





| | | Wednesday 1/1/2025 | Thursday 1/2/2025 | Friday 1/3/2025 | |
|-----------------------------|--|--------------------------|---------------------|--------------------------|--|
| BREAKFAST | | NEW YEARS DAY | SAUSAGE LINKS | | |
| Whole Grain/Grain Alternate | | ENRICHED GRITS W/CHEESE | WHOLE WHEAT TOAST | WHOLE GRAIN CEREAL | |
| Vegetable or Fruit | | RASPBERRIES | BLUEBERRIES | HONEYDEW MELON | |
| Fluid Milk | | *MILK | *MILK | *MILK | |
| | |] D Whole Grain | U Whole Grain | U Whole Grain | |
| LUNCH | | BLACK EYED PEA DAY | | | |
| Meat/Meat Alternate | | HOMEMADE MAC AND CHEESE | BEEF STICKS | STEAK FINGERS | |
| Whole Grain/Grain Alternate | | ENRICHED NOODLES | WHOLE GRAIN ROLL | WHOLE WHEAT BREADSTICKS | |
| Vegetable or Fruit | | FRUIT COCKTAIL | MANDARIN ORANGES | COLLARD GREENS | |
| Vegetable | | BLACK EYED PEAS | POTATO SALAD | SWEET POTATO FRIES | |
| Fluid Milk | | * MILK | *MILK | *MILK | |
| | | 🗌 Whole Grain | U Whole Grain | U Whole Grain | |
| PM SNACK | | | FRUIT PIZZA | | |
| Meat/Meat Alternate | | ENRICHED GRAHAM CRACKERS | LOWFAT YOGURT | ENRICHED ANIMAL CRACKERS | |
| Whole Grain/Grain Alternate | | KIWI | WHOLE GRAIN BAGEL | SPLIT PEA SOUP | |
| Vegetable or Fruit | | | BANANA/STRAWBERRIES | | |
| Fluid Milk | | WATER | WATER | WATER | |
| TWO COMPONENTS | | 🗌 Whole Grain | 🗌 Whole Grain | 🗌 Whole Grain | |
| | * One year olds are served White Whole Milk. Two years old and older are served white 1% or Fat Free Milk. Milk substitutes must have a medical statement. | | | | |
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| | Monday 1/6/2025 | Tuesday 1/7/2025 | Wednesday 1/8/2025 | Thursday 1/9/2025 | Friday 1/10/2025 |
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| BREAKFAST | | | | NATIONAL APRICOT DAY | ENRICHED BISCUITS W/GRAVY |
| Whole Grain/Grain Alternate | WHOLE WHEAT FRENCH TOAST | WHOLE WHEAT PANCAKES | ENRICHED GRITS | WHOLE GRAIN ENGLISH MUFFIN | SAUSAGE PATTY |
| Vegetable or Fruit | HONEYDEW MELON | HASHBROWNS | GRILLED PEACHES | WARMED APRICOTS | ORANGE SLICES |
| Fluid Milk | *MILK | | *MILK | *MILK | *MILK |
| | | *MILK | | | |
| | U Whole Grain | U Whole Grain | U Whole Grain | U Whole Grain | Whole Grain |
| LUNCH | | | | | |
| Meat/Meat Alternate | BEEF MEATBALLS | TERIYAKI SHRIMP | BBQ CHICKEN STRIPS | XTRA CHEESE RAVIOLI | CURRY CHICKEN SALAD SANDWICH |
| Whole Grain/Grain Alternate | WHOLE GRAIN SPAGHETTI | ENRICHED FRIED RICE | WHOLE WHEAT HAWAIIAN BREAD | WHOLE WHEAT RAVIOLI | WHOLE GRAIN BREAD |
| Vegetable or Fruit | ORANGE SLICES | BLUEBERRIES | PINEAPPLE SLICES | KIWI SLICES | FRUIT COCKTAIL |
| Vegetable | ZUCCHINI | STIR FRY VEGETABLES | ROASTED CARROTS | CREAMED SPINACH | BROCCOLI SLAW |
| Fluid Milk | *MILK | *MILK | * MILK | *MILK | *MILK |
| | Whole Grain | ☐ Whole Grain | 🗌 Whole Grain | 🗌 Whole Grain | Whole Grain |
| PM SNACK | FRUIT & VEGGIE CUPS | | | | PIZZA KEBAB |
| Meat/Meat Alternate | ENRICHED PRETZELS | HUMMUS WRAP | WHEAT CHEX | ENRICHED OYSTER CRACKERS | MOZZARELLA CHEESE |
| Whole Grain/Grain Alternate | CUCUMBER STICKS | WHOLE WHEAT TORTILLA | MIXED FRUIT | SPLIT PEA SOUP | WHOLE WHEAT PITA BREAD |
| Vegetable or Fruit | PINEAPPLE STICKS | SWEET PEPPER STRIPS | | | |
