



May-25

				Thursday 5/1/25	Friday 5/2/25
BREAKFAST Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk				CREAM OF WHEAT BLACKBERRIES *MILK	CHEERIOS CANTALOUPE *MILK
				☐ Whole Grain	☐ Whole Grain
LUNCH Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk				SAVORY TUNA & CHEESE SUB FRENCH BREAD PLUMS BABY CARROTS *MILK	CHICKEN SALAD ROTINI PASTA KIWI SLICES BROCCOLI COLESLAW *MILK
				☐ Whole Grain	☐ Whole Grain
PM SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk				ANIMAL CRACKERS MANDARIN ORANGES WATER	BANANA SUSHI ROLL PEANUT/SOY/WOW/NUT BUTTER SOFT TORTILLA BANANA WATER
TWO COMPONENTS				☐ Whole Grain	☐ Whole Grain
DINNER Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk				ROASTED TURKEY PINWHEELS PITA BREAD BLUEBERRIES SWEET PEAS *MILK	FISH FILET SANDWICH HAMBURGER BUN STRAWBERRIES BAKED ASPARAGUS * MILK
				☐ Whole Grain	☐ Whole Grain
	* One year olds are served Unflavored Whole Milk. Two years old and older are served unflavored 1% or Fat Free Milk. Milk substitutes must have a medical statement. The Meny only denotes the grain component served for each day. Center is required to indicate which meal a whole grain was served.				





	Monday 5/5/25	Tuesday 5/6/25	Wednesday 5/7/25	Thursday 5/8/25	Friday 5/9/25	
BREAKFAST	BREAKFAST ON A STICK		BREAKFAST BURRITO			
Whole Grain/Grain Alternate	MINI PANCAKES	PEACHY OATMEAL BAKE	SOFT TORTILLA	FRENCH TOAST	CREAM OF WHEAT	
Vegetable or Fruit	BANANA & STRAWBERRIES	APPLESAUCE	SCRAMBLED EGGS	BLUEBERRY COMPOTE	WARM PEACHES	
Fluid Milk	*MILK	*MILK	HASH BROWNS			
			*MILK	*MILK	*MILK	
	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	
LUNCH			CHICKEN & WAFFLES		NATIONAL SHRIMP DAY	
Meat/Meat Alternate	MINI TURKEY ROAST SLIDERS	BAKED FISH STICKS	WAFFLES	CHICKEN ALFREDO	TERRIYAKI SHRIMP	
Whole Grain/Grain Alternate	HAWAAIN ROLLS	BREAD STICKS	OVEN BAKED CHICKEN	FETTUCCINE PASTA	FRIED RICE	
Vegetable or Fruit	FRUIT COCKTAIL	SLICED PEACHES	GRAPES	ORANGE SLICES	HONEYDEW MELON	
Vegetable	SHREDDED CABBAGE	SWEET PEAS	GREEN BEANS	STEAMED BROCCOLI	STIR FRY VEGETABLES	
Fluid Milk	*MILK	*MILK	* MILK	*MILK	*MILK	
	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	
PM SNACK	GREEK YOGURT CUCUMBER SALAD RECIPE	FISH SWIMMING IN SOUP				
Meat/Meat Alternate	YOGURT	GOLDFISH	RITZ CRACKERS	OYSTER CRACKERS	SALTINE CRACKERS	
Whole Grain/Grain Alternate	CUCUMBERS	TOMATO BISQUE	CHEDDAR CHEESE CUBES	LENTIL SOUP	TUNA SALAD	
Vegetable or Fruit						
Fluid Milk	WATER	WATER	WATER	WATER	WATER	
TWO COMPONENTS	Whole Grain □	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	
DINNER	TOTALLY CHIPOTLE DAY					
Meat/Meat Alternate	GROUND CHICKEN	TURKEY MEATBALL SUB	(HM) CHEESY PIZZA	BBQ CHICKEN TENDERS	SLICED HONEY BAKED HAM	
Whole Grain/Grain Alternate	BROWN RICE	SUB ROLL	PIZZA CRUST	MULTI GRAIN ROLL	TRISCUIT CRACKERS	
Vegetable or Fruit	ORANGE WEDGES	CANTALOUPE	BLUEBERRIES	BLACKBERRIES	FRUIT COCKTAIL	
Vegetable	ZESTY CORN	BAKED YELLOW SQUASH	ROASTED CAULIFLOWER	PEAS & CARROTS	STEAMED ZUCCHINI	
Fluid Milk	*MILK	* MILK	*MILK	* MILK	* MILK	
	Whole Grain	☐ Whole Grain	☐ Whole Grain	Whole Grain	Whole Grain	
	* One year olds are served Unflavored Whole Milk. Two years old and older are served unflavored 1% or Fat Free Milk. Milk substitutes must have a medical statement.					
	The Menu only denotes the grain component served for each day. Center is required to indicate which meal a whole grain was served.					





