



	Monday 6/3/24	Tuesday 6/4/24	Wednesday 6/5/24	Thursday 6/6/24	Friday 6/7/24
BREAKFAST	NATIONAL EGG DAY				FRUIT PIZZA
Whole Grain/Grain Alternate	ENRICHED BISCUIT W/EGGS	ENRICHED OATMEAL	ENRICHED KIX CEREAL	WHOLE GRAIN MINI PANCAKES	WHOLE GRAIN WAFFLE
Vegetable or Fruit	BLUEBERRIES	RASPBERRIES	MANDARINS	PEARS	Y <i>OG</i> URT
Fluid Milk	*MILK	*MILK	*MILK	*MILK	STRAWBERRIES
					*MILK
	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain
LUNCH	CHEF SALAD W/RANCH	NATIONAL CHEESE DAY			
Meat/Meat Alternate	TURKEY SLICES	GRILLED EXTRA CHEESE & TOMATO	ROTISSERIE CHICKEN	HAM & CHEESE SLIDERS	HOMEMADE CHEESE PIZZA
Whole Grain/Grain Alternate	WHOLE WHEAT BREADSTICKS	WHOLE GRAIN BREAD	WHOLE WHEAT ROLL	WHOLE WHEAT HAWAIIAN ROLL	WHOLE WHEAT PIZZA CRUST
Vegetable or Fruit	GREEN APPLE SLICES	SLICED KIWI	TROPICAL FRUIT SALAD	RASPBERRIES	BLUEBERRIES
Vegetable	SLICED CUCUMBERS	PEAS & CARROTS	SUMMER SQUASH	COLE SLAW	TOSSED SALAD
Fluid Milk	*MILK	*MILK	* MILK	*MILK	*MILK
	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain
PM SNACK		BANANA SUSHI ROLL			
Meat/Meat Alternate	WHOLE GRAIN CHIPS	SOY/NUT/WOW BUTTER	ENRICHED ANIMAL CRACKERS	SAVORY TUNA SALAD	WHOLE GRAIN PITA BREAD
Whole Grain/Grain Alternate	PICO DE GALLO/SALSA	WHOLE WHEAT TORTILLA	PLUMS	ENRICHED SALTINE CRACKERS	TOMATO AND CUCUMBER SALAD
Vegetable or Fruit		BANANA			
Fluid Milk	WATER	WATER	WATER	WATER	WATER
TWO COMPONENTS	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain
	* One year olds are served Unflavored Whole Milk. Two years old and older are served unflavored 1% or Fat Free Milk. Milk substitutes must have a medical statement.				





