

Services, Inc	Monday 3/3/2025	Tuesday 3/4/2025	Wednesday 3/5/2025	Thursday 3/6/2025	Friday 3/7/2025
BREAKFAST		1		ı	
BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 6-8 Fluid ounces	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
breastmilk/formula 6 - 11 MONTHS: 0-4 tablespoons					
infant cereal, meat, fish, poultry,					
whole egg, cooked dry beans or cooked	AND THE COLUMN SECTION	WILLION E WILLIE AT CEDE AL	MITVED CEDE AL	DIGE GENEAL	CATALLA CENEAL
dry peas; or 2 ounces of cheese; or 0-4 ounces (volume) cottage cheese; or 0-	MULTI GRAIN CEREAL	WHOLE WHEAT CEREAL	MIXED CEREAL	RICE CEREAL	OATMEAL CEREAL
4 ounces or 1/2 cup yogurt; or a					
combination of the above; and					
6 - 11 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of	APRICOTS	PLUMS	RASPBERRIES	VEGGIE SALSA	BANANA
both	· · · · · · · · · · · · · · · · · · ·	. some		1.2002	
AM SNACK BIRTH - 5 MONTHS: 4-6 Fluid ounces		Т		1	
breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 6-8 Fluid ounces	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
breastmilk/formula 6 - 11 MONTHS: 0-4 tablespoons					
infant cereal, meat, fish, poultry,					
whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0-	CATMEAL CEREAL/EGG	MIXED CEREAL	MULTI GRAIN CEREAL	BARLEY CEREAL	WHOLE WHEAT CEREAL
4 ounces (volume) cottage cheese; or 0-	OATMEAD GENEAD, 200	MEACO GENERAL	MODIT GRAZIN GEREAD	DANGE, GENERAL	WHOSE WHEAT GENERS
4 ounces or 1/2 cup yogurt; or a					
combination of the above; and 6 - 11 MONTHS: 0-2 tablespoons					
vegetable or fruit or a combination of	STRAWBERRY	PEARS	CINNAMON APPLESAUCE	PINEAPPLE	PEACHES
LUNCH				•	
BIRTH - 5 MONTHS: 4-6 Fluid ounces	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces					
breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 0-4 tablespoons infant cereal, meat, fish, poultry,					
whole egg, cooked dry beans or cooked					
dry peas; or 2 ounces of cheese; or 0-4 ounces (volume) cottage cheese; or 0-	RICE CEREAL	MULTI GRAIN CEREAL	RICE CEREAL	OATMEAL CEREAL	MULTI GRAIN CEREAL
4 ounces or 1/2 cup yogurt; or a					
combination of the above; and					
6 - 11 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of	CARROT	TATER TOTS	GREEN BEANS	PEAS & CARROTS	SPINACH
both					
PM SNACK BIRTH - 5 MONTHS: 4-6 Fluid ounces		<u> </u>	<u> </u>	<u></u>	
breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 0-4 tablespoons					
infant cereal, meat, fish, poultry, whole egg, cooked dry beans or cooked					
dry peas; or 2 ounces of cheese; or 0-	WHOLE WHEAT CEREAL	OATMEAL CEREAL	BARLEY CEREAL	MIXED CEREAL	MIXED CEREAL
4 ounces (volume) cottage cheese; or 0					
4 ounces or 1/2 cup yogurt; or a combination of the above; and					
6 - 11 MONTHS: 0-2 tablespoons					
vegetable or fruit or a combination of both	BANANA	PRUNES	LENTIL SOUP	CANTALOUPE	GREEN APPLE SLICES
DINNER		· 		· 	
BIRTH - 5 MONTHS: 4-6 Fluid ounces	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
breastmilk/formula	- OUMORY / BUCHO! WITH	ONMOLA / BREAST MILK	I OUMODY / BUCAGI WITH	OUMORY A DECAGL WITH	ONMODA / BREAGI MILK
6 - 11 MONTHS: 0-4 tablespoons infant cereal, meat, fish, poultry,					
,, ,, podini y ,	•			1	
whole egg, cooked dry beans or cooked					
dry peas; or 2 ounces of cheese; or 0-	MIXED CEREAL	BARLEY CEREAL	WHOLE WHEAT CEREAL	MULTI GRAIN CEREAL	RICE CEREAL
	MIXED CEREAL	BARLEY CEREAL	WHOLE WHEAT CEREAL	MULTI GRAIN CEREAL	RICE CEREAL
dry peas; or 2 ounces of cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces or 1/2 cup yogurt; or a combination of the above; and	MIXED CEREAL	BARLEY CEREAL	WHOLE WHEAT CEREAL	MULTI GRAIN CEREAL	RICE CEREAL
dry peas; or 2 ounces of cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces or 1/2 cup yogurt; or a combination of the above; and 6 - 11 MONTHS: 0-2 tablespoons					
dry peas; or 2 ounces of cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces or 1/2 cup yogurt; or a combination of the above; and		BARLEY CEREAL  SWEET CORN	WHOLE WHEAT CEREAL  ROASTED KALE/MANGO STRIPS	MULTI GRAIN CEREAL  MIXED VEGETABLE	RICE CEREAL FRENCH FRIES
dry peas; or 2 ounces of cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces or 1/2 cup yogurt; or a combination of the above; and 6 - 11 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of both  EVENING SNACK	PEAS				
dry peas; or 2 ounces of cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces or 1/2 cup yogurt; or a combination of the above; and 6 - 11 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of both  EVENING SNACK  BIRTH - 5 MONTHS: 4-6 Fluid ounces	PEAS				
dry peas; or 2 ounces of cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces or 1/2 cup yogurt; or a combination of the above; and 6 - 11 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of both  EVENING SNACK  BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces	PEAS	SWEET CORN	ROASTED KALE/MANGO STRIPS	MIXED VEGETABLE	FRENCH FRIES
