

# Harvest of the month: April 2025 Legumes, Peas, Lentils



		Tuesday 4/1/25	Wednesday 4/2/25	Thursday 4/3/25	Friday 4/4/25
<b>BREAKFAST</b> Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk		CHERRIOS APPLES *MILK	TURKEY SAUSAGE ENGLISH MUFFIN HASHBROWNS *MILK	MINI BAGEL RASPBERRIES *MILK	ENRICHED OATMEAL ORANGES *MILK
		<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
<b>LUNCH</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk		CHICKEN FILET SANDWICH BRIOCHE BUN BLUEBERRIES SWEET POTATO FRIES *MILK	<b>NATIONAL PEANUT BUTTER &amp; JELLY DAY</b> PEANUT/WOW/SUN BUTTER WHOLE WHEAT BREAD BLUEBERRIES TOMATO BISQUE SOUP * MILK	CHICKEN SALAD PITA POCKETS PINEAPPLE TIDBITS BROCCOLI COLESLAW *MILK	GROUND BEEF NACHO SALAD NACHO CHIPS PINTO BEANS ZESTY CORN ON THE COB *MILK
		<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
<b>PM SNACK</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk <b>TWO COMPONENTS</b>		GRAHAM CRACKERS RASPBERRIES  WATER	GRAHAM CRACKERS KIWI SLICES  WATER	MUFFINS 100% GRAPE JUICE	<b>INTERNATIONAL CARROT DAY</b> COTTAGE CHEESE ROASTED CARROT FRIES  WATER
		<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
<b>DINNER</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk		BEEF MEATBALL SUB SUB ROLL MANGO STRIPS PEAS & CARROTS *MILK	BAKED FISH FILET HUSH PUPPIES MANGO CHUNKS SPINACH * MILK	<b>NATIONAL BURRITO DAY</b> GRILLED CHICKEN TORTILLA GROOVY GRAPES (CUT) FRESH PICO DE GALLO *MILK	SLICED TURKEY PANINI PITA BREAD PEACHES SWEET PEAS * MILK
		<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
	* One year olds are served Unflavored Whole Milk. Two years old and older are served unflavored 1% or Fat Free Milk. Milk substitutes must have a medical statement. The Menu only denotes the grain component served for each day. Center is <b>required</b> to indicate which meal a whole grain was served.				

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	Monday 4/7/25	Tuesday 4/8/25	Wednesday 4/9/25	Thursday 4/10/25	Friday 4/11/25
<b>BREAKFAST</b> Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	WAFFLE STICKS PLUMS *MILK  <input type="checkbox"/> Whole Grain	MAPLE OATMEAL PEACHES *MILK  <input type="checkbox"/> Whole Grain	CHEESE TOAST CINNAMON APPLESAUCE *MILK  <input type="checkbox"/> Whole Grain	TURKEY LINKS TATER TOTS *MILK  <input type="checkbox"/> Whole Grain	SWEET POTATO PANCAKES ORANGE SMILES *MILK  <input type="checkbox"/> Whole Grain
<b>LUNCH</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	<u>GONGERS BUILD YOUR OWN</u> <u>TACO w/ RECIPE</u> LENTILS SOFT FLOUR TORTILLA WATERMELON SHAPES SHREDDED LETTUCE *MILK  <input type="checkbox"/> Whole Grain	FISH STICKS HAWAIIAN ROLL HONEY DEW MELON SWEET POTATO FRIES *MILK  <input type="checkbox"/> Whole Grain	HOT HAM & CHEESE BAGEL KIWI TOSSED SALAD * MILK  <input type="checkbox"/> Whole Grain	VEGAN CHILI W/ RED BEANS FRENCH BREAD FRUIT SALAD ROASTED SQUASH *MILK  <input type="checkbox"/> Whole Grain	EXTRA CHEDDAR CHEESE WHOLE WHEAT TOAST BLUEBERRIES TOMATO BISQUE SOUP *MILK  <input type="checkbox"/> Whole Grain
<b>PM SNACK</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk <b>TWO COMPONENTS</b>	SALTINE CRACKERS BROCCOLI FLORETS W/ RANCH DIP (OPTIONAL) WATER  <input type="checkbox"/> Whole Grain	YOGURT PARFAIT CRUSHED GRAHAM CRACKERS LOWFAT YOGURT RASPBERRIES WATER  <input type="checkbox"/> Whole Grain	FRUIT PIZZA w/CREAM CHEESE FLAT BREAD BLUEBERRIES WATER  <input type="checkbox"/> Whole Grain	WHOLE GRAIN CHIPS HONEYDEW MELON  WATER  <input type="checkbox"/> Whole Grain	PRETZELS GRAPES (CUT APPROP.)  WATER  <input type="checkbox"/> Whole Grain
<b>DINNER</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	GROUND BEEF BROWN RICE STRAWBERRY SLICES MIXED VEGETABLES *MILK  <input type="checkbox"/> Whole Grain	SLICED TURKEY SUB SUB ROLL CANTALOUPE SLICED ENGLISH CUCUMBERS * MILK  <input type="checkbox"/> Whole Grain	PORK LOIN W/GRAVY BREAD STICKS FRUIT COCKAIL MASHED POTATOES * MILK  <input type="checkbox"/> Whole Grain	BEEF SLOPPY JOE HAMBURGER BUN FRENCH FRIES BAKED BEANS *MILK  <input type="checkbox"/> Whole Grain	ASIAN CHICKEN BROWN RICE PAPAYA GARLIC BROCCOLI * MILK  <input type="checkbox"/> Whole Grain
	* One year olds are served White Whole Milk. Two years old and older are served white 1% or Fat Free Milk. Milk substitutes must have a medical statement. The Menu only denotes the grain component served for each day. Center is <b>required</b> to indicate which meal a whole grain was served.				

