

Harvest of the month: Berries



May-24

			Wednesday 5/1/24	Thursday 5/2/24	Friday 5/3/24
BREAKFAST Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk			ENRICHED SAUSAGE BISCUIT PINEAPPLE TIDBITS *MILK	ENRICHED CREAM OF WHEAT 100% ORANGE JUICE *MILK	MULTI GRAIN CHEESE TOAST FRESH BLUEBERRIES *MILK
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
LUNCH Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk			BEEF HAMBURGER WHOLE WHEAT BUN TATER TOTS STEAMED CORN * MILK	BBQ MEATBALLS ENRICHED FRENCH BREAD WATERMELON TOSSED SALAD *MILK	CHICKEN BURRITO BOWL ENRICHED BROWN RICE HOMEMADE PICO DE GALLO BLACK BEANS *MILK
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
PM SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk TWO COMPONENTS			LOW FAT YOGURT PARFAIT ENRICHED GRANOLA OATS RASPBERRIES WATER	WHOLE WHEAT TOAST AVOCADOS & FRESH TOMATOES WATER	ENRICHED GRAHAM CRACKERS HONEYDEW MELON WATER
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
DINNER Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk			ROTISSERIE TURKEY WHOLE WHEAT HAWAIIAN ROLL CANTALOUPE CHUNKS CREAMED SPINACH * MILK	SAVORY TUNA FISH WHOLE GRAIN BUN SWEET PEAS TRI COLOR COLESLAW *MILK	PHILLY CHEESE STEAK WHOLE WHEAT SUB ROLL GRAPES (CUT APPROPRIATELY) BAKED SWEET POTATO FRIES * MILK
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
* One year olds are served Unflavored Whole Milk. Two years old and older are served unflavored 1% or Fat Free Milk. Milk substitutes must have a medical statement.					