dry peas; or 2 ounces of cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces or 1/2 cup yogurt; or a combination of the above; and 6 - 11 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of both  EVENING SNACK  BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces	PEAS FORMULA / BREAST MILK	SWEET CORN  FORMULA / BREAST MILK	ROASTED KALE/MANGO STRIPS  FORMULA / BREAST MILK	MIXED VEGETABLE  FORMULA / BREAST MILK	FRENCH FRIES  FORMULA / BREAST MILK
dry peas; or 2 ounces of cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces or 1/2 cup yogurt; or a combination of the above; and 6 - 11 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of both  EVENING SNACK  BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 0-4 tablespoons infant cereal, meat, fish, poultry,	PEAS FORMULA / BREAST MILK	SWEET CORN  FORMULA / BREAST MILK	ROASTED KALE/MANGO STRIPS  FORMULA / BREAST MILK	MIXED VEGETABLE  FORMULA / BREAST MILK	FRENCH FRIES  FORMULA / BREAST MILK
dry peas; or 2 ounces of cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces or 1/2 cup yogurt; or a combination of the above; and  6 - 11 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of both  EVENING SNACK  BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula  6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula  6 - 11 MONTHS: 0-4 tablespoons infant cereal, meat, fish, poultry, whole egg, cooked dry beans or cooked	PEAS  FORMULA / BREAST MILK  FORMULA / BREAST MILK	SWEET CORN  FORMULA / BREAST MILK	ROASTED KALE/MANGO STRIPS  FORMULA / BREAST MILK  FORMULA / BREAST MILK	MIXED VEGETABLE  FORMULA / BREAST MILK  FORMULA / BREAST MILK	FRENCH FRIES  FORMULA / BREAST MILK  FORMULA / BREAST MILK
dry peas; or 2 ounces of cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces or 1/2 cup yogurt; or a combination of the above; and 6 - 11 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of both  EVENING SNACK  BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 0-4 tablespoons infant cereal, meat, fish, poultry,	PEAS  FORMULA / BREAST MILK  FORMULA / BREAST MILK	SWEET CORN  FORMULA / BREAST MILK  FORMULA / BREAST MILK	ROASTED KALE/MANGO STRIPS  FORMULA / BREAST MILK	MIXED VEGETABLE  FORMULA / BREAST MILK	FRENCH FRIES  FORMULA / BREAST MILK
dry peas; or 2 ounces of cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces or 1/2 cup yogurt; or a combination of the above; and  6 - 11 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of both  EVENING SNACK  BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula  6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula  6 - 11 MONTHS: 0-4 tablespoons infant cereal, meat, fish, poultry, whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces or 1/2 cup yogurt; or a	PEAS  FORMULA / BREAST MILK  FORMULA / BREAST MILK	SWEET CORN  FORMULA / BREAST MILK  FORMULA / BREAST MILK	ROASTED KALE/MANGO STRIPS  FORMULA / BREAST MILK  FORMULA / BREAST MILK	MIXED VEGETABLE  FORMULA / BREAST MILK  FORMULA / BREAST MILK	FRENCH FRIES  FORMULA / BREAST MILK  FORMULA / BREAST MILK
dry peas; or 2 ounces of cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces or 1/2 cup yogurt; or a combination of the above; and  6 - 11 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of both  EVENING SNACK  BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula  6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula  6 - 11 MONTHS: 0-4 tablespoons infant cereal, meat, fish, poultry, whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0-4 ounces (volume) cottage cheese; or 0-	PEAS  FORMULA / BREAST MILK  FORMULA / BREAST MILK  BARLEY CEREAL	SWEET CORN  FORMULA / BREAST MILK  FORMULA / BREAST MILK	ROASTED KALE/MANGO STRIPS  FORMULA / BREAST MILK  FORMULA / BREAST MILK	MIXED VEGETABLE  FORMULA / BREAST MILK  FORMULA / BREAST MILK	FRENCH FRIES  FORMULA / BREAST MILK  FORMULA / BREAST MILK



	Monday 3/10/2025	Tuesday 3/11/2025	Wednesday 3/12/2025	Thursday 3/13/2025	Friday 3/14/2025
BREAKFAST	Monady 3/10/2023	Tuesday 3/11/2023	Wednesday 3/12/2025	Mursuay 3/13/2023	1 May 3/14/2025
BIRTH - 5 MONTHS: 4-6 Fluid ounces	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 0-4 tablespoons infant cereal, meat, fish, poultry,					
whole egg, cooked dry beans or cooked					
dry peas; or 2 ounces of cheese; or 0-	l .	OATMEAL CEREAL	MULTI GRAIN CEREAL	BARLEY CEREAL	MIXED CEREAL
4 ounces (volume) cottage cheese; or 0 4 ounces or 1/2 cup yogurt; or a					
combination of the above; and					
6 - 11 MONTHS: 0-2 tablespoons					
vegetable or fruit or a combination of both	STRAWBERRIES	PLUMS	BLUEBERRIES	BANANA	HASHBROWNS
AM SNACK		<u> </u>	I		
BIRTH - 5 MONTHS: 4-6 Fluid ounces	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces	FORMULA / PREACT MATER	FORMULA / PREACT MATIK	FORMULA / PREACT MILK	EODALII A / DDEACT MILK	FORMULA / PREACT MILK
breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 0-4 tablespoons infant cereal, meat, fish, poultry,					
whole egg, cooked dry beans or cooked					
dry peas; or 2 ounces of cheese; or 0-4 ounces (volume) cottage cheese; or 0-		MULTI GRAIN CEREAL	OATMEAL CEREAL	WHOLE WHEAT CEREAL	MULTI GRAIN CEREAL
4 ounces or 1/2 cup yogurt; or a					
combination of the above; and					
6 - 11 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of	RASPBERRIES	CARROTS	PRUNES	CINNAMON PEACHES	FRUIT COCKTAIL
