

# Harvest of the month: Lettuce December 2024

	Monday 12/2/24	Tuesday 12/3/24	Wednesday 12/4/24	Thursday 12/5/24	Friday 12/6/24
<b>BREAKFAST</b> Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	WHOLE GRAIN ENGLISH MUFFIN BLUEBERRIES *MILK	ENRICHED GRITS WARMED PEACHES *MILK	WHOLE GRAIN CHEERIOS ORANGE SMILES *MILK	ENRICHED CREAM OF WHEAT APRICOT HALVES *MILK	ENRICHED FRENCH TOAST BLUEBERRIES *MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
<b>AM SNACK</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk TWO COMPONENTS	WHOLE WHEAT MINI BAGEL HONEYDEW MELON  WATER	MINI PIZZA ENRICHED FLATBREAD MOZZARELLA CHEESE  WATER	WHOLE GRAIN RICE CAKES PINEAPPLE STRIPS  WATER	FRUIT & NUT BUTTER PITA POCKET NUT BUTTER ENRICHED PITA POCKET KIWI WATER	WHOLE GRAIN PANCAKES BANANAS  WATER
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
<b>LUNCH</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	WARM HAM & CHEESE SLIDERS ENRICHED HAWAIIAN BUN FRENCH FRIES BAKED BEANS *MILK	CHICKEN & CHEESE WHOLE WHEAT TORTILLA STRAWBERRIES SWEET PEPPERS *MILK	SAVORY MINI TUNA SLIDERS WHOLE WHEAT ROLL BLUEBERRIES MIXED VEGETABLES *MILK	HOMEMADE MAC AND CHEESE WHOLE GRAIN NOODLES PLUM SLICES SWEET PEAS *MILK	CHICKEN FILET SANDWICH MULTI GRAIN BUN CANTALOUPE ZUCCHINI *MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
<b>PM SNACK</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk TWO COMPONENTS	<b>EAT A RED APPLE DAY</b> RED APPLE PEANUT/WOW/SOY/SUN-BUTTER  WATER	YOGURT DIP ENGLISH CUCUMBER SLICES  WATER	WHOLE WHEAT PITA CHIPS SAVORY HUMMUS  WATER	EXTRA CHEESEY GRILLED CHEESE WHOLE WHEAT BREAD  WATER	<b>REINDEER SNACK MIX</b> ENRICHED PRETZEL STICKS PRETZEL CARROT STICKS  WATER
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
<b>DINNER</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	STEAK FINGERS WHOLE WHEAT ROLL PLUMS SWEET ACORN SQUASH * MILK	SAVORY RED BEANS WHOLE GRAIN BROWN RICE CINNAMON APPLESAUCE CREAMED SPINACH *MILK	ROASTED TURKEY W/GRAVY ENRICHED CORNBREAD BUTTERNUT SQUASH ASPARAGUS * MILK	SWEDISH MEATBALL SUB ENRICHED FRENCH BREAD MIXED BERRIES GREEN BEANS * MILK	GROUND BEEF SOFT TACOS ENRICHED FLOUR TORTILLA APRICOT HALVES REFREJED BEANS * MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
<b>EVENING SNACK</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk TWO COMPONENTS	ENRICHED PRETZELS 100% BERRY JUICE  WATER	FISH SWIMMING IN SOUP WHOLE WHEAT GOLDFISH ROASTED TOMAIO BISQUE  WATER	<input type="checkbox"/> WHOLE GRAIN SUNCHIPS APRICOTS  WATER	WHOLE GRAIN BREADSTICKS BROCCOLI & CHEESE SOUP  WATER	YOGURT FRUIT KABOB (STRAWBERRY/KIWI)  WATER
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
	* One year olds are served Unflavored Whole Milk. Two years old and older are served unflavored 1% or Fat Free Milk. Milk substitutes must have a medical statement.				

