLE GRAIN WAFFLES	MULTI GRAIN CHEERIOS	TURKEY SAUSAGE	WHOLE GRAIN MINI BAGEL	ENRICHED OATMEAL
Vegetable or Fruit	SLICED STRAWBERRIES	100% ORANGE JUICE	WHOLE GRAIN TOAST	RASPBERRIES	ORANGES
Fluid Milk	*MILK	*MILK	HASHBROWNS	*MILK	*MILK
			*MILK		
	☐ Whole Grain	Whole Grain	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain
LUNCH		NATIONAL PEANUT BUTTER & JELLY DAY			
Meat/Meat Alternate	SAVORY TUNA SALAD	PEANUT/WOW/SUN BUTTER	HOME MADE EXTRA CHEESE	CHICKEN SALAD	GROUND BEEF NACHO SALAD
Whole Grain/Grain Alternate	ENRICHED CROISSANT	WHOLE WHEAT BREAD	WHOLE WHEAT PIZZA CRUST	WHOLE WHEAT PITA POCKETS	WHOLE WHEAT NACHO CHIPS
Vegetable or Fruit	APPLE SLICES	BLUEBERRIES	PEACHES	PINEAPPLE TIDBITS	PINTO BEANS
Vegetable	SLICED CUCUMBERS	TOMATO BISQUE SOUP	MIXED VEGETABLES	BROCCOLI COLESLAW	ZESTY CORN ON THE COB
Fluid Milk	*MILK	*MILK	* MILK	*MILK	*MILK
	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain
PM SNACK				ANTS ON A LOG	
Meat/Meat Alternate	MULTIGRAIN CRACKERS	WHOLE GRAIN SUNCHIPS	ENRICHED GRAHAM CRACKERS	CELERY STICKS	ENRICHED SALTINE CRACKERS
Whole Grain/Grain Alternate	BANANA & BLUEBERRY SMOOTHIE	PLUM SLICES	KIWI SLICES	PEANUT/SOY/WOW BUTTER	LENTIL SOUP
Vegetable or Fruit				RAISINS	
Fluid Milk	WATER	WATER	WATER	WATER	WATER
TWO COMPONENTS	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain
DINNER				NATIONAL BURRITO DAY	
Meat/Meat Alternate	OVEN ROASTED CHICKEN	BLACK BEAN BURGER	BAKED FISH FILET	CHICKEN STRIPS	SLICED TURKEY PANINI
Whole Grain/Grain Alternate	WHOLE WHEAT ROLL	WHOLE WHEAT BURGER BUN	ENRICHED HUSH PUPPY	WHOLE WHEAT TORTILLA	WHOLE GRAIN PITA
Vegetable or Fruit	WATERMELON	HONEY GLAZED CARROTS	MANGO CHUNKS	GROOVY GRAPES (CUT)	GREEN APPLE SLICES
Vegetable	STEAMED ZUCCHINI	FRENCH FRIES	SPINACH	FRESH PICO DE GALLO	SWEET PEAS
Fluid Milk	*MILK	* MILK	* MILK	*MILK	* MILK
	☐ Whole Grain	Whole Grain	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain
	* One year olds are served White Whole Milk. Two years old and older are served white 1% or Fat Free Milk. Milk substitutes must have a medical statement				
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	Monday 4/8/24	Tuesday 4/9/24	Wednesday 4/10/24	Thursday 4/11/24	Friday 4/12/24	
