

Harvest of the month: April 2025 Legumes, Peas, Lentils



		Tuesday 4/1/25	Wednesday 4/2/25	Thursday 4/3/25	Friday 4/4/25
BREAKFAST Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk		CHERRIOS APPLES *MILK	TURKEY SAUSAGE ENGLISH MUFFIN HASHBROWNS *MILK	MINI BAGEL RASPBERRIES *MILK	ENRICHED OATMEAL ORANGES *MILK
		<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
AM SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk TWO COMPONENTS		COTTAGE CHEESE HONEYDEW MELON WATER	SCRAMLED EGGS W/CHEESE PEARS WATER	CREAM OF WHEAT APRICOTS WATER	BISCUITS W/GRAVY SAUSAGE PATTY PLUMS WATER
		<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
LUNCH Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk		CHICKEN FILET SANDWICH BRIOCHE BUN BLUEBERRIES SWEET POTATO FRIES *MILK	NATIONAL PEANUT BUTTER & JELLY DAY PEANUT/WOW/SUN BUTTER WHOLE WHEAT BREAD BLUEBERRIES TOMATO BISQUE SOUP * MILK	CHICKEN SALAD PITA POCKETS PINEAPPLE TIDBITS BROCCOLI COLESLAW *MILK	GROUND BEEF NACHO SALAD NACHO CHIPS PINTO BEANS ZESTY CORN ON THE COB *MILK
		<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
PM SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk TWO COMPONENTS		GRAHAM CRACKERS RASPBERRIES WATER	GRAHAM CRACKERS KIWI SLICES WATER	MUFFINS 100% GRAPE JUICE	INTERNATIONAL CARROT DAY COTTAGE CHEESE ROASTED CARROT FRIES WATER
		<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
DINNER Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk		BEEF MEATBALL SUB SUB ROLL MANGO STRIPS PEAS & CARROTS *MILK	BAKED FISH FILET HUSH PUPPIES MANGO CHUNKS SPINACH * MILK	NATIONAL BURRITO DAY GRILLED CHICKEN TORTILLA GROOVY GRAPES (CUT) FRESH PICO DE GALLO *MILK	SLICED TURKEY PANINI PITA BREAD PEACHES SWEET PEAS * MILK
		<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
EVENING SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk TWO COMPONENTS		TRSCUIT CRACKERS BOILED EGG HALVES WATER	RITZ CRACKERS CHEDDAR CHEESE CUBES WATER	SESAME STICKS APPLE SLICES WATER	GREEK YOGURT & CUCUMBER SALAD WATER
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
	* One year olds are served Unflavored Whole Milk. Two years old and older are served unflavored 1% or Fat Free Milk. Milk substitutes must have a medical statement. The Menu only denotes the grain component served for each day. Center is required to indicate which meal a whole grain was served.				

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	Monday 4/7/25	Tuesday 4/8/25	Wednesday 4/9/25	Thursday 4/10/25	Friday 4/11/25
BREAKFAST Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	WAFFLE STICKS PLUMS *MILK	MAPLE OATMEAL PEACHES *MILK	CHEESE TOAST CINNAMON APPLESAUCE *MILK	TURKEY LINKS TATER TOTS *MILK	SWEET POTATO PANCAKES ORANGE SMILES *MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
AM SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk TWO COMPONENTS	AVOCADO TOAST WHOLE WHEAT BREAD AVOCADO SLICES WATER	CHEESE CRACKERS CELERY STICKS W/DIP WATER	ENGLISH MUFFIN STRAWBERRIES WATER	TURKEY ROLLUP SOFT TORTILLA WATER	OYSTER CRACKERS SPLIT PEA SOUP WATER
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
LUNCH Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk TWO COMPONENTS	<u>GONGERS BUILD YOUR OWN</u> <u>TACO w/ RECIPE</u> LENTILS SOFT FLOUR TORTILLA WATERMELON SHAPES SHREDDED LETTUCE *MILK	FISH STICKS HAWAIIAN ROLL HONEY DEW MELON SWEET POTATO FRIES *MILK	HOT HAM & CHEESE BAGEL KIWI TOSSED SALAD * MILK	VEGAN CHILI W/ RED BEANS FRENCH BREAD FRUIT SALAD ROASTED SQUASH *MILK	EXTRA CHEDDAR CHEESE WHOLE WHEAT TOAST BLUEBERRIES TOMATO BISQUE SOUP *MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
