



	Monday 2/3/25	Tuesday 2/4/25	Wednesday 2/5/25	Thursday 2/6/25	Friday 2/7/25	
BREAKFAST						
Whole Grain/Grain Alternate	FRENCH TOAST	GRITS	MINI PANCAKES	OATMEAL	WAFFLE	
Vegetable or Fruit	FRUIT SALAD	CHEESEY TATOR TOTS	WARMED APRICOTS	RASPBERRIES	BLUEBERRIES	
Fluid Milk	*MILK	*MILK	*MILK	*MILK	*MILK	
	Whole Grain	Whole Grain		Whole Grain	Whole Grain	
AM SNACK						
Meat/Meat Alternate	RICE CAKE	MINI BAGEL	WHEAT TOAST	PITA CHIPS	SLICED TURKEY ROLLUP	
Whole Grain/Grain Alternate	PEANUT/WOW/SOY BUTTER	CINNAMON APPLESAUCE	WARMED STRAWBERRIES	CRISPY ROASTED CHICKPEAS	TORTILLA	
Vegetable or Fruit						
Fluid Milk	WATER	WATER	WATER	WATER	WATER	
TWO COMPONENTS	Whole Grain	Whole Grain	Whole Grain	Whole Grain	Whole Grain	
LUNCH		NATIONAL STUFFED MUSHROOM DAY			NATIONAL FETTUCCINI DAY	
Meat/Meat Alternate	SWEDISH BEEF MEATBALLS	ROASTED TURKEY	XTRA CHEESE VEGGIE FLATBREAD	CHILI MAC W/GROUND TURKEY	CHICKEN BREAST	
Whole Grain/Grain Alternate	SUB ROLL	FRENCH BREAD	FLATBREAD	BREADSTICK	FETTUCCHINI	
Vegetable or Fruit	BAKED APPLES	PINEAPPLE RINGS	SWEET PEPPERS	DICED PEARS	PLUMS	
Vegetable	MIXED VEGETABLES	STUFFED MUSHROOM	ROASTED CARROTS	SWEET CORN	BROCCOLI	
Fluid Milk	*MILK	*MILK	*MILK	*MILK	*MILK	
	Whole Grain	Whole Grain	Whole Grain	Whole Grain	Whole Grain	
PM SNACK						
Meat/Meat Alternate	PRETZELS	BOILED EGG HALVES	CHEERIOS	RAISIN TOAST	ANIMAL CRACKERS	
Whole Grain/Grain Alternate	PLUMS	FRESH TOMATOES	BANANAS	APPLESAUCE	WATERMELON SLICES	
Vegetable or Fruit						
Fluid Milk	WATER	WATER		WATER	WATER	
TWO COMPONENTS	Whole Grain	Whole Grain	Whole Grain	Whole Grain	Whole Grain	
DINNER	CHICKEN & EGG NOODLE SOUP				BREAKFAST FOR DINNER	
Meat/Meat Alternate	CHICKEN BREAST	(HM) EXTRA CHEESE PIZZA	FISH FILLET	STEAK BURRITO BOWL	TURKEY SAUSAGE	
Whole Grain/Grain Alternate	EGG NOODLE	PIZZA CRUST	MULTI GRAIN BUN	BROWN RICE	MULTI GRAIN TOAST	
Vegetable or Fruit	PEACHES	PEAR HALVES	WATERMELON STRIPS	CANTALOUPE	APRICOT	
Vegetable	TOSSED SALAD	CARROT STICKS	ROASTED CAULIFLOWER	HOMEMADE PICO DE GALLO	HASHBROWNS	
Fluid Milk	*MILK	* MILK	* MILK	*MILK	* MILK	
	Whole Grain	Whole Grain	Whole Grain	Whole Grain	Whole Grain	
EVENING SNACK						
Meat/Meat Alternate	YOGURT DIP	CHEESE CRACKERS	SUN CHIPS	WARMED CROISSANT	WHEAT CRACKERS	
Whole Grain/Grain Alternate	CUCUMBERS	100% BERRY JUICE	BLUEBERRIES	MIXED FRUIT	CHEDDAR CHEESE CUBES	
Vegetable or Fruit						
Fluid Milk	WATER		WATER	WATER	WATER	
TWO COMPONENTS	Whole Grain	Whole Grain	Whole Grain	Whole Grain	Whole Grain have a medical statement. The	
	-	ivored Whole Milk. Two years old and				
	Menu onl	y denotes the grain component serve	d for each day. Center is required t	o indicate which meal a whole grain	was served.	