BREAKFAST	-			TURKEY SAUSAGE		
Whole Grain/Grain Alternate	WHOLE GRAIN WAFFLE STICKS	WHOLE GRAIN MAPLE OATMEAL	MULTI GRAIN CHEESE TOAST	TATOR TOTS	MULTI GRAIN CHEERIOS	
Vegetable or Fruit	PLUMS	PEACHES	CINNAMON APPLESAUCE	BLUEBERRIES	ORANGE SMILES	
Fluid Milk	*MILK	*MILK	*MILK	*MILK	*MILK	
	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	□ Whole Grain	☐ Whole Grain	
LUNCH					GRILLED CHEESE SANDWICH DAY	
Meat/Meat Alternate	GRILLED CHICKEN & SPINACH	FISH STICKS	HOT HAM & CHEESE	VEGAN CHILI W/ RED BEANS	EXTRA CHEDDAR CHEESE	
Whole Grain/Grain Alternate	WHOLE WHEAT TORTILLA WRAP	WHOLE WHEAT ROLL	WHOLE GRAIN HAWAIIN BREAD	WHOLE WHEAT ROLL	WHOLE WHEAT TOAST	
Vegetable or Fruit	STRAWBERRIES	HONEY DEW MELON	KIWI	FRUIT SALAD	APRICOTS	
Vegetable	PEAS & CARROTS	SWEET POTATO FRIES	TOSSED SALAD	CARROT STICKS	SPLIT PEA SOUP	
Fluid Milk	*MILK	*MILK	* MILK	*MILK	*MILK	
	─ Whole Grain	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	
PM SNACK		YOGURT PARFAIT				
Meat/Meat Alternate	ENRICHED SALTINE CRACKERS	CRUSH GRAHAM CRACKERS	FRUIT PIZZA W/CREAM CHEESE	KALE SALAD	WHOLE GRAIN CHIPS	
Whole Grain/Grain Alternate	BROCCOLI FLORETS	LOWFAT YOGURT	WHOLE WHEAT FLATBREAD	RASPBERRIES	FRESH GUACAMOLE	
Vegetable or Fruit	W/ RANCH DIP (OPTIONAL)	MANGO SLICES	BLUEBERRIES			
Fluid Milk	WATER	WATER	WATER	WATER	WATER	
TWO COMPONENTS	☐ Whole Grain	Whole Grain	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	
DINNER						
Meat/Meat Alternate	BLACK BEAN BURRITO BOWL	SLICED TURKEY SUB	PORK LOIN W/GRAVY	BEEF SLOPPY JOE	ASIAN CHICKEN	
Whole Grain/Grain Alternate	ENRICHED BROWN RICE	MULTI GRAIN SUB ROLL	WHOLE GRAIN ROLL	WHOLE GRAIN BUN	ENRICHED BROWN RICE	
Vegetable or Fruit	WATERMELON SHAPES	CANTALOUPE	FRUIT COCKAIL	FRENCH FRIES	PINEAPPLES	
Vegetable	HOMEMADE PICO DE GALLO	SLICED ENGLISH CUCUMBERS	MASHED POTATOES	BAKED BEANS	GARLIC BROCCOLI	
Fluid Milk	*MILK	* MILK	* MILK	*MILK	* MILK	
	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	
	* One year olds are served White Whole Milk. Two years old and older are served white 1% or Fat Free Milk. Milk substitutes must have a medical statement.					