PM SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk TWO COMPONENTS	SALTINE CRACKERS BROCCOLI FLORETS W/ RANCH DIP (OPTIONAL) WATER	YOGURT PARFAIT CRUSHED GRAHAM CRACKERS LOWFAT YOGURT RASPBERRIES WATER	FRUIT PIZZA w/CREAM CHEESE FLAT BREAD BLUEBERRIES WATER	WHOLE GRAIN CHIPS HONEYDEW MELON WATER	PRETZELS GRAPES (CUT APPROP.) WATER
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
DINNER Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	GROUND BEEF BROWN RICE STRAWBERRY SLICES MIXED VEGETABLES *MILK	SLICED TURKEY SUB SUB ROLL CANTALOUPE SLICED ENGLISH CUCUMBERS * MILK	PORK LOIN W/GRAVY BREAD STICKS FRUIT COCKAIL MASHED POTATOES * MILK	BEEF SLOPPY JOE HAMBURGER BUN FRENCH FRIES BAKED BEANS *MILK	ASIAN CHICKEN BROWN RICE PAPAYA GARLIC BROCCOLI * MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
EVENING SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk TWO COMPONENTS	SESAME STICKS PEARS WATER	CROISSANT MIXED FRUIT WATER	TRISCUIT CRACKERS 100% APPLE JUICE	CORN FLAKES BANANAS WATER	ANIMAL CRACKERS (HM)STRAWBERRY SMOOTHIE WATER
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
	<p>* One year olds are served White Whole Milk. Two years old and older are served white 1% or Fat Free Milk. Milk substitutes must have a medical statement.</p> <p>The Menu only denotes the grain component served for each day. Center is required to indicate which meal a whole grain was served.</p>				

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	Monday 4/14/25	Tuesday 4/15/25	Wednesday 4/16/25	Thursday 4/17/25	Friday 4/18/25
BREAKFAST Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	WAFFLE WARMED BLUEBERRY COMPOTE *MILK <input type="checkbox"/> Whole Grain	FRENCH TOAST HASHBROWNS *MILK <input type="checkbox"/> Whole Grain	NATIONAL BANANA DAY MINI PANCAKES GRILLED BANANAS *MILK <input type="checkbox"/> Whole Grain	CHICKEN BISCUIT PINEAPPLE *MILK <input type="checkbox"/> Whole Grain	KIX CEREAL MANGO STRIPS *MILK <input type="checkbox"/> Whole Grain
AM SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk TWO COMPONENTS	ENGLISH MUFFIN DICED PLUMS WATER <input type="checkbox"/> Whole Grain	OATMEAL RASPBERRIES WATER <input type="checkbox"/> Whole Grain	GRITS PEACHES WATER <input type="checkbox"/> Whole Grain	CLUB CRACKERS CHICKEN NOODLE SOUP WATER <input type="checkbox"/> Whole Grain	MUFFIN BLUEBERRIES WATER <input type="checkbox"/> Whole Grain
LUNCH Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	LETTUCE TACO WRAP GROUND CHICKEN BROWN RICE PEACHES ZESTY CORN *MILK <input type="checkbox"/> Whole Grain	JULIAS BEEFY MACARONI RECIPE LINK GROUND BEEF MACARONI PASTA STRAWBERRIES TOSSED SALAD *MILK <input type="checkbox"/> Whole Grain	DAY OF THE MUSHROOM MUSHROOM CHEESE PIZZA RECIPE PIZZA CRUST FRUIT COCKTAIL MUSHROOMS * MILK <input type="checkbox"/> Whole Grain	CHICKEN STRIPS WHOLE WHEAT ROLL SLICED STRAWBERRIES LIMA BEANS *MILK <input type="checkbox"/> Whole Grain	BREAKFAST FOR LUNCH TURKEY SAUSAGE FRENCH TOAST SLICED KIWI BAKED TATER TOTS *MILK <input type="checkbox"/> Whole Grain
PM SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk TWO COMPONENTS	HAM & CHEESE PINWHEELS SOFT TORTILLA WATER <input type="checkbox"/> Whole Grain	GRAHAM CRACKERS APRICOT SLICES WATER <input type="checkbox"/> Whole Grain	WHEAT CRACKERS VEGETABLE SOUP WATER <input type="checkbox"/> Whole Grain	ANIMAL CRACKERS BIRTHDAY ANIMAL CRACKERS KIWI SLICES WATER <input type="checkbox"/> Whole Grain	PRETZELS YOGURT DIP WATER <input type="checkbox"/> Whole Grain
