



| | | | Wednesday 5/1/24 | Thursday 5/2/24 | Friday 5/3/24 |
|-----------------------------|----------------------------|-------------------------------------|--------------------------------------|--|-------------------------------|
| BREAKFAST | | | | | |
| Whole Grain/Grain Alternate | | | ENRICHED SAUSAGE BISCUIT | ENRICHED CREAM OF WHEAT | MULTI GRAIN CHEESE TOAST |
| Vegetable or Fruit | | | PINEAPPLE TIDBITS | 100% ORANGE JUICE | FRESH BLUEBERRIES |
| Fluid Milk | | | *MILK | *MILK | *MILK |
| | | | ☐ Whole Grain | ☐ Whole Grain | ☐ Whole Grain |
| LUNCH | | | | | |
| Meat/Meat Alternate | | | BEEF HAMBURGER | BBQ MEATBALLS | CHICKEN BURRITO BOWL |
| Whole Grain/Grain Alternate | | | WHOLE WHEAT BUN | ENRICHED FRENCH BREAD | ENRICHED BROWN RICE |
| Vegetable or Fruit | | | TATER TOTS | WATERMELON | HOMEMADE PICO DE GALLO |
| Vegetable | | | STEAMED CORN | TOSSED SALAD | BLACK BEANS |
| Fluid Milk | | | * MILK | *MILK | *MILK |
| | | | ☐ Whole Grain | ☐ Whole Grain | ☐ Whole Grain |
| PM SNACK | | | | | |
| Meat/Meat Alternate | | | LOW FAT YOGURT PARFAIT | WHOLE WHEAT TOAST | ENRICHED GRAHAM CRACKERS |
| Whole Grain/Grain Alternate | | | ENRICHED GRANOLA OATS | AVOCADOS & FRESH TOMATOES | HONEYDEW MELON |
| Vegetable or Fruit | | | RASPBERRIES | | |
| Fluid Milk | | | WATER | WATER | WATER |
| TWO COMPONENTS | | | ☐ Whole Grain | ☐ Whole Grain | ☐ Whole Grain |
| | * One year olds are served | Unflavored Whole Milk. Two years ol | d and older are served unflavored 19 | % or Fat Free Milk. Milk substitutes w | ust have a medical statement. |





| | Monday 5/6/24 | Tuesday 5/7/24 | Wednesday 5/8/24 | Thursday 5/9/24 | Friday 5/10/24 |
|-----------------------------|--|-------------------|-------------------------|---------------------------|-----------------------------------|
| BREAKFAST | | | | | |
| Whole Grain/Grain Alternate | WHOLE GRAIN PANCAKES | ENRICHED GRITS | WHOLE GRAIN CEREAL | WHOLE WHEAT WAFFLE STICKS | WHOLE WHEAT TOAST |
| Vegetable or Fruit | GREEN APPLES | ORANGE SLICES | SLICED BANANAS | CINNAMON APPLESAUCE | ROASTED POTATO WEDGES |
| Fluid Milk | *MILK | *MILK | *MILK | *MILK | STRAWBERRIES |
| | | | | | *MILK |
| | ☐ Whole Grain | □ Whole Grain | ☐ Whole Grain | ☐ Whole Grain | ☐ Whole Grain |
| LUNCH | | | | | NATIONAL SHRIMP DAY |
| Meat/Meat Alternate | BEEF STICKS | TURKEY LUNCHMEAT | HOMEMADE MAC & CHEESE | BAKED CHICKEN TENDERS | TERRIYAKI SHRIMP |
| Whole Grain/Grain Alternate | ENRICHED ROLL | WHOLE GRAIN ROLL | WHOLE GRAIN MACARONI | ENRICHED HAWAIIAN ROLL | ENRICHED FRIED RICE |
| Vegetable or Fruit | MANDARIN ORANGES | STRAWBERRIES | APRICOT HALVES | BLUEBERRIES | HONEYDEW MELON |
| Vegetable | POTATO SALAD | MIXED VEGETABLES | SAUTEED GREEN BEANS | OVEN ROASTED CAULIFLOWER | STIR FRY VEGETABLES |
| Fluid Milk | *MILK | *MILK | * MILK | *MILK | *MILK |
| | ☐ Whole Grain | ☐ Whole Grain | ☐ Whole Grain | ☐ Whole Grain | ☐ Whole Grain |
| PM SNACK | | | TURKEY LETTUCE WRAPS | BUILD YOUR OWN PARFAIT | ZOE'S ROASTED SWEET POTATO STICKS |
| Meat/Meat Alternate | ENRICHED GOLDFISH | GRILLED CHEESE | | ENRICHED OATS | PLAIN HUMMUS |
| Whole Grain/Grain Alternate | DICED PLUMS | WHOLE WHEAT BREAD | ROLLED TURKEY SLICES W/ | LOW FAT GREEK YOGURT | ROASTED SWEET POTATO STICKS |
| Vegetable or Fruit | | TOMATO BISQUE | GREEN LEAF LETTUCE | MIXED BERRIES | |
| Fluid Milk | WATER | WATER | WATER | WATER | WATER |
| TWO COMPONENTS | U Whole Grain | ☐ Whole Grain | ☐ Whole Grain | ☐ Whole Grain | ☐ Whole Grain |
| | * One year olds are served Unflavored Whole Milk. Two years old and older are served unflavored 1% or Fat Free Milk. Milk substitutes must have a medical statement. | | | | |
| | | | | | |