	Monday 5/12/25	Tuesday 5/13/25	Wednesday 5/14/25	Thursday 5/15/25	Friday 5/16/25
BREAKFAST	•	·	NATIONAL BISCUIT DAY	•	
Whole Grain/Grain Alternate	BANANA PANCAKES	<i>G</i> RITS	WARM BISCUIT	WAFFLE STICKS	SAUSAGE LINKS
/egetable or Fruit	GREEN APPLES	ORANGE SLICES	RASPBERRIES	CINNAMON APPLESAUCE	ROASTED POTATO WEDGES
Fluid Milk	*MILK	*MILK	*MILK	*MILK	
					*MILK
	Whole Grain	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain
LUNCH					NATIONAL PIZZA PARTY DAY
Meat/Meat Alternate	BEEF STICKS	TURKEY ROAST	HOMEMADE MAC & CHEESE	BAKED CHICKEN TENDERS	MOZZARELLA CHEESE
Whole Grain/Grain Alternate	MINI BREAD ROLL	WHEAT TOAST BREAD	MACARONI NOODLES	HAWAIIAN ROLL	PIZZA CRUST
/egetable or Fruit	MANDARIN ORANGES	STRAWBERRIES	APRICOT HALVES	BLUEBERRIES	PINEAPPLE
/egetable	POTATO SALAD	MIXED VEGETABLES	SAUTEED GREEN BEANS	KALE SALAD	BROCCOLI
Fluid Milk	*MILK	*MILK	* MILK	*MILK	*MILK
	Whole Grain	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain
PM SNACK		NATIONAL HUMMUS DAY	TURKEY LETTUCE WRAPS	BUILD YOUR OWN PARFAIT	
Meat/Meat Alternate	GOLDFISH	HEAVENLY HUMMUS RECIPE	ROLLED TURKEY SLICES W/	OATS	SALTINE CRACKERS
Whole Grain/Grain Alternate	DICED PLUMS	MULTIGRAIN PITA BREAD	GREEN LEAF LETTUCE	LOW FAT GREEK YOGURT	(HM) CHICKEN NOODLE SOU
/egetable or Fruit		HEAVENLY HUMMUS		MIXED BERRIES	
Fluid Milk	WATER	WATER	WATER	WATER	WATER
TWO COMPONENTS	Whole Grain	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain
DINNER					
Meat/Meat Alternate	BAKED FISH FILLET	STEAK TENDERS	CHICKEN FILET	GROUND BEEF SPAGHETTI	BEAN & CHEESE NACHOS
Whole Grain/Grain Alternate	HAMBURGER BUN	WHEAT ROLL	MULTIGRAIN BUN	SPAGHETTI PASTA	NACHO CHIPS
/egetable or Fruit	PINEAPPLE RINGS	BAKED POTATO	APPLESAUCE	CANTALOUPE	PLUMS
/egetable	ROASTED ZUCCHINI	CREAMED SPINACH	PEAS	YELLOW SQUASH	SWEET CORN
Fluid Milk	*MILK	* MILK	* MILK	*MILK	* MILK
	Whole Grain	Whole Grain	Whole Grain	Whole Grain	Whole Grain





