

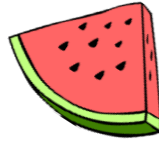


Harvest of the month: Watermelon

August 2024

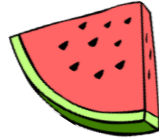
					Monday 8/1/24	Tuesday 8/2/24
BREAKFAST Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk					EGG & CHEESE BURRITO EGG & CHEESE WHOLE WHEAT TORTILLA STRAWBERRIES *MILK	WHOLE GRAIN WAFFLES CINNAMON APPLESAUCE *MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
LUNCH Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk					CHICKEN NUGGETS WHOLE WHEAT ROLL GRILLED WATERMELON STEAMED CORN *MILK	Veggie Delight Pinwheels CHEDDER CHEESE SLICES WHOLE WHEAT TORTILLA CARROTS CUCUMBERS *MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
PM SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk					COTTAGE CHEESE RASPBERRIES WATER	ENRICHED PITA CHIPS CRISPY ROASTED CHICKPEAS WATER
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
DINNER Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk					BLACK BEAN BURGER WHOLE GRAIN BUN APRICOTS ROASTED CAULIFLOWER *MILK	POPCORN SHRIMP ENRICHED FRIED RICE HONEYDEW MELON STIR FRY VEGGIES * MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
* One year olds are served Unflavored Whole Milk. Two years old and older are served unflavored 1% or Fat Free Milk. Milk substitutes must have a medical statement.						



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	Monday 8/5/24	Tuesday 8/6/24	Wednesday 8/7/24	Thursday 8/8/24	Friday 8/9/24
BREAKFAST Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	ENRICHED HM BLUEBERRY MUFFIN PEACHES *MILK <input type="checkbox"/> Whole Grain	ENRICHED SAUSAGE BISCUIT RASPBERRIES *MILK <input type="checkbox"/> Whole Grain	ENRICHED ENGLISH MUFFIN TROPICAL FRUIT SALAD *MILK <input type="checkbox"/> Whole Grain	WHOLE WHEAT PANCAKES FRESH BLUEBERRIES *MILK <input type="checkbox"/> Whole Grain	MULTI GRAIN CERRIOS STRAWBERRIES *MILK <input type="checkbox"/> Whole Grain
LUNCH Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	SAVORY TUNA FISH ENRICHED FRENCH BREAD GROOVY GRAPES SWEET PEAS *MILK <input type="checkbox"/> Whole Grain	LEMON PEPPER BAKED CHICKEN ENRICHED BROWN RICE HONEYDEW MELON OVEN BAKED ZUCCHINI *MILK <input type="checkbox"/> Whole Grain	GRILLED CHEESE TOAST EXTRA CHEDDAR CHEESE WHOLE GRAIN BREAD APPLE SLICES SAUTEED GREEN BEANS * MILK <input type="checkbox"/> Whole Grain	GRILLED CHICKEN SALAD WHOLE WHEAT BREADSTICKS STRAWBERRIES SPINACH SALAD *MILK <input type="checkbox"/> Whole Grain	ROASTED TURKEY SLIDERS ENRICHED PANINI BREAD APRICOTS SWEET POTATO FRIES *MILK <input type="checkbox"/> Whole Grain
PM SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	FRUIT PIZZA LOWFAT YOGURT WHOLE GRAIN BAGEL BLUEBERRIES/STRAWBERRIES WATER <input type="checkbox"/> Whole Grain	Avocado Rice Cake ENRICHED RICE CAKE AVOCADO CHERRY TOMATOES WATER <input type="checkbox"/> Whole Grain	WHOLE GRAIN CHIPS LOWFAT YOGURT WATER <input type="checkbox"/> Whole Grain	BANANA SUSHI ROLL SOY/NUT/PEANUT/WOW BUTTER WHOLE WHEAT TORTILLA BANANAS WATER <input type="checkbox"/> Whole Grain	FRUIT PIZZA WHOLE WHEAT BAGEL PEACHES WATER <input type="checkbox"/> Whole Grain
TWO COMPONENTS	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
DINNER Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	BEEF SPAGHETTI WHOLE WHEAT PASTA ORANGE WEDGES/SMILES TOSSED SALAD *MILK <input type="checkbox"/> Whole Grain	TUNA & CHEESE SUB WHOLE WHEAT SUB ROLL HONEYDEW MELON SWEET PEAS * MILK <input type="checkbox"/> Whole Grain	TURKEY BURGER MULTI GRAIN BUN CANTALOUPE BAKED BEANS * MILK <input type="checkbox"/> Whole Grain	TERRIYAKI BEEF WHOLE WHEAT ROLL PINEAPPLE SLICES GARLIC BROCCOLI *MILK <input type="checkbox"/> Whole Grain	FISH FILET WHOLE WHEAT BUN WATERMELON SHAPES HONEY GLAZED CARROTS * MILK <input type="checkbox"/> Whole Grain
	* One year olds are served Unflavored Whole Milk. Two years old and older are served unflavored 1% or Fat Free Milk. Milk substitutes must have a medical statement.				



