

Services, Inc	Monday 6/2/25	Tuesday 6/3/25	Wednesday 6/4/25	Thursday 6/5/25	Friday 6/6/25
BREAKFAST					
BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 0-4 tablespoons infant cereal, meat, fish, poultry, whole egg, cooked dry bears or cooked dry peas; or 2 ounces of cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces or 1/2 cup yagurt; or a combination of the	WHOLE WHEAT CEREAL	BARLEY CEREAL	RICE CEREAL	OATMEAL CEREAL	BARLEY CEREAL
above; and 6 - 11 MONTHS: 0-2 tablespoons regetable or fruit or a combination of	RANANAS	STRAWBERRIES	PINEAPPLE	BLACKBERRIES	FRUIT SALAD
both	BANANAS	STRAWBERRIES	FINEAFFLE	BLACKBERKIES	FROM SALAD
AM SNACK		a.	a.		
BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 6-8 Fluid ounces	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
breastmilk/formula 6 - 11 KONTHS: 0-4 tablespoons infant cereal, meat, fish, poultry, whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces or 1/2	MIXED CEREAL	MULTIGRAIN CEREAL	OATMEAL CEREAL	WHOLE WHEAT CEREAL	RICE CEREAL
cup yogurt; or a combination of the 6 - 11 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of	APPLESAUCE	RASPBERRIES	PLUMS	PEACHES	ORANGES
LUNCH					
BIRTH - 5 MONTHS: 4-6 Fluid					
ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
breastmilk/formula 6 - 11 MONTHS: 0-4 tablespoons	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
cottage cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces or 1/2 cup yogurt; or a combination of the	BARLEY CEREAL	MIXED CEREAL	WHOLE WHEAT CEREAL	MULTI GRAIN CEREAL	OATMEAL CEREAL
6 - 11 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of both	CREAMY SPINACH	PRUNES	GREEN BEANS	LEMON GARLIC ARTICHOKE (MASHED)	YELLOW SQUASH
PM SNACK BIRTH - 5 MONTHS: 4-6 Fluid					
ounces breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
cottage cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces or 1/2 cup yogurt; or a combination of the	OATMEAL CEREAL	RICE CEREAL	MIXED CEREAL	RICE CEREAL	MULTIGRAIN CEREAL
6 - 11 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of	APRICOT	AVOCADO	PAPAYA	APPLE STRIPS	BANANA
both	-				
DINNER BIRTH - 5 MONTHS: 4-6 Fluid		1			
ounces breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces or 1/2 cup yagurt; or a combination of the above; and	FORMULA / BREAST MILK	FORMULA / BREAST MILK OATMEAL CEREAL	FORMULA / BREAST MILK BARLEY CEREAL	FORMULA / BREAST MILK BARLEY CEREAL	FORMULA / BREAST MILK
6 - 11 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of both	BROCCOLI	BAKED ZUCCHINI	PEAS & CARROTS	FRENCH FRIES	BAKED ASPARAGUS
EVENING SNACK BIRTH - 5 MONTHS: 4-6 Fluid					
ounces breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 0-4 tablespoons infant cereal, meat, fish, poultry,			MULTIGRAIN CEREAL	MIXED CEREAL	BARLEY CEREAL
whole egg, cooked dry beans or cooked dry peas; or 2 ounces of cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces or 1/2 cup vogurt; or a combination of the	MULTIGRAIN CEREAL	WHOLE WHEAT CEREAL	MULHORAIN CEREAL		



both

	Monday 6/9/25	Tuesday 6/10/25	Wednesday 6/11/25	Thursday 6/12/25	Friday 6/13/25
BREAKFAST BIRTH - 5 MONTHS: 4-6 Fluid					
6 - 11 MONTHS: 6-8 Fluid ounces	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 0-4 tablespoons					
infant cereal, meat, fish, poultry,					
whole egg, cooked dry beans or					
cooked dry peas; or 2 ounces of cheese; or 0-4 ounces (volume)	WHOLE WHEAT CEREAL	MUTLIGRAIN CEREAL	RICE CEREAL	MULTIGRAIN CEREAL	MIXED CEREAL
cottage cheese; or 0-4 ounces or 1/2					
cup yogurt; or a combination of the					
above; and	<u> </u>				
6 - 11 MONTHS: 0-2 tablespoons					
regetable or fruit or a combination of	BANANA	STRAWBERRIES	KIWI	HASBROWNS	APPLES
both					
AM SNACK					I.
BIRTH - 5 MONTHS: 4-6 Fluid	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces					
breastmilk/formula 6 - 11 MONTHS: 0-4 tablespoons	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
infant cereal, meat, fish, poultry,					
whole egg, cooked dry beans or cooked dry peas; or 2 ounces of					
cheese; or 0-4 ounces (volume)	MULTIGRAIN CEREAL	RICE CEREAL	WHOLE WHEAT CEREAL	BARLEY CEREAL	OATMEAL CEREAL
ottage cheese; or 0-4 ounces or 1/2	1				
cup yogurt; or a combination of the	I				
above: and	L				
6 - 11 MONTHS: 0-2 tablespoons			DEACHES		PRUNES
egetable or fruit or a combination of	BLAUKBERKIES	APPLES	PEACHES	RASPBERRIES	PRUNES
LUNCH		1	1	1	ſ
BIRTH - 5 MONTHS: 4-6 Fluid					
ounces breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 6-8 Fluid ounces			FORMULA / BREAST MILK	FORMULA / BREAST MILK	
breastmilk/formula 6 - 11 MONTHS: U-4 tablespoons	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 0-4 tablespoons infant cereal, meat, fish, poultry,					
whole egg, cooked dry beans or					
cooked dry peas; or 2 ounces of					
cheese; or 0-4 ounces (volume)	OATMEAL CEREAL	BARLEY CEREAL	OATMEAL CEREAL	WHOLE WHEAT CEREAL	RICE CEREAL
cottage cheese; or 0-4 ounces or 1/2					
cup yogurt; or a combination of the					
6 - 11 MONTHS: 0-2 tablespoons	<u> </u>				
regetable or fruit or a combination of	CABBAGE	PEAS & CARROTS	SWEET POTATO FRIES	CREAMED SPINACH	PEAS
