

Harvest of the month: Peaches July 2024

	Monday 7/1/24	Tuesday 7/2/24	Wednesday 7/3/24	Thursday 7/4/24	Friday 7/5/24
BREAKFAST Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	WHOLE GRAIN BAGEL BLUEBERRIES *MILK <input type="checkbox"/> Whole Grain	WHOLE WHEAT MINI PANCAKE RASPBERRIES *MILK <input type="checkbox"/> Whole Grain	MULTIGRAIN CHEERIOS BANANAS *MILK <input type="checkbox"/> Whole Grain	BREAKFAST BURRITO WHOLE GRAIN TORTILLA SCRAMBLED EGGS HOME MADE VEGGIE SALSA *MILK <input type="checkbox"/> Whole Grain	ENRICHED OATMEAL WARMED PEACHES *MILK <input type="checkbox"/> Whole Grain
LUNCH Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	CHICKEN NUGGETS ENRICHED HAWAIIAN ROLL FRUIT SALAD CREAMY SPINACH *MILK <input type="checkbox"/> Whole Grain	HAM & CHEESE SUB MULTI GRAIN SUB ROLL APPLESAUCE CELERY STICKS *MILK <input type="checkbox"/> Whole Grain	BBQ BEEF MEATBALLS WHOLE WHEAT SUB ROLL PEAR HALVES SWEET POTATO FRIES * MILK <input type="checkbox"/> Whole Grain	TERIYAKI SHRIMP ENRICHED FRIED RICE PINEAPPLE RINGS SHREDDED CARROTS *MILK <input type="checkbox"/> Whole Grain	ROASTED TURKEY WHOLE WHEAT ROLL MASHED POTATOES ROASTED BRUSSEL SPROUTS *MILK <input type="checkbox"/> Whole Grain
PM SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	WHOLE WHEAT PITA CHIPS CORN SALSA *FLAVORED WATER* *STRAWBERRY & LEMON WATER <input type="checkbox"/> Whole Grain	ENRICHED ANIMAL CRACKERS HONEYDEW MELON WATER <input type="checkbox"/> Whole Grain	LOW FAT YOGURT CINNAMON PEACHES ENRICHED GRAHAM CRACKERS WATER <input type="checkbox"/> Whole Grain	WHOLE WHEAT GOLDFISH TOMATO BISQUE WATER <input type="checkbox"/> Whole Grain	ROASTED CHICKEN & CHEESE ROLLUPS WHOLE WHEAT SESAME STICKS WATER <input type="checkbox"/> Whole Grain
TWO COMPONENTS	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
DINNER Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	HOMEMADE CHEESE-EEY PIZZA WHOLE WHEAT PIZZA CRUST PEARS BROCCOLI *MILK <input type="checkbox"/> Whole Grain	FISH FILLET MULTI GRAIN BUN MANDARIN ORANGES PEAS & CARROT MIX * MILK <input type="checkbox"/> Whole Grain	EAT BEANS DAY BEAN & CHEESE QUESADILLA WHOLE GRAIN TORTILLA MANGO CHUNKS TOSSED SALAD * MILK <input type="checkbox"/> Whole Grain	STEAK FINGERS WHOLE WHEAT ROLL PLUMS CALIFORNIA BLEND VEGGIES *MILK <input type="checkbox"/> Whole Grain	SPAGHETTI W/ GROUND BEEF WHOLE WHEAT SPAGHETTI NOODLES RASPBERRIES MINI CORN ON THE COB * MILK <input type="checkbox"/> Whole Grain
* One year olds are served Unflavored Whole Milk. Two years old and older are served unflavored 1% or Fat Free Milk. Milk substitutes must have a medical statement.					

