

Services, Inc			Wednesday 5/1/24	Thursday 5/2/24	Friday 5/3/24
BREAKFAST			,		
BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula		FOI	RMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 6-8 Fluid ounces		FOI	RMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
breastmilk/formula 6 - 11 MONTHS: 0-4 tablespoons					
infant cereal, meat, fish, poultry,					
whole egg, cooked dry beans or cooked					
dry peas; or 2 ounces of cheese; or 0-		MU	ILTI GRAIN CEREAL	OATMEAL CEREAL	BARLEY CEREAL
4 ounces (volume) cottage cheese; or 0- 4 ounces or 1/2 cup yogurt; or a					
combination of the above; and					
6 - 11 MONTHS: 0-2 tablespoons					
vegetable or fruit or a combination of both		PIN	IEAPPLE	APPLESAUCE	BLUEBERRIES
AM SNACK		,			L
BIRTH - 5 MONTHS: 4-6 Fluid ounces		FO	RMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces					
breastmilk/formula		FOI	RMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 0-4 tablespoons infant cereal, meat, fish, poultry,					
whole egg, cooked dry beans or cooked					
dry peas; or 2 ounces of cheese; or 0-		OA'	TMEAL CEREAL	WHOLE WHEAT CEREAL	OATMEAL CEREAL
4 ounces (volume) cottage cheese; or 0- 4 ounces or 1/2 cup yogurt; or a					
combination of the above; and					
6 - 11 MONTHS: U-2 tablespoons vegetable or fruit or a combination of		BAA	NGOES	FRUIT COCKTAIL	PEAR
hoth		IMA	uituulu	I RUIT GUGRTAIL	LAN
LUNCH					
BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula		FOI	RMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 6-8 Fluid ounces		FOI	RMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
breastmilk/formula 6 - 11 MONTHS: 0-4 tablespoons			THE STATE OF THE S		
infant cereal, meat, fish, poultry,					
whole egg, cooked dry beans or cooked					
dry peas; or 2 ounces of cheese; or 0-4 ounces (volume) cottage cheese; or 0-		MIX	(ED CEREAL	MULTI GRAIN CEREAL	RICE CEREAL
4 ounces or 1/2 cup yogurt; or a					
combination of the above; and					
6 - 11 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of		TAT	TER TOTS	GREEN BEANS	BLACK BEANS
both					
PM SNACK BIRTH - 5 MONTHS: 4-6 Fluid ounces					Т
breastmilk/formula		FOI	RMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula		FOI	RMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 0-4 tablespoons					
infant cereal, meat, fish, poultry,					
whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0-		BAI	RLEY CEREAL	RICE CEREAL	MULTIGRAIN CEREAL
4 ounces (volume) cottage cheese; or 0-					
4 ounces or 1/2 cup yogurt; or a combination of the above; and					
6 - 11 MONTHS: 0-2 tablespoons					
vegetable or fruit or a combination of		RAS	SPBERRIES	AVOCADOS	HONEYDEW MELON
both DINNER					1
BIRTH - 5 MONTHS: 4-6 Fluid ounces	Τ		DALL 4 / DD	PODMII 4 / 2004	PODMII 4 / 200
breastmilk/formula		FOI	RMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula		FOI	RMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 0-4 tablespoons					
infant cereal, meat, fish, poultry,					
whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0-		\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\	HOLE WHEAT CEREAL	BARLEY CEREAL	WHOLE WHEAT CEREAL
4 ounces (volume) cottage cheese; or 0-	•	IVV	IOLE WILLAT VENEAL	DANCE I GENERE	WHOLE WHEAT CLICEAL
_					
4 ounces or 1/2 cup yogurt; or a					
combination of the above; and					
			EAMED SPINACH	PEAS	BAKED SWEET POTATO FRIES
combination of the above; and 6 - 11 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of both			EAMED SPINACH	PEAS	BAKED SWEET POTATO FRIES
combination of the above; and 6 - 11 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of both  EVENING SNACK		CRI			
combination of the above; and 6 - 11 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of both  EVENING SNACK  BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula		CRI	EAMED SPINACH PRMULA / BREAST MILK	PEAS FORMULA / BREAST MILK	BAKED SWEET POTATO FRIES  FORMULA / BREAST MILK
combination of the above; and 6 - 11 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of both  EVENING SNACK  BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces		FO			
combination of the above; and 6 - 11 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of both  EVENING SNACK  BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 0-4 tablespoons		FO	RMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
