

Harvest of the month: Tomatoes



Jun-25

	Monday 6/2/25	Tuesday 6/3/25	Wednesday 6/4/25	Thursday 6/5/25	Friday 6/6/25
BREAKFAST Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	FRUIT PANCAKE TACOS PANCAKES BANANAS & BLUEBERRIES *MILK	NATIONAL EGG DAY SCRAMBLED EGGS W/CHEESE TOAST STRAWBERRIES *MILK	SAUSAGE BISCUIT PINEAPPLE TIDBITS *MILK	CREAM OF WHEAT BLACKBERRIES *MILK	MINI BAGEL TROPICAL FRUIT SALAD *MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
LUNCH Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	NATIONAL ROTISSERIE CHICKEN DAY ROTISSERIE CHICKEN BROWN RICE CANTALOUPE CREAMY SPINACH *MILK	FISH STICKS MULTI GRAIN BREAD SLICED GRAPES TOSSED SALAD *MILK	HEALTHY CHICKEN N WAFFLES WAFFLES OVEN BAKED CHICKEN HONEYDEW MELON GREEN BEANS *MILK	TRY A NEW VEGGIE DAY GROUND TURKEY HAMBURGER BREAD MIXED VEGETABLES LEMON GARLIC ARTICHOKES *MILK	TUNA BAKE ROTINI PASTA KIWI SLICES YELLOW SQUASH *MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
PM SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk TWO COMPONENTS	RICE CAKES APRICOT HALVES WATER	AVOCADO SANDWICH WHOLE WHEAT TOAST AVOCADO WATER	FRUIT PIZZA (WG BAGEL, LF YOGURT) PAPAYA & PEACHES WATER	CARROT STICKS APPLE STRIPS WATER	BANANA SUSHI ROLL PEANUT/SOY/WOW/NUT BUTTER SOFT TORTILLA BANANA WATER
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
DINNER Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	SHRIMP LINGUINI BAKED SHRIMP LINGUINE PASTA WATERMELON BROCCOLI *MILK	EXTRA CHEESE RAVIOLI RAVIOLI PASTA ORANGES BAKED ZUCCHINI *MILK	NATIONAL CHEESE DAY GRILLED EXTRA CHEESE & TOMATO WHOLE GRAIN BREAD SLICED KIWI PEAS & CARROTS *MILK	CHICKEN NUGGETS WHOLE WHEAT ROLL HONEY DEW MELON FRENCH FRIES *MILK	FISH FILET SANDWICH HAMBURGER BUN STRAWBERRIES BAKED ASPARAGUS * MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
	<p>* One year olds are served Unflavored Whole Milk. Two years old and older are served unflavored 1% or Fat Free Milk. Milk substitutes must have a medical statement.</p> <p>The Menu only denotes the grain component served for each day. Center is required to indicate which meal a whole grain was served.</p>				



