




			Wednesday 1/1/2025	Thursday 1/2/2025	Friday 1/3/2025
BREAKFAST Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk			 NEW YEARS DAY ENRICHED GRITS W/CHEESE RASPBERRIES *MILK	SAUSAGE LINKS WHOLE WHEAT TOAST BLUEBERRIES *MILK	WHOLE GRAIN CEREAL HONEYDEW MELON *MILK
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
LUNCH Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk			BLACK EYED PEA DAY HOMEMADE MAC AND CHEESE ENRICHED NOODLES FRUIT COCKTAIL BLACK EYED PEAS * MILK	BEEF STICKS WHOLE GRAIN ROLL MANDARIN ORANGES POTATO SALAD *MILK	STEAK FINGERS WHOLE WHEAT BREADSTICKS COLLARD GREENS SWEET POTATO FRIES *MILK
			<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
PM SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk TWO COMPONENTS			ENRICHED GRAHAM CRACKERS KIWI WATER	FRUIT PIZZA LOWFAT YOGURT WHOLE GRAIN BAGEL BANANA/STRAWBERRIES WATER	ENRICHED ANIMAL CRACKERS SPLIT PEA SOUP WATER
			<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
DINNER Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk			CHEESEY-CHEESEBURGER WHOLE GRAIN BUN BAKED BEANS PARMESEAN FRIES * MILK	NATIONAL SWISS CHEESE DAY HOT TURKEY & SWISS SUB WHOLE WHEAT SUB ROLL APPLE SLICES MIXED VEGETABLES *MILK	SOUTHWEST CHICKEN QUESADILLA ENRICHED TORTILLA AVOCADO SLICES GRILLED SWEET PEPPERS * MILK
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
* One year olds are served White Whole Milk. Two years old and older are served white 1% or Fat Free Milk. Milk substitutes must have a medical statement.					



	Monday 1/6/2025	Tuesday 1/7/2025	Wednesday 1/8/2025	Thursday 1/9/2025	Friday 1/10/2025
BREAKFAST Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	WHOLE WHEAT FRENCH TOAST HONEYDEW MELON *MILK	WHOLE WHEAT PANCAKES HASHBROWNS *MILK	ENRICHED GRITS GRILLED PEACHES *MILK	NATIONAL APRICOT DAY WHOLE GRAIN ENGLISH MUFFIN WARMED APRICOTS *MILK	ENRICHED BISCUITS W/GRAVY SAUSAGE PATTY ORANGE SLICES *MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
LUNCH Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	BEEF MEATBALLS WHOLE GRAIN SPAGHETTI ORANGE SLICES ZUCCHINI *MILK	TERIYAKI SHRIMP ENRICHED FRIED RICE BLUEBERRIES STIR FRY VEGETABLES *MILK	BBQ CHICKEN STRIPS WHOLE WHEAT HAWAIIAN BREAD PINEAPPLE SLICES ROASTED CARROTS * MILK	XTRA CHEESE RAVIOLI WHOLE WHEAT RAVIOLI KIWI SLICES CREAMED SPINACH *MILK	CURRY CHICKEN SALAD SANDWICH WHOLE GRAIN BREAD FRUIT COCKTAIL BROCCOLI SLAW *MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
PM SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk TWO COMPONENTS	FRUIT & VEGGIE CUPS ENRICHED PRETZELS CUCUMBER STICKS PINEAPPLE STICKS WATER	HUMMUS WRAP WHOLE WHEAT TORTILLA SWEET PEPPER STRIPS WATER	WHEAT CHEX MIXED FRUIT WATER	ENRICHED OYSTER CRACKERS SPLIT PEA SOUP WATER	PIZZA KEBAB MOZZARELLA CHEESE WHOLE WHEAT PITA BREAD WATER
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