combination of the above; and 6 - 11 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of both  EVENING SNACK  BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 0-4 tablespoons infant cereal, meat, fish, poultry,		FO	RMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
combination of the above; and  6 - 11 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of both  EVENING SNACK  BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula  6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula  6 - 11 MONTHS: 0-4 tablespoons infant cereal, meat, fish, poultry, whole egg, cooked dry beans or cooked		FOI	RMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
combination of the above; and 6 - 11 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of both  EVENING SNACK  BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 0-4 tablespoons infant cereal, meat, fish, poultry, whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0- 4 ounces (volume) cottage cheese; or 0-		FOI	RMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK
combination of the above; and  6 - 11 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of both  EVENING SNACK  BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula  6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula  6 - 11 MONTHS: 0-4 tablespoons infant cereal, meat, fish, poultry, whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0- 4 ounces (volume) cottage cheese; or 0- 4 ounces or 1/2 cup yogurt; or a		FOI	RMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK
combination of the above; and  6 - 11 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of both  EVENING SNACK  BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula  6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula  6 - 11 MONTHS: 0-4 tablespoons infant cereal, meat, fish, poultry, whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0- 4 ounces (volume) cottage cheese; or 0-		FOI	RMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK



Services, Inc	Monday 5/6/24	Tuesday 5/7/24	Wednesday 5/8/24	Thursday 5/9/24	Friday 5/10/24
BREAKFAST BIRTH - 5 MONTHS: 4-6 Fluid ounces		1	1		
breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTAS: 6-8 Fluid ounces  hreastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 0-4 tablespoons					
infant cereal, meat, fish, poultry,					
whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0-		MUTLIGRAIN CEREAL	RICE CEREAL	MULTIGRAIN CEREAL	MIXED CEREAL
4 ounces (volume) cottage cheese; or 0					
4 ounces or 1/2 cup yogurt; or a					
combination of the above; and 6 - 11 MONTHS: 0-2 tablespoons					_
vegetable or fruit or a combination of	APPLES	ORANGES	BANANA	APPLESAUCE	STRAWBERRY BANANA
both				<u>l</u>	<u> </u>
AM SNACK BIRTH - 5 MONTHS: 4-6 Fluid ounces		1	T	т	Т
breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 6-8 Fluid ounces	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
breastmilk/formula 6 - 11 MONTHS: 0-4 tablespoons				<del> </del>	<u> </u>
infant cereal, meat, fish, poultry,					
whole egg, cooked dry beans or cooked		DIOC OFFICAL	WILLIAM OFFICE	DADI EV CEDEAL	CATMEN CEREN
dry peas; or 2 ounces of cheese; or 0-4 ounces (volume) cottage cheese; or 0		RICE CEREAL	WHOLE WHEAT CEREAL	BARLEY CEREAL	OATMEAL CEREAL
4 ounces or 1/2 cup yogurt; or a					
combination of the above; and					<u> </u>
6 - 11 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of	BANANA	TROPICAL FRUIT SALAD	TATER TOTS (MASHED)	BLUEBERRY APPLE	PEAR
both			, ,	<u> </u>	
LUNCH		1	T	т	Т
BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 6-8 Fluid ounces	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
breastmilk/formula 6 - 11 MONTHS: 0-4 tablespoons				<del> </del>	<u> </u>
infant cereal, meat, fish, poultry,					
whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0-		BARLEY CEREAL	OATMEAL CEREAL	WHOLE WHEAT CEREAL	RICE CEREAL
4 ounces (volume) cottage cheese; or 0-		BARLET GEREAL	CATMEAL CEREAL	WHOLE WHEAT CEREAL	RICE CEREAL
4 ounces or 1/2 cup yogurt; or a					
combination of the above; and 6 - 11 MONTHS: 0-2 tablespoons					
vegetable or fruit or a combination of	POTATO SALAD	MIXED VEGETABLES	SAUTEED GREEN BEANS	ROASTED CAULIFLOWER	STIR FRY VEGGIES
both			<u> </u>	<u> </u>	
PM SNACK BIRTH - 5 MONTHS: 4-6 Fluid ounces	500 W. H. A. A. D. D. A. G. T. M. T. M.	500 W. I. / 205 LCT WTL/	500 W. H. A. A. D. S. A. S. W. H. W.		
breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 0-4 tablespoons					
infant cereal, meat, fish, poultry, whole egg, cooked dry beans or cooked					
dry peas; or 2 ounces of cheese; or 0-		OATMEAL CEREAL	MIXED CEREAL	RICE CEREAL	BARLEY CEREAL
4 ounces (volume) cottage cheese; or 0					
4 ounces or 1/2 cup yogurt; or a combination of the above; and					
6 - 11 MONTHS: 0-2 tablespoons					
vegetable or fruit or a combination of	PLUMS	TOMATO BISQUE SOUP	CARROTS	MIXED BERRIES	SWEET POTATO STICKS
both DINNER		1	1	<u> </u>	
BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula	FORMULA / RDF4ST MTIV	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces					
breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 0-4 tablespoons					
infant cereal, meat, fish, poultry, whole egg, cooked dry beans or cooked					
dry peas; or 2 ounces of cheese; or 0-	RICE CEREAL	MULTIGRAIN CEREAL	BARLEY CEREAL	MIXED CEREAL	WHOLE WHEAT CEREAL
4 ounces (volume) cottage cheese; or 0					
4 ounces or 1/2 cup yogurt; or a combination of the above; and					
6 - 11 MONTHS: 0-2 tablespoons					1
vegetable or fruit or a combination of both	ZUCCHINI	SPINACH	PEAS	PEAS	CORN
EVENING SNACK		•			<u>.                                    </u>
BIRTH - 5 MONTHS: 4-6 Fluid ounces	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
breastmilk/formula	LOKWOLA / DKCADI WILK	FORMULA / DKEASI MILK	FORMULA / DKEASI MILK	LOKWOLA / DKCADI WITK	LOKWOTA / BKEAS! WITK
6 - 11 MONTHS: 0-4 tablespoons infant cereal, meat, fish, poultry,					
whole egg, cooked dry beans or cooked					
dry peas; or 2 ounces of cheese; or 0-		WHOLE WHEAT CEREAL	MULTIGRAIN CEREAL	OATMEAL CEREAL	MULTIGRAIN CEREAL
4 ounces (volume) cottage cheese; or 0 4 ounces or 1/2 cup yogurt; or a					
. Janess of 1/2 cup yough i, or a					
combination of the above; and				<u>                                     </u>	
combination of the above; and 6 - 11 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of	MIVED EDILIT	APRICOTS	PLUMS	PEACHES	PINEAPPLE



CCI VICCS, II IC	Manday 5/12/24	Tuesday 5 /14 /24	Wednesday 5 /15 /24	Thursday 5 /14 /24	Enidou 5/17/21
BREAKFAST	Monday 5/13/24	Tuesday 5/14/24	Wednesday 5/15/24	Thursday 5/16/24	Friday 5/17/24
BIRTH - 5 MONTHS: 4-6 Fluid ounces	500.444.4.205.467.44744	500 W # 4 4 00 5 4 6 7 W 7 W	500 W # 4 4 005 4 6 7 W 7 W	500 W. I. / 805 c T WT I/	
breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 0-4 tablespoons					
infant cereal, meat, fish, poultry,					
whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0-		WHOLE WHEAT CEREAL	RICE CEREAL	MULTI GRAIN CEREAL	OATMEAL CEREAL
4 ounces (volume) cottage cheese; or 0		WHOLE WHEAT GEREAL	NOE CENEAL	MOETI GIVAIN CEREAL	OATWICAL CEREAL
4 ounces or 1/2 cup yogurt; or a					
combination of the above; and					
6 - 11 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of	APRICOT	STRAWBERRIES	HASH BROWNS	KIWI	PEACHES
both					
AM SNACK					
BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 6-8 Fluid ounces	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
breastmilk/formula 6 - 11 MONTHS: 0-4 tablespoons					
infant cereal, meat, fish, poultry,					
whole egg, cooked dry beans or cooked					
dry peas; or 2 ounces of cheese; or 0-		OATMEAL CEREAL	MIXED CEREAL	WHOLE WHEAT CEREAL	RICE CEREAL
4 ounces (volume) cottage cheese; or 0 4 ounces or 1/2 cup yogurt; or a					
combination of the above; and					
6 - 11 MONTHS: 0-2 tablespoons	DEADS	ADDI EGALIOT	VIMI (MACUED)	HONEVERW MELON	DINEADDLE DI LIEDEDOV
vegetable or fruit or a combination of both	FEARS	APPLESAUCE	KIWI (MASHED)	HONEYDEW MELON	PINEAPPLE BLUEBERRY
LUNCH		•		•	•
BIRTH - 5 MONTHS: 4-6 Fluid ounces	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces		EODMIN A / DDC ACT ATT	FORMULA / DDCACT ATLY		FORMULA / PREACT ATTIC
breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 0-4 tablespoons infant cereal, meat, fish, poultry,					
whole egg, cooked dry beans or cooked					
dry peas; or 2 ounces of cheese; or 0-		MIXED CEREAL	WHOLE WHEAT CEREAL	RICE CEREAL	BARLEY CEREAL
4 ounces (volume) cottage cheese; or 0					
4 ounces or 1/2 cup yogurt; or a combination of the above; and					
6 - 11 MONTHS: 0-2 tablespoons					
vegetable or fruit or a combination of	GARDEN VEGETABLES	PEAS	GREEN BEANS	BROCCOLI	SPINACH & TOMATO SALAD
PM SNACK					
BIRTH - 5 MONTHS: 4-6 Fluid ounces	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces					
breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 0-4 tablespoons					
infant cereal, meat, fish, poultry, whole egg, cooked dry beans or cooked					
dry peas; or 2 ounces of cheese; or 0-		MULTIGRAIN CEREAL	MULTIGRAIN CEREAL	BARLEY CEREAL	MULTIGRAIN CEREAL
4 ounces (volume) cottage cheese; or 0	4				
4 ounces or 1/2 cup yogurt; or a combination of the above; and					
6 - 11 MONTHS: 0-2 tablespoons					
vegetable or fruit or a combination of	STRAWBERRY BANANA	TOMATO BISQUE	PEACHES	MANGOES	PEARS
both DINNER					
BIRTH - 5 MONTHS: 4-6 Fluid ounces	FORMULA / DDF4CT MTIK	FORMULA / PREACT MILK	CODMINA / DDEACT MILK	FORMULA / BREACT MILK	FORMULA / PREACT MILK
breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 0-4 tablespoons					
infant cereal, meat, fish, poultry,					
whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0-		RICE CEREAL	BARLEY CEREAL	OATMEAL CEREAL	WHOLE WHEAT CEREAL
4 ounces (volume) cottage cheese; or 0					
4 ounces or 1/2 cup yogurt; or a					
combination of the above; and 6 - 11 MONTHS: 0-2 tablespoons					
vegetable or fruit or a combination of	ROASTED BROCCOLI	CORN	SQUASH	PEAS & CARROTS	ZUCCHINI
both					
EVENING SNACK BIRTH - 5 MONTHS: 4-6 Fluid ounces	POD.444 4 4 22 2 4 2 4 2 4 2 4 2 4 2 4 2 4	PORMULA / 222	PODMIN / 200	POD.44.4.4.22.4	PORMULA / 227
breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 0-4 tablespoons					
infant cereal, meat, fish, poultry,					
		1			MIXED OFFICE
whole egg, cooked dry beans or cooked		RADI EV CEDEAL	OATMENI CEDENI	MIXED CEDEVI	
dry peas; or 2 ounces of cheese; or 0-	WHOLE WHEAT CEREAL	BARLEY CEREAL	OATMEAL CEREAL	MIXED CEREAL	MIXED CEREAL
	WHOLE WHEAT CEREAL	BARLEY CEREAL	OATMEAL CEREAL	MIXED CEREAL	MIXED CEREAL
dry peas; or 2 ounces of cheese; or 0- 4 ounces (volume) cottage cheese; or 0 4 ounces or 1/2 cup yogurt; or a combination of the above; and	WHOLE WHEAT CEREAL	BARLEY CEREAL	OATMEAL CEREAL	MIXED CEREAL	MIXED CEREAL
dry peas; or 2 ounces of cheese; or 0- 4 ounces (volume) cottage cheese; or 0 4 ounces or 1/2 cup yogurt; or a combination of the above; and 6 - 11 MONTHS: 0-2 tablespoons	WHOLE WHEAT CEREAL				
dry peas; or 2 ounces of cheese; or 0- ounces (volume) cottage cheese; or 0 4 ounces or 1/2 cup yogurt; or a combination of the above; and	WHOLE WHEAT CEREAL	BARLEY CEREAL  BANANA	OATMEAL CEREAL PLUMS	MIXED CEREAL  APRICOTS	HONEYDEW MELON



CCI VICCS, II IC	Monday 5/20/24	Tuesday 5/21/24	Wednesday 5/22/24	Thursday 5/23/24	Friday 5/24/24
BREAKFAST	Withday 37 207 24	Tuesday 3/21/24	Wednesday 3/22/24	1 Hui Sudy 3/23/24	1 Muly 3/24/24
BIRTH - 5 MONTHS: 4-6 Fluid ounces	FORMULA / BREAST MILK	FORMULA / PREACT MILK	FORMULA / BREAST MILK	FORMULA / RREACT MATIN	FORMULA / PREACT MALK
breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces	FORMULA / BREAST MILK	FORMULA / BREAST MILK			
breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK			
6 - 11 MONTHS: 0-4 tablespoons					
infant cereal, meat, fish, poultry, whole egg, cooked dry beans or cooked					
dry peas; or 2 ounces of cheese; or 0-		RICE CEREAL	MULTI GRAIN CEREAL	OATMEAL CEREAL	BARLEY CEREAL
4 ounces (volume) cottage cheese; or 0					
4 ounces or 1/2 cup yogurt; or a					
combination of the above; and 6 - 11 MONTHS: 0-2 tablespoons				<del> </del>	_
vegetable or fruit or a combination of	PEACHES	PEARS	RASPBERRIES	APPLESAUCE	BANANAS
<u>both</u> AM SNACK				<u></u>	<u>, I</u>
BIRTH - 5 MONTHS: 4-6 Fluid ounces			T	<u></u>	T
breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK			
6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK			
6 - 11 MONTHS: 0-4 tablespoons					
infant cereal, meat, fish, poultry,					
whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0-		OATMEAL CEREAL	MIXED CEREAL	WHOLE WHEAT CEREAL	OATMEAL CEREAL
4 ounces (volume) cottage cheese; or 0					
4 ounces or 1/2 cup yogurt; or a					
combination of the above; and 6 - 11 MONTHS: 0-2 tablespoons				<u> </u>	_
vegetable or fruit or a combination of	APRICOTS	TROPICAL FRUIT SALAD	BLACKBERRIES	STRAWBERRY SMOOTHIE	BLUEBERRIES
both					
LUNCH BIRTH - 5 MONTHS: 4-6 Fluid ounces				1	1
breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK			
6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK			
6 - 11 MONTHS: 0-4 tablespoons				1	-
infant cereal, meat, fish, poultry,					
whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0-		OATMEAL CEREAL	BARLEY CEREAL	RICE CEREAL	MULTI GRAIN CEREAL
4 ounces (volume) cottage cheese; or 0		OAT WILL GENEAL	BARLET GEREAE	NOL GENEAL	MOETI GRAIN GEREAE