both	CABBAGE		SWEETFORATOTIKES		1 EAU
PM SNACK					
BIRTH - 5 MONTHS: 4-6 Fluid	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
ounces breastmilk/formula	FORMOLA / BREAST MILK	FORMOLA / BREAST MILK	FORMULA / BREAST MILL	FORMOLA / BREAST MILK	FORMOLA / BREAST MILL
6 - 11 MONTHS: 6-8 Fluid ounces	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 0-4 tablespoons					
infant cereal, meat, fish, poultry,					
whole egg, cooked dry beans or	1				
cooked dry peas; or 2 ounces of	1		MIXED CEREAL	BIOS 0505 41	
	MIXED CEREAL	OATMEAL CEREAL			BARLEY CEREAL
cheese; or 0-4 ounces (volume)	MIXED CEREAL	OATMEAL CEREAL		RICE CEREAL	BARLEY CEREAL
cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces or 1/2	MIXED CEREAL	OATMEAL CEREAL			BARLEY CEREAL
cheese; or 0-4 ounces (volume) tottage cheese; or 0-4 ounces or 1/2 cup yogurt; or a combination of the	MIXED CEREAL	OATMEAL CEREAL		RICE CEREAL	BARLEY CEREAL
cheese: or 0-4 ounces (volume) cottage cheese: or 0-4 ounces or 1/2 cup yogurt: or a combination of the <u>chemic and</u> 6 - 11 MONTHS: 0-2 tablespoons					
cheese: or 0-4 ounces (volume) cottage cheese: or 0-4 ounces or 1/2 cup yogurt: or a combination of the <u>chemic and</u> 6 - 11 MONTHS: 0-2 tablespoons		OATMEAL CEREAL FRUIT SALAD	PAPAYA	LENTIL SOUP	BARLEY CEREAL
cheese: or 0-4 ounces (volume) ottage cheese; or 0-4 ounces or 1/2 cup yogurt; or a combination of the <u>cheman and</u> 6 - 11 MONTHS: 0-2 tablespoons egetable or fruit or a combination of both			РАРАЧА		
cheese; or 0-4 ounces (volume) ottage cheese; or 0-4 ounces or 1/2 cup yogurt; or a combination of the <u>6 - 11 MONTHS</u> : 0-2 tablespoons egetable or fruit or a combination of <u>both</u> DINNER			PAPAYA		
cheese: or 0-4 ounces (volume) ottage cheese: or 0-4 ounces or 1/2 cup yogurt: or a combination of the <u>chanas and</u> 6 - 11 MONTHS: 0-2 tablespoors agetable or fruit or a combination of <u>both</u> DINNER BIRTH - 5 MONTHS: 4-6 Fluid	APPLESAUCE	FRUIT SALAD		LENTIL SOUP	WATERMELON
chesse; or 0-4 ounces (volume) ottage chesse; or 0-4 ounces or 1/2 outgo gourt; or a combination of the <u>chesse</u> 6 - 11 MONTHS: 0-2 tablespoors getable or fruit or a combination of both DINNER BIRTH - 5 MONTHS: 1-4 Fluid ounces breasthilk/formula	APPLESAUCE FORMULA / BREAST MILK	FRUIT SALAD FORMULA / BREAST MILK	FORMULA / BREAST MILK	LENTIL SOUP	WATERMELON
cheese: or 0-4 ounces (volume) ottage cheese: or 0-4 ounces or 1/2 ourse of the second of the chean and 6 - 11 MONTHS: 0-2 tablespoors egetable or fruit or a combination of both DINNER BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces	APPLESAUCE	FRUIT SALAD		LENTIL SOUP	WATERMELON
cheese: or 0-4 ounces (volume) ottage cheese: or 0-4 ounces or 1/2 up yogurt: or a combination of the <u>characteristics</u> of the <u>characteristics</u> of the <u>characteristics</u> of the <u>characteristics</u> of the <u>characteristics</u> of the <u>characteristics</u> o	APPLESAUCE FORMULA / BREAST MILK	FRUIT SALAD FORMULA / BREAST MILK	FORMULA / BREAST MILK	LENTIL SOUP	WATERMELON
chesse: or 0-4 ounces (volume) ottage chesse: or 0-4 ounces or 1/2 cup yagurt: or a combination of the <u>beneration</u> of the <u>beneration</u> of the <u>be</u>	APPLESAUCE FORMULA / BREAST MILK	FRUIT SALAD FORMULA / BREAST MILK	FORMULA / BREAST MILK	LENTIL SOUP	WATERMELON
chesse; or 0-4 ounces (volume) ottage chesse; or 0-4 ounces or 1/2 outgo gourt; or a combination of the chesses of the the the the the second second second second second of the the the the the the the DINNER BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 0-4 Tablespons infant cereal, meah, fish, poultry, whole egg. cooked dry baars or	APPLESAUCE FORMULA / BREAST MILK	FRUIT SALAD FORMULA / BREAST MILK	FORMULA / BREAST MILK	LENTIL SOUP	WATERMELON
chesse: or 0-4 cunces (volume) ottage chesse: or 0-4 ounces or 1/2 cap yagurt: or a combination of the <u>Annual Constitution</u> of the <u>bath</u> <u>DINNER</u> BITH - 5 MONTHS: 4-6 Fluid <u>ounces breastmill/formula</u> 6 - 11 MONTHS: 6-8 Fluid ounces 6 - 11 MONTHS: 6-8 Fluid ounces infant cereal, meat, fish, poultry, whole egg, cooked dry bears or cooked dry bears or 2 ounces of	APPLESAUCE FORMULA / BREAST MILK	FRUIT SALAD FORMULA / BREAST MILK	FORMULA / BREAST MILK	LENTIL SOUP	WATERMELON
cheese: or 0-4 ounces (volume) ottage cheese: or 0-4 ounces or 1/2 outgo yagurt: or a combination of the <u>chean of the chean of the che</u>	APPLESAUCE FORMULA / BREAST MILK FORMULA / BREAST MILK	FRUIT SALAD FORMULA / BREAST MILK FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK	LENTIL SOUP FORMULA / BREAST MILK FORMULA / BREAST MILK	WATERMELON FORMULA / BREAST MILK FORMULA / BREAST MILK
cheses: or 0-4 aunces (volume) ottage cheses: or 0-4 aunces or 1/2 cup yogurt: or a combination of the <u>chean and</u> of -11 MONTHS 0-2 tablespoons getable or fruit or a combination of <u>both</u> DINNER BIRTH - 5 MONTHS: 4-4 Fluid ounces breastmilk/formula do -11 MONTHS: 6-8 Fluid ounces <u>breastmilk/formula</u> <u>b-11 MONTHS: 0-4 fablespoons</u> infant cereal, meat, fish, poultry, whole egg. cooked dry bears, cooked dry bears; or 2-4 aunces or 1/2 chesese; or 0-4 aunces or 1/2	APPLESAUCE FORMULA / BREAST MILK FORMULA / BREAST MILK	FRUIT SALAD FORMULA / BREAST MILK FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK	LENTIL SOUP FORMULA / BREAST MILK FORMULA / BREAST MILK	WATERMELON FORMULA / BREAST MILK FORMULA / BREAST MILK