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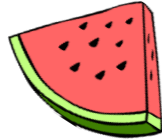
	Monday 8/12/24	Tuesday 8/13/24	Wednesday 8/14/24	Thursday 8/15/24	Friday 8/16/24
BREAKFAST Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	ENRICHED OATMEAL PEACHES *MILK <input type="checkbox"/> Whole Grain	WHOLE GRAIN FRENCH TOAST STICKS PEACHES *MILK <input type="checkbox"/> Whole Grain	ENRICHED GRITS APRICOTS *MILK <input type="checkbox"/> Whole Grain	SAUSAGE LINKS TATOR TOTS *MILK <input type="checkbox"/> Whole Grain	WHOLE WHEAT BAGEL STRAWBERRIES *MILK <input type="checkbox"/> Whole Grain
LUNCH Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	BEAN & CHEESE NACHOS WHOLE GRAIN CHIPS MANGO CHUNKS CARROT STICKS *MILK <input type="checkbox"/> Whole Grain	TURKEY MEATBALLS WHOLE WHEAT SUB ROLL BLUEBERRIES FRENCH FRIES *MILK <input type="checkbox"/> Whole Grain	GRILLED CHEESE SANDWICH WHOLE WHEAT BREAD FRUIT COCKTAIL TOMATO SOUP * MILK <input type="checkbox"/> Whole Grain	SAVORY PINTO BEANS ENRICHED BROWN RICE ORANGE SMILES (SLICES) GRILLED VEGETABLES *MILK <input type="checkbox"/> Whole Grain	BREAKFAST FOR LUNCH WHOLE WHEAT PANCAKES SCRAMBLED EGGS RASPBERRIES ROASTED POTATOES *MILK <input type="checkbox"/> Whole Grain
PM SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	FRUIT & VEGGIE CUPS ENRICHED PRETZEL STICKS CUCUMBER STICKS PINEAPPLE STICKS WATER <input type="checkbox"/> Whole Grain	ENRICHED ANIMAL CRACKERS GROOVY GRAPES WATER <input type="checkbox"/> Whole Grain	WHOLE GRAIN CHEESE CRACKERS SLICED KIWI WATER <input type="checkbox"/> Whole Grain	LOW FAT YOGURT PEACHES WATER <input type="checkbox"/> Whole Grain	CAPRESE BRUSCHETTA WHOLE WHEAT SANDWICH THINS FRESH TOMATOES MOZZARELLA CHEESE WATER <input type="checkbox"/> Whole Grain
TWO COMPONENTS	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
DINNER Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	GRILLED CHICKEN ENRICHED CORNBREAD SWEET POTATOES SWEET PEAS *MILK <input type="checkbox"/> Whole Grain	BEEF STICKS ENRICHED HAWAIIAN ROLL ORANGE SMILES (SLICES) GREEN BEANS * MILK <input type="checkbox"/> Whole Grain	Grilled Fish Tacos GRILLED FISH WHOLE GRAIN TORTILLA PEACH SALSA SWEET CORN * MILK <input type="checkbox"/> Whole Grain	EXTRA CHEESE RAVIOLI ENRICHED RAVIOLI PEARS TOSSED SALAD *MILK <input type="checkbox"/> Whole Grain	BBQ PULLED PORK WHOLE GRAIN BREADSTICKS PINEAPPLE RINGS OVEN ROASTED BRUSSEL SPROUTS * MILK <input type="checkbox"/> Whole Grain
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	Monday 8/19/24	Tuesday 8/20/24	Wednesday 8/21/24	Thursday 8/22/24	Friday 8/23/24
BREAKFAST Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	ENRICHED MINI BAGEL WATERMELON CHUNKS *MILK <input type="checkbox"/> Whole Grain	SPINACH & TOMATO OMELET EGGS APPLESAUCE *MILK <input type="checkbox"/> Whole Grain	WHOLE GRAIN FRENCH TOAST PEAR HALVES *MILK <input type="checkbox"/> Whole Grain	WHOLE GRAIN WAFFLES PEACHES *MILK <input type="checkbox"/> Whole Grain	ENRICHED BLUEBERRY MUFFIN STRAWBERRIES *MILK <input type="checkbox"/> Whole Grain
LUNCH Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	ORANGE CHICKEN LO-MEIN WHOLE GRAIN NOODLES KIWI SLICES BROCCOLI *MILK <input type="checkbox"/> Whole Grain	BEEF SLOPPY JOE WHOLE WHEAT BUN GARLIC MASHED POTATOES OVEN BAKED ZUCCHINI *MILK <input type="checkbox"/> Whole Grain	HOME MADE BBQ CHICKEN PIZZA WHOLE WHEAT FLATBREAD WATERMELON SHAPES GREEN BEANS * MILK <input type="checkbox"/> Whole Grain	TURKEY BURGER MULTI GRAIN BUN APRICOT HALVES SWEET POTATO FRIES *MILK <input type="checkbox"/> Whole Grain	SAVORY TUNA SALAD SANDWICH WHOLE GRAIN PITA POCKETS SWEET PEAS CUCUMBER & TOMATO SALAD *MILK <input type="checkbox"/> Whole Grain