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	Monday 12/9/24	Tuesday 12/10/24	Wednesday 12/11/24	Thursday 12/12/24	Friday 12/13/24
<b>BREAKFAST</b> Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	BREAKFAST ON A STICK WHOLE WHEAT MINI PANCAKES STRAWBERRIES *MILK	WHOLE WHEAT PUMPKIN MUFFIN BLUEBERRIES *MILK	ENRICHED BISCUIT BANANAS *MILK	ENRICHED GRITS CINNAMON APRICOT SLICES *MILK	BREAKFAST BURRITO WHOLE GRAIN TORTILLA SCRAMBLED EGGS, DICED HAM HASHBROWNS *MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
<b>AM SNACK</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk TWO COMPONENTS	TURKEY SAUSAGE TATER TOTS  WATER	MINI EGG SALAD SANDWICH WHOLE WHEAT BREAD  WATER	WHOLE WHEAT MINI BAGEL STRAWBERRIES  WATER	WHOLE WHEAT TOAST CANTALOUPE  WATER	ENRICHED ENGLISH MUFFIN PLUMS  WATER
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
<b>LUNCH</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	TURKEY & CHEDDAR CHEESE WHOLE WHEAT SLIDER BUN PINEAPPLE RINGS CREAMED SPINACH *MILK	GRILLED CHEDDAR CHEESE WHOLE GRAIN BREAD PEARS SPLIT PEA SOUP *MILK	TUMERIC PEANUT BUTTER CHICKEN BOWL RECIPE CHICKEN BREAST WHOLE GRAIN BROWN RICE RED APPLES GARLIC BROCCOLI * MILK	HM-XTRA CHEESE VEGGIE PIZZA  EXTRA CHEESE WHOLE GRAIN CRUST WATERMELON SWEET PEPPERS/ASSOR. VEGGIES *MILK	CHICKEN & WAFFLES WHOLE GRAIN WAFFLES OVEN BAKED CHICKEN CINNAMON APPLESAUCE GREEN BEANS *MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
<b>PM SNACK</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk TWO COMPONENTS	ENRICHED PRETZELS TROPICAL FRUIT  WATER	LOW FAT YOGURT PEACHES  WATER	TURKEY LETTUCE WRAPS ROLLED TURKEY SLICES W/ GREEN LEAF LETTUCE SHREDDED CARROTS WATER	ENRICHED SALTINE CRACKERS VEGETABLE SOUP  WATER	BUILD YOUR OWN PARFAIT ENRICHED OATS LOW FAT GREEK YOGURT MIXED BERRIES WATER
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
<b>DINNER</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	HOMEMADE MAC & CHEESE WHOLE GRAIN NOODLES GROOVY GRAPES BRUSSELS SPROUTS *MILK	SALSBURY STEAK ENRICHED BROWN RICE W/ GRAVY HONEYDEW MELON ROASTED SQUASH * MILK	BAKED FISH FILLET ENRICHED HUSH PUPPIES PINEAPPLE RINGS ROASTED ZUCCHINI * MILK	TURKEY MEATBALLS WHOLE WHEAT NOODLES FRUIT COCKTAIL ROASTED CABBAGE *MILK	BEAN & CHEESE NACHOS WHOLE GRAIN CHIPS PEARS SWEET CORN * MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
<b>EVENING SNACK</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk TWO COMPONENTS	HUMMUS CUCUMBER SLICES  WATER	WHOLE WHEAT GOLDFISH DICED PLUMS  WATER	WHOLE WHEAT CHEESE CRACKERS KIWI SLICES  WATER	REINDEER CELERY WOW/SOY/PEANUT BUTTER CELERY STICKS RAISINS WATER	MULTIGRAIN CHEERIOS BANANAS  WATER
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain








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	Monday 12/16/24	Tuesday 12/17/24	Wednesday 12/18/24	Thursday 12/19/24	Friday 12/20/24
<b>BREAKFAST</b> Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	ENRICHED CREAM OF WHEAT BLUEBERRIES *MILK	ENRICHED PANCAKES BANANAS *MILK	ENRICHED SAUSAGE BISCUIT ORANGE WEDGES *MILK	ENRICHED CHEERIOS TATER TOTS *MILK	WHOLE WHEAT TOAST SCRAMBLED EGGS ROASTED POTATO WEDGES *MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
<b>AM SNACK</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	WHOLE GRAIN BAGEL PEAR HALVES	ENRICHED BANANA MUFFIN CINNAMON APPLESAUCE	ENRICHED OATMEAL KIWI SLICES	ENRICHED ENGLISH MUFFIN HONEYDEW MELON	LOWFAT YOGURT CRUSHED PINEAPPLE