Web Gewählersen Westelle er Frühr OATMEAL SabeReitigs EFENCH TOAST MILK WAFLE STUKS CROISSANT CINNAMON PANCAKES BLUBBRRIES Wahle Gruin Whole Gruin Whole Gruin Wahle Gruin Wahle Gruin Wahle Gruin Wahle Gruin Whole Gruin ChEEAL CREAM OF WHEAT ChEESE TOAST GROOTS GROESS GROESS GROOTS GROESS GROOTS GROESS						
Web Gewählersen Westelle er Frühr OATMEAL SabeReitigs EFENCH TOAST MILK WAFLE STUKS CROISSANT CINNAMON PANCAKES BLUBBRRIES Wahle Gruin Whole Gruin Whole Gruin Wahle Gruin Wahle Gruin Wahle Gruin Wahle Gruin Whole Gruin ChEEAL CREAM OF WHEAT ChEESE TOAST GROOTS GROESS GROESS GROOTS GROESS GROOTS GROESS		Monday 2/10/25	Tuesday 2/11/25	Wednesday 2/12/25	Thursday 2/13/25	💛 Friday 2/14/25 🚫
Vegetable is Fruit B.A.SPEERIZES CTINNAMON APILESAUCE BLUEBERIZES WARM FEACHES BANANAS Piud Mik Whole Grain	BREAKFAST	OATMEAL MONDAY			-	
Puid Alik *MILK	Whole Grain/Grain Alternate	OATMEAL	FRENCH TOAST	WAFFLE STICKS	CROISSANT	CINNAMON PANCAKES
AM. SNACK Whole Grain Whole Grain Whole Grain Whole Grain AM. SNACK LOWFAT YOGURT MINI EGE SALAD SANDWICH KIX CEREAL CREAM OF WHEAT CHEESE TOAST Medif Mart Atternate Whole Grain Whole Grain Whole Grain Cheeses Cheeses </th <th>Vegetable or Fruit</th> <th>RASPBERRIES</th> <th>CINNAMON APPLESAUCE</th> <th>BLUEBERRIES</th> <th>WARM PEACHES</th> <th>BANANAS</th>	Vegetable or Fruit	RASPBERRIES	CINNAMON APPLESAUCE	BLUEBERRIES	WARM PEACHES	BANANAS
AH SNACK I.OWFAT YOGURT MINI EGG SALAD SANDWICH KIX GEREAL CREAM OF WHEAT GROOVY GRAPES Water water wegenable or Fruit WATER WATER WATER GROOVY GRAPES TWO COMPONENTS Whele Gewin Whele Gewin Whele Gewin Whele Gewin Water Water water WATER WATER WATER Water Water Water Gewin Whele Gewin Whele Gewin Whele Gewin Whele Gewin Water Water Gewin Alternate Whele Gewin Whele Gewin Water Water Water Gewin Water Water Gewin MILK	Fluid Milk	*MILK	*MILK	*MILK	*MILK	*MILK
AH SNACK						(ca)
Meat/Meat Alternate LOWFAT YOGURT MINI EGG SALAD SANDWICH KIX CEREAL CREAM OF WHEAT CHEESE TO AST Winde Gruin AREITOTS WHEAT TO AST SUISAGE LINKS STR.WBERRIES C(UT APPORIZITELY) Flid Milk Whee Gruin Whee Gruin Whee Gruin Whee Gruin Whee Gruin C(UT APPORIZITELY) UNOC WATER Whee Gruin Whee Gruin Whee Gruin Whee Gruin Whee Gruin UNOC STEAK FINGERS BLACK BEAN BURGER HILL HOREYDEY SCRAMBLED TOULW/SALSA Viggetable or Fruit STEAK FINGERS BLACK BEAN BURGER HUCKEN MEEDEN SCRAMBLED TOULW/SALSA Viggetable or Fruit STEAK FINGERS BLACK BEAN BURGER HUCKEN MEEDEN BEEF STIR FRY SCRAMBLED TOULW/SALSA Viggetable or Fruit STEAK FINGERS BLACK BEAN BURGER HUCKEN MEEDEN BASPBERRIES CUTE GRANGES Viggetable or Fruit STEAK FINGERS CHEESE QUESADILA MEET FAS & CARROTS BASPBERRIES CUTE GRANGES Viggetable or Fruit Whee Gruin Whee Gruin Whee Gruin Mulk MILK MULK Met/Mast Alternate GRAHAM CRACKERS CHEESE QUESADILA RICE CAKES ANIIMAL CRACKERS HUMMUS & CUCUMBER SANDWICH Meide Gruin Whe		Whole Grain	Whole Grain	Whole Grain	Whole Grain	Whole Grain
White Genulf-Genul Alternate APRICOTS WHEAT TOAST SAUSAGE LINKS STRAWBERRIES GROOVY GRAPES (.UT APROPRIATELY) (.UT APROPRIATELY) TWO COMPONENTS Whole Grain Whole Grain Whole Grain Whole Grain WatER CHIZCHEN WIGGETS BEEF STIR FRY SCRAMBED TOFU WISALSA TOTTTLIA SCRAMBES ZUCCHINI STRIPS WatER WatER WatER WatER CHIZCHEN WEARST CUITE CARABES ZUCCHINI STRIPS WatER	AM SNACK					
Vegetable or Fruit Fluid Milk WATER WATER WATER WATER WATER Fluid Milk Whole Grain	Meat/Meat Alternate	LOWFAT YOGURT	MINI EGG SALAD SANDWICH	KIX CEREAL	CREAM OF WHEAT	CHEESE TOAST
Fluid Milk WATER WATER WATER WATER WATER WATER WATER WATER TWO COMPONENTS Whole Grain VECENTRES VECENTRE	Whole Grain/Grain Alternate	APRICOTS	WHEAT TOAST	SAUSAGE LINKS	STRAWBERRIES	GROOVY GRAPES
TWO COMPONENTS Whole Grain Whole Grain Whole Grain Whole Grain Whole Grain Whole Grain UUNCH Mact Meat Afternate STEAK FINGERS BLACK BEAN BURGER CHICKEN NUGGETS BEEF STIR FRY SCRAMBLED TOPU WSLASA Whole Grain/Grain Afternate WHOLE WHEAT ROLL HABURGER BUN HUSH PUPPIES NOODLES CUTE ORANGES Vegetable STEAMED CORN RASTED COULT APRICOTS SWEET PATATO FRIES CUTE ORANGES Nead Meat Afternate *MILK *MILK *MILK *MILK *MILK *MILK *MILK *MILK *MILK *MILK *MILK Whole Grain Whole Grain Whole Grain Whole Grain Whole Grain PM SNACK GRAHAM CRACKERS CHEESE QUESADILLA RICE CAKES ANIMAL CRACKERS HUMMUS & CUCUMBER SANDWICH PM Mede Grain Whole Grain Whole Grain Whole Grain Whole Grain WMALE R Vegetable or Fruit PLUMS CUESADILLA RICE CAKES ANIMAL CRACKERS HUMMUS & CUCUMBER SANDWICH Vegetable or Fruit PLUMS CUESADILLA RICE CAKES ANIMAL CRACKERS HUM	Vegetable or Fruit					(CUT APPROPRIATELY)
