

		Tuesday 4/1/25	Wednesday 4/2/25	Thursday 4/3/25	Friday 4/4/25
BREAKFAST					
BIRTH - 5 MONTHS: 4-6 Fluid ounces		FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
breastmilk/formula		TORMODA / DREAGT MIDE	TORMOLA T BREAD! MILER	TORMOLA / BREAST MILER	TORMOLA / BREAST MILK
6 - 11 MONTHS: 6-8 Fluid ounces		FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
breastmilk/formula 6 - 11 MONTHS: 0-4 tablespoons					
infant cereal, meat, fish, poultry,					
whole egg, cooked dry beans or			MULTI GRAIN CEREAL	RICE CEREAL	OATMEAL CEREAL
cooked dry peas; or 2 ounces of					
cheese; or 0-4 ounces (volume)		MIXED CEREAL			
cottage cheese; or 0-4 ounces or 1/2					
cup yogurt; or a combination of the					
above; and					
6 - 11 MONTHS: 0-2 tablespoons					
vegetable or fruit or a combination of		APPLES	HASHBROWNS	RASPBERRIES	ORANGES
both					
LUNCH					
BIRTH - 5 MONTHS: 4-6 Fluid ounces		FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces					
		FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
breastmilk/formula					
infant cereal, meat, fish, poultry,				MIXED CEREAL	RICE CEREAL
whole egg, cooked dry beans or					
cooked dry peas; or 2 ounces of		MULTI GRAIN CEREAL	WHOLE WHEAT CEREAL		
cheese; or 0-4 ounces (volume)					
cottage cheese; or 0-4 ounces or 1/2					
cup yogurt; or a combination of the					
6 - 11 MONTHS: 0-2 tablespoons					
vegetable or fruit or a combination of		SWEET POTATO FRIES	TOMATOE BISQUE SOUP	BROCCOLI	ZESTY CORN
both					
PM SNACK BIRTH - 5 MONTHS: 4-6 Fluid ounces			1	1	1
breastmilk/formula		FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 6-8 Fluid ounces					
breastmilk/formula		FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
					MIXED CEREAL
infant cereal, meat, fish, poultry,					
whole egg, cooked dry beans or cooked dry peas; or 2 ounces of		RICE CEREAL	OATMEAL CEREAL/GRAHAM		
cheese; or 0-4 ounces (volume)			CRACKERS	WHOLE WHEAT CEREAL N	
cottage cheese; or 0-4 ounces or 1/2			- CANCACAO		
cup yogurt; or a combination of the					
1					
6 - 11 MONTHS: 0-2 tablespoons					
vegetable or fruit or a combination of		RASPBERRIES	kiwi	APPLESAUCE	ROASTED CARROT FRIES
both				1	



	Monday 4/7/25	Tuesday 4/8/25	Wednesday 4/9/25	Thursday 4/10/25	Friday 4/11/2/25
BREAKFAST					
BIRTH - 5 MONTHS: 4-6 Fluid ounces	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 0-4 tablespoons					
infant cereal, meat, fish, poultry,					
whole egg, cooked dry beans or					
cooked dry peas; or 2 ounces of cheese; or 0-4 ounces (volume)	WHOLE WHEAT CEREAL	BARLEY CEREAL	MULTI GRAIN CEREAL	RICE CEREAL	MIXED CEREAL
cottage cheese; or 0-4 ounces or 1/2					
cup yogurt; or a combination of the					
above; and					
6 - 11 MONTHS: 0-2 tablespoons	N	DE 4 01 15 0	GTA IN LANGE AND ADDITION OF THE STATE OF TH	ADDITACITA	00.41656
vegetable or fruit or a combination of both	PLUMS	PEACHES	CINNAMON APPLESAUCE	APRICOTS	ORANGES
LUNCH				•	
BIRTH - 5 MONTHS: 4-6 Fluid ounces	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula 0 - 11 MOINTHS: 0-4 Tablespoons	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
infant cereal, meat, fish, poultry,					
whole egg, cooked dry beans or					
cooked dry peas; or 2 ounces of	2.21.51.4525.11				
cheese; or 0-4 ounces (volume)	BARLEY CEREAL	WHOLE WHEAT CEREAL	OATMEAL CEREAL	MIXED CEREAL	MULTI GRAIN CEREAL
cottage cheese; or 0-4 ounces or 1/2					
cup yogurt; or a combination of the					
6 - 11 MONTHS: 0-2 tablespoons					
vegetable or fruit or a combination of	PEAS & CARROTS	SWEET POTATO FRIES	CARROT	ROASTED SQUASH	TOMATO BISQUE SOUP
PM SNACK					
BIRTH - 5 MONTHS: 4-6 Fluid ounces					
breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 6-8 Fluid ounces	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
breastmilk/formula 0 - 11 MONTHS: U-4 Tablespoons					
infant cereal, meat, fish, poultry,					
whole egg, cooked dry beans or					
cooked dry peas; or 2 ounces of cheese; or 0-4 ounces (volume)	MIXED CEREAL	RICE CEREAL	WHOLE WHEAT CEREAL	BARLEY CEREAL	WHOLE WHEAT CEREAL
cottage cheese; or 0-4 ounces or 1/2					
cup yogurt; or a combination of the					
6 - 11 MONTHS: 0-2 tablespoons		_	_		<u> </u>
vegetable or fruit or a combination of	BROCCOLI	RASPBERRIES	BLUEBERRIES	HONEYDEW MELON	APPLESAUCE
both					



