

Services, Inc	Manday 7/1/24	Tuesday 7/2/24	Wednesday 7/3/24 🎉	Thunsday 7/1/21	Fniday 7/5/24
BREAKFAST	Monday 7/1/24	Tuesday 7/2/24	wednesday //3/24 %	Thursday 7/4/24	Friday 7/5/24
IRTH - 5 MONTHS: 4-6 Fluid ounces	EODMINA / DDC 4CT ATT /	EODMINA / DDE4CT MT15	FORMULA / DDC4CT MT12	FORMULA / DDEACT MELY	EODMIII A / DDE 4CT 11T111
breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 0-4 tablespoons					
infant cereal, meat, fish, poultry,					
phole egg, cooked dry beans or cooked		CATALEAL CEDEAL	DICE CEDEAL	MATVED CEDE AL	DADLEY CEDEAL
Iry peas; or 2 ounces of cheese; or 0- ounces (volume) cottage cheese; or 0		OATMEAL CEREAL	RICE CEREAL	MIXED CEREAL	BARLEY CEREAL
4 ounces or 1/2 cup yogurt; or a					
combination of the above; and					
6 - 11 MONTHS: 0-2 tablespoons	DI LIEDEDTEC	0.4600500756	D 4514514	C 41 C 4	
vegetable or fruit or a combination of both	RUEREKKIES	RASPBERRIES	BANANA	SALSA	PEACHES
AM SNACK			•	•	
IRTH - 5 MONTHS: 4-6 Fluid ounces	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces	500444 4 4 505 4 6 7 4 7 1 4	500.44.1.4.7.005.467.447.14	500.444 4 / 505467 4474/		500444 A / 505467 A471 K
breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 0-4 tablespoons infant cereal, meat, fish, poultry,					
rhole egg, cooked dry beans or cooked					
dry peas; or 2 ounces of cheese; or 0-		MIXED CEREAL	MULTI GRAIN CEREAL	WHOLE WHEAT CEREAL	RICE CEREAL
ounces (volume) cottage cheese; or 0					
4 ounces or 1/2 cup yogurt; or a combination of the above; and					
6 - II MONTHS: 0-2 tablespoons					
vegetable or fruit or a combination of	BANANA	AVOCADO	APPLES	PEARS	BLUEBERRY STRAWBERRY
LUNCH		1	1	1	1
SIRTH - 5 MONTHS: 4-6 Fluid ounces	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces					
breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 0-4 tablespoons					
infant cereal, meat, fish, poultry,					
hole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or O-		BARLEY CEREAL	MIXED CEREAL	OATMEAL CEREAL	MULTI GRAIN CEREAL
ounces (volume) cottage cheese; or 0			marked denarks		Modra oranary ognaria
4 ounces or 1/2 cup yogurt; or a					
combination of the above; and 6 - 11 MONTHS: 0-2 tablespoons					
vegetable or fruit or a combination of	SPINACH	BUTTERNUT SQUASH	SWEET POTATO FRIES	CARROTS	MASHED POTATO
both		·			
PM SNACK BIRTH - 5 MONTHS: 4-6 Fluid ounces				1	
breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 6-8 Fluid ounces	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
breastmilk/formula 6 - 11 MONTHS: 0-4 tablespoons					
infant cereal, meat, fish, poultry,					
vhole egg, cooked dry beans or cooked					
dry peas; or 2 ounces of cheese; or 0- Founces (volume) cottage cheese; or 0		WHOLE WHEAT CEREAL	OATMEAL CEREAL	BARLEY CEREAL	WHOLE WHEAT CEREAL
4 ounces or 1/2 cup yogurt; or a					
combination of the above; and					
6 - 11 MONTHS: 0-2 tablespoons	CODN SALSA (MACUEN)	HONEVNEW MELON (MACUES)	DEACHEC	TOMATO PISOUE	D ANIANIA
regetable or fruit or a combination of both	CURN SALSA (MASHED)	HONEYDEW MELON (MASHED)	PEACHES	TOMATO BISQUE	BANANA
DINNER					
IRTH - 5 MONTHS: 4-6 Fluid ounces	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces					+
breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 0-4 tablespoons					
infant cereal, meat, fish, poultry,					
hole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or O-		RICE CEREAL	BARLEY CEREAL/INFANT TURKEY	MULTI GRAIN CEREAL	OATMEAL CEREAL
ary peas; or 2 ounces of cneese; or 0- ounces (volume) cottage cheese; or 0		NIOL OLNEAD	DANCE CEREAL/INFAINT TURKEY	MODIT BRAIN CEREAL	ON I MEAL CEREAL
4 ounces or 1/2 cup yogurt; or a					
combination of the above; and					