	Monday 5/6/24	Tuesday 5/7/24	Wednesday 5/8/24	Thursday 5/9/24	Friday 5/10/24
BREAKFAST Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	WHOLE GRAIN PANCAKES GREEN APPLES *MILK <input type="checkbox"/> Whole Grain	ENRICHED GRITS ORANGE SLICES *MILK <input type="checkbox"/> Whole Grain	WHOLE GRAIN CEREAL SLICED BANANAS *MILK <input type="checkbox"/> Whole Grain	WHOLE WHEAT WAFFLE STICKS CINNAMON APPLESAUCE *MILK <input type="checkbox"/> Whole Grain	WHOLE WHEAT TOAST ROASTED POTATO WEDGES STRAWBERRIES *MILK <input type="checkbox"/> Whole Grain
LUNCH Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	BEEF STICKS ENRICHED ROLL MANDARIN ORANGES POTATO SALAD *MILK <input type="checkbox"/> Whole Grain	TURKEY LUNCHMEAT WHOLE GRAIN ROLL STRAWBERRIES MIXED VEGETABLES *MILK <input type="checkbox"/> Whole Grain	HOMEMADE MAC & CHEESE WHOLE GRAIN MACARONI APRICOT HALVES SAUTEED GREEN BEANS * MILK <input type="checkbox"/> Whole Grain	BAKED CHICKEN TENDERS ENRICHED HAWAIIAN ROLL BLUEBERRIES OVEN ROASTED CAULIFLOWER *MILK <input type="checkbox"/> Whole Grain	NATIONAL SHRIMP DAY TERRIYAKI SHRIMP ENRICHED FRIED RICE HONEYDEW MELON STIR FRY VEGETABLES *MILK <input type="checkbox"/> Whole Grain
PM SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk TWO COMPONENTS	ENRICHED GOLDFISH DICED PLUMS WATER <input type="checkbox"/> Whole Grain	GRILLED CHEESE WHOLE WHEAT BREAD TOMATO BISQUE WATER <input type="checkbox"/> Whole Grain	TURKEY LETTUCE WRAPS ROLLED TURKEY SLICES W/ GREEN LEAF LETTUCE WATER <input type="checkbox"/> Whole Grain	BUILD YOUR OWN PARFAIT ENRICHED OATS LOW FAT GREEK YOGURT MIXED BERRIES WATER <input type="checkbox"/> Whole Grain	ZOE'S ROASTED SWEET POTATO STICKS PLAIN HUMMUS ROASTED SWEET POTATO STICKS WATER <input type="checkbox"/> Whole Grain
DINNER Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	BAKED FISH FILLET ENRICHED HUSH PUPPIES PINEAPPLE RINGS ROASTED ZUCCHINI *MILK <input type="checkbox"/> Whole Grain	STEAK TENDERS WHOLE WHEAT ROLL FRENCH FRIES CREAMED SPINACH * MILK <input type="checkbox"/> Whole Grain	CHICKEN FILET MULTIGRAIN BUN APPLESAUCE PEAS * MILK <input type="checkbox"/> Whole Grain	BEEF SPAGHETTI WHOLE WHEAT PASTA CANTALOUPE KALE SALAD *MILK <input type="checkbox"/> Whole Grain	BEAN & CHEESE NACHOS WHOLE GRAIN CHIPS PLUMS SWEET CORN * MILK <input type="checkbox"/> Whole Grain
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	Monday 5/13/24	Tuesday 5/14/24	Wednesday 5/15/24	Thursday 5/16/24	Friday 5/17/24
BREAKFAST Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	ENRICHED MINI PANCAKES APRICOT SLICES *MILK	NATIONAL BUTTERMILK BISCUIT DAY WHOLE GRAIN BISCUIT STRAWBERRIES *MILK	BREAKFAST BURRITO WHOLE WHEAT TORTILLA SCRAMBLED EGGS HASH BROWNS *MILK	WHOLE WHEAT WAFFLE BLUEBERRY COMPOTE KIWI *MILK	ENRICHED CREAM OF WHEAT WARM PEACHES *MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
LUNCH Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	NATIONAL FRUIT COCKTAIL DAY MINI TURKEY SLIDERS WHOLE WHEAT BUN FRUIT COCKTAIL CELERY STICKS *MILK	BAKED FISH STICKS MULTI GRAIN ROLL SLICED PEACHES SWEET PEAS *MILK	CHICKEN & WAFFLES WHOLE GRAIN WAFFLES OVEN BAKED CHICKEN CINNAMON APPLESAUCE GREEN BEANS * MILK	CHICKEN ALFREDO WHOLE WHEAT PASTA ORANGE SLICES STEAMED BROCCOLI *MILK	NATIONAL PIZZA PARTY DAY EXTRA CHEESE PIZZA WHOLE WHEAT CRUST WATERMELON SPINACH & TOMATO SALAD *MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
PM SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	INTERNATIONAL HUMMUS DAY MULTIGRAIN PITA CHIPS ROASTED GARLIC HUMMUS WATER	WHOLE GRAIN GOLDFISH TOMATO BISQUE WATER	WHOLE WHEAT RITZ CRACKERS CHEDDAR CHEESE CUBES WATER	WHOLE GRAIN RICE CAKES MANGOES WATER	ENRICHED SALTINE CRACKERS CURRIED TUNA SALAD WATER
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
TWO COMPONENTS					
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
DINNER Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	SMOTHERED PORK CHOPS BROWN RICE W/ GRAVY PINEAPPLE SLICES ROASTED BROCCOLI *MILK	TACO TUESDAY SHREDDED CHICKEN LETTUCE TACO ENRICHED SPANISH RICE ORANGE WEDGES ZESTY CORN * MILK	TURKEY MEATBALL SUB WHOLE WHEAT SUB ROLL CANTALOUPE YELLOW SQUASH *MILK	BBQ DAY BBQ CHICKEN TENDERS MULTI GRAIN ROLL BLACKBERRIES PEAS & CARROTS * MILK	SLICED HONEY BAKED HAM ENRICHED CORN BREAD FRUIT COCKTAIL STEAMED ZUCCHINI * MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
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NATIONAL VEGETARIAN WEEK