chesse: or 0-4 cunces (volume) ottage chesse: or 0-4 ounces or 1/2 cap yagurt: or a combination of the <u>Annual Constitution</u> of the <u>Annual Constitution</u> of <u>bath</u> <u>DINNER</u> <u>BITH - 5 MONTHS: 4-6 Fluid ounces breastmill/formula 6 - 11 MONTHS: 6-8 Fluid ounces 6 - 11 MONTHS: 6-8 Fluid ounces 6 - 11 MONTHS: 0-4 fluid ounces 0 - 11 MONTHS: 0-4 fluid ounces of 0 - 11 MONTHS: 0-4 fluid ounces of 10 const of 0-4 ounces (volume) outtage chesse: or 0-4 ounces of 10 const of 0-4 ounces or 1/2 cup yagurt: or a combination of the const of the</u>	APPLESAUCE FORMULA / BREAST MILK FORMULA / BREAST MILK	FRUIT SALAD FORMULA / BREAST MILK FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK	LENTIL SOUP FORMULA / BREAST MILK FORMULA / BREAST MILK	WATERMELON FORMULA / BREAST MILK FORMULA / BREAST MILK
cheese: or 0-4 ounces (volume) ottage cheese: or 0-4 ounces or 1/2 up yogurt: or a combination of the <u>about out</u> 6 - 11 MONTHS 0-2 tablespoons getable or fruit or a combination of <u>bath</u> DINNER BIRTH - 5 MONTHS: 4-4 Fluid ounces breastmik/formula 6 - 11 MONTHS: 0-4 tablespoons fond careal uncet, fish, poultry, whole egg, coaked dry bears or cooked dry bears or 2-0 ounces of cheese: or 0-4 ounces or 1/2 cup yogurt: or a combination of 1/2 outpout the combination of 12 MONTHS: 0-2 tablespoons	APPLESAUCE FORMULA / BREAST MILK FORMULA / BREAST MILK RICE CEREAL	FRUIT SALAD FORMULA / BREAST MILK FORMULA / BREAST MILK MIXED CEREAL	FORMULA / BREAST MILK FORMULA / BREAST MILK BARLEY CEREAL	LENTIL SOUP FORMULA / BREAST MILK FORMULA / BREAST MILK MIXED CEREAL	WATERMELON FORMULA / BREAST MILK FORMULA / BREAST MILK WHOLE WHEAT CEREAL
cheese: or 0-4 ounces (volume) ottage cheese: or 0-4 ounces or 1/2 opy agurt: or a combination of the <u>cheman and</u> of -11 MONTHS 0-2 tablespoons getable or fruit or a combination of <u>bath</u> DINNER BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmik/formula 6 - 111 MONTHS: 0-4 Fluid ounces <u>breastmik/formula</u> 6 - 111 MONTHS: 0-4 ounces or cooked dry peas; or 2 ounces of cheese: or 0-4 ounces or 1/2 up yogurt; or a combination of the <u>breastmin and</u> 6 - 111 MONTHS: 0-2 tablespoons getable of rivit: 0-2 tablespoons	APPLESAUCE FORMULA / BREAST MILK FORMULA / BREAST MILK RICE CEREAL	FRUIT SALAD FORMULA / BREAST MILK FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK	LENTIL SOUP FORMULA / BREAST MILK FORMULA / BREAST MILK	WATERMELON FORMULA / BREAST MILK FORMULA / BREAST MILK
chesse: or 0-4 ounces (volume) ottage chesse: or 0-4 ounces or 1/2 up yogurt: or a combination of the <u>the second</u> of the the <u>6 - 11 MONTH-50 - 2 tablespoons</u> getable or fruit or a combination of <u>bath</u> <u>DINNER</u> BIRTH - 5 MONTH-51 - 4-6 Fluid ounces breastnik/formula 6 - 11 MONTH-50 - 8-7 Fluid ounces breastnik/formula 6 - 11 MONTH-50 - 4 Tablespoons infant careal and, fish, poultry, whole egg, coaked dry beans or coaked dry past; or 2 ounces of chesses; or 0-4 ounces (volume) ottage chesse; or 0-4 ounces or 1/2 up yogurt: or a combination of the <u>the second</u> of the tablespoons getable or fruit or a combination of bath	APPLESAUCE FORMULA / BREAST MILK FORMULA / BREAST MILK RICE CEREAL	FRUIT SALAD FORMULA / BREAST MILK FORMULA / BREAST MILK MIXED CEREAL	FORMULA / BREAST MILK FORMULA / BREAST MILK BARLEY CEREAL	LENTIL SOUP FORMULA / BREAST MILK FORMULA / BREAST MILK MIXED CEREAL	WATERMELON FORMULA / BREAST MILK FORMULA / BREAST MILK WHOLE WHEAT CEREAL
cheese: or 0-4 ounces (volume) ittage cheese: or 0-4 ounces or 1/2 up oggurt: or a combination of the <u>cheman and</u> 6 - 11 MONTHS: 0-2 tablespoons getable or fruit or a combination of bath DINNER BIRTH - 5 MONTHS: 4-6 Fluid ounces breastnik/formula 6 - 11 MONTHS: 0-4 Tablespoons breastnik/formula 6 - 11 MONTHS: 0-4 Tablespoons cooked dry peas; or 2 ounces of cheese: or 0-4 ounces or 1/2 up ogurt: or a combination of the <u>cheses</u> : or 0-4 ounces or 1/2 up ogurt: or a combination of 6 - 11 MONTHS: 0-2 tablespoons getable or fruit or a combination of <u>both</u> EVENING SNACK	APPLESAUCE FORMULA / BREAST MILK FORMULA / BREAST MILK RICE CEREAL	FRUIT SALAD FORMULA / BREAST MILK FORMULA / BREAST MILK MIXED CEREAL	FORMULA / BREAST MILK FORMULA / BREAST MILK BARLEY CEREAL	LENTIL SOUP FORMULA / BREAST MILK FORMULA / BREAST MILK MIXED CEREAL	WATERMELON FORMULA / BREAST MILK FORMULA / BREAST MILK WHOLE WHEAT CEREAL