	Monday 4/14/25	Tuesday 4/15/25	Wednesday 4/16/25	Thursday 4/17/25	Friday 4/18/25
BREAKFAST					
BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula	FORMULA / BREAST MILK				
6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula 0 - 11 MONTHS: 0-4 Tablespoons	FORMULA / BREAST MILK				
infant cereal, meat, fish, poultry, whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces or 1/2 cup yogurt; or a combination of the	WHOLE WHEAT	MULTI GRAIN CEREAL	OATMEAL CEREAL	MIXED CEREAL	RICE CEREAL
6 - 11 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of both	BLUEBERRIES	HASHBROWNS	BANANA	PINEAPPLE	MANGO
LUNCH					
BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula	FORMULA / BREAST MILK				
6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula 0 - 11 MONTHS: 0-4 Tablespoons	FORMULA / BREAST MILK				
infant cereal, meat, fish, poultry, whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces or 1/2 cup yogurt; or a combination of the	MIXED CEREAL	OATMEAL CEREAL	MULTI GRAIN CEREAL	RICE CEREAL	WHOLE WHEAT CEREAL
6 - 11 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of both	CORN	GREEN BEANS	MUSHROOMS	LIMA BEANS	TATER TOTS
PM SNACK					
BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula	FORMULA / BREAST MILK				
6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula 0 - 11 MONTHS: 0-4 Tablespoons	FORMULA / BREAST MILK				
infant cereal, meat, fish, poultry, whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces or 1/2 cup yogurt; or a combination of the	RICE CEREAL	WHOLE WHEAT CEREAL	MIXED CEREAL	OATMEAL CEREAL	BARLEY CEREAL
6 - 11 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of both	CINNAMON APPLESAUCE	APRICOTS	VEGETABLE SOUP	KIWI	PEARS



	Monday 4/21/25	Tuesday 4/22/25	Wednesday 4/23/25	Thursday 4/24/25	Friday 4/25/25
BREAKFAST					
BIRTH - 5 MONTHS: 4-6 Fluid ounces	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces	, crimost, sterio, missi	Total Control of the	i chimoshi y shenor mesh	- Chimodry Brighter Made	- Chimodry Bright Hills
breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 0-4 tablespoons					
infant cereal, meat, fish, poultry, whole					
egg, cooked dry beans or cooked dry					
, ,	OATMEAL CEREAL	MIXED CEREAL	BARLEY CEREAL	WHOLE WHEAT CEREAL	BARLEY CEREAL
ounces (volume) cottage cheese; or 0-4	ON THICK OUNCED	MEXES SEREND	DARGE / GENERAL	WHOLE WHEAT CEREAL	DARDET GEREAL
ounces or 1/2 cup yogurt; or a					
combination of the above; and					
6 - 11 MONTHS: 0-2 tablespoons					
•	MANDARIN ORANGES	MIXED BERRIES	KIWI	APRICOTS	STRAWBERRIES
both					
LUNCH					
BIRTH - 5 MONTHS: 4-6 Fluid ounces	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
breastmilk/tormula	TORMODA 7 DREAGT MEER	TORMOLA T BREAD! MILK	TORMODA / DREADT MILE	TORMOLA / DREAGT MILK	TORMOLA / DREAGT MILER
6 - 11 MONTHS: 6-8 Fluid ounces	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
breastmilk/formula					
6 - 11 MONTHS: 0-4 tablespoons					
infant cereal, meat, fish, poultry, whole					
egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0-4	DIAE AEDE A	0.401.57.4505.41	0.474541.450541	MENER GERE II	MULTI CD 4TN 650541
	RICE CEREAL	BARLEY CEREAL	OATMEAL CEREAL	MIXED CEREAL	MULTI GRAIN CEREAL
ounces (volume) cottage cheese; or 0-4 ounces or 1/2 cup yogurt; or a					
combination of the above; and					
6 - 11 MONTHS: 0-2 tablespoons					
·	GREEN BEANS	CORN	SWEET PEAS	CARROTS	PEAS & CARROTS
both	BREEN BEAINS	CORIN	SWEET FEAS	CARROTS	PLAS & CARROTS
PM SNACK		l .	ı	I	
BIRTH - 5 MONTHS: 4-6 Fluid ounces					
breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 6-8 Fluid ounces	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
breastmilk/formula	ORMOLA / DREAD! MILK	I ORMOLA / BREAST MILK	I ORMOLA / DREAD! MILK	I OUMODA / BREAST MILK	I ONNOLA / BREAST MILK
6 - 11 MONTHS: 0-4 tablespoons					
infant cereal, meat, fish, poultry, whole					
egg, cooked dry beans or cooked dry					
	BARLEY CEREAL	WHOLE WHEAT CEREAL	RICE CEREAL	MULTI GRAIN CEREAL	MIXED CEREAL
ounces (volume) cottage cheese; or 0-4					
ounces or 1/2 cup yogurt; or a					
combination of the above; and					
6 - 11 MONTHS: 0-2 tablespoons					
	APPLESAUCE	CANTALOUPE	PEACHES	PEARS	KIWI & BLACKBERRIES
both					



