

Harvest of the month: Peaches July 2024

	Monday 7/1/24	Tuesday 7/2/24	Wednesday 7/3/24	Thursday 7/4/24	Friday 7/5/24
BREAKFAST Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	WHOLE GRAIN BAGEL BLUEBERRIES *MILK	WHOLE WHEAT MINI PANCAKE RASPBERRIES *MILK	MULTIGRAIN CHEERIOS BANANAS *MILK	BREAKFAST BURRITO WHOLE GRAIN TORTILLA SCRAMBLED EGGS HOME MADE VEGGIE SALSA *MILK	ENRICHED OATMEAL WARMED PEACHES *MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
AM SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	FRUIT KABOB (BANANA & GRAPES) LOW FAT YOGURT WATER	STRAWBERRY & AVOCADO SALSA WHOLE GRAIN TORTILLA CHIPS STRAWBERRY AVOCADO WATER	ENRICHED CREAM OF WHEAT SLICED APPLES WATER	ENRICHED CHEESE TOAST HALVED CHERRY TOMATOES WATER	FRUIT PIZZA (WG BAGEL, LF CREAM CHEESE) BLUEBERRIES & STRAWBERRIES WATER
TWO COMPONENTS	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
LUNCH Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	CHICKEN NUGGETS ENRICHED HAWAIIAN ROLL FRUIT SALAD CREAMY SPINACH *MILK	HAM & CHEESE SUB MULTI GRAIN SUB ROLL APPLESAUCE CELERY STICKS *MILK	BBQ BEEF MEATBALLS WHOLE WHEAT SUB ROLL PEAR HALVES SWEET POTATO FRIES * MILK	TERIYAKI SHRIMP ENRICHED FRIED RICE PINEAPPLE RINGS SHREDDED CARROTS *MILK	ROASTED TURKEY WHOLE WHEAT ROLL MASHED POTATOES ROASTED BRUSSEL SPROUTS *MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
PM SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	WHOLE WHEAT PITA CHIPS CORN SALSA *FLAVORED WATER* <i>*STRAWBERRY & LEMON WATER</i>	ENRICHED ANIMAL CRACKERS HONEYDEW MELON WATER	LOW FAT YOGURT CINNAMON PEACHES ENRICHED GRAHAM CRACKERS WATER	WHOLE WHEAT GOLDFISH TOMATO BISQUE WATER	ROASTED CHICKEN & CHEESE ROLLUPS WHOLE WHEAT SESAME STICKS WATER
TWO COMPONENTS	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
DINNER Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	HOMEMADE CHEESE-EEY PIZZA WHOLE WHEAT PIZZA CRUST PEARS BROCCOLI *MILK	FISH FILLET MULTI GRAIN BUN MANDARIN ORANGES PEAS & CARROT MIX * MILK	EAT BEANS DAY BEAN & CHEESE QUESADILLA WHOLE GRAIN TORTILLA MANGO CHUNKS TOSSED SALAD * MILK	STEAK FINGERS WHOLE WHEAT ROLL PLUMS CALIFORNIA BLEND VEGGIES *MILK	SPAGHETTI W/ GROUND BEEF WHOLE WHEAT SPAGHETTI NOODLES RASPBERRIES MINI CORN ON THE COB * MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
EVENING SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	WHOLE GRAIN CHEESE CRACKERS SLICED KIWI WATER	WHOLE WHEAT RITZ CRACKERS HUMMUS DIP WATER	Peach, Pineapple Orange Smoothie Recipe PEACH YOGURT WHOLE WHEAT CRACKERS WATER	CRUNCHY ANS ON A LOG PEANUT/NUT/SOY/WOW BUTTER CERELY STICKS RAISINS WATER	ENRICHED PRETZELS CINNAMON APPLESAUCE WATER
TWO COMPONENTS	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
	* One year olds are served Unflavored Whole Milk. Two years old and older are served unflavored 1% or Fat Free Milk. Milk substitutes must have a medical statement.				