May-25

	Monday 5/19/25	Tuesday 5/20/25	Wednesday 5/21/25	Thursday 5/22/25	Friday 5/23/25	
BREAKFAST					BUILD A BEAR PANCAKE RECIPE	
Whole Grain/Grain Alternate	OATMEAL MUFFIN	FRENCH TOAST	MINI BAGEL	EGG & SPINACH OMELETTE	PANCAKES	
Vegetable or Fruit	WARMED PEACHES	PEAR HALVES	RASPBERRIES	SLICED APPLES	BANANAS	
Fluid Milk	*MILK	*MILK	*MILK	*MILK	*MILK	
	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	
LUNCH						
Meat/Meat Alternate	EXTRA CHEESE QUESADILLA	BLACK BEAN BURGER	HOMEMADE MAC & CHEESE	INDIAN BUTTER CHICKPEAS	SESAME TOFU	
Whole Grain/Grain Alternate	SOFT TORTILLA	HAMBURGER BUN	MACARONI NOODLES	BROWN RICE	MULTI GRAIN ROLL	
Vegetable or Fruit	STRAWBERRIES	DICED PEARS	APRICOT HALVES	MANDARIN ORANGES	WATERMELON	
Vegetable	BELL PEPPER STRIPS	FRENCH FRIES	SAUTEED GREEN BEANS	PEAS & CARROTS	BAKED ASPARAGUS	
Fluid Milk	*MILK	*MILK	* MILK	*MILK	*MILK	
	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	
PM SNACK	FRUIT KABOB W/DIP					
Meat/Meat Alternate	LOW FAT YOGURT	CHEESY BREAD	WHEAT BREAD	PRETZEL RODS	ENRICHED ANIMAL CRACKERS	
Whole Grain/Grain Alternate	MIXED FRUIT	ROASTED TOMATO BISQUE	PEANUT/SOY/WOW BUTTER & JELLY	GUACAMOLE DIP	KIWI SLICES	
Vegetable or Fruit	(PEACHES, GRAPES, BANANA)					
Fluid Milk	WATER	WATER	WATER	WATER	WATER	
TWO COMPONENTS	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	
DINNER					VEGGIE CHILI MAC	
Meat/Meat Alternate	STUFFED SHELLS W/CHEESE	LENTIL TACOS	FISH FILET	GRILLED CHEESE SANDWICH	RED BEANS	
Whole Grain/Grain Alternate	PASTA SHELLS	SOFT/HARD TACOS	WHOLE WHEAT BUN	WHOLE WHEAT BREAD	SALTINE CRACKERS	
Vegetable or Fruit	RED APPLES	APPLESAUCE	HONEYDEW MELON	BLUEBERRIES	CANTALOUPE	
Vegetable	CREAMED SPINACH	HM-PICO DE GALLO	BRUSSEL SPROUTS	TOSSED SALAD	ROASTED CORN	
Fluid Milk	*MILK	* MILK	* MILK	*MILK	* MILK	
	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	
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	Monday 5/26/25	Tuesday 5/27/25	Wednesday 5/28/25	Thursday 5/29/25	Friday 5/30/25
BREAKFAST					
Whole Grain/Grain Alternate	CHEERIOS	WAFFLES	SAUSAGE BISCUIT	CREAM OF WHEAT	CHEESE TOAST
Vegetable or Fruit	RASPBERRIES	WARMED BLUEBERRY COMPOTE	PINEAPPLE TIDBITS	100% ORANGE JUICE	PEARS
Fluid Milk	*MILK	*MILK	*MILK	*MILK	*MILK
	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain
LUNCH	-		NATIONAL HAMBURGER DAY	_	
Meat/Meat Alternate	HONEY HAM & CHEESE	GRILLED CHICKEN	BEEF HAMBURGER	BBQ MEATBALLS	CHICKEN BURRITO BOWL
Whole Grain/Grain Alternate	CROISSANT	SPANISH RICE	HAMBURGER BUN	FRENCH BREAD	BROWN RICE
Vegetable or Fruit	APRICOTS	BLACKBERRIES	SWEET POTATO FRIES	WATERMELON	APPLE SLICES
Vegetable	BABY CARROTS	BAKED POTATOES	STEAMED CORN	GRILLED ASPARAGUS	BLACK BEANS
Fluid Milk	*MILK	*MILK	* MILK	*MILK	*MILK
	Whole Grain	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain
PM SNACK					
Meat/Meat Alternate	BOILED EGG HALVES	GRAHAM CRACKERS	LOW FAT YOGURT PARFAIT	RICE CAKE	GRAHAM CRACKERS
Whole Grain/Grain Alternate	HASH BROWNS	100% BERRY JUICE	CRUSHED GRAHAM CRACKERS	AVOCADOS & FRESH TOMATOES	PAPAYA
Vegetable or Fruit			RASPBERRIES		
Fluid Milk	WATER		WATER	WATER	WATER
	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain
DINNER					
Meat/Meat Alternate	BEEF MINI SLOPPY JOE	BAKED FISH STICKS	ROTISSERIE TURKEY	SAVORY TUNA FISH	PHILLY CHEESE STEAK
Whole Grain/Grain Alternate	HAMBURGER BUN	HUSH PUPPIES	HAWAIIAN ROLL	WHOLE GRAIN BUN	SUB ROLL
Vegetable or Fruit	FRENCH FRIES	RASPBERRIES	CANTALOUPE CHUNKS	SWEET PEAS	GRAPES (CUT APPROPRIATELY)
Vegetable	BAKED BEANS	GARLIC GREEN BEANS	CREAMED SPINACH	TRI COLOR COLESLAW	BAKED SWEET POTATO FRIES
Fluid Milk	*MILK	* MILK	* MILK	*MILK	* MILK
	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain	☐ Whole Grain
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