

Harvest of the month: April 2025 Legumes, Peas, Lentils



		Tuesday 4/1/25	Wednesday 4/2/25	Thursday 4/3/25	Friday 4/4/25
BREAKFAST Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk		CHERRIOS APPLES *MILK	TURKEY SAUSAGE ENGLISH MUFFIN HASHBROWNS *MILK	MINI BAGEL RASPBERRIES *MILK	ENRICHED OATMEAL ORANGES *MILK
		<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
LUNCH Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk		CHICKEN FILET SANDWICH Brioche Bun BLUEBERRIES SWEET POTATO FRIES *MILK	NATIONAL PEANUT BUTTER & JELLY DAY PEANUT/WOW/SUN BUTTER WHOLE WHEAT BREAD BLUEBERRIES TOMATO BISQUE SOUP * MILK	CHICKEN SALAD PITA POCKETS PINEAPPLE TIDBITS BROCCOLI COLESLAW *MILK	GROUND BEEF NACHO SALAD NACHO CHIPS PINTO BEANS ZESTY CORN ON THE COB *MILK
		<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
PM SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk		GRAHAM CRACKERS RASPBERRIES WATER	GRAHAM CRACKERS KIWI SLICES WATER	MUFFINS 100% GRAPE JUICE	INTERNATIONAL CARROT DAY COTTAGE CHEESE ROASTED CARROT FRIES WATER
		<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
TWO COMPONENTS					
* One year olds are served Unflavored Whole Milk. Two years old and older are served unflavored 1% or Fat Free Milk. Milk substitutes must have a medical statement. The Menu only denotes the grain component served for each day. Center is <i>required</i> to indicate which meal a whole grain was served.					

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	Monday 4/7/25	Tuesday 4/8/25	Wednesday 4/9/25	Thursday 4/10/25	Friday 4/11/25
BREAKFAST Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	WAFFLE STICKS PLUMS *MILK <input type="checkbox"/> Whole Grain	MAPLE OATMEAL PEACHES *MILK <input type="checkbox"/> Whole Grain	CHEESE TOAST CINNAMON APPLESAUCE *MILK <input type="checkbox"/> Whole Grain	TURKEY LINKS TATER TOTS *MILK <input type="checkbox"/> Whole Grain	SWEET POTATO PANCAKES ORANGE SMILES *MILK <input type="checkbox"/> Whole Grain
LUNCH Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	<u>GONGERS BUILD YOUR OWN</u> <u>TACO w/ RECIPE</u> LENTILS SOFT FLOUR TORTILLA WATERMELON SHAPES SHREDDED LETTUCE *MILK <input type="checkbox"/> Whole Grain	FISH STICKS HAWAIIAN ROLL HONEY DEW MELON SWEET POTATO FRIES *MILK <input type="checkbox"/> Whole Grain	HOT HAM & CHEESE BAGEL KIWI TOSSED SALAD * MILK <input type="checkbox"/> Whole Grain	VEGAN CHILI W/ RED BEANS FRENCH BREAD FRUIT SALAD ROASTED SQUASH *MILK <input type="checkbox"/> Whole Grain	EXTRA CHEDDAR CHEESE WHOLE WHEAT TOAST BLUEBERRIES TOMATO BISQUE SOUP *MILK <input type="checkbox"/> Whole Grain
PM SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	SALTINE CRACKERS BROCCOLI FLORETS W/ RANCH DIP (OPTIONAL) WATER <input type="checkbox"/> Whole Grain	YOGURT PARFAIT CRUSHED GRAHAM CRACKERS LOWFAT YOGURT RASPBERRIES WATER <input type="checkbox"/> Whole Grain	FRUIT PIZZA w/CREAM CHEESE FLAT BREAD BLUEBERRIES WATER <input type="checkbox"/> Whole Grain	WHOLE GRAIN CHIPS HONEYDEW MELON WATER <input type="checkbox"/> Whole Grain	PRETZELS GRAPES (CUT APPROP.) WATER <input type="checkbox"/> Whole Grain
TWO COMPONENTS	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
	<p>* One year olds are served White Whole Milk. Two years old and older are served white 1% or Fat Free Milk. Milk substitutes must have a medical statement.</p> <p>The Menu only denotes the grain component served for each day. Center is required to indicate which meal a whole grain was served.</p>				