DINNER Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	NATIONAL BEAN DAY BLACK BEANS ENRICHED BROWN RICE PLUMS TOSSED SALAD *MILK	EXTRA CHEESE PIZZA WHOLE WHEAT PIZZA CRUST WATERMELON CHUNKS ROASTED BEETS * MILK	BLACK BEAN BURGER WHOLE GRAIN BURGER BUN SAUTEED GREEN BEANS FRENCH FRIES * MILK	BAKED FISH FILLET ENRICHED HAMBURGER BREAD MANGO CHUNKS ROASTED KALE *MILK	GROUND TURKEY ENRICHED RICE PILAF GREEN & RED BELL PEPPERS LIMA BEANS * MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
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	Monday 1/13/2025	Tuesday 1/14/2025	Wednesday 1/15/2025	Thursday 1/16/2025	Friday 1/17/2025
BREAKFAST Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	PEACH MELBA DAY WHOLE WHEAT BAGEL WARMED PEACHES *MILK	BREAKFAST ON A STICK WHOLE WHEAT PANCAKES STRAWBERRIES *MILK	ENRICHED ENGLISH MUFFIN HASHBROWNS *MILK	GO BANANAS OATMEAL ENRICHED OATMEAL BANANAS *MILK	ENRICHED GRITS KIWI *MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
LUNCH Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	GREEN LENTILS WHOLE GRAIN TACO SHELLS GROOVY GRAPES BABY CARROTS *MILK	HOT SANDWICH DAY CHICK-FIL-A SANDWICH SPINOFF WHOLE GRAIN BUN TOSSED SALAD FRENCH FRIES *MILK	ROASTED HAM SLIDERS ENRICHED HAWAIIAN ROLL PINEAPPLE CHUNKS GREEN BEANS * MILK	SAVORY TUNA FISH WHOLE GRAIN BREAD MANDARIN ORANGES SWEET PEAS *MILK	HEALTHY CHICKEN N WAFFLES BAKED CHICKEN WHOLE GRAIN WAFFLES CINNAMON APPLESAUCE GRILLED VEGETABLES *MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
PM SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	ROASTED SWEET POTATO STICKS WATERMELON SLICES WATER	CRISPY ROASTED CHICKPEAS 100% APPLE JUICE WATER	GRILLED CHICKEN & SPINACH WHOLE WHEAT TORTILLA WRAP WATER	MOZZARELLA CHEESE CUBES ENRICHED RITZ CRACKERS WATER	WHOLE GRAIN PITA CHIPS GREEN APPLE STRIPS WATER
TWO COMPONENTS	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
DINNER Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	CHICKEN ALFREDO WHOLE GRAIN PASTA HONEYDEW MELON OVEN ROASTED BRUSSEL SPROUTS *MILK	BEEF STIX ENRICHED CORN BREAD APRICOTS ROASTED CAULIFLOWER * MILK	EXTRA CHEESE PIZZA WHOLE WHEAT PIZZA CRUST PEACHES ROASTED BEETS * MILK	ORANGE CHICKEN LO-MEIN WHOLE GRAIN NOODLES KIWI SLICES GARLIC BROCCOLI *MILK	RED BEANS ENRICHED BROWN RICE STRAWBERRIES TOSSED SALAD * MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
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	Monday 1/20/2025	Tuesday 1/21/2025	Wednesday 1/22/2025	Thursday 1/23/2025	Friday 1/24/2025
BREAKFAST Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	ENRICHED SAUSAGE BISCUIT FRUIT COCKTAIL *MILK	ENRICHED CREAM OF WHEAT PEARS *MILK	WHOLE GRAIN FRENCH TOAST TATER TOTS *MILK	WHOLE GRAIN CEREAL KIWI *MILK	ENRICHED GRITS GRILLED PEACHES *MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
LUNCH Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	ASIAN CHICKEN & BROCCOLI ENRICHED BROWN RICE ORANGE SMILES BABY CARROTS *MILK	SEAFOOD DAY BAKED FISH FILLET WHOLE WHEAT HAMBURGER BREAD APPLE RAISIN SALAD CORN ON THE COB *MILK	SOUTHERN FOOD DAY RED BEANS WHOLE GRAIN BROWN RICE WARM PEACHES SAVORY CABBAGE * MILK	SAVORY TUNA & CHEESE SUB WHOLE WHEAT SUB ROLL MANGO SLICES GREEN BEANS *MILK	NATIONAL PEANUT BUTTER DAY PEANUT BUTTER/WOW/SOY BUTTER WHOLE WHEAT BREAD APRICOT HALVES CELERY STICKS *MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
