Georgia Nutritién Services,	Harvest of the	e month: B	Blueberries	May-25
			Thursday 5/1/25	Friday 5/2/25
BREAKFAST Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk			CREAM OF WHEAT BLACKBERRIES *MILK	CHEERIOS CANTALOUPE *MILK
			Whole Grain	U Whole Grain
LUNCH				
Meat/Meat Alternate			SAVORY TUNA & CHEESE SUB	CHICKEN SALAD
Whole Grain/Grain Alternate			FRENCH BREAD	ROTINI PASTA
Vegetable or Fruit			PLUMS	KIWI SLICES
Vegetable			BABY CARROTS	BROCCOLI COLESLAW
Fluid Milk			*MILK	*MILK
			Whole Grain	Whole Grain
PM SNACK				BANANA SUSHI ROLL
Meat/Meat Alternate			ANIMAL CRACKERS	PEANUT/SOY/WOW/NUT BUTTER
Whole Grain/Grain Alternate			MANDARIN ORANGES	SOFT TORTILLA
Vegetable or Fruit				BANANA
Fluid Milk			WATER	WATER

Whole Grain Whole Grain \* One year olds are served Unflavored Whole Milk. Two years old and older are served unflavored 1% or Fat Free Milk. Milk substitutes must have a medical statement.

TWO COMPONENTS

The Menu only denotes the grain component served for each day. Center is required to indicate which meal a whole grain was served.



## Harvest of the month: Blueberries



	Monday 5/5/25	Tuesday 5/6/25	Wednesday 5/7/25	Thursday 5/8/25	Friday 5/9/25
BREAKFAST	BREAKFAST ON A STICK		BREAKFAST BURRITO		
Vhole Grain/Grain Alternate	MINI PANCAKES	PEACHY OATMEAL BAKE	SOFT TORTILLA	FRENCH TOAST	CREAM OF WHEAT
egetable or Fruit	BANANA & STRAWBERRIES	APPLESAUCE	SCRAMBLED EGGS	BLUEBERRY COMPOTE	WARM PEACHES
luid Milk	*MILK	*MILK	HASH BROWNS		
			*MILK	*MILK	*MILK
	Whole Grain	U Whole Grain	U Whole Grain	U Whole Grain	U Whole Grain
.UNCH			CHICKEN & WAFFLES		NATIONAL SHRIMP DAY
Neat/Meat Alternate	MINI TURKEY ROAST SLIDERS	BAKED FISH STICKS	WAFFLES	CHICKEN ALFREDO	TERRIYAKI SHRIMP
Vhole Grain/Grain Alternate	HAWAAIN ROLLS	BREAD STICKS	OVEN BAKED CHICKEN	FETTUCCINE PASTA	FRIED RICE
egetable or Fruit	FRUIT COCKTAIL	SLICED PEACHES	GRAPES	ORANGE SLICES	HONEYDEW MELON
'egetable	SHREDDED CABBAGE	SWEET PEAS	GREEN BEANS	STEAMED BROCCOLI	STIR FRY VEGETABLES
iluid Milk	*MILK	*MILK	* MILK	*MILK	*MILK
	Whole Grain	☐ Whole Grain	Whole Grain	□ Whole Grain	🗌 Whole Grain
PM SNACK	GREEK YOGURT CUCUMBER SALAD RECIPE	FISH SWIMMING IN SOUP			
Neat/Meat Alternate	YOGURT	GOLDFISH	RITZ CRACKERS	OYSTER CRACKERS	SALTINE CRACKERS
Vhole Grain/Grain Alternate	CUCUMBERS	TOMATO BISQUE	CHEDDAR CHEESE CUBES	LENTIL SOUP	TUNA SALAD
egetable or Fruit					
iluid Milk	WATER	WATER	WATER	WATER	WATER
TWO COMPONENTS	U Whole Grain	U Whole Grain	Whole Grain	U Whole Grain	U Whole Grain
	* One year olds are served Unflavored Whole Milk. Two years old and older are served unflavored 1% or Fat Free Milk. Milk substitutes must have a medical statement.				
	The Menu only denotes the grain component served for each day. Center is required to indicate which meal a whole grain was served.				