<b>TWO COMPONENTS</b>	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
<b>LUNCH</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	ROASTED TURKEY ROLLUP ENRICHED CROISSANTS FRUIT SALAD OVEN BAKED CRISPY KALE *MILK	TACO TUESDAY SHREDDED CHICKEN LETTUCE TACO ENRICHED SPANISH RICE PLUMS ZESTY CORN *MILK	<b>STICKY BBQ TEMPEH RECIPE</b> STICKY BBQ TEMPEH (VEGAN) WHOLE GRAIN BROWN RICE RASPBERRIES BABY CARROTS * MILK	HOMEMADE CHICKEN NOODLE SOUP CHUNKY CHICKEN WHOLE GRAIN CRACKERS GREEN APPLES TOSSED SALAD *MILK	SAVORY TUNA SUB WHOLE WHEAT SUB ROLL CANTALOUPE SWEET PEAS *MILK
<b>TWO COMPONENTS</b>	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
<b>PM SNACK</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	WHOLE GRAIN CHIPS CHUNKY VEGGIE SALSA	<b>RUDOLPH SANDWICH</b> SOY/WOW/PEANUT BUTTER SANDWICH WHOLE GRAIN BREAD	FRUIT & VEGGIE CUP CUCUMER STICKS WATERMELON STICKS	<b>CANDY CANE FRUIT</b> ENRICHED GRAHAM CRACKERS STRAWBERRIES & BANANA	WHOLE GRAIN PITA CHIPS SAVORY HUMMUS
<b>TWO COMPONENTS</b>	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain 	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain 	<input type="checkbox"/> Whole Grain
<b>DINNER</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	CHICKEN TENDERS MULTI GRAIN BREAD RASPBERRIES PEAS & CARROTS *MILK	BEEF MEATBALL SUB WHOLE GRAIN SUB ROLL APRICOTS FRENCH FRIES * MILK	EXTRA CHEESE RAVIOLI WHOLE GRAIN RAVIOLI GROOVY GRAPES (CUT APPROPRIATE) MIXED VEGETABLES * MILK	STEAK TENDERS WHOLE WHEAT ROLL PEACHES COLLARD GREENS *MILK	BLACK BEAN BURGER WHOLE WHEAT BUN DICED PEARS SWEET POTATO FRIES * MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
<b>EVENING SNACK</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	ROASTED ZESTY CHICKPEAS CELERY STICKS	ENRICHED GRAHAM CRACKERS YOGURT DIP	ENRICHED ANIMAL CRACKERS 100% BERRY BERRY JUICE	ANTS ON A LOG PEANUT BUTTER/WOW/SOY CELERY RAISINS WATER	ENRICHED CHEEZE-ITS APPLE SLICES
<b>TWO COMPONENTS</b>	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
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	Monday 12/23/24	Tuesday 12/24/24	Wednesday 12/25/24	Thursday 12/26/24	Friday 12/27/24
<b>BREAKFAST</b> Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	WHOLE WHEAT BAGEL RASPBERRIES *MILK	ENRICHED OATMEAL MUFFIN WARMED PEACHES *MILK	<b>SANTA PANCAKES</b> WHOLE WHEAT PANCAKES RASPBERRIES & BANANA *MILK 	TURKEY SAUSAGE HASH BROWN *MILK	BUILD A BEAR PANCAKES WHOLE WHEAT PANCAKES BANANA *MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
<b>AM SNACK</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk TWO COMPONENTS	<b>CANDY CANE FRUIT</b> ENRICHED OATMEAL STRAWBERRIES & BANANAS WATER 	MULTI GRAIN TOAST PEAR HALVES WATER	<b>REINDEER CELERY</b> PEANUT/WOW/SOY BUTTER CELERY RAISINS WATER 	LOWFAT YOGURT ENRICHED GRANOLA OATS APRICOTS WATER	WHOLE GRAIN CEREAL RASPBERRIES WATER
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
<b>LUNCH</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	CHICKEN SALAD ENRICHED CROISSANT MANDARIN ORANGES ROASTED CAULIFLOWER *MILK	<b>TOFU TACO RECIPE</b> SEASONED TOFU ENRICHED HARD/SOFT TACOS MINI CORN ON THE COB SHREDDED LETTUCE *MILK	<b>RUDOLPH SANDWICH</b> HONEY TURKEY & CHEESE WHOLE GRAIN BREAD TROPICAL FRUIT SALAD CARROTS *MILK 	CHICKEN QUESADILLA GRILLED CHICKEN WHOLE WHEAT TORTILLA PAPAYA BROCCOLI *MILK	ROASTED TURKEY ENRICHED MACARONI & CHEESE STRAWBERRIES COLLARD GREENS *MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