| | Monday 5/13/24 | Tuesday 5/14/24 | Wednesday 5/15/24 | Thursday 5/16/24 | Friday 5/17/24 |
|-----------------------------|--|---------------------------------|---------------------------|------------------------|---------------------------|
| BREAKFAST | | NATIONAL BUTTERMILK BISCUIT DAY | BREAKFAST BURRITO | | |
| Whole Grain/Grain Alternate | ENRICHED MINI PANCAKES | WHOLE GRAIN BISCUIT | WHOLE WHEAT TORTILLA | WHOLE WHEAT WAFFLE | ENRICHED CREAM OF WHEAT |
| Vegetable or Fruit | APRICOT SLICES | STRAWBERRIES | SCRAMBLED EGGS | BLUEBERRY COMPOTE | WARM PEACHES |
| Fluid Milk | *MILK | *MILK | HASH BROWNS | KIWI | |
| | | | *MILK | *MILK | *MILK |
| | ☐ Whole Grain | ☐ Whole Grain | ☐ Whole Grain | ☐ Whole Grain | ☐ Whole Grain |
| LUNCH | NATIONAL FRUIT COCKTAIL DAY | | CHICKEN & WAFFLES | | NATIONAL PIZZA PARTY DAY |
| Meat/Meat Alternate | MINI TURKEY SLIDERS | BAKED FISH STICKS | WHOLE GRAIN WAFFLES | CHICKEN ALFREDO | EXTRA CHEESE PIZZA |
| Whole Grain/Grain Alternate | WHOLE WHEAT BUN | MULTI GRAIN ROLL | OVEN BAKED CHICKEN | WHOLE WHEAT PASTA | WHOLE WHEAT CRUST |
| Vegetable or Fruit | FRUIT COCKTAIL | SLICED PEACHES | CINNAMON APPLESAUCE | ORANGE SLICES | WATERMELON |
| Vegetable | CELERY STICKS | SWEET PEAS | GREEN BEANS | STEAMED BROCCOLI | SPINACH & TOMATO SALAD |
| Fluid Milk | *MILK | *MILK | * MILK | *MILK | *MILK |
| | ☐ Whole Grain | ☐ Whole Grain | ☐ Whole Grain | ☐ Whole Grain | ☐ Whole Grain |
| PM SNACK | INTERNATIONAL HUMMUS DAY | | | | |
| Meat/Meat Alternate | MULTIGRAIN PITA CHIPS | WHOLE GRAIN GOLDFISH | WHOLE WHEAT RITZ CRACKERS | WHOLE GRAIN RICE CAKES | ENRICHED SALTINE CRACKERS |
| Whole Grain/Grain Alternate | ROASTED GARLIC HUMMUS | TOMATO BISQUE | CHEDDAR CHEESE CUBES | MANGOES | CURRIED TUNA SALAD |
| Vegetable or Fruit | | | | | |
| Fluid Milk | WATER | WATER | WATER | WATER | WATER |
| TWO COMPONENTS | ☐ Whole Grain | ☐ Whole Grain | ☐ Whole Grain | ☐ Whole Grain | ☐ Whole Grain |
| | * One year olds are served Unflavored Whole Milk. Two years old and older are served unflavored 1% or Fat Free Milk. Milk substitutes must have a medical statement. | | | | |





