



		Wednesday 1/1/2025	Thursday 1/2/2025	Friday 1/3/2025
BREAKFAST		NEW YEARS DAY	SAUSAGE LINKS	
Whole Grain/Grain Alternate		ENRICHED GRITS W/CHEESE	WHOLE WHEAT TOAST	WHOLE GRAIN CEREAL
Vegetable or Fruit		RASPBERRIES	BLUEBERRIES	HONEYDEW MELON
Fluid Milk		*MILK	*MILK	*MILK
		U Whole Grain	Whole Grain	U Whole Grain
AM SNACK				
Meat/Meat Alternate		WHOLE WHEAT WAFFLE	EGG & SPINACH OMELETTE	ENRICHED CREAM OF WHEAT
Whole Grain/Grain Alternate		APRICOTS	CANTALOUPE	WARMED PEACHES
Vegetable or Fruit				
Fluid Milk		WATER	WATER	WATER
TWO COMPONENTS		Whole Grain	Whole Grain	Whole Grain
LUNCH		BLACK EYED PEA DAY		
Meat/Meat Alternate		HOMEMADE MAC AND CHEESE	BEEF STICKS	STEAK FINGERS
Whole Grain/Grain Alternate		ENRICHED NOODLES	WHOLE GRAIN ROLL	WHOLE WHEAT BREADSTICKS
Vegetable or Fruit		FRUIT COCKTAIL	MANDARIN ORANGES	COLLARD GREENS
Vegetable		BLACK EYED PEAS	POTATO SALAD	SWEET POTATO FRIES
Fluid Milk		* MILK	*MILK	*MILK
		🗌 Whole Grain	□ Whole Grain	Whole Grain
PM SNACK			FRUIT PIZZA	
Meat/Meat Alternate		ENRICHED GRAHAM CRACKERS	LOWFAT YOGURT	ENRICHED ANIMAL CRACKERS
Whole Grain/Grain Alternate		KIWI	WHOLE GRAIN BAGEL	SPLIT PEA SOUP
Vegetable or Fruit			BANANA/STRAWBERRIES	
Fluid Milk		WATER	WATER	WATER
TWO COMPONENTS		🗌 Whole Grain	☐ Whole Grain	Whole Grain
DINNER			NATIONAL SWISS CHEESE DAY	
Meat/Meat Alternate		CHEESEY-CHEESEBURGER	HOT TURKEY & SWISS SUB	SOUTHWEST CHICKEN QUESADILLA
Whole Grain/Grain Alternate		WHOLE GRAIN BUN	WHOLE WHEAT SUB ROLL	ENRICHED TORTILLA
Vegetable or Fruit		BAKED BEANS	APPLE SLICES	AVOCADO SLICES
Vegetable		PARMESEAN FRIES	MIXED VEGETABLES	GRILLED SWEET PEPPERS
Fluid Milk		* MILK	*MILK	* MILK
		U Whole Grain	Whole Grain	Whole Grain
EVENING SNACK				
Meat/Meat Alternate		WHOLE GRAIN SUNCHIPS	WHOLE GRAIN SESAME STICKS	COTTAGE CHEESE
Whole Grain/Grain Alternate		100% BERRY JUICE	PEARS	CRUSHED PINEAPPLE
Vegetable or Fruit				
Fluid Milk			WATER	WATER
TWO COMPONENTS		☐ Whole Grain	Whole Grain	Whole Grain





	Monday 1/6/2025	Tuesday 1/7/2025	Wednesday 1/8/2025	Thursday 1/9/2025	Friday 1/10/2025	
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BREAKFAST				NATIONAL APRICOT DAY	ENRICHED BISCUITS W/GRAVY	
Whole Grain/Grain Alternate	WHOLE WHEAT FRENCH TOAST	WHOLE WHEAT PANCAKES	ENRICHED GRITS	WHOLE GRAIN ENGLISH MUFFIN	SAUSAGE PATTY	
Vegetable or Fruit	HONEYDEW MELON	HASHBROWNS	GRILLED PEACHES	WARMED APRICOTS	ORANGE SLICES	
Fluid Milk	*MILK		*MILK	*MILK	*MILK	
		*MILK				
	Whole Grain	U Whole Grain	Whole Grain	U Whole Grain	U Whole Grain	
AM SNACK			PUMPKIN SPICE PARFAIT			