	Monday 4/15/24	Tuesday 4/16/24	Wednesday 4/17/24	Thursday 4/18/24	Friday 4/19/24
BREAKFAST			NATIONAL BANANA DAY		
Whole Grain/Grain Alternate	WHOLE WHEAT WAFFLE	WHOLE GRAIN FRENCH TOAST	WHOLE WHEAT PANCAKES	WHOLE GRAIN GRANOLA	ENRICHED KIX CEREAL
Vegetable or Fruit	WARMED BLUEBERRY COMPOTE	HASHBROWNS	BANANAS	YOGURT	MANGO STRIPS
Fluid Milk	*MILK	*MILK	*MILK	PINEAPPLE	*MILK
				*MILK	
	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	□ Whole Grain
LUNCH	LETTUCE WRAP TACO	DAY OF THE MUSHROOM	BODACIOUS QUESADILLA		BREAKFAST FOR LUNCH
Meat/Meat Alternate	GROUND CHICKEN	MUSHROOM CHEESE PIZZA RECIPE	WHOLE WHEAT QUESADILLA	CHICKEN NUGGETS	TURKEY SAUSAGE
Whole Grain/Grain Alternate	ENRICHED BROWN RICE	WHOLE WHEAT PIZZA CRUST	EXTRA CHEESE	WHOLE WHEAT ROLL	MULTI GRAIN TOAST
Vegetable or Fruit	PEACHES	FRUIT COCKTAIL	ORANGE SLICES	SLICED STRAWBERRIES	SLICED KIWI
Vegetable	ZESTY CORN	MUSHROOMS	BROCCOLI	LIMA BEANS	BAKED TATER TOTS
Fluid Milk	*MILK	*MILK	* MILK	*MILK	*MILK
	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain
PM SNACK				ANIMAL CRACKERS BIRTHDAY	
Meat/Meat Alternate	HAM & CHEESE PINWHEELS	ENRICHED GRAHAM CRACKERS	WHOLE GRAIN CRACKERS	ENRICHED ANIMAL CRACKERS	ENRICHED PRETZELS
Whole Grain/Grain Alternate	WHOLE GRAIN TORTILLA	APRICOT SLICES	VEGETABLE SOUP	KIWI SLICES	SAVORY HUMMUS
Vegetable or Fruit					
Fluid Milk	WATER	WATER	WATER	WATER	WATER
TWO COMPONENTS	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain
DINNER					
Meat/Meat Alternate	SAVORY TUNA FISH	CHICKEN NUGGETS	BAKED FISH FILLET	TERIYAKI SHRIMP	MINI PORK SLIDERS
Whole Grain/Grain Alternate	WHOLE WHEAT FLATBREAD	WHOLE GRAIN ROLLS	ENRICHED HUSH PUPPY	ENRICHED FRIED RICE	WHOLE WHEAT MINI BUNS
Vegetable or Fruit	HONEYDEW MELON	DICED PEARS	PINEAPPLE	ORANGE SLICES	PARMESEAN FRENCH FRIES
Vegetable	CARROT STICKS	ROASTED ZUCCHINI	ROASTED CORN	STIR FRY VEGETABLES	ROASTED CABBAGE
Fluid Milk	*MILK	* MILK	* MILK	*MILK	* MILK
	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	Whole Grain	☐ Whole Grain
	* One year olds are served White Whole Milk. Two years old and older are served white 1% or Fat Free Milk. Milk substitutes must have a medical statement.				





	Monday 4/22/24	Tuesday 4/23/24	Wednesday 4/24/24	Thursday 4/25/24	Friday 4/26/24	
BREAKFAST						
Whole Grain/Grain Alternate	ENRICHED CHICKEN BISCUIT	WHOLE WHEAT TOAST W/EGG	WHOLE WHEAT WAFFLE	ENRICHED CROISSANT	WHOLE WHEAT MINI BAGEL	
Vegetable or Fruit	MANDARIN ORANGES	TURKEY SAUSAGE	KIWI SLICES	APRICOTS	PLUMS	
Fluid Milk	*MILK	MIXED BERRIES	*MILK	*MILK	*MILK	
		*MILK				
	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	□ Whole Grain	☐ Whole Grain	
LUNCH					BLACK BEAN & VEGGIE QUESADILLA	