Harvest of the month: Peaches July 2024

	Monday 7/8/24	Tuesday 7/9/24	Wednesday 7/10/24	Thursday 7/11/24	Friday 7/12/24
BREAKFAST Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	WHOLE GRAIN FRENCH TOAST BLUEBERRIES *MILK	ENRICHED GRITS ROASTED PEACHES *MILK	WHOLE GRAIN MINI PANCAKES HASHBROWNS *MILK	WHOLE WHEAT BAGEL APRICOT HALVES *MILK	ENRICHED SAUSAGE BISCUIT PLUMS *MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
AM SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	WHOLE GRAIN CHIPS 100% APPLE JUICE	TRAIL MIX WHOLE GRAIN CEREAL RAISINS & CRANBERRIES WATER	EGG & SPINACH OMELET GROOVY GRAPES (CUT APPROPRIATELY) WATER	ENRICHED OATMEAL SLICED STRAWBERRIES WATER	BANANA SUSHI ROLL PEANUT/SOY/WOW/NUT BUTTER WHOLE GRAIN TORTILLA BANANA WATER
TWO COMPONENTS	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
LUNCH Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	NATIONAL MACARONI DAY EXTRA CHEESEY MAC-N-CHEESE WHOLE GRAIN ELBOW APPLE WEDGES BROCCOLI *MILK	CURRY CHICKEN ENRICHED BROWN RICE MANGO SLICES SWEET PEAS *MILK	MINI CHEESE PIZZA WHOLE WHEAT ENGLISH MUFFIN FRUIT COCKTAIL MIXED VEGETABLES * MILK	BEEF SLOPPY JOE WHOLE GRAIN BUN WATERMELON STICKS BAKED FRENCH FRIES *MILK	HAM & CHEESE SLIDERS WHOLE WHEAT HAWAIIAN ROLL KIWI COLESLAW *MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
PM SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	WHOLE WHEAT PITA CHIPS FRESH GUACAMOLE *FLAVORED WATER* *CUCUMBER & LIME WATER*	PINWHEEL TURKEY SNACK TURKEY SLICES WHOLE GRAIN TORTILLA SPINACH WATER	ENRICHED ANIMAL CRACKERS CRUSHED PINEAPPLE WATER	ENRICHED SALTINE CRACKERS SAVORY TUNA SALAD WATER	MINI EGG SALAD SANDWICH WHOLE GRAIN BREAD WATER
TWO COMPONENTS	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
DINNER Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	BEEF CHEESE BURGER WHOLE WHEAT BUN APPLE WEDGES POTATO WEDGES *MILK	BAKED FISH FILLET ENRICHED HUSH PUPPIES RASPBERRIES GARLIC GREEN BEANS * MILK	PHILLY CHEESE STEAK WHOLE WHEAT SUB ROLL MANDARIN ORANGES TOSSED SALAD * MILK	CHICKEN TENDERS MULTI GRAIN BREADSTICKS PEACHES PEAS & CARROTS *MILK	SLICED TURKEY PANINI WHOLE WHEAT PITA CANTALOUPE SPINACH & TOMATO SALAD * MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
EVENING SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	ENRICHED MUFFIN BANANA WATER	WHOLE GRAIN CHEESE ITS WATERMELON SHAPES WATER	WHOLE GRAIN RICE CAKE HONEYDEW MELON WATER	CHEDDAR CHEESE CUBES WHOLE WHEAT SESAME STICKS WATER	ENRICHED GRAHAM CRACKERS CUCUMBER STRIPS WATER
TWO COMPONENTS	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
* One year olds are served Unflavored Whole Milk. Two years old and older are served unflavored 1% or Fat Free Milk. Milk substitutes must have a medical statement.					