| Fluid Milk | WATER | WATER | WATER | WATER | WATER |
| TWO COMPONENTS | U Whole Grain | U Whole Grain | U Whole Grain | U Whole Grain | U Whole Grain |
| | * One year olds are served White Whole Milk. Two years old and older are served white 1% or Fat Free Milk. Milk substitutes must have a medical statement. | | | | |
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| | Monday 1/13/2025 | Tuesday 1/14/2025 | Wednesday 1/15/2025 | Thursday 1/16/2025 | Friday 1/17/2025 |
|-----------------------------|--|------------------------------|---------------------------|-------------------------|---------------------------|
| BREAKFAST | PEACH MELBA DAY | BREAKFAST ON A STICK | | GO BANANAS OATMEAL | |
| Whole Grain/Grain Alternate | WHOLE WHEAT BAGEL | WHOLE WHEAT PANCAKES | ENRICHED ENGLISH MUFFIN | ENRICHED OATMEAL | ENRICHED GRITS |
| Vegetable or Fruit | WARMED PEACHES | STRAWBERRIES | HASHBROWNS | BANANAS | KIWI |
| Fluid Milk | *MILK | *MILK | *MILK | *MILK | *MILK |
| | U Whole Grain | U Whole Grain | U Whole Grain | Whole Grain | U Whole Grain |
| LUNCH | | HOT SANDWICH DAY | | | HEALTHY CHICKEN N WAFFLES |
| Meat/Meat Alternate | GREEN LENTILS | CHICK-FIL-A SANDWICH SPINOFF | ROASTED HAM SLIDERS | SAVORY TUNA FISH | BAKED CHICKEN |
| Whole Grain/Grain Alternate | WHOLE GRAIN TACO SHELLS | WHOLE GRAIN BUN | ENRICHED HAWAIIAN ROLL | WHOLE GRAIN BREAD | WHOLE GRAIN WAFFLES |
| Vegetable or Fruit | GROOVY GRAPES | TOSSED SALAD | PINEAPPLE CHUNKS | MANDARIN ORANGES | CINNAMON APPLESAUCE |
| Vegetable | BABY CARROTS | FRENCH FRIES | GREEN BEANS | SWEET PEAS | GRILLED VEGETABLES |
| Fluid Milk | *MILK | *MILK | * MILK | *MILK | *MILK |
| | □ Whole Grain | □ Whole Grain | Whole Grain | U Whole Grain | □ Whole Grain |
| PM SNACK | | | | | |
| Meat/Meat Alternate | ROASTED SWEET POTATO STICKS | CRISPY ROASTED CHICKPEAS | GRILLED CHICKEN & SPINACH | MOZZARELLA CHEESE CUBES | WHOLE GRAIN PITA CHIPS |
| Whole Grain/Grain Alternate | WATERMELON SLICES | 100% APPLE JUICE | WHOLE WHEAT TORTILLA WRAP | ENRICHED RITZ CRACKERS | GREEN APPLE STRIPS |
| Vegetable or Fruit | | | | | |
| Fluid Milk | WATER | WATER | WATER | WATER | WATER |
| TWO COMPONENTS | Whole Grain | Whole Grain | Whole Grain | U Whole Grain | U Whole Grain |
| | * One year olds are served White Whole Milk. Two years old and older are served white 1% or Fat Free Milk. Milk substitutes must have a medical statement. | | | | |





| | Monday 1/20/2025 | Tuesday 1/21/2025 | Wednesday 1/22/2025 | Thursday 1/23/2025 | Friday 1/24/2025 |
|--|--|----------------------------------|--|-----------------------------------|-----------------------------------|
| BREAKFAST Whole Grain/Grain Alternate Vegetable or Fruit | ENRICHED SAUSAGE BISCUIT FRUIT COCKTAIL | ENRICHED CREAM OF WHEAT PEARS | WHOLE GRAIN FRENCH TOAST TATER TOTS | WHOLE GRAIN CEREAL KIWI | ENRICHED GRITS GRILLED PEACHES |
| Fluid Milk | *MILK | *MILK | *MILK | *MILK | *MILK |
| | U Whole Grain | Whole Grain | Whole Grain | Whole Grain | U Whole Grain |
| LUNCH | | SEAFOOD DAY | SOUTHERN FOOD DAY | | NATIONAL PEANUT BUTTER DAY |
| Meat/Meat Alternate | ASIAN CHICKEN & BROCCOLI | BAKED FISH FILLET | RED BEANS | SAVORY TUNA & CHEESE SUB | PEANUT BUTTER/WOW/SOY BUTTER |
