



	Monday 6/3/24	Tuesday 6/4/24	Wednesday 6/5/24	Thursday 6/6/24	Friday 6/7/24
<b>BREAKFAST</b> Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	<b>NATIONAL EGG DAY</b> ENRICHED BISCUIT W/EGGS BLUEBERRIES *MILK	ENRICHED OATMEAL RASPBERRIES *MILK	ENRICHED KIX CEREAL MANDARINS *MILK	WHOLE GRAIN MINI PANCAKES PEARS *MILK	<b>FRUIT PIZZA</b> WHOLE GRAIN WAFFLE YOGURT STRAWBERRIES *MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
<b>LUNCH</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	CHEF SALAD W/RANCH TURKEY SLICES WHOLE WHEAT BREADSTICKS GREEN APPLE SLICES SLICED CUCUMBERS *MILK	<b>NATIONAL CHEESE DAY</b> GRILLED EXTRA CHEESE & TOMATO WHOLE GRAIN BREAD SLICED KIWI PEAS & CARROTS *MILK	ROTISSERIE CHICKEN WHOLE WHEAT ROLL TROPICAL FRUIT SALAD SUMMER SQUASH * MILK	HAM & CHEESE SLIDERS WHOLE WHEAT HAWAIIAN ROLL RASPBERRIES COLE SLAW *MILK	HOMEMADE CHEESE PIZZA WHOLE WHEAT PIZZA CRUST BLUEBERRIES TOSSED SALAD *MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
<b>PM SNACK</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	WHOLE GRAIN CHIPS PICO DE GALLO/SALSA  WATER	BANANA SUSHI ROLL SOY/NUT/WOW BUTTER WHOLE WHEAT TORTILLA BANANA WATER	ENRICHED ANIMAL CRACKERS PLUMS  WATER	SAVORY TUNA SALAD ENRICHED SALTINE CRACKERS  WATER	WHOLE GRAIN PITA BREAD TOMATO AND CUCUMBER SALAD  WATER
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
<b>TWO COMPONENTS</b>					
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
<b>DINNER</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	BAKED SHRIMP WHOLE GRAIN SPIRAL PASTA WATERMELON BROCCOLI *MILK	TURKEY BURGER MULTI GRAIN BURGER HONEYDEW MELON SWEET POTATO FRIES * MILK	ROASTED HAM SLIDERS ENRICHED HAWAIIAN ROLL PINEAPPLE CHUNKS RAOSTED CARROTS * MILK	BEEF BURRITO BOWL ENRICHED BROWN RICE WATERMELON SHAPES FRESH TOMATOES *MILK	BBQ BAKED CHICKEN WHOLE WHEAT TOAST CITRUS FRUIT SALAD COLLARD GREENS * MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
* One year olds are served Unflavored Whole Milk. Two years old and older are served unflavored 1% or Fat Free Milk. Milk substitutes must have a medical statement.					



	Monday 6/10/24	Tuesday 6/11/24	Wednesday 6/12/24	Thursday 6/13/24	Friday 6/14/24
<b>BREAKFAST</b> Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	WHOLE GRAIN ENGLISH MUFFIN APRICOTS *MILK	WHOLE GRAIN FRENCH TOAST CINNAMON PEAR HALVES *MILK	WHOLE WHEAT WAFFLES WARMED PEACHES *MILK	ENRICHED SAUSAGE BISCUIT TATER TOTS *MILK	WHOLE WHEAT PANCAKE CINNAMON APPLES *MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
<b>LUNCH</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	GRILLED CHICKEN TENDERS WHOLE WHEAT ROLL TROPICAL FRUIT SALAD MIXED VEGETABLES *MILK	<b>CORN ON THE COB DAY</b> BAKED FISH FILLET WHOLE WHEAT ROLL APPLE RAISIN SALAD CORN ON THE COB *MILK	VEGGIE BURRITO REFRIED BEANS WHOLE GRAIN TORTILLA MANDARINS SWEET PEPPER STRIPS * MILK	GRILLED CHICKEN SANDWICH WHOLE GRAIN ROLL BLUEBERRIES ROASTED EGGPLANT *MILK	GRILLED SHRIMP ENRICHED GRITS RASPBERRIES ROASTED CARROTS *MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
<b>PM SNACK</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	WHOLE WHEAT BAGEL LOW FAT YOGURT STRAWBERRIES & BLUEBERRIES WATER	CHEDDAR CHEESE CUBES WHOLE GRAIN CHEX MIX  WATER	FRUIT & VEGGIE CUPS ENRICHED PRETZEL STICKS CUCUMBER STICKS PINEAPPLE STICKS WATER	WHOLE GRAIN SUNCHIPS CHERRY TOMATO HALVES  WATER	WHOLE WHEAT RITZ CRACKERS BROCCOLI & CHEESE SOUP  WATER