LUNCH STEAK FINGERS BLACK BEAN BURGER CHICKEN NUGGETS BEEF STIR FRY VEGAN BREAKFAST TACOS Winde Grein/Grein Alternate WHOLE WHEAT ROLL STEAKE TOWN ARRIZOTS HUNSPIES NOODLES SCRAMBLED TOPU W/SALSA Vegetable STEAKE CORN ARRIZOTS HUNEYDEW MELON RASPBERRIES CUTTE CRANCES STEAKE CORN STEAKE CORN ARXIX "MILK MILK MILK <th>Fluid Milk</th> <th>WATER</th> <th>WATER</th> <th>WATER</th> <th>WATER</th> <th>WATER</th>	Fluid Milk	WATER	WATER	WATER	WATER	WATER
Meat/Meat Alternate Whole Grain/Grain Alternate Whole Grain/Grain Alternate Whole Grain/Grain Alternate Whole Grain STEAK FINGERS WHOLE WHEAT ROLL STEAKED CORN BLACK BEAN BURGER HAMBURGER BUN ARDED CAULEFLOWER CHICKEN NUGGETS HUSH OPPETES HUSH OPPETES STEAKED CORN BEEF STIR FRY NOODLES SCRAMBLED TOFU W/SALSA TORTILLA NASPRENTES STEAKED CORN Vegetable or Fruit Wole Grain MILK MILK MILK CUTTE CRANEES STEAKED CORN PM SNACK GRAHAM CRACKERS CHEESE QUESADILLA QUESADILLA RICE CAKES ROASTED CAULEFLOWER MILK MILK MUMUS Grain Whole Grain PM SNACK GRAHAM CRACKERS CHEESE QUESADILLA QUESADILLA RICE CAKES AIIMAL CRACKERS HUMMUS CUCUMBERS PLUMS Whole Grain Whole Grain Whole Grain Whole Grain HUMMUS CUCUMBERS Vegetable or Fruit Fluid Milk Whole Grain Whole Grain Whole Grain Whole Grain Whole Grain DINNER Meat/Meat Alternate Whole Grain/Grain Alternate Wole Grain/Grain Alternate Whole Grain/Grain Alternate Mode Grain Whole Grain Whole Grain ODDLE OF NOODLE PASTA BAKED TOMATOES BAKED TOMATOES Vegetable or Fruit Wole Grain/Grain Alternate Wole Grain/Grain Alternate Wole Grain/Grain Alternate MACARONI & CHEESE ROTISSERTE CHICKEN SALISBURY STEAK ROALSENS GARLIC SHRIMP HAWAIIAN BREAD ROLL PENNEP ASTA BAKED TOM	TWO COMPONENTS	Whole Grain	Whole Grain	Whole Grain	Whole Grain	Whole Grain
Whole Grain/Grain Alternate Vegetable Fluid Milk WHOLE WHEAT ROLL SWEET POTATO FRIES STEARED CORN MARKOTS MAILK HAMBURGER BUN APRICOTS NATURE STEARED CORN MARKOTS MAILK HUSH PUPPIES NATURES STEARED CORN MARKOTS MAILK NOODLES RASPBERRES STEARED CORN MAILK CUTE CRANESES SZC/CHINE STEIRS MAILK MAILK *MILK Whole Grain UMMUS GC/CHINE STEIRS WHEAT DRAFT UMMUS GC/CHINE STEIRS UCUMBER SANDWICH WHEAT DRAFT UMMUS GC/CHINE STEIRS WHEAT DRAFT WHEAT DRAFT UMMUS GC/CHINE SANDWICH WHEAT DRAFT WHEAT DRAFT UMMUS GC/CHINE SANDWICH WHEAT DRAFT WHEAT DRAFT UCUMBER SANDWICH Whole Grain Whole Grain	LUNCH					VEGAN BREAKFAST TACOS
Vegetable or Fruit SWEET POTATO FRIES APRICOTS HONEYDEW MELON RASPBERRIES CUTTE ORANGES Vegetable or Fruit Whole Grain MILK <	Meat/Meat Alternate	STEAK FINGERS	BLACK BEAN BURGER	CHICKEN NUGGETS	BEEF STIR FRY	SCRAMBLED TOFU W/SALSA
Vegetable Fluid Milk STEAMED CORN ROASTED CAULIFLOWER *MILK SWEET PEAS & CARROTS *MILK STIR FRY VEGETABLES *MILK ZUCCHINI STRIPS *MILK PM SNACK Whole Grain U/UMMUS U/UMUMUS U/UMUMUS U/UMUMUS U/UMUMUS U/UMUMUS U/U/UMUS U/UMUMUS <th>Whole Grain/Grain Alternate</th> <th>WHOLE WHEAT ROLL</th> <th>HAMBURGER BUN</th> <th>HUSH PUPPIES</th> <th>NOODLES</th> <th>TORTILLA</th>	Whole Grain/Grain Alternate	WHOLE WHEAT ROLL	HAMBURGER BUN	HUSH PUPPIES	NOODLES	TORTILLA
Fluid Milk *MILK *MILK *MILK *MILK *MILK *MILK *MILK PM SNACK Whole Grain PM SNACK GRAHAM CRACKERS CHEESE QUESADILLA RICE CAKES ANIMAL CRACKERS WHEAT BREAD Weat/Meat Alternate GRAHAM CRACKERS CHEESE QUESADILLA TROPICAL FRUIT SALAD ANIMAL CRACKERS WHEAT BREAD Weat/Meat Alternate WATER WATER WATER WATER WHEAT BREAD Wole Grain/Grain Alternate Whole Grain Whole Grain Whole Grain Whole Grain OODLE OF NOODLE PASTA Meat/Meat Alternate Whole Grain Whole Grain Whole Grain OODLE OF NOODLE PASTA Meat/Meat Alternate MomeMAADE MACARONI & CHEESE ROTISSERIE CHICKEN SALISBURY STEAK GARLIC SHRIMP BAKED CHICKEN Weat/Meat Alternate MOMEMACARONI & CHEESE ROTISSERIE CHICKEN SALISBURY STEAK GARLIC SHRIMP BAKED CHICKEN Weat/Meat Alternate MOMEMACARONI & CHEESE SAUTEED STINACH ROLL SAUTEED GREEN BEANS SAUTEED REANS SAUTEED REANS	Vegetable or Fruit	SWEET POTATO FRIES	APRICOTS	HONEYDEW MELON	RASPBERRIES	CUTIE ORANGES