both					
<b>LUNCH</b> BIRTH - 5 MONTHS: 4-6 Fluid ounces			<b>-</b>		<b>_</b>
breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 0-4 tablespoons					
infant cereal, meat, fish, poultry, whole egg, cooked dry beans or cooked					
dry peas; or 2 ounces of cheese; or 0-	l .	BARLEY CEREAL	RICE CEREAL	RICE CEREAL	RICE CEREAL
4 ounces (volume) cottage cheese; or 0					
4 ounces or 1/2 cup yogurt; or a combination of the above; and					
6 - 11 MONTHS: 0-2 tablespoons	DEAG	MINER VECETARIES	DO LETTE DEFTE	THE GOLD IT	CM/EET DOTATO EDITE
vegetable or fruit or a combination of both	PEAS	MIXED VEGETABLES	ROASTED BEETS	ZUCCHINI	SWEET POTATO FRIES
PM SNACK		ı	T	T	T
BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 0-4 tablespoons					
infant cereal, meat, fish, poultry,					
whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0-		MIXED CEREAL	BARLEY CEREAL	OATMEAL CEREAL	BARLEY CEREAL
whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0- 4 ounces (volume) cottage cheese; or 0-	BARLEY CEREAL	MIXED CEREAL	BARLEY CEREAL	OATMEAL CEREAL	BARLEY CEREAL
whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0- 4 ounces (volume) cottage cheese; or 0- 4 ounces or 1/2 cup yogurt; or a	BARLEY CEREAL	MIXED CEREAL	BARLEY CEREAL	OATMEAL CEREAL	BARLEY CEREAL
whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0- 4 ounces (volume) cottage cheese; or 0- 4 ounces or 1/2 cup yogurt; or a combination of the above; and 6 - 11 MONTHS: 0-2 tablespoons	BARLEY CEREAL				
whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces or 1/2 cup yogurt; or a combination of the above; and 6 - 11 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of	BARLEY CEREAL	MIXED CEREAL  WATERMELON	BARLEY CEREAL  CANTALOUPE	OATMEAL CEREAL  ORANGES	BARLEY CEREAL  BLUEBERRIES
whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces or 1/2 cup yogurt; or a combination of the above; and 6 - 11 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of both  DINNER	BARLEY CEREAL				
whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces or 1/2 cup yogurt; or a combination of the above; and 6 - 11 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of both  DINNER  BIRTH - 5 MONTHS: 4-6 Fluid ounces	BARLEY CEREAL				
whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces or 1/2 cup yogurt; or a combination of the above; and 6 - 11 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of both  DINNER  BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces	TOMATO BISQUE  FORMULA / BREAST MILK	WATERMELON  FORMULA / BREAST MILK	CANTALOUPE  FORMULA / BREAST MILK	ORANGES FORMULA / BREAST MILK	BLUEBERRIES  FORMULA / BREAST MILK
whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces or 1/2 cup yogurt; or a combination of the above; and 6 - 11 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of both  DINNER  BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula	BARLEY CEREAL  TOMATO BISQUE	WATERMELON	CANTALOUPE	ORANGES	BLUEBERRIES
whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces or 1/2 cup yogurt; or a combination of the above; and 6 - 11 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of both  DINNER  BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces	TOMATO BISQUE  FORMULA / BREAST MILK	WATERMELON  FORMULA / BREAST MILK	CANTALOUPE  FORMULA / BREAST MILK	ORANGES FORMULA / BREAST MILK	BLUEBERRIES  FORMULA / BREAST MILK
whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces or 1/2 cup yogurt; or a combination of the above; and 6 - 11 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of both  DINNER  BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 0-4 tablespoons infant cereal, meat, fish, poultry, whole egg, cooked dry beans or cooked	TOMATO BISQUE  FORMULA / BREAST MILK  FORMULA / BREAST MILK	WATERMELON  FORMULA / BREAST MILK  FORMULA / BREAST MILK	CANTALOUPE  FORMULA / BREAST MILK  FORMULA / BREAST MILK	ORANGES  FORMULA / BREAST MILK  FORMULA / BREAST MILK	BLUEBERRIES  FORMULA / BREAST MILK  FORMULA / BREAST MILK
whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces or 1/2 cup yogurt; or a combination of the above; and 6 - 11 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of both  DINNER  BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 0-4 tablespoons infant cereal, meat, fish, poultry,	TOMATO BISQUE  FORMULA / BREAST MILK  FORMULA / BREAST MILK  MIXED CEREAL	WATERMELON  FORMULA / BREAST MILK	CANTALOUPE  FORMULA / BREAST MILK	ORANGES  FORMULA / BREAST MILK  FORMULA / BREAST MILK	BLUEBERRIES  FORMULA / BREAST MILK
whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces or 1/2 cup yogurt; or a combination of the above; and 6 - 11 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of both  DINNER  BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 0-4 tablespoons infant cereal, meat, fish, poultry, whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces or 1/2 cup yogurt; or a	TOMATO BISQUE  FORMULA / BREAST MILK  FORMULA / BREAST MILK  MIXED CEREAL	WATERMELON  FORMULA / BREAST MILK  FORMULA / BREAST MILK	CANTALOUPE  FORMULA / BREAST MILK  FORMULA / BREAST MILK	ORANGES  FORMULA / BREAST MILK  FORMULA / BREAST MILK	BLUEBERRIES  FORMULA / BREAST MILK  FORMULA / BREAST MILK
whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces or 1/2 cup yogurt; or a combination of the above; and 6 - 11 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of both  DINNER  BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 0-4 tablespoons infant cereal, meat, fish, poultry, whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0-4 ounces (volume) cottage cheese; or 0-	TOMATO BISQUE  FORMULA / BREAST MILK  FORMULA / BREAST MILK  MIXED CEREAL	WATERMELON  FORMULA / BREAST MILK  FORMULA / BREAST MILK	CANTALOUPE  FORMULA / BREAST MILK  FORMULA / BREAST MILK	ORANGES  FORMULA / BREAST MILK  FORMULA / BREAST MILK	BLUEBERRIES  FORMULA / BREAST MILK  FORMULA / BREAST MILK
whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces or 1/2 cup yogurt; or a combination of the above; and 6 - 11 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of both  DINNER  BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 0-4 tablespoons infant cereal, meat, fish, poultry, whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces or 1/2 cup yogurt; or a combination of the above; and 6 - 11 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of	TOMATO BISQUE  FORMULA / BREAST MILK  FORMULA / BREAST MILK  MIXED CEREAL	WATERMELON  FORMULA / BREAST MILK  FORMULA / BREAST MILK	CANTALOUPE  FORMULA / BREAST MILK  FORMULA / BREAST MILK	ORANGES  FORMULA / BREAST MILK  FORMULA / BREAST MILK	BLUEBERRIES  FORMULA / BREAST MILK  FORMULA / BREAST MILK
whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces or 1/2 cup yogurt; or a combination of the above; and 6 - 11 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of both  DINNER  BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 0-4 tablespoons infant cereal, meat, fish, poultry, whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces or 1/2 cup yogurt; or a combination of the above; and 6 - 11 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of both	TOMATO BISQUE  FORMULA / BREAST MILK  FORMULA / BREAST MILK  MIXED CEREAL	WATERMELON  FORMULA / BREAST MILK  FORMULA / BREAST MILK  RICE CEREAL	CANTALOUPE  FORMULA / BREAST MILK  FORMULA / BREAST MILK  WHOLE WHEAT CEREAL	ORANGES  FORMULA / BREAST MILK  FORMULA / BREAST MILK  MIXED CEREAL/INFANT CHICKEN	BLUEBERRIES  FORMULA / BREAST MILK  FORMULA / BREAST MILK  WHOLE WHEAT CEREAL
whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces or 1/2 cup yogurt; or a combination of the above; and 6 - 11 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of both  DINNER  BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 0-4 tablespoons infant cereal, meat, fish, poultry, whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces or 1/2 cup yogurt; or a combination of the above; and 6 - 11 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of both  EVENING SNACK  BIRTH - 5 MONTHS: 4-6 Fluid ounces	BARLEY CEREAL  TOMATO BISQUE  FORMULA / BREAST MILK  FORMULA / BREAST MILK  MIXED CEREAL  BROCCOLI	WATERMELON  FORMULA / BREAST MILK  FORMULA / BREAST MILK  RICE CEREAL  YELLOW SQUASH	CANTALOUPE  FORMULA / BREAST MILK  FORMULA / BREAST MILK  WHOLE WHEAT CEREAL	ORANGES  FORMULA / BREAST MILK  FORMULA / BREAST MILK  MIXED CEREAL/INFANT CHICKEN  SAUTEED GREEN BEANS	BLUEBERRIES  FORMULA / BREAST MILK  FORMULA / BREAST MILK  WHOLE WHEAT CEREAL  SPLIT PEA SOUP
whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces or 1/2 cup yogurt; or a combination of the above; and 6 - 11 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of both  DINNER  BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 0-4 tablespoons infant cereal, meat, fish, poultry, whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces or 1/2 cup yogurt; or a combination of the above; and 6 - 11 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of both	BARLEY CEREAL  TOMATO BISQUE  FORMULA / BREAST MILK  FORMULA / BREAST MILK  MIXED CEREAL  BROCCOLI  FORMULA / BREAST MILK	WATERMELON  FORMULA / BREAST MILK  FORMULA / BREAST MILK  RICE CEREAL  YELLOW SQUASH  FORMULA / BREAST MILK	CANTALOUPE  FORMULA / BREAST MILK  FORMULA / BREAST MILK  WHOLE WHEAT CEREAL  CREAMED CORN  FORMULA / BREAST MILK	ORANGES  FORMULA / BREAST MILK  FORMULA / BREAST MILK  MIXED CEREAL/INFANT CHICKEN  SAUTEED GREEN BEANS  FORMULA / BREAST MILK	BLUEBERRIES  FORMULA / BREAST MILK  FORMULA / BREAST MILK  WHOLE WHEAT CEREAL  SPLIT PEA SOUP  FORMULA / BREAST MILK
whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces or 1/2 cup yogurt; or a combination of the above; and 6 - 11 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of both  DINNER  BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 0-4 tablespoons infant cereal, meat, fish, poultry, whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces or 1/2 cup yogurt; or a combination of the above; and 6 - 11 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of both  EVENING SNACK  BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula	BARLEY CEREAL  TOMATO BISQUE  FORMULA / BREAST MILK  FORMULA / BREAST MILK  MIXED CEREAL  BROCCOLI	WATERMELON  FORMULA / BREAST MILK  FORMULA / BREAST MILK  RICE CEREAL  YELLOW SQUASH	CANTALOUPE  FORMULA / BREAST MILK  FORMULA / BREAST MILK  WHOLE WHEAT CEREAL  CREAMED CORN	ORANGES  FORMULA / BREAST MILK  FORMULA / BREAST MILK  MIXED CEREAL/INFANT CHICKEN  SAUTEED GREEN BEANS	BLUEBERRIES  FORMULA / BREAST MILK  FORMULA / BREAST MILK  WHOLE WHEAT CEREAL  SPLIT PEA SOUP
whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces or 1/2 cup yogurt; or a combination of the above; and 6 - 11 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of both  DINNER  BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 0-4 tablespoons infant cereal, meat, fish, poultry, whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces or 1/2 cup yogurt; or a combination of the above; and 6 - 11 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of both  EVENING SNACK  BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 0-4 tablespoons	BARLEY CEREAL  TOMATO BISQUE  FORMULA / BREAST MILK  FORMULA / BREAST MILK  MIXED CEREAL  BROCCOLI  FORMULA / BREAST MILK	WATERMELON  FORMULA / BREAST MILK  FORMULA / BREAST MILK  RICE CEREAL  YELLOW SQUASH  FORMULA / BREAST MILK	CANTALOUPE  FORMULA / BREAST MILK  FORMULA / BREAST MILK  WHOLE WHEAT CEREAL  CREAMED CORN  FORMULA / BREAST MILK	ORANGES  FORMULA / BREAST MILK  FORMULA / BREAST MILK  MIXED CEREAL/INFANT CHICKEN  SAUTEED GREEN BEANS  FORMULA / BREAST MILK	BLUEBERRIES  FORMULA / BREAST MILK  FORMULA / BREAST MILK  WHOLE WHEAT CEREAL  SPLIT PEA SOUP  FORMULA / BREAST MILK
whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces or 1/2 cup yogurt; or a combination of the above; and 6 - 11 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of both  DINNER  BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 0-4 tablespoons infant cereal, meat, fish, poultry, whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces or 1/2 cup yogurt; or a combination of the above; and 6 - 11 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of both  EVENING SNACK  BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 0-4 tablespoons infant cereal, meat, fish, poultry,	TOMATO BISQUE  FORMULA / BREAST MILK  FORMULA / BREAST MILK  MIXED CEREAL  BROCCOLI  FORMULA / BREAST MILK  FORMULA / BREAST MILK	WATERMELON  FORMULA / BREAST MILK  FORMULA / BREAST MILK  RICE CEREAL  YELLOW SQUASH  FORMULA / BREAST MILK	CANTALOUPE  FORMULA / BREAST MILK  FORMULA / BREAST MILK  WHOLE WHEAT CEREAL  CREAMED CORN  FORMULA / BREAST MILK	ORANGES  FORMULA / BREAST MILK  FORMULA / BREAST MILK  MIXED CEREAL/INFANT CHICKEN  SAUTEED GREEN BEANS  FORMULA / BREAST MILK	BLUEBERRIES  FORMULA / BREAST MILK  FORMULA / BREAST MILK  WHOLE WHEAT CEREAL  SPLIT PEA SOUP  FORMULA / BREAST MILK
whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces or 1/2 cup yogurt; or a combination of the above; and 6 - 11 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of both  DINNER  BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 0-4 tablespoons infant cereal, meat, fish, poultry, whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces or 1/2 cup yogurt; or a combination of the above; and 6 - 11 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of both  EVENING SNACK  BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 0-4 tablespoons infant cereal, meat, fish, poultry, whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0-10	TOMATO BISQUE  FORMULA / BREAST MILK  FORMULA / BREAST MILK  MIXED CEREAL  BROCCOLI  FORMULA / BREAST MILK  FORMULA / BREAST MILK  MULTI GRAIN CEREAL	WATERMELON  FORMULA / BREAST MILK  FORMULA / BREAST MILK  RICE CEREAL  YELLOW SQUASH  FORMULA / BREAST MILK	CANTALOUPE  FORMULA / BREAST MILK  FORMULA / BREAST MILK  WHOLE WHEAT CEREAL  CREAMED CORN  FORMULA / BREAST MILK	ORANGES  FORMULA / BREAST MILK  FORMULA / BREAST MILK  MIXED CEREAL/INFANT CHICKEN  SAUTEED GREEN BEANS  FORMULA / BREAST MILK	BLUEBERRIES  FORMULA / BREAST MILK  FORMULA / BREAST MILK  WHOLE WHEAT CEREAL  SPLIT PEA SOUP  FORMULA / BREAST MILK
whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces or 1/2 cup yogurt; or a combination of the above; and 6 - 11 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of both  DINNER  BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 0-4 tablespoons infant cereal, meat, fish, poultry, whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces or 1/2 cup yogurt; or a combination of the above; and 6 - 11 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of both  EVENING SNACK  BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 0-4 tablespoons	TOMATO BISQUE  FORMULA / BREAST MILK  FORMULA / BREAST MILK  MIXED CEREAL  BROCCOLI  FORMULA / BREAST MILK  FORMULA / BREAST MILK  MULTI GRAIN CEREAL	WATERMELON  FORMULA / BREAST MILK  FORMULA / BREAST MILK  RICE CEREAL  YELLOW SQUASH  FORMULA / BREAST MILK  FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK  WHOLE WHEAT CEREAL  CREAMED CORN  FORMULA / BREAST MILK  FORMULA / BREAST MILK	FORMULA / BREAST MILK  FORMULA / BREAST MILK  MIXED CEREAL/INFANT CHICKEN  SAUTEED GREEN BEANS  FORMULA / BREAST MILK  FORMULA / BREAST MILK	BLUEBERRIES  FORMULA / BREAST MILK  FORMULA / BREAST MILK  WHOLE WHEAT CEREAL  SPLIT PEA SOUP  FORMULA / BREAST MILK  FORMULA / BREAST MILK
whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces or 1/2 cup yogurt; or a combination of the above; and 6 - 11 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of both  DINNER  BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 0-4 tablespoons infant cereal, meat, fish, poultry, whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces or 1/2 cup yogurt; or a combination of the above; and 6 - 11 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of both  EVENING SNACK  BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 0-4 tablespoons infant cereal, meat, fish, poultry, whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0-4 ounces (volume) cottage cheese; or 0-6 ounces (volume) cottage cheese; or 0-7 ounces (volum	TOMATO BISQUE  FORMULA / BREAST MILK  FORMULA / BREAST MILK  MIXED CEREAL  BROCCOLI  FORMULA / BREAST MILK  FORMULA / BREAST MILK  MULTI GRAIN CEREAL	WATERMELON  FORMULA / BREAST MILK  FORMULA / BREAST MILK  RICE CEREAL  YELLOW SQUASH  FORMULA / BREAST MILK  FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK  WHOLE WHEAT CEREAL  CREAMED CORN  FORMULA / BREAST MILK  FORMULA / BREAST MILK	FORMULA / BREAST MILK  FORMULA / BREAST MILK  MIXED CEREAL/INFANT CHICKEN  SAUTEED GREEN BEANS  FORMULA / BREAST MILK  FORMULA / BREAST MILK	BLUEBERRIES  FORMULA / BREAST MILK  FORMULA / BREAST MILK  WHOLE WHEAT CEREAL  SPLIT PEA SOUP  FORMULA / BREAST MILK  FORMULA / BREAST MILK
whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces or 1/2 cup yogurt; or a combination of the above; and 6 - 11 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of both  DINNER  BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 0-4 tablespoons infant cereal, meat, fish, poultry, whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces or 1/2 cup yogurt; or a combination of the above; and 6 - 11 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of both  EVENING SNACK  BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 0-4 tablespoons infant cereal, meat, fish, poultry, whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces (volum	TOMATO BISQUE  FORMULA / BREAST MILK  FORMULA / BREAST MILK  MIXED CEREAL  BROCCOLI  FORMULA / BREAST MILK  FORMULA / BREAST MILK  MULTI GRAIN CEREAL	WATERMELON  FORMULA / BREAST MILK  FORMULA / BREAST MILK  RICE CEREAL  YELLOW SQUASH  FORMULA / BREAST MILK  FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK  WHOLE WHEAT CEREAL  CREAMED CORN  FORMULA / BREAST MILK  FORMULA / BREAST MILK	FORMULA / BREAST MILK  FORMULA / BREAST MILK  MIXED CEREAL/INFANT CHICKEN  SAUTEED GREEN BEANS  FORMULA / BREAST MILK  FORMULA / BREAST MILK	BLUEBERRIES  FORMULA / BREAST MILK  FORMULA / BREAST MILK  WHOLE WHEAT CEREAL  SPLIT PEA SOUP  FORMULA / BREAST MILK  FORMULA / BREAST MILK



OCI VICCS, II IC	Monday 3/17/2025	Tuesday 3/18/2025	Wednesday 3/19/2025	Thursday 3/20/2025	Friday 3/21/2025
BREAKFAST	Monady 3/1/72029	Tuesday 3/10/2023	Wednesday 3/19/2025	Thursday 3/20/2025	1 Mady 3/21/2025
BIRTH - 5 MONTHS: 4-6 Fluid ounces	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces					
breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 0-4 tablespoons infant cereal, meat, fish, poultry,					
whole egg, cooked dry beans or cooked					
dry peas; or 2 ounces of cheese; or 0-		WHOLE WHEAT CEREAL	WHOLE WHEAT CEREAL	MULTI GRAIN CEREAL	RICE CEREAL
4 ounces (volume) cottage cheese; or 0 4 ounces or 1/2 cup yogurt; or a					
combination of the above; and					
6 - 11 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of	DASPEDDIES	PLUMS	TROPICAL FRUIT SALAD	BANANA	KIWI
both	NASI ERRIES	TEOMS	TROTICAL TROTT SALAD	PUINNIN	KIWI
AM SNACK		T			1
BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 0-4 tablespoons					
infant cereal, meat, fish, poultry,					
whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0-		BARLEY CEREAL	OATMEAL CEREAL	MIXED CEREAL	MULTI GRAIN CEREAL
4 ounces (volume) cottage cheese; or 0					
4 ounces or 1/2 cup yogurt; or a combination of the above; and					
6 - 11 MONTHS: 0-2 tablespoons					
vegetable or fruit or a combination of	STRAWBERRIES	CINNAMON APPLESAUCE	PINEAAPLE	CANTALOUPE	APPLESAUCE
LUNCH				<u> </u>	<u> </u>
BIRTH - 5 MONTHS: 4-6 Fluid ounces	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 0-4 tablespoons infant cereal, meat, fish, poultry,					
whole egg, cooked dry beans or cooked		DIAC ACCE	AND THE OR ATTENDED	D 401 EV 450 E **	MINER SERVI
dry peas; or 2 ounces of cheese; or 0-4 ounces (volume) cottage cheese; or 0		RICE CEREAL	MULTI GRAIN CEREAL	BARLEY CEREAL	MIXED CEREAL
4 ounces or 1/2 cup yogurt; or a					
combination of the above; and 6 - 11 MONTHS: 0-2 tablespoons					
vegetable or fruit or a combination of	BROCCOLI	GREEN BEANS	SPINACH	CARROT	ROASTED CAULIFLOWER
PM SNACK					
BIRTH - 5 MONTHS: 4-6 Fluid ounces	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces					
breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 0-4 tablespoons infant cereal, meat, fish, poultry,					