| Whole Grain/Grain Alternate | ENRICHED BROWN RICE | WHOLE WHEAT HAMBURGER BREAD | WHOLE GRAIN BROWN RICE | WHOLE WHEAT SUB ROLL | WHOLE WHEAT BREAD |
| Vegetable or Fruit | ORANGE SMILES | APPLE RAISIN SALAD | WARM PEACHES | MANGO SLICES | APRICOT HALVES |
| Vegetable | BABY CARROTS | CORN ON THE COB | SAVORY CABBAGE | GREEN BEANS | CELERY STICKS |
| Fluid Milk | *MILK | *MILK | * MILK | *MILK | *MILK |
| | ☐ Whole Grain | ☐ Whole Grain | Whole Grain | ☐ Whole Grain | ☐ Whole Grain |
| PM SNACK | | | | FRUIT & VEGGIE CUPS | |
| Meat/Meat Alternate | WHOLE WHEAT RITZ CRACKERS | ENRICHED GRAHAM CRACKERS | WHOLE WHEAT ENGLISH MUFFIN | ENRICHED PRETZELS | YOGURT |
| Whole Grain/Grain Alternate | ENGLISH CUCUMBER ROUNDS | BANANA SLICES | BLACKBERRIES | PINEAPPLE STICKS | WHOLE GRAIN RICE CRISPS |
| Vegetable or Fruit | | | | | |
| Fluid Milk | WATER | WATER | WATER | WATER | WATER |
| TWO COMPONENTS | U Whole Grain | Whole Grain | U Whole Grain | Whole Grain | U Whole Grain |
| | * One year olds are served | White Whole Milk. Two years old | and older are served white 1% or | Fat Free Milk. Milk substitutes m | ust have a medical statement. |





| | Monday 1/27/2025 | Tuesday 1/28/2025 | Wednesday 1/29/2025 | Thursday 1/30/2025 | Friday 1/31/2025 |
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| BREAKFAST | | BLUEBERRY PANCAKE DAY | | NATIONAL CROISSANT DAY | |
| Whole Grain/Grain Alternate | WHOLE WHEAT BAGEL | WHOLE WHEAT PANCAKES | ENRICHED SAUSAGE BISCUIT | ENRICHED CROISSANT | WHOLE GRAIN MAPLE OATMEA |
| Vegetable or Fruit | CINNAMON APPLESAUCE | PEACHES | BLACKBERRIES | PLUMS | CINNAMON APRICOTS |
| Fluid Milk | *MILK | *MILK | *MILK | *MILK | *MILK |
| | Whole Grain | U Whole Grain | U Whole Grain | U Whole Grain | U Whole Grain |
| LUNCH | NATIONAL CROISSANT DAY | | | | |
| Meat/Meat Alternate | HAM & CHEESE | GROUND TURKEY | BEEF STEW | TERIYAKI CHICKEN | CHICKEN NUGGETS |
| Whole Grain/Grain Alternate | ENRICHED CROISSANT | CREAMY WILD RICE | WHOLE WHEAT BREADSTICKS | ENRICHED FRIED RICE | WHOLE WHEAT ROLL |
| Vegetable or Fruit | STRAWBERRIES | PINEAPPLE TIDBITS | ORANGE SMILES | FRUIT COCKTAIL | BLUEBERRIES |
| Vegetable | TOSSED SALAD | CREAMY COLESLAW | CREAMED CORN | GARLIC BROCCOLI | GREEN BEANS |
| Fluid Milk | *MILK | *MILK | *MILK | *MILK | *MILK |
| | Whole Grain | ☐ Whole Grain | ☐ Whole Grain | ☐ Whole Grain | 🗌 Whole Grain |
| PM SNACK | | FISH SWIMMING IN SOUP | | | FRUIT & VEGGIE CUPS |
| Meat/Meat Alternate | WHOLE GRAIN BREAD | WHOLE GRAIN GOLDFISH | ROASTED SWEET POTATO STICKS | WHOLE GRAIN PITA CHIPS | ENRICHED PRETZEL STICKS |
| Whole Grain/Grain Alternate | EGG SALAD | TOMATO SOUP | YOGURT DIP | WATERMELON STRIPS | CELERY STICKS |
| Vegetable or Fruit | | | | | APPLE STICKS |
| Fluid Milk | WATER | WATER | | WATER | WATER |
| TWO COMPONENTS | Whole Grain | U Whole Grain | U Whole Grain | Whole Grain | U Whole Grain |
| | * One year olds are served | White Whole Milk. Two years old | and older are served white 1% or | Fat Free Milk. Milk substitutes m | ist have a medical statement. |
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