Harvest of the month: Peaches July 2024

	Monday 7/8/24	Tuesday 7/9/24	Wednesday 7/10/24	Thursday 7/11/24	Friday 7/12/24
BREAKFAST Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	WHOLE GRAIN FRENCH TOAST BLUEBERRIES *MILK <input type="checkbox"/> Whole Grain	ENRICHED GRITS ROASTED PEACHES *MILK <input type="checkbox"/> Whole Grain	WHOLE GRAIN MINI PANCAKES HASHBROWNS *MILK <input type="checkbox"/> Whole Grain	WHOLE WHEAT BAGEL APRICOT HALVES *MILK <input type="checkbox"/> Whole Grain	ENRICHED SAUSAGE BISCUIT PLUMS *MILK <input type="checkbox"/> Whole Grain
	LUNCH Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk				
	NATIONAL MACARONI DAY EXTRA CHEESEY MAC-N-CHEESE WHOLE GRAIN ELBOW APPLE WEDGES BROCCOLI *MILK <input type="checkbox"/> Whole Grain	CURRY CHICKEN ENRICHED BROWN RICE MANGO SLICES SWEET PEAS *MILK <input type="checkbox"/> Whole Grain	MINI CHEESE PIZZA WHOLE WHEAT ENGLISH MUFFIN FRUIT COCKTAIL MIXED VEGETABLES * MILK <input type="checkbox"/> Whole Grain	BEEF SLOPPY JOE WHOLE GRAIN BUN WATERMELON STICKS BAKED FRENCH FRIES *MILK <input type="checkbox"/> Whole Grain	HAM & CHEESE SLIDERS WHOLE WHEAT HAWAIIAN ROLL KIWI COLESLAW *MILK <input type="checkbox"/> Whole Grain
	PM SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk				
	WHOLE WHEAT PITA CHIPS FRESH GUACAMOLE *FLAVORED WATER* *CUCUMBER & LIME WATER* <input type="checkbox"/> Whole Grain	PINWHEEL TURKEY SNACK TURKEY SLICES WHOLE GRAIN TORTILLA SPINACH WATER <input type="checkbox"/> Whole Grain	ENRICHED ANIMAL CRACKERS CRUSHED PINEAPPLE WATER <input type="checkbox"/> Whole Grain	ENRICHED SALTINE CRACKERS SAVORY TUNA SALAD WATER <input type="checkbox"/> Whole Grain	MINI EGG SALAD SANDWICH WHOLE GRAIN BREAD WATER <input type="checkbox"/> Whole Grain
	TWO COMPONENTS <input type="checkbox"/> Whole Grain				
	DINNER Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk				
	BEEF CHEESE BURGER WHOLE WHEAT BUN APPLE WEDGES POTATO WEDGES *MILK <input type="checkbox"/> Whole Grain	BAKED FISH FILLET ENRICHED HUSH PUPPIES RASPBERRIES GARLIC GREEN BEANS * MILK <input type="checkbox"/> Whole Grain	PHILLY CHEESE STEAK WHOLE WHEAT SUB ROLL MANDARIN ORANGES TOSSED SALAD * MILK <input type="checkbox"/> Whole Grain	CHICKEN TENDERS MULTI GRAIN BREADSTICKS PEACHES PEAS & CARROTS *MILK <input type="checkbox"/> Whole Grain	SLICED TURKEY PANINI WHOLE WHEAT PITA CANTALOUPE SPINACH & TOMATO SALAD * MILK <input type="checkbox"/> Whole Grain
<i>* One year olds are served Unflavored Whole Milk. Two years old and older are served unflavored 1% or Fat Free Milk. Milk substitutes must have a medical statement.</i>					