Image: Stand Strengte Streak Stand Strengte Stand Strengte Stand Strengte Stand	Vegetable		ROASTED CAULIFLOWER	SWEET PEAS & CARROTS	STIR FRY VEGETABLES	
PM SNACK Meat/Meat Alternate GRAHAM CRACKERS CHEESE QUESADILLA RICE CAKES ANIMAL CRACKERS HUMMUS & CUCUMBER SANDWICH Whole Grain Alternate PLUMS CHEESE QUESADILLA RICE CAKES CELERY STICKS WHEAT BREAD Vegetable or Fruit WATER WATER WATER WATER WATER CUCUMBERS DINNER Meat/Meat Alternate HOMEMADE MACARONI & CHEESE ROTISSERIE CHICKEN SALISBURY STEAK GRALIC SHRIMP OODLE OF NOODLE PASTA Wack Meat Alternate HOMEMADE MACARONI & CHEESE ROLL SALISBURY STEAK GARLIC SHRIMP BAKED CHICKEN Wacle Grain/Grain Alternate HOMEMADE MACARONI & CHEESE PEACHES APRICOT HALVES FINEAPPLE CHUNKS BAKED CHICKEN Vegetable or Fruit BLUEBERRIES SAUTEED SPINACH ROASTED SQUASH SAUTEED GREEN SS SAUTEED SPINACH BAKED CHICKEN Vegetable *MILK * MILK * MILK * MILK * MILK * MILK * MILK Whole Grain Vegetable or Fruit NULK * MILK * MILK	Fluid Milk	*MILK	*MILK		*MILK	*MILK
Meat /Meat Alternate GRAHAM CRACKERS CHEESE QUESADILLA RICE CAKES ANIMAL CRACKERS HUMMUS Whole Grain/Grain Alternate PLUMS QUESADILLA TROPICAL FRUIT SALAD WATER WHEAT BREAD TWO COMPONENTS Whole Grain Whole Grain Whole Grain Whole Grain Whole Grain Whole Grain DINNER Matt / Martin ROTISSERIE CHICKEN SALISBURY STEAK GARLIC SHRIMP BAKED CHICKEN		Whole Grain	Whole Grain	Whole Grain	Whole Grain	Whole Grain
Whole Grain/Grain Alternate PLUMS QUESADILLA TROPICAL FRUIT SALAD CELERY STICKS WHEAT BREAD Vegetable or Fruit WATER WATER WATER WATER CUCUMBERS TWO COMPONENTS Whole Grain Whole Grain Whole Grain Whole Grain ODLE OF NOODLE PASTA DINNER Meat/Meat Alternate HOMEMADE MACARONI & CHEESE ROTISSERIE CHICKEN SALISBURY STEAK GARLIC SHRIMP DODLE OF NOODLE PASTA Whole Grain/Grain Alternate HOMEMADE MACARONI & CHEESE ROTISSERIE CHICKEN SALISBURY STEAK GARLIC SHRIMP BAKED CHICKEN Vegetable or Fruit BLUBEBERRIES PEACHES SAUTEED SPINACH ROASTED SQUASH SAUTED GRAVY PINEAPPLE CHUNKS BAKED CHICKEN Vegetable COLLARD GREENS SAUTEED SPINACH ROASTED SQUASH SAUTED GRAN Whole Grain COLLARD GREENS SAUTEED SPINACH KAILK *MILK *MILK *MILK *MILK *MILK *MILK *MILK *MILK<	PM SNACK					HUMMUS & CUCUMBER SANDWICH
Vegetable or Fruit KIWI WATER KIWI WATER Whole Grain Whole Grain Whole Grain ODDL OF NODDLE PASTA BAKED CHLICKEN SALISBURY STEAK GARLIC SHRIMP HAWAITAN BREAD ROLL PENNE PASTA BAKED CHLICKEN BAKED TOMATOES SAUTEED SPINACH ROLL BAWED TOMATOES SAUTEED SPINACH ROASTED SQUASH SAUTEED GREEN BEANS SWEET PEAS SWEET PEAS Fluid Milk * MILK<	Meat/Meat Alternate	GRAHAM CRACKERS	CHEESE QUESADILLA	RICE CAKES	ANIMAL CRACKERS	HUMMUS
Phild Milk WATER WATER WATER WATER WATER WATER WATER TWO COMPONENTS Whole Grain Whole Grain Whole Grain Whole Grain Whole Grain Whole Grain DINNER Whole Grain Whole Grain Whole Grain Whole Grain OODLE OF NOODLE PASTA Meat/Meat Alternate HOMEMADE MACARONI & CHEESE ROTISSERIE CHICKEN SALISBURY STEAK GARLIC SHRIMP BAKED CHICKEN Whole Grain/Grain Alternate MACARONI ROTISSERIE CHICKEN SALISBURY STEAK GARLIC SHRIMP BAKED CHICKEN Wegetable or Fruit BLUEBERRIES ROTISSERIE CHICKEN SALISBURY STEAK GARLIC SHRIMP BAKED CHICKEN Systematic COLLARD GREENS SAUTEED SPINACH ROASTED SQUASH SAUTEED GREEN BEANS SWEET PEAS Fluid Milk * MILK * MILK * MILK * MILK * MILK * MILK Whole Grain Whole Grain Whole Grain Whole Grain Whole Grain Whole Grain EVENING SNACK PRETZELS WHEAT CRACKERS PRETZEL STICKS LOW FAT YOGURT CHEEZE-ITS Yogetable or Fruit Whole Grain Whole Grain Whole Grain Whole Grain Whole Grain Ywoo components Whole Grain Whole Gr	Whole Grain/Grain Alternate	PLUMS	QUESADILLA	TROPICAL FRUIT SALAD	CELERY STICKS	WHEAT BREAD
