



	Monday 6/3/24	Tuesday 6/4/24	Wednesday 6/5/24	Thursday 6/6/24	Friday 6/7/24
<b>BREAKFAST</b> Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	<b>NATIONAL EGG DAY</b>				<b>FRUIT PIZZA</b>
	ENRICHED BISCUIT W/EGGS BLUEBERRIES *MILK	ENRICHED OATMEAL RASPBERRIES *MILK	ENRICHED KIX CEREAL MANDARINS *MILK	WHOLE GRAIN MINI PANCAKES PEARS *MILK	WHOLE GRAIN WAFFLE YOGURT STRAWBERRIES *MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
<b>AM SNACK</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	ENRICHED CREAM OF WHEAT STRAWBERRIES	ENRICHED RICE CAKE APRICOT HALVES	WHOLE GRAIN MINI BAGEL CANTALOUPE	WHOLE WHEAT ENGLISH MUFFIN HASH BROWNS	WHOLE WHEAT FRENCH TOAST SLICED GRAPES
	WATER	WATER	WATER	WATER	WATER
<b>TWO COMPONENTS</b>	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
<b>LUNCH</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	CHEF SALAD W/RANCH TURKEY SLICES WHOLE WHEAT BREADSTICKS GREEN APPLE SLICES SLICED CUCUMBERS *MILK	<b>NATIONAL CHEESE DAY</b> GRILLED EXTRA CHEESE & TOMATO WHOLE GRAIN BREAD SLICED KIWI PEAS & CARROTS *MILK	ROTISSERIE CHICKEN WHOLE WHEAT ROLL TROPICAL FRUIT SALAD SUMMER SQUASH * MILK	HAM & CHEESE SLIDERS WHOLE WHEAT HAWAIIAN ROLL RASPBERRIES COLE SLAW *MILK	HOMEMADE CHEESE PIZZA WHOLE WHEAT PIZZA CRUST BLUEBERRIES TOSSED SALAD *MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
<b>PM SNACK</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	WHOLE GRAIN CHIPS PICO DE GALLO/SALSA	BANANA SUSHI ROLL SOY/NUT/WOW BUTTER WHOLE WHEAT TORTILLA BANANA WATER	ENRICHED ANIMAL CRACKERS PLUMS	SAVORY TUNA SALAD ENRICHED SALTINE CRACKERS	WHOLE GRAIN PITA BREAD TOMATO AND CUCUMBER SALAD
	WATER	WATER	WATER	WATER	WATER
<b>TWO COMPONENTS</b>	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
<b>DINNER</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	BAKED SHRIMP WHOLE GRAIN SPIRAL PASTA WATERMELON BROCCOLI *MILK	TURKEY BURGER MULTI GRAIN BURGER HONEYDEW MELON SWEET POTATO FRIES * MILK	ROASTED HAM SLIDERS ENRICHED HAWAIIAN ROLL PINEAPPLE CHUNKS RAOSTED CARROTS * MILK	BEEF BURRITO BOWL ENRICHED BROWN RICE WATERMELON SHAPES FRESH TOMATOES *MILK	BBQ BAKED CHICKEN WHOLE WHEAT TOAST CITRUS FRUIT SALAD COLLARD GREENS * MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
<b>EVENING SNACK</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	ENRICHED GRAHAM CRACKERS PEAR SLICES	COTTAGE CHEESE PINEAPPLE	EDAMAME PEACH SLICES	FRUIT & VEGGIE CUPS ENRICHED SESAME STICKS CELERY/CARROT STICKS APPLE STICKS WATER	MINI EGG SALAD SANDWICH ENRICHED MINI BAGEL
	WATER	WATER	WATER	WATER	WATER
<b>TWO COMPONENTS</b>	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
* One year olds are served Unflavored Whole Milk. Two years old and older are served unflavored 1% or Fat Free Milk. Milk substitutes must have a medical statement.					