4 ounces or 1/2 cup yogurt; or a					
combination of the above; and 6 - 11 MONTHS: 0-2 tablespoons					
vegetable or fruit or a combination of	SWEET POTATOES	FRENCH FRIES	GREEN BEANS	PEAS & CARROTS	ASPARAGUS
both				<u> </u>	
PM SNACK BIRTH - 5 MONTHS: 4-6 Fluid ounces					
breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK			
6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK			
6 - 11 MONTHS: 0-4 tablespoons					
infant cereal, meat, fish, poultry,					
whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0-		BARLEY CERAL	WHOLE WHEAT CEREAL	MULTIGRAIN CEREAL	WHOLE WHEAT CEREAL
4 ounces (volume) cottage cheese; or 0					
4 ounces or 1/2 cup yogurt; or a					
combination of the above; and 6 - 11 MONTHS: 0-2 tablespoons					
vegetable or fruit or a combination of	BANANA	SPLIT PEA SOUP	PEAR / PINEAPPLES	GUACAMOLE	KIWI
both DINNER		1		1	1
BIRTH - 5 MONTHS: 4-6 Fluid ounces	FORMULA / BREAST MILK	FORMULA / BREAST MILK			
breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces					
breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK			
6 - 11 MONTHS: 0-4 tablespoons					
infant cereal, meat, fish, poultry, whole egg, cooked dry beans or cooked					
dry peas; or 2 ounces of cheese; or 0-		MULTI GRAIN CEREAL	OATMEAL CEREAL	WHOLE WHEAT CEREAL	RICE CEREAL
4 ounces (volume) cottage cheese; or 0	) <del>.</del>				
4 ounces or 1/2 cup yogurt; or a combination of the above; and					
6 - 11 MONTHS: 0-2 tablespoons		+		<del> </del>	+
vegetable or fruit or a combination of	SPINACH	PICO DE GALLO	BRUSSEL SPROUTS	TOMATO SOUP	CORN
EVENING SNACK		I .	l	<u>l</u>	
BIRTH - 5 MONTHS: 4-6 Fluid ounces	FORMULA / BREAST MILK	FORMULA / BREAST MILK			
breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces					
breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK			
6 - 11 MONTHS: 0-4 tablespoons					
infant cereal, meat, fish, poultry, whole egg, cooked dry beans or cooked					
dry peas; or 2 ounces of cheese; or 0-		MIXED CEREAL	RICE CEREAL	MIXED CEREAL	MIXED CEREAL
4 ounces (volume) cottage cheese; or 0	) <del>.</del>				
	1	1			
4 ounces or 1/2 cup yogurt; or a					
4 ounces or 1/2 cup yogurt; or a combination of the above; and 6 - 11 MONTHS: 0-2 tablespoons					
combination of the above; and	PEACHES	CANTALOUPE	PLUMS	PEACHES	FRUIT SALAD



	Monday 5/27/24	Tuesday 5/28/24	Wednesday 5/29/24	Thursday 5/30/24	Friday 5/31/24
BREAKFAST	Monady 3/21/24	Tuesday 3/20/24	Wednesday 37 2 97 24	1 Hul Sudy 3/ 30/ 24	111ddy 3/31/24
BIRTH - 5 MONTHS: 4-6 Fluid ounces	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 0-4 tablespoons					
infant cereal, meat, fish, poultry,					
whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0-	WHOLE WHEAT CEREAL	RICE CEREAL	WHOLE WHEAT CEREAL	WHOLE WHEAT CEREAL	RICE CEREAL
4 ounces (volume) cottage cheese; or 0	MIGEL WILLAN GENERAL	INOE SEREAL	WIGE WIEAT GENEAL	WHOLE WHEAT SEREAL	MOE GENEAL
4 ounces or 1/2 cup yogurt; or a					
combination of the above; and 6 - 11 MONTHS: 0-2 tablespoons					
vegetable or fruit or a combination of	RASPBERRIES	BLUEBERRY	PEACHES	BLACKBERRIES	APPLESAUCE
both					
AM SNACK BIRTH - 5 MONTHS: 4-6 Fluid ounces					_
breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 6-8 Fluid ounces	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
breastmilk/formula 6 - 11 MONTHS: 0-4 tablespoons					
infant cereal, meat, fish, poultry,					
whole egg, cooked dry beans or cooked					
dry peas; or 2 ounces of cheese; or 0-	MULTIGRAIN CEREAL	OATMEAL CEREAL	MIXED CEREAL	MULTIGRAIN CEREAL	OATMEAL CEREAL
4 ounces (volume) cottage cheese; or 0 4 ounces or 1/2 cup yogurt; or a					
combination of the above; and					
6 - 11 MONTHS: 0-2 tablespoons	DEADS	STD AWDEDDIES	DEADS	ADDICOTS	HONEVDEW MELON
vegetable or fruit or a combination of both	FEARO	STRAWBERRIES	PEARS	APRICOTS	HONEYDEW MELON
LUNCH					
BIRTH - 5 MONTHS: 4-6 Fluid ounces	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 0-4 tablespoons infant cereal, meat, fish, poultry,					
whole egg, cooked dry beans or cooked					
dry peas; or 2 ounces of cheese; or 0-	OATMEAL CEREAL	WHOLE GRAIN CEREAL	BARLEY CEREAL	BARLEY CEREAL	WHOLE WHEAT CEREAL
4 ounces (volume) cottage cheese; or 0					
4 ounces or 1/2 cup yogurt; or a combination of the above; and					
6 - 11 MONTHS: 0-2 tablespoons					
vegetable or fruit or a combination of	GARDEN PEAS	CORN	CAULIFLOWER	PRUNES	BROCCOLI
PM SNACK					