chesses: or 0-4 ounces (volume) ittage chesse; or 0-4 ounces or 1/2 up vggurt; or a combination of the <u>best</u> <u>DINNER</u> <u>BITH -5 0-2 tablespoons</u> getable or fruit or a combination of <u>best</u> <u>DINNER</u> <u>BITH -5 0-6 Fluid ounces</u> <u>-11 MONTH5: 6-8 Fluid ounces</u> <u>-11 MONTH5: 6-8 Fluid ounces</u> <u>-11 MONTH5: 0-6 Fluid ounces</u> <u>-11 MONTH5: 0-6 Fluid ounces</u> <u>-11 MONTH5: 0-6 Fluid ounces</u> <u>-11 MONTH5: 0-6 Fluid ounces</u> <u>-10 MONTH5: 0-6 Fluid ounces</u> <u>-10 MONTH5: 0-7 tablespoons</u> infont carcal, mach, fish, poultry, whole egg, cooked dry bears or cooked dry pas; or 2 ounces of <u>-10 cooked</u> of yeas: or 0-4 ounces or 1/2 up yogurt; or a combination of the <u>-0-11 MONTH5: 0-2 tablespoons</u> getable or fruit or a combination of <u>both</u> <u>EVENIDMS SMONTH5: 4-6 Fluid</u> <u>BITH -5 MONTH5: 4-6 Fluid</u>	APPLESAUCE FORMULA / BREAST MILK FORMULA / BREAST MILK RICE CEREAL	FRUIT SALAD FORMULA / BREAST MILK FORMULA / BREAST MILK MIXED CEREAL	FORMULA / BREAST MILK FORMULA / BREAST MILK BARLEY CEREAL	LENTIL SOUP FORMULA / BREAST MILK FORMULA / BREAST MILK MIXED CEREAL	WATERMELON FORMULA / BREAST MILK FORMULA / BREAST MILK WHOLE WHEAT CEREAL
chesse: or 0-4 ounces (volume) ottage chesse: or 0-4 ounces or 1/2 up vggurt: or a combination of the <u>chemics</u> of the	APPLESAUCE FORMULA / BREAST MILK FORMULA / BREAST MILK RICE CEREAL ROASTED TOMATOE SOUP FORMULA / BREAST MILK	FRUIT SALAD FORMULA / BREAST MILK FORMULA / BREAST MILK MIXED CEREAL SWEET PEAS FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK BARLEY CEREAL GREEN BEANS FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK MIXED CEREAL FRENCH FRIES FORMULA / BREAST MILK	WATERMELON FORMULA / BREAST MILK FORMULA / BREAST MILK WHOLE WHEAT CEREAL MIXED VEGETABLE SOUP FORMULA / BREAST MILK
chesses: or 0-4 ounces (volume) tage chesse; or 0-4 ounces or 1/2 up vggurt; or a combination of the <u>barb</u> <u>barb</u> <u>BTH - 5 MONTH5: 0-2 tablespoons</u> getable or fruit or a combination of <u>barb</u> <u>BTH - 5 MONTH5: 0-4 Fluid</u> <u>ounces breastmill/formula</u> <u>6 - 11 MONTH5: 0-8 Fluid ounces</u> <u>6 - 11 MONTH5: 0-8 Fluid ounces</u> <u>6 - 11 MONTH5: 0-4 ounces of 1/2</u> up vggurt; or a combination of the <u>barb</u> <u>6 - 11 MONTH5: 0-4 oblespoons</u> getable or fruit or a combination of <u>barb</u> <u>BTH - 5 MONTH5: 0-4 Fluid</u> <u>ounces of 0-4 ounces or 1/2</u> up vggurt; or a combination of the <u>barb</u> <u>BTH - 5 MONTH5: 0-5 Fluid</u> <u>ounces breastmill/formula</u> <u>6 - 11 MONTH5: 0-5 Fluid</u> <u>ounces breastmill/formula</u> <u>6 - 11 MONTH5: 0-6 Fluid</u> <u>ounces breastmill/formula</u> <u>6 - 11 MONTH5: 0-8 Fluid</u> <u>ounces breastmill/formula</u> <u>6 - 11 MONTH5: 0-8 Fluid</u> <u>ounces breastmill/formula</u>	APPLESAUCE FORMULA / BREAST MILK FORMULA / BREAST MILK RICE CEREAL ROASTED TOMATOE SOUP	FRUIT SALAD FORMULA / BREAST MILK FORMULA / BREAST MILK MIXED CEREAL SWEET PEAS	FORMULA / BREAST MILK FORMULA / BREAST MILK BARLEY CEREAL GREEN BEANS	FORMULA / BREAST MILK FORMULA / BREAST MILK MIXED CEREAL FRENCH FRIES	WATERMELON FORMULA / BREAST MILK FORMULA / BREAST MILK WHOLE WHEAT CEREAL MIXED VEGETABLE SOUP
chesse: or 0-4 ounces (volume) ottage chesse: or 0-4 ounces or 1/2 up yogurt: or a combination of the <u>horizon of the 1000000000000000000000000000000000000</u>	APPLESAUCE FORMULA / BREAST MILK FORMULA / BREAST MILK RICE CEREAL ROASTED TOMATOE SOUP FORMULA / BREAST MILK	FRUIT SALAD FORMULA / BREAST MILK FORMULA / BREAST MILK MIXED CEREAL SWEET PEAS FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK BARLEY CEREAL GREEN BEANS FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK MIXED CEREAL FRENCH FRIES FORMULA / BREAST MILK	WATERMELON FORMULA / BREAST MILK FORMULA / BREAST MILK WHOLE WHEAT CEREAL MIXED VEGETABLE SOUP FORMULA / BREAST MILK
chess: or 0-4 ounces (volume) ottage chesse: or 0-4 ounces or 1/2 cup yogurt: or a combination of the <u>share or 1</u> 6 - 11 MONTHS 10-2 tablespoons getable or fruit or a combination of bath DINNER BIRTH - 5 MONTHS : 4-6 Fluid ounces breastmik/formula 6 - 111 MONTHS: 0-4 fbuid ounces breastmik/formula 6 - 111 MONTHS: 0-4 fbuid ounces breastmik/formula 6 - 111 MONTHS: 0-4 tablespoons infant cereal, meat, fish, poultry, whole egg, coaked dry bears or coaked dry past; or 2 ounces of cheese: or 0-4 ounces (volume) ottage cheese: or 0-4 ounces of cheese: or 0-4 ounces of c	APPLESAUCE FORMULA / BREAST MILK FORMULA / BREAST MILK RICE CEREAL ROASTED TOMATOE SOUP FORMULA / BREAST MILK	FRUIT SALAD FORMULA / BREAST MILK FORMULA / BREAST MILK MIXED CEREAL SWEET PEAS FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK BARLEY CEREAL GREEN BEANS FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK MIXED CEREAL FRENCH FRIES FORMULA / BREAST MILK	WATERMELON FORMULA / BREAST MILK FORMULA / BREAST MILK WHOLE WHEAT CEREAL MIXED VEGETABLE SOUP FORMULA / BREAST MILK