	Monday 6/10/24	Tuesday 6/11/24	Wednesday 6/12/24	Thursday 6/13/24	Friday 6/14/24
<b>BREAKFAST</b> Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	WHOLE GRAIN ENGLISH MUFFIN APRICOTS *MILK	WHOLE GRAIN FRENCH TOAST CINNAMON PEAR HALVES *MILK	WHOLE WHEAT WAFFLES WARMED PEACHES *MILK	ENRICHED SAUSAGE BISCUIT TATER TOTS *MILK	WHOLE WHEAT PANCAKE CINNAMON APPLES *MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
<b>AM SNACK</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk TWO COMPONENTS	ENRICHED CREAM OF WHEAT WARMED PEACHES WATER	WHOLE GRAIN TRISCUIT CRACKERS BOILED EGG HALVES WATER	BANAN SPLIT PARTFAIT ENRICHED GRAHAM CRACKER YOGURT BANANA WATER	WHOLE WHEAT CRACKERS STRAWBERRIES WATER	WG QUAKER RICE CRISPS PLUM SALSA WATER
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
<b>LUNCH</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	GRILLED CHICKEN TENDERS WHOLE WHEAT ROLL TROPICAL FRUIT SALAD MIXED VEGETABLES *MILK	<b>CORN ON THE COB DAY</b> BAKED FISH FILLET WHOLE WHEAT ROLL APPLE RAISIN SALAD CORN ON THE COB *MILK	VEGGIE BURRITO REFRIED BEANS WHOLE GRAIN TORTILLA MANDARINS SWEET PEPPER STRIPS * MILK	GRILLED CHICKEN SANDWICH WHOLE GRAIN ROLL BLUEBERRIES ROASTED EGGPLANT *MILK	GRILLED SHRIMP ENRICHED GRITS RASPBERRIES ROASTED CARROTS *MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
<b>PM SNACK</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk TWO COMPONENTS	WHOLE WHEAT BAGEL LOW FAT YOGURT STRAWBERRIES & BLUEBERRIES WATER	CHEDDAR CHEESE CUBES WHOLE GRAIN CHEX MIX WATER	FRUIT & VEGGIE CUPS ENRICHED PRETZEL STICKS CUCUMBER STICKS PINEAPPLE STICKS WATER	WHOLE GRAIN SUNCHIPS CHERRY TOMATO HALVES WATER	WHOLE WHEAT RITZ CRACKERS BROCCOLI & CHEESE SOUP WATER
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
<b>DINNER</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	GROUND BEEF SPAGHETTI WHOLE WHEAT NOODLES ORANGE SMILES (SLICES) TOSSED SALAD *MILK	RED BEANS BURRITO BOWL ENRICHED BROWN RICE GROOVY GRAPES HOMEMADE PICO DE GALLO * MILK	CHEESEY-CHEESEBURGER WHOLE WHEAT BUN PARMESEAN FRENCH FRIES BAKED BEANS * MILK	LENTIL TACOS WHOLE WHEAT TACOS PEACHES KALE SALAD *MILK	HOMEMADE MAC & CHEESE WHOLE WHEAT NOODLES WATERMELON STRIPS GREEN BEANS * MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
<b>EVENING SNACK</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk TWO COMPONENTS	ENRICHED SESAME STICKS CARROT STICKS WATER	ENRICHED GOLDFISH VEGETABLE SOUP WATER	WHOLE WHEAT FLATBREAD MOZZARRELLA & TOMATO WATER	WHOLE WHEAT PITA CHIPS SAVORY HUMMUS WATER	ENRICHED PRETZELS 100% BERRY JUICE WATER
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
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	Monday 6/17/24	Tuesday 6/18/24	Wednesday 6/19/24	Thursday 6/20/24	Friday 6/21/24
<b>BREAKFAST</b> Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	WHOLE GRAIN MINI BAGEL CANADIAN BACON PEACHES *MILK  <input type="checkbox"/> Whole Grain	ENRICHED OATMEAL RASPBERRIES *MILK  <input type="checkbox"/> Whole Grain	SAUSAGE LINKS TATER TOTS *MILK  <input type="checkbox"/> Whole Grain	BREAKFAST ON A STICK WHOLE GRAIN PANCAKES STRAWBERRIES *MILK  <input type="checkbox"/> Whole Grain	WHOLE GRAIN CHEERIOS ORANGE SMILES (SLICES) *MILK  <input type="checkbox"/> Whole Grain
<b>AM SNACK</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk TWO COMPONENTS	WHOLE WHEAT PIZZA PITA (MOZZARELLA, PEPPERONI)  WATER  <input type="checkbox"/> Whole Grain	MULTI GRAIN CHEERIOS 100% APPLE JUICE  WATER  <input type="checkbox"/> Whole Grain	WHOLE WHEAT BREAD EGGS  WATER  <input type="checkbox"/> Whole Grain	ENRICHED GRITS MANGOES  WATER  <input type="checkbox"/> Whole Grain	WHOLE WHEAT WAFFLES PEARS  WATER  <input type="checkbox"/> Whole Grain