Meat/Meat Alternate	WHOLE GRAIN TRISCUIT CRACKERS	WHOLE GRAIN RICE CAKE	LOW FAT YOGURT	ENRICHED PRETZELS	ENRICHED MINI BAGEL	
Whole Grain/Grain Alternate	BOILED EGG HALVES	CELERY STICKS W/RANCH	ENRICHED GRAHAM CRACKERS	STRAWBERRIES	BLUEBERRIES	
Vegetable or Fruit			PUMPKIN SPICE PUREE			
Fluid Milk	WATER	WATER	WATER	WATER	WATER	
TWO COMPONENTS	Whole Grain	Whole Grain	Whole Grain	□ Whole Grain	🗌 Whole Grain	
LUNCH						
Meat/Meat Alternate	BEEF MEATBALLS	TERIYAKI SHRIMP	BBQ CHICKEN STRIPS	XTRA CHEESE RAVIOLI	CURRY CHICKEN SALAD SANDWICH	
Whole Grain/Grain Alternate	WHOLE GRAIN SPAGHETTI	ENRICHED FRIED RICE	WHOLE WHEAT HAWAIIAN BREAD	WHOLE WHEAT RAVIOLI	WHOLE GRAIN BREAD	
Vegetable or Fruit	ORANGE SLICES	BLUEBERRIES	PINEAPPLE SLICES	KIWI SLICES	FRUIT COCKTAIL	
Vegetable	ZUCCHINI	STIR FRY VEGETABLES	ROASTED CARROTS	CREAMED SPINACH	BROCCOLI SLAW	
Fluid Milk	*MILK	*MILK	* MILK	*MILK	*MILK	
	🗌 Whole Grain	Whole Grain	🗌 Whole Grain	🗌 Whole Grain	🔲 Whole Grain	
PM SNACK	FRUIT & VEGGIE CUPS				PIZZA KEBAB	
Meat/Meat Alternate	ENRICHED PRETZELS	HUMMUS WRAP	WHEAT CHEX	ENRICHED OYSTER CRACKERS	MOZZARELLA CHEESE	
Whole Grain/Grain Alternate	CUCUMBER STICKS	WHOLE WHEAT TORTILLA	MIXED FRUIT	SPLIT PEA SOUP	WHOLE WHEAT PITA BREAD	
Vegetable or Fruit	PINEAPPLE STICKS	SWEET PEPPER STRIPS				
Fluid Milk	WATER	WATER	WATER	WATER	WATER	
TWO COMPONENTS	🗌 Whole Grain	Whole Grain	U Whole Grain	U Whole Grain	U Whole Grain	
DINNER	NATIONAL BEAN DAY					
Meat/Meat Alternate	BLACK BEANS	EXTRA CHEESE PIZZA	BLACK BEAN BURGER	BAKED FISH FILLET	GROUND TURKEY	
Whole Grain/Grain Alternate	ENRICHED BROWN RICE	WHOLE WHEAT PIZZA CRUST	WHOLE GRAIN BURGER BUN	ENRICHED HAMBURGER BREAD	ENRICHED RICE PILAF	
Vegetable or Fruit	PLUMS	WATERMELON CHUNKS	SAUTEED GREEN BEANS	MANGO CHUNKS	GREEN & RED BELL PEPPERS	
Vegetable	TOSSED SALAD	ROASTED BEETS	FRENCH FRIES	ROASTED KALE	LIMA BEANS	
Fluid Milk	*MILK	* MILK	* MILK	*MILK	* MILK	
	Whole Grain	Whole Grain	U Whole Grain	U Whole Grain	U Whole Grain	
EVENING SNACK						
	WHOLE GRAIN SALTINE CRACKERS		ENRICHED RITZ CRACKERS	WHOLE GRAIN BREAD	PEANUT/SOY/WOW BUTTER	
Whole Grain/Grain Alternate	HM CHICKEN NOODLE SOUP	CANTALOUPE	CHEDDAR CHEESE CUBES	EGG SALAD	GREEN APPLE SLICES	
Vegetable or Fruit	14/ ATED					
Fluid Milk TWO COMPONENTS	WATER	WATER Whole Grain	WATER	WATER	WATER	
	Whole Grain Whole Grain Whole Grain Whole Grain Whole Grain   * One year olds are served White Whole Milk. Two years old and older are served white 1% or Fat Free Milk. Milk substitutes must have a medical statement.					