6 - 11 MONTHS: 0-2 tablespoons	RDOCCOLT	DEAS & CADDOTS	CDTNIACU	CALIFORNIA BLEND VEGGIES	CAPPOTE
regetable or fruit or a combination of both	DKUCCULI	PEAS & CARROTS	SPINACH	CALIFORNIA BLEND VEGGIES	CARROTS
EVENING SNACK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
IRTH - 5 MONTHS: 4-6 Fluid ounces	Y. J PINGIO I MEDI				+
		EODALII 4 / DDE 4 CT 14-11	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
IRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK		•	İ
BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 0-4 tablespoons		FORMULA / BREAST MILK			
IRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 0-4 tablespoons infant cereal, meat, fish, poultry,	FORMULA / BREAST MILK	FORMULA / BREAST MILK			
BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 0-4 tablespoons infant cereal, meat, fish, poultry, whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0-	FORMULA / BREAST MILK MIXED CEREAL	FORMULA / BREAST MILK MULTI GRAIN CEREAL	WHOLE WHEAT CEREAL	RICE CEREAL	MIXED CEREAL
IRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 0-4 tablespoons infant cereal, meat, fish, poultry, whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0- ounces (volume) cottage cheese; or 0	FORMULA / BREAST MILK MIXED CEREAL		WHOLE WHEAT CEREAL	RICE CEREAL	MIXED CEREAL
BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 0-4 tablespoons infant cereal, meat, fish, poultry, whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0- ounces (volume) cottage cheese; or 0 4 ounces or 1/2 cup yogurt; or a	FORMULA / BREAST MILK MIXED CEREAL		WHOLE WHEAT CEREAL	RICE CEREAL	MIXED CEREAL
BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 0-4 tablespoons infant cereal, meat, fish, poultry, whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0-4 ounces (volume) cottage cheese; or 0	FORMULA / BREAST MILK MIXED CEREAL		WHOLE WHEAT CEREAL PEACHES/SMOOTHIE	RICE CEREAL PEAS	MIXED CEREAL APPLESAUCE



Services, inc	Manday 7/9/21	Tuesday 7/0/24	Wadnesday 7/10/24	Thunsday 7/11/24	Enidou 7/12/21
BREAKFAST	Monday 7/8/24	Tuesday 7/9/24	Wednesday 7/10/24	Thursday 7/11/24	Friday 7/12/24
BIRTH - 5 MONTHS: 4-6 Fluid ounces	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
hreastmilk/formula 6 - 11 MONTHS: 0-4 tablespoons					
infant cereal, meat, fish, poultry,					
whole egg, cooked dry beans or cooked					
dry peas; or 2 ounces of cheese; or 0- 4 ounces (volume) cottage cheese; or 0		OATMEAL CEREAL	MULTI GRAIN CEREAL	BARLEY CEREAL	MULTI GRAIN CEREAL
4 ounces or 1/2 cup yogurt; or a					
combination of the above; and					
6 - 11 MONTHS: 0-2 tablespoons	21.152522	25.44.15.6		1007407	21
vegetable or fruit or a combination of both	BLUEBERRY	PEACHES	TATOR TOTS	APRICOT	PLUM
AM SNACK			•	•	
BIRTH - 5 MONTHS: 4-6 Fluid ounces	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces	FORMULA / BREAST MILK	FORMULA / PREACT MILK	FORMULA / RDEACT MILK	FORMULA / RREACT MILK	EODALII A / DDEACT MILK
breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 0-4 tablespoons infant cereal, meat, fish, poultry,					
whole egg, cooked dry beans or cooked					
dry peas; or 2 ounces of cheese; or 0-		RICE CEREAL	WHOLE WHEAT CEREAL	OATMEAL CEREAL	MIXED CEREAL
4 ounces (volume) cottage cheese; or 0 4 ounces or 1/2 cup yogurt; or a					
combination of the above; and				<u> </u>	
6 - 11 MONTHS: 0-2 tablespoons	ADDI ECALICE	DACDDEDDTEC	DEADS	STD AW/DEDDTE	DANIANIA
vegetable or fruit or a combination of both	ATTLEDAUCE	RASPBERRIES	PEARS	STRAWBERRIES	BANANA
LUNCH			·		
BIRTH - 5 MONTHS: 4-6 Fluid ounces	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces	FORMULA / BREAST MILK	FORMULA / PREACT MILK	FORMULA / RDEACT MILK	FORMULA / RREACT MILK	EODALII A / DDEACT MILK
breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 0-4 tablespoons infant cereal, meat, fish, poultry,					
whole egg, cooked dry beans or cooked					
dry peas; or 2 ounces of cheese; or 0-		MULTI GRAIN CEREAL	MIXED CEREAL	WHOLE WHEAT CEREAL	BARLEY CEREAL
4 ounces (volume) cottage cheese; or 0 4 ounces or 1/2 cup yogurt; or a					
combination of the above; and					
6 - 11 MONTHS: 0-2 tablespoons	PDOCCOLT	PEAS	MIXED VEGETABLES	FRENCH FRIES	SWEET POTATO
vegetable or fruit or a combination of	DRUCCULI	PEAS	IMIACU VEGELADLES	ILKEINCH LKTED	ISWEEL PULATO
both			Market Veter Market		
PM SNACK					
	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
PM SNACK BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces	FORMULA / BREAST MILK FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK			
PM SNACK BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula	FORMULA / BREAST MILK		FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
PM SNACK BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 0-4 tablespoons infant cereal, meat, fish, poultry,	FORMULA / BREAST MILK FORMULA / BREAST MILK		FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
PM SNACK BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 0-4 tablespoons infant cereal, meat, fish, poultry, whole egg, cooked dry beans or cooked	FORMULA / BREAST MILK FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK
PM SNACK BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 0-4 tablespoons infant cereal, meat, fish, poultry, whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0-	FORMULA / BREAST MILK FORMULA / BREAST MILK BARLEY CEREAL		FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
PM SNACK BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 0-4 tablespoons infant cereal, meat, fish, poultry, whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0-4 ounces (volume) cottage cheese; or 0 4 ounces or 1/2 cup yogurt; or a	FORMULA / BREAST MILK FORMULA / BREAST MILK BARLEY CEREAL	FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK
PM SNACK BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 0-4 tablespoons infant cereal, meat, fish, poultry, whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0- 4 ounces (volume) cottage cheese; or 0- 4 ounces or 1/2 cup yogurt; or a combination of the above; and	FORMULA / BREAST MILK FORMULA / BREAST MILK BARLEY CEREAL	FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK
PM SNACK BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 0-4 tablespoons infant cereal, meat, fish, poultry, whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0-4 ounces (volume) cottage cheese; or 0 4 ounces or 1/2 cup yogurt; or a	FORMULA / BREAST MILK FORMULA / BREAST MILK BARLEY CEREAL	FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK
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PM SNACK BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 0-4 tablespoons infant cereal, meat, fish, poultry, whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces or 1/2 cup yogurt; or a combination of the above; and 6 - 11 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of both DINNER	FORMULA / BREAST MILK FORMULA / BREAST MILK BARLEY CEREAL AVOCADO	FORMULA / BREAST MILK WHOLE WHEAT CEREAL PRUNES	FORMULA / BREAST MILK FORMULA / BREAST MILK OATMEAL CEREAL PINEAPPLE PEAR	FORMULA / BREAST MILK FORMULA / BREAST MILK MIXED CEREAL KIWI	FORMULA / BREAST MILK FORMULA / BREAST MILK RICE CEREAL PEAR