cheese: or 0-4 ounces (volume) ottage cheese: or 0-4 ounces or 1/2 outgo yagurt: or a combination of the <u>sharn with the outgots</u> of 11 MONTHS: 0-2 tablespoors getable or fruit or a combination of bath DINNER BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmik/formula 6 - 11 MONTHS: 0-8 fluid ounces breastmik/formula 6 - 11 MONTHS: 0-4 tablespoors infant carela, and, fish, poultry, whole egg, cocked dry bears or cooked dry pess; or 2-4 ounces or 1/2 cup yogurt: or a combination of the cheese: or 0-4 ounces or 1/2 cup yogurt: or a combination of bath EVENING SNACK BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmik/formula 6 - 11 MONTHS: 0-2 tablespoors septable or fruit or a combination of bath EVENING SNACK BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmik/formula 6 - 11 MONTHS: 0-8 fluid ounces bath 6 - 11 MONTHS: 0-8 fluid ounces bath 6 - 11 MONTHS: 0-8 fluid ounces bath 1000THS: 0-8 fluid ounces	APPLESAUCE FORMULA / BREAST MILK FORMULA / BREAST MILK RICE CEREAL ROASTED TOMATOE SOUP FORMULA / BREAST MILK	FRUIT SALAD FORMULA / BREAST MILK FORMULA / BREAST MILK MIXED CEREAL SWEET PEAS FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK BARLEY CEREAL GREEN BEANS FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK MIXED CEREAL FRENCH FRIES FORMULA / BREAST MILK	WATERMELON FORMULA / BREAST MILK FORMULA / BREAST MILK WHOLE WHEAT CEREAL MIXED VEGETABLE SOUP FORMULA / BREAST MILK
chess: or 0-4 ounces (volume) ottage chesse; or 0-4 ounces or 1/2 up yogurt; or a combination of the <u>hear of the second</u> 6 - 11 MONTHS: 0-2 tablespoons getable or fruit or a combination of both DINNER BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmik/formula 6 - 11 MONTHS: 0-4 tablespoons infant cereal meet, fish, poultry, whole egg, coaked dry bears or coaked dry peas; or 2 ounces of chesse; or 0-4 ounces or 1/2 up yogurt; or a combination of the <u>hear</u> of the 0-4 ounces or 1/2 up yogurt; or a combination of both <u>EVENITHS</u> 6-9 Fluid ounces 6 - 11 MONTHS: 0-4 follog ounces breastmik/formula 6 - 11 MONTHS: 0-6 Fluid ounces both <u>EVENITHS</u> 0-6 Fluid ounces 6 - 11 MONTHS: 0-6 Fluid ounces 6 - 11 MONTHS: 0-6 Fluid ounces 6 - 11 MONTHS: 0-6 Fluid ounces 0 - 11 MONTHS: 0-6 fluid ounces fluid 0 - 11 MONTHS	APPLESAUCE FORMULA / BREAST MILK FORMULA / BREAST MILK RICE CEREAL ROASTED TOMATOE SOUP FORMULA / BREAST MILK	FRUIT SALAD FORMULA / BREAST MILK FORMULA / BREAST MILK MIXED CEREAL SWEET PEAS FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK BARLEY CEREAL GREEN BEANS FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK MIXED CEREAL FRENCH FRIES FORMULA / BREAST MILK	WATERMELON FORMULA / BREAST MILK FORMULA / BREAST MILK WHOLE WHEAT CEREAL MIXED VEGETABLE SOUP FORMULA / BREAST MILK
chesse: or 0-4 ounces (volume) ottage chesse: or 0-4 ounces or 1/2 up vggurt: or a combination of the <u>cheman and</u> 6 - 11 MONTHS 0-2 tablespoors getable or fruit or a combination of bath DINNER BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmik/formula 6 - 11 MONTHS: 6-8 Fluid ounces breastmik/formula 6 - 11 MONTHS: 0-4 tablespoors cooked dry bears or cooked dry bears or bath EVENING SNACK BIRTH - 5 MONTHS: 4-4 Fluid ounces breastmik/formula 6 - 11 MONTHS: 0-2 tablespoors getable or fruit or a combination of bath EVENING SNACK BIRTH - 5 MONTHS: 4-4 Fluid ounces breastmik/formula 6 - 11 MONTHS: 6-8 fluid ounces bath CHEMING SNACK DANTHS: 6-4 fluid ounces bath 5 - 11 MONTHS: 6-4 fluid ounces bath Chesse: or 0-4 ounces (volume)	APPLESAUCE FORMULA / BREAST MILK FORMULA / BREAST MILK RICE CEREAL ROASTED TOMATOE SOUP FORMULA / BREAST MILK FORMULA / BREAST MILK	FRUIT SALAD FORMULA / BREAST MILK FORMULA / BREAST MILK MIXED CEREAL SWEET PEAS FORMULA / BREAST MILK FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK BARLEY CEREAL GREEN BEANS FORMULA / BREAST MILK FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK MIXED CEREAL FRENCH FRIES FORMULA / BREAST MILK FORMULA / BREAST MILK	WATERMELON FORMULA / BREAST MILK FORMULA / BREAST MILK WHOLE WHEAT CEREAL MIXED VEGETABLE SOUP FORMULA / BREAST MILK FORMULA / BREAST MILK
chess: or 0-4 ounces (volume) ottage chesse: or 0-4 ounces or 1/2 cup yagurt: or a combination of the <u>source and</u> 6 - 11 MONTHS 0-2 tablespoons getable or fruit or a combination of bath DINNER BITH - 5 MONTHS: 4-6 Fluid ounces breastmill/formula 6 - 11 MONTHS: 0-4 Fluid ounces 1 - 0 - 0 - 0 - 0 - 0 - 0 - 0 - 0 - 0 -	APPLESAUCE FORMULA / BREAST MILK FORMULA / BREAST MILK RICE CEREAL ROASTED TOMATOE SOUP FORMULA / BREAST MILK FORMULA / BREAST MILK	FRUIT SALAD FORMULA / BREAST MILK FORMULA / BREAST MILK MIXED CEREAL SWEET PEAS FORMULA / BREAST MILK FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK BARLEY CEREAL GREEN BEANS FORMULA / BREAST MILK FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK MIXED CEREAL FRENCH FRIES FORMULA / BREAST MILK FORMULA / BREAST MILK	WATERMELON FORMULA / BREAST MILK FORMULA / BREAST MILK WHOLE WHEAT CEREAL MIXED VEGETABLE SOUP FORMULA / BREAST MILK FORMULA / BREAST MILK