	Monday 6/9/25	Tuesday 6/10/25	Wednesday 6/11/25	Thursday 6/12/25	Friday 6/13/25
BREAKFAST Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	GO BANANAS OATMEAL RECIPE LINK				
	GO BANANAS! OATMEAL APRICOTS *MILK	MINI PANCAKES STRAWBERRIES *MILK	CHEERIOS KIWI *MILK	SAUSAGE BISCUIT HASHBROWNS *MILK	SCRAMBLED EGGS APPLES *MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
LUNCH Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	RED BEAN CURRY BROWN RICE BLUEBERRIES CABBAGE *MILK	HOT HAM AND CHEESE FRENCH BREAD PINEAPPLE TIDBITS DICED CUCUMBERS *MILK	CORN ON THE COBB DAY BEEF HAMBURGER HAMBURGER BUN SWEET POTATO FRIES MINI CORN ON THE COB * MILK	FISH STICKS RICE PILAF CREAMED SPINACH GRILLED TOMATOES *MILK	CHICKEN PARMESAN SPAGHETTI NOODLES PEARS MIXED SALAD *MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
PM SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk TWO COMPONENTS	GOLDFISH APPLESAUCE WATER	WHOLE GRAIN SUNCHIPS FRUIT SALAD WATER	RICE CAKE PAPAYA WATER	SUGAR SNAP PEAS CHEDDAR CHEESE CUBES WATER	WATERMELON POP RECIPE LINK ANIMAL CRACKERS WATERMELON POP WATER
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
DINNER Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	SOUTHWEST CHICKEN QUESADILLA FLOUR TORTILLA HONEYDEW MELON CHUNKY SALSA *MILK	SAVORY TUNA SALAD PITA POCKETS SWEET PEAS ROASTED TOMATO BISQUE * MILK	SALISBURY STEAK BREADSTICK GREEN BEANS DICED POTATOES *MILK	NATIONAL FRENCH FRIES DAY BBQ CHICKEN TENDERS MULTI GRAIN ROLL BLACKBERRIES BAKED FRENCH FRIES * MILK	GRILLED CHEDDAR CHEESE WHEAT BREAD PINEAPPLE TIDBITS MIXED VEGETABLE SOUP * MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
<p>* One year olds are served Unflavored Whole Milk. Two years old and older are served unflavored 1% or Fat Free Milk. Milk substitutes must have a medical statement.</p> <p>The Menu only denotes the grain component served for each day. Center is required to indicate which meal a whole grain was served.</p>					

Harvest of the month: Tomatoes



Jun-25

	Monday 6/16/25	Tuesday 6/17/25	Wednesday 6/18/25	Thursday 6/19/25	Friday 6/20/25
BREAKFAST Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	WHOLE WHEAT TOAST AVOCADO & CHERRY TOMATOES *MILK	ENRICHED GRITS CHEESY TATER TOTS *MILK	MULTI GRAIN WAFFLE APRICOTS *MILK	FRENCH TOAST BANANAS *MILK	SAUSAGE BISCUIT ROASTED POTATO WEDGES *MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
LUNCH Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	HAM PASTA SALAD DICED HAM ROTINI PASTA APPLES PEAS *MILK	ORANGE CHICKEN LO-MEIN LO-MEIN NOODLES KIWI SLICES BROCCOLI *MILK	FISH STICKS MULTI GRAIN BREAD SLICED PEACHES SWEET POTATO FRIES * MILK	TRY A NEW VEGGIE DAY BBQ PULLED PORK HAMBURGER BUN PINEAPPLE RINGS OVEN ROASTED BRUSSEL SPROUTS *MILK	SLICED TURKEY PANINI WHOLE WHEAT PITA GROOVY GRAPES CELERY & CARROTS *MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
PM SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk TWO COMPONENTS	FRESH VEGGIES DAY FRESH VEGGIES (ASSORTED) (BROCCOLI, CARROT STICKS, ETC (HM) HUMMUS DIP WATER	CAPRESE BRUSCHETTA SANDWICH THIN CRACKERS FRESH TOMATOES MOZZARELLA CHEESE WATER	GOLDFISH DICED PLUMS WATER	CRISPY ROASTED CHICKPEAS APPLE SAUCE WATER	BERRY BLAST SMOOTHIE LOW FAT YOGURT MIXED BERRIES ENRICHED GRAHAM CRACKERS WATER
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
DINNER Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	LENTIL TACOS HARD & SOFT TACOS PEARS KALE SALAD *MILK	GRILLED PORK CHOPS WHOLE WHEAT ROLL FRUIT COCKTAIL GRILLED ZUCCHINNI * MILK	GRILLED CHEESE SANDWICH GRILLED WHEAT BREAD GRAPES TOSSED SALAD * MILK	ROASTED TURKEY WITH GRAVY BREADSTICKS PEARS SWEET PEAS *MILK	PHILLY CHEESE STEAK HOAGIE BREAD FRENCH FRIES BAKED BEANS * MILK
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain	<input type="checkbox"/> Whole Grain
	* One year olds are served Unflavored Whole Milk. Two years old and older are served unflavored 1% or Fat Free Milk. Milk substitutes must have a medical statement. The Menu only denotes the grain component served for each day. Center is required to indicate which meal a whole grain was served.				