	Monday 6/10/24	Tuesday 6/11/24	Wednesday 6/12/24	Thursday 6/13/24	Friday 6/14/24
BREAKFAST					
Whole Grain/Grain Alternate	WHOLE GRAIN ENGLISH MUFFIN	WHOLE GRAIN FRENCH TOAST	WHOLE WHEAT WAFFLES	ENRICHED SAUSAGE BISCUIT	WHOLE WHEAT PANCAKE
Vegetable or Fruit	APRICOTS .	CINNAMON PEAR HALVES	WARMED PEACHES	TATER TOTS	CINNAMON APPLES
Fluid Milk	*MILK	*MILK	*MILK	*MILK	*MILK
	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain
LUNCH		CORN ON THE COB DAY	VEGGIE BURRITO		
Meat/Meat Alternate	GRILLED CHICKEN TENDERS	BAKED FISH FILLET	REFRIED BEANS	GRILLED CHICKEN SANDWICH	GRILLED SHRIMP
Whole Grain/Grain Alternate	WHOLE WHEAT ROLL	WHOLE WHEAT ROLL	WHOLE GRAIN TORTILLA	WHOLE GRAIN ROLL	ENRICHED GRITS
Vegetable or Fruit	TROPICAL FRUIT SALAD	APPLE RAISIN SALAD	MANDARINS	BLUEBERRIES	RASPBERRIES
Vegetable	MIXED VEGETABLES	CORN ON THE COB	SWEET PEPPER STRIPS	ROASTED EGGLPLANT	ROASTED CARROTS
Fluid Milk	*MILK	*MILK	* MILK	*MILK	*MILK
	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain
PM SNACK			FRUIT & VEGGIE CUPS		
Meat/Meat Alternate	WHOLE WHEAT BAGEL	CHEDDAR CHEESE CUBES	ENRICHED PRETZEL STICKS	WHOLE GRAIN SUNCHIPS	WHOLE WHEAT RITZ CRACKERS
Whole Grain/Grain Alternate	LOW FAT YOGURT	WHOLE GRAIN CHEX MIX	CUCUMBER STICKS	CHERRY TOMATO HALVES	BROCOLLI & CHEESE SOUP
Vegetable or Fruit	STRAWBERRIES & BLUEBERRIES		PINEAPPLE STICKS		
Fluid Milk	WATER	WATER	WATER	WATER	WATER
TWO COMPONENTS	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain
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	Monday 6/17/24	Tuesday 6/18/24	Wednesday 6/19/24	Thursday 6/20/24	Friday 6/21/24
BREAKFAST	,	•		BREAKFAST ON A STICK	
Whole Grain/Grain Alternate	WHOLE GRAIN MINI BAGEL	ENRICHED OATMEAL	SAUSAGE LINKS	WHOLE GRAIN PANCAKES	WHOLE GRAIN CHEERIOS
Vegetable or Fruit	CANADIAN BACON	RASPBERRIES	TATER TOTS	STRAWBERRIES	ORANGE SMILES (SLICES)
Fluid Milk	PEACHES	*MILK	*MILK	*MILK	*MILK
	*MILK				
	☐ Whole Grain	☐ Whole Grain	□ Whole Grain	□ Whole Grain	□ Whole Grain
LUNCH	TUMERIC CHICKEN BOWL RECIPE				
Meat/Meat Alternate	GRILLED CHICKEN	BAKED FISH	SAVORY TUNA SALAD	GRILLED CHEDDAR CHEESE	SOUTHWEST CHICKEN QUESADILLA
Whole Grain/Grain Alternate	ENRICHED BROWN RICE	WHOLE GRAIN BROWN RICE	WHOLE GRAIN PITA POCKETS	WHOLE WHEAT SLICED BREAD	WHOLE GRAIN PITA BREAD
Vegetable or Fruit	APPLE SLICES	SLICED GRAPES	SWEET PEAS	PINEAPPLE TIDBITS	HONEYDEW MELON
Vegetable	BROCCOLI	SWEET PEAS	SHREDDED CARROTS	TOMATO BISQUE	CHUNKY SALSA
Fluid Milk	*MILK	*MILK	* MILK	*MILK	*MILK
	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	□ Whole Grain
PM SNACK				CAPRESE BRUSCHETTA	GARDEN PARTY PINWHEEL
Meat/Meat Alternate	SUGAR SNAP PEAS	ROASTED SWEET POTATO STICKS	CRISPY ROASTED CHICKPEAS	WHOLE WHEAT SANDWICH THINS	HUMMUS
Whole Grain/Grain Alternate	CHEDDAR CHEESE SQUARES	WATERMELON SLICES	APPLE SAUCE	FRESH TOMATOES	WHOLE GRAIN TORTILLA
Vegetable or Fruit				MOZZARELLA CHEESE	FRESH VEGGIES (ASSORTED)
Fluid Milk	WATER	WATER	WATER	WATER	WATER
TWO COMPONENTS	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain
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	Monday 6/24/24	Tuesday 6/25/24	Wednesday 6/26/24	Thursday 6/27/24	Friday 6/28/24
BREAKFAST					
Whole Grain/Grain Alternate	WHOLE WHEAT FRENCH TOAST	ENRICHED GRITS	MULTI GRAIN WAFFLE	MULTIGRAIN CHEERIOS	WHOLE WHEAT TOAST
Vegetable or Fruit	BANANAS	CHEESY HASHBROWNS	APRICOTS	SLICED PEARS	AVOCADO & CHERRY TOMATOES
Fluid Milk	*MILK	*MILK	*MILK	*MILK	*MILK
	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain
LUNCH		FIESTA NACHOS	HAM PASTA SALAD RECIPE		
Meat/Meat Alternate	SLICED TURKEY PANINI	PINTO BEANS	DICED HAM	CURRIED CHICKEN SALAD	FISH STICKS
Whole Grain/Grain Alternate	WHOLE WHEAT PITA	ENRICHED NACHOS	WHOLE GRAIN ROTINI PASTA	ENRICHED PITA BREAD	MULTI GRAIN BREAD
Vegetable or Fruit	GROOVY GRAPES	SALSA	PEACHES	KIWI SLICES	SLICED PEACHES
Vegetable	CELERY & CARROTS	MINI CORN ON THE COB	PEAS	GREEN BEANS	SWEET POTATO FRIES
Fluid Milk	*MILK	*MILK	* MILK	*MILK	*MILK
	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	□ Whole Grain	☐ Whole Grain
PM SNACK		AVOCADO SANDWICH			BERRY BLAST SMOOTHIE RECIPE
Meat/Meat Alternate	ENRICHED PRETZELS	WHOLE WHEAT TOAST	CARROT STICKS	BOILED EGG HALVES	LOW FAT YOGURT
Whole Grain/Grain Alternate	ROASTED HUMMUS DIP	AVOCADO	APPLE STICKS	FRESH TOMATOES	MIXED BERRIES
Vegetable or Fruit					ENRICHED GRAHAM CRACKERS
Fluid Milk	WATER	WATER	WATER	WATER	WATER
TWO COMPONENTS	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	□ Whole Grain	☐ Whole Grain
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Harvest of the month:

	Monday	Tuesday	Wednesday	Thursday	Friday	
BREAKFAST						
Whole Grain/Grain Alternate						
Vegetable or Fruit						
Fluid Milk						
	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	
LUNCH						
Meat/Meat Alternate						
Whole Grain/Grain Alternate						
Vegetable or Fruit						
Vegetable						
Fluid Milk						
	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	
PM SNACK						
Meat/Meat Alternate						
Whole Grain/Grain Alternate						
Vegetable or Fruit						
Fluid Milk						
TWO COMPONENTS	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	
	* One year olds are served Unflavored Whole Milk. Two years old and older are served unflavored 1% or Fat Free Milk. Milk substitutes must have a medical statement.					