chess: or 0-4 ounces (volume) ottage chesse: or 0-4 ounces or 1/2 cup yagurt: or a combination of the <u>barner</u> 6 - 11 MONTHS: 0-2 tablespoors getable or fruit or a combination of bath DINNER BIRTH - 5 MONTHS: 4-4 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 0-4 Tablespoors breastmik/formula 6 - 11 MONTHS: 0-4 Tablespoors infant cered, neat, fish, polity, whole egg, cocked dry bears or cocked dry peas; or 2 ounces of tage chesse; or 0-4 ounces (volume) tage of the or 0-4 ounces or 1/2 cup yagurt: or a combination of the <u>barth</u> 6 - 11 MONTHS: 0-4 Tablespoors getable or fruit or a combination of bath EVENTING 0-2 tablespoors infant cered, meat, fish, poultry, whole egg, cocked dry bears or conces breastmilk/formula 6 - 11 MONTHS: 0-4 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 0-4 Fluid ounces 0 - 11 MONTHS: 0 -4 Fluid ounces 0 - 11 MONTHS: 0 -4 Fluid ounces of 1/2 cup yagurt: or a combination of the 0 - 11 MONTHS: 0-6 Fluid ounces of 1/2 cup yagurt: or a combination of the 0 - 10 MONTHS: 0 -4 Fluid ounces of 1/2 cup yagurt: or 0-4 ounces (volume)	APPLESAUCE FORMULA / BREAST MILK FORMULA / BREAST MILK RICE CEREAL ROASTED TOMATOE SOUP FORMULA / BREAST MILK FORMULA / BREAST MILK	FRUIT SALAD FORMULA / BREAST MILK FORMULA / BREAST MILK MIXED CEREAL SWEET PEAS FORMULA / BREAST MILK FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK BARLEY CEREAL GREEN BEANS FORMULA / BREAST MILK FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK MIXED CEREAL FRENCH FRIES FORMULA / BREAST MILK FORMULA / BREAST MILK	WATERMELON FORMULA / BREAST MILK FORMULA / BREAST MILK WHOLE WHEAT CEREAL MIXED VEGETABLE SOUP FORMULA / BREAST MILK FORMULA / BREAST MILK
chesse: or 0-4 sunces (volume) cottage chesse: or 0-4 sunces or 1/2 cottage chesse: or 0-4 sunces or 1/2 cottage chesse: or 0-4 sunces or 1/2 dense of the test of	APPLESAUCE FORMULA / BREAST MILK FORMULA / BREAST MILK RICE CEREAL ROASTED TOMATOE SOUP FORMULA / BREAST MILK FORMULA / BREAST MILK BARLEY CEREAL	FRUIT SALAD FORMULA / BREAST MILK FORMULA / BREAST MILK MIXED CEREAL SWEET PEAS FORMULA / BREAST MILK FORMULA / BREAST MILK WHOLE WHEAT CEREAL	FORMULA / BREAST MILK FORMULA / BREAST MILK BARLEY CEREAL GREEN BEANS FORMULA / BREAST MILK FORMULA / BREAST MILK	LENTIL SOUP FORMULA / BREAST MILK FORMULA / BREAST MILK MIXED CEREAL FRENCH FRIES FORMULA / BREAST MILK FORMULA / BREAST MILK	VATERMELON FORMULA / BREAST MILK FORMULA / BREAST MILK WHOLE WHEAT CEREAL MIXED VEGETABLE SOUP FORMULA / BREAST MILK FORMULA / BREAST MILK
chesse: or 0-4 sunces (volume) cottage chesse: or 0-4 sunces or 1/2 cottage chesse: or 0-4 sunces or 1/2 does not be a subject of the subj	APPLESAUCE FORMULA / BREAST MILK FORMULA / BREAST MILK RICE CEREAL ROASTED TOMATOE SOUP FORMULA / BREAST MILK FORMULA / BREAST MILK BARLEY CEREAL	FRUIT SALAD FORMULA / BREAST MILK FORMULA / BREAST MILK MIXED CEREAL SWEET PEAS FORMULA / BREAST MILK FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK BARLEY CEREAL GREEN BEANS FORMULA / BREAST MILK FORMULA / BREAST MILK	FORMULA / BREAST MILK FORMULA / BREAST MILK MIXED CEREAL FRENCH FRIES FORMULA / BREAST MILK FORMULA / BREAST MILK	WATERMELON FORMULA / BREAST MILK FORMULA / BREAST MILK WHOLE WHEAT CEREAL MIXED VEGETABLE SOUP FORMULA / BREAST MILK FORMULA / BREAST MILK



PDEAKEACT	Monday 6/16/25	Tuesday 6/17/25	Wednesday 6/18/25	Thursday 6/19/25	Friday 6/20/25
BREAKFAST BIRTH - 5 MONTHS: 4-6 Fluid	FORMULA / BREAST MILK		FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
breastmilk/formula 6 - 11 MONTHS: 0-4 tablespoons	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 0-4 tablespoons infant cereal, meat, fish, poultry,					
whole egg, cooked dry beans or					
cooked dry peas; or 2 ounces of	BARLEY CEREAL	WHOLE WHEAT CEREAL	RICE CEREAL	MULTI GRAIN CEREAL	OATMEAL CEREAL
cheese; or 0-4 ounces (volume)					
cottage cheese; or 0-4 ounces or 1/2 cup yogurt; or a combination of the					
6 - 11 MONTHS: 0-2 tablespoons					
vegetable or fruit or a combination of	AVOCADO	CHEESY TATER TOTS	APRICOTS	BANANAS	ROASTED POTATO WEDGES
both					
AM SNACK			I		
BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 6-8 Fluid ounces	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
breastmilk/formula 6 - 11 MONTHS: U-4 tablespoons					TORMOBAT / BREADT MADE
infant cereal, meat, fish, poultry,					
whole egg, cooked dry beans or					
cooked dry peas; or 2 ounces of cheese; or 0-4 ounces (volume)	OATMEAL CEREAL	OATMEAL CEREAL	MIXED CEREAL	WHOLE WHEAT CEREAL	RICE CEREAL
cottage cheese; or 0-4 ounces or 1/2					
cup yogurt; or a combination of the					
6 - 11 MONTHS: 0-2 tablespoons	1				1
vegetable or fruit or a combination of	PLUMS	FRUIT SALAD	PEACHES	BLUEBERRIES & PEACHES	PEARS
both					
LUNCH BIRTH - 5 MONTHS: 4-6 Fluid					
ounces breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 6-8 Fluid ounces	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
breastmilk/formula 6 - 11 MONTHS: 0-4 tablespoons					
infant cereal, meat, fish, poultry,					
whole egg, cooked dry beans or cooked dry peas; or 2 ounces of					
cheese; or 0-4 ounces (volume)	MUTLI GRAIN CEREAL	MIXED CEREAL	WHOLE WHEAT CEREAL	RICE CEREAL	BARLEY CEREAL
cottage cheese; or 0-4 ounces or 1/2					
cup yogurt; or a combination of the					
6 - 11 MONTHS: 0-2 tablespoons					
vegetable or fruit or a combination of	PEAS	BROCCOLI	SWEET POTATO FRIES	CARROT	BUTTERNUT SQUASH
PM SNACK					
BIRTH - 5 MONTHS: 4-6 Fluid	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces	FORMULA / DREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILL	FORMULA / BREAST MILK	FORMULA / DREAST MILL
breastmilk/formula 6 - 11 MONTHS: 0-4 tablespoons	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