DINNER Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	SAVORY TUNA FISH WHEAT BREAD HONEYDEW MELON CARROT STICKS *MILK <input type="checkbox"/> Whole Grain	CHICKEN NUGGETS ROLLS DICED PEARS ROASTED ZUCCHINI * MILK <input type="checkbox"/> Whole Grain	HAM PASTA SALAD CURED HAM ROTINI PASTA PINEAPPLE BAKED YELLOW SQUASH * MILK <input type="checkbox"/> Whole Grain	TERIYAKI SHRIMP FRIED RICE ORANGE SLICES STIR FRY VEGETABLES *MILK <input type="checkbox"/> Whole Grain	MINI PORK SLIDERS MINI BUNS PARMESEAN FRENCH FRIES ROASTED CABBAGE * MILK <input type="checkbox"/> Whole Grain
EVENING SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk TWO COMPONENTS	GRAHAM CRACKERS CANTALOUPE WATER <input type="checkbox"/> Whole Grain	TRISCUIT CRACKERS BOILED EGG HALVES WATER <input type="checkbox"/> Whole Grain	FRUIT & CHEESE KABOBS CHEDDAR CHEESE CUBES STRAWBERRIES WATER <input type="checkbox"/> Whole Grain	PEANUT/SOY/WOW BUTTER GREEN APPLE SLICES WATER <input type="checkbox"/> Whole Grain	SALTINE CRACKERS CHEDDAR CHEESE CUBES WATER <input type="checkbox"/> Whole Grain
	* One year olds are served White Whole Milk. Two years old and older are served white 1% or Fat Free Milk. Milk substitutes must have a medical statement. The Menu only denotes the grain component served for each day. Center is required to indicate which meal a whole grain was served.				

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	Monday 4/21/25	Tuesday 4/22/25	Wednesday 4/23/25	Thursday 4/24/25	Friday 4/25/25
BREAKFAST Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	SAUSAGE AND CHEESE BISCUIT MANDARIN ORANGES *MILK <input type="checkbox"/> Whole Grain	SCRAMBLED EGGS RASPBERRIES *MILK <input type="checkbox"/> Whole Grain	WAFFLES KIWI SLICES *MILK <input type="checkbox"/> Whole Grain	CROISSANTS APRICOTS *MILK <input type="checkbox"/> Whole Grain	NATIONAL ZUCCHINI BREAD DAY HM ZUCCHINI BREAD STRAWBERRY *MILK <input type="checkbox"/>
AM SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk TWO COMPONENTS	CHEESE TOAST WATERMELON SHAPES WATER <input type="checkbox"/> Whole Grain	FRUIT PIZZA W/CREAM CHEESE MINI BAGEL PEARS & BLUEBERRIES WATER <input type="checkbox"/> Whole Grain	CREAM OF WHEAT HONEYDEW MELON WATER <input type="checkbox"/> Whole Grain	PRETZEL STICKS CELERY STICKS WATER <input type="checkbox"/> Whole Grain	BAGEL PLUMS WATER <input type="checkbox"/> Whole Grain
LUNCH Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	CHILI MAC W/GROUND TURKEY ELBOW PASTA DICED PEARS GREEN BEANS *MILK <input type="checkbox"/> Whole Grain	GUACAMOLE CHICKEN WRAP SOFT TORTILLA MANGO CHUNKS MINI CORN ON THE COB *MILK <input type="checkbox"/> Whole Grain	SAVORY TUNA SANDWICH FRENCH BREAD APPLESAUCE SWEET PEAS * MILK <input type="checkbox"/> Whole Grain	ROASTED HAM SLIDERS HAWAIIAN ROLL PINEAPPLE CHUNKS TOSSED SALAD *MILK <input type="checkbox"/> Whole Grain	BLACK BEAN & VEGGIE QUESADILLA BLACK BEANS SOFT TORTILLA FRUIT COCKTAIL SWEET PEPPER STRIPS *MILK <input type="checkbox"/> Whole Grain
PM SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk TWO COMPONENTS	SUGAR SNAP PEAS APPLESAUCE WATER <input type="checkbox"/> Whole Grain	RICE CAKE CANTALOUPE WATER <input type="checkbox"/> Whole Grain	SUNCHIPS PEACHES WATER <input type="checkbox"/> Whole Grain	SAVORY WAFFLE-WICH TURKEY & CHEESE WAFFLE WATER <input type="checkbox"/> Whole Grain	FRUIT KABOB LOWFAT YOGURT KIWI & BLACKBERRIES WATER <input type="checkbox"/> Whole Grain