TWO COMPONENTS Whole Grain Whole Grain Whole Grain Whole Grain ODDLE OF NOODLE PASTA DINNER Meat/Meat Alternate HOMEMADE MACARONI & CHEESE ROTISSERIE CHICKEN SALISBURY STEAK GARLIC SHRIMP BAKED CHICKEN Whole Grain/Grain Alternate MACARONI & CHEESE ROTISSERIE CHICKEN SALISBURY STEAK GARLIC SHRIMP BAKED CHICKEN Wegtable or Fruit BLUEBERRIES PEACHES APRICOT HALVES PINEAPPLE CHUNKS BAKED TOMATOES Vegetable COLLARD GREENS SAUTED SPINACH ROASTED SQUASH SAUTEED GREEN BEANS SWEET PEAS Fluid Milk * MILK * MILK * MILK * MILK * MILK * MILK Whole Grain Whole Grain Whole Grain Whole Grain Whole Grain Whole Grain EVENING SNACK PRETZELS WHEAT CRACKERS PRETZEL STICKS LOW FAT YOGURT CHEEZE-ITS Yegetable or Fruit I00% APPLE JUICE WHEAT CRACKERS PRETZEL STICKS LOW FAT YOGURT CHEEZE-ITS Yegetable or Fruit Whole Grain Whole Grain Whole Grain Whole Grain Whole Grain Yegetable or Fruit	Vegetable or Fruit					CUCUMBERS
DINNER Contraction	Fluid Milk	WATER	WATER		WATER	WATER
Meat/Meat Alternate HOMEMADE MACARONI & CHEESE ROTISSERIE CHICKEN SALISBURY STEAK GARLIC SHRIMP BAKED CHICKEN Whole Grain/Grain Alternate MACARONI ROLL ROLL BROWN RICE W/ GRAVY HAWAIIAN BREAD ROLL PENNE PASTA Vegetable BLUEBERRIES PEACHES APRICOT HALVES SAUTEED GREEN BEANS SWEET PEAS Fluid Milk *MILK *MILK *MILK *MILK *MILK *MILK Whole Grain EVENING SNACK PRETZELS WHEAT CRACKERS PRETZEL STICKS LOW FAT YOGURT CHEEZE-ITS 100% APPLE JUICE WHEAT CRACKERS PRETZEL STICKS LOW FAT YOGURT CHEEZE-ITS 100% APPLE JUICE WATER WATER WATER Water Whole Grain Whole Grain Whole Grain Whole Grain Whole Grain Whole Grain Whole Grain Whole Grain Whole Grain Whole Grain Whole Grain Whole Grain Whole Grain Whole Grain Whole Grain Whole Grain Who	TWO COMPONENTS	Whole Grain	Whole Grain	Whole Grain	Whole Grain	Whole Grain
Whole Grain/Grain Alternate MACARONI ROLL BROWN RICE W/ GRAVY HAWAIIAN BREAD ROLL PENNE PASTA Vegetable or Fruit BLUEBERRIES PEACHES APRICOT HALVES PINEAPPLE CHUNKS BAKED TOMATOES Vegetable COLLARD GREENS SAUTEED SPINACH ROASTED SQUASH SAUTEED GREEN BEANS SWEET PEAS Fluid Milk * MILK * MILK * MILK * MILK * MILK * MILK Vegetable or Fruit Whole Grain Whole Grain Whole Grain Whole Grain Whole Grain Whole Grain EVENING SNACK PRETZELS WHEAT CRACKERS PRETZEL STICKS LOW FAT YOGURT CHEEZE-ITS Mole Grain/Grain Alternate PRETZELS WHEAT CRACKERS PRETZEL STICKS LOW FAT YOGURT CHEEZE-ITS Yegetable or Fruit 100% APPLE JUICE CANTALOUPE MANDARINS PLUMS 100% APPLE JUICE Water Whole Grain Whole Grain Whole Grain Water Water Water TWO COMPONENTS Whole Grain Whole Grain Whole Grain Whole Grain Whole Grain Whole Grain * One year olds are served Unflavored Whole Milk. Two ye	DINNER					OODLE OF NOODLE PASTA
Vegetable or Fruit BLUEBERRIES PEACHES APRICOT HALVES PINEAPPLE CHUNKS BAKED TOMATOES Vegetable COLLARD GREENS SAUTEED SPINACH ROASTED SQUASH SAUTEED GREEN BEANS SWEET PEAS Fluid Milk *MILK * MILK * MILK * MILK * MILK * MILK Whole Grain Whole Grain Whole Grain Whole Grain Whole Grain Whole Grain EVENING SNACK PRETZELS WHEAT CRACKERS PRETZEL STICKS LOW FAT YOGURT CHEEZE-ITS Manba Alternate PRETZELS WHEAT CRACKERS PRETZEL STICKS LOW FAT YOGURT CHEEZE-ITS Yogetable or Fruit 100% APPLE JUICE WATER WATER WATER 100% APPLE JUICE Fluid Milk WATER WATER WATER Whole Grain Whole Grain Whole Grain TWO COMPONENTS Whole Grain Whole Grain Whole Grain Whole Grain Whole Grain Whole Grain * One gear olds are served Unflavored Whole Milk. Two gears old and older are served unflavored 1% or Fat Free Milk. Milk substitutes must have a medical statement. The	Meat/Meat Alternate	HOMEMADE MACARONI & CHEESE	ROTISSERIE CHICKEN	SALISBURY STEAK	GARLIC SHRIMP	BAKED CHICKEN
Vegetable COLLARD GREENS SAUTEED SPINACH ROASTED SQUASH SAUTEED GREEN BEANS SWEET PEAS Fluid Milk * MILK * MILK * MILK * MILK * MILK * MILK Whole Grain EVENING SNACK PRETZELS WHEAT CRACKERS PRETZEL STICKS LOW FAT YOGURT CHEEZE-ITS Nulk PRETZELS CANTALOUPE WATER WATER WATER WATER Wole Grain Whole Grain Whole Grain Whole Grain Whole Grain Whole Grain TWO COMPONENTS Whole Grain Whole Grain Whole Grain Whole Grain Whole Grain * One year olds are served Unflow of Whole Milk. Two years old and older are served unflavored 1% or Fat Free Milk. Milk substitutes must have a medical statement. The	Whole Grain/Grain Alternate	MACARONI	ROLL	BROWN RICE W/ GRAVY	HAWAIIAN BREAD ROLL	PENNE PASTA