PM SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk TWO COMPONENTS	WHOLE GRAIN SUNCHIPS CELERY STICKS W/RANCH WATER <input type="checkbox"/> Whole Grain	CURRY CHICKEN SALAD WHOLE WHEAT CRACKERS WATER <input type="checkbox"/> Whole Grain	CRISPY ROASTED CHICKPEAS PLUMS WATER <input type="checkbox"/> Whole Grain	GARDEN PARTY PINWHEEL HUMMUS WHOLE GRAIN TORTILLA SWEET PEPPERS (ASSORTED) WATER <input type="checkbox"/> Whole Grain	AVOCADO EGG SALAD SANDWICH EGGS WHOLE WHEAT TOAST AVOCADO WATER <input type="checkbox"/> Whole Grain
DINNER Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	ROASTED TURKEY SANDWICH WHOLE WHEAT BREAD ORANGE SMILES (SLICES) TOSSED SALAD *MILK <input type="checkbox"/> Whole Grain	BLACK BEAN & SWEET POTATO QUESADILLA BLACK BEANS WHOLE WHEAT QUESADILLA TROPICAL FRUIT SALAD SWEET POTATOES * MILK <input type="checkbox"/> Whole Grain	STEAK TENDERS WHOLE WHEAT ROLL FRENCH FRIES CREAMED SPINACH * MILK <input type="checkbox"/> Whole Grain	TERIYAKI PORK ENRICHED RICE PILAF APPLE SLICES BROCCOLI *MILK <input type="checkbox"/> Whole Grain	FISH FILET SANDWICH WHOLE WHEAT BUN APRICOT HALVES MINI CORN ON THE COB * MILK <input type="checkbox"/> Whole Grain
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	Monday 8/26/24	Tuesday 8/27/24	Wednesday 8/28/24	Thursday 8/29/24	Friday 8/30/24
BREAKFAST Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	WHOLE WHEAT MINI BAGEL PEACHES *MILK	ENRICHED OATS PEARS *MILK	MULTI GRAIN CHEERIOS RASPBERRIES *MILK	WHOLE WHEAT WAFFLES WARMED BLUEBERRY COMPOTE *MILK	WHOLE GRAIN PANCAKES PLUMS *MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
LUNCH Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	HAM & CHEESE ENRICHED CROISSANT STRAWBERRIES KALE SALAD *MILK	CHICKEN SALAD ENRICHED PITA POCKET PINEAPPLE RINGS HALVED CHERRY TOMATOES *MILK	FISH STICKS MULTI GRAIN ROLL WATERMELON SHAPES BAKED FRENCH FRIES * MILK	CHICKEN ALFREDO WHOLE WHEAT PASTA ORANGE SMILES (SLICES) STEAMED BROCCOLI *MILK	HOMEMADE MAC AND CHEESE WHOLE WHEAT NOODLES BAKED APPLES SWEET PEAS *MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
PM SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk TWO COMPONENTS	WHOLE GRAIN RICE CAKES HONEYDEW MELON WATER	BANANA LOVERS DAY WHOLE WHEAT FLOUR TORTILLA PEANUT BUTTER/WOW BUTTER BANANAS WATER	SWIMMING FISH WHOLE GRAIN GOLDFISH TOMATO BISQUE WATER	WHOLE GRAIN RITZ CRACKERS CHEDDAR CHEESE CUBES WATER	FRUIT & VEGGIE CUPS ENRICHED PRETZEL STICKS CUCUMBER STICKS PINEAPPLE STICKS WATER
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
DINNER Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	EXTRA CHEESE QUESADILLA WHOLE WHEAT TORTILLA ORANGE SLICES REFRIED PINTO BEANS *MILK	MINI TURKEY SLIDERS WHOLE WHEAT BUN APRICOTS CELERY STICKS * MILK	CHICKEN TENDERS ENRICHED BREADSTICKS RASPBERRIES PEAS & CARROTS * MILK	SAVORY TUNA FISH SANDWICH WHOLE WHEAT HAWAIIAN ROLL CANTALOUPE CHUNKS CREAMED SPINACH *MILK	EXTRA CHEESE RAVIOLI WHOLE WHEAT RAVIOLI STRAWBERRIES ROASTED CAULIFLOWER *MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
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