Meat/Meat Alternate	CHILI MAC W/GROUND TURKEY	GUACAMOLE CHICKEN WRAP	SAVORY TUNA SANDWICH	ROASTED HAM SLIDERS	BLACK BEANS	
Whole Grain/Grain Alternate	WHOLE WHEAT PASTA	WHOLE GRAIN TORTILLA	WHOLE WHEAT FRENCH BREAD	ENRICHED HAWAIIAN ROLL	WHOLE WHEAT TORTILLA	
Vegetable or Fruit	DICED PEARS	MANGO CHUNKS	APPLESAUCE	PINEAPPLE CHUNKS	FRUIT COCKTAIL	
Vegetable	GREEN BEANS	MINI CORN ON THE COB	SWEET PEAS	TOSSED SALAD	SWEET PEPPER STRIPS	
Fluid Milk	*MILK	*MILK	* MILK	*MILK	*MILK	
	Whole Grain	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	
PM SNACK				SAVORY WAFFLE-WICH	NATIONAL PRETZEL DAY	
Meat/Meat Alternate	SUGAR SNAP PEAS	WHOLE GRAIN RICE CAKE	WHOLE WHEAT BREAD	TURKEY & CHEESE	ENRICHED PRETZELS	
Whole Grain/Grain Alternate	APPLESAUCE	CANTALOUPE	EGG SALAD	WHOLE GRAIN WAFFLE	APPLE SLICES	
Vegetable or Fruit						
Fluid Milk	WATER	WATER	WATER	WATER	WATER	
TWO COMPONENTS	Whole Grain	Whole Grain	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	
DINNER			SPINACH SALAD			
Meat/Meat Alternate	TURKEY MEATBALLS	FISH STICKS	BAKED CHICKEN STRIPS	CHEESY-CHEESEBURGER	CHICKEN ALFREDO	
Whole Grain/Grain Alternate	WHOLE GRAIN SUB ROLL	ENRICHED HUSH PUPPIES	WHOLE GRAIN BREADSTICKS	WHOLE WHEAT BUN	WHOLE GRAIN PENNE	
Vegetable or Fruit	MASHED POTATOES	PEARS	APRICOT HALVES	PEACHES	ORANGE SLICES	
Vegetable	MIXED VEGTABLES	SWEET POTATO FRIES	MINESTRONE SOUP	BAKED BEANS	BROCCOLI	
Fluid Milk	*MILK	* MILK	* MILK	*MILK	* MILK	
	☐ Whole Grain	☐ Whole Grain	□ Whole Grain	☐ Whole Grain	☐ Whole Grain	
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	4/29/2024	4/30/2024			
BREAKFAST					
Whole Grain/Grain Alternate	WHOLE GRAIN CHERRIOS	WHOLE GRAIN FRENCH TOAST			
Vegetable or Fruit	APPLES	BANANA			
Fluid Milk	*MILK	*MILK			
	☐ Whole Grain	☐ Whole Grain			
LUNCH	NATIONAL SHRIMP SCAMPI DAY	TOFU MUSUBI			
Meat/Meat Alternate	SAVORY SHRIMP	TOFU			
Whole Grain/Grain Alternate	WHOLE WHEAT SPAGHETTI PASTA	ENRICHED BROWN RICE			
Vegetable or Fruit	STRAWBERRIES	PEARS			
Vegetable	SWEET PEAS	BABY CARROTS			
Fluid Milk	*MILK	*MILK			
	☐ Whole Grain	☐ Whole Grain			
PM SNACK					
Meat/Meat Alternate	ENRICHED GRAHAM CRACKERS	WHOLE GRAIN CHEX CEREAL			
Whole Grain/Grain Alternate	BLUEBERRIES	100% APPLE JUICE			
Vegetable or Fruit					
Fluid Milk	WATER	WATER			
TWO COMPONENTS	☐ Whole Grain	☐ Whole Grain			
DINNER					
Meat/Meat Alternate	BEEF MEATBALL SUB	HOMEMADE MAC AND CHEESE			
Whole Grain/Grain Alternate	WHOLE WHEAT SUB ROLL	ENRICHED NOODLES			
Vegetable or Fruit	MANGO STRIPS	FRUIT COCKTAIL			
Vegetable	TOSSED SALAD	BUTTERNUT SQUASH			
Fluid Milk	*MILK	*MILK			
	☐ Whole Grain	☐ Whole Grain			
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