<b>TWO COMPONENTS</b>	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
<b>DINNER</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	GROUND BEEF SPAGHETTI WHOLE WHEAT NOODLES ORANGE SMILES (SLICES) TOSSED SALAD *MILK	RED BEANS BURRITO BOWL ENRICHED BROWN RICE GROOVY GRAPES HOMEMADE PICO DE GALLO * MILK	CHEESEY-CHEESEBURGER WHOLE WHEAT BUN PARMESEAN FRENCH FRIES BAKED BEANS * MILK	LENTIL TACOS WHOLE WHEAT TACOS PEACHES KALE SALAD *MILK	HOMEMADE MAC & CHEESE WHOLE WHEAT NOODLES WATERMELON STRIPS GREEN BEANS * MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
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	Monday 6/17/24	Tuesday 6/18/24	Wednesday 6/19/24	Thursday 6/20/24	Friday 6/21/24
<b>BREAKFAST</b> Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	WHOLE GRAIN MINI BAGEL CANADIAN BACON PEACHES *MILK  <input type="checkbox"/> Whole Grain	ENRICHED OATMEAL RASPBERRIES *MILK  <input type="checkbox"/> Whole Grain	SAUSAGE LINKS TATER TOTS *MILK  <input type="checkbox"/> Whole Grain	BREAKFAST ON A STICK WHOLE GRAIN PANCAKES STRAWBERRIES *MILK  <input type="checkbox"/> Whole Grain	WHOLE GRAIN CHEERIOS ORANGE SMILES (SLICES) *MILK  <input type="checkbox"/> Whole Grain
<b>LUNCH</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	<u>TUMERIC CHICKEN BOWL RECIPE</u> GRILLED CHICKEN ENRICHED BROWN RICE APPLE SLICES BROCCOLI *MILK  <input type="checkbox"/> Whole Grain	BAKED FISH WHOLE GRAIN BROWN RICE SLICED GRAPES SWEET PEAS *MILK  <input type="checkbox"/> Whole Grain	SAVORY TUNA SALAD WHOLE GRAIN PITA POCKETS SWEET PEAS SHREDDED CARROTS * MILK  <input type="checkbox"/> Whole Grain	GRILLED CHEDDAR CHEESE WHOLE WHEAT SLICED BREAD PINEAPPLE TIDBITS TOMATO BISQUE *MILK  <input type="checkbox"/> Whole Grain	SOUTHWEST CHICKEN QUESADILLA WHOLE GRAIN PITA BREAD HONEYDEW MELON CHUNKY SALSA *MILK  <input type="checkbox"/> Whole Grain
<b>PM SNACK</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk TWO COMPONENTS	SUGAR SNAP PEAS CHEDDAR CHEESE SQUARES  WATER  <input type="checkbox"/> Whole Grain	ROASTED SWEET POTATO STICKS WATERMELON SLICES  WATER  <input type="checkbox"/> Whole Grain	CRISPY ROASTED CHICKPEAS APPLE SAUCE  WATER  <input type="checkbox"/> Whole Grain	CAPRESE BRUSCHETTA WHOLE WHEAT SANDWICH THINS FRESH TOMATOES MOZZARELLA CHEESE WATER  <input type="checkbox"/> Whole Grain	GARDEN PARTY PINWHEEL HUMMUS WHOLE GRAIN TORTILLA FRESH VEGGIES (ASSORTED) WATER  <input type="checkbox"/> Whole Grain
<b>DINNER</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	HM EXTRA CHEESE PIZZA WHOLE WHEAT PIZZA CRUST PEARS GRILLED VEGETABLES *MILK  <input type="checkbox"/> Whole Grain	BBQ PULLED PORK WHOLE GRAIN HAMBURGER BUN PINEAPPLE RINGS OVEN ROASTED BRUSSEL SPROUTS * MILK  <input type="checkbox"/> Whole Grain	ORANGE CHICKEN LO-MEIN WHOLE GRAIN NOODLES KIWI SLICES BROCCOLI * MILK  <input type="checkbox"/> Whole Grain	GROUND TURKEY ENRICHED RICE PILAF GREEN & RED BELL PEPPERS LIMA BEANS *MILK  <input type="checkbox"/> Whole Grain	HOMEMADE MAC AND CHEESEY ENRICHED BREADSTICKS WATERMELON SHAPES SUMMER SQUASH * MILK  <input type="checkbox"/> Whole Grain