## Harvest of the month: Blueberries May-25



		T E (42 /2E				
	Monday 5/12/25	Tuesday 5/13/25	Wednesday 5/14/25	Thursday 5/15/25	Friday 5/16/25	
BREAKFAST			NATIONAL BISCUIT DAY			
Whole Grain/Grain Alternate	BANANA PANCAKES	GRITS	WARM BISCUIT	WAFFLE STICKS	SAUSAGE LINKS	
Vegetable or Fruit	GREEN APPLES	ORANGE SLICES	RASPBERRIES	CINNAMON APPLESAUCE	ROASTED POTATO WEDGES	
Fluid Milk	*MILK	*MILK	*MILK	*MILK		
					*MILK	
	Whole Grain	Whole Grain	U Whole Grain	U Whole Grain	Whole Grain	
LUNCH					NATIONAL PIZZA PARTY DAY	
Meat/Meat Alternate	BEEF STICKS	TURKEY ROAST	HOMEMADE MAC & CHEESE	BAKED CHICKEN TENDERS	MOZZARELLA CHEESE	
Whole Grain/Grain Alternate	MINI BREAD ROLL	WHEAT TOAST BREAD	MACARONI NOODLES	HAWAIIAN ROLL	PIZZA CRUST	
Vegetable or Fruit	MANDARIN ORANGES	STRAWBERRIES	APRICOT HALVES	BLUEBERRIES	PINEAPPLE	
Vegetable	POTATO SALAD	MIXED VEGETABLES	SAUTEED GREEN BEANS	KALE SALAD	BROCCOLI	
Fluid Milk	*MILK	*MILK	* MILK	*MILK	*MILK	
	Whole Grain	□ Whole Grain	🗌 Whole Grain	□ Whole Grain	□ Whole Grain	
PM SNACK		NATIONAL HUMMUS DAY	TURKEY LETTUCE WRAPS	BUILD YOUR OWN PARFAIT		
Meat/Meat Alternate	GOLDFISH	HEAVENLY HUMMUS RECIPE	ROLLED TURKEY SLICES W/	OATS	SALTINE CRACKERS	
Whole Grain/Grain Alternate	DICED PLUMS	MULTIGRAIN PITA BREAD	GREEN LEAF LETTUCE	LOW FAT GREEK YOGURT	(HM) CHICKEN NOODLE SOUP	
Vegetable or Fruit		HEAVENLY HUMMUS		MIXED BERRIES		
Fluid Milk	WATER	WATER	WATER	WATER	WATER	
TWO COMPONENTS	U Whole Grain	U Whole Grain	U Whole Grain	U Whole Grain	U Whole Grain	
	* One year olds are served Unflavor	ed Whole Milk. Two years old and old	der are served unflavored 1% or Fat	Free Milk. Milk substitutes must have	a medical statement. The	
	Menu only denotes the grain component served for each day. Center is required to indicate which meal a whole grain was served.					