<b>LUNCH</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	<u>TUMERIC CHICKEN BOWL RECIPE</u> GRILLED CHICKEN ENRICHED BROWN RICE APPLE SLICES BROCCOLI *MILK  <input type="checkbox"/> Whole Grain	BAKED FISH WHOLE GRAIN BROWN RICE SLICED GRAPES SWEET PEAS *MILK  <input type="checkbox"/> Whole Grain	SAVORY TUNA SALAD WHOLE GRAIN PITA POCKETS SWEET PEAS SHREDDED CARROTS * MILK  <input type="checkbox"/> Whole Grain	GRILLED CHEDDAR CHEESE WHOLE WHEAT SLICED BREAD PINEAPPLE TIDBITS TOMATO BISQUE *MILK  <input type="checkbox"/> Whole Grain	SOUTHWEST CHICKEN QUESADILLA WHOLE GRAIN PITA BREAD HONEYDEW MELON CHUNKY SALSA *MILK  <input type="checkbox"/> Whole Grain
<b>PM SNACK</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk TWO COMPONENTS	SUGAR SNAP PEAS CHEDDAR CHEESE SQUARES  WATER  <input type="checkbox"/> Whole Grain	ROASTED SWEET POTATO STICKS WATERMELON SLICES  WATER  <input type="checkbox"/> Whole Grain	CRISPY ROASTED CHICKPEAS APPLE SAUCE  WATER  <input type="checkbox"/> Whole Grain	CAPRESE BRUSCHETTA WHOLE WHEAT SANDWICH THINS FRESH TOMATOES MOZZARELLA CHEESE WATER  <input type="checkbox"/> Whole Grain	GARDEN PARTY PINWHEEL HUMMUS WHOLE GRAIN TORTILLA FRESH VEGGIES (ASSORTED) WATER  <input type="checkbox"/> Whole Grain
<b>DINNER</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	HM EXTRA CHEESE PIZZA WHOLE WHEAT PIZZA CRUST PEARS GRILLED VEGETABLES *MILK  <input type="checkbox"/> Whole Grain	BBQ PULLED PORK WHOLE GRAIN HAMBURGER BUN PINEAPPLE RINGS OVEN ROASTED BRUSSEL SPROUTS * MILK  <input type="checkbox"/> Whole Grain	ORANGE CHICKEN LO-MEIN WHOLE GRAIN NOODLES KIWI SLICES BROCCOLI * MILK  <input type="checkbox"/> Whole Grain	GROUND TURKEY ENRICHED RICE PILAF GREEN & RED BELL PEPPERS LIMA BEANS *MILK  <input type="checkbox"/> Whole Grain	HOMEMADE MAC AND CHEESE ENRICHED BREADSTICKS WATERMELON SHAPES SUMMER SQUASH * MILK  <input type="checkbox"/> Whole Grain
<b>EVENING SNACK</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk TWO COMPONENTS	TRAIL MIX-UP WHOLE WHEAT CHEX RAISINS  WATER  <input type="checkbox"/> Whole Grain	ANTS ON A LOG PEANUT/SOY/WOW BUTTER CELERY STICKS  WATER  <input type="checkbox"/> Whole Grain	ENRICHED ANIMAL CRACKERS PLUMS  WATER  <input type="checkbox"/> Whole Grain	ENRICHED GRAHAM CRACKER STRAWBERRY SMOOTHIE  WATER  <input type="checkbox"/> Whole Grain	WHOLE GRAIN CHEEZ-ITS BLUEBERRIES  WATER  <input type="checkbox"/> Whole Grain
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	Monday 6/24/24	Tuesday 6/25/24	Wednesday 6/26/24	Thursday 6/27/24	Friday 6/28/24
<b>BREAKFAST</b> Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	WHOLE WHEAT FRENCH TOAST BANANAS *MILK  <input type="checkbox"/> Whole Grain	ENRICHED GRITS CHEESY HASHBROWNS *MILK  <input type="checkbox"/> Whole Grain	MULTI GRAIN WAFFLE APRICOTS *MILK  <input type="checkbox"/> Whole Grain	MULTIGRAIN CHEERIOS SLICED PEARS *MILK  <input type="checkbox"/> Whole Grain	WHOLE WHEAT TOAST AVOCADO & CHERRY TOMATOES *MILK  <input type="checkbox"/> Whole Grain
<b>AM SNACK</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk TWO COMPONENTS	MINI EGG SALAD SANDWICH WHOLE WHEAT MINI BAGEL  WATER  <input type="checkbox"/> Whole Grain	FRUIT PIZZA (WG BAGEL, LF CREAM CHEESE) BLUEBERRIES & PEACHES  WATER  <input type="checkbox"/> Whole Grain	ENRICHED RICE CAKES SLICED GRAPES  WATER  <input type="checkbox"/> Whole Grain	SAVORY TUNA SALAD ENRICHED CROISSANT  WATER  <input type="checkbox"/> Whole Grain	WHOLE GRAIN ENGLISH MUFFIN PLUMS  WATER  <input type="checkbox"/> Whole Grain
