

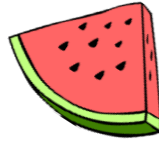


Harvest of the month: Watermelon

August 2024

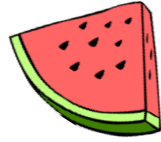
				Monday 8/1/24	Tuesday 8/2/24
BREAKFAST Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk				EGG & CHEESE BURRITO EGG & CHEESE WHOLE WHEAT TORTILLA STRAWBERRIES *MILK	WHOLE GRAIN WAFFLES CINNAMON APPLESAUCE *MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/>	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
LUNCH Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk				CHICKEN NUGGETS WHOLE WHEAT ROLL GRILLED WATERMELON STEAMED CORN *MILK	Veggie Delight Pinwheels CHEDDER CHEESE SLICES WHOLE WHEAT TORTILLA CARROTS CUCUMBERS *MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/>	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
PM SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk				COTTAGE CHEESE RASPBERRIES WATER	ENRICHED PITA CHIPS CRISPY ROASTED CHICKPEAS WATER
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
TWO COMPONENTS		<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
* One year olds are served Unflavored Whole Milk. Two years old and older are served unflavored 1% or Fat Free Milk. Milk substitutes must have a medical statement.					



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August 2024

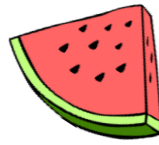
	Monday 8/5/24	Tuesday 8/6/24	Wednesday 8/7/24	Thursday 8/8/24	Friday 8/9/24
BREAKFAST Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	ENRICHED HM BLUEBERRY MUFFIN PEACHES *MILK <input type="checkbox"/> Whole Grain	ENRICHED SAUSAGE BISCUIT RASPBERRIES *MILK <input type="checkbox"/> Whole Grain	ENRICHED ENGLISH MUFFIN TROPICAL FRUIT SALAD *MILK <input type="checkbox"/> Whole Grain	WHOLE WHEAT PANCAKES FRESH BLUEBERRIES *MILK <input type="checkbox"/> Whole Grain	MULTI GRAIN CHERRIOS STRAWBERRIES *MILK <input type="checkbox"/> Whole Grain
LUNCH Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	SAVORY TUNA FISH ENRICHED FRENCH BREAD GROOVY GRAPES SWEET PEAS *MILK <input type="checkbox"/> Whole Grain	LEMON PEPPER BAKED CHICKEN ENRICHED BROWN RICE HONEYDEW MELON OVEN BAKED ZUCCHINI *MILK <input type="checkbox"/> Whole Grain	GRILLED CHEESE TOAST EXTRA CHEDDAR CHEESE WHOLE GRAIN BREAD APPLE SLICES SAUTEED GREEN BEANS * MILK <input type="checkbox"/> Whole Grain	GRILLED CHICKEN SALAD WHOLE WHEAT BREADSTICKS STRAWBERRIES SPINACH SALAD *MILK <input type="checkbox"/> Whole Grain	ROASTED TURKEY SLIDERS ENRICHED PANINI BREAD APRICOTS SWEET POTATO FRIES *MILK <input type="checkbox"/> Whole Grain
PM SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	FRUIT PIZZA LOWFAT YOGURT WHOLE GRAIN BAGEL BLUEBERRIES/STRAWBERRIES WATER <input type="checkbox"/> Whole Grain	Avocado Rice Cake ENRICHED RICE CAKE AVOCADO CHERRY TOMATOES WATER <input type="checkbox"/> Whole Grain	WHOLE GRAIN CHIPS LOWFAT YOGURT WATER <input type="checkbox"/> Whole Grain	BANANA SUSHI ROLL SOY/NUT/PEANUT/WOW BUTTER WHOLE WHEAT TORTILLA BANANAS WATER <input type="checkbox"/> Whole Grain	FRUIT PIZZA WHOLE WHEAT BAGEL PEACHES WATER <input type="checkbox"/> Whole Grain
TWO COMPONENTS	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
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	Monday 8/12/24	Tuesday 8/13/24	Wednesday 8/14/24	Thursday 8/15/24	Friday 8/16/24
BREAKFAST Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	ENRICHED OATMEAL PEACHES *MILK <input type="checkbox"/> Whole Grain	WHOLE GRAIN FRENCH TOAST STICKS PEACHES *MILK <input type="checkbox"/> Whole Grain	ENRICHED GRITS APRICOTS *MILK <input type="checkbox"/> Whole Grain	SAUSAGE LINKS TATOR TOTS *MILK <input type="checkbox"/> Whole Grain	WHOLE WHEAT BAGEL STRAWBERRIES *MILK <input type="checkbox"/> Whole Grain
LUNCH Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	BEAN & CHEESE NACHOS WHOLE GRAIN CHIPS MANGO CHUNKS CARROT STICKS *MILK <input type="checkbox"/> Whole Grain	TURKEY MEATBALLS WHOLE WHEAT SUB ROLL BLUEBERRIES FRENCH FRIES *MILK <input type="checkbox"/> Whole Grain	GRILLED CHEESE SANDWICH WHOLE WHEAT BREAD FRUIT COCKTAIL TOMATO SOUP * MILK <input type="checkbox"/> Whole Grain	SAVORY PINTO BEANS ENRICHED BROWN RICE ORANGE SMILES (SLICES) GRILLED VEGETABLES *MILK <input type="checkbox"/> Whole Grain	BREAKFAST FOR LUNCH WHOLE WHEAT PANCAKES SCRAMBLED EGGS RASPBERRIES ROASTED POTATOES *MILK <input type="checkbox"/> Whole Grain
PM SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	FRUIT & VEGGIE CUPS ENRICHED PRETZEL STICKS CUCUMBER STICKS PINEAPPLE STICKS WATER <input type="checkbox"/> Whole Grain	ENRICHED ANIMAL CRACKERS GROOVY GRAPES WATER <input type="checkbox"/> Whole Grain	WHOLE GRAIN CHEESE CRACKERS SLICED KIWI WATER <input type="checkbox"/> Whole Grain	LOW FAT YOGURT PEACHES WATER <input type="checkbox"/> Whole Grain	CAPRESE BRUSCHETTA WHOLE WHEAT SANDWICH THINS FRESH TOMATOES MOZZARELLA CHEESE WATER <input type="checkbox"/> Whole Grain
TWO COMPONENTS	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
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August 2024