	r One year olas are served w	vnite whole milik. Two years old a	na olaer are servea white 1% or l	-at Free MIIK. MIIK SUDSTITUTES MUS	st nave a meaicai statement.	





	Monday 1/13/2025	Tuesday 1/14/2025	Wednesday 1/15/2025	Thursday 1/16/2025	Friday 1/17/2025
BREAKFAST	PEACH MELBA DAY	BREAKFAST ON A STICK		GO BANANAS OATMEAL	
Whole Grain/Grain Alternate	WHOLE WHEAT BAGEL	WHOLE WHEAT PANCAKES	ENRICHED ENGLISH MUFFIN	ENRICHED OATMEAL	ENRICHED GRITS
Vegetable or Fruit	WARMED PEACHES	STRAWBERRIES	HASHBROWNS	BANANAS	KIWI
Fluid Milk	*MILK	*MILK	*MILK	*MILK	*MILK
	🗌 Whole Grain	🗌 Whole Grain	U Whole Grain	U Whole Grain	🗌 Whole Grain
AM SNACK			FRESH SQUEEZED JUICE DAY	YOGURT PARFAIT	
Meat/Meat Alternate	ENRICHED RICE CAKE	ENRICHED GRITS	WHOLE GRAIN CHEERIOS	LOW FAT YOGURT	SCRAMBLED EGGS
Whole Grain/Grain Alternate	CELERY STICKS	TURKEY SAUSAGE LINKS	100% ORANGE JUICE	ENRICHED GRAHAM CRACKERS	ROASTED POTATO WEDGES
Vegetable or Fruit				BLUEBERRIES	
Fluid Milk	WATER	WATER	WATER	WATER	WATER
TWO COMPONENTS	Whole Grain	Whole Grain	□ Whole Grain	Whole Grain	🗌 Whole Grain
LUNCH		HOT SANDWICH DAY			HEALTHY CHICKEN N WAFFLES
Meat/Meat Alternate	GREEN LENTILS	CHICK-FIL-A SANDWICH SPINOFF	ROASTED HAM SLIDERS	SAVORY TUNA FISH	BAKED CHICKEN
Whole Grain/Grain Alternate	WHOLE GRAIN TACO SHELLS	WHOLE GRAIN BUN	ENRICHED HAWAIIAN ROLL	WHOLE GRAIN BREAD	WHOLE GRAIN WAFFLES
Vegetable or Fruit	GROOVY GRAPES	TOSSED SALAD	PINEAPPLE CHUNKS	MANDARIN ORANGES	CINNAMON APPLESAUCE
Vegetable	BABY CARROTS	FRENCH FRIES	GREEN BEANS	SWEET PEAS	GRILLED VEGETABLES
Fluid Milk	*MILK	*MILK	* MILK	*MILK	*MILK
	Whole Grain	□ Whole Grain	U Whole Grain	U Whole Grain	U Whole Grain
PM SNACK					
Meat/Meat Alternate	ROASTED SWEET POTATO STICKS	CRISPY ROASTED CHICKPEAS	GRILLED CHICKEN & SPINACH	MOZZARELLA CHEESE CUBES	WHOLE GRAIN PITA CHIPS
Whole Grain/Grain Alternate	WATERMELON SLICES	100% APPLE JUICE	WHOLE WHEAT TORTILLA WRAP	ENRICHED RITZ CRACKERS	GREEN APPLE STRIPS
Vegetable or Fruit					
Fluid Milk	WATER	WATER	WATER	WATER	WATER