Harvest of the month: Peaches July 2024

	Monday 7/15/24	Tuesday 7/16/24	Wednesday 7/17/24	Thursday 7/18/24	Friday 7/19/24
BREAKFAST Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	WHOLE GRAIN MINI BAGEL EGG HALVES CANTALOUPE *MILK <input type="checkbox"/> Whole Grain	ENRICHED CREAM OF WHEAT SLICED APPLES *MILK <input type="checkbox"/> Whole Grain	WHOLE GRAIN CHEERIOS BLUEBERRIES *MILK <input type="checkbox"/> Whole Grain	ENRICHED KIX CEREAL RASPBERRIES *MILK <input type="checkbox"/> Whole Grain	WHOLE WHEAT CHEESE TOAST PINEAPPLE TIDBITS *MILK <input type="checkbox"/> Whole Grain
LUNCH Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	GRILLED CHEESE SANDWICH WHOLE WHEAT BREAD KIWI SLICES TOMATO BISQUE *MILK <input type="checkbox"/> Whole Grain	BAKED FISH STICKS MULTI GRAIN ROLL SLICED PEACHES SWEET PEAS *MILK <input type="checkbox"/> Whole Grain	BODACIOUS QUESADILLA GRILLED CHICKEN WHOLE WHEAT TORTILLA MANGO SLICES BROCCOLI * MILK <input type="checkbox"/> Whole Grain	SAVORY TUNA & CHEESE SUB WHOLE GRAIN SUB ROLL PLUMS CELERY STICKS *MILK <input type="checkbox"/> Whole Grain	SAVORY WAFFLE-WICH HAM & CHEESE WHOLE GRAIN WAFFLE ORANGES (SMILES) TOSSED SALAD *MILK <input type="checkbox"/> Whole Grain
PM SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk TWO COMPONENTS	<u>CHEESY BROCCOLI TOTS RECIPE</u> SHREDDED CHEESE BROCCOLI FLORETS *FLAVORED WATER* *WATERMELON & MINT WATER* <input type="checkbox"/> Whole Grain	ENRICHED PRETZELS PEARS WATER <input type="checkbox"/> Whole Grain	FRUIT PIZZA w/CREAM CHEESE WHOLE WHEAT FLATBREAD MIXED BERRIES WATER <input type="checkbox"/> Whole Grain	WHOLE GRAIN SUNCHIPS KIWI SLICES WATER <input type="checkbox"/> Whole Grain	FRUIT KABOB W/DIP LOW FAT YOGURT MIXED FRUIT (STRAWBERRY, GRAPES, BANANA) WATER <input type="checkbox"/> Whole Grain
DINNER Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	ROASTED TURKEY PINWHEELS WHOLE WHEAT TORTILLA SWEET PEAS SHREDDED CARROTS *MILK <input type="checkbox"/> Whole Grain	POPCORN SHRIMP WHOLE GRAIN FRIED RICE HONEYDEW MELON STIR FRY VEGETABLES * MILK <input type="checkbox"/> Whole Grain	LETTUCE TOFU WRAP SAVORY TOFU ENRICHED BROWN RICE PEACHES SUMMER SQUASH * MILK <input type="checkbox"/> Whole Grain	STEAK BURRITO BOWL ENRICHED BROWN RICE HOMEMADE PICO DE GALLO BLACK BEANS *MILK <input type="checkbox"/> Whole Grain	BREAKFAST FOR DINNER TURKEY SAUSAGE MULTI GRAIN TOAST APRICOT HASHBROWNS * MILK <input type="checkbox"/> Whole Grain
* One year olds are served Unflavored Whole Milk. Two years old and older are served unflavored 1% or Fat Free Milk. Milk substitutes must have a medical statement.					