DINNER Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	TURKEY MEATBALLS SUB ROLL MASHED POTATOES MIXED VEGETABLES *MILK <input type="checkbox"/> Whole Grain	FISH STICKS HUSH PUPPIES PEARS SWEET POTATO FRIES * MILK <input type="checkbox"/> Whole Grain	SPINACH SALAD BAKED CHICKEN STRIPS BREAD STICKS APRICOT HALVES LENTIL SOUP * MILK <input type="checkbox"/> Whole Grain	CHEESY-CHEESEBURGER HAMBURGER BUN PAPAYA BAKED BEANS *MILK <input type="checkbox"/> Whole Grain	CHICKEN ALFREDO PENNE PASTA ORANGE SLICES BROCCOLI * MILK <input type="checkbox"/> Whole Grain
EVENING SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk TWO COMPONENTS	FISH SWIMMING IN SOUP GOLDFISH ROASTED TOMATO BISQUE SOUP WATER <input type="checkbox"/> Whole Grain	GRAHAM CRACKERS PEACH WEDGES WATER <input type="checkbox"/> Whole Grain	RITZ CRACKERS 100% GRAPE JUICE WATER <input type="checkbox"/> Whole Grain	STRAWBERRY & CHICKEN SALAD WRAP GRILLED CHICKEN SOFT TORTILLA STRAWBERRIES WATER <input type="checkbox"/> Whole Grain	SESAME STICKS CINNAMON APPLESauce WATER <input type="checkbox"/> Whole Grain
	* One year olds are served White Whole Milk. Two years old and older are served white 1% or Fat Free Milk. Milk substitutes must have a medical statement. The Menu only denotes the grain component served for each day. Center is required to indicate which meal a whole grain was served.				

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	Monday 4/28/25	Tuesday 4/29/25	Wednesday 4/30/25		
BREAKFAST Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	MULTI GRAIN CHEERIOS 100% ORANGE JUICE *MILK	FRENCH TOAST BANANA *MILK	WAFFLES BLACKBERRIES *MILK		
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/>	
AM SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	RICE CAKES RASPBERRIES WATER	CREAM OF WHEAT APRICOTS WATER	ENGLISH MUFFIN PEACHES HALVES WATER		
TWO COMPONENTS	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/>	
LUNCH Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	HAM & CHEESE-WHICH CROISSANTS PEARS TOSSED SALAD *MILK	NATIONAL SHRIMP SCAMPI DAY SAVORY SHRIMP SPAGHETTI PASTA STRAWBERRIES SWEET PEAS *MILK	SAVORY TUNA SALAD CROISSANT APPLE SLICES SLICED CUCUMBERS * MILK		
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/>	
PM SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	SUNCHIPS PLUM SLICES WATER	CHEX CEREAL 100% APPLE JUICE	MULTIGRAIN CRACKERS BANANA & BLUEBERRY SMOOTHIE WATER		
TWO COMPONENTS	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/>	
DINNER Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	BLACK BEAN BURGER WHOLE WHEAT BURGER BUN HONEY GLAZED CARROTS FRENCH FRIES * MILK	HOMEMADE MAC AND CHEESE ELBOW NOODLES FRUIT SALAD GARLIC GREEN BEANS *MILK	OVEN ROASTED TURKEY MINI ROLL WATERMELON STEAMED ZUCCHINI * MILK	<input type="checkbox"/>	
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/>	
EVENING SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	ANIMAL CRACKERS CRUSHED PINEAPPLE WATER	RICE CAKES CANTALOUPE WATER	CHEEZ-IT FRUIT COCKTAIL WATER		
TWO COMPONENTS	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	<p>* One year olds are served White Whole Milk. Two years old and older are served white 1% or Fat Free Milk. Milk substitutes must have a medical statement.</p> <p>The Menu only denotes the grain component served for each day. Center is required to indicate which meal a whole grain was served.</p>				