BIRTH - 5 MONTHS: 4-6 Fluid ounces	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces		+	+	+	
breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 0-4 tablespoons infant cereal, meat, fish, poultry,					
whole egg, cooked dry beans or cooked					
dry peas; or 2 ounces of cheese; or 0-	RICE CEREAL	BARLEY CEREAL	OATMEAL CEREAL	RICE CEREAL	MIXED CEREAL
4 ounces (volume) cottage cheese; or 0	RICE CEREAL	BARLEY CEREAL	OATMEAL CEREAL	RICE CEREAL	MIXED CEREAL
4 ounces (volume) cottage cheese; or 0 4 ounces or 1/2 cup yogurt; or a	RICE CEREAL	BARLEY CEREAL	OATMEAL CEREAL	RICE CEREAL	MIXED CEREAL
4 ounces (volume) cottage cheese; or 0 4 ounces or 1/2 cup yogurt; or a combination of the above; and 6 - 11 MONTHS: 0-2 tablespoons					
4 ounces (volume) cottage cheese; or 0 4 ounces or 1/2 cup yogurt; or a combination of the above; and 6 - 11 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of		BARLEY CEREAL  APRICOTS	APPLESAUCE	ORANGES	MIXED CEREAL  BANANA
4 ounces (volume) cottage cheese; or 0 4 ounces or 1/2 cup yogurt; or a combination of the above; and 6 - 11 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of both					
4 ounces (volume) cottage cheese; or 0 4 ounces or 1/2 cup yogurt; or a combination of the above; and 6 - 11 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of both  DINNER  BIRTH - 5 MONTHS: 4-6 Fluid ounces	HASHBROWNS	APRICOTS	APPLESAUCE	ORANGES	BANANA
4 ounces (volume) cottage cheese; or 0 4 ounces or 1/2 cup yogurt; or a combination of the above; and 6 - 11 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of both  DINNER	HASHBROWNS FORMULA / BREAST MILK	APRICOTS  FORMULA / BREAST MILK	APPLESAUCE  FORMULA / BREAST MILK	ORANGES  FORMULA / BREAST MILK	BANANA  FORMULA / BREAST MILK
4 ounces (volume) cottage cheese; or 0 4 ounces or 1/2 cup yogurt; or a combination of the above; and 6 - 11 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of both  DINNER  BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula	HASHBROWNS	APRICOTS	APPLESAUCE	ORANGES	BANANA
4 ounces (volume) cottage cheese; or 0 4 ounces or 1/2 cup yogurt; or a combination of the above; and 6 - 11 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of both  DINNER  BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 0-4 tablespoons	HASHBROWNS FORMULA / BREAST MILK	APRICOTS  FORMULA / BREAST MILK	APPLESAUCE  FORMULA / BREAST MILK	ORANGES  FORMULA / BREAST MILK	BANANA  FORMULA / BREAST MILK
4 ounces (volume) cottage cheese; or 0 4 ounces or 1/2 cup yogurt; or a combination of the above; and 6 - 11 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of both  DINNER  BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 0-4 tablespoons infant cereal, meat, fish, poultry,	HASHBROWNS FORMULA / BREAST MILK	APRICOTS  FORMULA / BREAST MILK	APPLESAUCE  FORMULA / BREAST MILK	ORANGES  FORMULA / BREAST MILK	BANANA  FORMULA / BREAST MILK
4 ounces (volume) cottage cheese; or 0 4 ounces or 1/2 cup yogurt; or a combination of the above; and 6 - 11 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of both  DINNER  BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 0-4 tablespoons	HASHBROWNS  FORMULA / BREAST MILK  FORMULA / BREAST MILK	APRICOTS  FORMULA / BREAST MILK	APPLESAUCE  FORMULA / BREAST MILK	ORANGES  FORMULA / BREAST MILK	BANANA  FORMULA / BREAST MILK
4 ounces (volume) cottage cheese; or 0 4 ounces or 1/2 cup yogurt; or a combination of the above; and 6 - 11 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of both  DINNER  BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 0-4 tablespoons infant cereal, meat, fish, poultry, whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0- 4 ounces (volume) cottage cheese; or 0	HASHBROWNS  FORMULA / BREAST MILK  FORMULA / BREAST MILK	APRICOTS  FORMULA / BREAST MILK  FORMULA / BREAST MILK	APPLESAUCE  FORMULA / BREAST MILK  FORMULA / BREAST MILK	ORANGES  FORMULA / BREAST MILK  FORMULA / BREAST MILK	BANANA  FORMULA / BREAST MILK  FORMULA / BREAST MILK
4 ounces (volume) cottage cheese; or 0 4 ounces or 1/2 cup yogurt; or a combination of the above; and 6 - 11 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of both  DINNER  BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 0-4 tablespoons infant cereal, meat, fish, poultry, whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0- 4 ounces (volume) cottage cheese; or 0 4 ounces or 1/2 cup yogurt; or a	HASHBROWNS  FORMULA / BREAST MILK  FORMULA / BREAST MILK	APRICOTS  FORMULA / BREAST MILK  FORMULA / BREAST MILK	APPLESAUCE  FORMULA / BREAST MILK  FORMULA / BREAST MILK	ORANGES  FORMULA / BREAST MILK  FORMULA / BREAST MILK	BANANA  FORMULA / BREAST MILK  FORMULA / BREAST MILK