Harvest of the month: Peaches July 2024

	Monday 7/22/24	Tuesday 7/23/24	Wednesday 7/24/24	Thursday 7/25/24	Friday 7/26/24
BREAKFAST Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	WHOLE GRAIN CHEERIOS RASPBERRIES *MILK	WHOLE WHEAT WAFFLES WARMED PEACHES *MILK	ENRICHED CHICKEN BISCUIT APPLESAUCE *MILK	WHOLE GRAIN MUFFIN STRAWBERRIES * MILK	BAGELFEST DAY WHOLE WHEAT MINI BAGEL CANADIAN BACON ORANGES *MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
LUNCH Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	SAVORY CHICKEN SALAD ENRICHED CROISSANT GROOVY GRAPES ROASTED CAULIFLOWER *MILK	TURKEY MEATBALL SUB WHOLE WHEAT SUB ROLL APPLE SLICES YELLOW SQUASH *MILK	BLACK BEAN & VEGGIE QUESADILLA BLACK BEANS WHOLE GRAIN TORTILLA PEARS HONEY GLAZED CARROTS * MILK	HOMEMADE MAC AND CHEESE ENRICHED NOODLES FRUIT COCKTAIL GREEN BEANS *MILK	TURKEY SLICES WHOLE GRAIN PITA BREAD CINNAMON APPLESAUCE GRILLED VEGETABLES *MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
PM SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk TWO COMPONENTS	MOZZARELLA CHEESE STICK TOMATO & CUCUMBER SALAD *FLAVORED WATER* *ORANGE & PINEAPPLE WATER*	STRAWBERRY YOGURT PARTFAIT SRAWBERRY GREEK YOGURT MIXED BERRIES GRANOLA (OPTIONAL) WATER	WHOLE GRAIN CRACKERS VEGETABLE SOUP WATER	ENRICHED GRAHAM CRACKERS APRICOT SLICES WATER	PIZZADILLA MOZZARELLA CHEESE PEPPERONI WHOLE WHEAT TORTILLA WATER
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
DINNER Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	BEEF SLOPPY JOE WHOLE WHEAT BUN BLUEBERRIES SWEET CORN *MILK	GRILLED CHEESE TOAST WHOLE GRAIN BREAD KIWI TOMATO BISQUE SOUP * MILK	BEEF LO-MEIN WHOLE GRAIN NOODLES RASPBERRIES STIR FRY VEGGIES * MILK	CHICKEN TENDERS WHOLE GRAIN ROLL CANTALOUPE BROCCOLI *MILK	NATIONAL HAMBURGER DAY BEEF HAMBURGER WHOLE WHEAT BUN BAKED FRENCH FRIES TRI COLOR COLESLAW * MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
* One year olds are served Unflavored Whole Milk. Two years old and older are served unflavored 1% or Fat Free Milk. Milk substitutes must have a medical statement.					

Harvest of the month: Peaches July 2024

	Monday 7/29/24	Tuesday 7/30/24	Wednesday 7/31/2024		
BREAKFAST Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	ENRICHED SAUSAGE BISCUIT DICED PEACHES *MILK	WHOLE GRAIN CHERRIOS APPLES *MILK	WHOLE GRAIN FRENCH TOAST BANANA *MILK		
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
LUNCH Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	GREEN LENTILS WHOLE GRAIN TACO SHELLS GROOVY GRAPES BABY CARROTS *MILK	NATIONAL CHICKEN & WAFFLES BAKED CHICKEN WHOLE WHEAT WAFFLES PLUMS SWEET PEAS * MILK	CHILI MAC W/GROUND TURKEY WHOLE GRAIN PASTA DICED PEARS GREEN BEANS *MILK		
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
PM SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	WHOLE GRAIN SUNCHIPS FRUIT SALAD WATER	WHOLE GRAIN RICE CAKE CANTALOUPE WATER	ENRICHED GRAHAM CRACKERS 100% BERRY JUICE WATER		
TWO COMPONENTS	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
DINNER Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	NATIONAL LASAGNA DAY GROUND BEEF WHOLE WHEAT LASAGNA PASTA TOSSED SALAD CORN ON THE COB *MILK	STUFFED BELL PEPPERS GROUND TURKEY WHOLE WHEAT BROWN RICE COLORFUL PEPPERS TRI COLOR COLESALW *MILK	CHICKEN SALAD ENRICHED CROISSANT SLICED CUCUMBERS BABY CARROTS *MILK		
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
* One year olds are served Unflavored Whole Milk. Two years old and older are served unflavored 1% or Fat Free Milk. Milk substitutes must have a medical statement.					