	Monday 8/19/24	Tuesday 8/20/24	Wednesday 8/21/24	Thursday 8/22/24	Friday 8/23/24
BREAKFAST Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	ENRICHED MINI BAGEL WATERMELON CHUNKS *MILK <input type="checkbox"/> Whole Grain	SPINACH & TOMATO OMELET EGGS APPLESAUCE *MILK <input type="checkbox"/> Whole Grain	WHOLE GRAIN FRENCH TOAST PEAR HALVES *MILK <input type="checkbox"/> Whole Grain	WHOLE GRAIN WAFFLES PEACHES *MILK <input type="checkbox"/> Whole Grain	ENRICHED BLUEBERRY MUFFIN STRAWBERRIES *MILK <input type="checkbox"/> Whole Grain
LUNCH Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	ORANGE CHICKEN LO-MEIN WHOLE GRAIN NOODLES KIWI SLICES BROCCOLI *MILK <input type="checkbox"/> Whole Grain	BEEF SLOPPY JOE WHOLE WHEAT BUN GARLIC MASHED POTATOES OVEN BAKED ZUCCHINI *MILK <input type="checkbox"/> Whole Grain	HOME MADE BBQ CHICKEN PIZZA WHOLE WHEAT FLATBREAD WATERMELON SHAPES GREEN BEANS * MILK <input type="checkbox"/> Whole Grain	TURKEY BURGER MULTI GRAIN BUN APRICOT HALVES SWEET POTATO FRIES *MILK <input type="checkbox"/> Whole Grain	SAVORY TUNA SALAD SANDWICH WHOLE GRAIN PITA POCKETS SWEET PEAS CUCUMBER & TOMATO SALAD *MILK <input type="checkbox"/> Whole Grain
PM SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	WHOLE GRAIN SUNCHIPS CELERY STICKS W/RANCH WATER	CURRY CHICKEN SALAD WHOLE WHEAT CRACKERS WATER	CRISPY ROASTED CHICKPEAS PLUMS WATER	GARDEN PARTY PINWHEEL HUMMUS WHOLE GRAIN TORTILLA SWEET PEPPERS (ASSORTED) WATER	AVOCADO EGG SALAD SANDWICH EGGS WHOLE WHEAT TOAST AVOCADO WATER
TWO COMPONENTS	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
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	Monday 8/26/24	Tuesday 8/27/24	Wednesday 8/28/24	Thursday 8/29/24	Friday 8/30/24
BREAKFAST Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	WHOLE WHEAT MINI BAGEL PEACHES *MILK	ENRICHED OATS PEARS *MILK	MULTI GRAIN CHEERIOS RASPBERRIES *MILK	WHOLE WHEAT WAFFLES WARMED BLUEBERRY COMPOTE *MILK	WHOLE GRAIN PANCAKES PLUMS *MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
LUNCH Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	HAM & CHEESE ENRICHED CROISSANT STRAWBERRIES KALE SALAD *MILK	CHICKEN SALAD ENRICHED PITA POCKET PINEAPPLE RINGS HALVED CHERRY TOMATOES *MILK	FISH STICKS MULTI GRAIN ROLL WATERMELON SHAPES BAKED FRENCH FRIES * MILK	CHICKEN ALFREDO WHOLE WHEAT PASTA ORANGE SMILES (SLICES) STEAMED BROCCOLI *MILK	HOMEMADE MAC AND CHEESE WHOLE WHEAT NOODLES BAKED APPLES SWEET PEAS *MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
PM SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk TWO COMPONENTS	WHOLE GRAIN RICE CAKES HONEYDEW MELON WATER	BANANA LOVERS DAY WHOLE WHEAT FLOUR TORTILLA PEANUT BUTTER/WOW BUTTER BANANAS WATER	SWIMMING FISH WHOLE GRAIN GOLDFISH TOMATO BISQUE WATER	WHOLE GRAIN RITZ CRACKERS CHEDDAR CHEESE CUBES WATER	FRUIT & VEGGIE CUPS ENRICHED PRETZEL STICKS CUCUMBER STICKS PINEAPPLE STICKS WATER
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
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