4 ounces (volume) cottage cheese; or 0 4 ounces or 1/2 cup yogurt; or a combination of the above; and 6 - 11 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of both  DINNER  BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 0-4 tablespoons infant cereal, meat, fish, poultry, whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0- 4 ounces (volume) cottage cheese; or 0	HASHBROWNS  FORMULA / BREAST MILK  FORMULA / BREAST MILK	APRICOTS  FORMULA / BREAST MILK  FORMULA / BREAST MILK	APPLESAUCE  FORMULA / BREAST MILK  FORMULA / BREAST MILK	ORANGES  FORMULA / BREAST MILK  FORMULA / BREAST MILK	BANANA  FORMULA / BREAST MILK  FORMULA / BREAST MILK
4 ounces (volume) cottage cheese; or 0 4 ounces or 1/2 cup yogurt; or a combination of the above; and 6 - 11 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of both  DINNER  BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 0-4 tablespoons infant cereal, meat, fish, poultry, whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0-4 ounces (volume) cottage cheese; or 0 4 ounces or 1/2 cup yogurt; or a combination of the above; and 6 - 11 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of	HASHBROWNS  FORMULA / BREAST MILK  FORMULA / BREAST MILK  MIXED CEREAL	APRICOTS  FORMULA / BREAST MILK  FORMULA / BREAST MILK	APPLESAUCE  FORMULA / BREAST MILK  FORMULA / BREAST MILK	ORANGES  FORMULA / BREAST MILK  FORMULA / BREAST MILK	BANANA  FORMULA / BREAST MILK  FORMULA / BREAST MILK
4 ounces (volume) cottage cheese; or 0 4 ounces or 1/2 cup yogurt; or a combination of the above; and 6 - 11 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of both  DINNER  BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 0-4 tablespoons infant cereal, meat, fish, poultry, whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0-4 ounces (volume) cottage cheese; or 0 4 ounces or 1/2 cup yogurt; or a combination of the above; and 6 - 11 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of both	HASHBROWNS  FORMULA / BREAST MILK  FORMULA / BREAST MILK  MIXED CEREAL	APRICOTS  FORMULA / BREAST MILK  FORMULA / BREAST MILK  OATMEAL CEREAL	APPLESAUCE  FORMULA / BREAST MILK  FORMULA / BREAST MILK  RICE CEREAL	ORANGES  FORMULA / BREAST MILK  FORMULA / BREAST MILK  MIXED CEREAL	BANANA  FORMULA / BREAST MILK  FORMULA / BREAST MILK  BARLEY CEREAL
4 ounces (volume) cottage cheese; or 0 4 ounces or 1/2 cup yogurt; or a combination of the above; and 6 - 11 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of both  DINNER  BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 0-4 tablespoons infant cereal, meat, fish, poultry, whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0-4 ounces (volume) cottage cheese; or 0 4 ounces or 1/2 cup yogurt; or a combination of the above; and 6 - 11 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of	HASHBROWNS  FORMULA / BREAST MILK  FORMULA / BREAST MILK  MIXED CEREAL  BAKED BEANS	APRICOTS  FORMULA / BREAST MILK  FORMULA / BREAST MILK  OATMEAL CEREAL  GARLIC GREEN BEANS	APPLESAUCE  FORMULA / BREAST MILK  FORMULA / BREAST MILK  RICE CEREAL  ROASTED BEETS	ORANGES  FORMULA / BREAST MILK  FORMULA / BREAST MILK  MIXED CEREAL  SWEET PEAS	BANANA  FORMULA / BREAST MILK  FORMULA / BREAST MILK  BARLEY CEREAL  ASPARAGUS
4 ounces (volume) cottage cheese; or 0 4 ounces or 1/2 cup yogurt; or a combination of the above; and 6 - 11 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of both  DINNER  BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 0-4 tablespoons infant cereal, meat, fish, poultry, whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces or 1/2 cup yogurt; or a combination of the above; and 6 - 11 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of both  EVENING SNACK BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula	HASHBROWNS  FORMULA / BREAST MILK  FORMULA / BREAST MILK  MIXED CEREAL  BAKED BEANS	APRICOTS  FORMULA / BREAST MILK  FORMULA / BREAST MILK  OATMEAL CEREAL	APPLESAUCE  FORMULA / BREAST MILK  FORMULA / BREAST MILK  RICE CEREAL	ORANGES  FORMULA / BREAST MILK  FORMULA / BREAST MILK  MIXED CEREAL	BANANA  FORMULA / BREAST MILK  FORMULA / BREAST MILK  BARLEY CEREAL