PM SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk TWO COMPONENTS	WHOLE WHEAT RITZ CRACKERS ENGLISH CUCUMBER ROUNDS WATER	ENRICHED GRAHAM CRACKERS BANANA SLICES WATER	WHOLE WHEAT ENGLISH MUFFIN BLACKBERRIES WATER	FRUIT & VEGGIE CUPS ENRICHED PRETZELS PINEAPPLE STICKS WATER	YOGURT WHOLE GRAIN RICE CRISPS WATER
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
DINNER Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	CHEESE LOVER'S DAY HOMEMADE MAC AND CHEESE WHOLE WHEAT NOODLES BAKED APPLES SWEET PEAS *MILK	CHICKEN NUGGETS WHOLE GRAIN ROLL CANTALOUPE OVEN BAKED KALE * MILK	EXTRA CHEESE QUESADILLA WHOLE WHEAT TORTILLA ORANGE SLICES TOMATO SOUP * MILK	BLACK BEAN BURGER WHOLE WHEAT BURGER BUN GREEN & RED BELL PEPPERS CABBAGE *MILK	CHICKEN BURRITO BOWL ENRICHED SPANISH RICE REFRIED BEANS HOMEMADE PICO DE GALLO * MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
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	Monday 1/27/2025	Tuesday 1/28/2025	Wednesday 1/29/2025	Thursday 1/30/2025	Friday 1/31/2025
BREAKFAST Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	WHOLE WHEAT BAGEL CINNAMON APPLESAUCE *MILK	BLUEBERRY PANCAKE DAY WHOLE WHEAT PANCAKES PEACHES *MILK	ENRICHED SAUSAGE BISCUIT BLACKBERRIES *MILK	NATIONAL CROISSANT DAY ENRICHED CROISSANT PLUMS *MILK	WHOLE GRAIN MAPLE OATMEAL CINNAMON APRICOTS *MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
LUNCH Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	NATIONAL CROISSANT DAY HAM & CHEESE ENRICHED CROISSANT STRAWBERRIES TOSSED SALAD *MILK	GROUND TURKEY CREAMY WILD RICE PINEAPPLE TIDBITS CREAMY COLESLAW *MILK	BEEF STEW WHOLE WHEAT BREADSTICKS ORANGE SMILES CREAMED CORN *MILK	TERIYAKI CHICKEN ENRICHED FRIED RICE FRUIT COCKTAIL GARLIC BROCCOLI *MILK	CHICKEN NUGGETS WHOLE WHEAT ROLL BLUEBERRIES GREEN BEANS *MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
PM SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk TWO COMPONENTS	WHOLE GRAIN BREAD EGG SALAD WATER	FISH SWIMMING IN SOUP WHOLE GRAIN GOLDFISH TOMATO SOUP WATER	ROASTED SWEET POTATO STICKS YOGURT DIP	WHOLE GRAIN PITA CHIPS WATERMELON STRIPS WATER	FRUIT & VEGGIE CUPS ENRICHED PRETZEL STICKS CELERY STICKS APPLE STICKS WATER
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
DINNER Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	TURKEY CHILI ENRICHED CORNBREAD PEACHES PEAS & CARROTS *MILK	BEEF MEATBALLS SUB ENRICHED HOTDOG BREAD CUCUMBER & AVOCADO SALAD GREEN BEANS * MILK	ROTISSERIE CHICKEN WHOLE WHEAT ROLL STEAMED CARROTS CREAMED SPINACH *MILK	SLICED TURKEY PANINI WHOLE WHEAT BREAD GROOVY GRAPES SWEET PEAS *MILK	BAKED FISH STICKS ENRICHED HUSH PUPPIES HONEYDEW MELON STEAMED ZUCHINNI * MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
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