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	Monday 4/14/25	Tuesday 4/15/25	Wednesday 4/16/25	Thursday 4/17/25	Friday 4/18/25
<b>BREAKFAST</b> Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	WAFFLE WARMED BLUEBERRY COMPOTE *MILK  <input type="checkbox"/> Whole Grain	FRENCH TOAST HASHBROWNS *MILK  <input type="checkbox"/> Whole Grain	NATIONAL BANANA DAY MINI PANCAKES GRILLED BANANAS *MILK  <input type="checkbox"/> Whole Grain	CHICKEN BISCUIT PINEAPPLE *MILK  <input type="checkbox"/> Whole Grain	KIX CEREAL MANGO STRIPS *MILK  <input type="checkbox"/> Whole Grain
<b>LUNCH</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	LETTUCE TACO WRAP GROUND CHICKEN BROWN RICE PEACHES ZESTY CORN *MILK  <input type="checkbox"/> Whole Grain	<u>JULIAS BEEFY MACARONI</u> RECIPE LINK GROUND BEEF MACARONI PASTA STRAWBERRIES TOSSED SALAD *MILK  <input type="checkbox"/> Whole Grain	DAY OF THE MUSHROOM <u>MUSHROOM CHEESE PIZZA RECIPE</u> PIZZA CRUST FRUIT COCKTAIL MUSHROOMS * MILK  <input type="checkbox"/> Whole Grain	CHICKEN STRIPS WHOLE WHEAT ROLL SLICED STRAWBERRIES LIMA BEANS *MILK  <input type="checkbox"/> Whole Grain	BREAKFAST FOR LUNCH TURKEY SAUSAGE FRENCH TOAST SLICED KIWI BAKED TATER TOTS *MILK  <input type="checkbox"/> Whole Grain
<b>PM SNACK</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk <b>TWO COMPONENTS</b>	HAM & CHEESE PINWHEELS SOFT TORTILLA  WATER  <input type="checkbox"/> Whole Grain	GRAHAM CRACKERS APRICOT SLICES  WATER  <input type="checkbox"/> Whole Grain	WHEAT CRACKERS VEGETABLE SOUP  WATER  <input type="checkbox"/> Whole Grain	ANIMAL CRACKERS BIRTHDAY ANIMAL CRACKERS KIWI SLICES  WATER  <input type="checkbox"/> Whole Grain	PRETZELS YOGURT DIP  WATER  <input type="checkbox"/> Whole Grain
<b>DINNER</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	SAVORY TUNA FISH WHEAT BREAD HONEYDEW MELON CARROT STICKS *MILK  <input type="checkbox"/> Whole Grain	CHICKEN NUGGETS ROLLS DICED PEARS ROASTED ZUCCHINI * MILK  <input type="checkbox"/> Whole Grain	HAM PASTA SALAD CURED HAM ROTINI PASTA PINEAPPLE BAKED YELLOW SQUASH * MILK  <input type="checkbox"/> Whole Grain	TERIYAKI SHRIMP FRIED RICE ORANGE SLICES STIR FRY VEGETABLES *MILK  <input type="checkbox"/> Whole Grain	MINI PORK SLIDERS MINI BUNS PARMESEAN FRENCH FRIES ROASTED CABBAGE * MILK  <input type="checkbox"/> Whole Grain
	* One year olds are served White Whole Milk. Two years old and older are served white 1% or Fat Free Milk. Milk substitutes must have a medical statement. The Menu only denotes the grain component served for each day. Center is <i>required</i> to indicate which meal a whole grain was served.				