4 ounces (volume) cottage cheese; or 0 4 ounces or 1/2 cup yogurt; or a combination of the above; and 6 - 11 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of both  DINNER  BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 0-4 tablespoons infant cereal, meat, fish, poultry, whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces or 1/2 cup yogurt; or a combination of the above; and 6 - 11 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of both  EVENING SNACK BIRTH - 5 MONTHS: 4-6 Fluid ounces	HASHBROWNS  FORMULA / BREAST MILK  FORMULA / BREAST MILK  MIXED CEREAL  BAKED BEANS	APRICOTS  FORMULA / BREAST MILK  FORMULA / BREAST MILK  OATMEAL CEREAL  GARLIC GREEN BEANS	APPLESAUCE  FORMULA / BREAST MILK  FORMULA / BREAST MILK  RICE CEREAL  ROASTED BEETS	ORANGES  FORMULA / BREAST MILK  FORMULA / BREAST MILK  MIXED CEREAL  SWEET PEAS	BANANA  FORMULA / BREAST MILK  FORMULA / BREAST MILK  BARLEY CEREAL  ASPARAGUS
4 ounces (volume) cottage cheese; or 0 4 ounces or 1/2 cup yogurt; or a combination of the above; and 6 - 11 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of both  DINNER  BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 0-4 tablespoons infant cereal, meat, fish, poultry, whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces or 1/2 cup yogurt; or a combination of the above; and 6 - 11 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of both  EVENING SNACK BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 0-4 tablespoons	HASHBROWNS  FORMULA / BREAST MILK  FORMULA / BREAST MILK  MIXED CEREAL  BAKED BEANS  FORMULA / BREAST MILK	APRICOTS  FORMULA / BREAST MILK  FORMULA / BREAST MILK  OATMEAL CEREAL  GARLIC GREEN BEANS  FORMULA / BREAST MILK	APPLESAUCE  FORMULA / BREAST MILK  FORMULA / BREAST MILK  RICE CEREAL  ROASTED BEETS  FORMULA / BREAST MILK	ORANGES  FORMULA / BREAST MILK  FORMULA / BREAST MILK  MIXED CEREAL  SWEET PEAS  FORMULA / BREAST MILK	BANANA  FORMULA / BREAST MILK  FORMULA / BREAST MILK  BARLEY CEREAL  ASPARAGUS  FORMULA / BREAST MILK
4 ounces (volume) cottage cheese; or 0 4 ounces or 1/2 cup yogurt; or a combination of the above; and 6 - 11 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of both  DINNER  BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 0-4 tablespoons infant cereal, meat, fish, poultry, whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0- 4 ounces (volume) cottage cheese; or 0- 4 ounces or 1/2 cup yogurt; or a combination of the above; and 6 - 11 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of both  EVENING SNACK  BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 0-4 tablespoons infant cereal, meat, fish, poultry,	HASHBROWNS  FORMULA / BREAST MILK  FORMULA / BREAST MILK  MIXED CEREAL  BAKED BEANS  FORMULA / BREAST MILK	APRICOTS  FORMULA / BREAST MILK  FORMULA / BREAST MILK  OATMEAL CEREAL  GARLIC GREEN BEANS  FORMULA / BREAST MILK	APPLESAUCE  FORMULA / BREAST MILK  FORMULA / BREAST MILK  RICE CEREAL  ROASTED BEETS  FORMULA / BREAST MILK	ORANGES  FORMULA / BREAST MILK  FORMULA / BREAST MILK  MIXED CEREAL  SWEET PEAS  FORMULA / BREAST MILK	BANANA  FORMULA / BREAST MILK  FORMULA / BREAST MILK  BARLEY CEREAL  ASPARAGUS  FORMULA / BREAST MILK
4 ounces (volume) cottage cheese; or 0 4 ounces or 1/2 cup yogurt; or a combination of the above; and 6 - 11 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of both  DINNER  BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 0-4 tablespoons infant cereal, meat, fish, poultry, whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0 4 ounces (volume) cottage cheese; or 0 4 ounces or 1/2 cup yogurt; or a combination of the above; and 6 - 11 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of both  EVENING SNACK BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 0-4 tablespoons infant cereal, meat, fish, poultry, whole egg, cooked dry beans or cooked	HASHBROWNS  FORMULA / BREAST MILK  FORMULA / BREAST MILK  MIXED CEREAL  BAKED BEANS  FORMULA / BREAST MILK  FORMULA / BREAST MILK	APRICOTS  FORMULA / BREAST MILK  FORMULA / BREAST MILK  OATMEAL CEREAL  GARLIC GREEN BEANS  FORMULA / BREAST MILK	APPLESAUCE  FORMULA / BREAST MILK  FORMULA / BREAST MILK  RICE CEREAL  ROASTED BEETS  FORMULA / BREAST MILK	ORANGES  FORMULA / BREAST MILK  FORMULA / BREAST MILK  MIXED CEREAL  SWEET PEAS  FORMULA / BREAST MILK	BANANA  FORMULA / BREAST MILK  FORMULA / BREAST MILK  BARLEY CEREAL  ASPARAGUS  FORMULA / BREAST MILK
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