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	Monday 4/14/25	Tuesday 4/15/25	Wednesday 4/16/25	Thursday 4/17/25	Friday 4/18/25
BREAKFAST Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	WAFFLE WARMED BLUEBERRY COMPOTE *MILK <input type="checkbox"/> Whole Grain	FRENCH TOAST HASHBROWNS *MILK <input type="checkbox"/> Whole Grain	NATIONAL BANANA DAY MINI PANCAKES GRILLED BANANAS *MILK <input type="checkbox"/> Whole Grain	CHICKEN BISCUIT PINEAPPLE *MILK <input type="checkbox"/> Whole Grain	KIX CEREAL MANGO STRIPS *MILK <input type="checkbox"/> Whole Grain
LUNCH Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	LETTUCE TACO WRAP GROUND CHICKEN BROWN RICE PEACHES ZESTY CORN *MILK <input type="checkbox"/> Whole Grain	<u>JULIAS BEEFY MACARONI</u> RECIPE LINK GROUND BEEF MACARONI PASTA STRAWBERRIES TOSSED SALAD *MILK <input type="checkbox"/> Whole Grain	DAY OF THE MUSHROOM <u>MUSHROOM CHEESE PIZZA RECIPE</u> PIZZA CRUST FRUIT COCKTAIL MUSHROOMS * MILK <input type="checkbox"/> Whole Grain	CHICKEN STRIPS WHOLE WHEAT ROLL SLICED STRAWBERRIES LIMA BEANS *MILK <input type="checkbox"/> Whole Grain	BREAKFAST FOR LUNCH TURKEY SAUSAGE FRENCH TOAST SLICED KIWI BAKED TATER TOTS *MILK <input type="checkbox"/> Whole Grain
PM SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	HAM & CHEESE PINWHEELS SOFT TORTILLA WATER	GRAHAM CRACKERS APRICOT SLICES WATER	WHEAT CRACKERS VEGETABLE SOUP WATER	ANIMAL CRACKERS BIRTHDAY ANIMAL CRACKERS KIWI SLICES WATER	PRETZELS YOGURT DIP WATER
TWO COMPONENTS	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
	<p>* One year olds are served White Whole Milk. Two years old and older are served white 1% or Fat Free Milk. Milk substitutes must have a medical statement.</p> <p>The Menu only denotes the grain component served for each day. Center is required to indicate which meal a whole grain was served.</p>				

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	Monday 4/21/25	Tuesday 4/22/25	Wednesday 4/23/25	Thursday 4/24/25	Friday 4/25/25
BREAKFAST Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	SAUSAGE AND CHEESE BISCUIT MANDARIN ORANGES *MILK <input type="checkbox"/> Whole Grain	SCRAMBLED EGGS RASPBERRIES *MILK <input type="checkbox"/> Whole Grain	WAFFLES KIWI SLICES *MILK <input type="checkbox"/> Whole Grain	CROISSANTS APRICOTS *MILK <input type="checkbox"/> Whole Grain	NATIONAL ZUCCHINI BREAD DAY HM ZUCCHINI BREAD STRAWBERRY *MILK <input type="checkbox"/>
LUNCH Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	CHILI MAC W/GROUND TURKEY ELBOW PASTA DICED PEARS GREEN BEANS *MILK <input type="checkbox"/> Whole Grain	GUACAMOLE CHICKEN WRAP SOFT TORTILLA MANGO CHUNKS MINI CORN ON THE COB *MILK <input type="checkbox"/> Whole Grain	SAVORY TUNA SANDWICH FRENCH BREAD APPLESAUCE SWEET PEAS * MILK <input type="checkbox"/> Whole Grain	ROASTED HAM SLIDERS HAWAIIAN ROLL PINEAPPLE CHUNKS TOSSED SALAD *MILK <input type="checkbox"/> Whole Grain	BLACK BEAN & VEGGIE QUESADILLA BLACK BEANS SOFT TORTILLA FRUIT COCKTAIL SWEET PEPPER STRIPS *MILK <input type="checkbox"/> Whole Grain
PM SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	SUGAR SNAP PEAS APPLESAUCE WATER <input type="checkbox"/> Whole Grain	RICE CAKE CANTALOUPE WATER <input type="checkbox"/> Whole Grain	SUNCHIPS PEACHES WATER <input type="checkbox"/> Whole Grain	SAVORY WAFFLE-WICH TURKEY & CHEESE WAFFLE WATER <input type="checkbox"/> Whole Grain	FRUIT KABOB LOWFAT YOGURT KIWI & BLACKBERRIES WATER <input type="checkbox"/> Whole Grain
TWO COMPONENTS	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
<p>* One year olds are served White Whole Milk. Two years old and older are served white 1% or Fat Free Milk. Milk substitutes must have a medical statement. The</p> <p>Menu only denotes the grain component served for each day. Center is required to indicate which meal a whole grain was served.</p>					

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	Monday 4/28/25	Tuesday 4/29/25	Wednesday 4/30/25		
BREAKFAST Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	MULTI GRAIN CHEERIOS 100% ORANGE JUICE *MILK	FRENCH TOAST BANANA *MILK	WAFFLES BLACKBERRIES *MILK		
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/>	
LUNCH Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	HAM & CHEESE-WHICH CROISSANTS PEARS TOSSED SALAD *MILK	NATIONAL SHRIMP SCAMPI DAY SAVORY SHRIMP SPAGHETTI PASTA STRAWBERRIES SWEET PEAS *MILK	SAVORY TUNA SALAD CROISSANT APPLE SLICES SLICED CUCUMBERS * MILK		
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/>	
PM SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	SUNCHIPS PLUM SLICES WATER	CHEX CEREAL 100% APPLE JUICE	MULTIGRAIN CRACKERS BANANA & BLUEBERRY SMOOTHIE WATER		
TWO COMPONENTS	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/>	
	<p>* One year olds are served White Whole Milk. Two years old and older are served white 1% or Fat Free Milk. Milk substitutes must have a medical statement.</p> <p>The Menu only denotes the grain component served for each day. Center is required to indicate which meal a whole grain was served.</p>				