Harvest of the month: Peaches July 2024

	Monday 7/15/24	Tuesday 7/16/24	Wednesday 7/17/24	Thursday 7/18/24	Friday 7/19/24
BREAKFAST Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	WHOLE GRAIN MINI BAGEL EGG HALVES CANTALOUPE *MILK <input type="checkbox"/> Whole Grain	ENRICHED CREAM OF WHEAT SLICED APPLES *MILK <input type="checkbox"/> Whole Grain	WHOLE GRAIN CHEERIOS BLUEBERRIES *MILK <input type="checkbox"/> Whole Grain	ENRICHED KIX CEREAL RASPBERRIES *MILK <input type="checkbox"/> Whole Grain	WHOLE WHEAT CHEESE TOAST PINEAPPLE TIDBITS *MILK <input type="checkbox"/> Whole Grain
AM SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk TWO COMPONENTS	ENRICHED PANCAKE BANANA WATER <input type="checkbox"/> Whole Grain	WHOLE WHEAT TOAST AVOCADO & FRESH TOMATOES WATER <input type="checkbox"/> Whole Grain	BOILED EGG HALVES TATOR TOTS WATER <input type="checkbox"/> Whole Grain	ENRICHED GRAHAM CRACKERS 100% BERRY BERRY JUICE <input type="checkbox"/> Whole Grain	WHOLE WHEAT ENGLISH MUFFIN MANGO STRIPS WATER <input type="checkbox"/> Whole Grain
LUNCH Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	GRILLED CHEESE SANDWICH WHOLE WHEAT BREAD KIWI SLICES TOMATO BISQUE *MILK <input type="checkbox"/> Whole Grain	BAKED FISH STICKS MULTI GRAIN ROLL SLICED PEACHES SWEET PEAS *MILK <input type="checkbox"/> Whole Grain	BODACIOUS QUESADILLA GRILLED CHICKEN WHOLE WHEAT TORTILLA MANGO SLICES BROCCOLI * MILK <input type="checkbox"/> Whole Grain	SAVORY TUNA & CHEESE SUB WHOLE GRAIN SUB ROLL PLUMS CELERY STICKS *MILK <input type="checkbox"/> Whole Grain	SAVORY WAFFLE-WICH HAM & CHEESE WHOLE GRAIN WAFFLE ORANGES (SMILES) TOSSED SALAD *MILK <input type="checkbox"/> Whole Grain
PM SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk TWO COMPONENTS	<u>CHEESY BROCCOLI TOTS RECIPE</u> SHREDDED CHEESE BROCCOLI FLORETS *FLAVORED WATER* *WATERMELON & MINT WATER* <input type="checkbox"/> Whole Grain	ENRICHED PRETZELS PEARS WATER <input type="checkbox"/> Whole Grain	FRUIT PIZZA w/CREAM CHEESE WHOLE WHEAT FLATBREAD MIXED BERRIES WATER <input type="checkbox"/> Whole Grain	WHOLE GRAIN SUNCHIPS KIWI SLICES WATER <input type="checkbox"/> Whole Grain	FRUIT KABOB W/DIP LOW FAT YOGURT MIXED FRUIT (STRAWBERRY, GRAPES, BANANA) WATER <input type="checkbox"/> Whole Grain
DINNER Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	ROASTED TURKEY PINWHEELS WHOLE WHEAT TORTILLA SWEET PEAS SHREDDED CARROTS *MILK <input type="checkbox"/> Whole Grain	POPCORN SHRIMP WHOLE GRAIN FRIED RICE HONEYDEW MELON STIR FRY VEGETABLES * MILK <input type="checkbox"/> Whole Grain	LETTUCE TOFU WRAP SAVORY TOFU ENRICHED BROWN RICE PEACHES SUMMER SQUASH * MILK <input type="checkbox"/> Whole Grain	STEAK BURRITO BOWL ENRICHED BROWN RICE HOMEMADE PICO DE GALLO BLACK BEANS *MILK <input type="checkbox"/> Whole Grain	BREAKFAST FOR DINNER TURKEY SAUSAGE MULTI GRAIN TOAST APRICOT HASHBROWNS * MILK <input type="checkbox"/> Whole Grain
EVENING SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk TWO COMPONENTS	ENRICHED CROISSANT MIXED FRUIT WATER <input type="checkbox"/> Whole Grain	WHOLE WHEAT THIN CRACKERS STRAWBERRIES WATER <input type="checkbox"/> Whole Grain	WHOLE WHEAT RICE CRISPS WATERMELON SHAPES WATER <input type="checkbox"/> Whole Grain	ENRICHED ANIMAL CRACKERS BLUEBERRIES WATER <input type="checkbox"/> Whole Grain	ENRICHED RITZ CRACKERS CHEDDAR CHEESE CUBES WATER <input type="checkbox"/> Whole Grain
* One year olds are served Unflavored Whole Milk. Two years old and older are served unflavored 1% or Fat Free Milk. Milk substitutes must have a medical statement.					