whole egg, cooked dry beans or cooked					
dry peas; or 2 ounces of cheese; or 0-4 ounces (volume) cottage cheese; or 0		MIXED CEREAL	RICE CEREAL	OATMEAL CEREAL	BARLEY CEREAL
4 ounces or 1/2 cup yogurt; or a					
combination of the above; and 6 - 11 MONTHS: 0-2 tablespoons					
•	WATERMELON JIMACA SALAD	PEARS	PEACHES	BLUEBERRIES	PINEAPPLE
both					
<b>DINNER</b> BIRTH - 5 MONTHS: 4-6 Fluid ounces					
breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 0-4 tablespoons					
infant cereal, meat, fish, poultry, whole egg, cooked dry beans or cooked					
dry peas; or 2 ounces of cheese; or 0-	RICE CEREAL	MULTI GRAIN CEREAL	BARLEY CEREAL	WHOLE WHEAT CEREAL	OATMEAL CEREAL
4 ounces (volume) cottage cheese; or 0 4 ounces or 1/2 cup yogurt; or a					
combination of the above; and					
6 - 11 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of	SWEET CORN	ROASTED CABBAGE	GREEN BEANS	MIXED VEGETABLES	POTATO SALAD
both					
EVENING SNACK BIRTH - 5 MONTHS: 4-6 Fluid ounces		<u> </u>	I		
breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 0-4 tablespoons					
infant cereal, meat, fish, poultry, whole egg, cooked dry beans or cooked					
dry peas; or 2 ounces of cheese; or 0-		OATMEAL CEREAL	MIXED CEREAL	RICE CEREAL	WHOLE WHEAT CEREAL
4 ounces (volume) cottage cheese; or 0					
4 ounces or 1/2 cup yogurt; or a combination of the above; and					
6 - 11 MONTHS: 0-2 tablespoons	4001.50	44100	DILIEDEDDEE	D.4.CDDED2750	DADAVA
vegetable or fruit or a combination of both	AYYLES	MANGO	BLUEBERRIES	RASPBERRIES	PAPAYA



Services, inc	AA	T - 1 - 2 /25 /2025	M. I I 2/2//2025	TI . I 2/27/2025	F : 1 2/20/2025
BREAKFAST	Monday 3/24/2025	Tuesday 3/25/2025	Wednesday 3/26/2025	Thursday 3/27/2025	Friday 3/28/2025
BIRTH - 5 MONTHS: 4-6 Fluid ounces	FORMULA / DDF4CT MTLK	CODALII A / DDC4CT AATIK	FORMULA / DDF4CT MTLK	FORMULA / DREACT MILK	FORMULA / RREACT MATER
breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 0-4 tablespoons					
infant cereal, meat, fish, poultry, whole egg, cooked dry beans or cooked					
dry peas; or 2 ounces of cheese; or 0-		WHOLE WHEAT CEREAL	MIXED CEREAL	MULTI GRAIN CEREAL	BARLEY CEREAL
4 ounces (volume) cottage cheese; or 0- 4 ounces or 1/2 cup yogurt; or a					
combination of the above; and					
6 - 11 MONTHS: 0-2 tablespoons	D.4600500756	DI LIEDEDTE C	PIGE DOTATORS	on where	D 41414 CTD 41405DDV
vegetable or fruit or a combination of both	KASPBERKIES	BLUEBERRIES	DICED POTATOES	ORANGES	BANANA STRAWBERRY
AM SNACK					
BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 6-8 Fluid ounces	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
breastmilk/formula 6 - 11 MONTHS: 0-4 tablespoons					
infant cereal, meat, fish, poultry,					
whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0-		MIXED CEREAL	OATMEAL CEREAL	WHOLE WHEAT CEREAL	RICE CEREAL
4 ounces (volume) cottage cheese; or 0-		MINED GENEAL	OATMEAL CEREAL	WHOLE WHEAT GENEAL	NICE CENEAR
4 ounces or 1/2 cup yogurt; or a					
combination of the above; and 6 - 11 MONTHS: 0-2 tablespoons					
vegetable or fruit or a combination of	APPLESAUCE	PEARS	PEACHES	APRICOTS	BLUEBERRIES
both LUNCH		<u>I</u>	l	<u>I</u>	<u> </u>
BIRTH - 5 MONTHS: 4-6 Fluid ounces	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces					
breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 0-4 tablespoons infant cereal, meat, fish, poultry,					
whole egg, cooked dry beans or cooked					
dry peas; or 2 ounces of cheese; or 0-4 ounces (volume) cottage cheese; or 0-		MULTI GRAIN CEREAL	WHOLE WHEAT CEREAL	BARLEY CEREAL	WHOLE WHEAT CEREAL
4 ounces or 1/2 cup yogurt; or a					
combination of the above; and					
6 - 11 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of	TATER TOTS	CREAMY SPINACH	CABBAGE	GREEN BEANS	MIXED VEGETABLES
PM SNACK					
BIRTH - 5 MONTHS: 4-6 Fluid ounces	FORMULA / RREACT MALK	FORMULA / RDEACT MATIN	EODMII A / DDEACT MILK	ECONULA / BDEACT MILK	FORMULA / RDEACT MTLK
breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 0-4 tablespoons infant cereal, meat, fish, poultry,					
whole egg, cooked dry beans or cooked					
dry peas; or 2 ounces of cheese; or 0-		RICE CEREAL	BARLEY CEREAL	OATMEAL CEREAL	MIXED CEREAL
4 ounces (volume) cottage cheese; or 0- 4 ounces or 1/2 cup yogurt; or a					
combination of the above; and					
6 - 11 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of	BLUEBERRIES	AVOCADO	TOMATO BISQUE SOUP	WARMED PEACHES	PEARS
both	··				
<b>DINNER</b> BIRTH - 5 MONTHS: 4-6 Fluid ounces		T	1	Τ	
breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 0-4 tablespoons					
infant cereal, meat, fish, poultry, whole egg, cooked dry beans or cooked					
dry peas; or 2 ounces of cheese; or 0-		BARLEY CEREAL	RICE CEREAL	MIXED CEREAL	MULTI GRAIN CEREAL
4 ounces (volume) cottage cheese; or 0-					
4 ounces or 1/2 cup yogurt; or a combination of the above; and					
6 - 11 MONTHS: 0-2 tablespoons		CM/CCT DC 4 C	CMEET NOT TO POST	CDEEN SEANS	TOCCES AND ALLES TOCCES
vegetable or fruit or a combination of both	rkunes	SWEET PEAS	SWEET POTATO FRIES	GREEN BEANS	TOSSED SALAD (AGE APPROP.)