PM SNACK BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 0-4 tablespoons infant cereal, meat, fish, poultry, whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0- 4 ounces (volume) cottage cheese; or 0- 4 ounces or 1/2 cup yogurt; or a combination of the above; and 6 - 11 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of both DINNER BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula	FORMULA / BREAST MILK FORMULA / BREAST MILK BARLEY CEREAL AVOCADO	FORMULA / BREAST MILK WHOLE WHEAT CEREAL	FORMULA / BREAST MILK FORMULA / BREAST MILK OATMEAL CEREAL	FORMULA / BREAST MILK FORMULA / BREAST MILK MIXED CEREAL	FORMULA / BREAST MILK FORMULA / BREAST MILK RICE CEREAL
PM SNACK BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 0-4 tablespoons infant cereal, meat, fish, poultry, whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces or 1/2 cup yogurt; or a combination of the above; and 6 - 11 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of both DINNER BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces	FORMULA / BREAST MILK FORMULA / BREAST MILK BARLEY CEREAL AVOCADO	FORMULA / BREAST MILK WHOLE WHEAT CEREAL PRUNES	FORMULA / BREAST MILK FORMULA / BREAST MILK OATMEAL CEREAL PINEAPPLE PEAR	FORMULA / BREAST MILK FORMULA / BREAST MILK MIXED CEREAL KIWI	FORMULA / BREAST MILK FORMULA / BREAST MILK RICE CEREAL PEAR
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PM SNACK BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 0-4 tablespoons infant cereal, meat, fish, poultry, whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0- 4 ounces (volume) cottage cheese; or 0- 4 ounces or 1/2 cup yogurt; or a combination of the above; and 6 - 11 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of both DINNER BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 0-4 tablespoons infant cereal, meat, fish, poultry,	FORMULA / BREAST MILK FORMULA / BREAST MILK BARLEY CEREAL AVOCADO FORMULA / BREAST MILK FORMULA / BREAST MILK	FORMULA / BREAST MILK WHOLE WHEAT CEREAL PRUNES FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK OATMEAL CEREAL PINEAPPLE PEAR FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK MIXED CEREAL KIWI FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK RICE CEREAL PEAR FORMULA / BREAST MILK
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Monday 7/15/24	Tuesday 7/16/24	Wednesday 7/17/24	Thursday 7/18/24	Friday 7/19/24
FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
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WHOLE WHEAT CEREAL	OATMEAL CEREAL	RICE CEREAL	BARLEY CEREAL	MIXED CEREAL
CANTALOUPE	APPLESAUCE	BLUEBERRIES	RASPBERRIES	PINEAPPLES
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-ORMOLA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
DTCE CEDEAL	RADIEV CEDEAL	MIVED CEDEAL	MULTI CDATN CEDEAL	WHOLE WHEAT CEREAL
TICE CEREAL	BARLEY CEREAL	MIXED CEREAL	MOLII GRAIN CEREAL	WHOLE WHEAT CEREAL
BANANA	AVOCADO	TATOR TOTS	MIXED REDDIES	MANGO
zni sni sn	AT CONDO	17.00	MENCO DENNILO	INDI 400
FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
OATMEAL CEREAL	WHOLE WHEAT CEREAL	BARLEY CEREAL	RICE CEREAL	MULTI GRAIN CEREAL
TOMATO BISQUE	PEAS	BROCCOLI	SWEET POTATO	CARROTS
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FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
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BROCCOLI	PEARS	MIXED BERRIES	KIWI	STRAWBERRY
	PEARS	MIXED BERRIES	KIWI	STRAWBERRY
	PEARS FORMULA / BREAST MILK	MIXED BERRIES FORMULA / BREAST MILK	FORMULA / BREAST MILK	STRAWBERRY FORMULA / BREAST MILK
FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
