

# Harvest of the month: Peaches July 2024

	Monday 7/1/24	Tuesday 7/2/24	Wednesday 7/3/24	Thursday 7/4/24	Friday 7/5/24
<b>BREAKFAST</b> Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	WHOLE GRAIN BAGEL BLUEBERRIES *MILK  <input type="checkbox"/> Whole Grain	WHOLE WHEAT MINI PANCAKE RASPBERRIES *MILK  <input type="checkbox"/> Whole Grain	MULTIGRAIN CHEERIOS BANANAS *MILK  <input type="checkbox"/> Whole Grain	BREAKFAST BURRITO WHOLE GRAIN TORTILLA SCRAMBLED EGGS HOME MADE VEGGIE SALSA *MILK  <input type="checkbox"/> Whole Grain	ENRICHED OATMEAL WARMED PEACHES *MILK  <input type="checkbox"/> Whole Grain
<b>LUNCH</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	CHICKEN NUGGETS ENRICHED HAWAIIAN ROLL FRUIT SALAD CREAMY SPINACH *MILK  <input type="checkbox"/> Whole Grain	HAM & CHEESE SUB MULTI GRAIN SUB ROLL APPLESAUCE CELERY STICKS *MILK  <input type="checkbox"/> Whole Grain	BBQ BEEF MEATBALLS WHOLE WHEAT SUB ROLL PEAR HALVES SWEET POTATO FRIES * MILK  <input type="checkbox"/> Whole Grain	TERIYAKI SHRIMP ENRICHED FRIED RICE PINEAPPLE RINGS SHREDDED CARROTS *MILK  <input type="checkbox"/> Whole Grain	ROASTED TURKEY WHOLE WHEAT ROLL MASHED POTATOES ROASTED BRUSSEL SPROUTS *MILK  <input type="checkbox"/> Whole Grain
<b>PM SNACK</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	WHOLE WHEAT PITA CHIPS CORN SALSA *FLAVORED WATER* <b>*STRAWBERRY &amp; LEMON WATER</b>  <input type="checkbox"/> Whole Grain	ENRICHED ANIMAL CRACKERS HONEYDEW MELON  WATER  <input type="checkbox"/> Whole Grain	LOW FAT YOGURT CINNAMON PEACHES ENRICHED GRAHAM CRACKERS WATER  <input type="checkbox"/> Whole Grain	WHOLE WHEAT GOLDFISH TOMATO BISQUE  WATER  <input type="checkbox"/> Whole Grain	ROASTED CHICKEN & CHEESE ROLLUPS WHOLE WHEAT SESAME STICKS  WATER  <input type="checkbox"/> Whole Grain
<b>TWO COMPONENTS</b>	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
* One year olds are served Unflavored Whole Milk. Two years old and older are served unflavored 1% or Fat Free Milk. Milk substitutes must have a medical statement.					