## Harvest of the month: Blueberries



Georgia Nutritie		Harvest of th	ne month: Blue	eberries	🍗 Мау-25
	Monday 5/19/25	Tuesday 5/20/25	Wednesday 5/21/25	Thursday 5/22/25	Friday 5/23/25
BREAKFAST Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	OATMEAL MUFFIN WARMED PEACHES *MILK	FRENCH TOAST PEAR HALVES *MILK	MINI BAGEL RASPBERRIES *MILK	EGG & SPINACH OMELETTE SLICED APPLES *MILK	BUILD A BEAR PANCAKE RECIPE PANCAKES BANANAS *MILK
	Whole Grain	🗌 Whole Grain	U Whole Grain	U Whole Grain	U Whole Grain
LUNCH					
Meat/Meat Alternate	EXTRA CHEESE QUESADILLA	BLACK BEAN BURGER	HOMEMADE MAC & CHEESE	INDIAN BUTTER CHICKPEAS	SESAME TOFU
Whole Grain/Grain Alternate	SOFT TORTILLA	HAMBURGER BUN	MACARONI NOODLES	BROWN RICE	MULTI GRAIN ROLL
Vegetable or Fruit	STRAWBERRIES	DICED PEARS	APRICOT HALVES	MANDARIN ORANGES	WATERMELON
Vegetable	BELL PEPPER STRIPS	FRENCH FRIES	SAUTEED GREEN BEANS	PEAS & CARROTS	BAKED ASPARAGUS
Fluid Milk	*MILK	*MILK	* MILK	*MILK	*MILK
	□ Whole Grain	Whole Grain	Whole Grain	🗌 Whole Grain	□ Whole Grain
PM SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit	FRUIT KABOB W/DIP LOW FAT YOGURT MIXED FRUIT (PEACHES,GRAPES,BANANA)	CHEESY BREAD ROASTED TOMATO BISQUE	WHEAT BREAD PEANUT/SOY/WOW BUTTER & JELLY	PRETZEL RODS GUACAMOLE DIP	ENRICHED ANIMAL CRACKERS KIWI SLICES
Fluid Milk	WATER	WATER	WATER	WATER	WATER
TWO COMPONENTS	🗌 Whole Grain	🗌 Whole Grain	🗌 Whole Grain	🗌 Whole Grain	🗌 Whole Grain
	* One year olds are served Unflavored Whole Milk. Two years old and older are served unflavored 1% or Fat Free Milk. Milk substitutes must have a medical statement. The only denotes the grain component served for each day. Center is required to indicate which meal a whole grain was served.				



## Harvest of the month: Blueberries May-25



	Monday 5/26/25	Tuesday 5/27/25	Wednesday 5/28/25	Thursday 5/29/25	Friday 5/30/25
BREAKFAST					
Whole Grain/Grain Alternate	CHEERIOS	WAFFLES	SAUSAGE BISCUIT	CREAM OF WHEAT	CHEESE TOAST
Vegetable or Fruit	RASPBERRIES	WARMED BLUEBERRY COMPOTE	PINEAPPLE TIDBITS	100% ORANGE JUICE	PEARS
Fluid Milk	*MILK	*MILK	*MILK	*MILK	*MILK
	Whole Grain	Whole Grain	Whole Grain	Whole Grain	Whole Grain
LUNCH			NATIONAL HAMBURGER DAY		
Meat/Meat Alternate	HONEY HAM & CHEESE	GRILLED CHICKEN	BEEF HAMBURGER	BBQ MEATBALLS	CHICKEN BURRITO BOWL
Whole Grain/Grain Alternate	CROISSANT	SPANISH RICE	HAMBURGER BUN	FRENCH BREAD	BROWN RICE
Vegetable or Fruit	APRICOTS	BLACKBERRIES	SWEET POTATO FRIES	WATERMELON	APPLE SLICES
Vegetable	BABY CARROTS	BAKED POTATOES	STEAMED CORN	GRILLED ASPARAGUS	BLACK BEANS
Fluid Milk	*MILK	*MILK	* MILK	*MILK	*MILK
	Whole Grain	Whole Grain	Whole Grain	Whole Grain	Whole Grain
PM SNACK					
Meat/Meat Alternate	BOILED EGG HALVES	GRAHAM CRACKERS	LOW FAT YOGURT PARFAIT	RICE CAKE	GRAHAM CRACKERS
Whole Grain/Grain Alternate	HASH BROWNS	100% BERRY JUICE	CRUSHED GRAHAM CRACKERS	AVOCADOS & FRESH TOMATOES	ΡΑΡΑΥΑ
Vegetable or Fruit			RASPBERRIES		
Fluid Milk	WATER		WATER	WATER	WATER
TWO COMPONENTS	Whole Grain	Whole Grain	Whole Grain	U Whole Grain	Whole Grain
	* One year olds are served Unflavored Whole Milk. Two years old and older are served unflavored 1% or Fat Free Milk. Milk substitutes must have a medical statement. The Menu only denotes the grain component served for each day. Center is required to indicate which meal a whole grain was served.				