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Services, inc	Monday 7/22/24	Tuesday 7/23/24	Wednesday 7/24/24	Thursday 7/25/24	Friday 7/26/24
BREAKFAST	money // zz/ z ·	7, 200 (1) 77 (207 (2) 1	W 65.1165654 7 7 2 17 2 1	, , , , , , , , , , , , , , , , , , ,	77707772072
BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 0-4 tablespoons infant cereal, meat, fish, poultry, whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0-4 ounces (volume) cottage cheese; or 0 4 ounces or 1/2 cup yogurt; or a combination of the above; and	MULTI GRAIN CEREAL	WHOLE WHEAT CEREAL	RICE CEREAL	MIXED CEREAL	OATMEAL CEREAL
6 - 11 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of both	RASPBERRIES	PEACHES	APPLESAUCE	STRAWBERRIES	oranges
AM SNACK					<u> </u>
BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 0-4 tablespoons infant cereal, meat, fish, poultry, whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces or 1/2 cup yogurt; or a combination of the above; and	WHOLE WHEAT CEREAL	MIXED CEREAL	MULTI GRAIN CEREAL	OATMEAL CEREAL	MIXED CEREAL
6 - 11 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of both	HUMMUS	BANANA	AVOCADO	HASHBROWNS	CUCUMBER
LUNCH		•			•
BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 0-4 tablespoons infant cereal, meat, fish, poultry, whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces or 1/2 cup yogurt; or a combination of the above; and	BARLEY CEREAL	RICE CEREAL	OATMEAL CEREAL	MULTI GRAIN CEREAL	WHOLE WHEAT CEREAL
6 - 11 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of both	CAULIFLOWER (MASHED)	YELLOW SQUASH	CARROTS	GREEN BEANS	GRILLED VEGETABLES
PM SNACK BIRTH - 5 MONTHS: 4-6 Fluid ounces					
breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
breastmilk/formula 6 - 11 MONTHS: 0-4 tablespoons infant cereal, meat, fish, poultry, whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0- 4 ounces (volume) cottage cheese; or 0- 4 ounces or 1/2 cup yogurt; or a combination of the above; and	MIXED CEREAL	FORMULA / BREAST MILK OATMEAL CEREAL	FORMULA / BREAST MILK BARLEY CEREAL	FORMULA / BREAST MILK WHOLE WHEAT CEREAL	FORMULA / BREAST MILK BARLEY CEREAL
6 - 11 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of both	SWEET POTATO	HONEYDEW MELON	VEGETABLE SOUP	APRICOT	PEAS
DINNER					
BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 0-4 tablespoons infant cereal, meat, fish, poultry, whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0- 4 ounces (volume) cottage cheese; or 0 4 ounces or 1/2 cup yogurt; or a	RICE CEREAL	FORMULA / BREAST MILK MULTI GRAIN CEREAL	FORMULA / BREAST MILK WHOLE WHEAT CEREAL	FORMULA / BREAST MILK RICE CEREAL	FORMULA / BREAST MILK MULTI GRAIN CEREAL
combination of the above; and 6 - 11 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of both	CORN	TOMATO BISQUE SOUP	STIR FRY VEGETABLES	BROCCOLI	BAKED FRENCH FRIES
EVENING SNACK		·	1		
BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 0-4 tablespoons infant cereal, meat, fish, poultry,	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0- 4 ounces (volume) cottage cheese; or 0- 4 ounces or 1/2 cup yogurt; or a combination of the above; and	OATMEAL CEREAL	BARLEY CEREAL	MIXED CEREAL	BARLEY CEREAL	RICE CEREAL
6 - 11 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of both	MANGO	WATERMELON	PEAS	BANANA	APPLESAUCE



Oct vices, ii ic	Manday 7/20/21	Tuesday 7/30/24	Wadnasday 7/31/2024		
BREAKFAST	Monday 7/29/24	Tuesday 7/30/24	Wednesday 7/31/2024		
BIRTH - 5 MONTHS: 4-6 Fluid ounces		<u></u>	<u></u>		
breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK		
6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK		
6 - 11 MONTHS: 0-4 tablespoons					
infant cereal, meat, fish, poultry,					
whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0-		RICE CEREAL	MIXED CEREAL		
4 ounces (volume) cottage cheese; or 0					
4 ounces or 1/2 cup yogurt; or a					
combination of the above; and 6 - 11 MONTHS: 0-2 tablespoons					
vegetable or fruit or a combination of	PEACHES	APPLES	BANANA		
AM SNACK					
BIRTH - 5 MONTHS: 4-6 Fluid ounces					
breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK		
breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK		
6 - 11 MONTHS: 0-4 tablespoons					
infant cereal, meat, fish, poultry, whole egg, cooked dry beans or cooked					
dry peas; or 2 ounces of cheese; or 0-		MULTIGRAIN CEREAL	WHOLE WHEAT CEREAL		
4 ounces (volume) cottage cheese; or 0					
4 ounces or 1/2 cup yogurt; or a combination of the above; and					
6 - 11 MONTHS: 0-2 tablespoons					
vegetable or fruit or a combination of	BLUEBERRIES	APRICOTS	AVOCADO		
LUNCH		1	ı	1	
BIRTH - 5 MONTHS: 4-6 Fluid ounces	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK		
breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces					
breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK		
6 - 11 MONTHS: 0-4 tablespoons					
infant cereal, meat, fish, poultry, whole egg, cooked dry beans or cooked					
dry peas; or 2 ounces of cheese; or 0-		BARLEY CEREAL	MULTIGRAIN CEREAL		
4 ounces (volume) cottage cheese; or 0					
4 ounces or 1/2 cup yogurt; or a combination of the above; and					
6 - 11 MONTHS: 0-2 tablespoons					
vegetable or fruit or a combination of both	CARROTS	SWEET PEAS	GREEN BEANS		
PM SNACK					
BIRTH - 5 MONTHS: 4-6 Fluid ounces	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK		
breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces	EODALII A / BDEACT MILV	FORMULA / PREACT MILE	FORMULA / PREACT MILE		
breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK		
6 - 11 MONTHS: 0-4 tablespoons infant cereal, meat, fish, poultry,					
whole egg, cooked dry beans or cooked					
dry peas; or 2 ounces of cheese; or 0-		WHOLE WHEAT CEREAL	OATMEAL CEREAL		
4 ounces (volume) cottage cheese; or 0 4 ounces or 1/2 cup yogurt; or a					
combination of the above; and					
6 - 11 MONTHS: 0-2 tablespoons	FDUITT CALAN	CANTALOUPE	ADDI ES ALICE		
vegetable or fruit or a combination of both	I RUIT JALAU	CANTALOUPE	APPLESAUCE		
DINNER					
BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK		
6 - 11 MONTHS: 6-8 Fluid ounces	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK		
breastmilk/formula 6 - 11 MONTHS: 0-4 tablespoons	, SAMOUR / DREAGI MILER	, COMOCA / DACAOT MILES	- COMODA / DREAD! MILE		
infant cereal, meat, fish, poultry,					
whole egg, cooked dry beans or cooked					
dry peas; or 2 ounces of cheese; or 0-4 ounces (volume) cottage cheese; or 0		OATMEAL CEREAL	RICE CEREAL		
4 ounces (volume) cottage cheese; or U 4 ounces or 1/2 cup yogurt; or a					
combination of the above; and					
6 - 11 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of	CORN	SWEET POTATO	CARROTS		
both		STEEL TOTALO	771111010		
EVENING SNACK					
BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK		
6 - 11 MONTHS: 6-8 Fluid ounces	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK		
breastmilk/formula 6 - 11 MONTHS: 0-4 tablespoons	·				
infant cereal, meat, fish, poultry,					
whole egg, cooked dry beans or cooked		MIVEN CENE AL	DADLEY CEDE 41		
dry peas; or 2 ounces of cheese; or 0-4 ounces (volume) cottage cheese; or 0		MIXED CEREAL	BARLEY CEREAL		
4 ounces or 1/2 cup yogurt; or a					
combination of the above; and					
6 - 11 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of	PINAPPLE PEAR	PINEAPPLE BLUEBERRY	PEARS		
both					