<b>LUNCH</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	SLICED TURKEY PANINI WHOLE WHEAT PITA GROOVY GRAPES CELERY & CARROTS *MILK  <input type="checkbox"/> Whole Grain	FIESTA NACHOS PINTO BEANS ENRICHED NACHOS SALSA MINI CORN ON THE COB *MILK  <input type="checkbox"/> Whole Grain	<u>HAM PASTA SALAD RECIPE</u> DICED HAM WHOLE GRAIN ROTINI PASTA PEACHES PEAS * MILK  <input type="checkbox"/> Whole Grain	CURRIED CHICKEN SALAD ENRICHED PITA BREAD KIWI SLICES GREEN BEANS *MILK  <input type="checkbox"/> Whole Grain	FISH STICKS MULTI GRAIN BREAD SLICED PEACHES SWEET POTATO FRIES *MILK  <input type="checkbox"/> Whole Grain
<b>PM SNACK</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk TWO COMPONENTS	ENRICHED PRETZELS ROASTED HUMMUS DIP  WATER  <input type="checkbox"/> Whole Grain	AVOCADO SANDWICH WHOLE WHEAT TOAST AVOCADO  WATER  <input type="checkbox"/> Whole Grain	CARROT STICKS APPLE STICKS  WATER  <input type="checkbox"/> Whole Grain	BOILED EGG HALVES FRESH TOMATOES  WATER  <input type="checkbox"/> Whole Grain	<u>BERRY BLAST SMOOTHIE RECIPE</u> LOW FAT YOGURT MIXED BERRIES ENRICHED GRAHAM CRACKERS WATER  <input type="checkbox"/> Whole Grain
<b>DINNER</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	EXTRA CHEESE RAVIOLI WHOLE GRAIN RAVIOLI RASPBERRIES SAUTEED SPINACH *MILK  <input type="checkbox"/> Whole Grain	ROASTED CHICKEN ENRICHED BROWN RICE DICED PEARS BROCCOLI W/ CHEESE * MILK  <input type="checkbox"/> Whole Grain	TURKEY MEATBALLS WHOLE WHEAT SUB ROLL PLUMS EGGPLANT STRIPS * MILK  <input type="checkbox"/> Whole Grain	CHICKEN NUGGETS WHOLE WHEAT ROLL HONEY DEW MELON FRENCH FRIES *MILK  <input type="checkbox"/> Whole Grain	CHEESEY MACARONI N CHEESE WHOLE GRAIN MACARONI BLUEBERRIES BAKED ZUCCHINI * MILK  <input type="checkbox"/> Whole Grain
<b>EVENING SNACK</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk TWO COMPONENTS	TURKEY & CHEESE PINWHEELS ENRICHED SALTINE CRACKERS  WATER  <input type="checkbox"/> Whole Grain	COTTAGE CHEESE MANGO CUBES  WATER  <input type="checkbox"/> Whole Grain	CUCUMBER AND CATALOUPE SALAD  WATER  <input type="checkbox"/> Whole Grain	ENRICHED SESAME STICKS YOGURT DIP  WATER  <input type="checkbox"/> Whole Grain	CORN SALSA ENRICHED TORTILLA CHIPS  WATER  <input type="checkbox"/> Whole Grain
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# Harvest of the month:

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>BREAKFAST</b> Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk					
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
<b>AM SNACK</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk <b>TWO COMPONENTS</b>					
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
<b>LUNCH</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk					
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
<b>PM SNACK</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk <b>TWO COMPONENTS</b>					
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
<b>DINNER</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk					
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
<b>EVENING SNACK</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk <b>TWO COMPONENTS</b>					
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
<i>* One year olds are served Unflavored Whole Milk. Two years old and older are served unflavored 1% or Fat Free Milk. Milk substitutes must have a medical statement.</i>					