TWO COMPONENTS	Whole Grain	Whole Grain	U Whole Grain	U Whole Grain	□ Whole Grain
DINNER					
Meat/Meat Alternate	CHICKEN ALFREDO	BEEF STIX	EXTRA CHEESE PIZZA	ORANGE CHICKEN LO-MEIN	RED BEANS
Whole Grain/Grain Alternate	WHOLE GRAIN PASTA	ENRICHED CORN BREAD	WHOLE WHEAT PIZZA CRUST	WHOLE GRAIN NOODLES	ENRICHED BROWN RICE
Vegetable or Fruit	HONEYDEW MELON	APRICOTS	PEACHES	KIWI SLICES	STRAWBERRIES
Vegetable	OVEN ROASTED BRUSSEL SPROUTS	ROASTED CAULIFLOWER	ROASTED BEETS	GARLIC BROCCOLI	TOSSED SALAD
Fluid Milk	*MILK	* MILK	* MILK	*MILK	* MILK
	□ Whole Grain	Whole Grain	□ Whole Grain	□ Whole Grain	🗌 Whole Grain
EVENING SNACK					
Meat/Meat Alternate	ENRICHED ANIMAL CRACKERS	WG TORTILLA CHIPS	WHOLE GRAIN CHEEZ-ITS	ENRICHED KIX	WHOLE WHEAT CRACKERS
Whole Grain/Grain Alternate	PEARS	CHUNKY VEGGIE SALSA	CINNAMON APPLESAUCE	RASPBERRIES	VEGETABLE SOUP
Vegetable or Fruit					
Fluid Milk	WATER	WATER	WATER	WATER	WATER
TWO COMPONENTS	Whole Grain	□ Whole Grain	□ Whole Grain	🗌 Whole Grain	🗌 Whole Grain
	* One year olds are served White Whole Milk. Two years old and older are served white 1% or Fat Free Milk. Milk substitutes must have a medical statement.				





	Monday 1/20/2025	Tuesday 1/21/2025	Wednesday 1/22/2025	Thursday 1/23/2025	Friday 1/24/2025
BREAKFAST					
Whole Grain/Grain Alternate	ENRICHED SAUSAGE BISCUIT	ENRICHED CREAM OF WHEAT	WHOLE GRAIN FRENCH TOAST	WHOLE GRAIN CEREAL	ENRICHED GRITS
Vegetable or Fruit	FRUIT COCKTAIL	PEARS	TATER TOTS	KIWI	GRILLED PEACHES
Fluid Milk	*MILK	*MILK	*MILK	*MILK	*MILK
	U Whole Grain	U Whole Grain	U Whole Grain	U Whole Grain	Whole Grain
AM SNACK				BREAKFAST TORTILLA	PIZZA KEBAB
Meat/Meat Alternate	WHOLE GRAIN RICE CAKES	ENRICHED PITA POCKET	WHOLE GRAIN BAGEL	WHOLE GRAIN TORTILLA	WHOLE WHEAT PITA BREAD
Whole Grain/Grain Alternate	STRAWBERRIES	HUMMUS/SHREDDED CARROTS	BLUEBERRIES	SCRAMBLED EGGS	MOZZARELLA CHEESE
Vegetable or Fruit					
Fluid Milk	WATER	WATER	WATER	WATER	WATER
TWO COMPONENTS	Whole Grain	Whole Grain	Whole Grain	Whole Grain	Whole Grain
LUNCH		SEAFOOD DAY	SOUTHERN FOOD DAY		NATIONAL PEANUT BUTTER DAY