May-24

NATIONAL VEGETARIAN WEEK

| | Monday 5/20/24 | Tuesday 5/21/24 | Wednesday 5/22/24 | Thursday 5/23/24 | Friday 5/24/24 | |
|---|--|---|---|---|--|--|
| BREAKFAST Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk | ENRICHED OATMEAL MUFFIN WARMED PEACHES *MILK | ENRICHED FRENCH TOAST PEAR HALVES *MILK | WHOLE WHEAT BAGEL RASPBERRIES *MILK | EGG & SPINACH OMELETTE SLICED APPLES *MILK | BUILD A BEAR PANCAKE RECIPE WHOLE GRAIN PANCAKES BANANAS *MILK | |
| | ☐ Whole Grain | ☐ Whole Grain | ☐ Whole Grain | ☐ Whole Grain | ☐ Whole Grain | |
| LUNCH Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk | EXTRA CHEESE QUESADILLA WHOLE GRAIN TORTILLA STRAWBERRIES BELL PEPPER STRIPS *MILK Whole Grain | BLACK BEAN BURGER WHOLE WHEAT BUN DICED PEARS FRENCH FRIES *MILK Whole Grain | HOMEMADE MAC & CHEESE WHOLE GRAIN MACARONI APRICOT HALVES SAUTEED GREEN BEANS * MILK Whole Grain | INDIAN BUTTER CHICKPEAS WHOLE GRAIN HAWAIIAN ROLLS MANDARIN ORANGES PEAS & CARROTS *MILK Whole Grain | ASPARAGUS DAY SESAME TOFU MULTI GRAIN ROLL WATERMELON BAKED ASPARAGUS *MILK Whole Grain | |
| PM SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk TWO COMPONENTS | FRUIT KABOB W/DIP LOW FAT YOGURT MIXED FRUIT (PEACHES,GRAPES,BANANA) WATER Whole Grain | ENRICHED SALTINE CRACKERS SPLIT PEA SOUP WATER Whole Grain | WHOLE GRAIN TOAST PEANUT/SOY/WOW BUTTER & JELLY WATER Whole Grain | ENRICHED PRETZELS GUACAMOLE DIP WATER Whole Grain | ENRICHED ANIMAL CRACKERS KIWI SLICES WATER Whole Grain | |
| | * One year olds are served Unflavored Whole Milk. Two years old and older are served unflavored 1% or Fat Free Milk. Milk substitutes must have a medical statement. | | | | | |





| | Monday 5/27/24 | Tuesday 5/28/24 | Wednesday 5/29/24 | Thursday 5/30/24 | Friday 5/31/24 |
|-----------------------------|--|---------------------------|--------------------------|--------------------------|---------------------------|
| BREAKFAST | | | | | |
| Whole Grain/Grain Alternate | MULTI GRAIN CHEERIOS | WHOLE WHEAT WAFFLES | ENRICHED SAUSAGE BISCUIT | ENRICHED CREAM OF WHEAT | ENRICHED CHEERIOS |
| Vegetable or Fruit | RASPBERRIES | WARMED BLUEBERRY COMPOTE | DICED PEACHES | BLACKBERRIES | CINNAMON APPLESAUCE |
| Fluid Milk | *MILK | *MILK | *MILK | *MILK | *MILK |
| | | | | | |
| | ☐ Whole Grain | ☐ Whole Grain | ☐ Whole Grain | ☐ Whole Grain | ☐ Whole Grain |
| LUNCH | | NATIONAL HAMBURGER DAY | | | |
| Meat/Meat Alternate | HONEY HAM & CHEESE | CHEESEY CHEESEBURGER | SAVORY CHICKEN SALAD | SAVORY TUNA & CHEESE SUB | CHICKEN SALAD |
| Whole Grain/Grain Alternate | WHOLE WHEAT ROLL | WHOLE GRAIN HAMBURGER BUN | ENRICHED CROISSANT | WHOLE WHEAT SUB ROLL | WHOLE WHEAT PASTA |
| Vegetable or Fruit | FRUIT COCKTAIL | STEAMED CORN | GROOVY GRAPES | PLUMS | KIWI SLICES |
| Vegetable | GARDEN PEAS | TOSSED SALAD | ROASTED CAULIFLOWER | CELERY STICKS | BROCCOLI COLESLAW |
| Fluid Milk | *MILK | *MILK | * MILK | *MILK | *MILK |
| | □ Whole Grain | ☐ Whole Grain | ☐ Whole Grain | ☐ Whole Grain | ☐ Whole Grain |
| PM SNACK | | | ANTS ON A LOG | | BANANA SUSHI ROLL |
| Meat/Meat Alternate | BOILED EGG HALVES | ENRICHED GRAHAM CRACKERS | CELERY STICKS | ENRICHED ANIMAL CRACKERS | PEANUT/SOY/WOW/NUT BUTTER |
| Whole Grain/Grain Alternate | HASH BROWNS | 100% BERRY BERRY JUICE | PEANUT/WOW/SOY BUTTER | MANDARIN ORANGES | WHOLE GRAIN TORTILLA |
| Vegetable or Fruit | | | RAISINS | | BANANA |
| Fluid Milk | WATER | | WATER | WATER | WATER |
| TWO COMPONENTS | ☐ Whole Grain | ☐ Whole Grain | ☐ Whole Grain | ☐ Whole Grain | ☐ Whole Grain |
| | * One year olds are served Unflavored Whole Milk. Two years old and older are served unflavored 1% or Fat Free Milk. Milk substitutes must have a medical statement. | | | | |
| | 4 | | | | |