Harvest of the month: Peaches July 2024

	Monday 7/22/24	Tuesday 7/23/24	Wednesday 7/24/24	Thursday 7/25/24	Friday 7/26/24
BREAKFAST Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	WHOLE GRAIN CHEERIOS RASPBERRIES *MILK	WHOLE WHEAT WAFFLES WARMED PEACHES *MILK	ENRICHED CHICKEN BISCUIT APPLESAUCE *MILK	WHOLE GRAIN MUFFIN STRAWBERRIES * MILK	BAGELFEST DAY WHOLE WHEAT MINI BAGEL CANADIAN BACON ORANGES *MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
AM SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk TWO COMPONENTS	ENRICHED PRETZELS HUMMUS WATER	BANANA SUSHI ROLL PEANUT/SOY/WOW/NUT BUTTER WHOLE GRAIN TORTILLA BANANA WATER	WHOLE WHEAT BREAD AVOCADO SLICES WATER	BOILED EGGS HASHBROWNS WATER	LOW FAT YOGURT CUCUMBER STICKS WATER
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
LUNCH Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	SAVORY CHICKEN SALAD ENRICHED CROISSANT GROOVY GRAPES ROASTED CAULIFLOWER *MILK	TURKEY MEATBALL SUB WHOLE WHEAT SUB ROLL APPLE SLICES YELLOW SQUASH *MILK	BLACK BEAN & VEGGIE QUESADILLA BLACK BEANS WHOLE GRAIN TORTILLA PEARS HONEY GLAZED CARROTS * MILK	HOMEMADE MAC AND CHEESE ENRICHED NOODLES FRUIT COCKTAIL GREEN BEANS *MILK	TURKEY SLICES WHOLE GRAIN PITA BREAD CINNAMON APPLESAUCE GRILLED VEGETABLES *MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
PM SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk TWO COMPONENTS	MOZZARELLA CHEESE STICK TOMATO & CUCUMBER SALAD *FLAVORED WATER* *ORANGE & PINEAPPLE WATER*	STRAWBERRY YOGURT PARTFAIT SRAWBERRY GREEK YOGURT MIXED BERRIES GRANOLA (OPTIONAL) WATER	WHOLE GRAIN CRACKERS VEGETABLE SOUP WATER	ENRICHED GRAHAM CRACKERS APRICOT SLICES WATER	PIZZADILLA MOZZARELLA CHEESE PEPPERONI WHOLE WHEAT TORTILLA WATER
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
DINNER Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	BEEF SLOPPY JOE WHOLE WHEAT BUN BLUEBERRIES SWEET CORN *MILK	GRILLED CHEESE TOAST WHOLE GRAIN BREAD KIWI TOMATO BISQUE SOUP * MILK	BEEF LO-MEIN WHOLE GRAIN NOODLES RASPBERRIES STIR FRY VEGGIES * MILK	CHICKEN TENDERS WHOLE GRAIN ROLL CANTALOUPE BROCCOLI *MILK	NATIONAL HAMBURGER DAY BEEF HAMBURGER WHOLE WHEAT BUN BAKED FRENCH FRIES TRI COLOR COLESLAW * MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
EVENING SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk TWO COMPONENTS	COTTAGE CHEESE MANGO CUBES WATER	WHOLE GRAIN CHEESE ITS WATERMELON SHAPES WATER	FRUIT & VEGGIE CUP APPLE SLICES SUGAR SNAP PEAS WATER	ENRICHED RICE CAKE 100% BERRY JUICE WATER	ANTS ON A LOG CELERY STICKS PEANUT/WOW/SOY BUTTER RAISINS WATER
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
* One year olds are served Unflavored Whole Milk. Two years old and older are served unflavored 1% or Fat Free Milk. Milk substitutes must have a medical statement.					

Harvest of the month: Peaches July 2024

	Monday 7/29/24	Tuesday 7/30/24	Wednesday 7/31/2024		
BREAKFAST Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	ENRICHED SAUSAGE BISCUIT DICED PEACHES *MILK <input type="checkbox"/> Whole Grain	WHOLE GRAIN CHERRIOS APPLES *MILK <input type="checkbox"/> Whole Grain	WHOLE GRAIN FRENCH TOAST BANANA *MILK <input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
AM SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk TWO COMPONENTS	COTTAGE CHEESE PLUMS WATER <input type="checkbox"/> Whole Grain	ENRICHED CREAM OF WHEAT APRICOTS WATER <input type="checkbox"/> Whole Grain	NATIONAL AVOCADO DAY AVOCADO WHOLE WHEAT MINI BAGEL OPTIONAL (EVERYTHING BAGEL SEASONING) WATER <input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
LUNCH Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	GREEN LENTILS WHOLE GRAIN TACO SHELLS GROOVY GRAPES BABY CARROTS *MILK <input type="checkbox"/> Whole Grain	NATIONAL CHICKEN & WAFFLES BAKED CHICKEN WHOLE WHEAT WAFFLES PLUMS SWEET PEAS * MILK <input type="checkbox"/> Whole Grain	CHILI MAC W/GROUND TURKEY WHOLE GRAIN PASTA DICED PEARS GREEN BEANS *MILK <input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
PM SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk TWO COMPONENTS	WHOLE GRAIN SUNCHIPS FRUIT SALAD WATER <input type="checkbox"/> Whole Grain	WHOLE GRAIN RICE CAKE CANTALOUPE WATER <input type="checkbox"/> Whole Grain	ENRICHED GRAHAM CRACKERS 100% BERRY JUICE WATER <input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
DINNER Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	NATIONAL LASAGNA DAY GROUND BEEF WHOLE WHEAT LASAGNA PASTA TOSSED SALAD CORN ON THE COB *MILK <input type="checkbox"/> Whole Grain	STUFFED BELL PEPPERS GROUND TURKEY WHOLE WHEAT BROWN RICE COLORFUL PEPPERS TRI COLOR COLESALW *MILK <input type="checkbox"/> Whole Grain	CHICKEN SALAD ENRICHED CROISSANT SLICED CUCUMBERS BABY CARROTS *MILK <input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
EVENING SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk TWO COMPONENTS	ENRICHED GRAHAM CRACKERS CRUSHED PINEAPPLE WATER <input type="checkbox"/> Whole Grain	ENRICHED TRISCUIT CRACKERS BOILED EGG HALVES <input type="checkbox"/> Whole Grain	WHOLE GRAIN SESAME STICKS CINNAMON APPLESAUCE <input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
* One year olds are served Unflavored Whole Milk. Two years old and older are served unflavored 1% or Fat Free Milk. Milk substitutes must have a medical statement.					