Meat/Meat Alternate	ASIAN CHICKEN & BROCCOLI	BAKED FISH FILLET	RED BEANS	SAVORY TUNA & CHEESE SUB	PEANUT BUTTER/WOW/SOY BUTTER
Whole Grain/Grain Alternate	ENRICHED BROWN RICE	WHOLE WHEAT HAMBURGER BREAD	WHOLE GRAIN BROWN RICE	WHOLE WHEAT SUB ROLL	WHOLE WHEAT BREAD
Vegetable or Fruit	ORANGE SMILES	APPLE RAISIN SALAD	WARM PEACHES	MANGO SLICES	APRICOT HALVES
Vegetable	BABY CARROTS	CORN ON THE COB	SAVORY CABBAGE	GREEN BEANS	CELERY STICKS
Fluid Milk	*MILK	*MILK	* MILK	*MILK	*MILK
	🔲 Whole Grain	U Whole Grain	U Whole Grain	U Whole Grain	U Whole Grain
PM SNACK				FRUIT & VEGGIE CUPS	
Meat/Meat Alternate	WHOLE WHEAT RITZ CRACKERS		WHOLE WHEAT ENGLISH MUFFIN	ENRICHED PRETZELS	YOGURT
Whole Grain/Grain Alternate	ENGLISH CUCUMBER ROUNDS	BANANA SLICES	BLACKBERRIES	PINEAPPLE STICKS	WHOLE GRAIN RICE CRISPS
Vegetable or Fruit					
Fluid Milk	WATER	WATER	WATER	WATER	WATER
TWO COMPONENTS	🔲 Whole Grain	U Whole Grain	U Whole Grain	U Whole Grain	U Whole Grain
DINNER	CHEESE LOVER'S DAY				
Meat/Meat Alternate	HOMEMADE MAC AND CHEESE	CHICKEN NUGGETS	EXTRA CHEESE QUESADILLA	BLACK BEAN BURGER	CHICKEN BURRITO BOWL
Whole Grain/Grain Alternate	WHOLE WHEAT NOODLES	WHOLE GRAIN ROLL	WHOLE WHEAT TORTILLA	WHOLE WHEAT BURGER BUN	ENRICHED SPANISH RICE
Vegetable or Fruit	BAKED APPLES	CANTALOUPE	ORANGE SLICES	GREEN & RED BELL PEPPERS	REFRIED BEANS
Vegetable	SWEET PEAS	OVEN BAKED KALE	TOMATO SOUP	CABBAGE	HOMEMADE PICO DE GALLO
Fluid Milk	*MILK	* MILK	* MILK	*MILK	* MILK
	🗌 Whole Grain	☐ Whole Grain	Whole Grain	Whole Grain	Whole Grain
EVENING SNACK					
Meat/Meat Alternate	COTTAGE CHEESE	ENRICHED ANIMAL CRACKERS	WHOLE GRAIN CRACKERS	WHOLE GRAIN PITA CHIPS	WHOLE GRAIN SUNCHIPS
Whole Grain/Grain Alternate	MIXED BERRIES	BLUEBERRIES	STRAWBERRIES	HONEYDEW MELON	RASPBERRIES
Vegetable or Fruit		14/ 4755	W/1755		
Fluid Milk	WATER	WATER	WATER	WATER	WATER
TWO COMPONENTS	Whole Grain Whole Grain Whole Grain Whole Grain Whole Grain   * One year olds are served White Whole Milk. Two years old and older are served white 1% or Fat Free Milk. Milk substitutes must have a medical statement.				