<b>PM SNACK</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk TWO COMPONENTS	SWIMMING FISH WHOLE GRAIN GOLDFISH TOMATO BISQUE WATER	MINI PIZZA WHOLE GRAIN FLATBREAD MOZZARELLA CHEESE WATER	<b>CHRISTMAS CHEESE BOARD</b> ENRICHED PRETZELS GRAPES, CHEESE WATER 	ENRICHED PITA POCKET TROPICAL FRUIT SALAD WATER	<b>REINDEER SNACK MIX</b> WHOLE GRAIN CHEEZE-ITS, APPLE SLICES WATER
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
<b>DINNER</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	HOMEMADE MAC & EXTRA CHEESE WHOLE WHEAT NOODLES GROOVY GRAPES (CUT APPROP.) STEAMED BROCCOLI *MILK	CHICKEN NUGGETS ENRICHED HUSH PUPPIES HONEYDEW MELON SWEET PEAS * MILK	SLICED HONEY BAKED HAM MULTI GRAIN ROLL ORANGE SLICES STEAMED ZUCCHINI *MILK	<b>NATIONAL HAMBURGER DAY</b> BEEF HAMBURGER WHOLE GRAIN BUN WATERMELON SWEET POTATO FRIES *MILK	CHICKEN & RICE CASSEROLE WHOLE WHEAT ROLL PLUMS KALE SALAD * MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
<b>EVENING SNACK</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk TWO COMPONENTS	ENRICHED ANIMAL CRACKERS DICED PLUMS WATER	LOW FAT YOGURT CRUSHED PINEAPPLE WATER	WHOLE WHEAT GOLDFISH KIWI WATER	WHOLE GRAIN SALTINE CRACKERS SPLIT PEA SOUP WATER	ENRICHED PUMPKIN MUFFIN PEARS WATER
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain

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	Monday 12/30/24	Tuesday 12/31/24			
<b>BREAKFAST</b> Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	ENRICHED CREAM OF WHEAT APRICOT HALVES *MILK	ENRICHED GRITS KIWI SLICES *MILK		<input type="checkbox"/>	<input type="checkbox"/>
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain			
<b>AM SNACK</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk TWO COMPONENTS	WHOLE GRAIN RICE CAKE PINEAPPLE STICKS  WATER	MINI EGG SALAD SANDWICH WHOLE GRAIN BREAD  WATER		<input type="checkbox"/>	<input type="checkbox"/>
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain			
<b>LUNCH</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	CURRY TUNA SANDWICH WHOLE WHEAT ROLL BLUEBERRIES CREAMED SPINACH *MILK	GRILLED MINI STEAK KABOBS WHOLE WHEAT ROLL PEAR SLICES ROASTED BRUSSELL SPROUTS *MILK		<input type="checkbox"/>	<input type="checkbox"/>
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain			
<b>PM SNACK</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk TWO COMPONENTS	FRUIT & VEGGIE CUP ENRICHED PRETZEL TWIST CELERY STICKS APPLE SLICES WATER	LETTUCE WRAPS CHICKEN GROUND W/ LETTUCE GREEN LEAF LETTUCE SHREDDED CARROTS WATER		<input type="checkbox"/>	<input type="checkbox"/>
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain			
<b>DINNER</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	BBQ PULLED PORK ENRICHED TEXAS TOAST HONEYDEW MELON GREEN BEANS *MILK	BAKED FISH FILLET ENRICHED HAMBURGER BREAD PEACHES BAKED BEANS * MILK		<input type="checkbox"/>	<input type="checkbox"/>
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain			
<b>EVENING SNACK</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk TWO COMPONENTS	WHOLE GRAIN CHIPS PLUMS  WATER	ENRICHED OYSTER CRACKERS HM CHICKEN NOODLE SOUP  WATER	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain			

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