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	Monday 6/24/24	Tuesday 6/25/24	Wednesday 6/26/24	Thursday 6/27/24	Friday 6/28/24
<b>BREAKFAST</b> Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	WHOLE WHEAT FRENCH TOAST BANANAS *MILK  <input type="checkbox"/> Whole Grain	ENRICHED GRITS CHEESY HASHBROWNS *MILK  <input type="checkbox"/> Whole Grain	MULTI GRAIN WAFFLE APRICOTS *MILK  <input type="checkbox"/> Whole Grain	MULTIGRAIN CHEERIOS SLICED PEARS *MILK  <input type="checkbox"/> Whole Grain	WHOLE WHEAT TOAST AVOCADO & CHERRY TOMATOES *MILK  <input type="checkbox"/> Whole Grain
<b>LUNCH</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	SLICED TURKEY PANINI WHOLE WHEAT PITA GROOVY GRAPES CELERY & CARROTS *MILK  <input type="checkbox"/> Whole Grain	FIESTA NACHOS PINTO BEANS ENRICHED NACHOS SALSA MINI CORN ON THE COB *MILK  <input type="checkbox"/> Whole Grain	<u>HAM PASTA SALAD RECIPE</u> DICED HAM WHOLE GRAIN ROTINI PASTA PEACHES PEAS * MILK  <input type="checkbox"/> Whole Grain	CURRIED CHICKEN SALAD ENRICHED PITA BREAD KIWI SLICES GREEN BEANS *MILK  <input type="checkbox"/> Whole Grain	FISH STICKS MULTI GRAIN BREAD SLICED PEACHES SWEET POTATO FRIES *MILK  <input type="checkbox"/> Whole Grain
<b>PM SNACK</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk TWO COMPONENTS	ENRICHED PRETZELS ROASTED HUMMUS DIP  WATER  <input type="checkbox"/> Whole Grain	AVOCADO SANDWICH WHOLE WHEAT TOAST AVOCADO  WATER  <input type="checkbox"/> Whole Grain	CARROT STICKS APPLE STICKS  WATER  <input type="checkbox"/> Whole Grain	BOILED EGG HALVES FRESH TOMATOES  WATER  <input type="checkbox"/> Whole Grain	<u>BERRY BLAST SMOOTHIE RECIPE</u> LOW FAT YOGURT MIXED BERRIES ENRICHED GRAHAM CRACKERS WATER  <input type="checkbox"/> Whole Grain
<b>DINNER</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	EXTRA CHEESE RAVIOLI WHOLE GRAIN RAVIOLI RASPBERRIES SAUTEED SPINACH *MILK  <input type="checkbox"/> Whole Grain	ROASTED CHICKEN ENRICHED BROWN RICE DICED PEARS BROCCOLI W/ CHEESE * MILK  <input type="checkbox"/> Whole Grain	TURKEY MEATBALLS WHOLE WHEAT SUB ROLL PLUMS EGGPLANT STRIPS * MILK  <input type="checkbox"/> Whole Grain	CHICKEN NUGGETS WHOLE WHEAT ROLL HONEY DEW MELON FRENCH FRIES *MILK  <input type="checkbox"/> Whole Grain	CHEESEY MACARONI N CHEESE WHOLE GRAIN MACARONI BLUEBERRIES BAKED ZUCCHINI * MILK  <input type="checkbox"/> Whole Grain
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# Harvest of the month:

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>BREAKFAST</b> Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk					
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
<b>LUNCH</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk					
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
<b>PM SNACK</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk <b>TWO COMPONENTS</b>					
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
<b>DINNER</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk					
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
<i>* One year olds are served Unflavored Whole Milk. Two years old and older are served unflavored 1% or Fat Free Milk. Milk substitutes must have a medical statement.</i>					