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	Monday 7/8/24	Tuesday 7/9/24	Wednesday 7/10/24	Thursday 7/11/24	Friday 7/12/24
<b>BREAKFAST</b> Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	WHOLE GRAIN FRENCH TOAST BLUEBERRIES *MILK  <input type="checkbox"/> Whole Grain	ENRICHED GRITS ROASTED PEACHES *MILK  <input type="checkbox"/> Whole Grain	WHOLE GRAIN MINI PANCAKES HASHBROWNS *MILK  <input type="checkbox"/> Whole Grain	WHOLE WHEAT BAGEL APRICOT HALVES *MILK  <input type="checkbox"/> Whole Grain	ENRICHED SAUSAGE BISCUIT PLUMS *MILK  <input type="checkbox"/> Whole Grain
<b>LUNCH</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	<b>NATIONAL MACARONI DAY</b> EXTRA CHEESEY MAC-N-CHEESE WHOLE GRAIN ELBOW APPLE WEDGES BROCCOLI *MILK  <input type="checkbox"/> Whole Grain	CURRY CHICKEN ENRICHED BROWN RICE MANGO SLICES SWEET PEAS *MILK  <input type="checkbox"/> Whole Grain	MINI CHEESE PIZZA WHOLE WHEAT ENGLISH MUFFIN FRUIT COCKTAIL MIXED VEGETABLES * MILK  <input type="checkbox"/> Whole Grain	BEEF SLOPPY JOE WHOLE GRAIN BUN WATERMELON STICKS BAKED FRENCH FRIES *MILK  <input type="checkbox"/> Whole Grain	HAM & CHEESE SLIDERS WHOLE WHEAT HAWAIIAN ROLL KIWI COLESLAW *MILK  <input type="checkbox"/> Whole Grain
<b>PM SNACK</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk <b>TWO COMPONENTS</b>	WHOLE WHEAT PITA CHIPS FRESH GUACAMOLE *FLAVORED WATER* <b>*CUCUMBER &amp; LIME WATER*</b>  <input type="checkbox"/> Whole Grain	PINWHEEL TURKEY SNACK TURKEY SLICES WHOLE GRAIN TORTILLA SPINACH WATER  <input type="checkbox"/> Whole Grain	ENRICHED ANIMAL CRACKERS CRUSHED PINEAPPLE  WATER  <input type="checkbox"/> Whole Grain	ENRICHED SALTINE CRACKERS SAVORY TUNA SALAD  WATER  <input type="checkbox"/> Whole Grain	MINI EGG SALAD SANDWICH WHOLE GRAIN BREAD  WATER  <input type="checkbox"/> Whole Grain
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	Monday 7/15/24	Tuesday 7/16/24	Wednesday 7/17/24	Thursday 7/18/24	Friday 7/19/24
<b>BREAKFAST</b> Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	WHOLE GRAIN MINI BAGEL EGG HALVES CANTALOUPE *MILK  <input type="checkbox"/> Whole Grain	ENRICHED CREAM OF WHEAT SLICED APPLES *MILK  <input type="checkbox"/> Whole Grain	WHOLE GRAIN CHEERIOS BLUEBERRIES *MILK  <input type="checkbox"/> Whole Grain	ENRICHED KIX CEREAL RASPBERRIES *MILK  <input type="checkbox"/> Whole Grain	WHOLE WHEAT CHEESE TOAST PINEAPPLE TIDBITS *MILK  <input type="checkbox"/> Whole Grain
<b>LUNCH</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	GRILLED CHEESE SANDWICH WHOLE WHEAT BREAD KIWI SLICES TOMATO BISQUE *MILK  <input type="checkbox"/> Whole Grain	BAKED FISH STICKS MULTI GRAIN ROLL SLICED PEACHES SWEET PEAS *MILK  <input type="checkbox"/> Whole Grain	BODACIOUS QUESADILLA GRILLED CHICKEN WHOLE WHEAT TORTILLA MANGO SLICES BROCCOLI * MILK  <input type="checkbox"/> Whole Grain	SAVORY TUNA & CHEESE SUB WHOLE GRAIN SUB ROLL PLUMS CELERY STICKS *MILK  <input type="checkbox"/> Whole Grain	SAVORY WAFFLE-WICH HAM & CHEESE WHOLE GRAIN WAFFLE ORANGES (SMILES) TOSSED SALAD *MILK  <input type="checkbox"/> Whole Grain
<b>PM SNACK</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	<u>CHEESY BROCCOLI TOTS RECIPE</u> SHREDDED CHEESE BROCCOLI FLORETS *FLAVORED WATER* <b>*WATERMELON &amp; MINT WATER*</b>	ENRICHED PRETZELS PEARS  WATER	FRUIT PIZZA w/CREAM CHEESE WHOLE WHEAT FLATBREAD MIXED BERRIES WATER	WHOLE GRAIN SUNCHIPS KIWI SLICES  WATER	FRUIT KABOB W/DIP LOW FAT YOGURT MIXED FRUIT (STRAWBERRY, GRAPES, BANANA) WATER
<b>TWO COMPONENTS</b>	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
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	Monday 7/22/24	Tuesday 7/23/24	Wednesday 7/24/24	Thursday 7/25/24	Friday 7/26/24
<b>BREAKFAST</b> Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	WHOLE GRAIN CHEERIOS RASPBERRIES *MILK	WHOLE WHEAT WAFFLES WARMED PEACHES *MILK	ENRICHED CHICKEN BISCUIT APPLESAUCE *MILK	WHOLE GRAIN MUFFIN STRAWBERRIES * MILK	<b>BAGELFEST DAY</b> WHOLE WHEAT MINI BAGEL CANADIAN BACON ORANGES *MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
<b>LUNCH</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	SAVORY CHICKEN SALAD ENRICHED CROISSANT GROOVY GRAPES ROASTED CAULIFLOWER *MILK	TURKEY MEATBALL SUB WHOLE WHEAT SUB ROLL APPLE SLICES YELLOW SQUASH *MILK	BLACK BEAN & VEGGIE QUESADILLA BLACK BEANS WHOLE GRAIN TORTILLA PEARS HONEY GLAZED CARROTS * MILK	HOMEMADE MAC AND CHEESE ENRICHED NOODLES FRUIT COCKTAIL GREEN BEANS *MILK	TURKEY SLICES WHOLE GRAIN PITA BREAD CINNAMON APPLESauce GRILLED VEGETABLES *MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
<b>PM SNACK</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk TWO COMPONENTS	MOZZARELLA CHEESE STICK TOMATO & CUCUMBER SALAD *FLAVORED WATER* <b>*ORANGE &amp; PINEAPPLE WATER*</b>	STRAWBERRY YOGURT PARTFAIT SRAWBERRY GREEK YOGURT MIXED BERRIES GRANOLA (OPTIONAL) WATER	WHOLE GRAIN CRACKERS VEGETABLE SOUP WATER	ENRICHED GRAHAM CRACKERS APRICOT SLICES WATER	PIZZADILLA MOZZARELLA CHEESE PEPPERONI WHOLE WHEAT TORTILLA WATER
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
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	Monday 7/29/24	Tuesday 7/30/24	Wednesday 7/31/2024		
<b>BREAKFAST</b> Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	ENRICHED SAUSAGE BISCUIT DICED PEACHES *MILK	WHOLE GRAIN CHERRIOS APPLES *MILK	WHOLE GRAIN FRENCH TOAST BANANA *MILK		
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
<b>LUNCH</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	GREEN LENTILS WHOLE GRAIN TACO SHELLS GROOVY GRAPES BABY CARROTS *MILK	<b>NATIONAL CHICKEN &amp; WAFFLES</b> BAKED CHICKEN WHOLE WHEAT WAFFLES PLUMS SWEET PEAS * MILK	CHILI MAC W/GROUND TURKEY WHOLE GRAIN PASTA DICED PEARS GREEN BEANS *MILK		
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
<b>PM SNACK</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	WHOLE GRAIN SUNCHIPS FRUIT SALAD  WATER	WHOLE GRAIN RICE CAKE CANTALOUPE  WATER	ENRICHED GRAHAM CRACKERS 100% BERRY JUICE  WATER		
<b>TWO COMPONENTS</b>	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
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