Fluid Milk * MILK * MILK * MILK * MILK * MILK * MILK Whole Grain CHEEZE-ITS LOW FAT YOGURT PLUMS CHEEZE-ITS 100% APPLE JUICE 100% APPLE JUICE 100% APPLE JUICE MANDARINS PLUMS 100% APPLE JUICE Wude Grain WATER WATER WATER WATER Whole Grain Whole Grain Woole Grain Whole Grain Whole Grain Whole Grain Whole Grain	Vegetable or Fruit	BLUEBERRIES	PEACHES	APRICOT HALVES	PINEAPPLE CHUNKS	BAKED TOMATOES
Whole Grain Whole Grain Whole Grain Whole Grain Whole Grain EVENING SNACK PRETZELS Whole Grain Whole Grain Whole Grain Whole Grain Meat/Meat Alternate PRETZELS WHEAT CRACKERS PRETZEL STICKS LOW FAT YOGURT CHEEZE-ITS Whole Grain/Grain Alternate 100% APPLE JUICE CANTALOUPE MANDARINS PLUMS 100% APPLE JUICE Vegetable or Fruit Fluid Milk WATER WATER WATER WATER TWO COMPONENTS Whole Grain Whole Grain Whole Grain Whole Grain Whole Grain * One year olds are served Unflavored Whole Milk. Two years old and older are served unflavored 1% or Fat Free Milk. Milk substitutes must have a medical statement. The	Vegetable	COLLARD GREENS	SAUTEED SPINACH	ROASTED SQUASH	SAUTEED GREEN BEANS	SWEET PEAS
EVENING SNACK PRETZELS WHEAT CRACKERS PRETZEL STICKS LOW FAT YOGURT CHEEZE-ITS Meat/Meat Alternate 100% APPLE JUICE CANTALOUPE MANDARINS PLUMS 100% APPLE JUICE Vegetable or Fruit Fluid Milk WATER WATER WATER WATER TWO COMPONENTS Whole Grain Whole Grain Whole Grain Whole Grain Whole Grain * One year olds are served Unflavored Whole Milk. Two years old and older are served unflavored 1% or Fat Free Milk. Milk substitutes must have a medical statement. The	Fluid Milk	*MILK	* MILK	* MILK	*MILK	* MILK
Meat/Meat Alternate PRETZELS WHEAT CRACKERS PRETZEL STICKS LOW FAT YOGURT CHEEZE-ITS Whole Grain/Grain Alternate 100% APPLE JUICE CANTALOUPE MANDARINS PLUMS 100% APPLE JUICE Vegetable or Fruit Whole Grain WATER WATER WATER WATER TWO COMPONENTS Whole Grain Whole Grain Whole Grain Whole Grain Whole Grain * One year olds are served Unflavored Whole Milk. Two years old and older are served unflavored 1% or Fat Free Milk. Milk substitutes must have a medical statement. The		Whole Grain	Whole Grain	Whole Grain	Whole Grain	Whole Grain
Whole Grain/Grain Alternate 100% APPLE JUICE CANTALOUPE MANDARINS PLUMS 100% APPLE JUICE Vegetable or Fruit Water WATER WATER WATER Water TWO COMPONENTS Whole Grain Whole Grain Whole Grain Whole Grain Whole Grain * One year olds are served Unflavored Whole Milk. Two years old and older are served unflavored 1% or Fat Free Milk. Milk substitutes must have a medical statement. The	EVENING SNACK					
Vegetable or Fruit Watter Watter Watter Fluid Milk Whole Grain Whole Grain Watter TWO COMPONENTS Whole Grain Whole Grain Whole Grain * One year olds are served Unflavored Whole Milk. Two years old and older are served unflavored 1% or Fat Free Milk. Milk substitutes must have a medical statement. The	Meat/Meat Alternate	PRETZELS	WHEAT CRACKERS	PRETZEL STICKS	LOW FAT YOGURT	CHEEZE-ITS
Fluid Milk WATER WATER TWO COMPONENTS Whole Grain Whole Gr	Whole Grain/Grain Alternate	100% APPLE JUICE	CANTALOUPE	MANDARINS	PLUMS	100% APPLE JUICE
TWO COMPONENTS Whole Grain Whole Grain Whole Grain Whole Grain * One year olds are served Unflavored Whole Milk. Two years old and older are served unflavored 1% or Fat Free Milk. Milk substitutes must have a medical statement. The	Vegetable or Fruit					
* One year olds are served Unflavored Whole Milk. Two years old and older are served unflavored 1% or Fat Free Milk. Milk substitutes must have a medical statement. The	Fluid Milk		WATER	WATER	WATER	
	TWO COMPONENTS					
Meny only denotes the arain component served for each day. Contar is required to indicate which meal a whole arain was caused		* Une year olas are served Unfle	avorea Whole Milk. Two years old and	a olaer are served unflavored 1% or	Fat Free Milk. Milk substitutes must	t nave a medical statement. The
menu unig aenoces the grain component servea for each any. Center is required to indicate which meal a whole grain was served.		Menu only denotes the grain component served for each day. Center is required to indicate which meal a whole grain was served.				