infant cereal, meat, fish, poultry, whole egg, cooked dry beans or					
cooked dry peas; or 2 ounces of	RICE CEREAL	MULTIGRAIN CEREAL	MULTIGRAIN CEREAL	BARLEY CEREAL	MULTIGRAIN CEREAL
cheese; or 0-4 ounces (volume)	RICE CEREAL	MOLTIGRAIN CEREAL	MOLTIGRAIN CEREAL	BARLET CEREAL	MULTIGRAIN CEREAL
cottage cheese; or 0-4 ounces or 1/2 cup yogurt; or a combination of the					
abova: and					
6 - 11 MONTHS: 0-2 tablespoons	BROCCOLL	PEACHES	PLUMS		MIXED BERRIES
vegetable or fruit or a combination of both			1 20110	APPLE SAUCE	MIAED BERRIES
DINNER					
BIRTH - 5 MONTHS: 4-6 Fluid	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces					
breastmilk/formula 6 - 11 MONTHS: U-4 tablespoons	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MON I HS: U-4 tablespoons infant cereal, meat, fish, poultry,					
whole egg, cooked dry beans or					
cooked dry peas; or 2 ounces of	MIXED CEREAL	RICE CEREAL	BARLEY CEREAL	OATMEAL CEREAL	WHOLE WHEAT CEREAL
cheese; or 0-4 ounces (volume)					
cottage cheese; or 0-4 ounces or 1/2 cup yogurt; or a combination of the					
6 - 11 MONTHS: 0-2 tablespoons					
6 - 11 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of	SWEET POTATO	ROASTED ZUCCHINI	YELLOW SQUASH	SWEET PEAS	BAKED BEANS
both					
EVENING SNACK			1		1
BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 6-8 Fluid ounces	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
breastmilk/formula 6 - 11 MONTHS: 0-4 tablespoons	I UNITULA / DREADI MILK	I UNMULA / DREADI MILK	I UNMULA / DREADI MILK	I UNMULA / DREADI MILK	ORMOLA / DREADI MILK
infant cereal, meat, fish, poultry,					
whole egg, cooked dry beans or					
cooked dry peas; or 2 ounces of	WHOLE WHEAT CEREAL	BARLEY CEREAL	OATMEAL CEREAL	MIXED CEREAL	MIXED CEREAL
cheese; or 0-4 ounces (volume)				1	1
cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces or 1/2					
cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces or 1/2 cup yogurt; or a combination of the					
cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces or 1/2	BANANA	HONEYDEW MELON	WATERMELON FRIES	STRAWBERRIES	BLUEBERRY BANANA



	Monday 6/23/25	Tuesday 6/24/25	Wednesday 6/25/25	Thursday 6/26/25	Friday 6/27/25
BREAKFAST BIRTH - 5 MONTHS: 4-6 Fluid			L		
ounces breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula 6 - 11 MONTHS: 0-4 tablespoons	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
infant cereal, meat, fish, poultry, whole egg, cooked dry beans or					
cooked dry peas; or 2 ounces of	WHOLE WHEAT CEREAL	RICE CEREAL	MULTI GRAIN CEREAL	OATMEAL CEREAL	BARLEY CEREAL
cheese; or 0-4 ounces (volume)		NOE OERERE	MOETI GIVAN GENERE		DAREET VEREAL
cottage cheese; or 0-4 ounces or 1/2 cup yogurt; or a combination of the					
also and					
6 - 11 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of	APRICOTS	PEARS	PEACHES	BLUEBERRY APPLE	CINNAMON APPLES
both					
AM SNACK					
BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 6-8 Fluid ounces			FORMULA / BREAST MILK	FORMULA (PREACT MILK	
breastmilk/formula 6 - 11 MONTHS: U-4 tablespoons	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
infant cereal, meat, fish, poultry,					
whole egg, cooked dry beans or					
cooked dry peas; or 2 ounces of	MULTIGRAIN CEREAL	OATMEAL CEREAL	MIXED CEREAL	WHOLE WHEAT CEREAL	OATMEAL CEREAL
cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces or 1/2	1				
cup yogurt; or a combination of the	1				
6 - 11 MONTHS: 0-2 tablespoons					
regetable or fruit or a combination of	PEACHES	TROPICAL FRUIT SALAD	BANANA	STRAWBERRY	PLUM SALSA
both	·				
LUNCH BIRTH - 5 MONTHS: 4-6 Fluid					
ounces breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 6-8 Fluid ounces	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
breastmilk/formula 6 - 11 MUNTHS: U-4 tablespoons					
infant cereal, meat, fish, poultry,					
whole egg, cooked dry beans or cooked dry peas; or 2 ounces of					
cheese; or 0-4 ounces (volume)	RICE CEREAL	OATMEAL CEREAL	BARLEY CEREAL	RICE CEREAL	MULTI GRAIN CEREAL
cottage cheese; or 0-4 ounces or 1/2					
cup yogurt; or a combination of the					
6 - 11 MONTHS: 0-2 tablespoons					
vegetable or fruit or a combination of	BLACK BEAN SOUP	SWEET POTATO	CARROTS	SWEET POTATO	TATER TOTS
PM SNACK					
BIRTH - 5 MONTHS: 4-6 Fluid	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
breastmilk/formula 6 - 11 MONTHS: 0-4 tablespoons	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
infant cereal, meat, fish, poultry, whole egg, cooked dry beans or					
cooked dry peas; or 2 ounces of	WHOLE WHEAT	BARLEY CERAL	WHOLE WHEAT CEREAL	MULTIGRAIN CEREAL	WHOLE WHEAT CEREAL
cheese; or 0-4 ounces (volume)	WHOLE WHEAT	BARLET GERAL	WHOLE WHEAT CEREAL	MULTIGRAIN CEREAL	WHOLE WHEAT CEREAL
cottage cheese; or 0-4 ounces or 1/2 cup yogurt; or a combination of the					
above: and					
6 - 11 MONTHS: 0-2 tablespoons regetable or fruit or a combination of	PEACHES BANANA	ROASTED TOMATO BISQUE SOUP	PEAR / PINEAPPLES	APPLE STRAWBERRY BANANA	APPLE BLUEBERRY SPINACH
both		KOROTED TOMATO BIORDE GOOT			ATTEL BEOEBERIKT OF INAON
DINNER					
BIRTH - 5 MONTHS: 4-6 Fluid	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces					