	Monday 1/27/2025	Tuesday 1/28/2025	Wednesday 1/29/2025	Thursday 1/30/2025	Friday 1/31/2025	
BREAKFAST	·	BLUEBERRY PANCAKE DAY		NATIONAL CROISSANT DAY	·	
Whole Grain/Grain Alternate	WHOLE WHEAT BAGEL	WHOLE WHEAT PANCAKES	ENRICHED SAUSAGE BISCUIT	ENRICHED CROISSANT	WHOLE GRAIN MAPLE OATMEAL	
Vegetable or Fruit	CINNAMON APPLESAUCE	PEACHES	BLACKBERRIES	PLUMS	CINNAMON APRICOTS	
Fluid Milk	*MILK	*MILK	*MILK	*MILK	*MILK	
	U Whole Grain	🗌 Whole Grain	Whole Grain	Whole Grain	🗌 Whole Grain	
AM SNACK				MINI PIZZA		
Meat/Meat Alternate	ENRICHED CHEX CEREAL	ENRICHED MUFFINS	WHOLE GRAIN RICE CAKES	ENRICHED ENGLISH MUFFIN	YOGURT	
Whole Grain/Grain Alternate	PEARS	BANANAS	FRUIT SALAD	MOZZARELLA CHEESE	WG QUAKER RICE CAKE	
Vegetable or Fruit						
Fluid Milk	WATER	WATER	WATER	WATER	WATER	
TWO COMPONENTS	🗌 Whole Grain	🗌 Whole Grain	🗌 Whole Grain	U Whole Grain	U Whole Grain	
LUNCH	NATIONAL CROISSANT DAY					
Meat/Meat Alternate	HAM & CHEESE	GROUND TURKEY	BEEF STEW	TERIYAKI CHICKEN	CHICKEN NUGGETS	
Whole Grain/Grain Alternate	ENRICHED CROISSANT	CREAMY WILD RICE	WHOLE WHEAT BREADSTICKS	ENRICHED FRIED RICE	WHOLE WHEAT ROLL	
Vegetable or Fruit	STRAWBERRIES	PINEAPPLE TIDBITS	ORANGE SMILES	FRUIT COCKTAIL	BLUEBERRIES	
Vegetable	TOSSED SALAD	CREAMY COLESLAW	CREAMED CORN	GARLIC BROCCOLI	GREEN BEANS	
Fluid Milk	*MILK	*MILK	*MILK	*MILK	*MILK	
	U Whole Grain	U Whole Grain	U Whole Grain	U Whole Grain	🗌 Whole Grain	
PM SNACK		FISH SWIMMING IN SOUP			FRUIT & VEGGIE CUPS	
Meat/Meat Alternate	WHOLE GRAIN BREAD	WHOLE GRAIN GOLDFISH	ROASTED SWEET POTATO STICKS	WHOLE GRAIN PITA CHIPS	ENRICHED PRETZEL STICKS	
Whole Grain/Grain Alternate	EGG SALAD	TOMATO SOUP	YOGURT DIP	WATERMELON STRIPS	CELERY STICKS	
Vegetable or Fruit					APPLE STICKS	
Fluid Milk	WATER	WATER		WATER	WATER	
TWO COMPONENTS	🗌 Whole Grain	🔲 Whole Grain	U Whole Grain	🔲 Whole Grain	U Whole Grain	
DINNER						
Meat/Meat Alternate	TURKEY CHILI	BEEF MEATBALLS SUB	ROTISSERIE CHICKEN	SLICED TURKEY PANINI	BAKED FISH STICKS	
Whole Grain/Grain Alternate	ENRICHED CORNBREAD	ENRICHED HOTDOG BREAD	WHOLE WHEAT ROLL	WHOLE WHEAT BREAD	ENRICHED HUSH PUPPIES	
Vegetable or Fruit	PEACHES	CUCUMBER & AVOCADO SALAD	STEAMED CARROTS	GROOVY GRAPES	HONEYDEW MELON	
Vegetable	PEAS & CARROTS	GREEN BEANS	CREAMED SPINACH	SWEET PEAS	STEAMED ZUCHINNI	
Fluid Milk	*MILK	* MILK	*MILK	*MILK	* MILK	
EVENING SNACK						
Meat/Meat Alternate	ENRICHED ANIMAL CRACKERS	ENRICHED SALTINE CRACKERS	WHOLE WHEAT RITZ CRACKERS	WHOLE GRAIN CRACKERS	ROAST BEEF & CHEESE PINWHEELS	
Whole Grain/Grain Alternate	PLUMS	SAVORY TUNA SALAD	AVOCADO SLICES	STRAWBERRIES	WHOLE GRAIN TORTILLA	
Vegetable or Fruit						
Fluid Milk	WATER	WATER		WATER	WATER	
TWO COMPONENTS	Whole Grain	U Whole Grain	Whole Grain	Whole Grain	Whole Grain	
	* One year olds are served White Whole Milk. Two years old and older are served white 1% or Fat Free Milk. Milk substitutes must have a medical statement.					
	The year dias are served while where this two years du and duer are served while 2% of the tree this. This substitutes must have a medical statement.					