	Monday 4/28/25	Tuesday 4/29/25	Wedesday 4/30/25	
BREAKFAST				
BIRTH - 5 MONTHS: 4-6 Fluid ounces	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	
breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces	I STANGER & STANGER WILLIAM	, cramour, brazilo i mazil	The state of the s	
	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	
breastmilk/formula 0 - 11 MONTHS: 0-4 Tablespoons				
infant cereal, meat, fish, poultry,				
whole egg, cooked dry beans or				
cooked dry peas; or 2 ounces of cheese; or 0-4 ounces (volume)	WHOLE WHEAT CEREAL	MIXED CEREAL	WHOLE WHEAT CEREAL	
cottage cheese; or 0-4 ounces or 1/2				
cup yogurt; or a combination of the				
1				
6 - 11 MONTHS: 0-2 tablespoons	00.411050	241414	DI A GUDEDDEEC	
vegetable or fruit or a combination of both	URANGES	BANANA	BLACKBERRIES	
LUNCH			I	
BIRTH - 5 MONTHS: 4-6 Fluid ounces				
breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	
6 - 11 MONTHS: 6-8 Fluid ounces	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	
breastmilk/formula o - 11 MOINTHS: 0-4 Tablespoons	TORMODA / DREAST MIZER	TORMODA / BREAST MIZER	TORMODA / BREAST MIER	
infant cereal, meat, fish, poultry,				
whole egg, cooked dry beans or				
cooked dry peas; or 2 ounces of	BARLEY CEREAL	MULTI GRAIN CEREAL	BARLEY CEREAL	
cheese; or 0-4 ounces (volume)	DARLET CEREAL	MODIT GRAIN CEREAL	BARDET GEREAL	
cottage cheese; or 0-4 ounces or 1/2				
cup yogurt; or a combination of the				
6 - 11 MONTHS: 0-2 tablespoons				
vegetable or fruit or a combination of	CARROTS	SWEET PEAS	GREEN BEANS	
both				
PM SNACK BIRTH - 5 MONTHS: 4-6 Fluid ounces			T	
BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	
6 - 11 MONTHS: 6-8 Fluid ounces	FORMULA / DDF A CT AATUK	FORMULA / BREACT MILK	FORMULA / BREAGE MELK	
breastmilk/formula 0 - 11 MONTHS: 0-4 Tablespoons	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	
infant cereal, meat, fish, poultry,				
whole egg, cooked dry beans or				
cooked dry peas; or 2 ounces of				
cheese; or 0-4 ounces (volume)	MIXED CEREAL	RICE CEREAL	MIXED CEREAL	
cottage cheese; or 0-4 ounces or 1/2				
cup yogurt; or a combination of the				
6 - 11 MONTHS: 0-2 tablespoons				
vegetable or fruit or a combination of	PLUMS	APPLESAUCE	BANANA & BLUEBERRY	
both				