	Monday 2/17/25	Tuesday 2/18/25	Wednesday 2/19/25	Thursday 2/20/25	Friday 2/21/25
BREAKFAST				NATIONAL MUFFIN DAY	NATIONAL PANCAKE DAY
Whole Grain/Grain Alternate	WAFFLE	SAUSAGE BISCUIT	GRITS	ENRICHED MUFFIN	MINI PANCAKES
Vegetable or Fruit	BLUEBERRIES	PEACHES	BANANAS & STRAWBERRIES	FRUIT COCKTAIL	WARMED APRICOTS
Fluid Milk	*MILK	*MILK	*MILK	*MILK	*MILK
	Whole Grain	Whole Grain	Whole Grain	Whole Grain	Whole Grain
AM SNACK					FRUIT PIZZA
Meat/Meat Alternate	ENGLISH MUFFINS	RICE CAKE	WHOLE GRAIN FRENCH TOAST	EGG & SPINACH OMELET	BAGEL, LF CREAM CHEESE)
Whole Grain/Grain Alternate	PEARS	SLICED GRAPES (CUT APPROPIATELY)	LOW FAT YOGURT	HASHBROWNS	BLUEBERRIES & PEACHES
Vegetable or Fruit					
Fluid Milk	WATER	WATER	WATER	WATER	WATER
TWO COMPONENTS	Whole Grain	Whole Grain	Whole Grain	Whole Grain	Whole Grain
LUNCH					
Meat/Meat Alternate	FISH FILLET	HOMEMADE MAC-N-CHEESE	GRILLED EXTRA CHEESE SANDWICH	HAM & CHEESE SUB	TURKEY BURGER
Whole Grain/Grain Alternate	HAMBURGER BUN	SPIRAL NOODLES	WHEAT BREAD	HAWAAIN ROLL	HAMBURGER BUN
Vegetable or Fruit	TANGERINE	STRAWBERRIES	SLICED KIWI	PEAR HALVES	HONEY DEW MELON
Vegetable	PEAS & CARROTS	ROASTED BRUSSEL SPROUTS	TOMATO BISQUE SOUP	CARROT STICKS	BAKED FRENCH FRIES
Fluid Milk	*MILK	*MILK	* MILK	*MILK	*MILK
	Whole Grain	Whole Grain	Whole Grain	Whole Grain	Whole Grain
PM SNACK			FRUIT & NUT BUTTER PITA POCKET		
Meat/Meat Alternate	TURKEY ROLLUP	WHOLE GRAIN CHIPS	PITA POCKETS	SALTINE CRACKERS	OYSTER CRACKERS
Whole Grain/Grain Alternate	CANTALOUPE SHAPES	FRESH PICO DE GALLO	APPLES/PEANUT/WOW/SOY BUTTER	CURRIED TUNA SALAD	SPLIT PEA SOUP
Vegetable or Fruit	(CUT INTO FUN SHAPES)		(RECIPE IN LINK)		
Fluid Milk	WATER	WATER	WATER	WATER	WATER
TWO COMPONENTS	Whole Grain	Whole Grain	Whole Grain	Whole Grain	Whole Grain
DINNER	STUFFED BELL PEPPERS W/				
Meat/Meat Alternate	GROUND TURKEY	CHICKEN NUGGETS	HOT TURKEY & SWISS SUB	FISH STICKS	BBQ CHICKEN
Whole Grain/Grain Alternate	BROWN RICE	CORNBREAD	SUB ROLL	BREAD STICKS	CORN MUFFIN
Vegetable or Fruit	HONEYDEW MELON	STRAWBERRIES	ORANGES	PEACHES	KIWI
Vegetable	LIMA BEANS	PEAS	TATER TOTS	ROASTED CABBAGE	STEAMED ZUCCHINI
Fluid Milk	*MILK	* MILK	* MILK	*MILK	* MILK
	Whole Grain	Whole Grain	Whole Grain	Whole Grain	Whole Grain
EVENING SNACK	FRUIT & VEGGIE CUPS				
Meat/Meat Alternate	CELERY	SESAME STICKS	GRAHAM CRACKERS	MINI BAGEL	MUTLIGRAIN CHEERIOS
Whole Grain/Grain Alternate	PINEAPPLE STICKS	BROCCOLI FLORETS w/HUMMUS	CHEDDAR CHEESE CUBES	DICED PLUMS	BANANA
Vegetable or Fruit					
Fluid Milk	WATER	WATER	WATER	WATER	WATER
TWO COMPONENTS	Whole Grain	Whole Grain	Whole Grain	Whole Grain	Whole Grain
	∗ One year olas are served Unfl	avored Whole Milk. Two years old and	i olaer are served unflavored 1% or	Fat Free Milk. Milk substitutes must	have a medical statement. The
	Menu on	ly denotes the grain component serve	d for each day. Center is required t	o indicate which meal a whole grair	n was served.