EVENING SNACK					
BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 6-8 Fluid ounces	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
breastmilk/formula 6 - 11 MONTHS: 0-4 tablespoons					
infant cereal, meat, fish, poultry,					
whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0-		OATMEAL CEREAL	MULTI GRAIN CEREAL	RICE CEREAL	OATMEAL CEREAL
4 ounces (volume) cottage cheese; or 0-		STORES VENERAL	MODILE OFFICE OFFICE		J
4 ounces or 1/2 cup yogurt; or a					
combination of the above; and 6 - 11 MONTHS: 0-2 tablespoons					
vegetable or fruit or a combination of	SPLIT PEA SOUP	HONEYDEW MELON	CANTALOUPE	FRUIT SALAD	PINEAPPLE
both	İ	1	L	<u> </u>	<u> </u>



Services, inc				
	Monday 3/31/2025			
BREAKFAST				
BIRTH - 5 MONTHS: 4-6 Fluid ounces	FORMULA / BREAST MILK			
breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces				
breastmilk/formula	FORMULA / BREAST MILK			
6 - 11 MONTHS: 0-4 tablespoons				
infant cereal, meat, fish, poultry,				
whole egg, cooked dry beans or cooked				
dry peas; or 2 ounces of cheese; or 0-4 ounces (volume) cottage cheese; or 0				
4 ounces or 1/2 cup yogurt; or a				
combination of the above; and				
6 - 11 MONTHS: 0-2 tablespoons				
vegetable or fruit or a combination of both	ORANGES			
AM SNACK				
BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula				
	FORMULA / BREAST MILK			
6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula	FORMULA / BREAST MILK			
6 - 11 MONTHS: 0-4 tablespoons				
infant cereal, meat, fish, poultry,				
whole egg, cooked dry beans or cooked				
dry peas; or 2 ounces of cheese; or 0-				
4 ounces (volume) cottage cheese; or 0 4 ounces or 1/2 cup yogurt; or a				
combination of the above; and				
6 - 11 MONTHS: 0-2 tablespoons				
vegetable or fruit or a combination of	PEACHES			
both				
<b>LUNCH</b> BIRTH - 5 MONTHS: 4-6 Fluid ounces		1		
breastmilk/formula	FORMULA / BREAST MILK			
6 - 11 MONTHS: 6-8 Fluid ounces	FORMULA / BREAST MILK			
breastmilk/formula 6 - 11 MONTHS: 0-4 tablespoons				
infant cereal, meat, fish, poultry,				
whole egg, cooked dry beans or cooked				
dry peas; or 2 ounces of cheese; or 0-	MIXED CEREAL			
4 ounces (volume) cottage cheese; or 0				
4 ounces or 1/2 cup yogurt; or a combination of the above; and				
6 - 11 MONTHS: 0-2 tablespoons				
vegetable or fruit or a combination of	ROASTED ZUCCHINI			
both				
PM SNACK BIRTH - 5 MONTHS: 4-6 Fluid ounces				
breastmilk/formula	FORMULA / BREAST MILK			
6 - 11 MONTHS: 6-8 Fluid ounces	FORMULA / BREAST MILK			
breastmilk/formula	TORMOSA, SIGNO, MESA			
6 - 11 MONTHS: 0-4 tablespoons infant cereal, meat, fish, poultry,				
whole egg, cooked dry beans or cooked				
dry peas; or 2 ounces of cheese; or 0-				
4 ounces (volume) cottage cheese; or 0				
4 ounces or 1/2 cup yogurt; or a				
combination of the above; and 6 - 11 MONTHS: 0-2 tablespoons				
vegetable or fruit or a combination of	VEGETABLE SOUP			
both				
DINNER				
BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula	FORMULA / BREAST MILK			
6 - 11 MONTHS: 6-8 Fluid ounces	FORMULA / BREAST MILK			
breastmilk/formula	ONMOLA / DECAST MILK			
6 - 11 MONTHS: 0-4 tablespoons				
infant cereal, meat, fish, poultry, whole egg, cooked dry beans or cooked				
dry peas; or 2 ounces of cheese; or 0-				
4 ounces (volume) cottage cheese; or 0				
4 ounces or 1/2 cup yogurt; or a				
combination of the above; and 6 - 11 MONTHS: 0-2 tablespoons				
vegetable or fruit or a combination of	SWEET PEAS			
both				
EVENING SNACK				
BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula	FORMULA / BREAST MILK			
6 - 11 MONTHS: 6-8 Fluid ounces	FORMULA / PREACT MTLK			
breastmilk/formula	FORMULA / BREAST MILK			
6 - 11 MONTHS: 0-4 tablespoons				
infant cereal, meat, fish, poultry, whole egg, cooked dry beans or cooked				
dry peas; or 2 ounces of cheese; or 0-				
4 ounces (volume) cottage cheese; or 0				
4 ounces or 1/2 cup yogurt; or a				
combination of the above; and				
6 - 11 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of	APRICOTS			
both			 	