	Monday 5/20/24	Tuesday 5/21/24	Wednesday 5/22/24	Thursday 5/23/24	Friday 5/24/24
BREAKFAST Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	ENRICHED OATMEAL MUFFIN WARMED PEACHES *MILK <input type="checkbox"/> Whole Grain	ENRICHED FRENCH TOAST PEAR HALVES *MILK <input type="checkbox"/> Whole Grain	WHOLE WHEAT BAGEL RASPBERRIES *MILK <input type="checkbox"/> Whole Grain	EGG & SPINACH OMELETTE SLICED APPLES *MILK <input type="checkbox"/> Whole Grain	BUILD A BEAR PANCAKE RECIPE WHOLE GRAIN PANCAKES BANANAS *MILK <input type="checkbox"/> Whole Grain
LUNCH Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	EXTRA CHEESE QUESADILLA WHOLE GRAIN TORTILLA STRAWBERRIES BELL PEPPER STRIPS *MILK <input type="checkbox"/> Whole Grain	BLACK BEAN BURGER WHOLE WHEAT BUN DICED PEARS FRENCH FRIES *MILK <input type="checkbox"/> Whole Grain	HOMEMADE MAC & CHEESE WHOLE GRAIN MACARONI APRICOT HALVES SAUTEED GREEN BEANS * MILK <input type="checkbox"/> Whole Grain	INDIAN BUTTER CHICKPEAS WHOLE GRAIN HAWAIIAN ROLLS MANDARIN ORANGES PEAS & CARROTS *MILK <input type="checkbox"/> Whole Grain	ASPARAGUS DAY SESAME TOFU MULTI GRAIN ROLL WATERMELON BAKED ASPARAGUS *MILK <input type="checkbox"/> Whole Grain
PM SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk TWO COMPONENTS	FRUIT KABOB W/DIP LOW FAT YOGURT MIXED FRUIT (PEACHES, GRAPES, BANANA) WATER <input type="checkbox"/> Whole Grain	ENRICHED SALTINE CRACKERS SPLIT PEA SOUP WATER <input type="checkbox"/> Whole Grain	WHOLE GRAIN TOAST PEANUT/SOY/WOW BUTTER & JELLY WATER <input type="checkbox"/> Whole Grain	ENRICHED PRETZELS GUACAMOLE DIP WATER <input type="checkbox"/> Whole Grain	ENRICHED ANIMAL CRACKERS KIWI SLICES WATER <input type="checkbox"/> Whole Grain
DINNER Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	STUFFED SHELLS W/CHEESE WHOLE WHEAT PASTA SHELLS RED APPLES SPINACH *MILK <input type="checkbox"/> Whole Grain	LENTIL TACOS ENRICHED TACOS SHREDDED LETTUCE PICO DE GALLO * MILK <input type="checkbox"/> Whole Grain	FISH FILET WHOLE WHEAT BUN HONEYDEW MELON BRUSSEL SPROUTS * MILK <input type="checkbox"/> Whole Grain	GRILLED CHEESE SANDWICH WHOLE WHEAT BREAD BLUEBERRIES TOMATO SOUP *MILK <input type="checkbox"/> Whole Grain	VEGE CHILI MAC RED BEANS ENRICHED SALTINE CRACKERS ROASTED CORN SWEET PEAS * MILK <input type="checkbox"/> Whole Grain
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	Monday 5/27/24	Tuesday 5/28/24	Wednesday 5/29/24	Thursday 5/30/24	Friday 5/31/24
BREAKFAST Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	MULTI GRAIN CHEERIOS RASPBERRIES *MILK	WHOLE WHEAT WAFFLES WARMED BLUEBERRY COMPOTE *MILK	ENRICHED SAUSAGE BISCUIT DICED PEACHES *MILK	ENRICHED CREAM OF WHEAT BLACKBERRIES *MILK	ENRICHED CHEERIOS CINNAMON APPLESAUCE *MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
LUNCH Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	HONEY HAM & CHEESE WHOLE WHEAT ROLL FRUIT COCKTAIL GARDEN PEAS *MILK	NATIONAL HAMBURGER DAY CHEESEY CHEESEBURGER WHOLE GRAIN HAMBURGER BUN STEAMED CORN TOSSED SALAD *MILK	SAVORY CHICKEN SALAD ENRICHED CROISSANT GROOVY GRAPES ROASTED CAULIFLOWER * MILK	SAVORY TUNA & CHEESE SUB WHOLE WHEAT SUB ROLL PLUMS CELERY STICKS *MILK	CHICKEN SALAD WHOLE WHEAT PASTA KIWI SLICES BROCCOLI COLESLAW *MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
PM SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	BOILED EGG HALVES HASH BROWNS WATER	ENRICHED GRAHAM CRACKERS 100% BERRY BERRY JUICE	ANTS ON A LOG CELERY STICKS PEANUT/WOW/SOY BUTTER RAISINS WATER	ENRICHED ANIMAL CRACKERS MANDARIN ORANGES WATER	BANANA SUSHI ROLL PEANUT/SOY/WOW/NUT BUTTER WHOLE GRAIN TORTILLA BANANA WATER
TWO COMPONENTS	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
DINNER Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	BEEF SLOPPY JOE WHOLE WHEAT BUN FRENCH FRIES BAKED BEANS *MILK	BAKED FISH STICKS ENRICHED HUSH PUPPIES RASPBERRIES GARLIC GREEN BEANS * MILK	BLACK BEAN & VEGGIE QUESADILLA BLACK BEANS WHOLE GRAIN TORTILLA FRUIT COCKTAIL ROASTED BEETS * MILK	ROASTED TURKEY PINWHEELS WHOLE WHEAT TORTILLA SWEET PEAS SHREDDED CARROTS *MILK	FISH FILET SANDWICH WHOLE WHEAT BUN APRICOT HALVES BAKED ASPARAGUS * MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
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