	Monday 2/24/25	Tuesday 2/25/25	Wednesday 2/26/25	Thursday 2/27/25	Friday 2/28/25
BREAKFAST	•			·	NATIONAL BANANA BREAD DAY
Whole Grain/Grain Alternate	WAFFLE STICKS	GRITS	MINI BAGEL	MULTIGRAIN CHEX	BANANA BREAD RECIPE
Vegetable or Fruit	CHEESEY HASHBROWNS	WARMED PEACHES	SAUSAGE LINKS	SLICED PLUMS	BANANA BREAD
Fluid Milk	*MILK	*MILK	STRAWBERRIES	*MILK	FRUIT SALAD
			*MILK		*MILK
	Whole Grain	Whole Grain	Whole Grain	Whole Grain	Whole Grain
AM SNACK					
Meat/Meat Alternate	WHOLE GRAIN RICE CAKES	MINI EGG SALAD SANDWICH	ENGLISH MUFFIN	MINI PANCAKES	KIX CEREAL
Whole Grain/Grain Alternate	CANTALOUPE CHUNKS	WHEAT BREAD	APRICOTS	WARM CINNAMON APPLES	PEACHES
Vegetable or Fruit					
Fluid Milk	WATER	WATER	WATER	WATER	WATER
TWO COMPONENTS	Whole Grain	Whole Grain	Whole Grain	Whole Grain	Whole Grain
LUNCH					NATIONAL CHILI DAY
Meat/Meat Alternate	BLACK BEAN & SPINACH WRAP	TUNA & CHEESE SUB	GRILLED CHICKEN TENDERS	RED BEANS	CHILI MAC W/GROUND TURKEY
Whole Grain/Grain Alternate	TORTILLA	FRENCH BREAD	HAWAIIAN ROLL	BROWN RICE	BREADSTICK
Vegetable or Fruit	FRUIT COCKTAIL	ORANGE SMILES	RASPBERRIES	PINEAPPLE	DICED PEARS
Vegetable	BAKED CAULIFLOWER	GREEN BEANS	ROASTED BROCCOLI	SAUTEED SPINACH	CORN ON THE COB
Fluid Milk	*MILK	*MILK	* MILK	*MILK	*MILK
	Whole Grain	Whole Grain	Whole Grain	Whole Grain	Whole Grain
PM SNACK		FRUIT PIZZA			
Meat/Meat Alternate	SALTINE CRACKERS	(WG BAGEL, LF CREAM CHEESE)	PRETZELS	CHEEZ-ITS	SANDWICH THINS
Whole Grain/Grain Alternate	VEGETABLE SOUP	BLUEBERRIES & APRICOT	ROASTED HUMMUS DIP	HONEYDEW MELON	CHERRY TOMATOES
Vegetable or Fruit					
Fluid Milk	WATER	WATER	WATER	WATER	WATER
TWO COMPONENTS	Whole Grain	Whole Grain	Whole Grain	Whole Grain	Whole Grain
DINNER					
Meat/Meat Alternate	BBQ PULLED PORK	PHILLY CHEESE STEAK	XTRA CHEESE RAVIOLI	ROTISSERIE CHICKEN	REFRIED BEANS
Whole Grain/Grain Alternate	TEXAS TOAST	SUB ROLL	HM RAVIOLI	BREADSTICKS	NACHOS
Vegetable or Fruit	PEACHES	FRUIT COCKTAIL	GROOVY GRAPES	SLICED KIWI	BLUEBERRIES
Vegetable	ROASTED CABBAGE	FRENCH FRIES	MIXED VEGETABLES	BAKED SWEET POTATO	VEGGIE SALSA
Fluid Milk	*MILK	* MILK	* MILK	*MILK	* MILK
	Whole Grain	Whole Grain	Whole Grain	Whole Grain	Whole Grain
EVENING SNACK		CRUNCHY ANTS ON A LOG	FRUIT & VEGGIE CUPS		
Meat/Meat Alternate	GRAHAM CRACKERS	WOW/SOY/PEANUT BUTTER	CUCUMBER STICKS	SESAME STICKS	PITA CHIPS
Whole Grain/Grain Alternate	(HM) STRAWBERRY SMOOTHIE	CELERY	WATERMELON STICKS	CHEDDAR CHEESE CUBES	SAVORY HUMMUS
Vegetable or Fruit		RAISINS			
Fluid Milk		WATER	WATER	WATER	WATER
TWO COMPONENTS	Whole Grain	Whole Grain	Whole Grain	Whole Grain	Whole Grain
	* One year olds are served Unfla	vored Whole Milk. Two years old and	older are served unflavored 1% or	Fat Free Milk. Milk substitutes must	have a medical statement. The
	Menu only	y denotes the grain component serve	d for each day. Center is required t	o indicate which meal a whole grain	was served.



BREAKFAST						
Whole Grain/Grain Alternate						
Vegetable or Fruit						
Fluid Milk						
AM SNACK						
Meat/Meat Alternate						
Whole Grain/Grain Alternate						
Vegetable or Fruit						
Fluid Milk						
TWO COMPONENTS						
LUNCH						
Meat/Meat Alternate						
Whole Grain/Grain Alternate						
Vegetable or Fruit						
Vegetable						
Fluid Milk						
PM SNACK						
Meat/Meat Alternate						
Whole Grain/Grain Alternate						
Vegetable or Fruit						
Fluid Milk						
TWO COMPONENTS						
DINNER						
Meat/Meat Alternate						
Whole Grain/Grain Alternate						
Vegetable or Fruit						
Vegetable						
Fluid Milk						
EVENING SNACK						
Meat/Meat Alternate						
Whole Grain/Grain Alternate						
Vegetable or Fruit						
Fluid Milk						
TWO COMPONENTS						
	* One year olds are served Unfl	avored Whole Milk. Two years old and	d older are served unflavored 1% or	Fat Free Milk. Milk substitutes must	have a medical statement. The	
	Menu only denotes the grain component served for each day. Center is required to indicate which meal a whole grain was served.					