	Monday 6/23/25	Tuesday 6/24/25	Wednesday 6/25/25	Thursday 6/26/25	Friday 6/27/25
BREAKFAST Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	ENGLISH MUFFIN APRICOTS *MILK <input type="checkbox"/> Whole Grain	FRENCH TOAST CINNAMON PEAR HALVES *MILK <input type="checkbox"/> Whole Grain	MINI WAFFLES WARMED PEACHES *MILK <input type="checkbox"/> Whole Grain	CHICKEN BISCUIT BLUEBERRIES *MILK <input type="checkbox"/> Whole Grain	CHEERIOS CINNAMON APPLES *MILK <input type="checkbox"/> Whole Grain
LUNCH Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	CHICKEN BURRITO WRAP DICED CHICKEN TORTILLA ORANGES BLACK BEAN SOUP *MILK <input type="checkbox"/> Whole Grain	HOMEMADE CHEESE PIZZA PIZZA CRUST BLUEBERRIES TOSSED SALAD *MILK <input type="checkbox"/> Whole Grain	GRILLED SHRIMP GRITS RASPBERRIES ROASTED CARROTS * MILK <input type="checkbox"/> Whole Grain	HAM & CHEESE SLIDERS HAWAIIAN ROLL RASPBERRIES COLE SLAW *MILK <input type="checkbox"/> Whole Grain	BREAKFAST BOWL SAUSAGE LINKS TOASTED BREAD RASPBERRIES TATER TOTS *MILK <input type="checkbox"/> Whole Grain
PM SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk TWO COMPONENTS	FRUIT KABOB W/DIP LOW FAT YOGURT MIXED FRUIT (PEACHES, GRAPES, BANANA) WATER <input type="checkbox"/> Whole Grain	CHEESY BREAD ROASTED TOMATO BISQUE WATER <input type="checkbox"/> Whole Grain	SAVORY TUNA SALAD SALTINE CRACKERS WATER <input type="checkbox"/> Whole Grain	PITA BREAD TOMATO AND CUCUMBER SALAD WATER <input type="checkbox"/> Whole Grain	YOGURT ANIMAL CRACKERS WATER <input type="checkbox"/> Whole Grain
DINNER Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	HOMEMADE MAC & CHEESE WHOLE WHEAT NOODLES WATERMELON STRIPS GREEN BEANS *MILK <input type="checkbox"/> Whole Grain	BEEF STEW CORN BREAD GRAPES (CUT APPROPRIATELY) SUMMER SQUASH * MILK <input type="checkbox"/> Whole Grain	TURKEY MEATBALLS SUB ROLL MASHED POTATOES MIXED VEGETABLES * MILK <input type="checkbox"/> Whole Grain	HONEY CHICKEN FRIED RICE APPLE SLICES LITTLE TREES (BROCCOLI) *MILK <input type="checkbox"/> Whole Grain	CRUNCHY FIESTA BEEF NACHOS NACHOS BLUEBERRIES REFRIED BEANS * MILK <input type="checkbox"/> Whole Grain
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	Monday 6/30/25				
BREAKFAST Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	CHEERIOS RASPBERRIES *MILK				
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
LUNCH Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	HONEY HAM & CHEESE SANDWICH CROISSANT APRICOTS BABY CARROTS *MILK				
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
PM SNACK Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Fluid Milk	BOILED EGG HALVES KIWI WATER				
TWO COMPONENTS	<input type="checkbox"/> Whole Grain	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
DINNER Meat/Meat Alternate Whole Grain/Grain Alternate Vegetable or Fruit Vegetable Fluid Milk	BEEF MINI SLOPPY JOE HAMBURGER BUN FRENCH FRIES BAKED BEANS *MILK				
	<input type="checkbox"/> Whole Grain	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
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