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	Monday 4/21/25	Tuesday 4/22/25	Wednesday 4/23/25	Thursday 4/24/25	Friday 4/25/25
<b>BREAKFAST</b> Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	SAUSAGE AND CHEESE BISCUIT MANDARIN ORANGES *MILK  <input type="checkbox"/> Whole Grain	SCRAMBLED EGGS RASPBERRIES *MILK  <input type="checkbox"/> Whole Grain	WAFFLES KIWI SLICES *MILK  <input type="checkbox"/> Whole Grain	CROISSANTS APRICOTS *MILK  <input type="checkbox"/> Whole Grain	<b>NATIONAL ZUCCHINI BREAD DAY</b> HM ZUCCHINI BREAD STRAWBERRY *MILK  <input type="checkbox"/>
<b>LUNCH</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	CHILI MAC W/GROUND TURKEY ELBOW PASTA DICED PEARS GREEN BEANS *MILK  <input type="checkbox"/> Whole Grain	GUACAMOLE CHICKEN WRAP SOFT TORTILLA MANGO CHUNKS MINI CORN ON THE COB *MILK  <input type="checkbox"/> Whole Grain	SAVORY TUNA SANDWICH FRENCH BREAD APPLESAUCE SWEET PEAS * MILK  <input type="checkbox"/> Whole Grain	ROASTED HAM SLIDERS HAWAIIAN ROLL PINEAPPLE CHUNKS TOSSED SALAD *MILK  <input type="checkbox"/> Whole Grain	BLACK BEAN & VEGGIE QUESADILLA BLACK BEANS SOFT TORTILLA FRUIT COCKTAIL SWEET PEPPER STRIPS *MILK  <input type="checkbox"/> Whole Grain
<b>PM SNACK</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	SUGAR SNAP PEAS APPLESAUCE  WATER  <input type="checkbox"/> Whole Grain	RICE CAKE CANTALOUPE  WATER  <input type="checkbox"/> Whole Grain	SUNCHIPS PEACHES  WATER  <input type="checkbox"/> Whole Grain	SAVORY WAFFLE-WICH TURKEY & CHEESE WAFFLE  WATER  <input type="checkbox"/> Whole Grain	FRUIT KABOB LOWFAT YOGURT KIWI & BLACKBERRIES  WATER  <input type="checkbox"/> Whole Grain
<b>DINNER</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	TURKEY MEATBALLS SUB ROLL MASHED POTATOES MIXED VEGETABLES *MILK  <input type="checkbox"/> Whole Grain	FISH STICKS HUSH PUPPIES PEARS SWEET POTATO FRIES * MILK  <input type="checkbox"/> Whole Grain	SPINACH SALAD BAKED CHICKEN STRIPS BREAD STICKS APRICOT HALVES LENTIL SOUP * MILK  <input type="checkbox"/> Whole Grain	CHEESY-CHEESEBURGER HAMBURGER BUN PAPAYA BAKED BEANS *MILK  <input type="checkbox"/> Whole Grain	CHICKEN ALFREDO PENNE PASTA ORANGE SLICES BROCCOLI * MILK  <input type="checkbox"/> Whole Grain
	* One year olds are served White Whole Milk. Two years old and older are served white 1% or Fat Free Milk. Milk substitutes must have a medical statement. The Menu only denotes the grain component served for each day. Center is <b>required</b> to indicate which meal a whole grain was served.				

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	Monday 4/28/25	Tuesday 4/29/25	Wednesday 4/30/25		
<b>BREAKFAST</b> Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	MULTI GRAIN CHEERIOS 100% ORANGE JUICE *MILK	FRENCH TOAST BANANA *MILK	WAFFLES BLACKBERRIES *MILK		
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/>	
<b>LUNCH</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	HAM & CHEESE-WHICH CROISSANTS PEARS TOSSED SALAD *MILK	NATIONAL SHRIMP SCAMPI DAY SAVORY SHRIMP SPAGHETTI PASTA STRAWBERRIES SWEET PEAS *MILK	SAVORY TUNA SALAD CROISSANT APPLE SLICES SLICED CUCUMBERS * MILK		
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/>	
<b>PM SNACK</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	SUNCHIPS PLUM SLICES  WATER	CHEX CEREAL 100% APPLE JUICE	MULTIGRAIN CRACKERS BANANA & BLUEBERRY SMOOTHIE  WATER		
<b>TWO COMPONENTS</b>	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/>	
<b>DINNER</b> Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	BLACK BEAN BURGER WHOLE WHEAT BURGER BUN HONEY GLAZED CARROTS FRENCH FRIES * MILK	HOMEMADE MAC AND CHEESE ELBOW NOODLES FRUIT SALAD GARLIC GREEN BEANS *MILK	OVEN ROASTED TURKEY MINI ROLL WATERMELON STEAMED ZUCCHINI * MILK	<input type="checkbox"/>	
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/>	
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