breastmilk/formula 6 - 11 MUN 1 H5: U-4 tablespoons	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
infant cereal, meat, fish, poultry,	1				
whole egg, cooked dry beans or	1				
cooked dry peas; or 2 ounces of	BARLEY CEREAL	MULTI GRAIN CEREAL	OATMEAL CEREAL	WHOLE WHEAT CEREAL	RICE CEREAL
cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces or 1/2	1				
cup yogurt; or a combination of the	1				
6 - 11 MONTHS: 0-2 tablespoons					
egetable or fruit or a combination of	GREEN BEANS	SUMMER SQUASH	MIXED VEGETABLES	BROCCOLI	REFRIED BEANS
both					
EVENING SNACK BIRTH - 5 MONTHS: 4-6 Fluid					
ounces breastmilk/formula	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
6 - 11 MONTHS: 6-8 Fluid ounces	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK	FORMULA / BREAST MILK
breastmilk/formula 6 - 11 MONTHS: 0-4 tablespoons					
infant cereal, meat, fish, poultry,	1				
whole egg, cooked dry beans or cooked dry peas; or 2 ounces of	1				
	MIXED CEREAL	MIXED CEREAL	RICE CEREAL	MIXED CEREAL	MIXED CEREAL
cheese; or 0-4 ounces (volume)	1				
cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces or 1/2					
cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces or 1/2 cup yogurt; or a combination of the					
cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces or 1/2 cup yogurt; or a combination of the <u>abcust card</u> 6 - 11 MONTHS: 0-2 tablespoons					
cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces or 1/2 cup yogurt; or a combination of the	PEACHES	SPINACH HUMMUS	MANGO	PEACHES	PEARS



Services, Inc					
	Monday 6/30/25				
BREAKFAST	,				
BIRTH - 5 MONTHS: 4-6 Fluid	FORMULA / BREAST MILK				
ounces breastmilk/formula	FORMULA 7 BREAST MILK				
6 - 11 MONTHS: 6-8 Fluid ounces breastmilk/formula	FORMULA / BREAST MILK				
breastmilk/formula 6 - 11 MONTHS: 0-4 tablespoons					
infant cereal, meat, fish, poultry, whole egg, cooked dry beans or					
cooked dry peas; or 2 ounces of					
cheese; or 0-4 ounces (volume)	WHOLE WHEAT CEREAL				
cottage cheese; or 0-4 ounces or 1/2					
cup yogurt; or a combination of the					
6 - 11 MONTHS: 0-2 tablespoons					
vegetable or fruit or a combination of	RASPBERRIES				
both					
AM SNACK BIRTH - 5 MONTHS: 4-6 Fluid					
ounces breastmilk/formula	FORMULA / BREAST MILK				
6 - 11 MONTHS: 6-8 Fluid ounces	FORMULA / BREAST MILK				
breastmilk/formula 6 - 11 MON 1 HS: 0-4 tablespoons					
infant cereal, meat, fish, poultry,					
whole egg, cooked dry beans or					
cooked dry peas; or 2 ounces of	MULTIGRAIN CEREAL				
cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces or 1/2					
cup yogurt; or a combination of the					
6 - 11 MONTHS: 0-2 tablespoons					
vegetable or fruit or a combination of	PEARS				
both					
LUNCH					
BIRTH - 5 MONTHS: 4-6 Fluid	FORMULA / BREAST MILK				
ounces breastmilk/formula 6 - 11 MONTHS: 6-8 Fluid ounces					
breastmilk/formula 6 - 11 MONTHS: 0-4 tablespoons	FORMULA / BREAST MILK				
6 - 11 MONTHS: 0-4 tablespoons infant cereal, meat, fish, poultry,					
whole egg, cooked dry beans or					
cooked dry peas; or 2 ounces of					
cheese; or 0-4 ounces (volume)	OATMEAL CEREAL				
cottage cheese; or 0-4 ounces or 1/2					
cup yogurt; or a combination of the					
6 - 11 MONTHS: 0-2 tablespoons					
vegetable or fruit or a combination of	CARROTS				
PM SNACK		1	1	1	
BIRTH - 5 MONTHS: 4-6 Fluid					
ounces breastmilk/formula	FORMULA / BREAST MILK				
6 - 11 MONTHS: 6-8 Fluid ounces	FORMULA / BREAST MILK				
breastmilk/formula 6 - 11 MONTHS: 0-4 tablespoons					
infant cereal, meat, fish, poultry,					
whole egg, cooked dry beans or cooked dry peas; or 2 ounces of					
cheese; or 0-4 ounces (volume)	RICE CEREAL				
cottage cheese; or 0-4 ounces or 1/2					
cup yogurt; or a combination of the					
6 - 11 MONTHS: 0-2 tablespoons					
vegetable or fruit or a combination of	KIWI				
both		1	1	1	
DINNER					I
BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula	FORMULA / BREAST MILK				
6 - 11 MONTHS: 6-8 Fluid ounces	FORMULA / BREAST MILK				
breastmilk/formula 6 - 11 MUN I HS: U-4 tablespoons	The second states				
infant cereal, meat, fish, poultry,					
whole egg, cooked dry beans or					
cooked dry peas; or 2 ounces of	MIXED CEREAL				
cheese; or 0-4 ounces (volume) cottage cheese; or 0-4 ounces or 1/2					
cup yogurt; or a combination of the					
6 - 11 MONTHS: 0-2 tablespoons					
vegetable or fruit or a combination of	BAKED BEANS				
both	-				
EVENING SNACK					
BIRTH - 5 MONTHS: 4-6 Fluid ounces breastmilk/formula	FORMULA / BREAST MILK				
6 - 11 MONTHS: 6-8 Fluid ounces					
breastmilk/formula 6 - 11 MONTHS: 0-4 tablespoons	FORMULA / BREAST MILK				
6 - 11 MONTHS: 0-4 tablespoons infant cereal, meat, fish, poultry,					
whole egg, cooked dry beans or					
cooked dry peas; or 2 ounces of	BARLEY CEREAL				
cheese; or 0-4 ounces (volume)	STALL I VEILERE				
cottage cheese; or 0-4 ounces or 1/2					
cup yogurt; or a combination of the characteristic or a combination of the 6 - 11 MONTHS: 0-2 tablespoons					
6 - 11 MONTHS: 0-2 tablespoons vegetable or fruit or a combination of both	CRUSHED PINEAPPLE				